



**CATHEDRAL OF SAINT PAUL**  
**NATIONAL SHRINE OF THE APOSTLE PAUL**  
239 Selby Avenue, Saint Paul, Minnesota 55102  
651.228.1766 | [www.cathedralsaintpaul.org](http://www.cathedralsaintpaul.org)

Rev. John L. Ubel, Rector  
Priests In Residence: Rev. Mark Pavlak & Rev. Joseph Bambenek  
Deacons Phil Stewart, Ron Schmitz & Nao Kao Yang

**ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS**  
Most Rev. Bernard A. Hebda, Archbishop  
Most Rev. Andrew H. Cozzens, Auxiliary Bishop



# LITURGY GUIDE FOR THE FIFTH SUNDAY IN ORDINARY TIME — YEAR OF SAINT JOSEPH

*Congregational singing is suspended per COVID protocol.*

**INTROIT** *Sung by Cantor/Schola alone*

*Venite, adoremus Deum*

*Gregorian Missal, Mode II*

Venite, adorémus Deum, et procidámus ante Dóminum: plorémus ante eum, qui fecit nos: quia ipse est Dóminus Deus noster. *Ps. Veníte, exsultémus Dómino: iubilémus Deo salutári nostro. Ps. 95:6, 7, and 1*  
Come, let us worship God and bow down before the Lord; let us shed tears before the Lord who made us, for he is the Lord our God. *∞. Come, let us sing to the Lord; let us make a joyful noise unto God our Savior.*

**GREETING**

*Roman Missal*

*Celebrant:* In the name of the Father, and of the Son, and of the Holy Spirit.

*Assembly:* Amen.

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. *(or similar greeting)*

*Assembly:* And with your spirit.

**PENITENTIAL ACT**

*Confiteor*

**I** confess to almighty God  
and to you, my brothers and sisters that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*And striking the breast, say:*

*through my fault, through my fault, through my most grievous fault;*  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

**KYRIE** *Cantor/Schola*

*Missa XIII, Stelliferi conditor orbis*

**L**ord, have mercy. Christ, have mercy. Lord, have mercy.

**GLORIA** *Cantor/Schola*

*Missa Simplex, Proulx; Mass in G, Casali (10:00)*

**G**lory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.

**COLLECT** (OPENING PRAYER)

## THE LITURGY OF THE WORD

**FIRST READING**

*Job 7:1-4, 6-7*

**J**ob spoke, saying:  
Is not man's life on earth a drudgery?  
Are not his days those of hirelings?  
He is a slave who longs for the shade,  
a hireling who waits for his wages.  
So I have been assigned months of misery,  
and troubled nights have been allotted to me.  
If in bed I say, "When shall I arise?"  
then the night drags on;  
I am filled with restlessness until the dawn.  
My days are swifter than a weaver's shuttle;  
they come to an end without hope.  
Remember that my life is like the wind;  
I shall not see happiness again.

**RESPONSORIAL PSALM** *Cantor/Schola*

USCCB/NAB

Psalm 147:1-2, 3-4, 5-6

Jeff Ostrowski; Ganza/Parry (10:00)

*Ant., Praise the Lord, who heals the brokenhearted.*

Praise the LORD, for he is good;  
sing praise to our God, for he is gracious;  
it is fitting to praise him.  
The LORD rebuilds Jerusalem;  
the dispersed of Israel he gathers.  
He heals the brokenhearted  
and binds up their wounds.  
He tells the number of the stars;  
he calls each by name.  
Great is our LORD and mighty in power;  
to his wisdom there is no limit.  
The LORD sustains the lowly;  
the wicked he casts to the ground.

