Lenten Disciplines of Fasting & Abstinence

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

With Lent upon us, St. Patrick offers a variety of activities to assist you in prayer, fasting, and almsgiving. We hope you can join us.

ASH WEDNESDAY: Ash Wednesday Masses on February 26 at 8:30 AM, 5:15 PM, and 7 PM.

SOJOURN WITH JESUS: As a gift to parishioners, St. Patrick is providing Bishop Robert Barron’s Lenten Gospel Reflections to anyone who would like one.

Books will be available after Masses this weekend (February 22/23) and on Ash Wednesday, or get a copy in the parish office. We hope you enjoy this short, simple, but extremely powerful book.

ADORATION AND RECONCILIATION will be each Thursday 5:30-6:30 PM in the church through April 2.

STATIONS OF THE CROSS will be 5:15 PM Fridays in the Church through April 3.

THE KNIGHTS OF COLUMBUS FISH FRY will be 5-7 PM Fridays from February 28 through April 3 in the gym and Commons.

JOIN FR. COLTER FOR TEACHINGS ON THE MASS: This year during Lent Fr. Colter will offer a series of teachings on the Mass. These sessions will take place in the Church on four Thursday evenings, beginning at 6:30 PM (immediately after Adoration) and lasting for 45 minutes to 1 hour. Here are the dates and specific topics:

March 5: THE FURNISHINGS FOR MASS
March 12: THE MINISTERS OF THE MASS
March 26: THE MOMENTS OF MASS A.- LITURGY OF THE WORD
April 2: THE MOMENTS OF MASS B.- LITURGY OF THE EUCHARIST

NO GREATER LOVE is a five-part Bible study program that begins Tuesday, March 3 at 6:30 PM in the Commons and meets for five consecutive Tuesdays. Please register by February 24, via Realm or by calling the parish office at 266-3523. Cost is $25 for the materials. Contact Suzy with questions.

SCHOOL MASS will be held each Wednesday during Lent at 8:30 AM, except for March 18.

ANOINTING OF THE SICK is Sunday March 22nd at 12:30 PM at St. Patrick.

COMMUNAL PENANCE SERVICE will be March 22 at 4:00 PM at Blessed Sacrament Church.

PROCESSION OF THE CROSS is April 10 at Overman Park in Cedar Falls at noon.

TUESDAY MORNING BIBLE STUDY will be February 25 at 10:30 AM in the Commons.

ST. PATRICK ADULT CHOIR REHEARSAL Wednesday, March 4, from 7-8 PM in the Church.

Valentines!

Catholic Daughters made 140 valentines for residents of New Akiaya on February 10.
SEE TATIANA IVASCHENKO-JACKSON’S PAINTINGS AT COR

God is Love, an exhibition of Tatiana Ivaschenko-Jackson’s art work, is on display at COR Gallery, 220 East 4th St. in Waterloo. For more information call (319) 349-6710 or cor220east@gmail.com. Tatiana, a member of St. Patrick Parish, shared these thoughts about her painting:

“The presence of God might not be fully obvious in many of my paintings, because the impressionist style that I love and utilize does not differentiate among its admirers’ belief systems. My job as an artist is to notice and recognize the beauty in it and spill it onto a canvas. What really is pointing to God is the brilliance of light and color that makes our mundane life beautiful: rain or shine, sad or happy! Science proved that lifeforms do not need beauty to survive. Darwin could not fit into his theory the long, heavy and utterly useless and yet profoundly gorgeous peacock’s tail. So what is beauty for? Is it just a distraction from the mundane? Or maybe it is one of so many free gifts that came from our Creator, the loving Father, along with free will. We are free to live and love and to have free beauty as a glimpse into the eternal life. And we are free to accept or deny it!”

Young Adult Ministry

Tues. Feb. 25  Mardi Gras. Come and celebrate before Lent starts, 6:30 in the youth center. Bring a snack or appetizer to share. We’ll watch The Two Popes.

Mon. March 9  Young Men’s Discussion Group will meet on at Singlespeed in Waterloo at 6:30. All young men of the parish 21-30ish are invited to attend. Friends are invited. We discuss our faith, work, family, school, and issues important to young men.

Sign up for Lenten reflections to be delivered every day either via text or email. Contact Diane to be put on the list: diane.v.flaherty@gmail.com or 319-230-6651.

Youth Ministry

BOOK CLUB: Youth Ministry will be offering a Book Club during five weeks of Lent for youth, adults, parents, or anyone asking themselves, “Why am I Catholic?” The Book Club will meet weekly, except during spring break, to discuss Why We’re Catholic by Trent Horn.

Each week we’ll gather in the Faith Formation Office (2nd floor across from atrium Church entrance) to discuss the book.

