

# SACRED HEART PARISH

6 2 7 W E S T 4 T H S T .  
W A T E R L O O , I O W A 5 0 7 0 2



### Lenten Disciplines of Fasting & Abstinence

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

## Mass Times

Weekend: Sat. - 4:00 & 5:30 pm, Sun. - 8:15 & 10:45 am  
Weekday: 8 am

## Sacrament of Reconciliation

Saturday at 3:30 - 3:50 & 5 - 5:25 pm, Sunday at 10:15 - 10:30 am and any time by appointment.

## Sacrament of the Sick

If you are planning to be hospitalized, or if you are home-bound, please arrange with the parish priest for the Anointing of the Sick.

## Parish Staff

Pastor - Rev. Kenneth Stecher (home phone - 236-6530)  
([dbq209@dbqarch.org](mailto:dbq209@dbqarch.org))

Associate Pastor - Rev. Luigi Htya Ruh (cell - 505-4662)  
([dbq209ap@dbqarch.org](mailto:dbq209ap@dbqarch.org))

Deacon - Rev. Mr. Dan Rigel ([dbq209D2@dbqarch.org](mailto:dbq209D2@dbqarch.org))

Administrative Assistance - Doug Miller

Children & Family Catechesis (K-12 Religious Education) - ([dbqWCFF@dbqarch.org](mailto:dbqWCFF@dbqarch.org))

Children & Family Catechesis (Gr. 2-12 Sacramental Prep) -Julie Niemeyer ([dbqWCFS@dbqarch.org](mailto:dbqWCFS@dbqarch.org))

Metro Director of Adult Faith Formation - Dave Cushing ([dbqWCAF@dbqarch.org](mailto:dbqWCAF@dbqarch.org))

Associate Director of Young Adult Ministry - Ellen Kuchera ([dbqWCYA@dbqarch.org](mailto:dbqWCYA@dbqarch.org))

Coordinator of Middle & High School Youth Ministry - Annie Zeets ([dbqwcym@dbqarch.org](mailto:dbqwcym@dbqarch.org))

School Principal - Aaron Becker ([abecker@cvcatholic.org](mailto:abecker@cvcatholic.org))

Assistant Principal - Aaron Ferrie ([aferrie@cvcatholic.org](mailto:aferrie@cvcatholic.org))

Burmese Immigrant Ministry - Fr. Luigi Htya Ruh (cell - 319-505-4662) ([dbq209ap@dbqarch.org](mailto:dbq209ap@dbqarch.org))

Office Manager- Judy Hinkle([dbq209bm@dbqarch.org](mailto:dbq209bm@dbqarch.org))

Office Secretary -Vicci Metcalf([dbq209sec@dbqarch.org](mailto:dbq209sec@dbqarch.org))

## Parish Leadership Chairs:

Pastoral Council - Brian Dolan

Faith Formation Commission Reps - Linda Stamp & Dale Patnode

Finance Committee - Don Johnston

Liturgy Committee - Tori Jermeland

Social Concerns Committee - Onna Kriener & Laura Schmadeke

Parish Life Committee - Pattie Magee

CVCS Representatives - Mark Sinnwell

Knights of Columbus - Ed Hau (319-939-5758)

## Ministry Coordinator:

Prayer Hot Line - 266-3799

Homebound Ministry - Vicki Wildeboer (319-230-5324)

Music Ministry -

Funeral Dinners - Pat Sears

Funeral Coordinator - Nancy Rigel

Fall Festival - Diane Waychoff & Brian Dolan

## Parish Telephones

Office ..... 234-4996

Fax ..... 233-0531

Sacred Heart School ..... 234-6593

Faith Formation Office ..... 233-0498

Church Dining Room ..... 233-5642

## Parish Website - [www.sacredheartwloo.org](http://www.sacredheartwloo.org)

## Look for us on Facebook

Visit [formed.org](http://formed.org), access code: V9JDQC

## MISSION STATEMENT

We the faith community of Sacred Heart Parish, are a beacon of hope, reaching out and welcoming people of all ages and cultures. We worship and minister in the heart of Waterloo, offering our gifts of acceptance, care, and formation in the Catholic Faith.



