

**CATHEDRAL OF SAINT PAUL**  
**NATIONAL SHRINE OF THE APOSTLE PAUL**  
239 Selby Avenue, Saint Paul, Minnesota 55102  
651.228.1766 | [www.cathedralsaintpaul.org](http://www.cathedralsaintpaul.org)

Rev. John L. Ubel, Rector  
Priests In Residence: Rev. Mark Pavlak & Rev. Joseph Bambenek  
Deacons Phil Stewart, Ron Schmitz & Nao Kao Yang

**ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS**

Most Rev. Bernard A. Hebda, Archbishop  
Most Rev. Andrew H. Cozzens, Auxiliary Bishop



# LITURGY GUIDE FOR THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

## THE INTRODUCTORY RITES

**HYMN** *Sung by Assembly:*

*Jesus, My Lord, My God, My All*

SWEET SACRAMENT

Jesus, my Lord, my God, my all!  
How can I love Thee as I ought?  
And how revere this wondrous gift,  
So far surpassing hope or thought?

**REFRAIN:**

Sweet Sacrament, we Thee adore!  
O make us love Thee more and more.  
O make us love Thee more and more.

Sound, then, His praises higher still,  
And come, ye angels, to our aid;  
For this is God, the very God  
Who hath both men and angels made! *Refrain.*

**INTROIT** (10:00 a.m.)

*Civabit eos*

*Gregorian Missal, Mode II*

Civabit eos ex adipe fruménti, allelúia: et de petra, melle saturávit eos, allelúia, allelúia, allelúia. *Ps.* Exsultáte Deo adiutóri nostro: iubilate Deo Iacob.

*Ps. 81: 17 & 2, 3, 11*

He fed them with the finest of wheat, alleluia; and with honey from the rock he satisfied them, alleluia, alleluia. *V.* Rejoice in honor of God our helper; shout for joy to the God of Jacob.

**GREETING**

**PENITENTIAL ACT**

*Confiteor*

**I** confess to almighty God  
and to you, my brothers and sisters  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*And striking the breast, say:*

*through my fault, through my fault, through my most grievous fault;*  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

**KYRIE** Lord, have mercy. Christ, have mercy. Lord, have mercy.

**GLORIA**

*Cantor and Assembly: Congregational Mass, John Lee*

*Schola: (10:00) Missa Lauda Sion, G. P. da Palestrina*



*Celebrant or Cantor:* Glory to God in the highest, \*

*Assembly:* and on earth peace to people of good will.

We praise you, we bless you, \* we adore you,  
we glorify you, we give you thanks \* for your great glory,  
Lord God, heav'nly King, \* O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son, \* Lord God, Lamb of  
God, Son of the Father,  
you take away the sins of the world, \* have mercy on us;  
you take away the sins of the world, \* receive our prayer;  
you are seated at the right hand of the Father, \* have mercy  
on us.

For you alone are the Holy One, you alone are the Lord, \*  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, \* in the glory of God the Father. Amen.

## THE LITURGY OF THE WORD

**FIRST READING**

*Exodus 24:3-8*

**W**hen Moses came to the people and related all the words and ordinances of the LORD, they all answered with one voice, "We will do everything that the LORD has told us." Moses then wrote down all the words of the LORD and, rising early the next day,

he erected at the foot of the mountain an altar and twelve pillars for the twelve tribes of Israel. Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the LORD, Moses took half of the blood and put it in large bowls; the other half he splashed on the altar. Taking the book of the covenant, he read it aloud to the people, who answered, "All that the LORD has said, we will heed and do." Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant that the LORD has made with you in accordance with all these words of his."

**RESPONSORIAL PSALM**

*The Grail, 1963*

*Psalm 116:12-13, 15-16, 17-18*

*A. Gregory Murray, OSB; Shirley Hill*

*ANTIPHON Cantor, then Assembly:*



How can I repay the LORD for his goodness to me?

The cup of salvation I will raise; I will call on the LORD name.  
O precious in the eyes of the LORD is the death of his faithful.

Your servant, LORD, your servant am I; you have loosened my bonds.

A thanksgiving sacrifice I make; I will call on the LORD's name.

