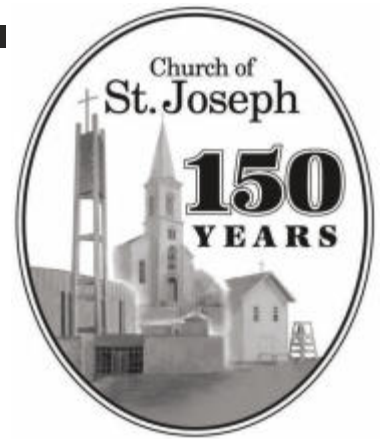


# Church of St. Joseph



**Church:** 435 W Seventh Street • **Parish Office:** 426 Eighth Street • Red Wing, MN 55066

**March 9/10, 2019**

FIRST SUNDAY OF  
**LENT**



### *Parish Mission Statement*

The Church of St. Joseph is a Catholic Faith Community centered in the Eucharist and Gospel of Jesus Christ.

- We are committed to growing in our faith, sharing our God-given gifts, and extending our spirit of hospitality to everyone.
- We demonstrate our faith through our commitment to education, justice, and service in our community and our world.
- We call upon the Holy Spirit to guide us in our relationships and daily activities as we walk our spiritual journeys together.

### **Weekday Masses:**

Wednesday: 9:30 AM (Chapel)  
Thursday: 9:30 AM (Chapel)  
Friday: 9:30 AM (Chapel)

### **Weekend Liturgies:**

Saturday: 5:00 PM  
Sunday: 9:00 AM  
12:45 PM (in Spanish)

### **Church Address:**

435 West Seventh Street

### **Parish Office Address:**

426 Eighth Street Phone: (651) 388-1133  
Fax: (651) 388-5294

**Website:** [www.stjosephredwing.org](http://www.stjosephredwing.org)

**Facebook:** [facebook.com/stjosephredwing](https://facebook.com/stjosephredwing)

### **Parish Office Hours:**

Monday: 8 AM to 12 PM  
Tues, Wed., Thurs.: 8 AM to 4 PM  
Friday: 8 AM to 12 PM

## Season of Lent: 2019

As we begin the **Season of Lent**, most people approach it with some reluctance. This may be especially true for us folks in northern lands, who find ourselves “snowed under” with the doldrums of **Winter**.

**No wonder** we approach (only warily) **this season** marked by: **fasting, sacrifice, prayerful penance, and conversion**. And yet, our **Tradition** reminds us that **Lent** means “*Springtime*.”

**So: Lent** is **the Season** of *casting off* the dead weight of **Winter**.

**Lent** is **the Season** of our renewal as faithful followers of Jesus.

As **Lent begins** and we take our first steps toward **Easter**, *remember*:

**Winter** is passing, **renewal** is on its way.

**Notice: the Holy Water Fonts** are *filled* with **Sand** so as to *remind us* that **the challenge** of our **2019 Lenten Journey** is to: *Leave behind* the **Barren Desert** of your **Sins** for **New Life** in Christ.

Then, at the **Easter Vigil and** on **Easter morning**,

we will be invited to *splash ourselves* with the *newly-blessed* **Easter Holy Water!**

### Lenten Prayer Schedule:

**Lenten Weekday Mass** is held at **9:30 AM** on **Wednesdays, Thursdays, and Fridays**.  
(If there is a *Funeral*, then no *Mass* that day.)

**Stations of the Cross** are on **Fridays** at **5 PM**.

**Free Soup Supper** following  
at **5:30 PM** in **Holy Family Hall**.

**Volunteers are needed** each **Friday** at **4 PM**  
to *help* for **Lenten Soup Suppers**.  
No cooking experience required!

Contact: **Sigrid Pflueger: 388-3909**  
or **Wayne Hess: 651-380-3455**  
or come to the **Holy Family Hall Kitchen**

### Fasting and Abstinence:

Everyone who has reached **age 14** must **Abstain**  
from eating **meat** on **all** the **Fridays of Lent**.

All those **18 and older**,

(until the beginning of their **60th year**),

are to **Fast** on **Ash Wednesday** and **Good Friday**.

To **FAST** means: **eating** only **ONE full meal** that day.

### Two other meatless meals,

(sufficient to maintain strength), may be taken  
according to one's needs. Eating *between* meals  
is **not** permitted, but liquids are **allowed**.

This **Obligation does not apply** to those whose **health**  
or ability to work would be seriously affected.

The **American Bishops** suggest that we also **FAST**  
for **World Peace**...one day each week during **Lent**.

