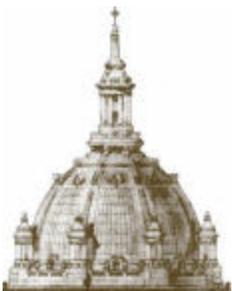


Feast Day - August 4



CATHEDRAL OF SAINT PAUL
NATIONAL SHRINE OF THE APOSTLE PAUL
239 Selby Avenue, Saint Paul, Minnesota 55102
651.228.1766 | www.cathedralsaintpaul.org

Rev. John L. Ubel, Rector
Sacramental Assistance: Rev. Joseph Bambenek & Rev. Mark Pavlak (Sundays)
Deacons Phil Stewart, Ron Schmitz & Nao Kao Yang

ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS

Most Rev. Bernard A. Hebda, Archbishop
Most Rev. Andrew H. Cozzens, Auxiliary Bishop



LITURGY GUIDE FOR THE EIGHTEENTH SUNDAY IN ORDINARY TIME

PHOTOGRAPHY — *The Cathedral welcomes all visitors to Mass today. We encourage those who wish to take photos of this sacred space to do so freely before and after Mass. Once the opening announcement is made, please refrain from taking photos and videos until Mass has concluded. Thank you for your understanding and cooperation.*

THE INTRODUCTORY RITES

OPENING HYMN

541

THAXTED

O God beyond All Praise

GREETING

Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.

Assembly: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. *(or similar greeting)*

Assembly: And with your spirit.

PENITENTIAL ACT

Confess to almighty God and to you, my brothers and sisters

that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

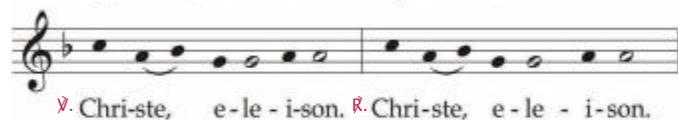
And striking the breast, say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Confiteor

KYRIE

Missa XVI



GLORIA

Cantor and Assembly: Congregational Mass, John Lee



Celebrant or Cantor: Glory to God in the *highest*, *

Assembly: and on earth peace to *people* of good will.

We praise you, we bless you, * we adore you, we glorify you, we give you thanks * for your great glory, Lord God, heav'nly King, * O God, almighty Father. Lord Jesus Christ, Only Begotten Son, * Lord God, Lamb of God, Son of the Father, you take away the sins of the world, * have mercy on us; you take away the sins of the world, * receive our prayer; you are seated at the right hand of the Father, * have mercy on us.

For you alone are the Holy One, you alone are the Lord, * you alone are the Most High, Jesus Christ, with the Holy Spirit, * in the glory of God the Father. Amen.

COLLECT (OPENING PRAYER)

Celebrant: ...God for ever and ever.

Assembly: Amen.

THE LITURGY OF THE WORD

FIRST READING

Exodus 16:2-4, 12-15

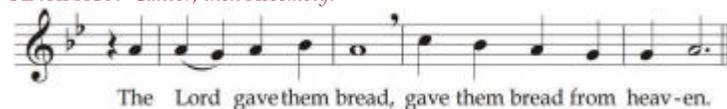
The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD'S hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!" Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. "I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God." In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evapo-rated, there on the surface of the desert were fine flakes like hoar-frost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

RESPONSORIAL PSALM

The Grail, 1963
Randolph Currie

Psalm 78:3-4, 23-24, 25, 54

ANTIPHON *Cantor, then Assembly:*



VERSES

Cantor
The things we have heard and understood,
the things our fathers have told us
these we will not hide from their children
but will tell them to the next generation:
the glories of the LORD and his might
and the marvelous deeds he has done.
Yet he commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven.
Mere men ate the bread of angels.
He sent them abundance of food.
So he brought them to his holy land,
to the mountain which his right hand has won. *Antiphon.*

SECOND READING

Ephesians 4:17, 20-24

Brothers and sisters:
I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

GOSPEL ACCLAMATION

Mode VI

Cantor, then Assembly:



One does not live on bread alone,
but by every word that comes forth from the mouth of God.

GOSPEL

John 6:24-35

Deacon: The Lord be with you.

Assembly: And with your spirit.

Deacon: A reading from the Holy Gospel according to John.

Assembly: Glory to you, O Lord.

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written:

He gave them bread from heaven to eat."

So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."

