



CHURCH OF THE  
**BLESSED Sacrament**

# SOWN



“The seed sown on rich soil is  
the one who hears the word  
and understands it.”

MATTHEW 13:23

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651.738.0677 CHURCH@BLESSEDSACRAMENTSP.ORG

# Church of the Blessed Sacrament

## Seeds of Transformation

Words can be cheap. We can't always tell whether people mean what they say until we see them do something about it. There are some people whose word we can trust, but they are very often the exception. For most people, we need to get everything spelled out in writing or in a contract so that we can hold them to it. For most of us, actions are what count, not words.

With God, however, it is different. Because God is truth, His word is trustworthy. Unlike people, God cannot use words to lie or to deceive. God's words are never empty or meaningless. God means what He says. And what He says has the power to change and to save us.



Sunday's first reading from the prophet Isaiah describes the power of God's Word. It is like rain which drenches the ground and feeds the soil, causing vegetation and fruit to grow. Just as the rain gives life to the earth, so God's Word nourishes our roots and fills us with life.

Isaiah tells us that God's Word will not come back to Him empty. It will fulfill its purpose. God's Word will not be frustrated. If we hear God's Word and take it to heart, it will mean salvation and life for us. If we decide to ignore it and to live our life as if God didn't exist, we will be judged by that Word.

In the Gospel reading, Jesus compares God's Word to seeds which a man scatters on the ground. Seeds are tiny. But, when one of them finds the right soil, it can grow into a fruitful tree. Like a seed, God's Word doesn't always seem like much. But, when we take it to heart and it finds good soil in us, it has the power to really change us, to give us life, and to make us fruitful.

The image of the seed helps us to understand God's Kingdom in another way. It grows in our midst silently and slowly. We don't often notice it from day to day or even from year to year. But, with sure progress, God is laying more of a claim on our hearts and on our society. Just as a seed, once it is planted, has a power within it that drives it to become the tree it is meant to be, so God's Kingdom, once planted in our world and in our souls by Jesus himself, takes root and spreads its branches slowly but surely throughout all of human history.

As we look at our world, at our Church and at ourselves, we know that we are not all that we could be. We know that as a community and as individuals, we fall short of the high standard that God's Word has set for us. But we are still in seed form. We are still growing. Just as it takes time for the tiny acorn to become the mighty oak which is sleeping within it, so we are still far off from the glory and the freedom which will be revealed in us as sons and daughters of God. As Saint Paul writes in the second reading, "All creation groans and is in agony awaiting the revelation of the sons and daughters of God." There is a glory and a freedom sleeping within all of us, growing slowly, leading

us to become more fully the women and men God intended us to be.

God tells us so in His Word. It is true, even though we cannot yet see it in all its fullness.

*Douglas Sousa, S.T.L.*

## MESSAGE FROM OUR BUSINESS ADMINISTRATOR

### On-going project list

Here is a list of some projects that we are working on, along with their respective costs:

<u>Projects</u>	<u>Cost</u>
Installing a key fob system	\$ 1,500
Individual key fobs	\$ 10 each
Re-keying all exterior doors	\$ 700
Replacing church lighting controls	\$ 2,500
Addition of altar candle stands [2-4]	\$ 1,200
New concrete parish entrance	\$ 12,000+
Current [7 camera] surveillance system	\$ 220/mo. (\$ 2,640/yr.)
Soffit repair outside Robertson room	\$ 1,100
Re-stripping parking lot	\$ 450
Re-stenciling handicapped parking areas	\$ 300
Pruning trees @ rectory	\$ 600
Gutter covers @ rectory	\$ 300
Adding top soil around our facilities	\$ 350
Replacing shrubs @ front of church	\$ 300

We THANK YOU for any financial assistance you may be inclined to contribute towards these specific projects. God bless.

## HEALTH TIP

**For safer barbecuing this summer, season meat, chicken, and fish with vinegar before you throw it on the grill.** A study in the journal *Meat Science* found that this can reduce exposure to potential cancer-causing compounds that form when such foods are cooked at high temperature. The researchers spritzed pork loin steaks with vinegar from a spray bottle (five sprays per side) immediately before grilling them on a charcoal barbecue (for 10 minutes at about 390 F, turning them once during cooking). Depending on the type of vinegar, the spraying reduced polycyclic aromatic hydrocarbons (PAHs), on the cooked meat by as much as 82%, compared to no vinegar. PAHs form when fat drips on the heat source, and plumes of smoke can coat the meat with them. Elderberry vinegar showed the greatest benefit, followed by white wine vinegar (79% reduction in PAHs), red wine and apple cider vinegars (66%), and fruit vinegar with raspberry juice (55%). You can combine vinegar (which adds flavor without calories or sodium) with olive oil, mustard, herbs and spices, and other ingredients to make a marinade. Choosing lean cuts of meat and trimming visible fat before cooking can also reduce exposure to PAHs and related compounds--plus improve the overall healthfulness of your meal.



