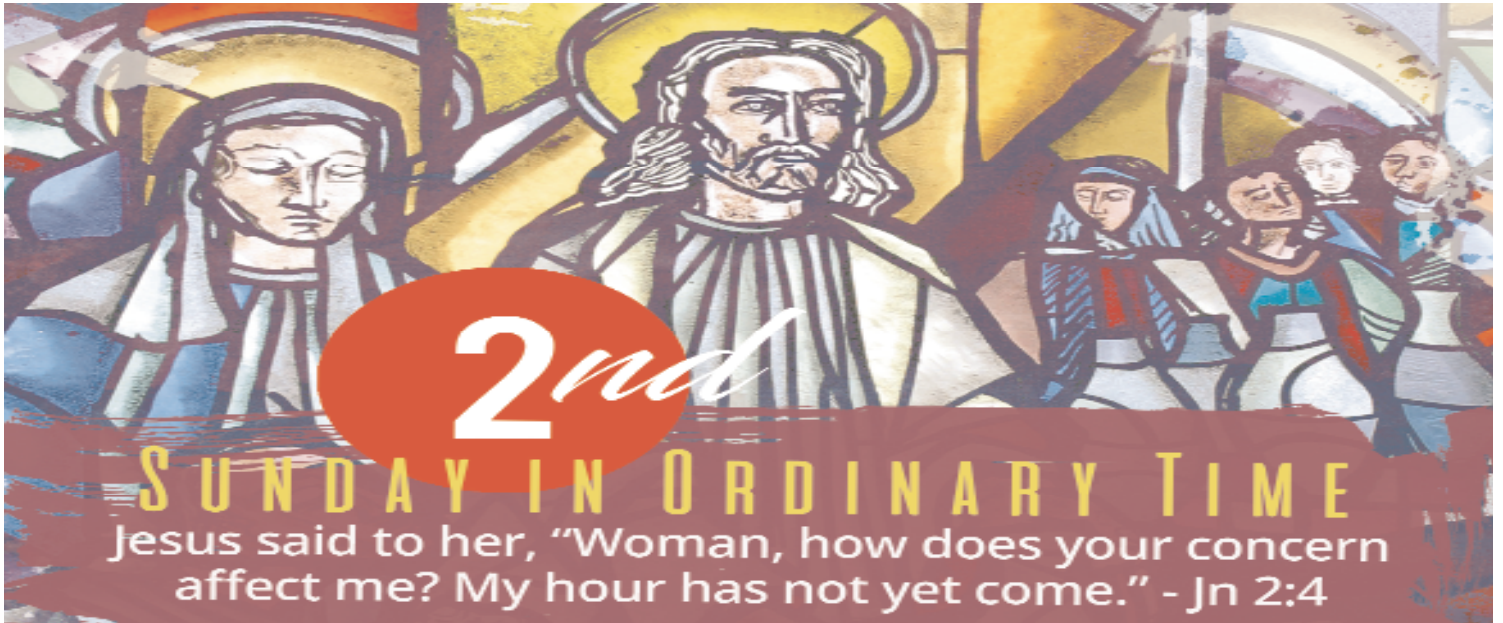


SACRED HEART PARISH

6 2 7 W E S T 4 T H S T R E E T
W A T E R L O O , I O W A 5 0 7 0 2



Mass Times

Weekend: Sat. - 4:00 & 5:30pm, Sun. - 8:15 & 10:45am
Weekdays: Tues. - Fri. 8am

Sacrament of Reconciliation

Saturday at 3:30 - 3:50pm & 5 - 5:25pm, Sunday at 7:30 - 8:00am & 10:15 - 10:30am and any time by appointment.

Sacrament of the Sick

If you are planning to be hospitalized, or if you are home-bound, please arrange with the parish priest for the Anointing of the Sick.