Cost is $5. REGISTER on Realm. Limited space available. Books should be picked up prior to March 2 to read Part 1.

LENTEN SCRIPTURE SERIES will be Sundays, March 1 to April 5 during coffee and donuts after 9:30 AM Mass. Bring your Bible. We will have a table reserved. No gathering on March 15.

CONFIRMATION REMINDERS:
- 1st session is Sunday, February 23 from 12:30-2:30 PM.
- Rite of Enrollment Mass is Sunday, March 1 at 11:30 AM
- 1st interviews - March 2-6
HAITI SISTER PARISH UPDATE: ST. JOHN (DON) BOSCO PRAYS NOVENA, CELEBRATES MASSES FOR ST. PATRICK CHURCH

The Haiti Committee wants to give you an update about our Sister Parish, St. John (Don) Bosco in Haiti. Fr. Jacques Dubois sent us an email recently informing us their parish organized a novena of prayers and celebrated three Masses January 31 for all of us at St. Patrick. At one Mass there was a concelebration of 32 priests with Metropolitan Archbishop Mgr. Launey Satumé.

The school continues to operate, but has a reduced enrollment due to the social-political situation in Haiti. The clinic continues to see parishioners more frequently. The parish continues reconstruction on their parish hall and are laying ceramics. See the photos on this week’s bulletin cover.

The Haiti Committee would like to first extend an invitation for any of you to join our committee. We meet about every month.

Secondly, the Haiti Committee with the Faith Formation group would like to invite you to attend Mass Ash Wednesday at 7:00 PM to celebrate and pray for our sister parish in response to their thinking and praying for all of us! Since Our Lady of Perpetual Help is the national Patron Saint for Haiti, let us all be reminded to pray for our own parish and our sister parish in Haiti the following:

Pray for us, O Holy Mother of God, That we may be made worthy of the promises of Christ. Grant, we beseech Thee, O Lord God, that we thy servants may enjoy perpetual health of mind and body and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal happiness.

WRF TO BENEFIT VICTIMS OF AUSTRALIAN WILDFIRES

Each fiscal year (July to July) the parish sets aside a certain portion of the budget to be donated to worthwhile projects to help the underprivileged and victims of disaster throughout the United States and the world. This Fund was established so that our parish could tithe, as we do individually, to help these people. Money from this Fund is donated to projects recommended by the Social Justice Committee subject to Fr. Colter’s approval. The committee recently voted to donate $1,000.00 to Catholic Relief Services to assist the victims of the wildfires in Australia. Fr. Colter has approved this donation. If you have any questions about the World Responsibility Fund please contact Tim Boller at 277-8149.

Readings for the Week of February 23

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<thead>
<tr>
<th>Day</th>
<th>Readings</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 [8a]/1 Cor 3:16-23/Mt 5:38-48</td>
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<tr>
<td>Monday</td>
<td>Jas 3:13-18/Ps 19:8, 9, 10, 15 [9a]/Mk 9:14-29</td>
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<tr>
<td>Tuesday</td>
<td>Jas 4:1-10/Ps 55:7-8, 9-10a, 10b-11a, 23 [23a]/Mk 9:30-37</td>
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<td>Wednesday</td>
<td>Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20–6:2/Mt 6:1-6, 16-18</td>
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<td>Thursday</td>
<td>Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [Ps 40:5a]/Lk 9:22-25</td>
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<td>Friday</td>
<td>Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15</td>
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<td>Saturday</td>
<td>Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32</td>
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<tr>
<td>Sunday</td>
<td>Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 [cf. 3a]/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11</td>
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“If knowledge is not put into practice, it does not benefit one.”

— Muhammad Tahir-ul-Qadri

St. Patrick School provides many daily experiences for students to put their knowledge into practice. I would like to invite all of you to our A World In Motion (AWIM) Showcase on Thursday, March 5, from 9:45–11:30 AM in Dutcher Gymnasium. AWIM is a cross-curricular unit in which STEM concepts are integrated with practical use social studies, business, art, and communication skills. Teams received a request for proposal from a fictitious toy company outlining the requirements for a motorized vehicle product.

Each team will give a PowerPoint/Google presentation to a panel of three to present the motorized vehicle they made and show it meets the requirements of the request for proposal. Teams will run their prototype vehicles to demonstrate their mastery of the engineering concepts. Many thanks to the industry volunteers, many from our parish, who have given time over several weeks to work with our students in the classroom.

Thank you to all who participated in the Annual Appeal and The Main Event. It is through your donations and dedication that we are able to participate in so many engaging programs with our students.

Blessings, Mrs. Lynette Hackett
WELCOME TO ST. PATRICK PARISH!

