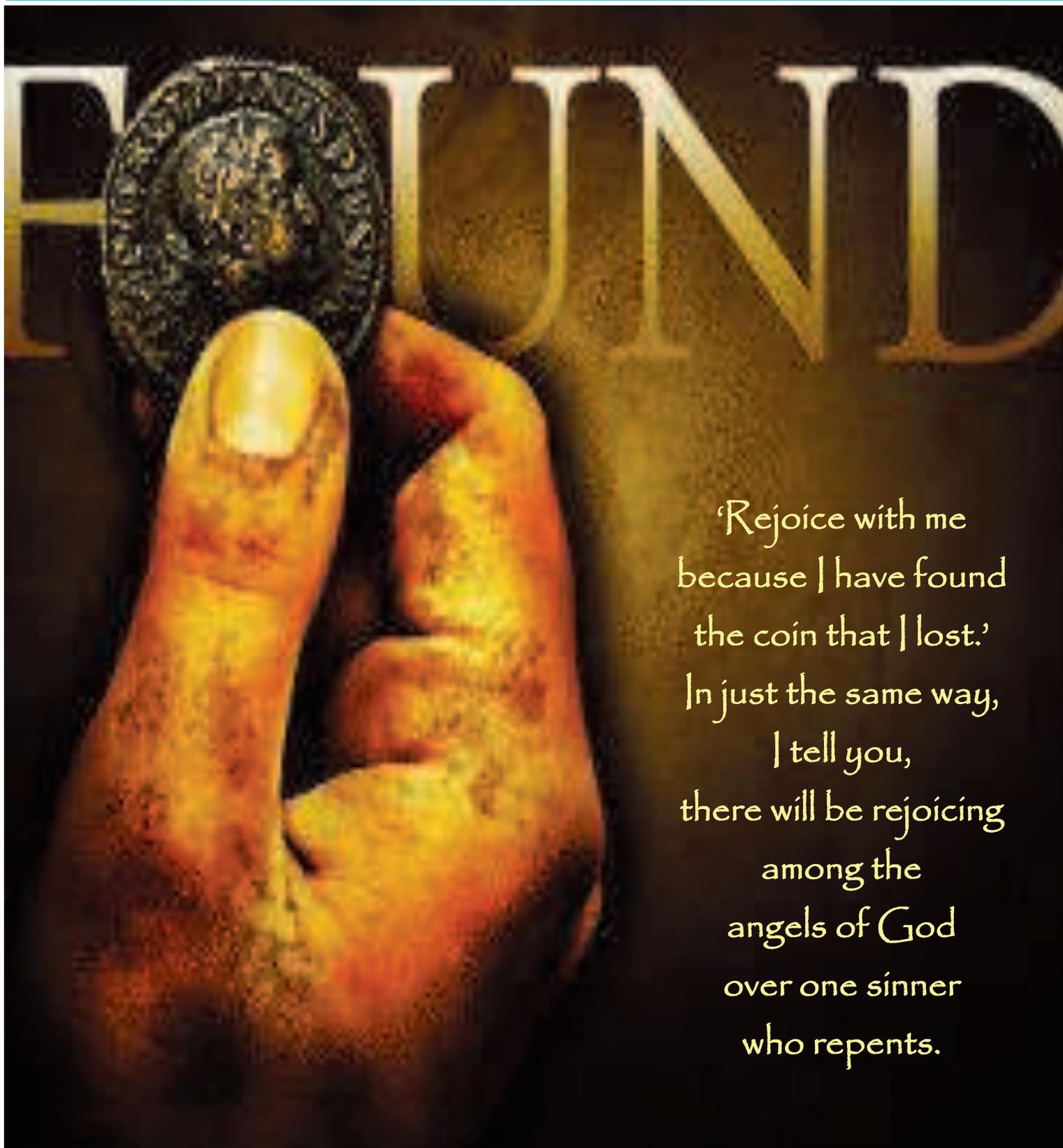


# The Church of the Blessed Sacrament

TWENTY-FOURTH SUNDAY IN ORDINARY TIME SEPTEMBER 15, 2019



‘Rejoice with me  
because I have found  
the coin that I lost.’  
In just the same way,  
I tell you,  
there will be rejoicing  
among the  
angels of God  
over one sinner  
who repents.

*“In our daily life, we strive to know, love, and serve God and others, as Catholic disciples of Christ.”*

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Phone: 651-738-0677 Fax: 651-738-6492 Check us out on Facebook at: [www.facebook.com/blessedsacramentsp](http://www.facebook.com/blessedsacramentsp)  
To Register: Please pick up a New Parishioner Packet in the Gathering Space or call the Parish Office.

