# SACRED HEART CATHOLIC CHURCH
WEST DES MOINES

## *LOVE in the Heart of Christ*
## *Sacred Heart Parish Service Day!*

*Saturday, November 13th*
*10 am - 4 pm*

*To register as a volunteer or to request help with a project, check out the inside pages or visit:*

WWW.SACREDHEARTWDM.ORG/LOVE

## WEEK OF OCTOBER 24, 2021

**DAILY MASS**
8 am (Monday - Friday)

**WEEKEND MASS SCHEDULE (MISAS)**
**Saturday**
4 pm

**Sunday**
9 am
11 am
1 pm (en español)
5 pm

**RECONCILIATION *(RECONCILIACIÓN)***

**Saturday**
2:30 pm—3:30 pm
Reconciliation Room in the Gathering Space

**ADORATION *(HORA SANTA)***
First Tuesday of Every Month
*primer martes de cada mes*
Following 8 am Mass

Healing Service and Benediction
*Servicio de Sanación y Bendición*
6 pm

**OFFICE HOURS *(HORAS DE OFICINA)***
Monday — Friday *(de lunes a viernes)*
8 am — 3:30 pm

1627 Grand Avenue
West Des Moines, Iowa 50265

Parish Office (*oficina*) (515) 225-6414
Sacred Heart School (*escuela*) (515) 223-1284

**www.facebook.com/SacredHeartWDM/**
**www.sacredheartwdm.org**

# WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. We invite you to become involved as an Active Apostle at Sacred Heart Parish!

# BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registración. También se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en español, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. También ofrecemos el programa de RICA para los quienes desean convertirse a la fe católica o los quienes necesitan terminar sus sacramentos de iniciación. ¡Los invitamos a participar como Apóstoles Activos en la Parroquia de Sacred Heart!

# SACRED HEART PARISH CONTACTS

**FR. CHRIS HARTSHORN, PASTOR**
chris.hartshorn@sacredheartwdm.org

**FR. LITTO THOMAS, ASSOCIATE PASTOR**
litto.thomas@sacredheartwdm.org

**Rev. Mr. Ed Garza,** Deacon

**Rev. Mr. Ron Myers**, Deacon

**SACRED HEART MINISTRY STAFF**

**Joan Miller**, Becoming Catholic Director
joan.miller@sacredheartwdm.org

**Leah Mohlman,** Minister of Music and Liturgy
leah.mohlman@sacredheartwdm.org

**Sue Reichart**, Adult Faith Ministry Director
sue.reichart@sacredheartwdm.org

**Sarah Kelly**, Youth Ministry Director
sarah.kelly@sacredheartwdm.org

**Chris Corrice**, Family Formation Director
chris.corrice@sacredheartwdm.org

**Kayla Richer**, Family Formation Director
kayla.richer@sacredheartwdm.org

**Karla Vaquerano Willis**, Hispanic Ministry Director
karla.willis@sacredheartwdm.org (515) 225-0546

**SACRED HEART SCHOOL STAFF**

**Scott Ehlinger**, Principal
scott.ehlinger@sacredheartwdm.org

**Susan Battani**, Vice Principal
susan.battani@sacredheartwdm.org

## PLEASE PRAY FOR
## *POR FAVOR ORE POR*

Joe Cimino
Andy Crouse
Joanie DeWitt
Viola Dubay
Vicki Ferin
Florence Fligg
Tony Giorgio
Ella Harkin
Mary Ann Hilderbrand
Ali Lasell
Tim Murano
Cora Newcomb
Steph Salana
Colleen Salazar
Gabe Savala
Olivia Steffensmeier
Lori Tiffaney
Lyle Veach
Anne Marie Wilkinson
Abby Woodson
Heather and Mary

*Please let us know of if you would like us to pray for you.*
*Please call the office at 515-225-6414.*
*Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad. Comuníquese con Karla.*