Parish Staff

Pastor - Rev. Paul Htai Naw (319-427-0237)
(dbq209ap@dbqarch.org)

Deacon - Deacon Dan Rigel (dbq209D2@dbqarch.org)

Administrative Assistance - Doug Miller

Religious Education

Gen Wandro (dbqwcff@dbqarch.org)

Sacramental Prep

Julie Niemeyer (dbqwcfs@dbqarch.org)

Adult Ministry

Dave Cushing (dbqwcfa@dbqarch.org)

Coordinator of Adult Faith Formation/Marriage Prep

Ellen Kuchera (witnessstolovewaterloo@gmail.com)

MS/HS Youth Ministry

Annie Zeets (dbqwcym@dbqarch.org)

Business Manager Faith Formation

Becky McElroy (beckymcelroyff@gmail.com)

Columbus Catholic H.S. - (319-233-3358)

Blessed Maria Middle School - (319-232-6592)

CVCS Elementary School - (319-233-6202)

Office Manager- Judy Hinkle(dbq209bm@dbqarch.org)

Office Secretary -Vicci Metcalf(dbq209sec@dbqarch.org)

Parish Leadership Chairs:

Pastoral Council - Brian Dolan

Faith Formation Commission Reps - Vicki Cutsforth & Dale Patnode

Finance Committee - Don Johnston

Liturgy Committee - Maureen Beckman & Barb Wille

Social Concerns Committee - Ron and Maureen Kraus &

Laura Schmadeke

Parish Life Committee - Pattie Magee

CVCS Representative - Mark Sinnwell

Knights of Columbus - Ed Hau (319-939-5758)

Ministry Coordinator:

Prayer Hot Line - Maggie Hemmer (319-266-3799)

Wedding Hospitality Ministers - Breatta Schmadeke and

Rosy Wei for the Burmese Community

Funeral Dinners - Pat Sears

Funeral Coordinator - Nancy Rigel

Fall Festival - Diane Waychoff & Brian Dolan

Parish Telephones

Office 234-4996

Faith Formation Office 233-0498

Church Dining Room 233-5642

Parish Website - www.sacredheartwloo.org

Look for us on Facebook

Visit formed.org, access code: V9JDQC

MISSION STATEMENT

We the faith community of Sacred Heart Parish, are a beacon of hope, reaching out and welcoming people of all ages and cultures. We worship and minister in the heart of Waterloo, offering our gifts of acceptance, care, and formation in the Catholic Faith.

From Fr. Paul's Desk: They have no wine. Jn. 2:3

We have been celebrating the Solemnities of God's revelation to human beings. Christmas is the feast of God's Self-revelation to the Jews, and Epiphany celebrates God's Self-revelation to the Gentiles. The Baptism of the Lord in the Jordan is the Self-Revelation of the Holy Trinity to all. This week Jesus reveals His Divine power by turning water into wine at a wedding. "Do whatever He tells you" is a life-transforming mantra given to us by Mother Mary. This is the only recorded command of Mary in the Bible. We always need to invite Jesus and Mary to remain with us in our homes because they are the best helpers for every solution to our family problems. It is important to be aware of miracles God is doing in our lives. As an uninvited guest in our families, God works daily miracles in our lives, protecting us from physical and moral dangers, providing for our needs, inspiring us, and strengthening us with His Holy Spirit. Every one of us and every married couple runs short of something at some time or other. We run short of patience, understanding, communication, love, appreciation, forgiveness, health, money or work. We need to know and accept our shortcomings and turn to Jesus to get a fresh supply of what we need to make our lives and family happier. On our part we need to do the best in whatever Jesus tells us to do. Throughout the Bible, marriage is the symbol of the Covenant relationship between God and His Chosen People. God is the Bridegroom and humanity is His beloved Bride. Another question is are we running short of our spiritual well-being? We might be running short of practicing our faith, following God's Commandments, teachings and obligations of the Church or being faithful to our parish church. We need to fill up the jars with water and then we will taste the best wine for prosperity on this earth and for our salvation. The only thing Jesus tells us to do is to love God and others.



Ministry of Praise for January: For all who suffer from the cold, especially the homeless, and those who are displaced from their homes. That in this new year we may be deepened in our resolve to be peace makers in our families, our parish, our city and the world.



Please keep **Darlene Russett**, and all her family in your thoughts and prayers. May she rest in peace.

