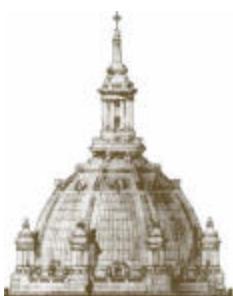


Saint John Bosco | Feast Day - January 31



CATHEDRAL OF SAINT PAUL
NATIONAL SHRINE OF THE APOSTLE PAUL
239 Selby Avenue, Saint Paul, Minnesota 55102
651.228.1766 | www.cathedralsaintpaul.org
Rev. John L. Ubel, Rector
Priests In Residence: Rev. Mark Pavlak & Rev. Joseph Bambenek
Deacons Phil Stewart, Ron Schmitz & Nao Kao Yang
ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS
Most Rev. Bernard A. Hebda, Archbishop
Most Rev. Andrew H. Cozzens, Auxiliary Bishop



LITURGY GUIDE FOR THE FOURTH SUNDAY IN ORDINARY TIME – YEAR OF SAINT JOSEPH

Congregational singing is suspended per COVID protocol.

INTROIT Sung by Cantor/Schola alone

Lætetur cor

Gregorian Missal, Mode II

Lætetur cor quæréntium Dóminum: quærite Dóminum, et confirmámini:
quærite fáciem eius semper. *Ps.* Confítēmini Dómino, et invocáte nomen eius:
annuntiáte inter genter ópera eius.

Let the hearts of those who seek the Lord rejoice; seek the Lord and be
strengthened; seek his face for evermore. *v.* Give thanks to the Lord and call
upon his name; declare his deed among the gentiles. *Ps 105:3, 4 and 1*

GREETING

Celebrant: In the name of the Father, and of the Son,
and of the Holy Spirit.

Assembly: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of
God, and the communion of the Holy Spirit be with
you all. (*or similar greeting*)

Assembly: And with your spirit.

PENITENTIAL ACT

I confess to almighty God

and to you, my brothers and sisters that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

And striking the breast, say:

through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

KYRIE Cantor/Schola

Missa XIII, Stelliferi conditor orbis

*L*ord, have mercy. Christ, have mercy. Lord, have mercy.

GLORIA Cantor/Schola

Missa Simplex, Proulx; Mass in G, Schubert (10:00)

*G*lory to God in the highest,

and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,

Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

Deuteronomy 18:15-20

*M*oses spoke to all the people, saying:

"A prophet like me will the LORD, your God, raise up for you
from among your own kin;
to him you shall listen.

This is exactly what you requested of the LORD, your God, at Horeb
on the day of the assembly, when you said,

'Let us not again hear the voice of the LORD, our God,
nor see this great fire any more, lest we die.'

And the LORD said to me, 'This was well said.

I will raise up for them a prophet like you from among their kin,
and will put my words into his mouth;
he shall tell them all that I command him.

Whoever will not listen to my words which he speaks in my name,
I myself will make him answer for it.

But if a prophet presumes to speak in my name
an oracle that I have not commanded him to speak,
or speaks in the name of other gods, he shall die."

RESPONSORIAL PSALM Cantor/Schola

USCCB/NAB

Psalm 95:1-2, 6-7, 7-9

Jeff Ostrowski; Ganza/Attwood

Ant. If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;

let us acclaim the rock of our salvation.

Let us come into his presence with thanksgiving;

let us joyfully sing psalms to him.

Come, let us bow down in worship;

let us kneel before the LORD who made us.

For he is our God,

and we are the people he shepherds, the flock he guides.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah,

as in the day of Massah in the desert,

Where your fathers tempted me;

they tested me though they had seen my works."

SECOND READING

1 Corinthians 7:32-35

*B*rothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord,
how he may please the Lord.

But a married man is anxious about the things of the world,
how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the
Lord,

so that she may be holy in both body and spirit.

A married woman, on the other hand,
is anxious about the things of the world,
how she may please her husband.

I am telling you this for your own benefit,
not to impose a restraint upon you,
but for the sake of propriety
and adherence to the Lord without distraction.

GOSPEL ACCLAMATION Cantor

Saint Meinrad, Mode VIII

Alleluia, alleluia, alleluia.

The people who sit in darkness have seen a great light;
on those dwelling in a land overshadowed by death,
light has arisen.