Deacon: The Gospel of the Lord.

Assembly: 
Praise to you, Lord Je-sus Christ.

HOMILY

PROFESSION OF FAITH

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

All bow while saying:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

Assembly: Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND GIFTS

HYMN

BICENTENNIAL

736

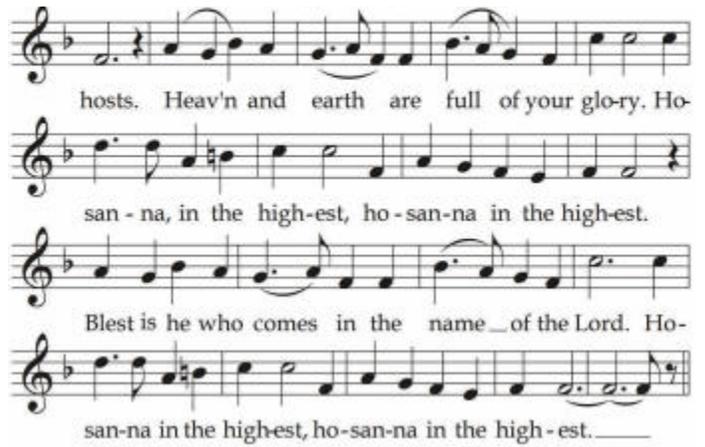
You Satisfy the Hungry Heart

SANCTUS **Assembly:**

A Community Mass, Richard Proulx



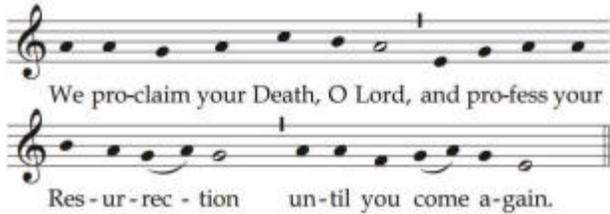
Ho-ly, Ho-ly, Ho-ly Lord God of



hosts. Heav'n and earth are full of your glo-ry. Ho-san-na, in the high-est, ho-san-na in the high-est. Blest is he who comes in the name of the Lord. Ho-san-na in the high-est, ho-san-na in the high-est.

MEMORIAL ACCLAMATION **Assembly:**

Roman Missal



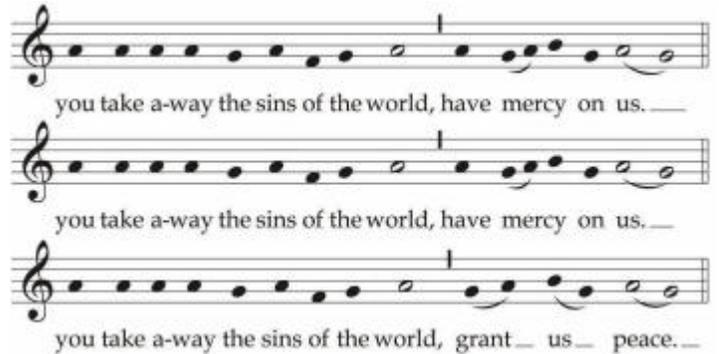
We pro-claim your Death, O Lord, and pro-fess your Res-ur-rec-tion un-til you come a-gain.

AGNUS DEI

Roman Missal

Cantor: Lamb of God, *three times*

Assembly, one line at a time:



you take a-way the sins of the world, have mercy on us. —
you take a-way the sins of the world, have mercy on us. —
you take a-way the sins of the world, grant us peace. —

HOLY COMMUNION

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Assembly: Lord, I am not worthy that you should enter under my roof, but only say the word, and my soul shall be healed.

ANTIPHON *Panem de caelo*

Gregorian Missal, Mode V

Panem de caelo dedisti nobis, Dómine, habéntem omne delectaméntum, et omnem sapórem suavítatis.

You gave us bread from heaven, O Lord, having in it all that is delicious, and the sweetness of every taste.

Wis 16:20

ANTIPHON *Tantum ergo*

Gaston Feremans

Tantum ergo Sacraméntum venerémur cernui: et antiqum documéntum novo cedat rítui: praestet fides suppleméntum sénsuum deféctui. Genitóri, Genitóque laus et iubilátio, salus, honor, virtus quoque sit et benedictio: procedénti ab utróque compar sit laudátio. Amen.

