

Sacred Heart Catholic



Sagrado Corazón Católico



15TH SUNDAY IN ORDINARY TIME



Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits. The Twelve drove out many demons, and they anointed with oil many who were sick and cured them. - Mk 6:7, 13

En aquel tiempo, llamó Jesús a los Doce, los envió de dos en dos y les dio poder sobre los espíritus inmundos.
Expulsaban a los demonios, ungían con aceite a los enfermos y los curaban. - Mc 6, 7, 13

Excerpts from the Lectionary for Mass. ©2001, 1998, 1970 CCD.
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JULY 14, 2024
14 JULIO 2024

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MASS INTENTIONS

Saturday, July 13**4:30 p.m.** † Abel Garza**Sunday, July 14****7:30 a.m.** † Kathy Streck**9:30 a.m.** † Eileen Patz**11:30 a.m.** † Nancy Harvey**1:00 p.m.** † Sacred Heart Parishioners (*en Español*)**Monday, July 15****8:00 a.m.** † Ronald Coppi**Tuesday, July 16****8:00 a.m.** † Harry Reiman**8:30 a.m. - 7 p.m.** Adoration of the Holy Eucharist**5:30 p.m. Reconciliation****Wednesday, July 17****8:00 a.m.** † Michael Stimel**Thursday, July 18****8:00 a.m.** † Jerry Brown**Friday, July 19****8:00 a.m.** † John and Julie Brower

Celebrating the Sacrament of Matrimony!

Juan Contreras and Consuelo Guzman

Our deepest sympathy for the families of the following.

John Benda

Parishioner

Marie RauhMother of Parishioner Patti Halsch and
Grandmother of parishioner Katie Koons**Andrew Berg**

Grandson of parishioner Bob Nandell

Bernard Boeckman

Brother of Steve Boeckman

Mary Myers

Parishioner

Mary Lou Overton

Parishioner

Colleen Salazar

Parishioner

PLEASE PRAY FOR

POR FAVOR ORE POR

Maria Bakes	Shannon Moses
Bob Brackett	Joe Olsasky
Mason Brackett	Ila Plasencia
Robert Burch	Rich Phannenstill
Joe Cimino	Linda Rameriz
Darren Clark	Sharon Roenfeld
Marsha Clark	Eden Rosenberger
Craig Correy	Dixie Rushing
Brad Cunningham	Steph Salana
Joanie DeWitt	Bill Salazar
Larry Dey	Gabe Savala
Ron Dolan	Amy Steele
Celestina Dorigo	Olivia Steffensmeier
Brian Dubay	Mary Stellman - Walsh
Nick Fagen	Michael Thompson
Wynanda Ferguson	Darrell Valdez
Florence Fligg	Lyle Veach
Bonnie Forsyth	Anne Marie Wilkinson
Mike Forsyth	Abby Woodson
Rhonda Gammell	Kenneth Zwaschka
Jan Glenn	Ben
Lola Glover	Crystal
Linda Gruss	Heather & Mary
Ron Gruss	Jane
Arlene Herlein	Joe
Rose Houston	Sarah
Kenneth Huffaker	Brad
Pat & Ginny Hurley	Brandon
Derek Kobolt	Theresa Yost
Brooks Mack	
Terry McGonegle	

If you have a prayer request, please call the office at 515-225-6414 or send an email to office@sacredheartwdm.org. Please include: '**Prayer Request**' in the subject line. Names will be removed after **sixty** days.

*Si tiene una petición de oración, llame a la oficina al 515-225-6414 o envíe un correo electrónico a office@sacredheartwdm.org. Por favor incluya: "**Petición de oración**" en el asunto. Los nombres serán eliminados después de **sesenta** días.*

Through the waters of Baptism,
we welcome you to the Sacred Heart Catholic Family!

Ashley Medrano Contreras
Daughter of Manuel Medrano and Mariela Contreras

Emma Atristain Hernandez
Daughter of Joel Atristain and Odalis Hernandez

Issys Cardenas Morales
Daughter of Carlos Cadenas and Sonia Morales

Matthew Nesbit
Son of Paul and Erica Nesbit

2024-2025 FAMILY FORMATION REGISTRATION FOR GRADES K-1 OPEN



Registration for the 2024-2025 Family Faith Formation is OPEN! Sacred Heart's vision is to equip you to be the first educators of the faith. It is the church's place to help parents. Sign up today to enroll your family to growth in the faith!

sacredheartwdm.org/registration-payment

The Annual Diocesan Appeal
provides support
for our Clergy and Vocations.

<https://sacredheartwdm.org/ada>



A gift to this year's ADA, no matter the size, makes a difference

Register by Thursday, August 1st!