## Divine Renovation at Sacred Heart

### VISION OF OUR CATHOLIC COMMUNITY OF SACRED HEART:

**Sharing the Good News of God's Love through Active Apostleship**

## THROUGH THE WATERS OF BAPTISM,

**Vanessa Lopez**
*Daughter of Jose Lopez & Genoveva Rios*

**Abigail Rodriguez**
*daughter of David & Adriana Rodriguez*

### WE WELCOME YOU TO SACRED HEART!

## OUR DEEPEST SYMPATHY AND PRAYERS TO THE FAMILIES OF THE FOLLOWING…

**Joyce Amber**
**Sister in-law of parishioner Glenn & Elaine Amber**

**Jack Ochylski**
**Brother of parishioner Dan Ochylski**

### …GOD GRANT THEM ETERNAL REST

## SACRED HEART MASS INTENTIONS

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| *24* | *25* | *26* | *27* | *28* | *29* | *30* |
| 9:00 am Mass<br>Mass Intention:<br>Charles Koch<br><br>11:00 am Mass<br>Mass Intention:<br>Teresa Kordick<br><br>1:00 pm Mass<br>(En Español)<br>Mass Intention:<br>SH Parishioners<br><br>5:00 pm Mass<br>Mass Intention:<br>Gregory Rocha | 7:30 am<br>Parish Rosary<br><br>8:00 am Mass<br>Mass Intention:<br>Karen Hesser<br><br>6:30 pm<br>Parish Rosary | 7:30 am<br>Parish Rosary<br><br>8:00 am Mass<br>Mass Intention:<br>Joanne Weis &<br>Lana Gossman | 7:30 am<br>Parish Rosary<br><br>8:00 am Mass<br>Mass Intention:<br>Karen<br>Cavanaugh<br><br>8:30 am<br>Parish Prayer<br>Group<br>*Drop in. All are welcome* | 7:30 am<br>Parish Rosary<br><br>8:00 am Mass<br>Mass Intention:<br>Donald Signor | 7:30 am<br>Parish Rosary<br><br>8:00 am Mass<br>Mass Intention:<br>Neil Wright | 2:30 pm-3:30 pm<br>Reconciliation<br>Gathering Space<br>Reconciliation<br>Room<br><br>4:00 pm Mass<br>Mass Intention:<br>SH Parishioners |

Come One!

Come All!

**To the 2021 Sacred Heart**

# Trunk or Treat!

- Place: SHS parking lot
- Date: Thursday, October 28th
- Time: 5:30-7:00
- Bring your favorite Trick or Treat bag, box, or bucket and WALK THROUGH the parking lot collecting your loot!!
- Parking space will be available at the Mercy Clinic east of the SHS parking lot.

## ACTIVE APOSTLE SHOUT OUT!

***Carlos Penn and Lillian Tekwe***

If you attend 9:00 Mass we know you will recognize this week's Active Apostles as they often usher. Carlos Penn & Lillian Tekwe joined our parish two years ago from Cameroon, Africa. As they entered our country one of their first thoughts was finding a church community. Carlos has recently become a Knight and Lillian is an assistant catechist in our Family Formation Program. Outside of these activities you will always see a joyful smile and notice their joyful hearts when they greet you. Our Lady of Guadalupe has played a significant role in their safe arrival to America. Be sure to introduce yourselves to this special family the next time you see them. If you have more time, ask them to share their story as it is one of great faith.

***Apóstol Activo: Carlos Penn y Lillian Tekwe***

*Si asiste a la Misa de las 9:00, sabemos que reconocerá a los Apóstoles Activos de esta semana, ya que a menudo los acompañan. Carlos Penn y Lillian Tekwe se unieron a nuestra parroquia hace 2 años desde Camerún, África. Cuando entraron a nuestro país, uno de sus primeros pensamientos fue encontrar una comunidad eclesiástica. Carlos se ha convertido recientemente en Caballero y Lillian es catequista asistente en nuestro Programa de Formación Familiar. Fuera de estas actividades, siempre verás una sonrisa alegre y notarás sus corazones alegres cuando te saludan. Nuestra Señora de Guadalupe ha jugado un papel importante en su llegada segura a América. Asegúrese de presentarse a esta familia especial la próxima vez que los vea. Si tiene más tiempo, pídales que compartan su historia, ya que es de gran fe.*

# SIX DATES FOR CATHOLIC COUPLES

**Saturday, November 6th at 5 PM**

(More Dates Coming 2022)

Enrich your Catholic Marriage:

Join us in the Our Lady of Guadalupe Room after the 4 PM Mass for appetizers, prayer, and a brief DVD Presentation.

