

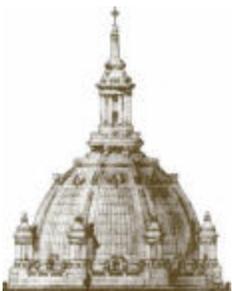
Ash Wednesday Mass Schedule

7:00 a.m. | 12:00 Noon | 5:15 p.m. (with schola)

Prayer Service

(with distribution of ashes)

7:00 p.m.

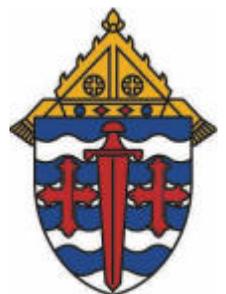


CATHEDRAL OF SAINT PAUL
NATIONAL SHRINE OF THE APOSTLE PAUL
239 Selby Avenue, Saint Paul, Minnesota 55102
651.228.1766 | www.cathedralsaintpaul.org

Rev. John L. Ubel, Rector
Priests In Residence: Rev. Mark Pavlak & Rev. Joseph Bambenek
Deacons Phil Stewart, Ron Schmitz & Nao Kao Yang

ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS

Most Rev. Bernard A. Hebda, Archbishop
Most Rev. Andrew H. Cozzens, Auxiliary Bishop



LITURGY GUIDE FOR THE SIXTH SUNDAY IN ORDINARY TIME — SUNDAY BEFORE LENT

Congregational singing is suspended per COVID protocol.

INTROIT *Sung by Cantor/Schola alone*

Esto mihi

Gregorian Missal, Mode IV

Esto mihi in Deum protectorem, et in locum refugium, ut salvum me facias: quoniam firmamentum meum, et refugium meum es tu: et propter nomen tuum dux mihi eris, et enutries me. *Ps.* In te Domine speravi, non confundar in aeternum: in iustitia tua libera me.

Be unto me a protecting God and a house of refuge, to save me; for you are my support and my refuge; and for the sake of your name you will lead me and nourish me. *Ps.* In you O Lord, do I trust; let me never be put to shame; deliver me in your righteousness.

Ps. 31:3, 4 & 2

GREETING

Roman Missal

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

Assembly: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. *(or similar greeting)*

Assembly: And with your spirit.

PENITENTIAL ACT

Confiteor

I confess to almighty God and to you, my brothers and sisters that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And striking the breast, say:

through my fault, through my fault, through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,

all the Angels and Saints,

and you, my brothers and sisters,

to pray for me to the Lord our God.

KYRIE *Cantor/Schola*

Missa XIII, Stelliferi conditor orbis

Lord, have mercy. Christ, have mercy. Lord, have mercy.

GLORIA *Cantor/Schola Congregational Mass, Lee; Missa O Magnum Mysterium, Victoria*

Glory to God in the highest,

and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

Leviticus 13:1-2, 44-46

The Lord said to Moses and Aaron,

“If someone has on his skin a scab or pustule or blotch

which appears to be the sore of leprosy,

he shall be brought to Aaron, the priest,

or to one of the priests among his descendants.

If the man is leprous and unclean,

the priest shall declare him unclean

by reason of the sore on his head.

“The one who bears the sore of leprosy

shall keep his garments rent and his head bare,

and shall muffle his beard;

he shall cry out, ‘Unclean, unclean!’

As long as the sore is on him he shall declare himself unclean, since he is in fact unclean.

He shall dwell apart, making his abode outside the camp.”

RESPONSORIAL PSALM *Cantor/Schola*

USCCB/NAB

Psalm 32:1-2, 5, 11

Jeff Ostrowski; Ganza/Elvey (10:00)

Ant., I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Blessed is he whose fault is taken away, whose sin is covered.

Blessed the man to whom the LORD imputes not guilt, in whose spirit there is no guile.

Then I acknowledged my sin to you, my guilt I covered not.

I said, “I confess my faults to the LORD,” and you took away the guilt of my sin.

Be glad in the LORD and rejoice, you just; exult, all you upright of heart.

