



Sacred Heart Catholic

# DIVINE RENOVATION

*Vision of our Catholic Community  
at Sacred Heart*

SHARING THE GOOD NEWS  
OF GOD'S LOVE THROUGH  
ACTIVE APOSTLESHIP

## WEEK OF JANUARY 9, 2022

### DAILY MASS

8 am (Monday - Friday)

### WEEKEND MASS SCHEDULE (MISAS)

#### **Saturday**

4:30 pm

#### **Sunday**

7:30 am

9:30 am

11:30 am

1 pm (en español)

### RECONCILIATION (RECONCILIACIÓN)

#### **Saturday**

3:00 pm—4:00 pm

Reconciliation Room in the Gathering Space

### ADORATION (HORA SANTA)

First Tuesday of Every Month

*primer martes de cada mes*

Following 8 am Mass

Healing Service and Benediction

*Servicio de Sanación y Bendición*

6 pm

### OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 5:30 pm

Tuesday/martes 7:30 am - 5:30 pm

Wednesday/miércoles 7:30 am - 6:30 pm

Thursday/jueves 7:30 am - 5:30 pm

Friday/viernes 7:30 am - noon

1627 Grand Avenue

West Des Moines, Iowa 50265

Parish Office (*oficina*) (515) 225-6414

Sacred Heart School (*escuela*) (515) 223-1284

[www.facebook.com/SacredHeartWDM/](https://www.facebook.com/SacredHeartWDM/)

[www.sacredheartwdm.org](http://www.sacredheartwdm.org)

## The Baptism OF THE LORD

EL BAUTISMO DEL SEÑOR

"I am baptizing you with water, but one mightier than I is coming. I am not worthy to loosen the thongs of his sandals. He will baptize you with the Holy Spirit and fire." - Lk 3:16bc

"Yo bautizo con agua, pero ya viene otro más poderoso que yo, a quien no merezco desatarle las correas de sus sandalias. El los bautizará con el Espíritu Santo y con fuego". - Lc 3, 16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
Leccionario I © 1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

# WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. [We invite you to become involved as an Active Apostle at Sacred Heart Parish!](#)

# BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registraci3n. Tambi3n se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en espa3ol, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. Tambi3n ofrecemos el programa de RICA para los quienes desean convertirse a la fe cat3lica o los quienes necesitan terminar sus sacramentos de iniciaci3n. [¡Los invitamos a participar como Ap3stoles Activos en la Parroquia de Sacred Heart!](#)

## SACRED HEART PARISH CONTACTS



**FR. CHRIS HARTSHORN,  
PASTOR**  
chris.hartshorn@sacredheartwdm.org



**FR. LITTO THOMAS,  
ASSOCIATE PASTOR**  
litto.thomas@sacredheartwdm.org

**Rev. Mr. Ed Garza,** Deacon

**Rev. Mr. Ron Myers,** Deacon

### SACRED HEART MINISTRY STAFF

**Joan Miller,** Becoming Catholic Director  
joan.miller@sacredheartwdm.org

**Leah Mohlman,** Minister of Music and Liturgy  
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**Sue Reichart,** Adult Faith Ministry Director  
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**Sarah Kelly,** Youth Ministry Director  
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**Chris Corrice,** Family Formation Director  
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**Kayla Richer,** Family Formation Director  
kayla.richer@sacredheartwdm.org

**M3nica Meredith,** Hispanic Ministry Director  
monica.meredith@sacredheartwdm.org

### SACRED HEART SCHOOL STAFF

**Scott Ehlinger,** Principal  
scott.ehlinger@sacredheartwdm.org

**Susan Battani,** Vice Principal  
susan.battani@sacredheartwdm.org

**PLEASE PRAY FOR**  
***POR FAVOR ORE POR***

|                      |                      |
|----------------------|----------------------|
| Joe Cimino           | Cora Newcomb         |
| Andy Crouse          | Pete Peterschmidt    |
| Joanie DeWitt        | Paul Roth            |
| Viola Dubay          | Steph Salana         |
| Vicki Ferin          | Colleen Salazar      |
| Florence Fligg       | Gabe Savala          |
| Rhonda Gammell       | Olivia Steffensmeier |
| Tony Giorgio         | Michele Thompson     |
| Ella Harkin          | Lori Tiffany         |
| Mary Ann Hilderbrand | Lyle Veach           |
| Ali Lasell           | Anne Marie Wilkinson |
| Brooks Mack          | Abby Woodson         |
| Shannon Moses        | Heather and Mary     |