Registration:
sue.reichart@sacredheartwdm.org

***Babysitting Available!!***

## St. Vinnie's Corner

Many musical artists have covered the song, "Lean on Me" by Bill Withers. This song has a wonderful message of helping those in their time of need, because everyone needs help from time to time.

*"We all have pain*
*We all have sorrow,*
*But if we are wise*
*We know that there's always tomorrow*
*Lean on me*
*When you're not strong and I'll be your friend*
*I'll help you carry on...*
*For it won't be long*
*Till I'm gonna need somebody to lean on*
*Please swallow your pride*
*If I have things you need to borrow*
*For no one can fill*
*Those of your needs that you won't let show*
*You just call on me brother when you need a hand*
*We all need somebody to lean on".*

**St. Vincent de Paul is here for those in need. Please contact and lean on us through the Parish Office so we can give you a hand.**

## Knights of Columbus Update

After a year off the Knights will again be selling Thanksgiving holiday pies next month! More information will be available in early November.

## Mary's Helping Hands

Mary's Helping Hands will be collecting maternity clothing, baby clothing and nursery items on **Wednesday, November 10th at Sacred Heart**. Please drop off items after school dismissal in the front church parking lot. There will be volunteers ready to help unload at **2:30 pm**! If you have questions or know an expecting mother in need of support, please visit, **www.maryshelpinghandsiowa.org** for more information.

## Why is it called Stephen Ministry?

In the book of Acts, chapter 6, Stephen was chosen to provide caring ministry to those in need. Since the time of the Apostles', caring ministry has been considered a hallmark of the Christian faith community. Stephen Ministry is here at Sacred Heart for those in need. Please contact Deacon Ed Garza @ 515-249-7946 or Tamara Garza @ 515-681-5103 if you have any questions about Stephen Ministry.

## Holy Land Trip - Only a few spots left!

There are only 5 or 6 spots left for this trip of a lifetime to the Holy Land on September 13 - 22, 2022! Please register soon to save your spot on this trip with Fr. Chris! Pleae contact Fr. Chris at **chris.hartshorn@sacredheartwdm.org** for more information.

## Women's Guild Updates

**Thank You for Casseroles**

Thanks to all those who prepared casseroles for the Family Violence Center in October. In all, we were able to donate approximately 80 casseroles last weekend to these families in need.

**Catholic Worker House Meal**

For those who've signed up to donate items for the Catholic Worker House meal on Saturday, Oct. 30, please drop those off by noon in the labeled box in the parish center kitchen next to the microwave.

**Winter Wearables Drive**

Please join the Guild in the last weekend of our annual collection to help keep others warm this winter. We are seeking hats, mittens/gloves, scarves and new this year, winter coats and boots. Drop off donations in the bins in the gathering area by Monday morning, October 25. Donations will be dispersed in our parish and through West Des Moines Human Services and Catholic Charities, especially for new refugees and immigrants. All sizes for children and adults are welcomed. Please ensure all donated items are in good, clean condition.

**Save the Dates**

- **November 9, 2021:** Make Jesse Tree Ornaments & Write Welcome Notes to New Parishioners
- **December 4 & 5:** Annual Bake Sale Fundraiser to Support Parish Ministries/Nonprofits
- **December 13:** Guild & Knights Advent Party
- **January 11, 2022:** Decorate Valentines for Nursing Home Residents & Shut-Ins
- **Feb. 8, 2022:** TBD
- **April 12, 2022:** May Blessing Bags for Sacred Heart Teachers & Staff
- **May 10, 2022:** Spring Salad Supper & Focus on the Blessed Mother

### Women's Guild Registration

My Name:_____

Please return this form along with a $20 payable to Sacred Heart Women's Guild to:

Checks to:

Kathy Hatlie, 1208 57th Place, West Des Moines, IA 50266 or Women's Guild mail slot near parish office.

New this year:

Pay via venmo at SHGUILD with the last four phone digits of 6451.

_____ Please accept my contribution as a member to help serve guild service projects.

Guild members over the age of 80 pay no dues.