**Ministry of Praise for March:** That our parish may be spiritually renewed through our Lenten practices of prayer, fasting, and almsgiving.

**From Fr. Ken's desk:** Hopefully we have all gotten the holy season of Lent off to a good start by receiving the ashes and/or the Rice Bowl. Lent is divided into 2 sections; the first 3 weeks dealing with our spiritual life, the 2nd with the sufferings of our Lord. Each liturgical season begins with the traditional Good Shepherd Mass, asking us to examine our attitude towards others. This week we will be dealing with: scripture and prayer, repentance for sins, learning to pray, reconciliation with God and man, renewing our covenant with God.



From Father's Desk

Confession times: Every Friday for a half hour before the 8:00am Mass, and a half hour before all the weekend Masses.

Stations of the Cross will be conducted following the 8:00am Masses during Lent.

**From Fr. Luigi's desk:** ဝိသုဒ္ဓိလမ်းစဉ်အမှာစကား။ ။

ဝိသုဒ္ဓိလမ်းစဉ်အမှာစကားကို တွင်းကာလပထမအပတ်၌ နတ်ကပိတ်တော်သည် ကျွန်ုပ်တို့အား မြှောက်ခြင်းအကြောင်းကို ဖော်ပြခဲ့ပါသည်။ ဤဝိသုဒ္ဓိလမ်းစဉ်အမှာစကားကို အပြစ်ကျွန်ုပ်တို့အတွက် သန့်ရှင်းစေရန် လမ်းညွှန်ပေးခဲ့ပါသည်။ ကျွန်ုပ်တို့အား မြှောက်လာအခါ ကျွန်ုပ်တို့အတွက် သန့်ရှင်းစေရန် နယ်မြေသို့ ဝင်ရန် ဝိသုဒ္ဓိလမ်းစဉ်အမှာစကားပေးခဲ့ပါသည်။ ဒါပေမယ့် သန့်ရှင်းစေရန် နယ်မြေသို့ ရောက်ရှိရန် ခက်ခဲမှုနှင့် တားဆီးမှုများ ရှိကြောင်း ဆိုလိုချင်ပါသည်။ အစရယ်လီလူတို့သည် နို့ရည်နှင့် ဖျော်ရည်များကို နယ်မြေသို့ ရောက်ရှိရန် သဘောတရားကို ခက်ခဲခြင်းနှင့် ဖြတ်ကျော်ခဲ့ရသည်။ သခင်ခရစ်တော်သည် အဖမည်းတော်ဆီသို့ ပြန်မသွားခင် အချိန်၌ နောက်ယုတ်ခြင်းများ ကြုံတွေ့ခဲ့ရသည်။ ကျွန်ုပ်တို့သည် လည်းလောက၏ နောက်ယုတ်ခြင်း၊ အယုံမှားယွင်းခြင်း၊ အကာရယူလိုခြင်း စသော နောက်ယုတ်ခြင်းကို ကြုံတွေ့နေရသဖြင့် ကျော်လွှားနိုင်ရန် ဦတစ်ပတ်နတ်ကပိတ်တော်က လမ်းညွှန်ပြပေးခဲ့ပါသည်။



**American Legion Post 138, 728 Commercial, Waterloo:** March 8th, 15th, 22nd, 29th, April 5th, 12th and 19th. All you can eat from 5:00pm - 7:30pm. Cost - \$10.00 for Adults and \$7.00 for kids 10 and under.

**FISH FRY FRIDAY** Sacred Heart Knights of Columbus Council 16904 will be hosting a Fish Fry on Friday March 22nd in O'Hagan hall in the church basement. Serving

from 5 - 7 pm, we will be offering both fried and baked fish. Price is \$10.00 for adults, \$5.00 kids, 5 and under free. Proceeds from the fish fry will go to fund our Ranger Rosary Program. This program gives all graduating Seniors at Columbus, Don Bosco, and Catholic seniors in Jesup a hand tied rosary made by the Knights.