Sacred Heart Parish/Knights of Columbus

ANNUAL GOLF OUTING

Shotgun start at 8:00 AM
Fun, Food Fellowship & Great prizes
\$90/golfer or \$360/foursome

To register, please visit:
<https://sacredheartwdm.org/golf2024>

THURSDAY,
AUGUST 8TH | LEGACY GOLF CLUB
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BAND BASH

Entering Grades 6-8 (fall 2024)

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and Finale Concert

July 21 - 25, 2024

12:00 PM - 2:00 PM
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COST: \$80
REGISTER ONLINE



UPCOMING SOULCORE DATES

SoulCore will be held several times in July at Sacred Heart Catholic! SoulCore is a movement that combines core strengthening, stretching, & functional exercise with the prayers of the rosary. Please contact Mary Anne & Mark Conway at mconway@copper.net or (515)225-7246 with any questions to schedule a small group rosary. All are welcome!

- **Tuesday, July 16 - 5:30 PM** Sacred Heart OLG Room
- **Tuesday, July 30 - 5:30 PM** Sacred Heart OLG Room

HELP WITH THE SACRED HEART LAWN

Sacred Heart needs your help in mowing & trimming grass on the church/school grounds! All parishioners ages 16 and older are welcome to sign up! We have riding mowers, walk mowers, and trimmers available to use. It's estimated each job will need 1-2 hours each week to complete. Sign up today!



sacredheartwdm.org/knights-of-columbus

SCHOOL SUPPLY DRIVE!

Please join the Women's Guild in our annual school supply drive. The supplies can go in the blue bins in the gathering space from **July 20-July 28**. The Guild will buy the backpacks and we will stuff them with all donated supplies for the Sacred Heart and West Des Moines community.

MSGR. ROSETTI SPEAKING AT CHRIST OUR LIFE

Come listen to a genuine exorcist tell his story! Msgr. Rosetti is a featured speaker at the **Christ Our Life Conference on September 28th & 29th at Wells Fargo Arena!** In addition to his presentation, Msgr. Rosetti will be giving a Q and A session for the Youth on Saturday afternoon. Msgr. Stephen Rossetti is a licensed psychologist and research associate professor at the Catholic University of America, served as Chief Exorcist of the Archdiocese of Washington for 13 years. He is an expert on psychological and spiritual wellness issues for Catholic priests. Amidst all, he possesses a great sense of humor. To learn more about the world-class speakers at one of the largest Catholic conferences of its kind in the United States, please visit ChristOurLifeIowa.com.

ST. MONICA'S CLUB: PRAY FOR LOVED ONES TO RETURN TO THE FAITH

All are welcome to join the new St. Monica's Club at Sacred Heart to pray so loved ones will return to the faith. We will start with a meet and greet on **Monday, August 26th at 6:00 pm and conclude with a rosary at 6:30 pm**. Future gatherings will meet on Mondays beginning **September 9th through October 28th in the OLG Room at 5:15 pm** to discuss the *The Saint Monica Club* book by Maggie Green followed by the rosary at 6:30 pm.

SACRED HEART GOLF OUTING

Join us for the Annual Sacred Heart Golf Outing on **Thursday, August 8th at Legacy Golf Club!** Register online at www.sacredheartwdm.org/golf2024 by Thursday, August 1st! \$90/golfer or \$360/foursome.

ROAD WORK ON 16th STREET

West Des Moines Waterworks has notified Sacred Heart Catholic about a water system modification this summer that will impact 16th Street near Sacred Heart. Please note that all dates are subject to change.

PHASE ONE: July 22nd - expected time to completion 10 days. During this phase, there will be no access from Grand Avenue to 16th Street. Both 16th Street parking lot entrances will be accessible from the north via Ashworth.

PHASE TWO: expected start August 1st - also 10 day completion time. During this phase, there will be no access from the north via Ashworth. Both 16th Street parking lot entrances will be accessible from Grand Avenue.

During both PHASES, the rectories will be accessible from Ashworth and from Grand east of the Church.

Thanks for understanding!

SVdP HELPING THOSE IN NEED



Members of Sacred Heart's St. Vincent de Paul Society gathered to assemble items for their Personal Care Bags that were then distributed to clients at the Connection Cafe.

SHS PRESCHOOL OPENINGS



<https://sacredheartschoolwdm.org/admission>

DEVOTION TO THE SACRED HEART OF JESUS



We are looking for volunteers to help us grow the Sacred Heart of Jesus devotion here at Sacred Heart. This one hour devotion will be prayed every Thursday in the sanctuary. Fr. Emmanuel will teach us how to pray this devotion properly with hymns,

vocal prayer, scripture, adoration and meditation. We are looking for 10 people to help bring this devotion to our parish community by attending each Thursday night of prayer. If you would like to commit to being a Sacred Heart of Jesus Apostle in this way, contact Loralee at hawkfan2000@hotmail.com.

Stories from the Heart



Everyone has a story. In Stories from the Heart, we share inspiring, true stories from Sacred Heart parishioners: the real-life experiences that have deepened their faith, filled them with grace, and led them to a closer relationship with Jesus Christ and His church.



Sacred Heart Parishioner
Jack Carver

Jack Carver – No Sitting on the Sidelines

Eighteen-year-old Jack Carver has always looked for ways to get involved at Mass. The recent Valley grad grew up and received his sacraments at Sacred Heart, attended faith formation, and went to Catholic Youth Camp every summer. All this got him off to a great start, but he points to at least one more thing that motivated him along the way. Seeing how many of his peers at school didn't really practice any kind of faith helped him recognize how unique and special it is to belong to the Church. It made him want to understand his Catholic faith even better and participate in it more. "As I got older," he explains, "I got more interested in learning more about why we do certain things."