**SECOND READING**

*1 Corinthians 9:16-19, 22-23*

**B**rothers and sisters:  
If I preach the gospel, this is no reason for me to boast,  
for an obligation has been imposed on me,  
and woe to me if I do not preach it!  
If I do so willingly, I have a recompense,  
but if unwillingly, then I have been entrusted with a stewardship.  
What then is my recompense?  
That, when I preach,  
I offer the gospel free of charge  
so as not to make full use of my right in the gospel.  
Although I am free in regard to all,  
I have made myself a slave to all  
so as to win over as many as possible.  
To the weak I became weak, to win over the weak.  
I have become all things to all, to save at least some.  
All this I do for the sake of the gospel,  
so that I too may have a share in it.

**GOSPEL ACCLAMATION** *Cantor*

*Saint Meinrad, Mode VIII*

Alleluia, alleluia, alleluia.  
Christ took away our infirmities  
and bore our diseases.

*Mt 8:17*

**GOSPEL**

*Mark 1:21-28*

**O**n leaving the synagogue  
Jesus entered the house of Simon and Andrew with James and  
John.  
Simon's mother-in-law lay sick with a fever.  
They immediately told him about her.  
He approached, grasped her hand, and helped her up.  
Then the fever left her and she waited on them.  
When it was evening, after sunset,  
they brought to him all who were ill or possessed by demons.  
The whole town was gathered at the door.  
He cured many who were sick with various diseases,  
and he drove out many demons,  
not permitting them to speak because they knew him.  
Rising very early before dawn, he left  
and went off to a deserted place, where he prayed.  
Simon and those who were with him pursued him  
and on finding him said, "Everyone is looking for you."  
He told them, "Let us go on to the nearby villages  
that I may preach there also.  
For this purpose have I come."  
So he went into their synagogues,  
preaching and driving out demons throughout the whole of Galilee.

**HOMILY**

## PROFESSION OF FAITH

*Nicene Creed*

**I** believe in one God, the Father almighty,  
maker of heaven and earth, of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God, born of the Father before all ages.  
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation he came down from heaven,

*All bow while saying  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**UNIVERSAL PRAYER** *Assembly:* Lord, hear our prayer.

## THE LITURGY OF THE EUCHARIST

### PREPARATION OF THE ALTAR AND GIFTS

#### HYMN

MOZART

*Your Hands, O Lord, in Days of Old*

#### MOTET (10:00)

*Prepare the Way* Margareta Jalkeus

Prepare the way, O Zion! Ye awful deeps, rise high; Sink low, ye lofty mountains, The Lord is drawing nigh; The righteous King of glory, Foretold in sacred story. O blest is He that came In God the Father's Name. O Zion, He approaches, Thy Lord and King for aye! Strew palms where He advances, Spread garments in His way. God's promise faileth never, Hosanna sound forever! O blest is He that came In God the Father's Name.

#### SANCTUS *Cantor/Schola*

*Missa XIII, Stelliferi conditor orbis*

**H**oly, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

#### MEMORIAL ACCLAMATION

*Roman Missal*

*Assembly:* We proclaim your Death, O Lord,  
and profess your Resurrection until you come again.

#### AGNUS DEI *Cantor/Schola*

*Missa XIII, Stelliferi conditor orbis*

**L**amb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.

#### ECCE AGNUS DEI

*Celebrant:* Behold the Lamb of God, behold him who takes away  
the sins of the world. Blessed are those called to the  
supper of the Lamb.

*Assembly:* Lord, I am not worthy that you should enter  
under my roof, but only say the word, and my soul  
shall be healed.

## AN ACT OF SPIRITUAL COMMUNION (5:15 p.m., 10:00 a.m.)

*For those who cannot be present*

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

#### COMMUNIO *Cantor/Schola*

*Multitudo languentium*

*Gregorian Missal, Mode II*

Multitúdo languéntium, et qui vexabántur a spirítibus immúndis, veniébant ad eum: quia virtus de illo exibat, et sanábat omnes. *Lk 6:17, 18, 19*  
A multitude with diseases, and those who were troubled by unclean spirits, came unto him, because a power emanated from him which healed them all.

#### MOTET (10:00)

*Almighty and everlasting God*

Orlando Gibbons

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities, stretch forth thy right hand to help and defend us: through Christ our Lord. Amen.