*Please let us know of if you would like us to pray for you.*

*Please call the office at 515-225-6414.*

*Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad.*

**THROUGH THE WATERS OF BAPTISM,**

**Mae Pick**

*Daughter of Andrew & Kara Pick*

**Zella Pick**

*Daughter of Andrew & Kara Pick*

**Bo Stogner**

*Son of Damonte & Andrea Stogner*

**WE WELCOME YOU TO SACRED HEART!**

**OUR DEEPEST SYMPATHY AND PRAYERS  
FOR THE FAMILIES OF THE FOLLOWING...**

**Dwight Hahn**

*Father of Parishioner Brian Hahn*

**David Wright**

*Uncle of Parishioner Andrew Wright*

**MAY GOD GRANT THEM ETERNAL REST.**

**SACRED HEART MASS INTENTIONS**

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|--|--|---|---|--|--|---|
| 9  | 10   | 11  | 12  | 13   | 14   | 15  |
| <b>7:30 am Mass</b><br>Mass Intention:<br>Casey Conner<br><br><b>9:30 am Mass</b><br>Mass Intention:<br>Deceased<br>Members of the<br>Halterman/Wolff<br>Family<br><br><b>11:30 am Mass</b><br>Mass Intention:<br>Marion Thomas<br><br><b>1:00 pm Mass</b><br>Mass Intention:<br>SH Parishioners | <b>7:30 am</b><br>Parish Rosary<br><br><b>8:00 am Mass</b><br>Mass Intention:<br>Joan<br>De Albuquerque<br><br><b>6:30 pm</b><br>Parish Rosary | <b>7:30 am</b><br>Parish Rosary<br><br><b>8:00 am Mass</b><br>Mass Intention:<br>Ray Pals | <b>7:30 am</b><br>Parish Rosary<br><br><b>8:00 am Mass</b><br>Mass Intention:<br>Special Intention<br>for the Reese<br>Family<br><br><b>8:30 am Prayer</b><br><b>Group for Staff</b><br><b>Intentions</b><br><i>All are welcome!</i><br><br><b>9:30 am First</b><br><b>Reconciliation for</b><br><b>SHS 2nd Graders</b><br><i>(Mrs. McClain's Class)</i><br><br><b>11:45 am First</b><br><b>Reconciliation for</b><br><b>SHS 2nd Graders</b><br><i>(Mrs. Grabe's Class)</i> | <b>7:30 am</b><br>Parish Rosary<br><br><b>8:00 am Mass</b><br>Mass Intention:<br>Kathy Dey<br><br><b>8:30 am</b><br><b>Rosary Prayer</b><br><b>Group</b><br>Parish Center<br>Library<br>All are welcome! | <b>7:30 am</b><br>Parish Rosary<br><br><b>8:00 am Mass</b><br>Mass Intention:<br>Lubavs Family | <b>3:00 pm – 4:00 pm</b><br>Reconciliation<br><br><b>4:30 pm Mass</b><br>Mass Intention:<br>Fr. Gene Koch and<br>Charles Koch |



## St. Vincent de Paul

Starting anew can be a refreshing thing, can't it? A new year is here and we all get a fresh start. We make resolutions and promises to improve our lives and ourselves. We wish you all the best in your ventures!

Some people are not able to get out of their circumstances with just a promise or a vow to do better. They need help. It's been a very difficult 2 years and St. Vincent de Paul continues to pray for those in need. Please remember that we are here for you. Do you need rent, utility or food assistance? Please contact us through the Parish Office. We can help you get assistance and begin this year helping you to improve your situation. Our goal is to help others help themselves, so that they can live independently and successfully! And thank you to Sacred Heart Parish for their support to St. Vincent de Paul. Happy New Year!

## Help Decorate the Church

The Art & Environment Committee will be decorating our church for the Winter Ordinary Times on **Sunday, January 9th at 3 pm**. We need a lot of help putting the Christmas decorations away. Use this as an opportunity to truly give and help in redecorating our church on the 9th! Service hours available!