My vows to the LORD I will fulfill before all his people. *Antiphon.*

**SECOND READING**

*Hebrews 9:11-15*

**B**rothers and sisters: When Christ came as high priest of the good things that have come to be, passing through the greater and more perfect tabernacle not made by hands, that is, not belonging to this creation, he entered once for all into the sanctuary, not with the blood of goats and calves but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls and the sprinkling of a heifer's ashes can sanctify those who are defiled so that their flesh is cleansed, how much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God.

For this reason he is mediator of a new covenant: since a death has taken place for deliverance from transgressions under the first covenant, those who are called may receive the promised eternal inheritance.

**SEQUENCE** (10:00 a.m.) *Lauda Sion Salvatorem, Gregorian Missal, Mode VII*

Lo! the angel's food is given To the pilgrim who has striven; see the children's bread from heaven, which on dogs may not be spent. Truth the ancient types fulfilling, Isaac bound, a victim willing, Paschal lamb, its lifeblood spilling, manna to the fathers sent. Very bread, good shepherd, tend us, Jesu, of your love befriend us, You refresh us, you defend us, Your eternal goodness send us In the land of life to see. You who all things can and know, Who on earth such food bestow, Grant us with your saints, though lowest, Where the heav'nly feast you show, Fellow heirs and guests to be. Amen. Alleluia.

**GOSPEL ACCLAMATION**

*Festival Alleluia, James Chepponis*

*Cantor, then Assembly:*



**GOSPEL** (*Assembly sings when greeting is chanted*) *Mark 14:12-16, 22-26*

**I**n the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus' disciples said to him, "Where do you want us to go and prepare for you to eat the

Passover?" He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, 'The Teacher says, "Where is my guest room where I may eat the Passover with my disciples?"' Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover. While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn, they went out to the Mount of Olives.

**HOMILY**

**PROFESSION OF FAITH**

*Nicene Creed*

**I** believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

*All bow while saying:*

*and by the Holy Spirit was incarnate of the Virgin Mary, and became man.*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**UNIVERSAL PRAYER**

*Assembly: Lord, hear our prayer.*

**THE LITURGY OF THE EUCHARIST**

**PREPARATION OF THE ALTAR AND GIFTS**

**HYMN** *Sung by Assembly:*

*Humbly We Adore Thee*

**ADORO TE DEVOTE**

Humbly we adore thee, Christ Redeemer King;

Thou art Lord of heaven, thou to whom we sing.

God, the Mighty, thou hast come, bearing gifts of grace;

Son of Adam still thou art: Savior of our race.

Christ, our God and Brother, hear our humble plea:

By this holy banquet keep us joined to thee.

Make us one in loving thee, one in mind and heart,

Till in heaven we are thine, nevermore to part.

**MOTET** (10:00) *Schola:*

*Laudate Dominum*

**Marcel Dupré**

Laudáte Dóminum, omnes gentes; laudáte eum, omnes pópuli.

Quóniam confirmáta est super nos misericórdia eius, et veritas

Dómini manet in aetérnum.

O praise the Lord, all ye nations: praise him, all ye people. For his merciful kindness is great toward us: and the truth of the Lord endureth for ever. Praise ye the Lord. *Ps 117: 1-2*