_____ (I prefer not to be an active member at this time, but wish to support your good work.)

Name:

Address:_____

City/zip:_____

Phone:

Email_____

## Celebrate the gift of the Sacrament of Marriage with the Des Moines Diocese

Bishop Joensen will be celebrating three anniversary Masses this fall to pray with, bless and honor couples celebrating milestone anniversaries. Certificates of blessing and reserved seating is available for couples celebrating 1, 10, 25 and 50+ years of marriage. A light reception will follow the Mass.

Times and Locations:

- Saturday, October 30th, 4 PM at St. Ambrose Cathedral, Des Moines, IA
- Sunday, November 7th, 11:30 AM at St. Anne Catholic Church, Logan, IA
- Saturday, November 13th, 5 PM at St. Mary Catholic Church, Red Oak, IA

To register call Catholic Gearhart at 515-237-5004 or email her at **cgearhart@dmdiocese.org**

## *¡La Diócesis de Des Moines le invita a celebrar el regalo del Sacramento de Matrimonio!*

*El Obispo Joensen estará celebrando tres Misas de aniversario esta temporada de otoño para orar, bendecir, y honrar a las parejas que celebran aniversario importante. Se reservarán asientos y habrá certificados de bendición para las parejas que celebran 1, 10, 25, 50 o más años de matrimonio. Habrá una pequeña recepción después de la Misa.*

*Hora y Lugar:*

*Sábado 30 de octubre a las 4:00 PM en la Catedral de San Ambrosio en Des Moines, IA*

*Domingo 7 de noviembre a las 11:30 AM en St. Anne Catholic Church, Logan, IA*

*Sábado 13 de noviembre a las 5:00 PM en St. Mary Catholic Church, Red Oak, IA*

*Para registrarse llame a Mayra Moriel de Banuelos al 515-237-5011 o envíe un correo electrónico a mmoriel@dmdiocese.org*

## SHS Trunk or Treat Night!

The Sacred Heart School Trunk or Treat will be held on Thursday, October 28 from 5:30 pm - 7:00 pm! Bring your favorite Trick or Treat bag and walk through the parking lot to collect your loot! Parking available at the Mercy Clinic east of SHS.

## Six Dates for Catholic Couples

Enrich your Catholic marriage! Join us in the Our Lady of Guadalupe Room after 4 pm Mass for appetizers, prayer, and a brief presentation on **Saturday, November 6th**. To register, please email **sue.reichart@sacredheartwdm.org**. Babysitting available!

## Announcing THE HOLY FAMILY Christmas Gala on November 20th!

Iowans for LIFE will host their 11th annual fundraising banquet on November 20th at the Hy-Vee Ron Pearson Conference Center in West Des Moines. This year's theme is THE HOLY FAMILY, featuring top musical talent, including Gina Gedler and Tony Valdez, backed by a 16 voice choir and orchestra. In addition, you will experience a fabulous meal, exciting auction, and hear a great pro-life talk by Msgr. Frank Chiodo. Tables of ten/$600; $65/seat. Order online today: **IowansforLIFE.org**.

## Freestore Looking for Used Furniture

The Freestore helps families start over by supplying gently used furniture and household goods to women who are transitioning from domestic abuse shelters with their children, veterans, young adults establishing themselves from shelter care, victims of sex trafficking and others who have experienced a trauma. They currently need gently used furniture, particularly dressers, small tables and Queen box springs. We have a warehouse and trucks so can pick up your items. If you have anything or want to help, please contact Cindy Steffen Mackey at 515-975-0342 to coordinate pick up or drop off for your items.

## Dowling Catholic High School Open House

Dowling Catholic High School is hosting its annual Open House for Prospective Students on **Sunday, November 7th from 11 a.m. - 2 p.m**. Families will tour the school, meet the teachers, moderators, and coaches and learn about tuition assistance. There are prizes to win and games to play! It's a fun day for the whole family! If you have any questions, please call **515-222-1025**.

## Job Opening for Administrative Assistant

St. Ambrose Cathedral is seeking to fill the position of Administrative Assistant for the parish offices. This full-time position works 30-35 hours per week during business hours, Monday through Friday, providing multi-department support. If you love to serve, have a cheerful disposition, and are organized and familiar with social media communications, we would like to talk with you. Please email cover letter and resume to Fr. Nipin Scaria at **frnipin@saintambrosecathedral.org**, or mail to 607 High Street, Des Moines, IA 50309. Download the job description at **saintambrosecathedral.org**.

