



THE MUSTARD SEED

SERVING THE CATHOLIC PARISHES OF ST. LAWRENCE & HOLY FAMILY

Once it is sown, it springs up and becomes the largest of plants and puts forth large branches, so that the birds of the sky can dwell in its shade. - Mark 4:32

MASS TIMES AND LOCATIONS

Sunday 9 am at HF
 11 am at SL

Tuesday Noon at HF

Wednesday 8 am at HF (when school
 is in session)

Wednesday Noon at SL

Thursday 8 am at HF

Friday 8 am at SL

Saturday 4 pm at SL

CONFESSIONS

Sundays 8 am HF

Tuesdays 11:30am HF

Wednesdays 11:30am SL

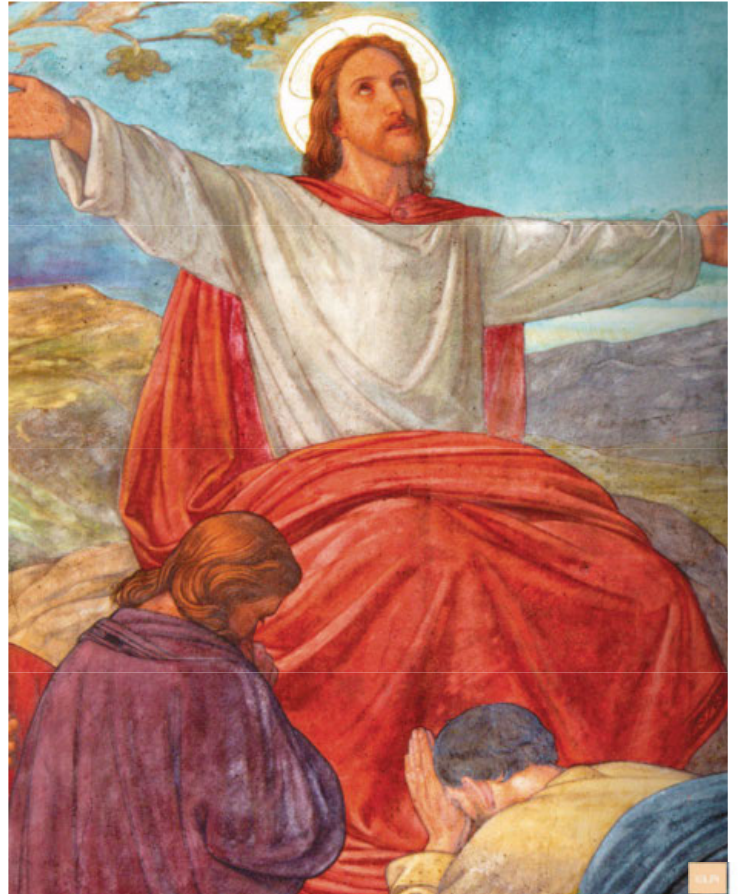
Saturdays 3 pm SL

Or by Appointment

EUCCHARISTIC ADORATION:

Tuesdays 8:30 am - 8:30 pm at SL

Wednesdays 8:30 am - 6:30 pm at HF



THE THIRD SUNDAY OF LENT | MARCH 20, 2022

"But I tell you, if you do not repent, you will all perish as they did."

HOLY FAMILY

2430 W 3rd St, Duluth, MN 55806
 218-722-4445
 Admin. Assistant - Ginny Nelson
 Office Hours: M-F 8:30 am - 4 pm
 E-mail: holyfamilyduluth@yahoo.com

ST. LAWRENCE

2410 Morris Thomas Rd, Duluth, MN 55811
 218-722-2259
 Admin. Assistant - Stephanie Jago
 Office Hours: M, W, Th 8:30 am - 4 pm
 E-mail: stlawrencechurch@msn.com

Please contact your parish office for baptisms, marriage preparation, funeral planning, to register as a new parishioner, or if you are interested in possibly becoming Catholic.

Fr. Eli Gieske's Message



Dear Parishioners,

I want to thank you for the beautiful time I've had with you during my time here. I have enjoyed getting to know the people of these communities. I recognize it was a difficult time for us to get to know each other. The Covid pandemic has brought unique challenges. Almost immediately when I arrived, you and I were confronted with how we were dealing with the pandemic. Some people have been on the cautious side, others have been less cautious. I must admit I was quite frustrated with the whole thing when I arrived, because I felt handicapped by all the obstacles that kept me from connecting with you. I must say I have been encouraged by our progress in recent months.