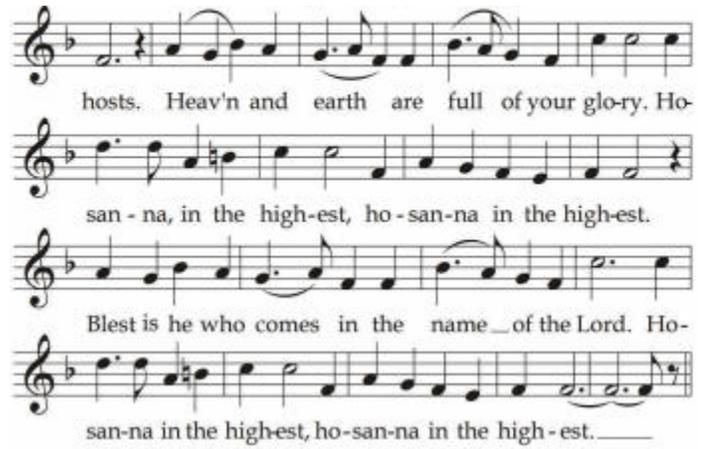
**SANCTUS**

*Assembly: A Community Mass, Richard Proulx*

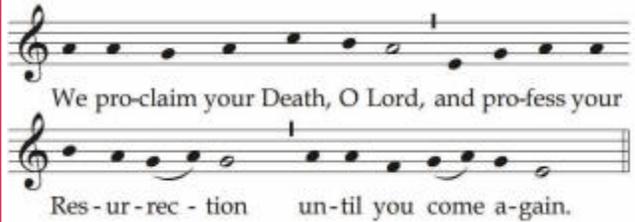
*Schola: (10:00) Missa Lauda Sion, G. P. da Palestrina*



Ho-ly, Ho-ly, Ho - ly Lord God of



**MEMORIAL ACCLAMATION** *Assembly:*

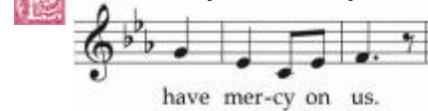


**AGNUS DEI**

*A Community Mass, Richard Proulx*

*Schola: (10:00) Missa Lauda Sion, G. P. da Palestrina*

**L**amb of God, you take away the sins of the world,



have mer-cy on us.

*Last time* Lamb of God, you take away the sins of the world,



grant us peace.

**ANTIPHON** *Cantor/Schola:*

*Qui manducat*

*Gregorian Missal, Mode VI*

Qui mandúcat carnem meam, et bibit sánguinem meum, in me manet, et ego in eo, dicit Dóminus.

He who eats my flesh and drinks my blood abides in me, and I in him, says the Lord. *Jn 6:57*

**MOTET** (10:00) *Schola:*

*Tantum ergo*

**Gaston Feremans**

**HYMN** *Sung by Assembly:*

*Holy God, We Praise Thy Name*

**GROSSER GOTT**

Holy God, we praise Thy name!

Lord of all, we bow before Thee;

All on earth Thy scepter claim,

All in heav'n above adore Thee;

Infinite Thy vast domain, Everlasting is Thy reign.

Infinite Thy vast domain, Everlasting is Thy reign.

Hark! the loud celestial hymn

Angel choirs above are raising;

Cherubim and Seraphim

In unceasing chorus praising,

Fill the heav'ns with sweet accord: Holy, holy, holy Lord!

Fill the heav'ns with sweet accord: Holy, holy, holy Lord!

Holy Father, Holy Son,

Holy Spirit, Three we name Thee,

While in essence only One,

Undivided God we claim Thee,

And adoring bend the knee, While we own the mystery.

And adoring bend the knee, While we own the mystery.

**SORTIE-POSTLUDE**

## CATHEDRAL HOURS

### CATHEDRAL - COVID-19 HOURS

Monday - Friday 7:15 to 8:15 a.m.

Sunday Church opens approx. 25 minutes before Mass  
Church Office is temporarily closed during Covid-19

### SUNDAY MASS

Anticipatory (Saturday) 5:15 p.m.

Sunday 8:00 a.m., 10:00 a.m., Noon, & 5:00 p.m.

### DAILY MASS - COVID-19 SCHEDULE

Monday - Friday 7:30 a.m.

### SACRAMENT OF RECONCILIATION

Monday - Friday 3:45 to 5:00 p.m.

Saturday 3:30 to 5:00 p.m.

### EUCCHARISTIC ADORATION

#### TEMPORARILY SUSPENDED DURING COVID-19

Tuesday 8:30 a.m. to 12:00 p.m.

Wednesday through Friday 8:30 a.m. to 4:00 p.m.

### ROSARY

#### TEMPORARILY SUSPENDED DURING COVID-19

Sundays at 11:15 a.m. in the Cana Chapel and at

6:00 p.m. in the Chapel of the Blessed Virgin

Weekdays at 4:40 p.m. in the Chapel of the Blessed Virgin

### OFFICE HOURS (RECTORY AT 239 SELBY AVENUE)

#### TEMPORARILY CLOSED DURING COVID-19

### WELCOME CENTER HOURS

Saturday 8:30 a.m. - 5:00 p.m.; Sunday 9:00 a.m. - 2:00 p.m.