Hence so great a Sacrament let us venerate with heads bowed, and let the old practice give way to the new rite: let faith provide a supplement for the failure of the senses. To the Begetter and the Begotten, be praise and jubilation, hail, honor, virtue also, and blessing too: To the One proceeding from Both, let there be equal praise. Amen.

Saint Thomas Aquinas

CLOSING HYMN

DEUS TUORUM MILITUM

625

Now Let Us from This Table Rise

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CATHEDRAL HOURS

CHURCH HOURS

Monday - Friday: 7:00 - 5:00 p.m.

(Please enter through Selby Avenue side, handicap entrance)

Saturday: 12:00 p.m. - 6:00 p.m.

Sunday: 7:30 a.m. - 6:00 p.m.

SUNDAY MASS

Anticipatory (Saturday) 5:15 p.m.

Sunday 8:00 a.m. | 10:00 a.m. | Noon | 5:00 p.m.

DAILY MASS

Monday - Friday 7:30 a.m.

SACRAMENT OF RECONCILIATION

Monday - Friday 3:45 to 5:00 p.m.

Saturday 3:30 to 5:00 p.m.

OFFICE HOURS (RECTORY AT 239 SELBY AVENUE)

Monday - Friday: 8:30 a.m. to 5:00 p.m.

WELCOME CENTER HOURS

Sunday 9:00 a.m. - 2:00 p.m.

GUIDED TOURS

Offered Tuesday-Friday at 1:00 p.m. (except on holy days and national holidays).

MUSEUM HOURS

TEMPORARILY SUSPENDED

Call the Cathedral at 651.228.1766 for hours of operation.

VIRTUAL TOURS

Visit www.stpaulcathedraltour.com for a mobile app tour and to virtually "walk through" the Cathedral.

RADIO BROADCAST ON RELEVANT RADIO® 1330 AM

The 5:15 p.m. Saturday Mass is recorded and aired on

Relevant Radio 1330 AM Sundays: 9:00 a.m.

Weekday Masses are recorded and broadcast at 7:30 p.m.

Monday through Friday.

SAINT VINCENT DE PAUL CAMPUS

Twin Cities Hmong Catholic Community

Located at 651 Virginia Street, Saint Paul

Sunday Mass (Hmong and English) 9:00 a.m.



SUNDAY STEWARDSHIP

CONTRIBUTIONS FOR JULY 18, 2021

Sunday Envelopes	\$ 7,644.42
Member EFT	\$ 10,567.34
Plate	\$ 2,733.69
Total Sunday Contributions	\$ 20,945.45

Saint Vincent de Paul Campus	\$ n/a
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YEAR-END APPEAL CONTRIBUTIONS (ADDITIONAL)

Envelopes	\$ 100.00
Member EFT	\$ 0.00
Plate	\$ 0.00
Votives	\$ 25.00
Year-End Total	\$ 125.00

Thank you for your tremendous generosity!

"SOURCE AND SUMMIT": THE MASS AND CATHOLIC UNITY



"You can catch more flies with honey than vinegar." I recall hearing this proverb bantered around my family's home. My initial response was, "Why would I want to catch **any** flies?" Actually, flies are **more attracted** to vinegar, even though more easily **caught** with honey! Of course, all this misses the point! In seeking to accomplish something, **sweetness** is more effective than **acidity**, kindness more than harshness.

Admittedly an unusual introduction for a column, as it concerns a form of the Mass that represents only a small percentage of all Catholic Masses on any given Sunday— the traditional Mass, celebrated according to the 1962 Roman Missal. I wasn't even born when that Missal was promulgated, and yet 1962 remains a flashpoint amongst liturgists. Why? Because it was the **last edition** of the venerable Roman Missal (promulgated at the Council of Trent) **before** the liturgical reforms of Vatican II.

The U.S. Latin Mass Directory lists 657 churches/oratories in which the 1962 Missal is offered currently. According to a 2018 Pew Research Survey (my "go-to" survey folks), based on a figure of 17,000 U.S. parishes, approximately 3.8 % of all churches host a Traditional Latin Mass. (henceforth TLM) Since 32,242 priests currently serve in the U.S., thus, on any given Sunday just 2% of priests offer the TLM. The point is clear—by **sheer numbers**, it attracts a tiny percentage of the faithful. This is by no means a criticism. But by all accounts, the movement is **growing** and deserves our pastoral solicitude. A July 2021 survey of 82 parishes offering the TLM revealed on average a **34% increase in attendance** since 2019. Q: How many U.S. parishes could match that growth? A: **Very few!**