You have come a long way in a short time with me, and I appreciate your willingness to hang in there. When there is a change in leadership, it naturally leads to an adjustment period. It is my sincere hope that these communities will have a chance now to settle in to a time of stability and growth under the care of Fr. Anthony. He will have time to introduce himself. You will get a chance to get to know him, and I hope he will be here for a good long time. I had hoped to have time to straighten all the kinks I made, but I guess it will be Fr. Anthony's role to bring you from this challenging time we have just gone through to a new and hopefully long period of development.

Fr. Anthony has moved into the rectory with me, and you may have already seen him around. This weekend he is back in Crosby and Garrison bidding those communities farewell, but he will be with us from now until I depart. So, he and I will have some time together to discuss the transition. He will have the chance to meet you all and begin to settle in here. Please be patient with him, and please be considerate. One of the most bothersome things as a new priest is when people say: "Fr. So and so did it this way..." If Fr. Anthony asks by all means tell him what I (or previous priests have done)... but if he says the Mass slightly different, or doesn't do everything like I did (which he certainly won't), don't jump all over him or judge him. Give him a chance... allow him to be who he is, allow him to find his way. Remember not only is he coming into a new assignment, he is also just getting back into parish ministry after some months of being out of parish life. It's going to be an adjustment. I can tell you he wants to serve you well. He wants to be a good spiritual father to you... he wants to make friends and journey with you. The decisions he will make, are based on a desire to help these communities to continue growing closer to Christ.

A reminder that this Thursday at 5:30 PM at St. Lawrence we have our "Let's Listen". This is our chance to participate in the diocesan effort to create a plan for the future. We also have our Theology of the Body Day coming up this coming Saturday (Mar. 26th). You can register for this event by emailing Karen at karen.ball@duluthcatholic.org or call her office at (218) 722-2259. I would highly encourage parents of teens to join their students. I think you will learn how important this teaching is, and it will give you the ability to share the experience with your teen which will transform your ability to engage them on these important topics.

Mar. 25th is the Solemnity of the Annunciation. This trumps Friday's meat abstinence... The Church asks us to celebrate this day, so take the opportunity to talk to our Blessed Mother, and spend a little extra time in prayer. Have a dessert or eat some bacon or a hamburger! It's not too often we get to do that during Lent on a Friday. We will still have stations that day at 5:30 PM at St. Lawrence.

In Christ,

-Fr. Eli

Mass Prayers & Readings

VOCATIONS PRAYER:

Almighty Father, we beg you for an increase in religious vocations and holy marriages in our diocese. Help us to be generous in our response to Your call. Choose from our homes those who are needed for Your work and strengthen us with the courage to say "yes" and to follow You. Help us as a diocese, as a parish, as families to encourage and foster vocations to the priesthood, permanent diaconate, and consecrated life. We commend our prayers to our Patroness, Mary, Queen of the Rosary, and ask this through Jesus Christ our Lord, Amen.

FIRST READING:

Ex 3:1-8a, 13-15

Moses was tending the flock of his father-in-law Jethro, the priest of Midian. Leading the flock across the desert, he came to Horeb, the mountain of God. There an angel of the LORD appeared to Moses in fire flaming out of a bush. As he looked on, he was surprised to see that the bush, though on fire, was not consumed. So Moses decided, "I must go over to look at this remarkable sight, and see why the bush is not burned."

When the LORD saw him coming over to look at it more closely, God called out to him from the bush, "Moses! Moses!" He answered, "Here I am." God said, "Come no nearer! Remove the sandals from your feet, for the place where you stand is holy ground. I am the God of your fathers," he continued, "the God of Abraham, the God of Isaac, the God of Jacob." Moses hid his face, for he was afraid to look at God. But the LORD said, "I have witnessed the affliction of my people in Egypt and have heard their cry of complaint against their slave drivers, so I know well what they are suffering. Therefore I have come down to rescue them from the hands of the Egyptians and lead them out of that land into a good and spacious land, a land flowing with milk and honey." Moses said to God, "But when I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' if they ask me, 'What is his name?' what am I to tell them?" God replied, "I am who am." Then he added, "This is what you shall tell the Israelites: I AM sent me to you." God spoke further to Moses, "Thus shall you say to the Israelites: The LORD, the God of your fathers, the God of Abraham, the God of Isaac, the God of Jacob, has sent me to you.

