



Sacred Heart Catholic

DIVINE RENOVATION

*Vision of our Catholic Community
at Sacred Heart*

SHARING THE GOOD NEWS
OF GOD'S LOVE THROUGH
ACTIVE APOSTLESHIP

WEEK OF JANUARY 16, 2022

DAILY MASS

8 am (Monday - Friday)

WEEKEND MASS SCHEDULE (MISAS)

Saturday

4:30 pm

Sunday

7:30 am

9:30 am

11:30 am

1 pm (en español)

RECONCILIATION (RECONCILIACIÓN)

Saturday

3:00 pm—4:00 pm

Reconciliation Room in the Gathering Space

ADORATION (HORA SANTA)

First Tuesday of Every Month

primer martes de cada mes

Following 8 am Mass

Healing Service and Benediction

Servicio de Sanación y Bendición

6 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 5:30 pm

Tuesday/martes 7:30 am - 5:30 pm

Wednesday/miércoles 7:30 am - 6:30 pm

Thursday/jueves 7:30 am - 5:30 pm

Friday/viernes 7:30 am - noon

1627 Grand Avenue

West Des Moines, Iowa 50265

Parish Office (*oficina*) (515) 225-6414

Sacred Heart School (*escuela*) (515) 223-1284

www.facebook.com/SacredHeartWDM/

www.sacredheartwdm.org



2ND SUNDAY IN ORDINARY TIME



There was a wedding at Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." - Jn 2:1-3

Hubo una boda en Caná de Galilea, a la cual asistió la madre de Jesús. Este y sus discípulos también fueron invitados. Como llegara a faltar el vino, María le dijo a Jesús: "Ya no tienen vino". - Jn 2, 1-3

WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. [We invite you to become involved as an Active Apostle at Sacred Heart Parish!](#)

BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registraci3n. Tambi3n se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en espa3ol, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. Tambi3n ofrecemos el programa de RICA para los quienes desean convertirse a la fe cat3lica o los quienes necesitan terminar sus sacramentos de iniciaci3n. [¡Los invitamos a participar como Ap3stoles Activos en la Parroquia de Sacred Heart!](#)