#### HYMN FOR YEAR OF SAINT JOSEPH

ISTE CONFESSOR

*Joseph the Glory and the Joy of Heaven*

Joseph the glory and the joy of heaven,  
Hope of salvation for the world you cherish,  
Graciously listen to our humble praises Joyfully offered.  
David's descendant, God's decree ordained you  
Spouse of the Virgin Mother of Christ Jesus,  
Who called you father, sharing in his life work For our salvation.  
One whom the prophets sang as coming Savior  
You contemplated lying in a manger,  
Gazing in wonder at the Infant Jesus, Godhead you worshipped.  
Word of the Father, King of kings and Ruler,  
At whose displeasure hordes of hell must tremble,  
Whom all the angels worship without ceasing, Chose to obey you.  
Praise to the Father, Son and Holy Spirit,  
Who deigned to raise you to the highest honors,  
May they reward us with the joys of heaven, Through your great merits.

#### RECEPTION OF HOLY COMMUNION BY THE ASSEMBLY

*Holy Communion will be distributed by individual sections of pews. Please wait until a Communion distributor arrives at your section before proceeding. Maintain a distance of two pews between yourself and the nearest individual ahead of you in line who is not from your household. Distribution begins at the sections nearest the exits and ends in the center aisle. For Holy Communion in the hand – please extend your hands, one directly over the other, as the Sacred Host is deposited.*

*For those desiring to receive Communion on the tongue, please make your way to the Center Aisle, where both options for reception will be available. All other sections will be reserved for Communion in the hand, so as to reassure any who may be concerned. Furthermore, if any contact is made whatsoever, sanitization will take place immediately before the next communicant comes forward.*

*Upon reception of Holy Communion, please step aside and consume the Sacred Host immediately before returning to your pew.  
Thank you for your cooperation.*

#### PRAYER AFTER COMMUNION

#### ANNOUNCEMENTS

#### BLESSING AND DISMISSAL

#### POSTLUDE-SORTIE

#### USING YOUR SMARTPHONE TO MAKE A DONATION:



1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU.

## CATHEDRAL HOURS

### CATHEDRAL - COVID-19 HOURS

Monday - Friday 7:15 to 8:15 a.m.

Sunday Church opens approx. 25 minutes before Mass  
Church Office is temporarily closed during Covid-19

### SUNDAY MASS

Anticipatory (Saturday) 5:15 p.m.

Sunday 8:00 a.m., 10:00 a.m., Noon, & 5:00 p.m.

### DAILY MASS - COVID-19 SCHEDULE

Monday - Friday 7:30 a.m.

### SACRAMENT OF RECONCILIATION

Monday - Friday 3:45 to 5:00 p.m.

Saturday 3:30 to 5:00 p.m.

### EUCCHARISTIC ADORATION

#### TEMPORARILY SUSPENDED DURING COVID-19

Tuesday 8:30 a.m. to 12:00 p.m.

Wednesday through Friday 8:30 a.m. to 4:00 p.m.

### ROSARY

#### TEMPORARILY SUSPENDED DURING COVID-19

Sundays at 11:15 a.m. in the Cana Chapel and at

6:00 p.m. in the Chapel of the Blessed Virgin

Weekdays at 4:40 p.m. in the Chapel of the Blessed Virgin

### OFFICE HOURS (RECTORY AT 239 SELBY AVENUE)

#### TEMPORARILY CLOSED DURING COVID-19

### WELCOME CENTER HOURS

Saturday 8:30 a.m. - 5:00 p.m.; Sunday 9:00 a.m. - 2:00 p.m.

### GUIDED TOURS

#### TEMPORARILY SUSPENDED DURING COVID-19

Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays).

### MUSEUM HOURS

#### TEMPORARILY SUSPENDED DURING COVID-19

Call the Cathedral at 651.228.1766 for hours of operation.

### VIRTUAL TOURS

Visit [www.stpaulcathedraltour.com](http://www.stpaulcathedraltour.com) for a mobile app tour and to virtually "walk through" the Cathedral.