**Be an angel in the life of a poor, innocent child with CFIC Children's Mission.**

We received word that another parishioner has stepped forward and is providing financial support to the CFIC Missions. You can help change the life of a child in need in this very simple and easy way. Please prayerfully consider joining your fellow parishioners in making a contribution to the CFIC Missions. Donations can be either ongoing or a one-time donation. More information can be obtained by either calling the parish office or by going directly to the following web site:



**CFICNORTHAMERICANDELEGATION.COM**

Expect blessings – I guarantee the children will very much appreciate your genericity. God bless. John Florin



*The Divine Mercy Chaplet is recited at 11:45am on Friday before Mass. All are welcome to attend!*

**SAINT THOMAS THE APOSTLE ADORATION CHAPEL**

**Adoration Chapel update**

A visit to the Blessed Sacrament declares at once the simple, hearty, practical belief in the real presence of Christ, a plain conviction, a meeting with God face to face" (Cardinal Nicholas Wiseman (1802 to 1865), the Archbishop of Westminster England).



Our adoration chapel is open Monday, Wednesday, and Friday from 1pm – 11 pm. It is limited to maximum of 3 adorers in the chapel at any given time. Contact Kathy Ebert at 651-247-5185 or the parish office if you are interested in becoming a regular weekly adorers or if you would like to help sub for someone who is unable to make their hour due to sickness, vacations, etc..

We are pleased to announce that Angela Florin has graciously accepted the Chapel Co-Coordinator position. Her help is greatly appreciated.

**Personal Prayer Time & Adoration Time**

The church will be available for private/personal prayer Monday - Friday from 9:00 am - 2:00 pm.

**Prayer of Spiritual Communion**

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever be separated from you."



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**PARISH ADMINISTRATION 651-738-0677**

- Rev. Benny Mekkatt, Pastor ..... ext. 11
- John Florin, Business Administrator ..... ext. 10
- Joy Hoffman, Administrative Coordinator ..... ext. 12
- Deacon Jerry Saladin.....952-607-9636

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**PASTORAL MINISTRY 651-738-0677**

- Carol McKenna, Parish Nurse .....ext. 15

**FAITH FORMATION 651-738-0677**

- Connie Hill, Director ..... ext. 14

**MUSIC**

- Jan Meulemans, Director.....651-307-7865

**PRAYER LINE**

- Please call Carol McKenna.....651-492-2778

**CHURCH EMAIL:** Church@blessedsacramentsp.org

**PARISH COUNCIL:** parishcouncil@blessedsacramentsp.org

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**BAPTISM** - Participation in the Baptism preparation program is a prerequisite for Baptism. Schedule with the Parish Office.

**RECONCILIATION-** Saturday 3:00-3:45pm

By appointment on other days

**MATRIMONY-** Make arrangements with the pastor at least six months before the date.

**ANOINTING OF THE SICK** - Please call the parish office if you or a family member is going to be hospitalized. Also, if you are home-bound and wish to receive the Eucharist or a friendly visit, please call the parish office.

**LOW-GLUTEN HOSTS ARE AVAILABLE-** Please come to the Sacristy before Mass to arrange to receive one.

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- Blessed Sacrament Adoration, Wed. & Fri. 1-11pm
- The Rosary is said just prior to all weekend Masses.