SECOND READING

1 Corinthians 10:31 – 11:1

Brothers and sisters:

Whether you eat or drink, or whatever you do, do everything for the glory of God.

Avoid giving offense, whether to the Jews or Greeks or the church of God,

just as I try to please everyone in every way,

not seeking my own benefit but that of the many, that they may be saved.

Be imitators of me, as I am of Christ.

GOSPEL ACCLAMATION *Cantor*

Saint Meinrad, Mode VIII

Alleluia, alleluia, alleluia.

A great prophet has arisen in our midst,

God has visited his people.

Lk 7:16

Mark 1:40-45

GOSPEL

A leper came to Jesus and kneeling down begged him and said,

“If you wish, you can make me clean.”

Moved with pity, he stretched out his hand,

touched him, and said to him,

“I do will it. Be made clean.”

The leprosy left him immediately, and he was made clean.

Then, warning the him sternly, he dismissed him at once.

He said to him, “See that you tell no one anything,

but go, show yourself to the priest

and offer for your cleansing what Moses prescribed;

that will be proof for them.”

The man went away and began to publicize the whole matter.

He spread the report abroad

so that it was impossible for Jesus to enter a town openly.

He remained outside in deserted places,

and people kept coming to him from everywhere.

HOMILY

PROFESSION OF FAITH

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God,

begotten, not made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation

he came down from heaven,

All bow while saying

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

UNIVERSAL PRAYER *Assembly:* Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND GIFTS

HYMN

Alleluia, Song of Gladness

DULCE CARMEN

MOTET (10:00)

Psalm 150

César Franck

Alleluia, Alleluia, Alleluia. Praise ye the Lord in his sanctuary: praise ye the Lord in the firmament of his power. Praise ye him for his mighty acts: praise ye him according to his majesty. Praise ye him with the sound of the trumpet: praise ye him with the psaltery and harp. Praise ye him with the timbrel. Praise ye him with the dance, praise him with the organ and stringed instruments. Praise ye him upon the loud cymbals: praise him upon the high sounding cymbals. Let everything that hath breath praise the Lord. Praise ye the Lord. *Ps 150*

SANCTUS *Cantor/Schola*

Missa XIII; Mass of the Angels, Clark

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

MEMORIAL ACCLAMATION

Roman Missal

Assembly: We proclaim your Death, O Lord,
and profess your Resurrection until you come again.

AGNUS DEI *Cantor/Schola*

Missa XIII, Stelliferi conditor orbis

Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.

ECCE AGNUS DEI

Celebrant: Behold the Lamb of God, behold him who takes away
the sins of the world. Blessed are those called to the
supper of the Lamb.

Assembly: Lord, I am not worthy that you should enter
under my roof, but only say the word, and my soul
shall be healed.

AN ACT OF SPIRITUAL COMMUNION (5:15 p.m., 10:00 a.m.)

For those who cannot be present

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

COMMUNIO *Cantor/Schola*

Manducaverunt

Gregorian Missal, Mode I

Manducaverunt, et saturati sunt nimis, et desiderium eorum attulit eis

Dominus: non sunt fraudati a desiderio suo.

They ate and were fully satisfied; the Lord gave them all that they desired;
they were not deprived of their wants. *Ps. 78:29, 30*

MOTET (10:00)

Alleluia

Randall Thompson

Alleluia, alleluia, alleluia!

HYMN FOR YEAR OF SAINT JOSEPH

ISTE CONFESSOR

Joseph the Glory and the Joy of Heaven

Joseph the glory and the joy of heaven,

Hope of salvation for the world you cherish,

Graciously listen to our humble praises

Joyfully offered.

David's descendant, God's decree ordained you

Spouse of the Virgin Mother of Christ Jesus,

Who called you father, sharing in his life work

For our salvation.

One whom the prophets sang as coming Savior

You contemplated lying in a manger,

Gazing in wonder at the Infant Jesus,

Godhead you worshipped.

Word of the Father, King of kings and Ruler,

At whose displeasure hordes of hell must tremble,

Whom all the angels worship without ceasing,

Chose to obey you.