Mt 4:16

Mark 1:21-28

GOSPEL

*T*hen they came to Capernaum,

and on the sabbath Jesus entered the synagogue and taught.

The people were astonished at his teaching,

for he taught them as one having authority and not as the scribes.

In their synagogue was a man with an unclean spirit;

he cried out, "What have you to do with us, Jesus of Nazareth?

Have you come to destroy us?

I know who you are—the Holy One of God!"

Jesus rebuked him and said,

"Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of
him.

All were amazed and asked one another,

"What is this?

A new teaching with authority.

He commands even the unclean spirits and they obey him."

His fame spread everywhere throughout the whole region of Galilee.

HOMILY

PROFESSION OF FAITH

Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All bow while saying

*and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.*

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

UNIVERSAL PRAYER

Assembly: Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND GIFTS

HYMN

Take Up Your Cross

O IESU MI DULCISSIME

MOTET (10:00)

Beati quorum via, op.38/iii

C. V. Stanford

Beati quorum via intégrá est, qui ambulant in lege Domini. Ps 119:1

Blessed are those whose way is blameless, who walk in the law of the Lord.

SANCTUS Cantor/Schola

Missa XIII, Stelliferi conditor orbis

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

MEMORIAL ACCLAMATION

Roman Missal

Assembly: We proclaim your Death, O Lord,
and profess your Resurrection until you come again.

AGNUS DEI Cantor/Schola

Missa XIII, Stelliferi conditor orbis

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
grant us peace.

ECCE AGNUS DEI

Celebrant: Behold the Lamb of God, behold him who takes away
the sins of the world. Blessed are those called to the
supper of the Lamb.

Assembly: Lord, I am not worthy that you should enter
under my roof, but only say the word, and my soul
shall be healed.

AN ACT OF SPIRITUAL COMMUNION (5:15 p.m., 10:00 a.m.)

For those who cannot be present

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

COMMUNIO Cantor/Schola

Illúmina

Gregorian Missal, Mode I

Illúmina fáciem tuam super servum tuum, et salvum me fac in tua misericórdia: Dómine, non confundar, quóniam invocávi te.

Let your face shine down upon your servant, deliver me in your mercy,
Lord, let me not be confounded, for I have called upon you. Ps 31:17, 18

MOTET (10:00)

O nata lux

Morten Lauridsen

O nata lux de lúmine, Iesu redémptor sǽculi, dignáre clemens súpplicum laudes precésque súmere. Qui carne quondam cóntegi dignátus es pro pérditís, nos membra confer effíci tui beáti córporis.

O light born of light, Jesus, redeemer of the world, In mercy consider it fitting to accept the praises and prayers of those who bow down. You who once stooped down to be clothed in flesh for the sake of those who were lost, allow us to be made members of your blessed body.

HYMN FOR THE YEAR OF SAINT JOSEPH

ST. JOSEPH

Great Saint Joseph

Great Saint Joseph, son of David, Foster-father of our Lord,
Spouse of Mary ever Virgin, Keeping o'er them watch and ward:
In the stable thou didst guard them With a father's loving care;
Thou by God's command did'st save them From the cruel Herod's snare.
Three long days, in grief, in anguish, With that Mother sweet and mild,
Mary Virgin, didst thou wander, Seeking her beloved Child.
In the temple thou didst find Him: O what joy then filled thy heart!
In thy sorrows, in thy gladness, Grant us, Joseph, to have part.
Clasped in Jesus' arms and Mary's, When death gently came at last,
Thy pure spirit, sweetly sighing, From its earthly dwelling passed.
Dear Saint Joseph by that passing, May our death be like to thine,
And with Jesus, Mary, Joseph, May our souls for ever shine.

RECEPTION OF HOLY COMMUNION BY THE ASSEMBLY

Holy Communion will be distributed by individual sections of pews. Please wait until a Communion distributor arrives at your section before proceeding. Maintain a distance of two pews between yourself and the nearest individual ahead of you in line who is not from your household. Distribution begins at the sections nearest the exits and ends in the center aisle. For Holy Communion in the hand – please extend your hands, one directly over the other, as the Sacred Host is deposited.

For those desiring to receive Communion on the tongue, please make your way to the Center Aisle, where both options for reception will be available. All other sections will be reserved for Communion in the hand, so as to reassure any who may be concerned. Furthermore, if any contact is made whatsoever, sanitization will take place immediately before the next communicant comes forward.