SACRED HEART PARISH CONTACTS



**FR. CHRIS HARTSHORN,
PASTOR**
chris.hartshorn@sacredheartwdm.org



**FR. LITTO THOMAS,
ASSOCIATE PASTOR**
litto.thomas@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

Rev. Mr. Ron Myers, Deacon

SACRED HEART MINISTRY STAFF

Joan Miller, Becoming Catholic Director
joan.miller@sacredheartwdm.org

Leah Mohlman, Minister of Music and Liturgy
leah.mohlman@sacredheartwdm.org

Sue Reichart, Adult Faith Ministry Director
sue.reichart@sacredheartwdm.org

Sarah Kelly, Youth Ministry Director
sarah.kelly@sacredheartwdm.org

Chris Corrice, Family Formation Director
chris.corrice@sacredheartwdm.org

Kayla Richer, Family Formation Director
kayla.richer@sacredheartwdm.org

M3nica Meredith, Hispanic Ministry Director
monica.meredith@sacredheartwdm.org

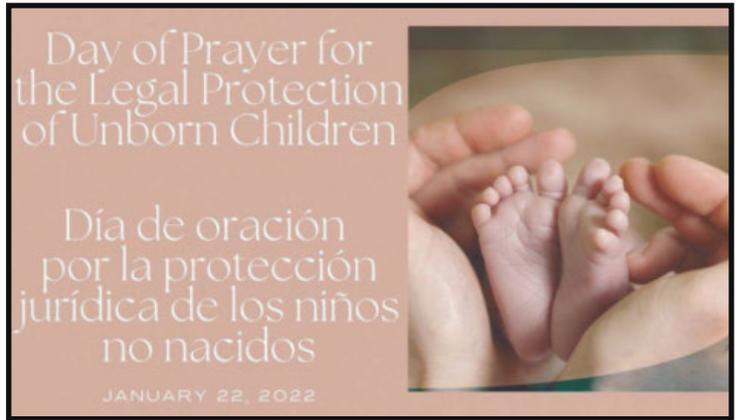
SACRED HEART SCHOOL STAFF

Scott Ehlinger, Principal
scott.ehlinger@sacredheartwdm.org

Susan Battani, Vice Principal
susan.battani@sacredheartwdm.org

PLEASE PRAY FOR
POR FAVOR ORE POR

Joe Cimino	Pete Peterschmidt
Andy Crouse	Paul Roth
Joanie DeWitt	Steph Salana
Viola Dubay	Colleen Salazar
Vicki Ferin	Gabe Savala
Florence Fligg	Patty Seiler
Rhonda Gammell	Olivia Steffensmeier
Tony Giorgio	Michele Thompson
Ella Harkin	Lori Tiffany
Mary Ann Hilderbrand	Lyle Veach
Ali Lasell	Anne Marie Wilkinson
Brooks Mack	Abby Woodson
Shannon Moses	Heather and Mary
Cora Newcomb	



OUR DEEPEST SYMPATHY AND PRAYERS
FOR THE FAMILIES OF THE
FOLLOWING...

Jim Brommel

*Father of Parishioners David and Jean Brommel
Grandfather to Parishioner Brian Brommel*

MAY GOD GRANT THEM ETERNAL REST.

*Please let us know of if you would like us to pray for you.
Please call the office at 515-225-6414.
Por favor déjenos saber si usted conoce una persona quien
necesita oraciones de la comunidad.*

SACRED HEART MASS INTENTIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
7:30 am Mass Mass Intention: Tom & Judy Ryan	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	
9:30 am Mass Mass Intention: SH Parishioners	8:00 am Mass Mass Intention: Harry Doerfler	8:00 am Mass Mass Intention: Norma Breheny	8:00 am Mass Mass Intention: Don Marean	8:00 am Mass Mass Intention: Sue Jaremba	8:00 am Mass Mass Intention: Judy Cernohous	
11:30 am Mass Mass Intention: Ryan Remington	6:30 pm Parish Rosary		8:30 am Prayer Group for Staff Intentions <i>All are welcome!</i>	8:30 am Rosary Prayer Group Parish Center Library <i>All are welcome!</i>		3:00 pm – 4:00 pm Reconciliation
1:00 pm Mass Mass Intention: Special Intention for Sandra Tavares			9:30 am Mass Mass Intention: Fr. Paul Koch			4:30 pm Mass Mass Intention: Owen O'Day
		6:00 pm Altar Server Training	6:30 pm Altar Server Training			

Sacred Heart Parish and School Spelling Bee

The Iowa Knights of Columbus are conducting a Spelling Bee on January 22, 2022! This event is open to all students in 4th through 7th grade enrolled at Sacred Heart School or Sacred Heart Parish (including public school students and home-schooled students who are members of Sacred Heart Parish). Visit the website to register today!

Respect Life Novena: January 19th - 27th

Join thousands of Catholics nationwide in the annual Respect Life novena, 9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

Novena del Respeto a la Vida: Del 19 al 27 de enero

Únase a miles de católicos de todo el país en la novena anual de Respeto a la Vida, 9 días por la vida, del miércoles 19 al jueves 27 de enero. Obtenga intenciones diarias, breves reflexiones y mucho más. Inscríbete en 9daysforlife.com.

The Bishop Wants to Hear from Us



Bishop William Joensen invites us to take part in a brief survey that will assist our visioning process for the Diocese of Des Moines. We want to hear of your joys and disappointments, your hopes and priorities for our diocesan future. To complete the survey in English, go here: <https://forms.gle/1mp721t5b8TFcAid8> or click on the QR code. En español: <https://forms.gle/nnPzXFtVJcs4oTXj6> (print the Spanish QR code image next to this link). The Bishop also invites us to pray that God will grace us with clear vision of His will for the way forward.

El Obispo quiere escucharnos



El Obispo William Joensen nos invita a tomar parte en una breve encuesta que ayudará a nuestro proceso visionario para la Diócesis de Des Moines. Queremos escuchar sobre sus gozos y decepciones, sus esperanzas y sus prioridades para nuestro futuro diocesano. Para llenar esta encuesta en inglés, visite <https://forms.gle/1mp721t5b8TFcAid8> o haga clic en el código QR. En español: <https://forms.gle/nnPzXFtVJcs4oTXj6>. El Obispo también nos invita a orar para que Dios nos conceda la gracia de una visión clara de su voluntad para nuestro futuro.