Please keep **Duane Jaschen**, and all his family in your thoughts and prayers. May he rest in peace.

Please keep **Beverly Frost**, and all her family in your thoughts and prayers. May she rest in peace.

Perpetual Adoration - "Lord, help me...to lean upon Thy great strength, trustfully, restfully." (St. Francis of Assisi) Visit Our Lord, trust Him, rest in Him at the Perpetual Adoration Chapel located at Columbus HS. Available 24/7 for all. Specific needs are Wednesdays at midnight, 2 AM (once a month), and 3 AM, Thursdays at midnight, 9 AM (once a month) and 3 PM, and Fridays at midnight and noon. If interested email cvadoration@gmail.com or call Mike Strei 801-920-9130.

ဘုန်းတော်ကြီး ပေါလ်ထံမှ သတင်းစကား သူတို့တွင် စပျစ်ရည်မရှိ---- ရှင်ယောဟန် ၂:၃
ဘုရားသခင်သည် မိမိ၏ ဘုန်းတော်ဂုဏ်တော်ကို နည်းအမျိုးဖြစ် ဖော်ပြပေးခဲ့သည်။ သားတော်ဘုရားလူ့အဖြစ်ကို လာယူတော်မူခြင်း၊ ပညာရှိမင်းများ၏ လာရောက်ဖူးမြော်ခြင်းကို လက်ခံခြင်း၊ လူသားများအတူ ဆေးကြောခြင်းမင်္ဂလာ ခံယူခြင်းများအားဖြစ်ပေါ်လွင် ထင်ရှားစေခဲ့သည်။ ဤသတင်းပတ်တွင် လူ့အဖြစ်ကို လာယူသော သားတော် ဘုရားသည် ဘုရား၏ဘုန်းတန်ခိုးတော်ကို ရေမှ စပျစ်ရည်သို့ ပြောင်းလဲပေးခြင်းအားဖြစ် ပေါ်လွင်ထင်ရှားစေခဲ့ကြောင်း ကြားနာ ထောက်ရှုရပါသည်။ အမိမယ်တော်သခင်၏ ကြားဝင်ဆုပန်ပေးခြင်း သည် မရသည် ဟု မကြားစဖူး ဟူသော ဓမ္မတေးသီချင်းပင် ရှိနေပေသည်။ သမ္မာကျမ်းစာတော်မြတ်တွင် အမိမယ်တော်က လူသားများ အတွက် အခွန်းတည်းသော မိန့်ဆို- တောင်းဆိုချက်မှာ သူ့စေခိုင်းသမျှကို ပြုကြပါ ဟူ၍သာ ဖြစ်သည်။ ကျွန်ုပ်တို့လူသားများ၏ လိုအပ်မှုများကို အမိမယ်တော်သခင်မ အမြဲ သတိထားပြီး ကြားဝင်ဆုပန်ပေးနေသည်။ ကျွန်ုပ်တို့၏ ခရစ်ယာန်ဘဝအသက်သာ၌ ဖြစ်စေ မိသားစု- အိမ်ထောင်စုများ၌ ဖြစ်စေ ပျော်ရွှင်သာယာမှုများကို ပေးသော စပျစ်ရည်များ မကြာခင် ကုန်သွားတတ်သည်။ ကုန်ခမ်းသွားသော စပျစ်ရည်များကို သတိထားမိရန်၊ နားလည်လက်ခံပြီး အမြဲတမ်းဆန်းသစ်နိုင်အောင် ကြိုးစားကြရမည်။ အိမ်ထောင်စုတွင် စိတ်ရှည်သီးခံခြင်း၊ ခွင့်လွှတ်ခြင်း၊ ချစ်ခြင်း၊ နားလည်ပေးခြင်း၊ ရှိုင်းပင်းကူညီခြင်းစသော စပျစ်ရည်များ ကုန်သွားပါက မိသားစု၌ အရှက်တကွဲဖြစ်ခြင်း၊ ဝမ်းနည်းကြေကွဲခြင်း စသည်မလိုအပ်သော ပြဿနာ အခက်အခဲများဖြစ်ပေါ် လာစေ သည်ကို သတိထားရမည် ဖြစ်သည်။ ထိုအတူ ယုံကြည်ခြင်းအသက်သာတွင်လည်း ကောင်းမြတ်သော အကျင့်သီလများစောင့်ထိန်းခြင်း၊ ယုံကြည်ခြင်းအသက်သာ အတိုင်း ကျင့်ကြံနေထိုင်နိုင်ရန် အထူးကြိုးစားရမည်။ ကုန်ခမ်းနေသော ကောင်းမြတ်ခြင်း တရားများကို ပြန်လည် ကုစားနိုင်ရန် သခင်ဘုရားစေခိုင်းသမျှကို ပြုကြပါစို့။ သခင်ဘုရားစေခိုင်းသည်ကား ထာဝရ ဘုရားသခင်ကို ချစ်ခြင်းနှင့် သူတစ်ပါးကို ချစ်ခြင်းပင်ဖြစ်သည်။