Upon reception of Holy Communion, please step aside and consume the Sacred Host immediately before returning to your pew.

Thank you for your cooperation.

PRAYER AFTER COMMUNION

ANNOUNCEMENTS

BLESSING AND DISMISSAL

POSTLUDE-SORTIE

USING YOUR SMARTPHONE TO MAKE A DONATION:



1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU.

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CATHEDRAL HOURS

CATHEDRAL - COVID-19 HOURS

Monday - Friday 7:15 to 8:15 a.m.

Sunday Church opens approx. 25 minutes before Mass
Church Office is temporarily closed during Covid-19

SUNDAY MASS

Anticipatory (Saturday) 5:15 p.m.

Sunday 8:00 a.m., 10:00 a.m., Noon, & 5:00 p.m.

DAILY MASS - COVID-19 SCHEDULE

Monday - Friday 7:30 a.m.

SACRAMENT OF RECONCILIATION

Monday - Friday 3:45 to 5:00 p.m.

Saturday 3:30 to 5:00 p.m.

EUCARISTIC ADORATION

TEMPORARILY SUSPENDED DURING COVID-19

Tuesday 8:30 a.m. to 12:00 p.m.

Wednesday through Friday 8:30 a.m. to 4:00 p.m.

ROSARY

TEMPORARILY SUSPENDED DURING COVID-19

Sundays at 11:15 a.m. in the Cana Chapel and at

6:00 p.m. in the Chapel of the Blessed Virgin

Weekdays at 4:40 p.m. in the Chapel of the Blessed Virgin

OFFICE HOURS (RECTORY AT 239 SELBY AVENUE)

TEMPORARILY CLOSED DURING COVID-19

WELCOME CENTER HOURS

Saturday 8:30 a.m. - 5:00 p.m.; Sunday 9:00 a.m. - 2:00 p.m.

GUIDED TOURS

TEMPORARILY SUSPENDED DURING COVID-19

Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays).

MUSEUM HOURS

TEMPORARILY SUSPENDED DURING COVID-19

Call the Cathedral at 651.228.1766 for hours of operation.

VIRTUAL TOURS

Visit www.stpaulcathedraltour.com for a mobile app tour and to virtually "walk through" the Cathedral.

RADIO BROADCAST ON RELEVANT RADIO® 1330 AM

The 5:15 p.m. Saturday Mass is recorded and aired on Relevant Radio 1330 AM Sundays: 9:00 a.m.

Weekday Masses are recorded and broadcast at 7:30 p.m.

Monday through Friday.

SAINT VINCENT DE PAUL CAMPUS

Twin Cities Hmong Catholic Community
Located at 651 Virginia Street, Saint Paul

Sunday Mass (Hmong and English) 9:00 a.m.

SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR JANUARY 17, 2021

Sunday Envelopes	\$ 7,976.00
Member EFT	\$ 10,714.64
Plate	\$ 3,138.60
Total Sunday Contributions	\$ 21,829.24
Fuel Collection (additional)	\$ 3,836.17
Christmas Flowers/Mass Intentions (add'l)	\$ 56.00
Retirement for Religious	\$ 275.00

Thank you for your tremendous generosity!

Saint Vincent de Paul Campus \$ n/a

"PROFILES IN COURAGE": WITNESSING TO THE TRUTH IN LOVE



My morning routine is set in stone. Coffee first, bible to follow. Pondering the daily scriptures **necessitates freshly ground** and brewed **coffee**. I also use that time to check the daily *Vatican Bollettino*, which lately has arrived after its usual "Roman Noon" (5:00 a.m. CST) deadline— someone is dropping the ball! On January 21, a decree from the Congregation for the Causes of Saints included several unfamiliar names, while just one stood out—Dr. **Jérôme Lejeune**, (1926-1994) noted physician and geneticist. With the official declaration of his "life of heroic virtue" the now **Venerable** Jérôme Lejeune becomes eligible for beatification, should a miracle be attributed to his intercession. In 1958, it was Lejeune who deduced that **Down syndrome** (trisomy 21) was caused by an additional chromosome on the twenty-first pair. He **dedicated** the remainder of his life to researching treatments to improve these children's lives.