## Pancake Breakfasts Restart in January!



Please mark your calendar to join us **Sunday morning, January 9**, for breakfast in the parish center. Breakfast is served from 8:00 to 11:00. Your freewill offering will go to the support of two seminarians sponsored by our council.

## *¡Los desayunos de panqueques se reinician en enero!*

*Por favor, marque su calendario para unirse a nosotros el domingo por la mañana, 9 de enero, para el desayuno en el centro parroquial. El desayuno se sirve de 8:00 a 11:00. Su ofrenda voluntaria se destinará al apoyo de dos seminaristas patrocinados por nuestro consejo.*

## Young Catholic Network Gathering

All young adult professionals in their 20s and 30s are invited to join the Young Catholic Network Speaker Series on **Tuesday, January 25th!** Join us at 6 PM for an evening of networking and fellowship at the Catholic Pastoral Center in downtown Des Moines. Sharon Krause of Krause Group (parent company of Kum & Go) and Dalla Terra Ranch will be our featured speaker. Register today at [www.dmdiocese.org/ycn](http://www.dmdiocese.org/ycn)!

## The Bishop Wants to Hear from Us



Bishop William Joensen invites us to take part in a brief survey that will assist our visioning process for the Diocese of Des Moines. We want to hear of your joys and disappointments, your hopes and priorities for our diocesan future. To complete the survey in English, go here: <https://forms.gle/1mp721t5b8TFcAid8> or click on the QR code. En español: <https://forms.gle/nnPzXFtVJcs4oTXj6> (print the Spanish QR code image next to this link). The Bishop also invites us to pray that God will grace us with clear vision of His will for the way forward.

## *El Obispo quiere escucharnos*



*El Obispo William Joensen nos invita a tomar parte en una breve encuesta que ayudará a nuestro proceso visionario para la Diócesis de Des Moines. Queremos escuchar sobre sus gozos y decepciones, sus esperanzas y sus prioridades para nuestro futuro diocesano. Para llenar esta encuesta en inglés, visite <https://forms.gle/1mp721t5b8TFcAid8> o haga clic en el código QR. En español: <https://forms.gle/nnPzXFtVJcs4oTXj6>. El Obispo también nos invita a orar para que Dios nos conceda la gracia de una visión clara de su voluntad para nuestro futuro.*

## Joppa is looking for Volunteers

Joppa is looking for Volunteers to work 2-4 hour shifts at the NEW Joppa Resource Center. Located at 2326 Euclid Ave; Des Moines. Please go to [www.joppa.org](http://www.joppa.org) and click on Volunteer. This is a great opportunity for those who are retired, service hours for kids, Youth groups or businesses.

# 9 DAYS FOR LIFE

## PRAY TO PROTECT HUMAN LIFE!

### JANUARY 19-27, 2022

9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

Join today at [www.9daysforlife.com](http://www.9daysforlife.com)!



3 WAYS TO JOIN



9DaysforLife.com

## New Bible Studies Beginning in January!

All are welcome to join two new bible studies offered through small groups! A great way to start the new year of 2022!

- **Acts** - The Spread of the Kingdom - A study that traces how the gospel witness spread from Jerusalem. Sundays from 2:00PM - 4:00PM starting January 2nd. Facilitator - Julie Sokolowski Cost - \$30
- **Unlocking the Mystery of the Bible** - A quick journey through the bible for everyone! Tuesdays from 7:30PM - 9:00PM starting January 11th. Facilitator - Julie Sokolowski Cost - \$30

To register or if you have questions please contact Sue Reichart at [sue.reichart@sacredheartwdm.org](mailto:sue.reichart@sacredheartwdm.org).