Joppa is looking for Volunteers

Joppa is looking for Volunteers to work 2-4 hour shifts at the NEW Joppa Resource Center. Located at 2326 Euclid Ave; Des Moines. Please go to www.joppa.org and click on Volunteer. This is a great opportunity for those who are retired, service hours for kids, Youth groups or businesses.

Young Catholic Network Gathering

All young adult professionals in their 20s and 30s are invited to join the Young Catholic Network Speaker Series on **Tuesday, January 25th!** Join us at 6 PM for an evening of networking and fellowship at the Catholic Pastoral Center in downtown Des Moines. Sharon Krause of Krause Group (parent company of Kum & Go) and Dalla Terra Ranch will be our featured speaker. Register today at www.dmdiocese.org/ycn!

Looking for a job in a faith-filled environment?

The Diocese of Des Moines is looking for an internal controls specialist and Catholic Charities has a number of positions open. Learn more at www.dmdiocese.org/aboutus/employment.

9 DAYS FOR LIFE

PRAY TO PROTECT HUMAN LIFE!

JANUARY 19-27, 2022

9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

Join today at www.9daysforlife.com!



3 WAYS TO JOIN



9DaysforLife.com

Altar Server Training at Sacred Heart

Sacred Heart will hold two Altar Server training opportunities for all students in 5th Grade and older. This is a great way to get service hours and be an active apostle in our parish! **Tuesday, January 18th from 6:00pm - 7:00pm or Wednesday, January 19th from 6:30pm - 7:30pm.** Students only need to attend one training. Questions? Please contact Leah Mohlman at leah.mohlman@sacredheartwdm.org.

Mom's Group Starting at Sacred Heart!

Are you looking to make new friendships with other mothers at Sacred Heart? Join us on Monday mornings! Our next meeting will be held on **Monday, January 24th at 9:45 am in the Sacred Heart Church Parish Library.** All moms welcome! Please RSVP to Joan Miller at joan.miller@sacredheartwdm.org.

Please note: due to the MLK holiday, we will not hold a meeting on January 17th.

St. Vincent de Paul

Today we hear about one of the many miracles performed by Jesus. The ministry of St. Vincent de Paul sees small miracles in all we do. It is difficult to plan what SVdP will need because people often seek help in emergency situations. We are amazed and blessed by the generosity of our parishioners that allow us to help those seeking rent, utility and/or food assistance. Even during this pandemic when our funds were low, our generous donors contributed thereby allowing us to continue our ministry. Thank you! In the last 6 months we have helped a family whose home was destroyed by fire. We assisted several families stay in their homes when they were not able to pay their rent. We supply our food pantry with personal care products for our clients. Imagine not being able to afford shampoo, deodorant, laundry detergent, etc. We can see the relief on our client's faces when help is provided. Isn't this a miracle that we were able to be of assistance? Thank you Sacred Heart Parish!

Stephen Ministry Mission Statement:

(See bulletin of Nov 27/28 for first 2 Statements)

3) The Stephen Ministry of Sacred Heart consists of compassionate and trustworthy lay ministers who share a Christ-centered journey with people who are hurting.

4) Stephen Ministry provides one-on-one care to those in need. We serve as a confidential ear; walking along-side a person experiencing personal troubles, making sure those who are hurting know they can safely share their pain with someone who cares.

Stephen Ministry seeks to be a living presence of the caring Christ to our Sacred Heart community. Please contact Deacon Ed Garza @ 515-249-7946 or Tamara Garza @ 515-681-5103 if you have any questions about how Stephen Ministry can help you or a loved one.

Mark Your Calendar -

Upcoming School Information Nights!

Sacred Heart Preschool and School will hold information nights for 3 year old Preschool, 4 year old Preschool, Transitional Kindergarten and Kindergarten nights! Parents are highly encouraged to attend!

- **Thursday, January 20th at 6:30 pm** - 3 Year old and 4 Year old Preschool Information Night
- **Thursday, January 27th at 6:30 pm** - Transitional Kindergarten and Kindergarten Information Night

Marque su calendario - ¡Próximamente noches de información escolar!