On the occasion of accepting an award from the **American Society of Human Genetics** in San Francisco in 1969, Lejeune delivered a lecture, catching his audience off guard. He noted that, "if early detection of a chromosomal condition could be achieved...a decision could be taken whether such a pregnancy would be allowed to go to term or would be interrupted by an induced abortion." He went on to ask rhetorically, "What do we know about the time at which a new human being comes into existence?" He presented a **hypothetical** in which a new research facility would be created— "The National Institute of Death." Among its proposed "duties": (1) **decree** on undesirable genes or chromosomes; (2) **deliver** unhappy parents from unwanted pregnancies; (3) **discard** embryos not fitting standard requirements; (4) **dispose** of newborns not reaching minimal specifications of normalcy; (5) **destroy, delete** or **decry** any human condition voted against by the above-mentioned board of advisors of the National Institute of Death. Talk about a "Mic drop" moment!

Imagine the **silence that descended** upon the auditorium as he spoke so facetiously (and alliteratively!) to his colleagues. He concluded his lecture, "For millennia, medicine has striven to fight for life and health against disease and death. Any reversal of this order would entirely change medicine itself...our duty has always been not to inflict the sentence, but to try to commute the pain. In any foreseeable genetical trial I do not know enough to judge, but I feel enough to advocate." Lejeune knew he would be **shunned**, yet he proceeded out of **conviction**. He both foresaw where pre-natal screening was heading and acknowledged the difficulties involved with respect to genetic conditions. "People say, 'The price of genetic diseases is high. If these individuals could be eliminated early on, the savings would be enormous!' It cannot be denied that the price of these diseases is high—in suffering for the individual and in burdens for society. Not to mention what parents suffer! But we can **assign a value** to that price: It is precisely what a society must pay to **remain fully human**."

It recalls the speech that Mother Teresa gave at the **National Prayer Breakfast** in 1994, in the presence of 3000 people at the Washington Hilton, among them President Clinton and the First Lady. Former Reagan speechwriter **Peggy Noonan** was present and said that an uncomfortable shifting in the seats was occurring as the diminutive nun spoke about parenthood and babies. People could see where it was leading. Mother Teresa spoke from the heart: "But I feel that the greatest destroyer of peace today is abortion, because Jesus said, 'If you receive a little child, you receive me.' So every abortion is the denial of receiving Jesus, the neglect of receiving Jesus." A cool silence descended upon the room, but only

momentarily. Soon, from one corner of the room erupted applause, and it was soon followed by a **standing ovation** lasting for five minutes.

Lejeune received a very different response, reportedly writing to his wife, "Today, I lost my **Nobel Prize**." Last week's Vatican decree demonstrates that worldly honor—even a Nobel Prize—pales in comparison to the imperishable crown of victory awaiting those who are faithful to the Lord. Lejeune's lecture pre-dated *Roe v. Wade* (1973) by four years. France legalized abortion in 1975. Yet, his hypothetical situation was truly **prophetic**. Look at how much came true. Such courage is **precisely the example** that priests and bishops should emulate. When I read his story, I ask God for the grace to speak forthrightly on these topics, without counting the cost. Still, I falter in the face of such amazing **profiles of courage**. Speaking truth to power sounds "anti-authoritarian" but when obedient to a higher truth, to God's truth, it is charity. Few priests set out to divide; we aim to unify. But the question becomes, "What is the purpose of unity if the bar for 'unity' is so low that we clergy dare not even speak about abortion?"

The kerfuffle among some in the U.S. hierarchy last week is a good example. In his **capacity as President** of the United States Conference of Catholic Bishops (USCCB), Archbishop Gomez wrote a powerful yet respectful, statement to newly sworn-in President Joseph Biden. He pledged to work together where possible, while reaffirming the bishops' conviction that the **continued injustice** of abortion remains the "preeminent priority." Not all the bishops appreciated the **timing or tone** of the statement; one was especially vocal in his opposition. While many priests have sensed the tensions within our hierarchy, now it's clear to all. Frankly, that's not all bad. **Feigned unity** only undermines the unique role that each bishop plays as the chief teacher in his own diocese. We need principled courage.