### RADIO BROADCAST ON RELEVANT RADIO® 1330 AM

The 5:15 p.m. Saturday Mass is recorded and aired on

Relevant Radio 1330 AM Sundays: 9:00 a.m.

Weekday Masses are recorded and broadcast at 7:30 p.m.

Monday through Friday.

### SAINT VINCENT DE PAUL CAMPUS

Twin Cities Hmong Catholic Community

Located at 651 Virginia Street, Saint Paul

Sunday Mass (Hmong and English) 9:00 a.m.



## SUNDAY STEWARDSHIP

### CONTRIBUTIONS FOR JANUARY 24, 2021

Sunday Envelopes	\$ 8,727.00
Member EFT	\$ 5,501.00
Plate	\$ 1,327.96
<b>Total Sunday Contributions</b>	<b>\$ 15,555.96</b>
<b>Fuel Collection (additional)</b>	<b>\$ 2,675.00</b>
<b>Thank you for your tremendous generosity!</b>	
Saint Vincent de Paul Campus	\$ n/a

## "SPENDING TIME WITH ST. JOSEPH": THIRTY-THREE DAYS TO HOLINESS



Some things simply cannot be rushed. They take commitment, foresight and perseverance. Have you ever met someone who mastered the game of **golf** in the first year? Probably not. What about someone who took up running and completed a **marathon** in the first six months? Again, not likely. Or created a **needlepoint** masterpiece worthy of entry into the State Fair on the first try? Okay, my point is made. Spiritual growth is no different. Some things simply **require time**. But they also require **commitment**. This year's Solemnity of St. Joseph takes on special meaning as it falls during a special year dedicated to him. I have previously written (twice) about this special year—perhaps the third time is the charm. I invite you to join me in beginning a **33-day period of preparation** so that you may be poised to make a **personal consecration** to St. Joseph on his Feast Day. You would simply begin your **33-day period** of preparation on the day before Mardi Gras—that is, on Monday February 15.

The consecration to St. Joseph follows the model of **St. Louis de Montfort** in his Marian consecration. It would entail approximately **twenty (20) minutes** each day for the duration of the period. Each day includes a short exposition on one of the invocations in the powerful Litany of St. Joseph, followed by a reading on St. Joseph, concluding with the recitation of the **Litany of St. Joseph**. I myself have committed to this worthy spiritual "at home" retreat. Its stated purpose is to help us become "another Joseph," in the sense that we will become more attentive, more faithful and loving, and an even more trusting companion of Jesus and Mary. Why is this important? Occasionally referred to as the "forgotten member" of the Holy Family, St. Joseph is a **model**, especially for men, of **virtue, courage and tenderness**, qualities so needed in our families today.

I enjoyed joining a recent Saturday morning "That Man is You!" session, via Zoom during the pandemic. They are motivated Cathedral parishioners, zealous and truly desire to learn more about their faith. Then, I read about a group of men in St. Louis, MO who introduced the "Joseph Challenge," a **two-day 24-mile walking pilgrimage**. That alone is impressive, though participants may choose different phases, and needn't complete all of them! Now in its sixth year, it takes place over the weekend nearest May 1, the Feast of St. Joseph the Worker. It is successful because **young men** especially love **challenges**. I can personally attest that even "not so young" men like to be challenged. Events such as this also facilitate solid spiritual bonding, something all too often absent in the lives of many men. I am in discussions with several Archdiocesan pastors, as we consider whether and how such a challenge could work here in our Archdiocese. Stay tuned, as I believe the idea might have legs—pun intended!