### GUIDED TOURS

#### TEMPORARILY SUSPENDED DURING COVID-19

Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays).

### MUSEUM HOURS

#### TEMPORARILY SUSPENDED DURING COVID-19

Call the Cathedral at 651.228.1766 for hours of operation.

### VIRTUAL TOURS

Visit [www.stpaulcathedraltour.com](http://www.stpaulcathedraltour.com) for a mobile app tour and to virtually "walk through" the Cathedral.

### RADIO BROADCAST ON RELEVANT RADIO® 1330 AM

The 5:15 p.m. Saturday Mass is recorded and aired on

Relevant Radio 1330 AM Sundays: 9:00 a.m.

Weekday Masses are recorded and broadcast at 7:30 p.m.

Monday through Friday.

### SAINT VINCENT DE PAUL CAMPUS

Twin Cities Hmong Catholic Community

Located at 651 Virginia Street, Saint Paul

Sunday Mass (Hmong and English) 9:00 a.m.



## SUNDAY STEWARDSHIP

### CONTRIBUTIONS FOR MAY 23, 2021

Sunday Envelopes	\$	5,470.00
Member EFT	\$	10,199.34
Plate	\$	2,123.71
<b>Total Sunday Contributions</b>	<b>\$</b>	<b>17,793.05</b>
<b>Fuel Collection</b>	<b>\$</b>	<b>110.00</b>
Saint Vincent de Paul Campus	\$	1,919.00

## EMERGING OUT OF THE SHADOWS: SILVER LININGS AMIDST THE CLOUDS



A change is taking place— a change as noticeable as the full leaving of the trees on Summit Ave. People are emerging from the long and isolating pandemic. Following the recent unexpected CDC statement about face masks, I was eager to read the latest Executive Order regarding COVID-19 related issues from Gov. Walz. While the vast majority have grown weary of these protocols, we sought to cooperate for the sake of the **common good**. The most recent protocols reveal significant **progress**, and it is opportune to bring you up to speed on our plans both for the immediate future, as well as glancing towards the horizon. The **gold ropes** that have been a fixture in our Church for over a year have mostly **been** placed in storage. When we purchased them (I was not about to use yellow caution tape!), I hoped it would not be seen as a frivolous expense. I chose them because they looked dignified. I had no idea that they would **remain** in place for **14 months!**

Those gold ropes have provided the necessary spacing in our vast nave, and two sections remain as such for those who are more comfortable with spacing. First, we blocked off 2/3 of the pews, and more recently, every other pew. Your willingness to **cooperate** by spreading out on **both sides** of the Church has been extremely helpful. While it is more convenient to sit closer to the Selby Ave. exit and parking lot, it greatly assists **traffic flow** for Holy Communion when the faithful spread out more deliberately. Even more than that, it improves the priest's ability to preach when more of the faithful are located closer to the Sunday high pulpit! We can see you! Now, you may sit freely as you wish. At the same time, people who desire to space themselves as they are comfortable, are certainly being afforded that **option** given our vast interior.

There are **silver linings** resulting from these protocols. Most importantly, our Holy Communion etiquette has **improved** rather dramatically. While receiving Communion in the hand, we have been instructing all to hold their hands completely **flat**— not reaching for the host or too quickly consuming it before the one distributing has **removed** his or her hand— this has worked quite well. **Reception** of Communion is just that— an act of receiving, and **not** one of taking. Ideally, we place one hand over the other, forming if you will, a **mini-altar** upon which the sacred host is placed. Communicants receive immediately before returning to their pews. Another silver lining has been a more consistent Sunday **stewardship** based upon EFT, or electronic funds transfer. This provides a **regular stream** of stewardship income to the Church, even when you may not be able to be present on a given Sunday. I encourage you to maintain this practice— the financial **stability** this provides is as appreciated as it is needed.