"This is my name forever; thus am I to be remembered through all generations."

RESPONSORIAL PSALM:

Ps 103

The Lord is kind and merciful

SECOND READING:

COR 10:1-6, 10-12

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud and all passed through the sea, and all of them were baptized into Moses in the cloud and in the sea. All ate the same spiritual food,

and all drank the same spiritual drink, for they drank from a spiritual rock that followed them, and the rock was the Christ. Yet God was not pleased with most of them, for they were struck down in the desert.

These things happened as examples for us, so that we might not desire evil things, as they did. Do not grumble as some of them did, and suffered death by the destroyer. These things happened to them as an example, and they have been written down as a warning to us, upon whom the end of the ages has come. Therefore, whoever thinks he is standing secure should take care not to fall.

GOSPEL:

Lk 13:1-9

Some people told Jesus about the Galileans whose blood Pilate had mingled with the blood of their sacrifices. Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did! Or those eighteen people who were killed when the tower at Siloam fell on them-do you think they were more guilty than everyone else who lived in Jerusalem? By no means! But I tell you, if you do not repent, you will all perish as they did!"

And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. Why should it exhaust the soil?' He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not you can cut it down.'"

Nicene Creed:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and our salvation he came down from heaven, (*all bow through "and became man"*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

CLERGY

Pastor: Fr. Elias Gieske
Deacon John Foucault
Deacon Timothy Kittelson

ALTAR LINEN CARE

March
Holy Family ~ Jan Busker
St. Lawrence ~ Patsy Luczak

ALTAR SERVER GARMENT CARE

March
St. Lawrence ~ Heather Emmel

CONTRIBUTION REPORTS

HOLY FAMILY

March 13, 2022

Envelopes & Plate: \$ 3,504.00
Fiscal Year to Date: \$ 119,712.23

ST. LAWRENCE

March 12 & 13, 2022

Envelopes & Plate: \$ 6,686.00
Fiscal Year to Date: \$ 180,514.65

*Please keep your parish in mind
when estate planning*

MASS INTENTIONS FOR THE WEEK

Sat	March 19	4pm	SL	† Joe Kaspszak
Sun	March 20	9am	HF	† Parishioners Intentions
		11am	SL	† Parents of Jim & Marilyn Kroll
Mon	March 21	Private Mass		† Steven Romanek
Tues	March 22	Noon	HF	† Jack & Carrie Donnahue
Wed	March 23	8am	HF	† John Misiak
Wed	March 23	Noon	SL	† Josephine Biondo-Prior
Thurs	March 24	8am	HF	† Tom Privette
Fri	March 25	8am	SL	† Mario & Gira Biondo
Sat	March 26	4pm	SL	† Grace Bures
Sun	March 27	9am	HF	♥ Shubitz Family
		11am	SL	† Parishioners Intentions

Join us for the recitation of the Rosary prayed 1/2 hour before all Masses at both churches.

To schedule a Mass intention to be said at either of our parishes, please contact Ginny at 218-722-4445.

PRAYER SUPPORT MINISTRY

St. Lawrence: Marie Warner 727-1708
Holy Family: Sue Wick 591-7183
Email our prayer chain: needofprayers@gmail.com



DAILY READINGS FOR THE WEEK OF MARCH 20, 2022

Sun: Ex 3:1-8a, 13-15/Ps 103:1-2, 3-4, 6-7, 8, 11 [8a]/1 Cor 10:1-6, 10-12/Lk 13:1-9

Mon: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30

Tues: Dn 3:25, 34-43/Ps 25: 4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

Wed: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

Thurs: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Fri: Is 7:10-14; 8:10/Ps 40:7-8a, 8b-9, 10, 11/Heb 10:4-10/Lk 1:26-38