Help us welcome you as members:

NAME_________________________
ADDRESS______________________
CITY___________________________
E-MAIL_________________________
PHONE_________________________

Time of day best suitable to contact you:
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Please drop in the collection basket or mail to:
St. Patrick Church
705 Main St
Cedar Falls, IA 50613

You can also email this information to bulletin@saintpatrickcf.org.

For more information, please call the parish office (open M-F, 8:30 - 5:00 PM) at 319-266-3523

IT’S KC FISH FRY TIME!
The Knights of Columbus Council 4516 will have their fish fry from 5 - 7 PM
Fridays, from February 28 to April 3. Serving fried and baked fish, baked white and sweet potato, mac and cheese, vegetable, grilled cheese sandwich, roll, and dessert. Express takeout meals will be available in the northwest corner of the gym. Cost: All adults $10.00, kids 6-12 $5.00, and kids 5 and under are free.

GARAGE SALE IN FULL SWING, JOIN THE TUESDAY FUN
The St. Patrick Garage Sale DOES NOT accept: Adult clothing, hangers, televisions, VCR tapes, cassette tapes, computer equipment, mattresses, sleeper sofas, entertainment centers, magazines, cookbooks, and textbooks. Thank you for your gently used treasures! We DO accept adult accessories such as purses, shoes, hats, mittens and scarves.

The group welcomes anyone who would like to come and help at 1:00 PM in the church basement. If you have a question about any item, please call and check before you drop it off. If you have questions, please call Bett at (319) 231-8751 or Marie at (319) 830-7454.

JOIN US FOR BIBLE STUDY ON CHRIST’S PASSION
No Greater Love: A Biblical Walk Through Christ’s Passion, allows participants to walk step-by-step with Jesus on his journey from his agony in the garden to his crucifixion. Along the way, we will unpack the biblical background to these events, the prophecies, and most especially, the ways Jesus is inviting us to walk more closely with him today.

No Greater Love is a five-part Bible study program that begins Tuesday March 3 at 6:30 PM in the Commons and meets for five consecutive Tuesdays. Please register by February 24 via Realm or by calling the parish office at 266-3523. Cost is $25 for the materials. Contact Suzy with questions.

SPIRITUAL LIFE ASSOCIATION LUNCHEON IS MARCH 4
The annual Spiritual Life Association at UNI luncheon for all UNI faculty and staff is Wednesday, March 4 from 11:30 AM to 1:30 PM at St. Stephen the Witness in Cedar Falls. All faculty and staff are invited and no RSVP is necessary. Come and enjoy good food and conversation.

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STOCK UP ON SCRIP FOR SPRING BREAK!
Don’t forget to stock up on Scrip for Spring Break! If you are staying in town consider using gift cards for the movies, Get Air, dining out, or shopping for spring. Check ShopWithScrip.com if you are going out of town to see what entertainment or restaurants are offered in your area. Of course there are gas, hotel, and other travel options. Stop by the Scrip table after Mass or use the quick link on the parish or school homepage.

THANK YOU SCRIP SELLERS!
Feb. 29/Mar. 1  5:00 Ann Barnard
              7:30  Cindy Snell
              9:30 Emily Longseth
             11:30 Nina Nibbelink
March 7/8      5:00 Lisa Ahern
                7:30  Kate Dieterich
                9:30 Chell Gruis
               11:30 Molly Lahart

CAN YOU HELP WITH COFFEE & DONUTS?
We need volunteers to host Coffee & Donuts! Consider volunteering with a group of friends or family to cover a Sunday. Please call the parish office at 266-3523 if you and/or your family are willing to help with this important ministry or sign up online through SignUpGenius. Please call the parish office or email theresa.dethlefs@gmail.com for more information. You can sign up for one or both Masses.

March 1 Knights of Columbus
Both Masses

March 8  Volunteer needed
Both Masses

NEW PARISHIONER COFFEE AND DONUTS
On February 23rd directly following the 9:30 am Mass, we would like to invite all new parishioners to attend Coffee & Donuts located in the Commons. Welcome Committee members will be there to greet new parishioners, answer questions, and provide a new parishioner resource bag to those who have recently registered. Haven’t yet filled out your registration form? No problem! We will have forms available that morning for individuals and families to join the parish. And for those interested, a Welcome Committee member will be on hand to take your photo for the online parish directory. If you have questions, contact Chell Gruis at 641-430-2323.

PARTNER WITH CATHOLIC CHARITIES
Did you know that 90 percent of every donation to Catholic Charities of the Archdiocese of Dubuque goes toward direct service of individuals in need? Your gift will make an impact. To learn more about the ways your gift can change lives in the Archdiocese go to https://youtu.be/Y8tleUHkqFk. Please partner with Catholic Charities and make your contribution to the Catholic Charities Annual Appeal today. Learn more at http://www.CatholicCharitiesDubuque.org.