## Christ Our Life 2022—Save the Date

The Christ Our Life Conference has announced that they will hold a Catholic Conference on September 24 and 25, 2022 at Wells Fargo Arena in Des Moines! Some featured guest speakers will include: Fr. John Riccardo, Matt Fradd, Keith Nester, Susan Tastone, and Patricia Sandoval. A live-streaming option will be available. More details to come!

## Remembering Our Loved Ones

November is the month in which we remember all of those who have gone before us. We ask you to consider participating in one or more of the following ways through our liturgical celebrations.

· **The Book of Remembrance** will be set out on a podium next to the baptistery for you to write in the name(s) of anyone you know who has died. It can be a family member, parishioner or friend. It does not have to be someone who passed away this past year.

· **A Shrine of Remembrance** - Parishioners may bring a framed picture (no larger than 5 x 7) of the deceased to the Parish Office, or set it on the shrine area by October 31. Please Label back of picture.

· **On Sunday, November 7th at the 5pm Mass**, a decorated candle representing each member of our parish community who has died this past year, will be processed forward and placed in front of the altar. Following the liturgy, the families of the deceased will be invited to take the candles home.

## *En Memoria*

*El mes de noviembre es el mes en que recordamos a todos quienes nos han precedido en muerte. Los invitamos a que nos acompañen en recordar a nuestros seres queridos, participando en una o más de las celebraciones litúrgicas que siguen.*

· ***Libro de los Difuntos:*** *El Libro de los Difuntos estará puesto en un podio a la par de la pila bautismal para que usted escriba los nombres de sus conocidos quienes hayan fallecido. Puede ser un miembro de familia, parroquiano, o amigo. No es necesario que hayan fallecido este año.*

· ***Ofrenda:*** *Parroquianos pueden traer una foto de su difunto para la ofrenda que se pondrá en frente del altar. Es necesario traer la foto en un cuadro. Pedimos que el cuadro no sea más de 5x7 pulgadas de tamaño para darle chance a todos los quienes quieren participar. Se puede entregar el cuadro en la oficina de la parroquia o lo puedes colocar directamente en la ofrenda antes del 31 de octubre. Favor de poner una etiqueta en la parte de atrás del cuadro con su nombre, número de teléfono y su dirección de casa.*

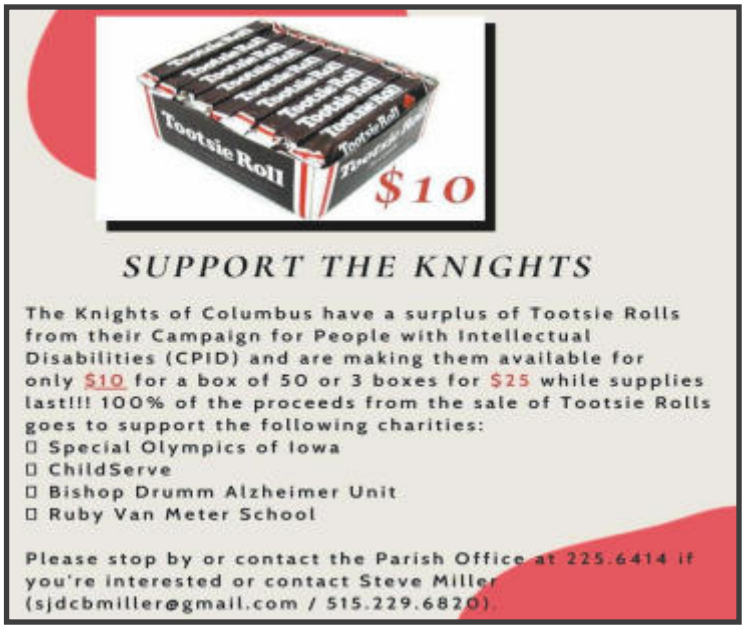
· ***Misa de las 5pm, domingo 7 de noviembre:*** *Esta Misa especial será celebrada con las intenciones para los difuntos del último año de nuestra parroquia. Se celebra en inglés.*

