

August 1, 2021



CHURCH OF THE
Blessed Sacrament

"FOR THE BREAD OF GOD IS THAT WHICH
COMES DOWN FROM HEAVEN AND GIVES LIFE
TO THE WORLD." - JN 6:33

18TH SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTIOINARY FOR MASS ©2001, 1998, 1970 CCD, ©LPI

2119 Stillwater Ave E St. Paul, MN 55119 651-738-0677 church@blessedsacramentsp.org
Mass Times: Saturday Anticipatory: 4 pm Sunday: 8:30 am & 11:00 am Daily, T-F 8:30am

Church of the Blessed Sacrament

Holy Eucharist – the Source and Summit of our Life.

Beyond all that we hunger for, are the hunger and thirst for spiritual nourishment. Sometimes people aren't even aware that this spiritual hunger and thirst exist. But Jesus realized this hunger and instituted the Holy Eucharist to feed our starving souls. The Eucharist, the most profound, most astounding, most life giving act that was ever performed by Jesus, that anyone has ever seen on earth, and it is there every day. At the Second Vatican Council, the Fathers of the Council authored a document entitled *The Dogmatic Constitution on the Church, or Lumen Gentium*. It gives the most wonderful definition on the Eucharist. "The Eucharist is the Source and Summit of the Christian life." Holy Eucharist is the unique Characteristics of our Catholic faith. For us, the consecrated bread and wine are not merely bread and wine. They are the real Body and Blood of Christ. That makes us different from other Christian denominations. The gift of the Holy Eucharist and the Blessed Virgin Mary are the two unique gifts of the Catholic Church.



JESUS IS TRULY PRESENT IN THE EUCHARIST

From the earliest of times, it has been the faith of the Church that Jesus is present in the Eucharist. The earliest New Testament witness to the Real Presence of Christ in the Eucharist comes to us from Paul writing to the community of the Corinthians. 1Cor. 11:23. "I have passed on to you what I myself received." Paul goes on to recount the words of the Last Supper: "This is My Body...this is the Blood of the new covenant." Since Paul was in Corinth around the year 51 AD, we can assume that the tradition that Paul received, which he passed on to the church, dates to the very earliest days of the Church. The gospels of Matthew, Mark and Luke were written later than Paul's letters, and they also affirm the tradition of the words that Jesus spoke at the Last supper: "This is my Body, this is my Blood." The final scriptural witness to the Real Presence comes from the sixth chapter of John's gospel in what is called "**The Bread of Life discourse.**" The sixth chapter of John begins with the miracle of the multiplication of the bread and feeding the five thousand. Here, Jesus clearly identifies the "bread come down from heaven" as His very own flesh. 6:27 Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. 6:35 I am the bread of life, whoever comes to me will never hunger, and whoever believes in me will never thirst. 6:51 I am the living bread that came down from heaven, whoever eats this bread will live forever, and the bread that I will give is my flesh for the life of the world. 6:53 Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. 6:54 whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. 6:55 For my flesh is true food and my blood is true drink. Whoever eats my flesh and

drinks my blood remains in me and I in him. 6:60 "this saying is hard; who can accept it?" 6:66 As a result of this, many of his disciples returned to their former way of life and no longer accompanied him. 6:67 Jesus then said to the Twelve, "Do you also want to leave?" 6:68 Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. 6:69 We have come to believe and are convinced that you are the Holy One of God."

THE EUCHARIST AND THE LAST SUPPER

The Last Supper, the event during which Jesus instituted the Eucharist, is a Passover meal, rich in its symbolism that helps us to appreciate the Eucharist in an even more profound way. Jesus wanted His disciples to understand that Calvary was an act of love, for in this act of free surrender to the Father, He would teach us how to achieve perfect freedom in this world. Taking bread, Jesus says, "This is My Body given for you." As the bread would be broken, so His body would be broken the next day. "This is the cup of My Blood, of the new covenant." As His blood would be shed the next day, it would establish, on behalf of all humanity, a new relationship of faithfulness to God. As you sit before the Blessed Sacrament, reflect upon the obedience of Jesus to the will of the Father. Allow Jesus to free you from fear that prevents us from making those acts of absolute surrender and trust and repeat these words in the quiet of your heart: "This is His body, broken for me; this is His blood, poured out for me."