As we emerge, other changes will be forthcoming. Based upon the science, the benefits of daily sanitizing the surface of the wooden pews is unclear, as was the protocol removing hymnals. Our Director of Sacred Music, Lawrence Lawyer, has done an outstanding job in **redesigning** the Liturgy Guide in the weekly bulletin to **include the readings**, in light of the absence of the hymnals. Straw poll? **Would you prefer** to keep the readings in the liturgy guide? Please, **let us know** your thoughts—many find it quite handy to have everything in **one place**. The cleaning has certainly taken a toll upon our century-old pews. For the Sacrament of Penance, for those who prefer to wipe down the surface of the confessional kneeler and screen before each use, **cleansing wipes** are available at each person's discretion. Let us respect each other's preferences with respect to wearing masks, cognizant that people have prudently arrived at a decision.

Some parish groups have resumed **in-person** meetings on a limited basis, and we are actively moving towards **opening the Church** for additional hours each day. For security purposes, when the church is open, it is important to have someone in the building. At some point this summer, we desire to **resume public tours**, which will positively impact staffing, providing a presence in the Church. We will proceed organically and incrementally as we move deeper into summer. We cannot remain closed in upon ourselves. Emerging from the pandemic will require a **realignment** of priorities and resources, preceded by an honest reflection upon how our parish operates. For example, most are now reaching out to us via e-mails to arrange Mass intentions. Today, 50% of my marriage prep sessions are via Zoom, convenient for busy couples and those living in different states due to school. Frankly, I see that trend continuing into the future.

We will be re-engaging the Archdiocesan Synod (more to follow in a future bulletin) and looking for the most efficient ways to serve our parishioners and visitors, while **realistically** assessing our capabilities. As the only priest assigned full-time, I do **not** envision the return of the 5:15 p.m. daily Mass. The pre-Socratic philosopher **Heraclitus** was credited with saying, “The only constant in life is change.” Though he said that **500 years** before the birth of Jesus, there is a great deal of truth in his words. I am not especially fond of change, in particular if done just for the sake of change. I like tradition! However, we **must adapt** to changing circumstances if we desire the venerable truths of our faith to remain relevant. This requires our parish operation to be nimble, welcoming and proactive as we look to a future filled with hope.

- Saint Thomas Academy Chaplain Fr. Mark Pavlak has been a most welcome presence in the rectory. He has accepted an invitation to live in housing on the school grounds. With numerous evening school events, the convenience factor is undeniable. Though he will not be able to assist as often moving forward, we remain grateful that he will **continue assisting** here on Sundays. What a **blessing** Fr. Pavlak is to our Cathedral parish!
- Pope Francis called on Catholics to pray for **Chinese Catholics** at his Pentecost Sunday Angelus address. He invites us to accompany the Christian faithful in China, “dearest brothers and sisters, whom I hold in the depth of my heart,” with “fervent prayer.” For some time, these pages have highlighted the plight, both of Catholics as well as the **Muslim Uighurs**. Religious liberty is imperiled.
- The murder of a University of St. Thomas student on the night before his graduation (School of engineering) was truly horrific. He was innocently caught in the crossfire in downtown Minneapolis, shot while **fleeing** a chaotic argument between two others, with whom he had no connection. Is it any wonder that people are avoiding downtown? Our **cities are in crisis**. That is not hyperbole—it is real.
- “Congratulations— you are a finalist in our drawing!” I had signed up at the State Fair Auto Show and the voicemail had me thinking I may have won something. Not so fast— as a “finalist,” I now have a **1 in 5000** chance of winning the national drawing for a new RV! Okay, thanks for calling. Of course, what would I do with an RV?
- Additional **ushers** and **EMHC’s** are needed—training is available to those expressing interest. Please prayerfully consider volunteering.