Praise to the Father, Son and Holy Spirit,

Who deigned to raise you to the highest honors,

May they reward us with the joys of heaven,

Through your great merits.

RECEPTION OF HOLY COMMUNION BY THE ASSEMBLY

Holy Communion will be distributed by individual sections of pews. Please wait until a Communion distributor arrives at your section before proceeding. Maintain a distance of two pews between yourself and the nearest individual ahead of you in line who is not from your household. Distribution begins at the sections nearest the exits and ends in the center aisle. For Holy Communion in the hand – please extend your hands, one directly over the other, as the Sacred Host is deposited.

For those desiring to receive Communion on the tongue, please make your way to the Center Aisle, where both options for reception will be available. All other sections will be reserved for Communion in the hand, so as to reassure any who may be concerned. Furthermore, if any contact is made whatsoever, sanitization will take place immediately before the next communicant comes forward.

Upon reception of Holy Communion, please step aside and consume the Sacred Host immediately before returning to your pew.

Thank you for your cooperation.

PRAYER AFTER COMMUNION

ANNOUNCEMENTS

BLESSING AND DISMISSAL

POSTLUDE-SORTIE

ASH WEDNESDAY

7:00 a.m. Mass

12:00 p.m. Mass

5:15 Mass

7:00 p.m. Imposition of Ashes

USING YOUR SMARTPHONE TO MAKE A DONATION:



1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU.

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CATHEDRAL HOURS

CATHEDRAL - COVID-19 HOURS

Monday - Friday 7:15 to 8:15 a.m.

Sunday Church opens approx. 25 minutes before Mass
Church Office is temporarily closed during Covid-19

SUNDAY MASS

Anticipatory (Saturday) 5:15 p.m.

Sunday 8:00 a.m., 10:00 a.m., Noon, & 5:00 p.m.

DAILY MASS - COVID-19 SCHEDULE

Monday - Friday 7:30 a.m.

SACRAMENT OF RECONCILIATION

Monday - Friday 3:45 to 5:00 p.m.

Saturday 3:30 to 5:00 p.m.

EUCHARISTIC ADORATION

TEMPORARILY SUSPENDED DURING COVID-19

Tuesday 8:30 a.m. to 12:00 p.m.

Wednesday through Friday 8:30 a.m. to 4:00 p.m.

ROSARY

TEMPORARILY SUSPENDED DURING COVID-19

Sundays at 11:15 a.m. in the Cana Chapel and at

6:00 p.m. in the Chapel of the Blessed Virgin

Weekdays at 4:40 p.m. in the Chapel of the Blessed Virgin

OFFICE HOURS (RECTORY AT 239 SELBY AVENUE)

TEMPORARILY CLOSED DURING COVID-19

WELCOME CENTER HOURS

Saturday 8:30 a.m. - 5:00 p.m.; Sunday 9:00 a.m. - 2:00 p.m.

GUIDED TOURS

TEMPORARILY SUSPENDED DURING COVID-19

Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays).

MUSEUM HOURS

TEMPORARILY SUSPENDED DURING COVID-19

Call the Cathedral at 651.228.1766 for hours of operation.

VIRTUAL TOURS

Visit www.stpaulcathedraltour.com for a mobile app tour and to virtually "walk through" the Cathedral.

RADIO BROADCAST ON RELEVANT RADIO® 1330 AM

The 5:15 p.m. Saturday Mass is recorded and aired on

Relevant Radio 1330 AM Sundays: 9:00 a.m.

Weekday Masses are recorded and broadcast at 7:30 p.m.

Monday through Friday.

SAINT VINCENT DE PAUL CAMPUS

Twin Cities Hmong Catholic Community

Located at 651 Virginia Street, Saint Paul

Sunday Mass (Hmong and English) 9:00 a.m.



SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR JANUARY 24, 2021

Sunday Envelopes	\$ 8,727.00
Member EFT	\$ 5,501.00
Plate	\$ 1,327.96
Total Sunday Contributions	\$ 15,555.96
Fuel Collection (additional)	\$ 2,675.00

Thank you for your tremendous generosity!