EUCHARIST AND THE ATTITUDE OF GRATITUDE

The beautiful accounts of the Last Supper that we read in the gospels and in the letter of Paul to the Corinthians, we hear that Jesus has taken bread and "blessed it" (Matthew, Mark) or "gave thanks" (Luke, 1 Corinthians) before breaking it and giving it to His disciples. The word "bless" and "give thanks" are related actions. The Jewish custom of blessing food is an act of praising God for His goodness to us. As you can see, we have used this Greek word, *eucharistia* to speak about our great sacrament: Eucharist – a call to give thanks!.
Fr. Benny Mekkatt, CFIC

HOMEcoming FUNFEST NEWS



We need cans of soda pop & bottle water to be sold at our Homecoming event. We would like donations of Coke or Pepsi products (cans) and 16.9 ounce bottle waters. Please bring these items to church no later than September 5.

Thank you, Homecoming Funfest Committee

WEBSITE UPDATES

Daily Catholic living is in bloom at Blessed Sacrament! Visit our website www.blessedsacramentsp.org. Cruise around and find out what is new this fall like the Homecoming FunFest and Synod Small Group meetings. To start, click on links and tabs such as "UPCOMING," "SYNOD," and "Parish Life."

All groups are encouraged to inform Joy of meetings and activities so they can be promoted on the website and posted on the Google calendar (found by clicking on "UPCOMING.").

We are Blessed Sacrament!



Please join us for our
First Saturday Healing Mass on
Saturday, August 7 at 8:30am

FROM THE BUSINESS ADMINISTRATOR

- Special thank you to Mark Coleman for helping me patch the hole in our parking lot last weekend. We no longer need to put an orange traffic cone in the hole any longer. We are taking steps to consider what we will need to do long-term in the parking lot, and this will take us some time to plan. As we move forward, I will keep you informed.
- Last weekend we (a.k.a. Joe Peisert) installed the touch free Holy Water dispensers at the two entrances in the back of the inside of the church. Special thanks to all who contributed to cover the expense, including the Men’s Club & a promise from a parishioner to match the Men’s Club donation. It also included parishioners and a sizable donation from a friend of the parish. We came only \$125 short of having the expense totally covered by donations. You’ll need to try these Holy Water dispensers. It is so nice to once again be able to get Holy Water at the entrance to church, besides bringing in your empty Holy Water bottles for filling. Expect blessings.
- Special shout outs go to Kathy Zawislak, Jan Muelemans and Joe Peisert for the terrific job with the landscaping and grounds work around the church, also including the rectory grounds. Thank you, Thank you, Thank you!
- Don’t forget to light a vigil candle in remembrance of a family member or loved one. It is a wonderful way to keep the light burning in their memory, even if it for only a week at a time.
- Watch for exciting news rolling out about the Adoration Chapel extending their open hours. The new hours will be posted on the Adoration Chapel door and on the big screen in the Gathering Space. Please prayerfully consider signing up to spend an hour before our Lord. I guarantee you won’t be sorry you signed up. Contact the Adoration Chapel coordinator about choosing or sharing an hour. My family is now going on 15+ years of being a regular adoror.

ADORATION CHAPEL NEWS

We are ready to expand the hours that the Adoration Chapel is open. Please consider spending an hour with Jesus.

In the words of Pope Benedict XVI: “In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering.”

Come feed your soul in the Adoration Chapel. Contact Kathy at 651-247-5185 or call the parish office.



Movement and Mediation Classes are set to Resume

The Fall Session is scheduled to start on September 13. This eight week Session will last until November 1. OCost for the session is \$72. Classes will be held in the Robertson Room at 6:30 pm on Monday evenings and also via Zoom. To register, please call Carol in the parish office to let her know.