In 2007, while serving at Saint Agnes, Pope Benedict XVI issued *Summorum Pontificum*, expanding the availability of TLM. The parish had an established tradition of the Novus Ordo Latin at its principal Sunday Mass. I carefully studied SP and listened to the faithful. After a period of preparation, we began offering *both* forms on alternating Sundays. A pastor from Illinois whose parish offered **both forms** of the Latin Mass (1962 Missal and the "Novus Ordo,") related a story to me. A first-time **visitor** to his parish was absolutely transfixed by the beauty of the Mass— the Latin Gregorian chant, the *ad orientem* (priest facing in the same direction as the people) position during the Eucharistic Prayer, the precision of the altar servers, etc. He remarked, "Father, that was amazing...I do not think I will ever attend the Novus Ordo again." The pastor remarked: "I didn't have the heart to tell him that he just did!" To a novice, there is **little** discernable difference. To others, the **rubrical differences** are much clearer.

The particulars here are not as important as the observation that in its form, the Traditional Latin Mass has largely remained **unchanged for centuries**. Some find that its **silence** facilitates deeper contemplation, and the **sacrificial nature** of the Mass is evident in its gestures and prayers. The TLM has fierce advocates, a few of whom have not been at all **charitable** in their appraisal of the Church today or its leadership. It is a fair criticism that such attitudes are harmful, and Pope Francis named them directly. His accompanying Letter to the bishops referenced "**attitudes of many**" who attend it, noting a "comportment that contradicts communion and nurtures the **divisive tendency**, including a "rejection of the Church and her institutions" among those who frequent it. Many Catholics found these words hurtful— they deeply **love** the Church.

I take the pope's words quite seriously— as a priest, could I do otherwise? Still, my own experience in celebrating the 1962 Latin Mass—albeit somewhat limited—was **largely positive**. I detected neither divisiveness, nor

faulty ecclesiology amongst those who attended. While I experienced a degree of “competition” among relatively few who wanted only one or the other form, it was minimal. I stuck to my guns and continued to offer them on **alternating Sundays**— and intentionally so. If the two forms were to **mutually enrich** one another, as Pope Benedict XVI envisioned, I concluded that this arrangement **facilitated that goal**. Without sounding trite, the Mass is the Mass. It is the sacramental re-presentation of the sacrifice on Calvary. The Church’s Apostolic Faith is unchanged, though the rite differs. I fear that the letter’s tone has hindered its reception by the laity.

Most Catholics are unaware that religious orders had **distinctive** liturgical rites throughout history— and still do! Even if rarely used, the **Dominican Rite** originates from the 13th century, and is a liturgical “cousin” if you will, to the Traditional Latin Mass. The pope’s purpose in writing the letter was in order “to promote the **concord and unity** of the Church,” a most worthy **goal**. But I struggle— and mightily— to see how the divisions to which he alluded are not more pronounced in any number of parishes that regularly **flaunt** liturgical directives, and whose priests publicly call into question received doctrine and moral teaching from the pulpit. May Catholics attached to the 1962 Missal continue to demonstrate their **fidelity to the Pope**, striving towards that unity signified by the Eucharist, even as they express their heartfelt concerns. (To be continued)

- Pacelli’s List? Remember the film *Schindler’s List*? It showed how one man did all in his power to save Jews from being killed in the concentration camps. Well, as the **Pope Pius XII** Archives have been opened, researchers perusing no fewer than 2 million documents, have discovered case files for **2,800** Jews who had sought help from the Vatican. **Johan Ickx**, director of the Historical Archives of the Vatican Secretary of State noted that Vatican efforts were aimed at “at saving every individual human being, regardless of color or creed.”
- I am mindful that some parishioners prefer additional **social distancing** and may be uncomfortable receiving Holy Communion from someone who is also distributing to others on the tongue. Respectful of these wishes, the sections with the gold cords are spaced every other pew. Additionally, Holy Communion is offered there **in the hand** only. On the Dayton Ave. side, **only the first** few pews are designated for this, while on Selby Ave., the entire far section is marked.
- “Your baby has 0 % chance of survival.” That’s what the doctors told the Somerset, WI parents of newborn **Richard Hutchinson** in June of 2020. Well, he recently celebrated his first birthday, **defying all odds**. You see, the baby was born at **21 weeks of gestation** at the U of M Hospital, weighing just **12 ounces!** This earned him the distinction of being the world’s most premature baby to survive. Doctors and nurses at Mpls. Children’s Neonatal Intensive Care Units (NICU) were simply amazing. Life is precious!
- Newly ordained to the Priesthood, Fr. Stephen Hilgendorf began his new assignment in Omaha, NE. We wish him all the best— he’s already missed! However, I am excited to welcome **Jack Flaherty** to the Cathedral staff, in a new position as **Director of Evangelization and Faith Formation**. He will work primarily with RCIA and young adults. He looks forward to meeting the Cathedral parishioners soon.
- Information regarding Children’s Religious Education will be available in the bulletin and online next week. The classes begin Wednesday, September 15th. Registration information will be forthcoming.