Saint Vincent de Paul Campus \$ n/a

"HITTING IT OUT OF THE PARK": MAKING A PITCH FOR ALMSGIVING



Watching the video made me cringe. Teachers from the nation's third largest public school district (355,156 students in 642 schools) produced a creative dance video to explain why they were against returning to in-person education. It both went viral as well as sent the city's mayor into a rare break with the powerful union, as she **passionately begged** them to get back into the classroom. In years to come, books will be written, papers delivered at academic conferences— all centered upon the high cost of **not returning** to in-person education during the pandemic. By contrast, the **Wall St. Journal** published an op-ed by Bill McGurn highlighting the **Catholic school system** and its response to the pandemic. Initially, the pandemic's economic toll in part caused 107 schools to close in 2020, but when the delay of opening the public schools became widely known, enrollments **rebounded**. (+ 5.5% here in the Archdiocese!)

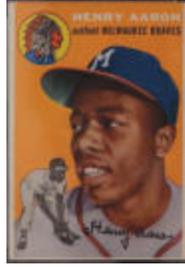
In his piece, the author noted, "in 1997 then-Sen. Biden did declare on the floor that the plight of children 'presently caught in a failed public school' was leading him to **rethink his opposition** to vouchers. Perhaps now, with so many public-school systems leaving their students in the lurch, would be a good moment for another reconsideration." While not holding my breath on that count, it illustrates that the Catholic schools are "**hitting it out of the park**" this year, while also keeping kids **safe and healthy**. They have made accommodations— detailed and expensive ones— to ensure compliance with CDC guidelines, yet haven't missed a beat in providing quality, faith-based education. For Catholic school teachers, it is a **passion**. While able to command higher salaries elsewhere, they remain committed to passing along the faith.

I have been praying— a lot in fact— about my **Lenten almsgiving**. I keep these commitments private, but not this year, and all because of some little **pieces of cardboard**, measuring 3.5 x 2.5 in. that I keep in a box. You see, shortly after the great **Hank Aaron** died at age 86 on January 22, an idea popped into my head— "If you wish to be perfect, go, sell what you have and give to [the] poor, and you will have treasure in heaven." (Mt. 19:21) Aaron was a legend and a boyhood hero. While **Jackie Robinson** broke the color barrier with his debut in 1947 (the 75th anniversary is next spring), Aaron was arguably the game's biggest star. Both men **suffered** on account of their **skin color**. Here's one letter Aaron received in 1973: "You are not going to break his record established by the great Babe Ruth if I can help it. Whites are far more superior than [*slur*]...my gun is watching your every black move." How pathetic— imagine dealing with this!

Growing up in **Mobile, Alabama**, Aaron's life story was steeped in **racial segregation**. He had to be assigned a bodyguard as he neared Ruth's record. I watched that game on **April 8, 1974**, marveling that I was witnessing sports history. The season had just begun— he had ended 1973 with 713 HR. He belted a 4th inning pitch off of Dodger's pitcher Al Downing (who is infamous for his role!) Aaron was the last player from the old "Negro" League to also compete in the majors. He still holds the record as the all-time leader with **2,297** Runs Batted In (**RBI**). In my book, he still holds the record for **home runs at 755**. I refuse to recognize Barry Bonds record. **Robinson and Aaron**— giants of the game and civil rights icons, not by choice, but by necessity. Aaron's death caused me to dig out my early 1970's baseball card collection, mostly dormant, though I added a few key cards as an adult. Still, Jesus' words in Mt. 19:21 resonate in my heart.