Pope Francis' prayer in a time of pandemic

O Mary, you always shine on our path as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm.

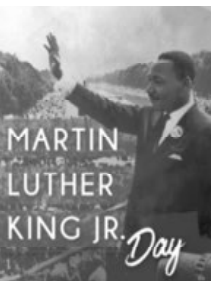
You, Salvation of the Roman People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection.

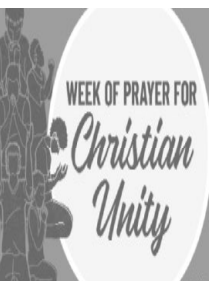
Amen.

Under your protection, we seek refuge, Holy Mother of God Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

Jan. 17th



Jan. 18th-25th



Jan. 22nd



ALL YOU CAN EAT DAD'S BELGIAN WAFFLE BRUNCH

- Sunday January 23, 2022, 8:00 am to 12:00 pm, St. Patrick's Catholic Church Cedar Falls in Dutcher Gymnasium. Serving: Giant Belgian Waffles Topped with Butter, 9 Flavored Syrups including Fruit and Nut Flavors, Sausages, Whip Cream and Beverages. Adults: \$6.00 in Advance & \$8.00 @ the door, Children 6-12: \$6.00 at the door and Children aged 5 & under eat free. Carry outs will be available. Sponsored by Knights of Columbus Council 4516. All proceeds go to Birthright and Alternatives.



WORLDWIDE MARRIAGE ENCOUNTER is a catholic faith based marriage enrichment program and has been providing couples with better communication skills and tools for over 50 years. Find out what you've been missing by attending one of these upcoming experiences. February 11 - 13th in Ankeny; April 23 - 24th in Epworth. For more information or to register go to iowa-wwme.org or call 563-608-3305.

LEARN TO GROW - The Catholic Parishes in Waterloo are committed to providing life-long formation, education and spiritual growth opportunities for Catholics of all ages. Find a guide to formation and enrichment programs for adults and young adults at: <https://waterloocatholics.org/adult-formation-guide>
Indicate opportunities you're interested in at: <https://bit.ly/Learn-to-Grow>

WINTER MINI-RETREAT -- Sunday, January 23. 1:30-4:00pm. Live Video Discussion. The Gospel of St. Luke is the source of the Sunday readings during Ordinary Time this year. In this online discussion, Professor John Waldmeier will discuss the major themes of Luke's gospel. Learn more here: waterloocatholics.org/winter-mini-retreats Register to participate in the discussion here: <https://bit.ly/winter-mini-retreat>



Funds Transfer. Our bank can automatically pull your tithing allowance from your bank account, consistently. This allows Sacred Heart predictability and stability in our contributions, and it provides you with ease of payment. And, just like your weekly paycheck, it's important to have a reliable income flowing to the bank, in order to pay our bills. If you prefer to put something in the basket each week, you still get your envelopes and you can put a prayer request in your envelope instead of a check, or challenge yourself to add another \$5.00 to your envelope. You can request an EFT form from Sacred Heart at 234-4996 or email the parish office at dbq209bm@dbqarch.org