Sincerely in Christ,

Fr. John L. Ubel,
Rector

PROTOCOLS

STEWARDSHIP PROTOCOLS

Located at the **four main doors** (two on Selby Ave. and two on Dayton Ave.) you will find **gold colored metal** drop boxes. Please distribute your **Sunday Stewardship** envelopes or cash in those slots, preferably before Mass. Otherwise, you may deposit them when leaving.

RECEPTION OF HOLY COMMUNION

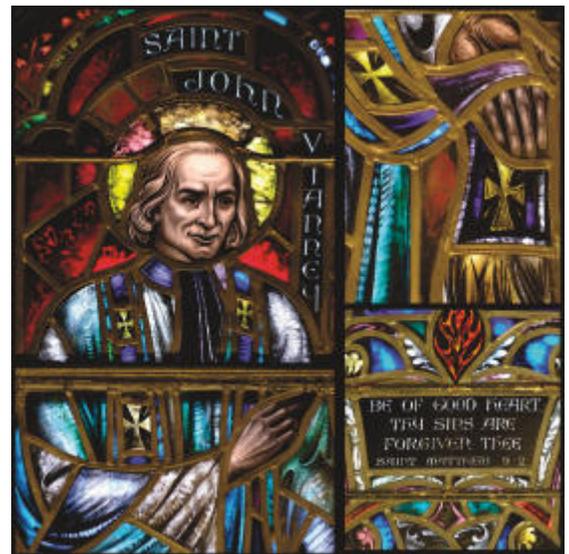
Holy Communion is distributed by individual sections of pews. Please wait until a Communion distributor arrives at your section before proceeding. We invite you to **consume the host immediately** upon reception.

Holy Communion in the Hand— extend your hands, one directly over the other, as the Sacred Host is deposited. If possible, **keep your hands flat** and **wait** until the priest/deacon/EMHC deposits the host before reaching for it. This will greatly minimize potential contact. Avoid holding your hands up too high, as it is more difficult to gently deposit a host.

Holy Communion on the Tongue— The entire **far section** on the Selby Ave. side and the **first front three pews** of a section near the high pulpit on the Dayton Ave. side have been marked with gold cords for extra spacing. Those sitting here may be assured that they will receive Holy Communion in the hand only. This is designated for those who prefer the extra spacing for hygienic and other reasons. EMHC’s will begin by distributing in these section prior to any others.

Fr. Ubel

ON THE COVER



This image of St. John Vianney is found in the stained glass in the first confessional window on the south side of the Cathedral. He is the patron of parish priests as well as the secondary patron of the Cathedral of Saint Paul and the Archdiocese. The Saint John Vianney College Seminary on the University of Saint Thomas campus is the largest college seminary for the preparation of Catholic priests in the United States.

The feast of Saint John Vianney is August 4.

MASS INTENTIONS

Saturday & Sunday, July 31 - August 1

5:15 p.m. John & Fran Lamey (A)
 8:00 a.m. Steve Wendt †
 9:00 a.m. SVDP Campus ~ For the People
 10:00 a.m. Cathedral Parish ~ For the People
 12:00 p.m. Gale & Liz Carder
 5:00 p.m. For the Poor Souls in Purgatory