After prayer and seeing how card values have increased, I am **liquidating my card collection** and **donating 100% of the auction proceeds** to the

Aim Higher Foundation. (visit their [website here](#)) AHF is providing \$1000 scholarships to nearly 2000 students in the Archdiocese this year! The value of my collection is largely due to two purchases of Robinson and Aaron **rookie cards**, always more valuable. The Aaron Card (1954 Topps #128) is professionally graded (scale of 1 to 10) as Excellent (PSA 5); the Robinson (Leaf 1948) as Very Good (PSA 4), making them **desirable cards** for collectors— and investors! I am hoping there may be individuals who would appreciate owning the cards, knowing that their purchase is making a difference in families being able to attend Catholic grade schools. Maybe they will even bid up the items a little over the market value! Aim Higher has done a great job in helping families **bridge the gap** to enroll in these schools. I encourage you to visit their website to learn more. I will also auction these rookie cards: **Harmon Killebrew** (1955-PSA 5), **Tony Oliva** (1963-PSA 6), **Rod Carew** (1967-PSA 6) and Steelers QB **Terry Bradshaw** (PSA 7). Shhh, the 1971 Bradshaw was likely my brother's!



Lent begins this Wednesday. **Almsgiving** is a constitutive element of the season. This is a leap of faith. Humanly speaking, it will be **bittersweet** to part with childhood memories. Yet if more children can forge **new memories** and be formed as faithful Catholics— then, it's really **not much** of a **sacrifice** at all. If any of you have **vintage** baseball cards tucked away, might you **consider joining me**? I'd love to add a few cards, especially **rookie cards in excellent condition**. This auction will be linked from the AHF website. If anyone has an extra **Topps 1952 Mickey Mantle** (i.e. the most celebrated rookie card in the modern era), I'll gladly add it to the list! All joking aside, if you desire to **support** the cause, simply e-mail me at frubel@cathedralsaintpaul.org or Aim Higher President Jean Houghton at jhoughton@aimhigherfoundation.org and we can discuss options. Let us remember, there is great **joy in giving**, and you can't take it with you!

- The response to our invitation to prepare for a Consecration to St. Joseph was heartening. We have **additional books** available this weekend. Recall, it is a **33-day period** of preparation (15 mins per day) beginning **Monday February 15**, in which the 300-page Fr. Calloway book guides you step by step. It will culminate on March 19, the Solemnity of St. Joseph. Thanks for saying Yes!
- Cathedral parishioners have generously supported the **Catholic Services Appeal**. The CSA supports vital outreach beyond our parish. On Commitment Weekend, know of my gratitude!
- After twenty years at the helm, Supreme Knight Carl Anderson of the **Knights of Columbus** is retiring. Replacing him will be **Patrick Kelly**, who boasts both a military and diplomatic background. The fraternal organization was founded by Bl. Michael McGivney and has contributed so much to the Church.
- Ash Wednesday Mass Schedule: **7:00 a.m. | 12:00 Noon | 5:15 p.m.** (with schola); a deacon led Prayer Service with the distribution of ashes completes the day at **7:00 p.m.** Each Friday during Lent, **Stations of the Cross** will be offered at **5:30 p.m.** (note time change). Participants will remain in place as clergy leads the stations. Organ and cantor will accompany the stations musically.

Sincerely in Christ,

Fr. John L. Ubel,
Rector

STEWARDSHIP PROTOCOLS

Located at the **four main doors** (two on Selby Ave. and two on Dayton Ave.) you will find **gold colored metal** drop boxes. Please distribute your **Sunday Stewardship** envelopes or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

ENTRANCE/EXIT PROTOCOLS

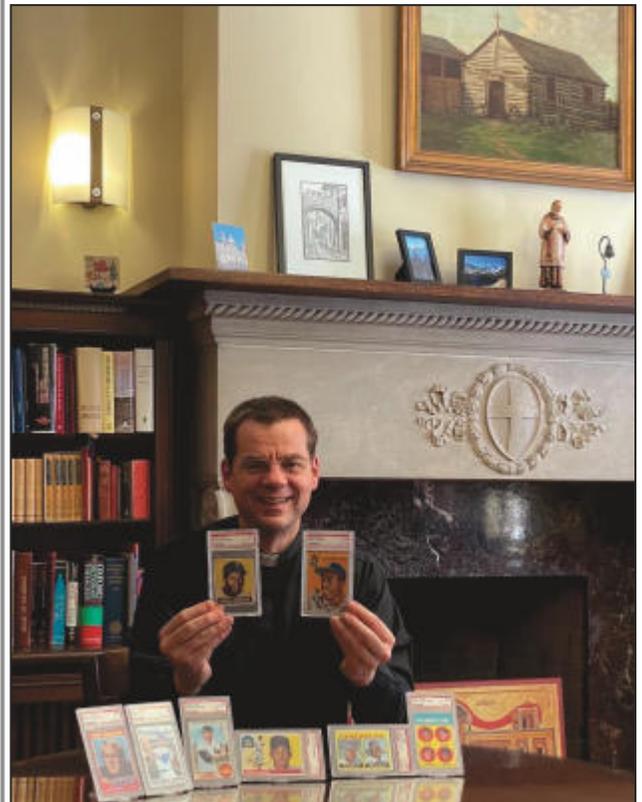
Doors are clearly marked and identified as either for **entrance** or as an **exit**.