S T A F F D I R E C T O R Y	PARISH ADMINISTRATION 651-738-0677
	Rev. Benny Mekkatt, Pastor ext. 11
	John Florin, Business Administrator ext. 10
	Joy Hoffman, Administrative Coordinator ext. 12
	Deacon Jerry Saladin.....952-607-9636
	PASTORAL MINISTRY 651-738-0677
	Carol McKenna,ext. 15
	FAITH FORMATION & SAFE ENVIRONMENT 651-738-0677
	Connie Hill, Director ext. 14
	MUSIC
Jan Meulemans, Director.....651-307-7865	
PRAYER LINE	
Please call Carol McKenna.....612-594-1290	
CHURCH EMAIL: Church@blessedsacramentsp.org	
PARISH COUNCIL: parishcouncil@blessedsacramentsp.org	

S A C R A M E N T S	BAPTISM - Participation in the Baptism preparation program is a prerequisite for Baptism. Schedule with the Parish Office.
	RECONCILIATION — Saturday 3:00-3:45pm or by appointment on other days
	MATRIMONY - Make arrangements with the pastor at least six months before the date.
	ANOINTING OF THE SICK - Please call the parish office if you or a family member is going to be hospitalized. Also, if you are home-bound and wish to receive the Eucharist or a friendly visit, please call the parish office.
	LOW-GLUTEN HOSTS ARE AVAILABLE - Please come to the Sacristy before Mass to arrange to receive one.

P R A Y E R	• Blessed Sacrament Adoration, M-W-F 1-11pm & TH 6am-noon
	• The Rosary is said just prior to all weekend Masses.

M A S S R E A D I N G S	Sunday, August 1
	<i>Eighteenth Sunday in Ordinary Time</i>
	Ex 16:2-4, 12-15/Eph 4:17, 20-24/Jn 6:24-35
	8:30am Parish Mass
	11am Matt Hoffman Family
	Monday, August 2
	<i>Saint Eusebius of Vercelli, Bishop/ Saint Peter Julian Eymard, Priest</i>
	Nm 11:4b-15/Mt 14:13-21
	Tuesday, August 3
	<i>Weekday</i>
	Nm 12:1-13/Mt 14:22-36 or Mt 15:1-2, 10-14
	† Ronald Murphy
	Wednesday, August 4
	<i>Saint John Vianney, Priest</i>
	Nm 13L:1-2, 25-14:1, 26-29a, 34-35/ Mt 15:21-28
	† Rev. James R. Himmelsbach
	Thursday, August 5
	<i>Weekday/The Dedication of the Basilica of Saint Mary Major</i>
Nm 20:1-13/Mt 16:13-23	
Otto Savina	
Friday, August 6	
<i>The Transfiguration of the Lord</i>	
Dn 7:9-10, 13-14/2 Pt 1:16-19/Mk 9:2-10	
Donna Frey & Margaret Bianconi	
Saturday, August 7	
<i>Saint Sixtus II, Pope and Companions, Martyrs; Saint Cajeytan, Priest; BVM</i>	
Dt 6:4-13/Mt 17:14-20 (Morning Readings)	
8:30am † Alfonso Nguyen Nhu Dat	
4pm † Pat Peterfesso	
Sunday, August 8	
<i>Nineteenth Sunday in Ordinary Time</i>	
1 Kgs 19:4-8/Eph 4:30-5:2/Jn 6:41-51	
8:30am Parish Mass	
11am Jonas & Juliana Subaar Family	

Church of the Blessed Sacrament

SCHEDULE FOR THE WEEK

August 1—August 8

Sun, Aug 1:	9:30-10:45am Coffee & Donuts
Mon, Aug 2:	10:00-11:30am Divine Mercy Cenacle
Sat, Aug 7:	8:30am First Saturday Healing Mass 10:00-11:30 EM Training and Commissioning
Sun, Aug 8:	8:30am Kuettel Baptism at Mass 9:30-10:45am Coffee & Donuts 9:30am Family Faith Formation