**The Ancient Order of Hibernians/The Five Sullivan Brothers Division I** will be celebrating St. Patrick's Day on Sunday March 17th with a Irish party at the American Legion on the corner of Commercial and W 6th St in Waterloo at noon. Irish cuisine, beverages and Irish music lead by Jim Dolan. All are welcome.

**Perpetual Adoration** - Lent has begun! We are called to increase our prayer, fasting, & almsgiving. Make this your best Lent ever with an hourly visit each week to the Perpetual Adoration Chapel located at Columbus HS. The grace from these visits will forever enrich your life. Drop-in anytime or become a committed adorer. Open hours are Mondays & Fridays at 2 am. Email [cvadoration@gmail.com](mailto:cvadoration@gmail.com) or call Mike Strei at 801-920-9130.



**"Essential Elements of a Strong Catholic Marriage" Day** All married couples are invited to strengthen their marriage by attending the Archdiocese of Dubuque "Essential Elements for a Strong Catholic Marriage" renewal day led by Greg and Julie Alexander of the Alexander House marriage apostolate on Saturday, April 27 from 9:00 AM to 4:00 PM at St. Ludmila Catholic Church in Cedar Rapids. Learn more and register by visiting [www.DBQArch.org/Events](http://www.DBQArch.org/Events) and clicking on the date. For questions, contact Matt Selby, Director of Marriage and Family Life, at 563-556-2580, ext. 233 or [m.selby@DBQArch.org](mailto:m.selby@DBQArch.org).



**Do you know that more than 1,500,000 couples in over 92 countries have experienced a Worldwide Marriage Encounter Weekend?** They found something worth passing on. Register for a Worldwide Marriage Encounter Weekend today! Sign up for upcoming weekends to ensure your spot. Gift certificates are available by calling the phone number below. Upcoming dates: Mar 8-10 LaCrosse, WI; Apr 12-14 Ankeny, IA; May 3-5 Dubuque, IA For more information visit our website at: [iowa-wwme.org](http://iowa-wwme.org) or call 563-608-3305 or email [jljwwme08@gmail.com](mailto:jljwwme08@gmail.com)



**St. Mary's Court #1099 of the Catholic Order of Foresters** is sponsoring a Matching Fund Breakfast on Sunday, March 10th. Sausage, eggs, hash browns, cinnamon rolls, coffee, orange juice and milk will be served. The Breakfast is open to the public and will be from 8:00 a.m. - 12:00 p.m. at St. Mary Center in Gilbertville, Iowa. Free will donations are encouraged and raffles are also being conducted. The money raised this year will go for curricula enhancements and technology at Immaculate Conception School in Gilbertville.



**The Faith Lutheran Life Team** will be hosting a Q&A potluck with Sue Thayer, a former Planned Parenthood manager who now works for 40 Days For Life, on Monday, March 18 at 12 p.m. Please join us at 1555 W. Ridgeway in Waterloo to hear Sue's story and bring a dish to share!

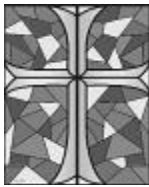


**The annual HONORING WOMEN BRUNCH** will be held on Sunday, April 28th from 11:00 - 1:30 in O'Hagan Hall. More information to come so please save the date. Hosted by the Parish Life Committee.



### Catholic Rosary and Jewelry Sale

On the weekend of March 16 & 17 there will be a sale of Catholic rosaries and jewelry. We will have beautiful imported hand-made Italian and Bethlehem rosaries, as well as a large variety of Catholic medals, crucifix necklaces, bracelets and other faith inspired jewelry. There will also be an assortment of First Holy Communion and Confirmation gift items. Proceeds from this sale will go to support the Columbus High School retreats and service trip. Stop by after any Mass to see the great items we have available.