- Lent begins Ash Wednesday, February 17. **Now is the time** to think about **how** you wish to observe the season devoutly this year. Plan your strategy now— consider what God may be calling you to give up. **Do not fear** challenging yourself. You'll be better for it.
- No, it is not your imagination. We have been gaining **two and a half minutes** of daylight per day. It may not seem like much, but it quickly adds up. I've noticed that it is no longer dark when exiting the sacristy following afternoon confessions.
- Speaking of light— come to Mass on Tuesday, February 2 at 7:30 a.m. to celebrate Candlemas, the Feast of the **Presentation of the Lord**, one of the Church's most ancient. Candles will be blessed and you may take a set home for use on special occasions.
- Archdiocesan priests are participating in a comprehensive inventory to assist us in our ministry. One assessment is based upon our answers to a computer survey. My feedback suggests I (1) have difficulty with tasks requiring high precision; (2) may neglect **details** crucial to project success and (3) tend to have a **low tolerance for detail** work. Now, I could **list plenty** of my own **faults**, but...I humbly suggest they check their algorithms on that score.
- While driving to my brother's cabin in northern Wisconsin for a brief getaway, I noticed a full parking lot at a roadside establishment. "Wow, lots of people out on a Sunday afternoon," I thought. "Is the **Packer game** on the radio," came the voice from the passenger seat? Packer game? Ouch—I have paid zero attention to the NFL and was schooled on sports by my own mother!

Sincerely in Christ,

Fr. John L. Ubel,
Rector

PROTOCOLS

STEWARDSHIP PROTOCOLS

Located at the **four main doors** (two on Selby Ave. and two on Dayton Ave.) you will find **gold colored metal drop boxes**. Please distribute your **Sunday Stewardship envelopes** or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

ENTRANCE/EXIT PROTOCOLS

Doors are clearly marked and identified as either for **entrance** or as an **exit**.

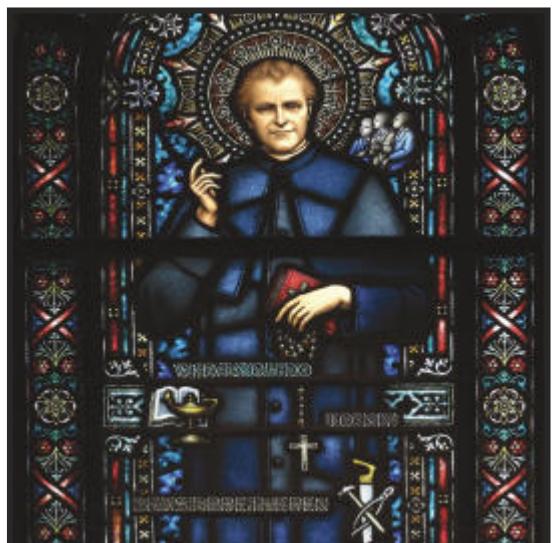
The **upper Selby Ave. door** (by St. Peter Chapel) is an **Entrance**. Note: The handicapped may use this door in both directions. The **lower Selby Ave. door** is an **Exit only**. It is the one closest to the Bus Stop.

On the **Dayton Ave. side**, the upper Dayton Ave. **door nearest the Sacred Heart Chapel** is an **Entrance**, while the lower Dayton Ave. door is designated as an **exit**. The **main doors** at the back of the Narthex are designated, one as **Entrance** (nearest Selby Ave.) and the other as an **Exit** (nearest Dayton Ave.).

CLOTH FACE COVERINGS IN CHURCH

The Center for Disease Control (CDC) recommends all people 2 years of age and older wear a cloth face covering in public settings and when around people who don't live in your household. The emerging evidence from clinical studies shows that cloth face coverings reduce the spray of droplets when worn over the nose and mouth. COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of cloth face coverings is particularly important in settings where social distancing is difficult to maintain, such as in Church. **Doing this for others help keeps all safe and healthy.**

ON THE COVER



Chester Weston's window of St. John Bosco, completed between 1953-54, is located near the Dayton Ave. exit door. Accompanying Bosco's portrait is an image of the boys who were his mission, and in the lower right corner of the image may be found a lamp, book, and a set of tools. This recalls Bosco's efforts to help his boys by training them in a practical trade, teaching them to read and write, and above all educating them in the truths and practice of their Catholic faith.

MASS INTENTIONS

Saturday - Sunday, January 30 - 31

- 5:15 p.m. Barbara Csuti †
- 8:00 a.m. Georgette Maas †
- 9:00 a.m. SVDP Campus ~ For the People
- 10:00 a.m. Cathedral Parish ~ For the People
- 12:00 p.m. Augustine Wagenbach (B)
- 5:00 p.m. Edward Pajunen (B)

Monday, February 1

- 7:30 a.m. Sylvester Klabunde †

Tuesday, February 2

- 7:30 a.m. Sr. Eliya of the Child Jesus O.C.D.