Sincerely in Christ,

Fr. John L. Ubel,  
Rector

## PROTOCOLS

### STEWARDSHIP PROTOCOLS

Located at the **four main doors** (two on Selby Ave. and two on Dayton Ave.) you will find **gold colored metal** drop boxes. Please distribute your **Sunday Stewardship** envelopes or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

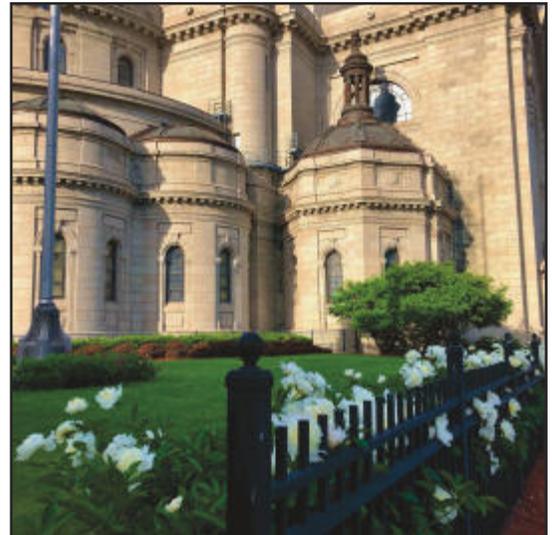
### ENTRANCE/EXIT PROTOCOLS

Doors are clearly marked and identified as either for **entrance** or as an **exit**.

The **upper Selby Ave. door** (by St. Peter Chapel) is an **Entrance**. Note: The handicapped may use this door in both directions. The **lower Selby Ave. door** is an **Exit only**. It is the one closest to the Bus Stop.

On the **Dayton Ave. side**, the upper Dayton Ave. **door nearest the Sacred Heart Chapel** is an Entrance, while the lower Dayton Ave. door is designated as an exit. The **main doors** at the back of the Narthex are designated, one as Entrance (nearest Selby Ave.) and the other as an Exit (nearest Dayton Ave.).

## ON THE COVER



The peony is significant both historically and mythologically, and thus is tied to many different meanings and symbols. Common peony meanings include romance, prosperity, good fortune, a happy marriage, riches, honor, and compassion — but peonies can also mean bashfulness. They are native to China. During the Sui and Tang dynasties, peonies were planted at the Imperial Palace— which gave them the symbolism that includes nobility, honor, and wealth.

The peony is the state flower of Indiana. It is also given for twelfth wedding anniversaries because the peony symbolizes honor, fortune, and a happy relationship. ~ FTD

## SAVE THE DATE

**Sunday, April 3, 2022 at 3:00 p.m.**

For a presentation of

“*Le Chemin de la Croix*,” (The Stations of the Cross) by  
Marcel Dupré, a musical meditation  
on each of the Stations.

**More details in the coming months.**

## MASS INTENTIONS

### Saturday & Sunday, June 5 - 6

#### Most Holy Body & Blood of Christ

- 5:15 p.m. Chris & Katie Johnson (A)  
 8:00 a.m. Cathedral Parish ~ For the People  
 9:00 a.m. SVDP Campus ~ For the People  
 10:00 a.m. Glen Flaherty †  
 12:00 p.m. Rev. Francis Hoffman  
 5:00 p.m. Paul Goch III †

### Monday, June 7

- 7:30 a.m. David Johnson

### Tuesday, June 8

- 7:30 a.m. Karen Miller

### Wednesday, June 9

- 7:30 a.m. Bernice Mullen †

### Thursday, June 10

- 7:30 a.m. Cathedral Benefactors

### Friday, June 11

- 7:30 a.m. Bruce Polsky



### Readings for the week of June 6, 2021

- Sunday: Ex 24:3-8/Ps 116:12-13, 15-16,  
 17-18 [13]/Heb 9:11-15/Mk 14:12-16,  
 22-26  
 Monday: 2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9 [9]  
 Mt 5:1-12  
 Tuesday: 2 Cor 1:18-22/Ps 119:129, 130, 131, 132,  
 133, 135 [135a]/Mt 5:13-16  
 Wednesday: 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9 [cf. 9c]  
 Mt 5:17-19  
 Thursday: 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10,  
 11-12, 13-14 [cf. 10b]/Mt 5:20-26  
 Friday: Hos 11:1, 3-4, 8c-9/Is 12:2-3, 4, 5-6 [3]  
 Eph 3:8-12, 14-19/Jn 19:31-37  
 Saturday: 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10,  
 11-12 [8a]/Lk 2:41-51  
 Next Sunday: Ez 17:22-24/Ps 92:2-3, 13-14,  
 15-16 [cf. 2a]/2 Cor 5:6-10/Mk 4:26-34