It is an historic struggle for men to open up to one another. This has been the case for as long as I can recall. When I was a high school chaplain, we had a bevy of Mother-Son events, including special Masses and retreats. But it took some **initiative** to jump start a Father-Son retreat. An industrious school counselor along with a religion teacher promoted it, and I have excellent memories travelling to **Dunrovin** Retreat Center in Marine on St. Croix to offer Mass. Consecration to Saint Joseph is for all people, men and women, boys and girls. But this year, I especially invite the **men of our parish** to step out of their comfort zone and consider joining this program. A consecration is a formal act of filial entrustment. Typically, it has referred to the more traditional forms of consecration, especially to the Blessed Mother and to the Sacred Heart of Jesus. Here, it means **seeing St. Joseph** as a spiritual father who cares for your spiritual well-being and who leads you closer to Jesus.

Nearly twenty years ago (Dec. 2001), the Vatican issued a most helpful guide entitled, “**Directory on Popular Piety and the Liturgy**,” a source book that has come in handy over the years. In paragraph no. 204 it notes: “Liturgical theology and the consequent rigorous use of terminology would suggest reserving the term *consecration* for those self-offerings which have God as their object, and which are characterized by totality and perpetuity, which are guaranteed by the Church’s intervention and have as their basis the Sacraments of Baptism and Confirmation.” Some have suggested that the term “**entrustment**” might be a more fitting word, though in this case, people of good will may differ. The document continues: “The faithful should be carefully instructed about the practice of consecration to the Blessed Virgin Mary. While such can give the impression of being a solemn and perpetual act, it is, in reality, only analogously a “consecration to God”. It springs from a free, personal, mature, decision taken in relation to the operation of grace and not from a fleeting emotion.”

We have purchased **30 copies** of Fr. Donald Calloway’s *Consecration to Saint Joseph: The Wonders of Our Spiritual Father* and will gladly share them with anyone seriously interested in committing to this program. If we need more, we will order more. Additionally, a **fold-out Litany** to St. Joseph will soon be available in the Saint Joseph Chapel before Lent begins. This Lent is the opportune time to “think outside the box,” to challenge yourself in a **new way**. Ash Wednesday is drawing near. Let us commit to being ready on “**Day 1**” to engage in prayer, fasting and almsgiving.

- The Cathedral lost a good friend and arguably our most **zealous** and **experienced tour guide** in the person of **Carl Simmons**. A Cathedral friend/associate, upon my arrival in 2012, Carl gave me a series of tours—**unforgettable** tours. I couldn’t get enough! A retired commercial pilot, he approached his tours with the same precision he did with the craft of flying. It is a huge loss, and our prayers are with his entire family.
- **Ash Wednesday is approaching** on February 17. Ashes will be distributed at three Masses, plus an additional deacon-led evening Liturgy of the Word with Ash Distribution. We will make one adjustment, by order of the Vatican this year— a change I fully support. Ashes will be distributed the “European” way, namely **sprinkled gently** on the **crown** of the head, thus avoiding any skin-to-skin contact, as with our normal manner on the forehead.
- It was **one year ago** that President Trump blocked entry into the U.S. from anyone who had been in China in the past two weeks. Few were paying any attention until then. Then, the flights were cancelled and—well, we all know the story. What a year it has been!
- Better late than never! The Holy Father established a World Day for **Grandparents and the Elderly**, to be held on the fourth Sunday of July. No generation has suffered more in 2020—none is more deserving. The Pope also updated the July 29 Feast Day by adding **Sts. Mary and Lazarus** to the existing Feast of St. Martha. It’s now a family affair and highlights the importance of hospitality and being in the presence of the Lord.
- Ash Wednesday Mass Schedule: **7:00 a.m. | 12:00 Noon | 5:15 p.m.** (with schola); a deacon led Prayer Service with the distribution of ashes completes the day at **7:00 p.m.**

Sincerely in Christ,

Fr. John L. Ubel,  
Rector

## PROTOCOLS

### STEWARDSHIP PROTOCOLS

Located at the **four main doors** (two on Selby Ave. and two on Dayton Ave.) you will find **gold colored metal** drop boxes. Please distribute your **Sunday Stewardship** envelopes or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

### ENTRANCE/EXIT PROTOCOLS

Doors are clearly marked and identified as either for **entrance** or as an **exit**.