Sat: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

Next Sun: Jos 5:9a, 10-12/Ps 34:2-3, 4-5, 6-7 [9a]/2 Cor 5:17-21/Lk 15:1-3, 11-3

LITURGICAL SUPPORT

SATURDAY MARCH 26, 2022

4PM ST. LAWRENCE

EM's: Jeanne Tondryk
Karen Ball
Cheryl Krenner

Ushers: Jeanne Tondryk
Jerry Spehar
Dale Wick
Volunteer

Reader: Michele Beeksma

SUNDAY MARCH 27, 2022

9AM HOLY FAMILY

EM's: Jodi Bergh
Steve Gilbert

Ushers: Bruce Lobermeier
Dave DeToffol
Steve Gilbert
Jeff Nelson

Reader: Donna DeToffol

Servers: Matt LaFontaine-Incense
Natalie Skrivanek-Candle, Bells,
Arabella Carlson-Crucifix
Niko Carlson-Candle, Book

11AM ST. LAWRENCE

Greeter: Joann Suliin

EM'S: Jim & Jenny Wallner
Barb Olson

Ushers: Jim Segel
Roger Morrison
Christine Colbenson
Bill Malinowski

Reader: Emily Homan

Servers: Adam Morrison
Isaac Baker

YOUTH FAITH FORMATION

CLASSES: March 21: CGS,

March 23: CGS, & Younger Disciples. Older Disciples @ St. James

CONFIRMATION CLASS: We are rescheduled for March 20 @ 6-8pm; please bring your retreat permission slip and \$25!

THEOLOGY OF THE BODY ~ DAY RETREAT! Karen Ball has received from the CREED Fund. This fund- The Catholic Religious Education Endowment Fund- provides for the financial support of educational opportunities for the enrichment of faith and the spreading of the Gospel by the laity, deacons, priests, and Catholic Schools in the Diocese of Duluth. The fund is supported in part by the Evangelization Through Education capital campaign. We are very appreciative for the CREED Fund as we will be able to provide a beautiful, fruitful day for our young people around the diocese. March 26- 9am-7pm @ St. Lawrence! Fr. Mike, Nic Davidson, and Jen Messing will lead a day retreat for our 9-12th graders (Parents are welcome, too!) This is the Confirmation Class retreat requirement as the diocesan retreat has been canceled. 9th and 10th graders can earn mission hours towards their Confirmation requirement! Register with Karen by March 20- payment is \$25/attendee. Meals, snacks, and materials will be provided.

CALENDAR ALERT: LENTEN FISH DINNER!! We will be having a Fish Dinner, April 8 at St. Lawrence- come support our youth and their summer activities! More details to come!

XLT: Mark your calendars for April 6- The Older Disciples will participate in XLT at St. James- Confession, Adoration, and Praise and Worship at 7-8:30pm. Families are welcome!

1ST EUCHARIST RETREAT April 2 from 9am-2pm. Parents will meet with Fr. Eli.

1ST EUCHARIST MASS: MAY 1st: 11a.m. Mass at St. Lawrence: . Children will arrive by 10:30am, more to come!

CONFIRMATION: MAY 10: @ St. Lawrence @ 7p.m. Teens to arrive by 6p.m. More details to come
-Karen 722-2259, 218-348-6003

5 RD SUNDAY OF LENT



Thank you to those that support us by printing our bulletin each week. It is from their generosity that we are able to keep you up to date of the happenings in our parishes. Please support those that support us!!

Check out our facebook page: Catholic Duluth

PARISH ANNOUNCEMENTS

SUPPORT FOR MEDICAL

Donations are needed for medical supplies for soldiers and civilians in Ukraine. There is a charity in Ukraine called Chalice of Mercy that is looking for donations that go directly to these much needed supplies. If you are interested in helping, go to :

<https://chaliceofmercy.org>.

TWO OPPORTUNITIES TO WIN YOUR EASTER HAM!!



Join us at Holy Family's Ham Bingo March 27th. Doors open at Noon, lunch and snacks will be available for purchase. Games begin at 1pm.

Boards are \$2 per board and plays all ham games. Cash games will be played separately at 25 cents per board.

St. Lawrence Easter Bingo will be April 3rd, Lunch available at Noon, Games begin at 1pm.

FRIDAY FISH DINNER



The St. Benedict's K of C serving its famous fish dinner in the St. Ben's parish hall 4:30 PM to 7 PM on Friday, March 25th, April 1st, & April 8th. Enjoy a choice of deep-fried, Cajun, or baked fish plus all the extras. Adults: \$12 Children 4-12, \$8 3 and under free.