Monday, August 2

7:30 a.m. Kent Wheelock †

Tuesday, August 3

7:30 a.m. For the Poor Souls in Purgatory

Wednesday, August 4

7:30 a.m. Daniels Family

Thursday, August 5

7:30 a.m. Cathedral Benefactors

Friday, August 6

7:30 a.m. Rev. Martin Schlag



Readings for the week of August 1, 2021

Sunday: Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25,
 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35
 Monday: Nm 11:4b-15/Ps 81:12-13, 14-15,
 16-17 [2a]/Mt 14:13-21
 Tuesday: Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7,
 12-13 [cf. 3a]/Mt 14:22-36 or Mt 15:1-2,
 10-14
 Wednesday: Nm 13:1-2, 25—14:1, 26-29a, 34-35
 Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/
 Mt 15:21-28
 Thursday: Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]
 Mt 16:13-23
 Friday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6,
 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10
 Saturday: Dn 6:4-13/Ps 18: 28, 3-4, 47 and 51
 Mk 17:14-20
 Next Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]
 Eph 4:30—5:2/Jn 6:41-51



Observances for the week of August 1, 2021

Sunday: 18th Sunday in Ordinary Time
 Monday: St. Eusebius of Vercelli, Bishop;
 St. Peter Julian Eymard, Priest
 Tuesday: 18th Tuesday in Ordinary Time
 Wednesday: St. John Vianney, Priest
 Thursday: The Dedication of the
 Basilica of St. Mary Major
 Friday: The Transfiguration of the Lord
 Saturday: St. Sixtus II, Pope, and Companions,
 Martyrs; St. Cajetan, Priest; BVM
 Next Sunday: 19th Sunday in Ordinary Time

Lpi

CATHEDRAL NEWS

CONCERT ON OUR FRONT STEPS: THURSDAY, 6:30 P.M.

This Thursday, August 5 at 6:30 p.m., the University of Minnesota Alumni Summer Band will present a concert on the front steps of the Cathedral. Directed by Roy Pienaar, we warmly welcome them back having missed last year due to the pandemic. With over 60 instruments, the band plays favorites as well as new pieces that stir the heart. If you wish, bring a picnic, the kids, the dog, and a blanket or lawn chairs for this always-fun event overlooking the city. Freewill offering.

THE CATHEDRAL ADULT CHOIR RETURNS!

After being shut down since March 2020 due to the pandemic, the Cathedral Choir is looking forward to debuting on **Sunday, October 10th**. The first rehearsal of the season will be **Wednesday, September 8th**, from **7:00 p.m. until 9:00 p.m.** Rehearsals will continue on Wednesdays until June of 2022. The choir sings weekly at the **10:00 a.m. Mass** until the Solemnity of Corpus Christi, as well as at liturgies during Christmas, Holy Week, and at major Archdiocesan liturgies. This is a particularly opportune time to welcome new members to the Cathedral Choir. Please contact Dr. Chris Ganza, cganza@cathedralsaintpaul.org, for more information. Our **sincere hope** is to resume a **Cathedral Children's Choir** in September of **2022**, as the focus this next year is on the return of the adult choir.

MUSEUM VOLUNTEERS NEEDED

We are presently looking for volunteers to greet visitors in the Cathedral Museum. If you love **history**, and would like to be a **welcoming presence**, please contact tour_information@cathedralsaintpaul.org for additional information.

THE 2021 CATHEDRAL HABITAT FOR HUMANITY PROJECT PLEASE, PLEASE, PLEASE VOLUNTEER

For more than a decade, Cathedral members have volunteered with other area church members in the Habitat for Humanity "Faith Builder's" Program. We are building Habitat housing for eligible families. We now seek volunteers during the week of August 9 (Monday) through August 13 (Friday). You can volunteer for one day or multiple days. The work day runs from 8:30 a.m. to 3:30 p.m. You do not have to be an expert carpenter to volunteer. In fact all skill levels are welcome. We have professional staff on hand to teach you. You, family members and friends will learn and have fun. This year's project is located at 397 Maryland Ave W in Saint Paul. Visit <http://faithbuilders.tchabitat.volunteerhub.com/> to volunteer. If you have questions please contact our Cathedral Habitat volunteer coordinator Steve Russell at 651.226.9730.

WE ALL SCREAM FOR ICE CREAM!

In honor of the Solemnity of the Assumption, we will host an Ice Cream Social in the back courtyard **following the Sunday, August 15 10:00 a.m. Mass**. We'll have an ice cream truck for the kids and a few lawn games. Information and sign up sheets about the Archdiocesan Synod Small Groups will be available at all Masses that weekend.