## Church of the Blessed Sacrament

### New Grace from God

When I was a senior in high school, my family took an international vacation, but I slept through my 3 a.m. alarm on the day of departure. When I finally awoke, there was a frenzied panic as I tried to troubleshoot as many possible options to get me to the airport two hours away to meet my family on time for the flight. Hope was slim, but it was there after a few hours of looking through phone books (remember those?) to find an available shuttle ride. But even as I stepped onto the shuttle, I wasn't sure that this plan was going to work out. My panic increased because now I was at the mercy of time. There was nothing else that I could do but to see how things would play out.



We've all had moments like this in our lives, moments when our throat sinks into our belly, and paralyzing apprehension takes over. It happens to us when we realize that we didn't show up for that scheduled appointment, when we forgot to pick up our son from school, when we left that report at home, or when we lock our keys in the car. It's a realization that we lost something of significance, and there's going to be a consequence following. We go into a panic mode of sorts, often acting uncharacteristically or erratically, like we're kinda going crazy!

Maybe this feeling is what the shepherd, woman, and Prodigal Son felt. What they had lost was of utmost value to them, and there was a heightened awareness of the aftermath if their lost item was not found. A desperate search ensues.

I remember sitting in that shuttle utterly disappointed that I didn't wake up in time and ashamed that I had put myself through those panicked few hours. I was terrified of missing my flight and afraid of my family's reaction were I to miss our vacation abroad. The interior dialogue was deafening during that two-hour ride to the airport. Things didn't get any better when I arrived. Everything heightened as I had to check my luggage and go through security. "What if something else goes wrong?" In our Gospel text, the word rejoice (and its derivative, joy) appears five times. But note where in the context of the stories it appears ... after a period of turmoil. In other words, joy always follows the anguish. I like what Jean Vanier had to say about this: "Tensions or difficulty can signal the approach of a new grace of God." This new grace can come to us in many and varied ways, but so often, our hearts are not ready to receive that new grace, and the opportunity slips by unnoticed.

I did get to the airport just in the nick of time, and my family was waiting for me at the gate. I was still a little anxious as I waited with them to board the plane. It was only when I took my seat and my father, seated next to me, said, "I'm glad you're here" that a sudden flood of relief and joy came into my heart.

Today, this very familiar Gospel passage speaks to me of joy, and it poses a few very simple questions: "Do I really encounter it?" "What am I willing to endure in order to experience it more deeply?" And "How do I foster joy in others?"

*Br. John-Marmion Villa, BSC*

### Discernment Opportunity for Young Women ages 18-28 –

Friday, September 20 to Sunday, September 22

Christ the King Retreat Center, Buffalo, MN

We are pleased to announce that Fiat Ministries Discernment Retreat is coming to the Archdiocese of St. Paul and Minneapolis. Single women age 18-28 who are seeking to do God's will are invited to attend the retreat on September 20 – 22, 2019 at Christ the King Retreat Center in Buffalo MN. Religious sisters from various religious orders assist at the retreat by giving talks, leading small groups, giving their testimonies, and providing a joyful witness of what it means to be a consecrated Religious Sister. The Fiat Discernment Retreat seeks to foster prayer, self-knowledge, and authentic discernment in young women to re-center their focus back on God and the universal call to holiness. The cost of the retreat is \$25 which includes meals, lodging and materials. Registration and more information can be found at [www.fiatministries.org](http://www.fiatministries.org).



### Night of Light -- Help more children attend a Catholic school!

September 27, 2019, at the Intercontinental Saint Paul Riverfront  
Join us, our keynote speaker, Bishop Andrew Cozzens, and our distinguished guest, Archbishop Bernard Hebda, for the 7th annual Night of Light. The gala is the 12 county metro area's premier

fundraiser directly supporting children in all K-8 Catholic schools in the Archdiocese. Proceeds of last year's event helped more than 1,300 children attend a Catholic school in 2018-19. Tables and tickets are still available. To register, visit <https://nightoflight.info> or contact the Aim Higher Foundation at 612-819-6711.



There will be a Blessing of the Pets  
at Noon on Sunday, October 6th.

Please bring your animals on a leash or in a kennel and  
Father will administer a blessing to all our family pets.



**Looking to volunteer?** We are looking for someone to help be the face-of-the-parish by managing our phones and front door access on Wednesday mornings. The individual will sit at the Hospitality Desk during normal business hours and offer this valuable help to staff. We are looking for help in the morning from 9:00am until noon. If interested please contact Joy at the parish office. God bless.