Wednesday, February 3

- 7:30 a.m. Ryan Jones Family

Thursday, February 4

- 7:30 a.m. Cathedral Benefactors

Friday, February 5

- 7:30 a.m. John T. & Claire Lagowski ††



MASS READINGS

Readings for the week of January 31, 2021

- Sunday: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]
1 Cor 7:32-35/Mk 1:21-28
- Monday: Heb 11:32-40/Ps 31:20, 21, 22, 23,
24 [25]/Mk 5:1-20
- Tuesday: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]
Heb 2:14-18/Lk 2:22-40 or 2:22-32
- Wednesday: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14,
17-18a [cf. 17]/Mk 6:1-6
- Thursday: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4,
9, 10-11 [cf. 10]/Mk 6:7-13
- Friday: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]
Mk 6:14-29
- Saturday: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4,
5, 6 [1]/Mk 6:30-34
- Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4,
5-6 [cf. 3a]/1 Cor 9:16-19, 22-23
Mk 1:29-39



Observances for the week of January 31, 2021

- Sunday: 4th Sunday in Ordinary Time;
Catholic Schools Week
- Monday: 4th Monday in Ordinary Time
- Tuesday: The Presentation of the Lord;
World Day for Consecrated Life
- Wednesday: St. Blaise, Bishop and Martyr;
St. Ansgar, Bishop
- Thursday: 4th Thursday in Ordinary Time
- Friday: St. Agatha, Virgin and Martyr
- Saturday: St. Paul Miki and Companions, Martyrs
- Next Sunday: 5th Sunday in Ordinary Time

©Lpi

CATHEDRAL NEWS

ATTENTION MEN! THAT MAN IS YOU SPRING SEMESTER

Join the men of TMIY (That Man Is YOU!) We meet virtually every Saturday morning. We start with fellowship at 7:15 a.m., a video presentation at 7:30 a.m. followed by small group discussion. We conclude by 8:30 a.m. We are in the Spring Semester of *The Fight of Faith*. **Saturday, February 6** Paco Gravrilides STL, is back, expounding further on his topic that we are Beloved Sons of God. His talk *Paternal Expectations* is a study on how our merciful Father expects us to grow in spiritual maturity, growth into a deeper walk with Christ. Sometimes this growth requires that we be pruned so that we may bear fruit more abundantly. All men are welcome; you need not be a parishioner, nor do you need to have participated previously. Invite a friend! There is no cost to participate and no obligation to continue. Contact Paul Diekmann at prdiekmann@gmail.com or Ryan Strozyk at ryanstrozyk@gmail.com to sign up or if you have questions.

CATHEDRAL YOUNG ADULT SPONSORED SOCK DRIVE

To support the residents at Catholic Charities' Higher Ground Center, the Cathedral of Saint Paul Young Adults (CYA) will host a sock drive after each weekend Mass on **January 30-31 and February 6-7**. The shelter is in need of new, crew sport socks (over the ankle) and thermal socks. CYA will collect donations from the Chapel of Saint Peter (Selby entrance door) after each Mass - including the 5:15 p.m. Saturday Anticipatory Mass. Thank you in advance for your support of our local community.

ONLINE GIVING - EFT

We are grateful for your support of the Cathedral of Saint Paul. Online Giving allows you to make contributions to the parish without writing checks or worrying about cash. Selecting the **DONATE** button at www.cathedralsaintpaul.org lets you set up automatic reoccurring contributions using your credit card or bank card. You can still place your Sunday envelope in the basket at church, just check that you are donating by using EFT. We have had 1,173 new onetime or new repeating contribution signups between **April 8** through **January 23**! Thank you! Please email msnyder@cathedralsaintpaul.org with any questions about online giving.

CATHOLIC SERVICES APPEAL

February 6-7 is CSAF Announcement Weekend. The Catholic Services Appeal Foundation (CSAF) conducts an annual appeal in each parish to fund 20 Designated Ministries within the Archdiocese, ones that no one parish can support on its own. The graphic below shows the areas of ministry supported by the appeal. Next weekend's bulletin will include a special CSAF insert.

Together in Hope



The Catholic Services Appeal Foundation is an independent foundation partnering with fellow Catholics to share Christ's love with neighbors in need through ministries that serve the poor, support life and strengthen the Faith.