**Sunday, July 12**

*Fifteenth Sunday in Ordinary Time*

*Is 55:10-11/Rom 8:18-23/Mt 13:1-23*

Alexander Ayala  
Parish Mass

**Monday, July 13**

*Weekday/Saint Henry*

*Is 1:10-17/Mt 10:34-11:1*

**Tuesday, July 14**

*Saint Kateri Tekakwitha, Virgin*

*Is 7:1-9/Mt 11:20-24*

Alina Merryweather

**Wednesday, July 15**

*Saint Bonaventure, Bishop and Doctor of the Church*

*Is 10:5-7, 13b-16/Mt 11:25-27*

† Kevin Penne

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**Thursday, July 16**

*Weekday/Our Lady of Mount Carmel*

*Is 26:7-9, 12, 16-19/Mt 11:28-30*

† Varghese Mekkatt

**Friday, July 17**

*Weekday*

*Is 38:1-6, 21-22, 7-8/Mt 12:1-8*

† Kevin Penne

**Saturday, July 18**

*Saint Camillus de Lellis, Priest; BVM*

*Mi 2:1-5/Mt 12:14-21 (Morning Readings)*

† Huey Henriksen

**Sunday, July 19**

*Sixteenth Sunday in Ordinary Time*

*Wisdom 12:13, 16-19/Rom 8:26-27/ Mt 13:24-43 or 13:24-30*

† Al & Joan Bierwirth  
Parish Mass

## Church of the Blessed Sacrament

### SCHEDULE FOR THE WEEK

July 12—July 19

**The celebration of public Masses has resumed for a limited number of participants!**

**Please sign up online or call the parish office!**

#### Other Schedule Information:

- Sacrament of Reconciliation resumes on Saturday 3:00 - 3:45 PM in the building or call for an appointment.
- Livestream Mass—**Tuesday-Friday at Noon, Saturday at 4:00 PM and on Sunday at 9:00 am** on Facebook or watch later on our You Tube channel link via our website.

## FINANCE

### Gifts of Treasure

July 4/5, 2020

Sunday Envelopes & Plate:	\$ 7,224.00
Utilities:	\$ 20.00
Other Operational Income:	\$ 519.00
<b>Total :</b>	<b>\$ 7,763.00</b>

#### Please check out our new website!!!

Blessed Sacrament has adopted new ways to communicate with our parishioners: Our website is totally redesigned and our emails to you come via Flocknote. Our website can still be found at [blessedsacramentsp.org](http://blessedsacramentsp.org). We pray that you feel inspired and informed by our church.



In our efforts to contact the parishioners over the last several weeks we have found many phone numbers no longer in service. If you have dropped your landline and would like to update this information, please contact Joy in the parish office. If you would like to change your communication preferences or update **any** of your contact details, please contact the parish office with any address or preference changes.

#### Stay connected this summer

. Visit our **NEWLY DESIGNED WEBSITE** to be evangelized and informed.

. Take advantage of our parish's subscription to FORMED.org. New content is added to the site weekly. Create your own personal library of movies and talks on this Catholic version of Netflix.



#### en español

Visite la nueva página de nuestro sitio web y lea en su idioma nativo.

Póngase en contacto con Connie para obtener ayuda en español.

. Comparte tus pensamientos.

Contact us: [cahill@blessedsacramentsp.org](mailto:cahill@blessedsacramentsp.org)



## Fifteenth Sunday in Ordinary Time

### FAITH FORMATION



#### Faith Formation Next Year

**Early registration opens on July 15.** We are excited to offer Family Formation for the 2020-2021 school year. Parents, be empowered as the primary educators of your children. Learn and teach the faith all year, with or without any quarantine.

Two sessions are available: 1<sup>st</sup> and 3<sup>rd</sup> Wednesday evenings or 2<sup>nd</sup> and 4<sup>th</sup> Sunday mornings. All will attend a monthly family-led Mass. We plan for Catechesis of the Good Shepherd during both sessions as well as a NEW weekday morning option. Confirmation prep and Youth Group depends on you! Parents, expect to volunteer and expect blessings! **Ask questions now! Spaces could fill up.**



#### Registration

All families interested in Faith Formation for 2020-2021 should attend an **Open House Meeting on Wednesday July 15<sup>th</sup> from 6:00 to 7:00 pm.** Connie will meet with each family individually to help register online (NEW) or on paper with packets outside the church office. Spend time in church praying as a family and with other parish families. Contact Connie with any questions.

#### Confirmation and First Holy Communion

Pray for the students who received First Holy Communion this weekend: Aliyah V. Allen Perez, Guadalupe Leandro Barrientos, and Jennifer Arias Cisneros.

Pray for all our candidates in the final weeks of preparation for Confirmation.



**Parents, Receive more than you give by getting trained to teach the faith to our youth.**

**New for 2020-21:**

**Confirmation prep is open to Grade 8 and up.**

**Youth Ministry is open to confirmed High School students.**

**Both student groups need your leadership.**

**Contact Connie today!**



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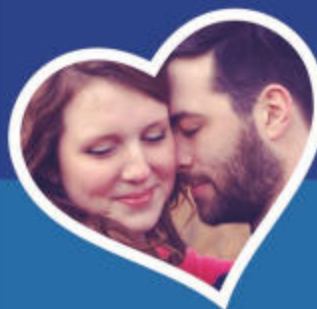
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