Like many kids, Jack started out as an altar server. This kept him busy through middle school, but when he reached high school and stepped aside, he soon realized that he wasn't ready to just relax in the pew. He noticed that the lectors at Mass were all adults and thought it would be nice to see some younger people reading from the ambo. "I was like, maybe I should put a foot forward and be a role model, or an example." So Jack volunteered. "I went forward with it because I wanted to get involved. I don't want to just sit on the sidelines."

Jack started as a lector in ninth grade and continues to read once or twice each month. And last year, when an opportunity came up to add a second ministry, he was ready to get even more involved.

If you are interested in getting involved in the Liturgy at Sacred Heart Catholic, please visit us at:

[www.sacredheartwdm.org
/liturgicalministries](http://www.sacredheartwdm.org/liturgicalministries)



Most of us are familiar with that last-minute announcement before Mass, "We could use a few more Eucharistic Ministers." There always seems to be a need, and when a friend encouraged Jack and his mom, Pam, to sign up for the training, they decided to do it together. Last fall, both became Extraordinary Ministers of the Eucharist. "I'm literally getting closer to the Body of Christ," says Jack, who sees his participation in different ministries at Mass as both an honor and a learning opportunity. "The more active you are, the more likely it is you actually understand it and take something away from Mass, instead of just going there and being like a zombie, just running through the motions."

Next month Jack will begin his freshman year at Iowa State, and not surprisingly, he plans to get as involved as possible at St. Thomas Aquinas Parish in Ames. He hopes that others, including those with no faith at all, might notice how he practices his faith and become more interested. "Almost like being a young missionary," he says.

Iowa State will be lucky to have him—and Sacred Heart is lucky, too, because during his breaks from school, Jack plans to come home and step right back into action with us here at Mass.

Stories from the Heart can be found on our Sacred Heart Church website at sacredheartwdm.org/stories-from-the-heart or by following the QR code. Please send comments/questions about Stories from the Heart to Andrea Vij at realfaithstories@gmail.com.



PADRE EMMANUEL BASSEY, PASTOR ASOCIADO

emmanuel.bassey@sacredheartwdm.org

PERSONAL DEL MINISTERIO

Mónica Meredith, Director del Ministerio Hispano

monica.meredith@sacredheartwdm.org

José Batres, Formación Familiar

jose.batres@sacredheartwdm.org

MISAS

Domingo 1:00 pm (en español)

RECONCILIACIÓN

Sábado 3:00 pm—4:00 pm

Martes 5:30 pm

HORA SANTA

Martes 8:30 am-7:00 pm

SERVICIO DE SANACIÓN Y BENDICIÓN

Primer Martes

2024 - clases de catequesis



Formación Familiar Grados K-6
Primera comunión Grado 2 -6

Confirmación
Grado 9-12



Sacramentos Grados 7-12
(Excepto Confirmación)



Formación de Fe para los grados 7-12
(Llamados EDGE & SMASH) son gratis



Grado 7-8

INSCRIPCIÓN PARA LA FORMACIÓN FAMILIAR 2024-2025 PARA LOS GRADOS K-12

Ya están abiertas las inscripciones para la Formación en la Fe para la Familia 2024-2025. La visión del Sagrado Corazón es equiparlos para ser los primeros educadores de la fe. Es el lugar de la iglesia para ayudar a los padres. ¡Inscríbase hoy para inscribir a su familia al crecimiento en la fe!



sacredheartwdm.org/registration-payment

CLASES DE BAUTISMO EN JULIO

Clase II 23 de julio Martes 5-7

Hay que tomar las dos clases y registrarse antes, con José Batres o Mónica Meredith de la oficina.



FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. EMMANUEL BASSEY, ASSOCIATE PASTOR

emmanuel.bassey@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon

glaserR@diodav.org

(515) 225-6414 Sacred Heart Catholic Church Office (Oficina)

(515) 223-1284 Sacred Heart School (Escuela)

www.sacredheartwdm.org

office@sacredheartwdm.org

www.facebook.com/SacredHeartWDM/

BULLETIN SUBMISSIONS

The weekly submission deadline is 10 am on the Monday before the weekend bulletin. Submissions must be print-ready and emailed to bulletin@sacredheartwdm.org

DAILY MASS

Monday - Friday 8:00 am

WEEKEND MASS SCHEDULE (MISAS)

Saturday 4:30 pm

Sunday 7:30 am, 9:30 am, 11:30 am, 1:00 pm (en Español)

RECONCILIATION (RECONCILIACIÓN)

Saturday 3:00 pm - 4:00 pm

Tuesday 5:30 pm

Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

Tuesday 8:30 am - 7 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 3:30 pm

Tuesday/martes 7:30am - 3:30 pm

Wednesday/miércoles 7:30 am - 3:30 pm

Thursday/jueves 7:30 am - 3:30 pm

Friday/viernes 7:30 am - noon

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