The **upper Selby Ave. door** (by St. Peter Chapel) is an **Entrance**. Note: The handicapped may use this door in both directions. The **lower Selby Ave. door** is an **Exit only**. It is the one closest to the Bus Stop.

On the **Dayton Ave. side**, the upper Dayton Ave. **door nearest the Sacred Heart Chapel** is an Entrance, while the lower Dayton Ave. door is designated as an exit. The **main doors** at the back of the Narthex are designated, one as Entrance (nearest Selby Ave.) and the other as an Exit (nearest Dayton Ave.).

CLOTH FACE COVERINGS IN CHURCH

The Center for Disease Control (CDC) recommends all people 2 years of age and older wear a cloth face covering in public settings and when around people who don't live in your household. The emerging evidence from clinical studies shows that cloth face coverings reduce the spray of droplets when worn over the nose and mouth. COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of cloth face coverings is particularly important in settings where social distancing is difficult to maintain, such as in Church. **Doing this for others help keeps all safe and healthy.**



Going, going...GONE! Hitting a Home Run for Schools!

Fr. Ubel is pictured in his office holding his most treasured baseball cards. **All these cards will be auctioned next month** to benefit the Aim Higher Foundation, an organization that provides \$1000 tuition scholarships to children who attend Archdiocesan Catholic Grade Schools.

MASS INTENTIONS

Saturday - Sunday, February 13 - 14

5:15 p.m. Anne Nickoloff †
 8:00 a.m. Elaine Johnson †
 9:00 a.m. SVDP Campus ~ For the People
 10:00 a.m. Cathedral Parish ~ For the People
 12:00 p.m. James Gobely †
 5:00 p.m. Robert & Sarah Morgan

Monday, February 15

7:30 a.m. Kathrine Bryniarski †

Tuesday, February 16

7:30 a.m. Debbie Rasmussen Lindquist †

Wednesday, February 17

7:00 a.m. Doru Posteuca †
 12:00 p.m. Daniel Amann †
 5:15 p.m. Mike Gibbs †
 7:00 p.m. Prayer Service with Ashes

Thursday, February 18

7:30 a.m. Cathedral Benefactors

Friday, February 19

7:30 a.m. Ernest & Helen Gales



Readings for the week of February 14, 2021

Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]
 1 Cor 10:31 - 11:1/Mk 1:40-45
 Monday: Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17,
 20-21 [14a]/Mk 8:11-13
 Tuesday: Gn 6:5-8; 7:1-5, 10/Ps 29:1a and 2,
 3ac-4, 3b and 9c-10 [11b]/Mk 8:14-21
 Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and
 17 [cf. 3a]/2 Cor 5:20 - 6:2
 Mt 6:1-6, 16-18
 Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and
 6 [Ps 40:5a]/Lk 9:22-25
 Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]
 Mt 9:14-15
 Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]
 Lk 5:27-32
 Next Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]
 1 Pt 3:18-22/Mk 1:12-15



Observances for the week of February 14, 2021

Sunday: 6th Sunday in Ordinary Time;
 World Marriage Day; Valentine's Day
 Monday: Presidents' Day
 Tuesday: 6th Tuesday in Ordinary Time
 Wednesday: Ash Wednesday
 Thursday: Thursday after Ash Wednesday
 Friday: Friday after Ash Wednesday
 Saturday: Saturday after Ash Wednesday
 Next Sunday: 1st Sunday of Lent