SOCIAL JUSTICE COLLECTION TO GO TO HABITAT
The Social Justice Collection for Sunday, March 8, 2020 will go to Habitat for Humanity. Habitat is a national organization with a local chapter in the Waterloo/Cedar Falls area. Habitat purchases real estate in depressed economic areas and constructs residential dwellings on that property for low income families.

Habitat seeks to benefit families by building new homes for them as well as encouraging community revitalization. Building projects will be underway in the Waterloo/Cedar Falls area. Funds are needed to support these projects so please give generously. All cash donated to the collection will be given to the Habitat for Humanity.

KEEP SECORA FAMILY IN YOUR PRAYERS
Please keep Father Jim Secora and his family in your thoughts and prayers. His mother, Evelyn, 97, passed away Feb. 11. Father Secora was pastor at St. Patrick from 1997 to 2009.
To send Fr. Secora a card:
Fr. Jim Secora
St. Cecilia Parish
2900 Hoover Ave
Ames, IA 50010

In today’s first reading, the Israelites are urged to love their neighbors as themselves. In the Gospel, Jesus spells out how we are to do that --- to give generously to those who ask of us and not to turn our backs on those who seek to borrow.
EUCHARISTIC ADORATION AT CHS

“What did not lie in my plan lay in God’s plan. From God’s perspective, nothing is accidental.” (St. Edith Stein) Visit the Perpetual Adoration Chapel and spend time discerning God’s perspective on the ‘accidents’ of your life. Committed adorers, drop-ins and substitutes all needed. Specific needs at this time are Mondays at 2 AM & Tuesdays at 3 PM. Call William Brandle at (319)939-9000 or email cvduration@gmail.com.

CONSIDER A CEW WEEKEND

Are you looking for a way to work on your relationship with God? Here is a wonderful opportunity to do just that! A Christian Experience Weekend (CEW) will be held at the Riverview Conference Center in Cedar Falls. The weekend will be held on March 27-29. The weekend is coed and registration is required. Brochures are available and for more information contact Mike Dudley (319)350-6764.

CANTERBURY FORUM -- Sunday, February 23, 7:00 PM, Will Hall, St. Luke Episcopal Church, Cedar Falls. UNI’s Dr. Francis Degnin will discuss the nature of spirituality and why spirituality is fundamental to all our lives.

CATHOLIC WITNESS HOUR -- Monday, February 24, 6:30-7:30 PM. Church Hall, St. Edward Parish. Information online at https://waterloocatholics.org/catholic-witness-hour

BUSY CATHOLICS’ GUIDE TO LENT - Tuesday, February 25. 6:00-7:00 PM, COR at 220 E. 4th St., Waterloo.

BUSY CATHOLIC’S GUIDE TO RECONCILIATION – Wednesday, March 4, 6:30-7:30 PM, COR, 220 E. 4th St., Waterloo. Find out more about how and why Catholics celebrate the Sacrament of Penance. Information at 319-234-9912 and at waterloocatholics.org/busy-catholics-guide-to-catholic-life.

SPIRITUAL DIRECTION 101 – Saturday, March 7, March 28, April 4, 9:30-10:30 AM, Faith Formation Center, Blessed Sacrament Early Childhood Center. This three-part Lenten series examines various dimensions of spiritual direction. No registration required. Learn more online at: https://waterloocatholics.org/spiritual-direction-101

The next Baptism class will be offered on:

**Monday, March 23 at 6:30 PM in the Commons.**

Class is required for the first child only.

Parents are asked to contact the parish office at 319-266-3523 regarding your child’s Baptism.

You can schedule Baptisms during the following times:

1st weekend of the month - after **9:30 AM** Mass
2nd weekend of the month - during **5:00 PM** Mass
3rd weekend of the month - after **11:30 AM** Mass
4th weekend of the month - during **9:30 AM** Mass

ST. STEPHEN THE WITNESS CATHOLIC

**STUDENT CENTER AT UNI**

1019 W 23 St. Cedar Falls, Iowa 50613

Fr. Jon Seda

www.ststephenunLorg or Phone: 319-266-9863

Sunday Mass at 10:30 AM, 7 PM
Prime Time Mass, Wednesdays at 9 PM

Daily Mass: Monday, Tuesday and Thursday at 4:30 PM, when Fr. Seda is available.

Check the website for the most up-to-date daily Mass times.

www.SaintPatrickcf.org
For ad info. call 1-800-950-9952 • www.4lpi.com  St. Patrick, Cedar Falls, IA  A4C 02-0197