## Respect Life Novena: January 19th - 27th

Join thousands of Catholics nationwide in the annual Respect Life novena, 9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

### *Novena del Respeto a la Vida: Del 19 al 27 de enero*

*Únase a miles de católicos de todo el país en la novena anual de Respeto a la Vida, 9 días por la vida, del miércoles 19 al jueves 27 de enero. Obtenga intenciones diarias, breves reflexiones y mucho más. Inscríbete en [9daysforlife.com](http://9daysforlife.com).*

## Volunteer Job Opportunity: Accountant

Mary's Helping Hands is a newly approved 501c3 nonprofit, founded in February 2021 to support women and babies in need of basic necessities. We have grown rapidly and are in need of an Accountant/CPA with nonprofit experience. We are specifically looking for someone to work with our Treasurer and assist us with tax accounting, in kind gifts tracking and monthly budgeting. This role can be 100% remote and would be less than 5-10 hrs per week. Please email us @ [maryshelpinghandssh@gmail.com](mailto:maryshelpinghandssh@gmail.com) if you feel prayerfully called to help.

## Stephen Ministry Mission Statement:

1) Sacred Heart Stephen Ministry involves all God's family in sharing their God-given gifts by providing a servant's love and support for those in need of care in a distinctively Christ-like way.

2) As Stephen Ministers at Sacred Heart, we are servants of Jesus, trained to provide personal and confidential support for people who are facing life's challenges.

Please contact Brian Abeling @515-321-8539 or Janna Abeling @ 515-537-9458 if you have any interest in becoming involved in Stephen Ministry.

## Mark Your Calendar - Upcoming School Information Nights!

Sacred Heart Preschool and School will hold information nights for 3 year old Preschool, 4 year old Preschool, Transitional Kindergarten and Kindergarten nights! Parents are highly encouraged to attend!

- **Thursday, January 20th at 6:30 pm** - 3 Year old and 4 Year old Preschool Information Night
- **Thursday, January 27th at 6:30 pm** - Transitional Kindergarten and Kindergarten Information Night

### *Marque su calendario - ¡Próximamente noches de información escolar!*

*El preescolar y la escuela del Sagrado Corazón tendrán noches de información para el preescolar de 3 años, el preescolar de 4 años, el kindergarten de transición y el kindergarten. ¡Se anima a los padres a asistir!*

- *Jueves, 20 de enero a las 6:30 pm - Noche de información para preescolares de 3 y 4 años*
- *Jueves, 27 de enero a las 6:30 pm - Noche de información de Kindergarten de Transición y Kindergarten*



The graphic features a teal, scalloped-edged central area on a pink background. At the top center of the teal area is a white icon of a baby bottle. Below the icon, the text "Sacred Heart Baby Bottle Campaign" is written in a white, serif font. Underneath this title is a bulleted list of instructions in white text. At the bottom of the teal area, the text "Your donation benefits InnerVisions HealthCare that empowers women and men, saves babies, and helps eliminate abortion." is written in a white, serif font.

**Sacred Heart Baby Bottle Campaign**

- January 15th & 16th - Pick up an empty bottle at Mass
- Take it home and fill it with coins/cash
- January 22nd & 23rd - Return the baby bottle to Sacred Heart or InnerVisions full of your donation!

Your donation benefits InnerVisions HealthCare that empowers women and men, saves babies, and helps eliminate abortion.

# SOULCORE

## BODY MIND SOUL

SoulCore Winter 2022 - Sacred Heart Parish - West Des Moines

Tuesday 5:30 - 6:30 PM  
Our Lady of Guadalupe Room

January 4  
January 18

February 1  
February 15

March 8  
March 22

April 5

Wednesday 9:00 - 10:00 AM  
Our Lady of Guadalupe Room

Jan 5  
Jan 12  
Jan 19  
Jan 26

Feb 2  
Feb 9  
Feb 16  
Feb 23

March 2  
March 9  
March 16  
March 23  
March 30

April 6  
April 13  
April 20  
April 27

May 4

Saturday 8:00 - 9:00 AM  
Our Lady of Guadalupe Room

January 8  
January 29

March 05  
March 19

Contact Mary Anne & Mark if you would like us to lead a SoulCore Rosary for your Small Group.

[mconway@copper.net](mailto:mconway@copper.net)

Home Phone 515-225-7246

Join SoulCore Leaders Mary Anne and Mark Conway, to nourish body, mind & soul with SoulCore - a prayer experience that combines the prayers of the rosary with core strengthening, stretching and functional movement. No fitness level or experience required. All are welcome!