### 2019 Lenten Action at the Church of St. Joseph

#### Prayer:

**Conversion** takes time. Give yourself & your family  
**time**: to change, to try new behaviors. Set aside some  
time **every day**, when you (& the family) will pray...  
or ...when your residence will be **quiet** (no TV,  
no computers clicking, or phones texting) so that  
those who wish to: pray, read the weekend Scriptures,  
or explore other spiritual writings ...  
may do so **undisturbed**.

#### Fasting:

- 1) **Refrain**: from eating **meat** on the **Fridays of Lent**
- 2) **Fast**: from **one meal** each week
- 3) **Remove**: **the salt shaker** from our tables

This is our **Community Penance**

#### Almsgiving:

Decide what **Acts of Charity** you will **do** each week.

Who will you help? Set aside the **money** in your  
**Rice Bowl** that you would have spent on meat,  
snacks, soda pop, or coffee. At the end of **Lent**,  
you will be asked to place this money in  
a **Lenten Almsgiving envelope** & bring it to Church  
on **Palm Sunday** weekend: **April 13/14**.

These funds will be sent to **Catholic Relief Services**  
who feed the **hungry** around the **world**.

#### Community Penance:

Our **Community Penance** (as in years past)  
is to remove all **salt shakers** from our tables  
and no **extra salt** ... is to be used in cooking,  
**except** where it is **required** for the success of a recipe.

**Then**, come **Easter Sunday**, we will **bless**  
and distribute **packets of salt** so that you can  
return **salt** to your tables for your **Easter dinners**.

## Whole Community Workshop



More than **150 participants** from: youngsters ... to teens ... to senior members attended the **Whole-Community Lent Workshop**.

This was a very **enjoyable and informative Community Event**, with **Guest Speaker: David Rinaldi** helping those gathered to **understand (more clearly)** the phrase in the **Our Father: "Thy will be done!"** Many **"thanks"** to those who: **prepared & served the meal, assisted with the Breakout Sessions and : everyone else** who **helped** make this **event a success**.

## Ecumenical Lenten Prayer

This week's **Ecumenical Lenten Prayer Service** will be held **Wednesday, March 13th**, at **St. Paul's Lutheran** with a **free supper** offered at **5:30 PM** & **Ecumenical Service following** at **6:15 PM**.

**Arte Sharot**, pastor at **First Lutheran**, will preach.

## No Meat on Fridays

Why do **Catholics abstain** from warm-blooded flesh meat on **Friday**?

This is a **Penance** imposed by the **Church** to remember **the day** of the **Crucifixion of Our Lord**, enabling us to make a **small sacrifice** for the **incredible sacrifice** **Jesus** made for our salvation.

Why, then, is fish allowed?

The drawing of a **symbolic fish** in the dirt was a **way** that the early **Christians** could recognize each other when it was **dangerous** to admit (in public) that one was **Christian**.

**Jesus** cooked **fish** for his **Apostles** after his **Resurrection**.

Most of these **disciples** were fishermen. After he established his **Church**, these fishermen became "fishers of men and women" for the **Kingdom of God**.

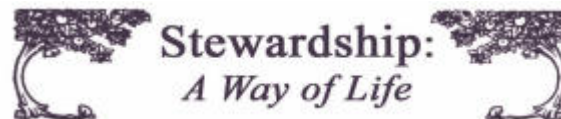
*Why Do Catholics Abstain From Meat on Friday?*  
by Michael P. Foley

## Charity & Justice

Next weekend: **C.R.I.B. Christians Rejoicing in Birth Collection!** Please bring items for the **care, feeding, and nurturing** of an infant born into challenging financial circumstances. **Monetary donations** are always appreciated. **Thanks!**

## Knights of Columbus

The **Knights of Columbus All-You-Can-Eat Pancakes, Eggs, & Sausages Breakfast** follows the **9 AM Mass** **next Sunday, March 10th!**



March 2/3, 2019

50 Hours of Prayer

51 Hours of Civic Service

58 Hours of Ministry Service

Regular Sunday Contributions: \$ 4,523.00

Weekly Electronic Giving: \$ 4,619.30

Total: \$ 9,142.30

**Down with our Debt!**

**\$307,323**

\$300,000  
\$285,500  
\$284,000  
\$283,500  
\$263,500  
\$261,110  
\$260,610  
\$258,110  
\$246,110  
\$234,110  
\$222,110  
\$219,110  
\$207,110  
\$192,110  
\$177,110  
\$164,110  
\$152,110  
\$139,110  
\$127,110  
\$126,360  
\$114,360  
\$102,360  
\$90,360  
\$78,360  
\$78,300  
\$68,300  
\$66,850  
\$64,425  
\$60,625  
\$58,625  
\$56,525  
\$55,925  
\$54,930  
\$44,530  
\$43,655  
\$42,960  
\$32,960  
\$31,269  
\$30,538  
\$20,426  
\$14,926