USING YOUR SMARTPHONE TO MAKE A DONATION:



1. SCAN THIS QR CODE WITH YOUR PHONE.
2. OPEN THE SECURE LINK.
3. FOLLOW THE PROMPTS.
4. THANK YOU.

VOICES FROM THE ARCHIVES

John Vianney, the priest “who could do no harm.”

John Vianney was born in 1786, in the French town of Dardilly, France and was baptized the same day. His parents, Matthieu and Marie Vianney had six children, of whom John was the fourth. The Vianneys were devout Catholics who helped the poor. Vianney’s paternal grandparents once gave hospitality to St. Benedict Joseph Labre, the patron saint of the homeless, who passed through Dardilly on his pilgrimage to Rome in 1770.

By 1790, the anticlerical phase of the French Revolution forced many loyal priests to hide from the regime in order to carry out the sacraments in their parish. Even though to do so had been declared illegal, the Vianneys traveled to distant farms to attend Masses celebrated by priests on the run. Realizing that such priests risked their lives day by day, Vianney began to look upon them as heroes. He received his First Communion catechism instructions in a private home from two nuns whose communities had been dissolved during the Revolution. He made his First Communion at the age of 13 in a neighbor’s kitchen; during the Mass, the windows were covered so that the light of the candles could not be seen from the outside. His practice of the faith continued in secret, especially during his preparation for confirmation.

The Catholic Church was re-established in France in 1802 by Napoleon Bonaparte, resulting in religious peace throughout the country. Vianney was concerned about his future vocation and longed for an education. He was twenty when he left the farm to be taught at a “presbytery-school” in the neighboring village of Écully. The school taught arithmetic, history, geography and Latin. Vianney struggled with school, especially with Latin, since his past education had been interrupted by the French Revolution. Only because of Vianney’s deepest desire to be a priest—did he persevere. He was sent to Ars, a small poor village by the bishop who claimed, “He could do no harm there.” It was at Ars that Father John Vianney began his dedication to hearing confessions, sometimes spending twelve hours a day in the confessional. In the Cathedral of Saint Paul, St. John Vianney is imaged in the first confessional window on the south side of the Cathedral. He is the primary patron of priests and the secondary patron of the Cathedral of St. Paul and of the Archdiocese. The feast of Saint John Vianney is August 4.

Note: A first class relic—and St. John Vianney’s clerical collar are available for veneration in the Founders Chapel. ACSP.



PAPAL PRAYER INTENTION FOR AUGUST

Intention for evangelization:

Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

RITES

BAPTISM

We welcome those who have been newly baptized. Please pray for them as they continue to grow in Christ.

Siena Barker

MARRIAGE

Please join us in praying for all couples preparing for the sacrament of Matrimony.

Quinn Charles Bongers

Abby Jean Kowitz

Martin John Paul Gianotti

Maria Lenore Choals

FUNERAL/MEMORIAL MASS

Please remember in your prayers those who are in grief because of the loss of a loved one.

SACRAMENTAL PREPARATION

BAPTISM

The sacrament of Baptism is celebrated for our parishioners on Sundays after the Noon Mass. Parents must attend a preparation class. For more information, please contact the parish office at 651.228.1766.

FIRST RECONCILIATION/HOLY COMMUNION, AND CONFIRMATION

Registered parishioners are encouraged to register for preparation for the sacraments. For more information regarding catechesis for children ages 3 through Confirmation, please contact the parish office at 651.228.1766.

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Curious about Catholicism? Considering becoming Catholic? RCIA, a process of learning and formation, is modeled on how people were brought into the Church in the first centuries. Please contact the parish office at 651.228.1766 for more information. Visit cathedralsaintpaul.org/rcia.

MATRIMONY

To be married at the Cathedral of Saint Paul, one or both persons of the engaged couple must be an active, registered Cathedral parishioner for **six months prior to requesting a wedding date**. For information about wedding policies, contact the parish office at 651.228.1766.



NINE FIRST FRIDAYS DEVOTION

Looking to add an ingredient to your spiritual life this summer? Consider the **Nine First Fridays**. When our Lord appeared to St. Margaret Mary Alacoque, a French Visitation nun, he asked her to spread Devotion to the Sacred Heart. Part of that devotion consists in receiving Holy Communion on the first Friday of each month for a period of nine months, in order to receive the grace of final penitence. The Church grants a Plenary indulgence for each First Friday observed by meeting the following conditions: going to **Confession**, attending **Mass**, receiving **Communion** and **Praying** for the intentions of the Holy Father.

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