### Observances for the week of June 6, 2021

- Sunday: The Most Holy Body and Blood of Christ  
 Monday: 10th Monday in Ordinary Time  
 Tuesday: 10th Tuesday in Ordinary Time  
 Wednesday: St. Ephrem, Deacon and  
 Doctor of the Church  
 Thursday: 10th Thursday in Ordinary Time  
 Friday: The Most Sacred Heart of Jesus  
 Saturday: The Immaculate Heart of  
 the Blessed Virgin Mary  
 Next Sunday: 11th Sunday in Ordinary Time

Lpi

#### USING YOUR SMARTPHONE TO MAKE A DONATION:



1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU.

## CATHEDRAL NEWS

### ONLINE GIVING - EFT

We are grateful for your support of the Cathedral of Saint Paul. Online Giving allows you to make contributions to the parish without writing checks or worrying about cash. Select the **DONATE** button on the Cathedral website to set up automatic reoccurring contributions using your credit card or bank card. We have had **1,559** new onetime or new repeating contribution signups between April 8, 2020 through May 29, 2021! Please email [msnyder@cathedralsaintpaul.org](mailto:msnyder@cathedralsaintpaul.org) with any questions about online giving.

### LIVESTREAMING VOLUNTEERS NEEDED

The Cathedral is looking for additional volunteers to join our livestreaming team. You will be trained how to operate our camera system and stream Mass (volunteers needed for daily Mass and weekend Masses). Please contact Joe Fink at [JFink@cathedralsaintpaul.org](mailto:JFink@cathedralsaintpaul.org) if you are interested.



## BETHANY HOUSE SUMMER PROGRAMS

Bethany House is a place, set apart, with an environment of support and encouragement for Catholic women as they intentionally discern consecrated life. The women live in community, pray together, have meals together, host Religious Sisters and participate in a discernment book study during the program. For more information and to request an application, see [1000vocations.org](http://1000vocations.org). Bethany House is now accepting applications!

### Summer Program:

June 12 – August 7, 2021

### Bethany House Discernment Program:

August 29, 2021 – May 28, 2022

## ACTION ALERT: PASS SCHOOL CHOICE NOW

There are many options on the table to help parents access true educational choice for their kids. Whether it be tuition tax credits, education savings accounts, or any of the many solutions before them, tell your legislators and Governor Walz that Minnesota's kids need school choice and cannot wait any longer. Hear from Bishop Cozzens and learn more at [mncatholic.org/action-alert-pass-school-choice-now](http://mncatholic.org/action-alert-pass-school-choice-now).

## CUPPA JOE: 10 TALKS ON THE 10 WONDERS OF SAINT JOSEPH

Cuppa Joe continues on the first Tuesday of the month through December, at 4:00 p.m. Talks are posted on Facebook, YouTube and Instagram – and at [archspm.org/synod/stjoseph/](http://archspm.org/synod/stjoseph/). Events are virtual, with theologians presenting at the locations above. Learn more about these locations under Local Pilgrimages.

## VOICES FROM THE ARCHIVES

### **Pange lingua, gloriosi. . . .**

The Feast of Corpus Christi, the “Body of Christ,” is a liturgical solemnity celebrating the real presence of the body and blood of Jesus Christ, the Son of God, in the elements of the Eucharist—known as transubstantiation. Two months earlier, the Eucharist is observed on Maundy Thursday in a somber atmosphere leading to Good Friday. The liturgy on that day also commemorates Christ’s washing of the disciples’ feet, the institution of the priesthood and the agony in the Garden of Gethsemane. The feast of Corpus Christi was established to create a feast focused solely on the Holy Eucharist emphasizing the joy of the Eucharist being the body and blood of Jesus Christ.

The feast is liturgically celebrated on the Thursday after Trinity Sunday or, “where the Solemnity of The Most Holy Body and Blood of Christ is not a holy day of obligation, it is assigned to the Sunday after the Most Holy Trinity as its proper day.” In the liturgical reforms of 1969, under Pope Paul VI, the bishops of each nation have the option to transfer it to the following Sunday.