**\$0**

**\$0**

## *Calendar of Events for this Week*

### **Monday, March 11**

#### **No Mass**

6:30 AM Scripture Study (HFH)

9:30 AM Prayer Shawl (Foyer)

10 AM Ecumenical Centering Prayer (Library)

6:15 PM Season of Transformation (HFH)

### **Tuesday, March 12**

#### **No Mass**

### **Wednesday, March 13**

**9:30 AM Word & Communion (Chapel)**

**5:30 PM Ecumenical Service & Meal (St. Paul's)**

6 PM FF K-7 (Church)

6:15 PM Choir (Church)

### **Thursday, March 14**

8 AM Season of Transformation (HFH)

8:30 AM Chaplet of Mercy (Mary's Chapel)

9 AM Rosary (Mary's Chapel)

**9:30 AM Word/Communion (St. Crispin Chapel)**

6:30 PM Al-Anon (TCR)

### **Friday, March 15**

**9:30 AM Word & Communion (Chapel)**

1 PM Mission Sewing (Gold)

**5 PM Stations of the Cross**

5:30 PM Soup Supper

### **Saturday, March 16 Lent 2**

4 PM Confession

**5 PM Mass: CRIB Collection † Mary Pribyl**

† Cunningham-Ottem Families

### **Sunday, March 17 Lent 2**

**9 AM Mass: CRIB Collection**

**12:45 PM Mass in Spanish**

6:30 PM Confirmation (HFH)

Mass Intentions Key: † Deceased \* Living

## *Readings for this Week*

**Sunday:** Dt 26:4-10/Ps 91:1-2, 10-15/

Rom 10:8-13/Lk 4:1-13

**Monday:** Lv 19:1-2, 11-18/Ps 19:8-10, 15;

Mt 25:31-46

**Tuesday:** Is 55:10-11/Ps 34:4-7, 16-19/

Mt 6:7-15

**Wednesday:** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/

Lk 11:29-32

**Thursday:** Est C:12, 14-16, 23-25/Ps 138:1-3,

7c-8/Mt 7:7-12

**Friday:** Ez 18:21-28/Ps 130:1-7a, 7bc-8/

Mt 5:20-26

**Saturday:** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/

Mt 5:43-48

**Next Sunday:** Gn 15:5-12, 17-18/Ps 27:1, 7-9,

13-14/Phil 3:17-4:1 or 3:20-4:1/

Lk 9:28b-36

## *Parish Information*

<b>Father Thomas M. Kommers</b> , Pastor tkommers@stjosephredwing.org	Ext. 12
<b>Father Thomas McCabe</b> , Latino Ministry Chaplain tmccabe@stjosephredwing.org	Ext. 14
<b>Pat Evans</b> , Deacon pevans@stjosephredwing.org	
<b>Eileen Frischmon</b> , Liturgy & Music efrischmon@stjosephredwing.org	Ext. 15
<b>Jordan Harris</b> , Administration & Stewardship jharris@stjosephredwing.org	Ext. 21
<b>LoriAnn Myers</b> , Faith Formation/Sacraments lmyers@stjosephredwing.org	Ext. 17
<b>Juana Pastor</b> , Latino Ministry jpastor@stjosephredwing.org	Ext. 18
<b>Shane Reeck</b> , Maintenance Custodian sreeck@stjosephredwing.org	Ext. 20

**Abuse Victim Hotline: 651-291-4497**  
24/7 confidential & compassionate assistance.

## *Sacramental and Ministry Information*

### **Confession**

Saturday: 4:00 - 4:30 PM

### **Baptism**

The Sacrament of Baptism is celebrated the second Sunday of each month. Requirements include: Parish membership, completed Baptism registration form, & attendance at a Baptism Preparation Class.

Call **LoriAnn: 388-1133** for more information.

### **Marriage**

Call the Parish Office at least six months in advance of date desired. A specific date will be set only when marriage readiness is indicated.

### **Visiting the Sick**

This Ministry is for people who are homebound, sick, in hospitals or care centers. Please call the **Parish Office: 388-1133** if you wish to be visited, Anointed, and/or receive Communion.

### **Parish Prayer Chain**

Our Prayer Chain offers prayers on behalf of the entire Parish for needs brought to them. One call begins the chain of prayers. Only a first name and the prayer need are given to preserve confidentiality. To be added to the Prayer Chain: please call the **Parish Office: 388-1133**.

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