To learn more about SoulCore, Visit their website.  
[SoulCore.com](http://SoulCore.com)





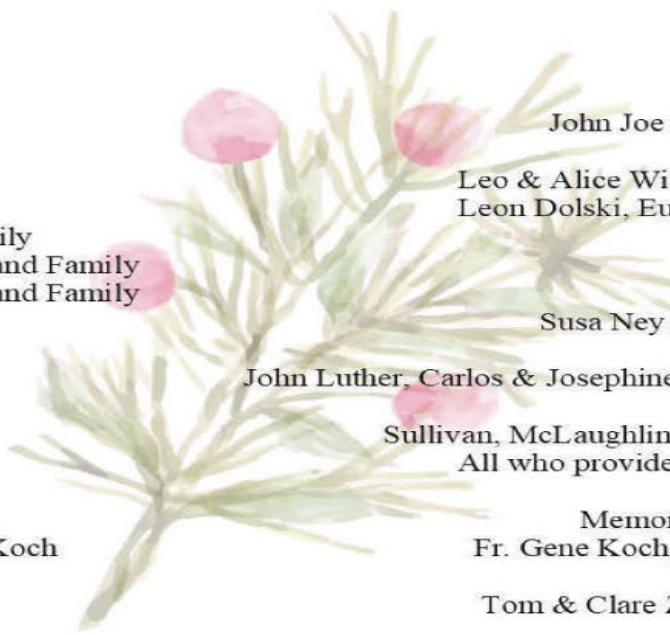


# Christmas Flowers for the Altar



## DONATED BY:

Dennis & Pamela Binter  
 Barb & Joe Mullahey  
 Barb & Joe Mullahey  
 Terry & Cathy Fuller  
 Terry & Cathy Fuller  
 Cernohous Family  
 Jim & Dianne Berry  
 Richard Dolski  
 John & Karen Olson Family  
 Lynn & Mary Altemeier and Family  
 Lynn & Mary Altemeier and Family  
 Kay Smith  
 Tim & Beth Nielsen  
 Rita Luther  
 Nancy Greening  
 Patrick Sullivan  
 Ed & Dorothy Pisarski  
 Martin & Joanne Nealon  
 Tom & Patricia Halsch  
 Julie Dress & Geraldine Koch  
 Patrick Crowe  
 Patrick Crowe  
 Patrick Crowe  
 Bob Stander Family



## IN MEMORY OF:

Bintner & Peppers Families  
 Elna & Clarence Mullahey  
 Tom & Shirley Hand  
 John Joe & Margie Curran  
 John Joe & Margie Curran & Bob Fuller  
 Judy & Gerry Cernohous  
 Leo & Alice Wilkie and True & Dorothy Berry  
 Leon Dolski, Eugenia Dolski, and Tony Dolski  
 Marin Kruse and Bob Olson  
 Jack & Margaret Mottet  
 Clare & Katherine Altemeier  
 Susa Ney and Walter & Mildred Krueger  
 Erik Nielsen  
 John Luther, Carlos & Josephine Melendez and Dorotha Luther  
 Chad Greening  
 Sullivan, McLaughlin, McManus & Bentall Families  
 All who provided kindness during fire recovery  
 Our Parents  
 Memory of deceased family members  
 Fr. Gene Koch, Fr Paul Koch & Charles Koch  
 Gene & Carolyn Crowe  
 Tom & Clare Zaworski and Lois & Carl Erne  
 Kurt McDaniel  
 DeLeare & Stander Families



## PUZZLE

Find and circle these words from today's Gospel:

|           |          |             |
|-----------|----------|-------------|
| JOHN      | WATER    | HOLY SPIRIT |
| MESSIAH   | POWERFUL | FIRE        |
| BAPTIZING | SANDALS  | JESUS       |

A J T U A R B Y W E N  
 H O L Y S P I R I T O  
 E H A I T O S U F A M  
 J N E G Y W A T E R E  
 I Y B E H E U P L M S  
 H S I N U R M O A Y S  
 J U P A W F I R E C I  
 E M O Z T U Y M S U A  
 S A N D A L S E O T H  
 U D Y T O E A N G E D  
 S O B A P T I Z I N G

## MISSION

Find out what makes God happy. As a family, read John 15:9-12.

## GROWING WITH THE Gospel

CYCLE C

## COLOR

Read the Gospel of the week and color the image.