### Could you use a wonderful weekend away?

Are you searching for a way to find some peace of mind? We can offer you a weekend with no cooking, no cleaning or running after everyone at home. No worries about time. March 15 - 17, 2019, CEW is being held at the American Martyr Retreat House. Cost of the weekend is \$135.00 and you get two nights in a private room, 5 meals, friendship, fellowship and the chance to get to know God a little better. Don't miss out on a chance to find the peace you are searching for. Please contact: Mike Dudley [mdudjci@mchsi.com](mailto:mdudjci@mchsi.com) 319-350-6764 or Stephanie Gardner [69camaro@mchsi.com](mailto:69camaro@mchsi.com) 319-415-3769 for more information. Financial assistance is available and will be kept private

### Confirmation Pray for Our Confirmation Candidates



Please keep in your prayers the high school students who are preparing to celebrate the sacrament of Confirmation. If you would like to be a "prayer partner" for a Candidate from our parish, pick up one of the orange cards found in the church entrances. A Candidate's name will be on the back. The Waterloo parishes' Confirmation Mass will be Saturday, March 30 at 1:00 pm at Columbus High School.



### 30th Annual Cedar Valley Catholic Schools Ultimate Auction - April 6th, 2019 Columbus Catholic High School Gymnasium.

Doors open at 6 PM Cedar Valley Catholic Schools is celebrating the 30th Anniversary of the Ultimate Auction as well as the 60th Anniversary of Columbus Catholic High School. The weekend will begin with a community Mass and alumni social on Friday night. Saturday will include a breakfast, school tours, and finally, the Ultimate Auction. The auction begins with a social hour at 6 PM and the program will begin at 7 PM. The evening will include a silent auction, live auction, and games of chance! Visit [cvcatholic.org/auction](http://cvcatholic.org/auction) for more information or to purchase tickets. Interested in getting involved? We are always looking for new and exciting items to add to our live or silent auctions. We are also in need of volunteers so please contact Maddie Morehouse at [mmorehouse@cvcatholic.org](mailto:mmorehouse@cvcatholic.org) with questions or donations.

## Upcoming Events

### ADULT FORMATION AND ENRICHMENT

**ADULT CONFIRMATION** -- If you are an active adult Catholic who has not celebrated the Sacrament of Confirmation, the Catholic Parishes in Waterloo invite you to celebrate this sacrament during the coming year. Information at 319-233-0498 and online at <https://waterloocatholics.org/adult-confirmation>



**EUCCHARIST VIDEO SERIES** -- Starts Wednesday, March 13. 6:30-7:30pm. O'Hagan Hall. Sacred Heart Parish. Deacon Dan Rigel will facilitate this four-part discussion based on the video "Presence--The Mystery of the Eucharist" by Bishop Robert Barron. The video explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members. Watch a trailer for the series at: [bit.do/presence-trailer](http://bit.do/presence-trailer) Register online to attend at: [bit.do/register-presence-video](http://bit.do/register-presence-video)

**Faith Formation Opportunity** -- for Lay Formation and IMPACT Alumni Experience God's grace and explore its impact on your life during our next IMPACT/LF Alumni Retreat, "Grace: On the Journey to God." The retreat will be held at New Melleray Abbey, just outside of Dubuque. We are excited for the opportunity to pray with and learn from the monks this Lenten season. Join us Saturday, March 30, 10 am to Sunday, March 31, 12 noon. For more information or to register, contact Theresa Alt, 319-447-1132, [alt.theresa@yahoo.com](mailto:alt.theresa@yahoo.com).

### Dr. Edward Sri Speaking Event -

The Faith Formation Division of the Archdiocese of Dubuque is offering a night for all Catholics to reflect on their call to holiness with Dr. Edward Sri at Heartland Acres in Independence, IA on Wednesday, May 1 from 6:30-8:30 PM. This is great opportunity for anyone interested in growing deeper as a disciple of Jesus. The event is free, but reservations are required. To RSVP, please visit [www.DBQArch.org/events](http://www.DBQArch.org/events) and click on the date. Space is limited!