Your gift brings hope.



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VOICES FROM THE ARCHIVES

“The window is very inspiring . . .”

In 1953, Monsignor George Ryan invited Father Henry Raygasse of the Society of Don Bosco to view the newly installed stained-glass window dedicated to Saint John Bosco. After his visit, Father Raygasse wrote, “This is, in my opinion, one of the best pictures of our Saintly Founder, showing youth the way to heaven through our Blessed Mother. . . . To whom St. John Bosco always attributed the success of all his works. . . . The window is very inspiring.”

Don Bosco dedicated his life to the education of disadvantaged youth, employing a teaching method based on love rather than punishment. He was known for using magic tricks and theatrical performances to attract attention to his message. But Don Bosco was more than an effective teacher, he was an advocate for the boys in his charge, negotiating rights for boys employed as apprentices. He represented their causes in local courts and was responsible for changes in labor laws to protect the young. In 1859, Don Bosco established the Society of St. Francis de Sales for the purpose of carrying on his charitable work. The organization still exists and continues to help people, especially children around the world.

The window honoring Saint Don Bosco is the work of Chester Weston. Impressed by the work of Charles Connick, Weston resolved to continue Connick’s French flavor in his creations, going so far as to import his glass from Europe. He placed four panels in the north and south transepts representing four groups in the Church—the papacy, the episcopate, the clergy and the laity.

On the south side, Pope Pius X and Anthony Mary Claret, represent the papacy and the episcopate. On the north side, Maria Goretti symbolizes the laity; John Bosco represents the clergy. John Bosco’s image is accompanied by two passages, “What you do to the least of my brethren, you do unto me,” and “Give me souls, take the rest,” his favorite prayer, a copy of which hung on the wall of his room. Don Bosco, Founder of the Salesians of Don Bosco, SDB, was canonized in 1934 and given the title, “Father and Teacher of Youth.”

Excerpts from *An Architectural Biography*, by Eric Hansen.

Note: The feast of Saint John Bosco is January 31. In 2002, John Paul II named Don Bosco the Patron of Magicians. ACSP.



CATHEDRAL ONLINE GIFT STORE

Check out our new Cathedral Online Gift Store, which can be found on our webpage at www.cathedralsaintpaul.org. The Store offers a unique selection of religious and spiritual items. Shipping is available, as well as in-person pick-up by appointment. For inquiries about items in the main church Gift Kiosk or the Online Gift Store, feel free to call the Gift Store directly at 651.357.1320.

FEBRUARY PAPAL PRAYER INTENTION

Violence against women: We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

RITES

BAPTISM

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

MARRIAGE

Please join us in praying for all couples preparing for the sacrament of Matrimony.

FUNERAL/MEMORIAL MASS

Please remember in your prayers those who are in grief because of the loss of a loved one.

SACRAMENTAL PREPARATION

BAPTISM

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. Call Gail Wood at 651.357.1325.

MATRIMONY

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for **six months prior to requesting a wedding date**. For more information about wedding policies, call Gail Wood at 651.357.1325.



ARCHDIOCESAN SYNOD: FAITH & CULTURE SERIES

Virtual Event | January 20 – February 9 | 7:00 - 8:30 p.m.

Inspired by the thousands of participants at the Prayer and Listening Events, this series connects their stories to the story of the Church. Each virtual event includes a talk, testimonials, and a live panel discussion including Archbishop Hebda. Registration is required to participate live.

Remaining topics are listed below:

Thursday, February 4

The Church’s Understanding on the Dignity of Women
presented by Helen Alvare

Tuesday, February 9

The Priesthood (Both Baptized and Ordained)
presented by Sister Mary Esther Nickel.

Register online to participate and submit your questions! Zoom links will be sent to registrants prior to each event.

NINE FIRST FRIDAYS DEVOTION

Looking to add an ingredient to your spiritual life this winter? Consider the **Nine First Fridays**. When our Lord appeared to St. Margaret Mary Alacoque, a French Visitation nun, he asked her to spread Devotion to the Sacred Heart. Part of that devotion consists in receiving Holy Communion on the first Friday of each month for a period of nine months, in order to receive the grace of final penitence. The Church grants a Plenary indulgence for each First Friday observed by meeting the following conditions: going to Confession, attending Mass, receiving Communion and praying for the intentions of the Holy Father.

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