· ***Misa el 2 de noviembre celebrando el Dia de los Muertos, 6:30pm:*** *Esta Misa especial será celebrada con las intenciones para los difuntos de nuestras familias parroquianas. Nombramos los difuntos durante las peticiones. Es necesario estar presente en la Misa para tener una intención. Nombres están apuntados 30 minutos antes de la Misa. Se celebra en español.*

**Monday, November 1st**

**Lunes 1 de noviembre**

8:00 am Mass
9:30 am Mass (School Mass)
5:30 pm Mass
7:00 pm Mass (en español)



WWW.SACREDHEARTWDM.ORG/LOVE

## LOVE in the Heart of Christ

Sábado, 13 de noviembre de 2021 – 10:00 am – 4:00 pm

**REGISTRO DE VOLUNTARIOS**

Nombre: _____

Dirección: _____

Ciudad: _____ Teléfono: _____

Puedo Ayudar Con:

____ Trabajos en el jardín ____ Reparación en Casa

____ Limpieza de ventanas ____ Limpieza de canales (gutters)

____ Otros

¡Estoy dispuesto a ser líder de equipo

____ Sí! ¡Inscríbeme para liderar un equipo de voluntarios!

*Un líder de equipo será nuestro principal punto de contacto y ayudará a contactar a su equipo el* jueves 11 de noviembre *para asegurarse de que todos sepan dónde reunirse. El líder del equipo también ayudará a garantizar que tengan las herramientas adecuadas para el trabajo o se comunicará conmigo para obtener las herramientas o el apoyo necesarios.*

Colocar en Canasta de ofrendas en la iglesia.

Inscribirte en Línea disponible:

www.sacredheartwdm.org/love

**¿Preguntas?**

Por favor llamar o enviar texto, Dorothy (ingles) al 309-339-2345 o Jessie (español) al 515-783-5752

## LOVE In the Heart of Christ

Sábado, 13 de noviembre de 2021 – 10:00 am – 4:00 pm

**SOLICITUD DE PROYECTO**

Nombre: _____

Dirección: _____

Ciudad: _____ Teléfono: _____

¿Como puedes ayudar afuera?

____ Trabajos en el jardín ____ Reparación en Casa

____ Limpieza de ventanas ____ Limpieza de canales (gutters)

____ Otros

Favor Describir:

_____

_____

Colocar En Canasta De Ofrendas En La Iglesia.

Inscribirte En Línea Disponible:

Https://sacredheartwdm.org/love-en-espanol

**¿Preguntas?**

Por Favor Llamar O Enviar Texto, Dorothy (Ingles) Al 309-339-2345

O Jessie (Español) Al 515-783-5752

SACRED HEART CATHOLIC

PARISH SERVICE DAY

# LOVE in the Heart of Christ

NOVEMBER 13, 2021
10 AM - 4 PM

## LOVE in the Heart of Christ

Saturday, November 13 - 10:00 am - 4:00 pm

### VOLUNTEER REGISTRATION

Name: _____

Address: _____

City: _____ Phone #: _____

Email: _____

How would you like to help?

___ Yard Work
___ Window Washing
___ Other
___ Home Repairs
___ Gutter Cleaning

Family Members/Friends who I would also like to register:

_____

_____

___ *I would like to be a Team Leader**

___ *I have a truck*

**A Team Leader will be our main point of contact and will help contact their team Thursday, November 11th to ensure everyone knows where to meet. Team Leaders will also help ensure they have the right tools for the job or will reach to get the tools/support needed.*

*- Please place your completed volunteer registration in collection basket at church.*

- Online sign-up is available at: www.sacredheartwdm.org/love

**Questions?** Please call or text Dorothy Lange at 309-339-2345
en español contactar a Jessie 515-783-5752

## LOVE in the Heart of Christ

Saturday, November 13 - 10:00 am - 4:00 pm

### PROJECT REQUEST

Name: _____

Address: _____

City: _____ Phone #: _____

Email: _____

How can we help you?