FINANCE

Gifts of Treasure

July 24/25, 2021

Sunday Envelopes & Plate:	\$ 5,323.00
Other:	\$ 10.00
Peter's Pence	\$ 30.00
Additional Operations:	\$ 150.00
Total :	\$ 5,513.00



Synod Update

Want to make positive change in yourself and in the church? Mark your calendars to prayerfully share your feedback during the Synod Small Group Process this fall. We will meet on Wednesdays for six weeks beginning September 22. Choose from one of two sessions: 9:00 to 11:00 am or 6:00 to 8:00 pm. Watch for sign-ups. Reconnect with friends recharge the faith!

MEN'S CLUB NEWS

We are pleased to finally be able to say that our Men's Club Meetings are ready to resume! Our first meeting will be on Thursday, August 12 at 6:30pm. Please come and bring a friend. We are anxious to see you all again!

NOTICE: To all Extraordinary Ministers of the Eucharist, If you plan to continue in your ministry as an Extraordinary Minister of the Eucharist, either at Mass or in visiting our Homebound parishioners, you MUST attend one of the Training and Commissioning Sessions offered in the coming weeks. If you own and use a pyx, this would also apply to you.
This applies to ALL current Eucharistic Ministers and Pastoral Ministers who are now participating in these ministries or all who are hoping to become an Extraordinary Minister.
You must attend one session:

**Extraordinary Minister Training and Commissioning
Saturday, August 7 10:00-11:30am**

Eighteenth Sunday in Ordinary Time



Mark your calendar

Fall classes begin Sunday, September 12 from 9:45 to 10:45 am. We will meet for class most Sundays (off for holidays and school breaks.) Registration is open online or in person. Plan to attend a parent and catechist orientation meeting on Sunday August 22 at approximately 9:45 am or 10:00 am (following Mass and refreshments). Contact Connie with questions.

Called to be a Confirmation Catechist?

Our students are ready for you to walk with them on a journey of sacrament preparation. Classes are planned for Sunday mornings with a few additional times of service and worship throughout the year. No experience is necessary. VIRTUS E3 credentialing is required (about one hour online). All training is provided. You will give a lot and receive far more! If you or someone you know is living a vibrant Catholic life, connect with Connie about this rewarding ministry.

NEW! Children's Liturgy of the Word (CLW)

CLW takes place within the Mass and is another way to help your child reverence Jesus at Mass. Children in Kindergarten through third/fourth grade leave the sanctuary after the Introductory Rites to hear scripture readings proclaimed and explained at an age-appropriate level. They return after the Universal Prayer (petitions) to celebrate the Liturgy of the Eucharist with the congregation.

CLW is not a faith formation class; it is not babysitting; it is not arts and crafts. Rather, children hear the same Mass readings but in simpler terms that are easier to grasp.

Do you feel called to share the Word of God with children? Adult leaders are needed. Confirmed youth can serve as assistants. Leaders should plan for thirty minutes of prep time and the ministry takes place during your Sunday worship. All volunteers

must be "Essential 3" compliant by completing an online VIRTUS training, a background check, and Code of Conduct.



SUNDAYS DURING 8:30 AM MASS
CHILDREN'S LITURGY OF THE WORD
WEEKLY GOSPEL MESSAGE FOR KIDS AGES 5 TO 9



We plan to offer CLW every week at the 8:30 Sunday Mass (excluding holiday weekends) beginning September 12 (or sooner!) Contact Connie today to express interest.



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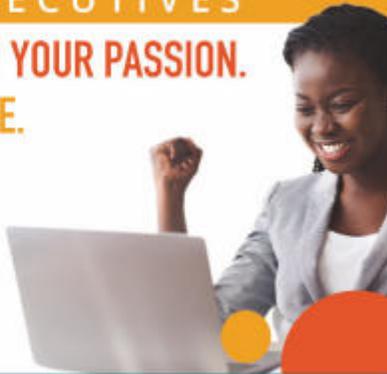
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