Thank you, Sacred Heart Community, for the continued contributions to the DMARC food pantry! Our 3rd Sunday collections in 2021 were just over \$52,000!! Our school does a monthly collection to DMARC as well, as this was almost \$7300, which means **Sacred Heart contributed over \$59,000 to help provide food to those in need in our community.** In November, DMARC assisted 15,543 people, and 963 were first time pantry visitors. See below for other ways you can help!



## DMARC Food Pantry Network

Des Moines Area Religious Council | 1435 Mulberry Street | Des Moines, IA 50309 | 515.277.6969 | [dmarcunited.org](http://dmarcunited.org)

### Working together to meet basic human needs for the greater Des Moines community.

The DMARC Food Pantry Network, established in 1976, consists of 14 partner pantry sites, 30+ Mobile Food Pantry sites, two food warehouses, and numerous community partners. It is the largest and oldest food pantry system in Iowa. Pantry sites are located in West Des Moines, Ankeny, Johnston, Clive and Urbandale, with nine sites in Des Moines.

Once per calendar month, families can receive a free, three-day supply of nutritionally balanced food. It's not enough for us to just fill stomachs, we want to provide nourishing food to those we assist. Families can also receive additional 'Anytime Items' every day at pantries. Last year, DMARC assisted over 58,000 individuals facing food insecurity in Greater Des Moines.

### How You Can Help



#### Donate Funds - [dmarcunited.org/donate](http://dmarcunited.org/donate)

DMARC works with a number of food wholesalers to find the best deals. With our purchasing power, we are able to buy anywhere from 2-6 times the amount of food you could in the grocery store with the same dollar. So, if you want to do more with your dollar, consider donating funds to our Food Pantry Network!

#### Donate Food - [dmarcunited.org/donate/food](http://dmarcunited.org/donate/food)

In-kind food donations through food drives and our Red Barrel program are still very important to DMARC's work. When donating food, please make sure you're donating items that meet our healthy food guidelines. If you're not sure about something, look for items to donate that are low in sugar, fat and salt.



#### Volunteer - [dmarcunited.org/volunteer](http://dmarcunited.org/volunteer)

We have all sorts of volunteer opportunities for both groups and individuals! Visit [www.dmarcunited.org/volunteer](http://www.dmarcunited.org/volunteer) for more details on how you can contribute your time and talents.

### Help Tackle Hunger!

Souper Bowl of Caring is a national campaign that works to mobilize those looking to fight hunger and poverty in their own communities around the time of the big football game. Learn more at [souperbowl.org](http://souperbowl.org).



#### Support DMARC through Souper Bowl of Caring

You can host your own Souper Bowl of Caring event or drive to benefit the DMARC Food Pantry Network! Some ideas include:

- get a small group together to host a pop-up food drive at a grocery store the Saturday before the Big Game
- create a friendly competition between fans to see which team can raise the most funds, food, or both
- hold a soup supper with a good-will offering to raise funds
- host your own online virtual food drive to raise funds for DMARC, visit [dmarcunited.org/donate/host-a-drive](http://dmarcunited.org/donate/host-a-drive)

*Remember: Because we purchase food wholesale and in bulk, DMARC is able to buy two to six times more food per dollar than a grocery store consumer can buy with the same amount of money.*



#### Our Top Food Needs

DMARC has healthy food guidelines at our food pantries, so please donate items that are low in sugar, fat and salt. Our top three current food needs are:

- healthy cereal (less than 10g of sugar per serving)
- peanut butter
- fruit canned in its own juice

Learn more by visiting: [dmarcunited.org/food/most-needed-items](http://dmarcunited.org/food/most-needed-items)

Questions? Contact Nisha Kishor at [nkishor@dmarcunited.org](mailto:nkishor@dmarcunited.org).

# HEALING SERVICE

AT  
St. Ambrose  
Cathedral

7PM  
EVERY 3RD WEDNESDAY  
OF THE MONTH

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

## Lighten Up! Holy Trinity

2022 Parish Mission  
A Celebration of Faith & Family

Sunday Jan 23  
Monday Jan 24  
6:47 PM

Featuring the wit & wisdom of  
**Doug Brummel**  
& His 'Cast' of Characters



Guaranteed to tickle your faith and nourish your soul!