The **upper Selby Ave. door** (by St. Peter Chapel) is an **Entrance**. Note: The handicapped may use this door in both directions. The **lower Selby Ave. door** is an **Exit only**. It is the one closest to the Bus Stop.

On the **Dayton Ave. side**, the upper Dayton Ave. **door nearest the Sacred Heart Chapel** is an Entrance, while the lower Dayton Ave. door is designated as an exit. The **main doors** at the back of the Narthex are designated, one as Entrance (nearest Selby Ave.) and the other as an Exit (nearest Dayton Ave.).

### CLOTH FACE COVERINGS IN CHURCH

The Center for Disease Control (CDC) recommends all people 2 years of age and older wear a cloth face covering in public settings and when around people who don’t live in your household. The emerging evidence from clinical studies shows that cloth face coverings reduce the spray of droplets when worn over the nose and mouth. COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of cloth face coverings is particularly important in settings where social distancing is difficult to maintain, such as in Church. **Doing this for others help keeps all safe and healthy.**

### PRAYER FOR THE YEAR OF SAINT JOSEPH

Heavenly Father,  
Who gave St. Joseph to Jesus and Mary  
As protector and guide,  
Grant that our Archdiocesan Synod,  
Under his protection and guidance,  
May help us discern your direction for our Church.  
May we listen as he listened,  
Trust as he trusted,  
Obey as he obeyed,  
Receive as he received,  
Love as he loved,  
And share in his life of devotion to Jesus and Mary.  
Amen.

St. Joseph, pray for us.



Image of prayer card for the  
Year of Saint Joseph.

Printable prayer cards can be found on the archdiocesan website. [Click here](#) to visit the page.

## MASS INTENTIONS

### Saturday - Sunday, February 6 - 7

- 5:15 p.m. The Bicha Family †  
 8:00 a.m. James Franczok †  
 9:00 a.m. SVDP Campus ~ For the People  
 10:00 a.m. Cathedral Parish ~ For the People  
 12:00 p.m. Alvina O'Brien  
 5:00 p.m. Will Kennedy †

### Monday, February 8

- 7:30 a.m. Imelda Ellerbusch †

### Tuesday, February 9

- 7:30 a.m. Kris Elfstrom

### Wednesday, February 10

- 7:30 a.m. Katherine Nickoloff (B)

### Thursday, February 11

- 7:30 a.m. Cathedral Benefactors

### Friday, February 12

- 7:30 a.m. Michael Bisch †



### Readings for the week of February 7, 2021

- Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4,  
 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23  
 Mk 1:29-39
- Monday: Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12,  
 24 and 35c [31b]/Mk 6:53-56
- Tuesday: Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9 [2ab]  
 Mk 7:1-13
- Wednesday: Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28,  
 29bc-30 [1a]/Mk 7:14-23
- Thursday: Gn 2:18-25/Ps 128:1-2, 3, 4-5 [cf. 1a]  
 Mk 7:24-30
- Friday: Gn 3:1-8/Ps 32:1-2, 5, 6, 7 [1a]  
 Mk 7:31-37
- Saturday: Gn 3:9-24/Ps 90:2, 3-4abc, 5-6,  
 12-13 [1]/Mk 8:1-10
- Next Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]  
 1 Cor 10:31—11:1/Mk 1:40-45



### Observances for the week of February 7, 2021

- Sunday: 5th Sunday in Ordinary Time  
 Monday: St. Jerome Emiliani;  
 St. Josephine Bakhita, Virgin  
 Tuesday: 5th Tuesday in Ordinary Time  
 Wednesday: St. Scholastica, Virgin  
 Thursday: Our Lady of Lourdes  
 Friday: 5th Friday in Ordinary Time  
 Saturday: BVM  
 Next Sunday: 6th Sunday in Ordinary Time;  
 World Marriage Day; Valentine's Day  
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#### USING YOUR SMARTPHONE TO MAKE A DONATION:

1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU!