**MARRIED COUPLES** -- Grow your faith together with Teams Of Our Lady (TOOL). TOOL groups of 6 married couples gather monthly to share a common meal and discuss their faith, lives, and grow towards each other in Christ. TOOL is an international movement with tens of thousands of couples. In the Cedar Valley there are dozens of couples growing together through TOOL. We are looking to start more groups here in Waterloo and Cedar Falls. If you are interested please contact Renae and William Brandle at 319-939-4323 or [renaeco57@yahoo.com](mailto:renaeco57@yahoo.com).

**NAMI Basics is a free six-week class for parents or family caregivers of children or youth who have mental health conditions or are experiencing symptoms with no diagnosis.** The class provides research about mental illness and treatments. It covers problem-solving skills, how to handle challenging behaviors, effective record keeping systems, and crisis management. The class will run every Thursday from 6 to 8:30 pm starting April 18 through May 23. It will be at the First Congregational Church, 608 West 4th Street, in Waterloo. Deadline for registration is Friday, March 29. Call NAMI at 319-235-5263 with questions or if you would like to register for the class.

***Pray for the Sick!***

Dorothy Amundson, Evelyn Angle, Jerry Ersland, Matthew Fordyce, Velma Horn, Dave Hoth, Fr. Louis Jaeger, Domingo Jaramillo, Rose Krier, Jan Stanhope, Iris Strieter, Ashley Ubbelohde, Jim McElmeel, Reinhard Boesch, Bev Pyle, Mary Dwyer, Michelle George & Toni Webb

**STEWARDSHIP REPORT**

**RECOGNIZING OUR NEED TO BE GIVERS**

**AMOUNT RECEIVED ON MARCH 2/3**

**BUDGET ENVELOPES**

**AND OFFERTORY RECEIVED: \$12,849.57**

**Weekly Budgeted Amount: \$11,873.08**

*Stewardship: Today's first reading describes the offering of first fruits the people of Israel were to present to the Lord in thanksgiving for their deliverance from Egypt and the gift of the Promise Land. Is my offering at today's Mass an appropriate response to the many blessings the Lord has given me?*

**Baptismal Preparation**



Parents who are planning to baptize an infant or child in the near future are reminded that they should attend a preparation class for parents prior to the baptism. The next class meets on Monday, April 8th @ 7:00pm in the Church Hall at St. Edward Parish.



**Please call the rectory** if you or a loved one is hospitalized and would like a visit from Fr. Ken or Fr. Luigi. Leave your name, hospital, and room number with the parish rectary. We are not always able to obtain this information from the hospitals due to privacy laws. We cannot publish names in the bulletin sick list without your permission.

**New Address or Phone Number??**

Have you recently changed your address or disconnected your land line phone? Do you have a cell phone number that we can have for our records? Please call the Rectory, at 234-4996, to report any changes so we can keep our records up to date. Thank You!

## This Week

Mon. 6:30pm Parish Life Mtg. - R.C.  
 Tues. 7:30pm Prayer Group Mtg. - O.H.  
 Wed. 5:30pm Faith Formation - O.H.  
 Thurs. 5:15pm Alpha Program - O.H.  
 Sun. 5:00pm Burmese Rosary



### March 11-17, 2019

Mon. 8:00am Sharon Stecher  
 Tues. 8:00am Craig Penrose  
 Wed. 8:00am Bernard Merges  
 Thur. 8:00am Frances Byrne  
 Fri. 8:00am Jim Kremer  
 Sat. 4:00pm Dick VanBesien  
       5:30pm Webb Family Intention  
 Sun. 8:15am Deborah Schaefer  
       10:45am John & Margaret McCoy