When Pope Pius V revised the General Roman Calendar, Corpus Christi was one of only two “feasts of devotion” that he kept, the other being Trinity Sunday. And Corpus Christi was celebrated on the Thursday after Trinity Sunday. In 1969, a separate Feast of the Most Precious Blood of Our Lord Jesus Christ was assigned originally to the first Sunday in July, later to the first day of the month. This feast was removed from the General Roman Calendar in 1969, “because the Most Precious Blood of Christ the Redeemer is already venerated in the solemnities of the Passion, of Corpus Christi and of the Sacred Heart of Jesus and in the feast of the Exaltation of the Holy Cross. But the Mass of the Most Precious Blood of Our Lord Jesus Christ is placed among the votive Masses” The feast of Corpus Christi is June 6. ACSP.

**Note:** Corpus Christi is a public holiday in some countries with a predominantly Catholic population including, among others, Austria, Argentina, Brazil, Bolivia, Israel, Germany, Grenada, Liechtenstein, Monaco, Paraguay, Peru, Poland, Portugal, Puerto Rico, San Marino, Spain, Switzerland, Saint Lucia, Trinidad and Tobago, and Venezuela. ACSP.



### **ACT OF CONSECRATION TO THE MOST SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY**

Most Sacred Heart of Jesus and Immaculate Heart of Mary, I consecrate myself and my whole family to You. I consecrate to You: my very being and my whole life...All that I am...All that I have...and all that I love. To You I give my body, my heart, and my soul. To You I dedicate my home and my country. Mindful of this consecration, I now promise You to live a Christian way of life by the practice of virtues. O Most Sacred Heart of Jesus and Immaculate Heart of Mary, accept this act of consecration, which I make out of pure love for You. Most Sacred Heart of Jesus, have mercy on me! Immaculate Heart of Mary, be my salvation! Jesus, meek and humble of heart, make my heart like unto Your merciful heart! Amen.

Excerpt from ~ shrineofdivinemercy.org

The feast days for the Most Sacred Heart of Jesus and the Immaculate Heart of Mary follow the Friday and Saturday respectively after Corpus Christi Sunday.

## RITES

### **BAPTISM**

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

### **MARRIAGE**

Please join us in praying for all couples preparing for the sacrament of Matrimony.

### **FUNERAL/MEMORIAL MASS**

Please remember in your prayers those who are in grief because of the loss of a loved one.

*Vincent Edward Ryan*

*Helen P. McGrath*

## SACRAMENTAL PREPARATION

### **BAPTISM**

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. Call Gail Wood at 651.357.1325.

### **FIRST RECONCILIATION/HOLY COMMUNION, AND CONFIRMATION**

Registered parishioners are encouraged to register for preparation for the sacraments. For more information regarding catechesis for children ages 3 through Confirmation, call Stephen Hilgendorf at 651.357.1340.

### **RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Curious about Catholicism? Considering becoming Catholic? RCIA, a process of learning and formation, is modeled on how people were brought into the Church in the first centuries. Visit [cathedralsaintpaul.org/rcia](http://cathedralsaintpaul.org/rcia) and call Stephen Hilgendorf at 651.357.1340.

### **MATRIMONY**

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for **six months prior to requesting a wedding date**. For more information about wedding policies, call Gail Wood at 651.357.1325.

## MASS INTENTIONS

Scripture and Tradition witness to the value of praying for those who have gone before us in faith. Both Catholic tradition and Church Law clearly acknowledge that it is a laudable practice for the faithful to make offerings in the form of Mass intentions. It has deliberately chosen the more precise term “offering” to clearly show that any offering given for the celebration of a Mass is to be freely given.

Each Mass offered here at the Cathedral is assigned an intention, most often for those who have died, though intentions are not limited to the deceased. It is especially recommended to remember deceased loved ones on the anniversary day of their death or their birthday. Generally speaking, Mass intentions ought to be for a single person. Common exceptions include a Mass offering for a couple’s 25th wedding anniversary, for example. You are encouraged to call the Cathedral office at 651.228.1766 in order to arrange intentions. Please note the names for whom the Mass Intention is offered are not announced at the Mass.

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