## CATHEDRAL NEWS

### ATTENTION MEN! THAT MAN IS YOU SPRING SEMESTER

Join the men of **TMIY** (That Man Is YOU!) We meet virtually every Saturday morning. We start with fellowship at 7:15 a.m., a video presentation at 7:30 a.m. followed by small group discussion. We conclude by 8:30 a.m. We are in the Spring Semester of *The Fight of Faith*. **Saturday, February 13**, Steve Bollman, founder and developer of TMIY will begin the 7 week Lenten course he will lead. His talk, *I Have Called you Friends*, lays the groundwork for our Lenten journey together, designed for each of us to take the “next step” in our individual spiritual journeys. This year, our journey will be much more Scriptural than those of the past; it is recommended (not required) that you have a Bible available during the meeting, an RSV translation if possible. All men are welcome; you need not be a parishioner, nor do you need to have participated previously. Invite a friend! There is no cost to participate and no obligation to continue. Contact Paul Diekmann at [prdiekmann@gmail.com](mailto:prdiekmann@gmail.com) or Ryan Strozyk at [ryanstrozyk@gmail.com](mailto:ryanstrozyk@gmail.com) to sign up or if you have questions.

### CATHEDRAL YOUNG ADULT SPONSORED SOCK DRIVE

To support the residents at Catholic Charities' Higher Ground Center, the Cathedral of Saint Paul Young Adults (CYA) will host a sock drive after each weekend Mass on **February 6-7**. The shelter is in need of new, crew sport socks (over the ankle) and thermal socks. CYA will collect donations from the Chapel of Saint Peter (Selby entrance door) after each Mass - including the 5:15 p.m. Saturday Anticipatory Mass. Thank you in advance for your support of our local community.

### ONLINE GIVING - EFT

We are grateful for your support of the Cathedral of Saint Paul. Online Giving allows you to make contributions to the parish without writing checks or worrying about cash. Selecting the **DONATE** button at [www.cathedralsaintpaul.org](http://www.cathedralsaintpaul.org) lets you set up automatic reoccurring contributions using your credit card or bank card. You can still place your Sunday envelope in the basket at church, just check that you are donating by using EFT. We have had **1,194** new onetime or new repeating contribution signups between **April 8** through **January 30**! Thank you! Please email [msnyder@cathedralsaintpaul.org](mailto:msnyder@cathedralsaintpaul.org) with any questions about online giving

## CATHOLIC SERVICES APPEAL

February 13-14 is CSAF Commitment Weekend. We will be conducting the Catholic Services Appeal campaign that asks all parishioners to make a financial commitment to support the work of the many ministries that are funded by the CSAF that no one parish can support on its own.

**Together in Hope**

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The Catholic Services Appeal Foundation is an independent foundation partnering with fellow Catholics to share Christ's love with neighbors in need through ministries that serve the poor, support life and strengthen the Faith.

**Your gift brings hope.**

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**33,000**  
YOUNG PEOPLE BEING STRENGTHENED IN THE CATHOLIC FAITH

**OVER 50**  
FUTURE PRIESTS RECEIVING TUITION ASSISTANCE, ROOM AND BOARD

**1,300**  
WOMEN & FAMILIES PROVIDED WITH PRO-LIFE SUPPORT

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## VOICES FROM THE ARCHIVES

### The Feast of the Presentation of the Lord

Known originally as the Feast of the Purification of the Blessed Virgin, the Feast of the Presentation of the Lord is an ancient celebration. The Church at Jerusalem observed the feast as early as the first half of the fourth century, and likely earlier. The feast celebrates the presentation of Christ in the temple at Jerusalem on the 40th day after His birth. The feast is often called by other names—Candlemas, the Feast of the Purification of the Virgin, the Meeting of the Lord, the Presentation of Jesus in the Temple.