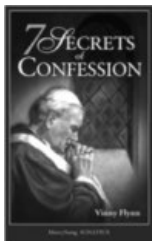
WING'S GROUP

The Wings group will not meet on April 3rd, but instead will meet on April 10th at St. Lawrence 6 to 7:30.

READING SUGGESTIONS FROM SISTER MAGDALENA

"I want to go to Communion, so I have to go to confession." Sound familiar? To many Catholics, confession is just a means to an end: cleaning us up from sin so we can receive Communion. But, as Pope Francis tells us, confession is much more than "going to the dry cleaner." It's "an encounter with Jesus, who waits for us as we are."

In *7 Secrets of Confession*, best-selling author Vinny Flynn explores the "hidden" truths of this encounter with Jesus, presenting what to many will be a whole new way of going to confession, and inviting you to begin an exciting personal journey to healing and holiness. If you do not yet look forward to confession in the same way you look forward to Communion, read on. It will change your life.



FAREWELL TO FR. ELI/WELCOME TO FR. ANTHONY
After the 11am Mass at St. Lawrence, March 27th AND After the 9am Mass April 3rd at Holy Family there will be coffee and goodies and a time to bid farewell to Fr. Eli and welcome Fr. Anthony.

TREE OF LIFE BABY SHOWER

Supporting the Christ Child Society, the tree is up in the social hall at St. Lawrence. Please take a tag or two, purchase the item, and return it unwrapped by March 27. Thank you for all you do for the unborn babies!

STATIONS AND SOUP SUPPER

This Friday March 25th, Stations will be at 5:30, with Soup Supper at 6:00pm, followed by evening prayer.

OK CLUB

The OK Club Meeting on April 13th will be lunch at Outback at 11:30.

Space is limited to 30 people. If you are interested please call Gene Verhel at 218-591-4298.

WIDOWS GROUP

Meeting on Sunday, March 20 @ 3 pm at St. Lawrence. New members are always welcome.

WE WELCOME INTO OUR CATHOLIC FAMILY

Emmie Rose Perrault

Daughter of Garrett & Elisha Perrault Baptized at Holy Family Church, March 19, 2022.

RCIA/INTRO TO CATHOLICISM



Our next session will be March 22nd, the topic will be "Anointing of the Sick" Feel free to join us at 6:30pm at Holy Family.

THEOLOGY UNCAPPED



We are excited to announce our next event, Thursday May 5th, 2022, featuring Father Richard Kunst and Pastor Rollie Bockbrader. This event topic is: "Sin & Confession" and is being held at St. Benedict Catholic Church, 1419 St. Benedict Street, Duluth MN. The cost is \$25 which includes a catered meal from Famous Dave's, beer, wine, pop and coffee. Seating is limited at 215, register now at www.theologyuncapped.org. Please contact Deacon John Foucault @ (218)393-0631 if you are unable

Contact Ginny Nelson at 722-4445 or e-mail holyfamilyduluth@yahoo.com with announcements, stories or pictures you would like to share in the Mustard Seed. Articles due by noon Monday.



God is so good, God is so good, God is so good, He's so good to me."

"Thank you, Jesus, for letting us come here today!" "Thank you, Jesus, for being the light of the world."

These are some of the words of gratitude and praise the young children of our parishes participating in Catechesis of the Good Shepherd this year have expressed during their time each week in the "Atrium". You may ask, "What is this Atrium?" The "Atrium" is the space we have set aside for the children to come each week, to walk carefully, speak softly, work reverently, and to listen for God's voice.

Many of our parishioners have helped construct shelves and little tables, provide furniture, and make materials such as small figurines and a mini model altar and lectern. We are so grateful to those of you who have helped provide all we need to share passages from Jesus's life, Parables, and moments from the Liturgy. Our hearts are most especially filled with gratitude for the support and prayers of our parish family. This work has been a tremendous gift!

To share one of the many fruits from our time in the atrium here is a picture a 5-year old child created with a brief explanation after she was shown the materials for the Annunciation.

"The girl is Mary, and she is wearing the blue thing on her head (veil). She has a big heart, and the dot below her heart is Jesus who is the size of a mustard seed."

Thank you again for your prayers. If you have any questions about the Atrium or would like to hear more stories, ask one of the Sisters!

In Him,
Sr. Bernadette

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