**HEALTH TIPS**

**Exercise is better than weight-loss drugs at reducing deep abdominal fat**, according to an analysis of 17 clinical trials, published in *Mayo Clinic Proceedings* in February. Visceral fat (which surround internal organs) increases the risk of type 2 diabetes and cardiovascular disease and is more dangerous than subcutaneous fat (under the skin). All of the studies in the analysis lasted at least 6 months, and most involved exercise alone (which was monitored). Visceral fat was measured via CT and MRI scans. The drugs studied included orlistat (brand name Xenical or Alli) and metformin (a diabetes drug that leads to weight loss). Compared to the drugs, exercise resulted in greater reductions in visceral fat relative to overall weight loss. Aerobic exercise reduced visceral fat most (though strength training was also beneficial). Because exercise may be better at reducing visceral than subcutaneous fat, and because it can build lean tissue (muscle and bone), it may produce minimal or no weight loss. Thus, focusing on weight loss alone to monitor the success of exercise may underestimate its metabolic benefits, the researchers said.



**S** PARISH ADMINISTRATION 651-738-0677  
**T** Rev. Benny Mekkatt, Pastor ..... ext. 11  
**A** John Florin, Business Administrator ..... ext. 10  
**F** Joy Hoffman, Administrative Coordinator ..... ext. 12  
**F** Deacon Jerry Saladin.....952-607-9636  
**D** PASTORAL MINISTRY 651-738-0677  
**I** Carol McKenna, Parish Nurse .....ext. 15  
**R** FAITH FORMATION 651-738-0677  
**E** Julie Taylor, Director..... ext. 14  
**C** MUSIC  
**T** Jan Meulemans, Director.....651-307-7865  
**O**  
**R**  
**Y**

PRAYER LINE  
 Please call Carol McKenna.....651-492-2778

**S** **BAPTISM** - Participation in the Baptism preparation program is a prerequisite for Baptism. Schedule with the Parish Office.  
**A** **RECONCILIATION**- Daily: M-F immediately following Mass  
**C** & Saturday 3:00-3:45 pm  
**R** **MATRIMONY**- Make arrangements with the pastor at least six months before the date.  
**A** **ANointing of the Sick** - Please call the parish office if you or a family member is going to be hospitalized. Also, if you are home-bound and wish to receive the Eucharist or a friendly visit, please call the parish office.  
**M** **LOW-GLUTEN HOSTS ARE AVAILABLE**- Please come to the Sacristy before Mass to arrange to receive one.  
**E**  
**N**  
**T**  
**S**

**P** Blessed Sacrament Adoration, 6AM to 11PM  
**R** The Rosary is said just prior to all Masses.  
**A**  
**Y**

**M** **Sunday, September 15**  
*Twenty-Fourth Sunday in Ordinary Time*  
*Ex 32:7-11, 13-14/1 Tm 1:12-17/ Lk 15:1-32*  
 8:30 am Parish Mass  
 10:30 am † Darrell Novak  
**A** **Monday, September 16**  
*Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs*  
*1 Tm 2:1-8/Lk 7:1-10*  
 9:00am † Bernard Bearth  
**S** **Tuesday, September 17**  
*Weekday/Saint Robert Bellarmine, Bishop and Doctor of the Church*  
*1 Tm 3:1-13/Lk 7:11-17*  
 9:00 am Charles R. Knapp  
**C** **Wednesday, September 18**  
*Weekday*  
*1 Tm 3:14-16/Lk 7:31-35*  
 9:00 am Linda Davis  
**H** **Thursday, September 19**  
*Weekday/Saint Januarius, Bishop and Martyr*  
*1 Tm 4:12-16/Lk 7:36-50*  
 9:00am Sarah Kalonick  
**E** **Friday, September 20**  
*Saints Andrew Kim Tae-gön, Priest & Paul Chông Ha-sang, & Companions, Martyrs*  
*1 Tm 6:2c-12/Lk 8:1-3*  
 9:00am † Ron Guanella  
**D** **Saturday, September 21**  
*Saint Matthew, Apostle and Evangelist*  
*Eph 4:1-7, 11-13/Mt 9:9-13 (Morning Readings)*  
 4:00 pm † Bernhard Drutschmann  
**U** **Sunday, September 22**  
*Twenty-Fifth Sunday in Ordinary Time*  
*Am 8:4-7/1 Tm 2:1-8/Lk 16:1-13*  
 8:30 am Parish Mass  
 10:30 am † Donald L. Haessly  
**L**  
**E**  
**S**



**RCIA (Rite of Christian Initiation of Adults)**

Interested in becoming Catholic or completing your Confirmation as an adult? RCIA (Rite of Christian Initiation for Adults) is an initiation process for:

- Those who have never been baptized
- Those who have been baptized but have not completed initiation sacraments of Eucharist and/or Confirmation
- Those who have been baptized in another faith tradition and wish to become Catholic
- Those who have celebrated Baptism, Confirmation, and Eucharist but are interested in learning more about their faith

Classes will be beginning soon in English and in Spanish, so we invite you to find out more by calling the parish office at 651-738-0677, (English)

**RCIA (rito de iniciación cristiana de adultos)**

¿Interesado en convertirse en católico o completar su confirmación como un adulto? RCIA (rito de iniciación cristiana para adultos) es un proceso de iniciación:

- Aquellos que nunca han sido bautizados
- Aquellos que han sido bautizados pero no han completado los sacramentos de la iniciación de Eucaristía y/o confirmación
- Aquellos que han sido bautizados en otra tradición de la fe y desean convertirse en católica
- Aquellos que han celebrado el bautismo, confirmación y Eucaristía, pero está interesado en aprender más sobre su fe

Las clases se empezarán pronto en inglés y en español, por eso lo invitamos a conocer más por llamar a la oficina parroquial en 651-738-0677, (inglés) o Daisy Carlson en 651-442-9438 (español).