El preescolar y la escuela del Sagrado Corazón tendrán noches de información para el preescolar de 3 años, el preescolar de 4 años, el kindergarten de transición y el kindergarten. ¡Se anima a los padres a asistir!

- *Jueves, 20 de enero a las 6:30 pm - Noche de información para preescolares de 3 y 4 años*
- *Jueves, 27 de enero a las 6:30 pm - Noche de información de Kindergarten de Transición y Kindergarten*

InnerVisions Baby Bottle Campaign

Pick up an empty baby bottle after Mass on Saturday, January 15th and Sunday, January 16th. Fill it with coins/cash and return the baby bottle to Sacred Heart on January 22nd or Sunday, January 23rd. Your donation benefits InnerVisions HealthCare that empowers women and men, saves babies, and helps eliminate abortions.

Apoye La Campaña De Biberones A Beneficio De Inervisions

Recoge un biberón vacío después de la misa del sábado 15 de enero y del domingo 16 de enero. Llénalo con monedas/efectivo y devuelva el biberón al Sagrado Corazón el 22 de enero o el domingo 23 de enero. Su donación beneficia a InnerVisions HealthCare que empodera a mujeres y hombres, salva bebés y ayuda a eliminar los abortos.

Sacred Heart's Online Story Time

Tuck your little ones in with a something fun, positive and Catholic! Enjoy this special family time by listening to Sacred Heart's Family Formation Director Chris Corrice virtually read a children's book for your family! Check out Sacred Heart's website to watch the latest story - The Shephard's Story! More books coming soon!

Sacred Heart is Hiring

We are looking to hire a Director of Youth Ministry. If you would like to join our active and vibrant staff and have a passion for 7th-12th grade students, check out the job description on our website:

www.sacredheartwdm.org/employment

SOULCORE

BODY MIND SOUL

SoulCore Winter 2022 - Sacred Heart Parish - West Des Moines

Tuesday 5:30 - 6:30 PM
Our Lady of Guadalupe Room

January 4
January 18

February 1
February 15

March 8
March 22

April 5

Wednesday 9:00 - 10:00 AM
Our Lady of Guadalupe Room

Jan 5
Jan 12
Jan 19
Jan 26

Feb 2
Feb 9
Feb 16
Feb 23

March 2
March 9
March 16
March 23
March 30

April 6
April 13
April 20
April 27

May 4

Saturday 8:00 - 9:00 AM
Our Lady of Guadalupe Room

January 8
January 29

March 05
March 19

Contact Mary Anne & Mark if you would like us to lead a SoulCore Rosary for your Small Group.

mconway@copper.net

Home Phone 515-225-7246

Join SoulCore Leaders Mary Anne and Mark Conway, to nourish body, mind & soul with SoulCore - a prayer experience that combines the prayers of the rosary with core strengthening, stretching and functional movement. No fitness level or experience required. All are welcome!



To learn more about SoulCore, Visit their website.
SoulCore.com



ALTAR SERVER TRAINING



Tuesday, January 18th
6 pm - 7 pm

Wednesday, January 19th
6:30 pm - 7:30 pm

Open to all students 5th grade and older!

For more information, please contact Leah at
leah.mohlman@sacredheartwdm.org

Mom's Group

9:45 am Monday Mornings
Sacred Heart Church Parish Library

Moms of Sacred Heart - You're invited to join us
on Monday mornings for friendship & coffee!

Babysitting Available!

Please RSVP to joan.miller@sacredheartwdm.org if you will
be attending and the number of children for babysitting.

Next Meeting:
Monday, January 24th!

No meeting on January 17th
because of the MLK holiday!

Storytime
at Sacred
Heart

Our newest reading -
perfect for the Christmas
season!
More books coming soon!
www.sacredheartwdm.org

The Shepherd's Story

Sacred Heart Baby Bottle Campaign

- January 15th & 16th - Pick up an empty bottle at Mass
- Take it home and fill it with coins/cash
- January 22nd & 23rd - Return the baby bottle to Sacred Heart or InnerVisions full of your donation!

Your donation benefits InnerVisions
HealthCare that empowers women and men,
saves babies, and helps eliminate abortion.