### Schedule of Liturgical Minister March 16/17

4:00 pm	5:30 pm	8:15 am	10:45 am
<b><u>Ushers</u></b>			
D. Boyle	C. Hildebrand	W. Frost	Law Meh
M. Boyle	D. Wilberding	R. Hillsman	Rosy Say Mue
<b>Volunteer</b>	<b>Volunteer</b>	<b>Volunteer</b>	Paw Too
<b><u>Lector</u></b>			
D. Jaramillo	K. Blair	R. Sherburne	T. Jermeland
<b><u>Servers</u></b>			
D. James	B. Myers	S. Dei	Shar Reh
<b>Volunteer</b>	M. Myers	M. Lokee	Sue Shine
			Pi Tar
<b><u>Eucharistic Ministers</u></b>			
C. Ersland	L. Mrzlak	P. Sears	A. Hicok
P. Jaramillo	R. Wallace	K. VanBieson	P. Jackson
J. Lazum	P. Yount	M. Weiss	J. Niemeyer
M. Sandberg			Slavica Sabic
<b>Volunteer</b>			P. Spooner
<b>Volunteer</b>			D. Waychoff
<b>Volunteer</b>			J. Waychoff



**HARRIS CLEANING SERVICE & SALES, INC.**  
 Brian • Tim • Ronda  
*Family Owned & Operated Since 1960 - Fred J. Harris*  
 Professional Power Cleaning  
 With A Personal Touch  
 Waterloo 235-6647

**Russell Construction**  
 Concrete • Masonry  
 No job too small  
 • Driveways  
 • Patios  
 • Sidewalks  
 • Blockwork  
 • Specialty concrete  
 Free Estimates • Bonded & Insured  
**Mark Russell**  
 319-233-5816

**PDCM**  
 Steve Clabby  
 "Thanks to Sacred Heart Parishioners for your patronage."  
 Please call for your insurance questions.  
 www.pdcm.com 234-8888

**Quam Trucking LLC**  
 Screened Black Dirt, Rock and Sand, Broken Concrete  
 3842 Osage Rd.  
 Waterloo, IA 50703  
**KENNY QUAM**  
 319-240-3548

**ServiceMASTER by Harris**  
 Residential/Commercial Cleaning Services  
 ServiceMaster by Harris  
 432 Locust St., Waterloo, IA 50701  
 Joel A. Harris, Owner 319/291-3991  
 Email: servicecma@forbin.net

**Care Initiatives**  
 Rejuvenation | Specialty Care  
 Skilled Nursing • Physical Therapy  
 Occupational Therapy • Speech Therapy  
 Hospice Services  
 2651 St. Francis Dr. • Waterloo, IA 50702  
 EEO/AAP (319) 232-6808

**Hagarty Waychoff Grarup**  
 Funeral Service  
 South Street (319) 234-6274  
 West Ridgeway (319) 233-3393  
 John Waychoff • Paul Grarup • Louis Hagarty  
 Sawyer Kuboushek • Chris Starbuck

**dalton**  
 Moving | Storage | Cleaning | Remodeling | Preparation  
 319.493.3113 | daltonphc.com

**PRIORITY 1 AUTOMOTIVE SERVICES**  
 OPEN 6 DAYS A WEEK  
 Closed Sundays  
 1607 La Porte Rd. • 319-232-0351  
 3819 University Ave. • 319-236-1111

**CEDAR VALLEY**  
 Center for ENT, Sinus & Allergy  
  
 David J. Congdon, MD, MPH, FACS  
*Major Clinic-trained, double board-certified specialist*  
 WATERLOO • WAVERLY • INDEPENDENCE • GRUNDY CENTER  
 congdonmd.com  
 Call 319-833-5970 Today to Schedule Your Consultation

**SPREAD THE WORD**  
 A Thriving, Vibrant Community Matters  
  
**SUPPORT OUR ADVERTISERS**

**Town & Country HOME IMPROVEMENT CENTER**  
 • Roofing • Siding  
 • Windows/Doors  
 • Residential & Commercial Flooring  
 • Cabinets/Countertops  
 Bill Staebell 4920 Dubuque Rd.  
 Scott Staebell (319) 235-9565