Contact John Mertes at 515 255 3162 x 224 or [johnm@holyltrinitydm.org](mailto:johnm@holyltrinitydm.org) for more info





# 2022 SACRED HEART PARISH AND SCHOOL SPELLING BEE!

The Iowa Knights of Columbus, in conjunction with your local Sacred Heart Knights of Columbus, will be sponsoring and conducting a Spelling Bee in January!!

This event is open to all students, in Grades 4 through 7, enrolled at Sacred Heart Catholic School and the Parish.....this includes all children of the Parish Grades 4 through 7 enrolled in public schools and home-schooled students who are part of Sacred Heart Parish.

## **Where & When:**

This event will take place at Sacred Heart Church and School on January 22<sup>nd</sup>, 2022. Check in at 8:30 am and competition begins at 9:00 am.

## **How to Enter:**

Each participant must register.

Visit the website: <http://iowakofc.org/page/spelling-bee> , and find the registration form tab. Print and complete the form. Bring the completed form to the "Spelling Bee" drop box in the Church vestibule. **Please write your student's Grade Level on the front of the form.**

Note: You may also email your student's registration to:

Bob McElderry, Deputy Grand Knight: [mcelderry.bobshkofc@gmail.com](mailto:mcelderry.bobshkofc@gmail.com)

## **Electronic registrations are encouraged:**

If you register electronically, you must bring your completed paper registration, with you on the 22<sup>nd</sup> of January when you check-in.

Questions? Contact: [mcelderry.bobshkofc@gmail.com](mailto:mcelderry.bobshkofc@gmail.com)

The Iowa Knights of Columbus spelling bee website includes rules and grade specific word lists. These words will be used in the Spelling Bee competition. Please visit this website for valuable information.

The first and second place winner in each grade level will move on to Regional Spelling Bee competition in February 2022, with the State Finals in Ames, IA on Feb 27<sup>th</sup>, 2022.

***ENTER TODAY!***

**[WWW.SACREDHEARTWDM.ORG/KNIGHTS-OF-COLUMBUS](http://WWW.SACREDHEARTWDM.ORG/KNIGHTS-OF-COLUMBUS)**

## Sacred Heart Youth Ministry Spring 2022 High School Schedule

High school ministry is for students in grades 9-12. SMASH on Wednesdays meets from 6:30-8:30 in the Youth Room (basement of the church).

| Date:   | Activity:                    |
|---------|------------------------------|
| Jan. 12 | SMASH                        |
| Jan. 19 | SMASH                        |
| Jan. 26 | SMASH - Ice Skating          |
| Feb. 2  | SMASH                        |
| Feb. 9  | SMASH                        |
| Feb. 16 | SMASH                        |
| Feb. 23 | SMASH                        |
| Mar. 2  | NO SMASH- Ash Wednesday      |
| Mar. 9  | SMASH                        |
| Mar. 16 | NO SMASH- Spring Break       |
| Mar. 23 | SMASH                        |
| Mar. 30 | SMASH                        |
| Apr. 6  | Passion Play Rehearsal       |
| Apr. 13 | Passion Play Dress Rehearsal |
| Apr. 20 | SMASH                        |
| Apr. 27 | SMASH                        |
| May 4   | SMASH                        |
| May 11  | SMASH                        |
| May 18  | SMASH                        |
| May 25  | SMASH - BBQ                  |

**Special Events:**  
Passion Play Rehearsals:  
Apr. 6, 10, 13

**Fish Fry Fridays:**  
March 4, 11, 18, 25  
April 1, 8

SMASH WILL meet during the summer!