©Lpi

CATHEDRAL NEWS

ATTENTION MEN! THAT MAN IS YOU SPRING SEMESTER

Join the men of **TMIY** (That Man Is YOU!) We meet virtually every Saturday morning. We start with fellowship at 7:15 a.m., a video presentation at 7:30 a.m. followed by small group discussion. We conclude by 8:30 a.m. We are in the Spring Semester of *The Fight of Faith*. Saturday, February 20, Steve Bollman, founder and developer of TMIY will be back with his second installment of his Lenten Course based on John's Gospel. His talk *The Thirst of Christ* explores desire; Jesus' desire to love us and bring us into communion with him and how our disordered desire interferes with communion. This year, our Lenten journey will be much more Scriptural than those of the past; it is recommended (not required) that you have a Bible available during the meeting, an RSV translation if possible. All men are welcome; you need not be a parishioner, nor do you need to have participated previously. Invite a friend! There is no cost to participate and no obligation to continue. Contact Paul Diekmann at prdiekmann@gmail.com or Ryan Strozyk at ryanstrozyk@gmail.com to sign up or if you have questions.

ONLINE GIVING - EFT

We are grateful for your support of the Cathedral of Saint Paul. Online Giving allows you to make contributions to the parish without writing checks or worrying about cash. Selecting the **DONATE** button at www.cathedralsaintpaul.org lets you set up automatic recurring contributions using your credit card or bank card. You can still place your Sunday envelope in the basket at church, just check that you are donating by using EFT. We have had **1,211** new onetime or new repeating contribution signups between **April 8** through **February 6**! Thank you! Please email msnyder@cathedralsaintpaul.org with any questions about online giving

CATHOLIC SERVICES APPEAL

The Cathedral is truly a most generous parish, meeting its annual CSA goal each year. This year's goal is \$72,098. If we are able to exceed that goal again this year, we will receive 50% of all dollars in excess of the parish goal. Those funds would directly benefit our programs here at the parish. This year's CSA Appeal will be conducted at all weekend Masses on February 13-14. Those live-streaming at home will see the video; those in church will hear the audio portion. The in-pew commitment process then follows. Please see the link in the parish bulletin for online giving. Thank you for your continued support. Fr. Ubel

Together in Hope


The Catholic Services Appeal Foundation is an independent foundation partnering with fellow Catholics to share Christ's love with neighbors in need through ministries that serve the poor, support life and strengthen the Faith.

Your gift brings hope.

 12,000 <small>PEOPLE PER WEEK RECEIVING FOOD, CLOTHING AND HYGIENE ITEMS</small>	 Thousands <small>RECEIVING LIFE-GIVING CARE FOR HOSPITAL CHARGES</small>	 28,000 <small>CATHOLIC SCHOOL STUDENTS BENEFITING FROM IN-PERSON LEARNING</small>	 635 <small>PEOPLE PROVIDED WITH HOUSING EMERGENCY SHELTER EACH MONTH</small>
 1,200 <small>HOT MEALS SERVED MONTHLY</small>	 33,000 <small>YOUNG PEOPLE BEING STRENGTHENED IN THE CATHOLIC FAITH</small>	 OVER 50 <small>FUTURE PRIESTS RECEIVING TUITION ASSISTANCE, ROOM AND BOARD</small>	 1,300 <small>WOMEN & FAMILIES PROVIDED WITH PRO-LIFE SUPPORT</small>

GIVECSAF.ORG  


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USING YOUR SMARTPHONE TO MAKE A DONATION:

1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU!

VOICES FROM THE ARCHIVES

John Ireland - Preacher

A noted preacher, Archbishop John Ireland won fame as a pulpit orator and filled the Cathedral with congregations that taxed the seating capacity. He was a much-sought-after preacher on great occasions throughout country. For many years he preached on the first Sunday of every month in his Cathedral. On the Sunday before Lent in 1908, he preached to the Cathedral congregation.