**METRO TRANSMISSION & AUTO REPAIR**  
 Your 1 Stop Auto Repair Center  
 The "Honest" Choice in Repair  
*Roger Klingfus - owner*  
 326 W. 10 St. 232-5814  
 Waterloo

**Riley's Floors**  
 Carpet/Rugs - Ceramic Tile  
 Luxury Vinyl Tile & Plank - Wood  
 3230 Marnie Ave. • Waterloo, IA  
 rileyfloors.com 233-9911  
 Steve Riley & Donny Sallee

**WE'RE HIRING AD SALES EXECUTIVES**  
  
 • Full Time Position with Benefits  
 • Sales Experience Preferred  
 • Paid Training  
 • Overnight Travel Required  
 • Expense Reimbursement  
 CONTACT US AT  
 careers@4LPi.com  
 www.4LPi.com/careers

**THE SINNOTT AGENCY, INC.**  
 Insurance Since 1923  
 • AUTO • HEALTH • BUSINESS • LIFE  
 • HOME • FARM • DISABILITY INCOME  
 Bill Sinnott - Steve Sinnott - Dan Sinnott - Tom Sinnott  
 622 W. 4TH STREET  
 P.O. BOX 1918  
 WATERLOO, IOWA 50704  
 (319) 233-6103

**catholicmatch iowa**  
  
 CatholicMatch.com/IA

**Curran Plumbing Inc.**  
 Since 1996  
 ■ Water Heaters  
 ■ Remodels  
 ■ Repairs  
 Commercial Residential Parishioner  
 \$5 off with this coupon  
**233-0353**

**The Other Place III**  
 3904 Lafayette Rd.  
 Evansdale, IA  
**232-3536**  
 An Eating & Drinking Establishment  
 TIM & DENISE HACKENMILLER

**Perkins RESTAURANT & BAKERY**  
 10% OFF any regular priced menu item with coupon  
 3280 University Ave. 235-6595

**WEBER ELECTRIC**  
 Larry & Cindy Weber  
 Parishioners  
**319-277-5579**

**AVAILABLE FOR A LIMITED TIME**  
**ADVERTISE YOUR BUSINESS HERE**  
 Contact Abraham Swingle to place an ad today!  
 aswingle@4LPi.com or (800) 950-9952 x2640

**Timothy D. Ament**  
 Attorney at Law  
 (319) 234-0221  
 Fax (319) 324-0837  
 2115 La Porte Rd.  
 Waterloo, IA 50702

**ANOTHER COZY HOME**  
**MIKE FEREDAY**  
 HEATING • AIR CONDITIONING  
 PREMIER QUALITY SERVICE  
**319-232-0900**

**IOWA AUTO REBUILDERS**  
  
**Dick Merron**  
**(319) 234-5546**  
**2550 Rancho Rd.**  
**Waterloo, IA 50701**

**GOODYEAR**  
**Fifth Street Tire Inc.**  
 515 W. 5th St. • 234-6871  
 Locally Owned • Independent Dealer  
 Dave Sand - Parishioner

**usbank**

**BODY BASICS**  
 Your Health Our Passion  
 \* We Treat Pain \*  
 Accepting new patients  
 352 E. Ridgeway Ave., Waterloo • 233-3010  
 Kim Schonhoff-Reiter, MSPT  
 Owner & Parishioner www.bodybasicspt.net

**CATHOLIC CEMETERIES OF WATERLOO, INC.**  
 MOUNT OLIVET & CALVARY  
 3912 West Fourth Street  
 233-0746  
 catholiccemeteriesofwaterloo.org

**McDonald's**

**usbank**

**TnK \$2 off**  
 minimum \$10 order  
 not valid with other offers  
 • Gluten-Free Foods & Products  
 • Vitamins, Herbs, Supplements  
 • Frozen & Refrigerated Foods  
 • Essential Oils  
 • Natural Body Care  
 • Natural Cleaning Products  
 TnK Health Food Store • 319-235-0246  
 1823 Peoples Square, Waterloo • Facebook.com/tnkusa

**usbank**