According to Jewish law, the firstborn male child belonged to God, and the parents had to "buy him back" on the 40th day after his birth, by offering a sacrifice of "a pair of turtledoves, or two young pigeons" in the temple, thus the "presentation" of the child. On that same day, the mother would be ritually purified, thus the "purification". Mary and Joseph kept this law, even though, Mary, who remained a virgin after the birth of Christ, would not have had to go through ritual purification.

In his gospel, Luke recounts the story. When Christ was presented in the temple, "there was a man in Jerusalem named Simeon, and this man was just and devout, waiting for the consolation of Israel." When Mary and Joseph brought Christ to the temple, Simeon embraced the Child and prayed the Canticle of Simeon: "Now thou dost dismiss thy servant, O Lord, according to thy word in peace; because my eyes have seen thy salvation, which thou hast prepared before the face of all peoples: a light to the revelation of the Gentiles, and the glory of thy people Israel."

Note: The feast of the Presentation is celebrated on February 2. In 1952 Connick and Associates designed the lunette over the Chapel of St Joseph, The Presentation of the Infant Jesus in the Temple. It is a fitting companion piece to the lunette over the Chapel of the Blessed Virgin, which pictures the Annunciation of the Blessed Virgin. ACSP.



## CATHOLICS AT THE CAPITOL, APRIL 15 ON MISSION FOR LIFE AND DIGNITY!

There's no time more important than now to speak up for life and dignity. So join Catholics from across Minnesota for this year's **Catholics at the Capitol**, a special day of prayer, education, and advocacy in St. Paul.

Be formed in the faith, beginning the day with Mass at the Cathedral of St. Paul. Be informed on the issues, as we hear from inspiring speakers like international pro-life advocate Obianuju Ekeocha and Archbishop José Gomez, president of the U.S. Conference of Catholic Bishops and the archbishop of Los Angeles. And be sent on mission, joining a Eucharistic procession from the cathedral to the capitol before sharing your Catholic convictions with your elected officials.

The big day is April 15, but registration is already open. To learn more and secure your spot, visit [catholicsatthecapitol.org](http://catholicsatthecapitol.org). Together, we can protect life and dignity.

## RITES

### BAPTISM

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

### MARRIAGE

Please join us in praying for all couples preparing for the sacrament of Matrimony.

### FUNERAL/MEMORIAL MASS

Please remember in your prayers those who are in grief because of the loss of a loved one.

## SACRAMENTAL PREPARATION

### BAPTISM

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. Call Gail Wood at 651.357.1325.

### FIRST RECONCILIATION/HOLY COMMUNION, AND CONFIRMATION

Registered parishioners are encouraged to register for preparation for the sacraments. For more information regarding catechesis for children ages 3 through Confirmation, call Stephen Hilgendorf at 651.357.1340.

### RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Curious about Catholicism? Considering becoming Catholic? RCIA, a process of learning and formation, is modeled on how people were brought into the Church in the first centuries. Visit [cathedralsaintpaul.org/rcia](http://cathedralsaintpaul.org/rcia) and call Stephen Hilgendorf at 651.357.1340.

### MATRIMONY

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for **six months prior to requesting a wedding date**. For more information about wedding policies, call Gail Wood at 651.357.1325.

## CATHEDRAL ONLINE GIFT STORE

Check out our new Cathedral Online Gift Store. It can be found on our webpage at [www.cathedralsaintpaul.org](http://www.cathedralsaintpaul.org). The Store offers a unique selection of religious and spiritual items. Shipping is available, as well as in-person pick-up by appointment. For inquiries about items in the main church Gift Kiosk or the Online Gift Store, feel free to call the Gift Store directly at 651.357.1320.

## ARCHDIOCESAN SYNOD: FAITH & CULTURE SERIES

Virtual Event | Final Topic – February 9 | 7:00 - 8:30 p.m.

This virtual event concludes its series on Tuesday February 9. Registration is required to participate live. The final topic is listed below:

### Tuesday, February 9

The Priesthood (Both Baptized and Ordained)  
presented by Sister Mary Esther Nickel.

Register online to participate and submit your questions! Zoom links will be sent to registrants prior to each event.

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