† **In Loving Memory** †  
 Please remember the following parishioner who has died:

*Jean Bowlin*

## Church of the Blessed Sacrament

### SCHEDULE FOR THE WEEK

September 15—September 22

Sun, Sept 15:	Hospitality after both Masses 1:00-3:00pm Mexico Pilgrimage Meet and Greet
Mon, Sept 16:	6:30-7:30pm Movement & Christian Meditation 7:00-8:30pm Monday Night Book Club
Tues, Sept 17:	8:00-9:00am Divine Mercy Cenacle
Wed, Sept 18:	Young at Heart after Mass
Sat, Sept 21:	Social Concerns Collection Blood Pressure checks after Mass 6:30-8:30pm Hispanic Prayer Group
Sun, Sept 22:	Social Concerns Collection Blood Pressure Checks after both Masses Hospitality after both Masses

### FINANCE

#### Gifts of Treasure

September 7 & 8, 2019

Sunday Envelopes & Plate:	\$ 5,689.15
Other :	\$ 222.00
<b>Total :</b>	<b>\$ 5,911.15</b>

### 55 CLUB LUNCHEON

#### 55 Club - Forever Young Luncheon

Join us for our monthly luncheons.

Along with members of Presentation Parish, we will again be hosting a monthly gathering here at Blessed Sacrament, starting September 24.

All parishioners interested in participating in the 55 Club Monthly Luncheons are encouraged to attend. Invite a friend, neighbor or family member to share in the fun. All are welcome!

Menu for Sept. 24

- Chicken Marsala, garlic red mashed potatoes, candied baby carrots, salad, dinner roll with butter, cookies for dessert.

Cost: \$10.00

Guest speaker will be Fr. Peter Ly.

Reservations are needed by the third Friday of the month. Call Wayne Jurmu, at 651-484-8377. Payment is made the day of the gathering.

### Funeral Planning Workshop

Saturday, October 26th

9-11 am

**Please call the parish office to register to attend.**

**This is a FREE event.**

#### Saint Thomas the Apostle Eucharistic Adoration Chapel



The Adoration Chapel committee asks you to prayerfully consider signing up for the following open hour:

**Sunday afternoons 2 - 3pm**

Please contact Kathy Ebert 651-247-5185  
or Patty Germain 651-788-3876  
or the Parish office for more information.

## Twenty-Fourth Sunday in Ordinary Time

### FAITH FORMATION



**Faith Formation classes begin on Wednesday, Sept. 25 and Sunday, Sept. 29**

We offer Faith Formation classes for children ages 3 through high school on Wednesday evenings and classes for ages 3 to Grade 3 on Sunday mornings. Come join us! There is also a Spanish language parent group and RCIA available on Wednesday evenings, and preparation for First Communion and Confirmation. You can find the registration forms online at [www.blessedsacramentsp.org](http://www.blessedsacramentsp.org) under the Faith Formation tab or in the Gathering Area. For more information, please contact Julie Taylor in the parish office.

**Catechesis of the Good Shepherd  
Age 3-year-old to Grade 3  
Sunday mornings and Wednesday evenings**



This child-centered faith formation program is based on Montessori teaching principles, providing children with a chance to work with wonderful learning materials and focusing on the unique relationship of the child with God. Sacramental preparation for First Reconciliation and First Communion take place within this program. Find out more on our parish website at [www.blessedsacramentsp.org](http://www.blessedsacramentsp.org) under "Faith Formation," and contact Julie at the parish office to register!



**The Nursery Is Open During 10:30 Mass**

The Nursery is located in the classroom wing just past the restrooms and is available for children ages 1 – 5. Children read, play games, and have a wonderful time with an adult/teen volunteer team who love children and have background checks and training. No pre-registration necessary, so stop in!

#### **Nursery Leaders Needed**

Nursery leaders can be adults or teens ages 12 and above. All adult volunteers who work with children are required to have Virtus training and a background check. If you're interested in becoming a volunteer leader, please contact Julie Taylor at [jtaylor@blessedsacramentsp.org](mailto:jtaylor@blessedsacramentsp.org).



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