SACRED HEART WINTER WEATHER POLICY

- If Sacred Heart school is closed or has a late start due to snow/ICE, the Church office will also be closed.
- If Sacred Heart school is closed due to COLD temperatures and wind chills, the Church office will be open.
- Please do NOT leave your car parked in the church parking lot! If it snows, we need to keep the lot clear for snow removal!

POLÍTICA DEL SAGRADO CORAZÓN SOBRE EL CLIMA INVERNAL

- Si la escuela del Sagrado Corazón está cerrada o tiene un comienzo tardío debido a la nieve/el hielo, la oficina de la Iglesia también estará cerrada.
- Si la escuela del Sagrado Corazón está cerrada debido a las bajas temperaturas y al viento, la oficina de la Iglesia estará abierta.
- Por favor, no deje su coche aparcado en el aparcamiento de la iglesia. Si nieva, necesitamos mantener el estacionamiento despejado para quitar la nieve.

HEALING SERVICE

AT
St. Ambrose
Cathedral

7PM
EVERY 3RD WEDNESDAY
OF THE MONTH

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

Lighten Up! Holy Trinity

2022 Parish Mission

A Celebration of Faith & Family

Sunday Jan 23

Monday Jan 24

6:47 PM

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Contact John Mertes at 515 255 3162 x 224 or johnm@holyltrinitydm.org for more info



2022 SACRED HEART PARISH AND SCHOOL SPELLING BEE!

The Iowa Knights of Columbus, in conjunction with your local Sacred Heart Knights of Columbus, will be sponsoring and conducting a Spelling Bee in January!!

This event is open to all students, in Grades 4 through 7, enrolled at Sacred Heart Catholic School and the Parish.....this includes all children of the Parish Grades 4 through 7 enrolled in public schools and home-schooled students who are part of Sacred Heart Parish.

Where & When:

This event will take place at Sacred Heart Church and School on January 22nd, 2022. Check in at 8:30 am and competition begins at 9:00 am.

How to Enter:

Each participant must register.

Visit the website: <http://iowakofc.org/page/spelling-bee> , and find the registration form tab. Print and complete the form. Bring the completed form to the "Spelling Bee" drop box in the Church vestibule. **Please write your student's Grade Level on the front of the form.**

Note: You may also email your student's registration to:

Bob McElderry, Deputy Grand Knight: mcelderry.bobshkofc@gmail.com

Electronic registrations are encouraged:

If you register electronically, you must bring your completed paper registration, with you on the 22nd of January when you check-in.

Questions? Contact: mcelderry.bobshkofc@gmail.com

The Iowa Knights of Columbus spelling bee website includes rules and grade specific word lists. These words will be used in the Spelling Bee competition. Please visit this website for valuable information.

The first and second place winner in each grade level will move on to Regional Spelling Bee competition in February 2022, with the State Finals in Ames, IA on Feb 27th, 2022.

ENTER TODAY!

WWW.SACREDHEARTWDM.ORG/KNIGHTS-OF-COLUMBUS

GROWING WITH THE *Gospel*

CYCLE C



COLOR

Read the Gospel of the week and color the image.



2nd Sunday in Ordinary Time • John 2:1-11



GOSPEL

Mary had great faith in God. She also knew that God could do anything. So when the wedding servers ran out of wine, she knew Jesus could help. She said, "Do whatever Jesus tells you to do." That's the smartest thing any of us can do.



PRAYER

Dear God, help me to do everything you say.
I know you can do anything.



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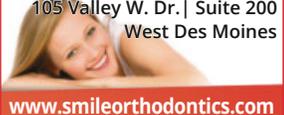
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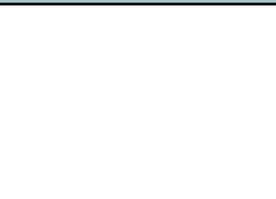
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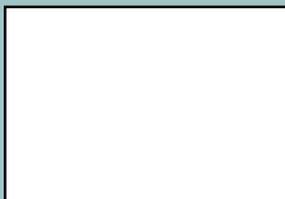
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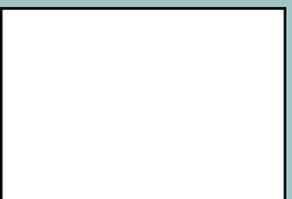


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Max Holmes, Parishioner

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