## Sacred Heart Youth Ministry Spring 2022 Middle School Schedule

Middle school ministry is for students in grades 7 & 8. EDGE on Wednesdays meets from 6:30-8:00 in the Parish Center. We take off the FIRST Wednesday of the month.

| Date:   | Activity:               |
|---------|-------------------------|
| Jan. 12 | EDGE                    |
| Jan. 19 | EDGE                    |
| Jan. 26 | EDGE - Ice Skating      |
| Feb. 2  | NO EDGE                 |
| Feb. 9  | EDGE                    |
| Feb. 16 | EDGE                    |
| Feb. 23 | EDGE                    |
| Mar. 2  | NO EDGE - Ash Wednesday |
| Mar. 9  | EDGE                    |
| Mar. 16 | NO EDGE - Spring Break  |
| Mar. 23 | EDGE                    |
| Mar. 30 | EDGE                    |
| Apr. 6  | NO EDGE                 |
| Apr. 13 | EDGE                    |
| Apr. 20 | EDGE                    |
| Apr. 27 | EDGE                    |
| May 4   | NO EDGE                 |
| May 11  | EDGE                    |
| May 18  | EDGE                    |
| May 25  | EDGE - End of Year BBQ  |

EDGE will meet during the summer!

## Sacred Heart Youth Ministry Calendario de Primavera 2022 Grados 9-12

El ministerio de la escuela secundaria es para estudiantes en los grados 9-12. SMASH los miércoles se reúne de 6:30-8:30 en el Youth Room (sótano de la iglesia).

| Date:   | Activity:                         |
|---------|-----------------------------------|
| Jan. 12 | SMASH                             |
| Jan. 19 | SMASH                             |
| Jan. 26 | SMASH - patinaje sobre hielo      |
| Feb. 2  | SMASH                             |
| Feb. 9  | SMASH                             |
| Feb. 16 | SMASH                             |
| Feb. 23 | SMASH                             |
| Mar. 2  | NO SMASH- Miércoles de ceniza     |
| Mar. 9  | SMASH                             |
| Mar. 16 | NO SMASH- vacaciones de primavera |
| Mar. 23 | SMASH                             |
| Mar. 30 | SMASH                             |
| Apr. 6  | Ensayo de Passion Play            |
| Apr. 13 | Passion Play Ensayo de Vestido    |
| Apr. 20 | SMASH                             |
| Apr. 27 | SMASH                             |
| May 4   | SMASH                             |
| May 11  | SMASH                             |
| May 18  | SMASH                             |
| May 25  | SMASH - Barbacoa                  |

**Eventos especiales:**  
Ensayos de Passion Play:  
6, 10, 13 de abril

**Viernes de Pescado Frito:**  
4, 11, 18, 25 de marzo  
1, 8 de abril

¡SMASH se reunirá durante el verano!

## Sacred Heart Youth Ministry Calendario de Primavera 2022 Grados 7 y 8

EDGE es para estudiantes en los grados 7 y 8. EDGE los miércoles se reúne de 6:30-8:00 en el Parish Center. Despegamos el PRIMER miércoles del mes.

| Date:   | Activity:                         |
|---------|-----------------------------------|
| Jan. 12 | EDGE                              |
| Jan. 19 | EDGE                              |
| Jan. 26 | EDGE - patinaje sobre hielo       |
| Feb. 2  | NO EDGE                           |
| Feb. 9  | EDGE                              |
| Feb. 16 | EDGE                              |
| Feb. 23 | EDGE                              |
| Mar. 2  | NO EDGE - Miércoles de ceniza     |
| Mar. 9  | EDGE                              |
| Mar. 16 | NO EDGE - vacaciones de primavera |
| Mar. 23 | EDGE                              |
| Mar. 30 | EDGE                              |
| Apr. 6  | NO EDGE                           |
| Apr. 13 | EDGE                              |
| Apr. 20 | EDGE                              |
| Apr. 27 | EDGE                              |
| May 4   | NO EDGE                           |
| May 11  | EDGE                              |
| May 18  | EDGE                              |
| May 25  | EDGE - Barbacoa                   |

¡EDGE se reunirá durante el verano!





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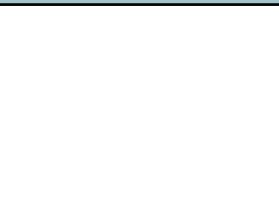
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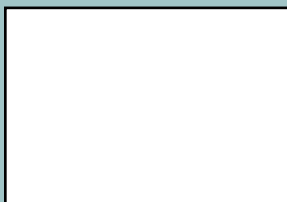
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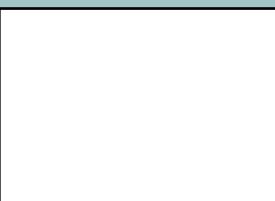


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