___ Yard Work
___ Window Washing
___ Other
___ Home Repairs
___ Gutter Cleaning

Please describe: _____

_____

_____

*Please place your completed project request in collection basket at church.*

Online sign-up is available at:
www.sacredheartwdm.org/love

**Questions?**
Please call or text Dorothy Lange at 309-339-2345
en español contactar a Jessie 515-783-5752

PLEASE JOIN US FOR ANOTHER VERY SPECIAL

# HAPPY HOUR

**Monday Oct. 25th Sacred Heart Church**
**& Tuesday Oct. 26th at St Augustin Church**
Limited seating starts at 6:30. Talk begins at 7:00

INCREDIBLE INSPIRATION OF **PATRIOTISM & LOYALTY** TO BE AN AMERICAN THAT WE ALL NEED TO HEAR RIGHT NOW.

# THE POWER OF FORGIVENESS

## An evening with Captain Guy Gruters

Sharing how God helped him survive his experience as 5 YEAR P.O.W.

*Could your faith help you survive 5 years in prison camp with daily torture and extreme adverse conditions?*

**CAPTAIN GUY GRUTERS** shares his personal story of how his faith in God and forgiveness saved his life. He is the recipient of the Purple Heart, Bronze Star medal and the Distinguished Flying Cross Award as a United States Air Force Officer and Pilot. Don't miss this unforgettable opportunity to hear his story of the triumph of faith over extreme adversity that will inspire us all.

**For more information contact:**
MaryJo Harty at maryjoharty@icloud.com or Heidi Grace at heidigrace8@gmail.com

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*The Catholic Foundation of Southwest Iowa and Sacred Heart Parish have partnered to offer:*

# Wills & Planned Giving Seminar

This seminar will provide a FREE Catholic perspective on estate planning.

## Sacred Heart Parish Hall, Our Lady of Guadalupe Room

| October 19 | October 26, |
|---|---|
| After 8 am Mass | 6:30 pm |
| *Co-presented with Sacred Heart Parishioner & CFSWIA Board Member, Bryan Boesen.* | *Co-presented with Sacred Heart Parishioner & CFSWIA Board Member, Nancy Anstoetter.* |
| *Please RSVP by October 15th.* | *Please RSVP by October 22nd.* |

## Session overview:

- Planned Giving
- Bequests
- General Estate Planning
- Q & A

**To learn more, join us! To RSVP, call the parish office at (515)225-6414.**

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# SOULCORE

BODY MIND SOUL

A PRAYER EXPERIENCE THAT COMBINES THE ROSARY WITH CORE STRENGTHENING, STRETCHING AND MOVEMENT

## SOULCORE CLASSES

WEDNESDAYS 9 AM - OUR LADY OF GUADALUPE ROOM
OCTOBER 13, 20 & 27
NOVEMBER 3, 10 &17

THURSDAYS 6:30 PM - OUR LADY OF GUADALUPE ROOM
OCTOBER 14, 21 & 28
NOVEMBER 4 & 18 - (NO CLASS ON NOVEMBER 11)

CONTACT MARY ANNE & MARK CONWAY WITH QUESTIONS.
MCONWAY@COPPER.NET HOME PHONE 515-225-7246

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# Annual Mass for the Blessing of Musicians

Sunday,
November 21, 2021
at 3:00pm

St. Ambrose Cathedral
611 High Street
Des Moines, IA

Reception to follow
in the Pastoral Center

## All are welcome!

Sponsored by the Des Moines Diocese Chapter of the National Association of Pastoral Musicians

NPM facebook.com/npmdsm
desmoinesia@npm.org

West Bank
515-222-2300 | Member FDIC
westbankstrong.com

Divine Word College Seminary
*Educating Tomorrow's Catholic Missionaries*
www.dwci.edu
You will make a difference!
Help share God's Word all over the world with your gift today!
To help our students contact Mark Singsank
563-876-0097 or singsank@dwci.edu
102 Jacoby Dr. SW, Epworth, Iowa

IOWA Soft Water
AQUA SYSTEMS
515.224.2129
TJ Riley, Owner
tj@iasoftwater.com | ilovemywater.com

Des Moines' only Catholic-owned and operated funeral home.
Mark Parrish
John Parrish
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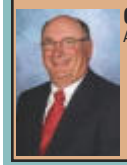

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