Penance is necessary always and everywhere. Lent, though not the only time set aside for the exercise, is especially set apart for it. Although Lenten regulations may vary from century to century and from country to country, the great duty of Christians is self-denial. Many Christians live as if self-denial for Christ's sake were an unnecessary burden. Welcome to them is every suggestion of indulgence, but full of discord is every warning again the broad and easy way. To some people the idea of subjecting themselves to the privation of things which are pleasant and to which they have a right, seems unnecessary and unreasonable. And yet that idea is as inseparable from the Christian religion as Christ himself is inseparable from it.

Mortification is repugnant; self-love and self-indulgence are the worst enemies of the soul. To abstain from food, to suppress one's appetites may be hard, but the difficulty of an ordinance is not an argument that Christ does not will it. Christ wills it. He bids his followers to bear their crosses. . . "He that will come after me let him deny himself, take his cross and follow me."

There is a close relation between mortification and perfection. Where there is self-denial, progress is made in the concerns of the soul. A Supreme Legislator, Christ laid down the great law of self-denial and empowered His church to attend to its enforcement. Faithfully and fearlessly has she fulfilled her mission. Down through the ages, the manner of complying with the law has been determined by the church.

Note: Marvin O'Connell wrote that "like most of his contemporaries—Catholic priests and protestant ministers—Ireland rarely spoke for less than an hour." ACSP.



CATHOLICS AT THE CAPITOL, APRIL 15 ON MISSION FOR LIFE AND DIGNITY!

There's no time more important than now to speak up for life and dignity. So join Catholics from across Minnesota for this year's **Catholics at the Capitol**, a special day of prayer, education, and advocacy in St. Paul.

Be formed in the faith, beginning the day with Mass at the Cathedral of St. Paul. Be informed on the issues, as we hear from inspiring speakers like international pro-life advocate Obianuju Ekeocha and Archbishop José Gomez, president of the U.S. Conference of Catholic Bishops and the archbishop of Los Angeles. And be sent on mission, joining a Eucharistic procession from the cathedral to the capitol before sharing your Catholic convictions with your elected officials.

The big day is April 15, but **registration is already open**. To learn more and secure your spot, visit catholicsatthecapitol.org. Together, we can protect life and dignity.

RITES

BAPTISM

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

MARRIAGE

Please join us in praying for all couples preparing for the sacrament of Matrimony.

FUNERAL/MEMORIAL MASS

Please remember in your prayers those who are in grief because of the loss of a loved one.

SACRAMENTAL PREPARATION

BAPTISM

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. Call Gail Wood at 651.357.1325.

MATRIMONY

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for **six months prior to requesting a wedding date**. For more information about wedding policies, call Gail Wood at 651.357.1325.



CATHEDRAL ONLINE GIFT STORE

Check out our new Cathedral Online Gift Store. It can be found on our webpage at www.cathedralsaintpaul.org. The Store offers a unique selection of religious and spiritual items. Shipping is available, as well as in-person pick-up by appointment. For inquiries about items in the main church Gift Kiosk or the Online Gift Store, feel free to call the Gift Store directly at 651.357.1320.

2021 LENTEN SCHEDULE

Ash Wednesday, February 17 | Lenten Season Begins

ASH WEDNESDAY SCHEDULE

- 6:30 a.m. Cathedral Opens
- 7:00 a.m. Mass with Distribution of Ashes
- 12:00 p.m. Mass with Distribution of Ashes
- 4:00 p.m. Confessions
- 5:15 p.m. Mass with Distribution of Ashes
- 7:00 p.m. Prayer Service with Distribution of Ashes

Ash Wednesday and Good Friday are the two days when Catholics ages 18-59 must fast. When we fast, we eat only one full meal and are permitted two additional snacks not to equal a full meal. Those whose health or work would be impaired by this rule are dispensed from this obligation. On those two days, as well as every Friday in Lent, all Catholics age 14 and older are to abstain from eating meat.

STATIONS OF THE CROSS

Please join us for **Stations of the Cross** in the Main Church at **5:30 p.m.** each Friday during Lent, **February 19 - March 26** and on **Good Friday, April 2 at Noon**.

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