**ADULT FORMATION AND ENRICHMENT**

ADULT CONFIRMATION -- If you are an active adult Catholic who has not celebrated the Sacrament of Confirmation, the Catholic Parishes in Waterloo invite you to celebrate this sacrament during the coming year. Information at 319-233-0498 and online at <https://waterloocatholics.org/adult-confirmation>

KNOW YOUR FAITH DISCUSSION -- Monday, January 17. 7:00-8:00pm. Live Video Discussion. Our monthly Know Your Faith discussions are designed for adults and young adults who want to learn or review basic components of the Catholic faith. This month's topic is "The Incarnation." The discussions are open to the public. Learn more here: <https://waterloocatholics.org/know-your-faith>
Use this link to join the conversation: <https://bit.ly/know-your-faith>

WINTER FORUM/1 -- Thursday, January 20. 6:30-8:00pm. Live Video Discussion. In this week's presentation, Jacob Kohlhaas discusses his new book "Rethinking Parenthood in the Catholic Tradition." Learn more at: waterloocatholics.org/winter-forum
Use this link to join the discussion: meet.google.com/etf-xtsx-bbp

MEN'S FAITHFUL COMPANIONS GROUP -- A Faithful Companions small group for men is forming soon. This group will meet weekly online to examine how they experience God's presence and challenges in daily life. For information contact Dave Cushing at dbqwcaf@dbqarch.org. Learn more about Faithful Companions at waterloocatholics.org/faithful-companions
• Indicate your interest in joining a Faithful Companions group at <https://bit.ly/faithful-companions-registration>

READING THE GOSPELS -- Tuesdays or Wednesdays in January and February, starting Jan. 18 and 19. Live Video Discussion. Scripture instructor Ann Naffziger guides participants through reading all four Gospels in this six-week series. Learn more and register here: <https://bit.ly/reading-the-gospels>

ONLINE OPPORTUNITIES FOR PRAYER

- **Lectio Divina** -- Thursday evenings at 7:00pm. For registration and more information email pfiffnercarolyn@gmail.com.
- **Centering Prayer** -- These 30 and 20-minute sessions are led by members of Contemplative Outreach of Northeast Iowa Monday nights at 6:00pm; Tuesday and Thursday mornings at 8:30am and Sunday afternoons at 3:30pm. For information contact Julie Rowell at julirowell@mchsi.com

- **Find a guide to formation and enrichment programs at:** <https://waterloocatholics.org/adult-formation-guide>

- **Indicate opportunities you're interested in at:** <https://bit.ly/Learn-to-Grow>

RECEIVE TRENDING TODAY, our summary of what's happening in the world and the church, by email: send a request to: dbqwcaf@dbqarch.org.

Pray for the Sick!

Matthew Fordyce, Dave Hoth, Fr. Louis Jaeger, Domingo Jaramillo, Rose Krier, Mary Dwyer, Kim Reiter, Ron Babinat, Joan Nielson, Mavis Armstrong, Joyce Sweeney, Mary Kay Fischbach, Roberta Gray, John Lazum, Ashley Ubbelohde, Bill Zuck, Jill Yuska, Dick Fischels, Marilyn McElligott, Peggy Cunningham, Craig Cunningham, Jack Berry, Kurt Klosterman, Marie Nitzschke and Anita Nitzschke.

STEWARDSHIP REPORT

RECOGNIZING OUR NEED TO BE GIVERS

**JANUARY 8/9 BUDGET ENVELOPES AND
OFFERTORY RECEIVED: \$9,785.00**

WEEKLY BUDGETED AMOUNT: \$11,873.08

Stewardship: In today's second reading, St. Paul tells the Corinthians (and us) that all of our gifts are from God and that they are given, not for ourselves alone, but for the common good. But the generosity of God knows no limits - the miracle at Cana reminds us that whenever we faithfully do as God asks, He can change our gifts of water into wine!



BAPTISM PREPARATION - Monday, February

14, 6:30pm-8:30pm. Live Video Discussion.

This preparation program is for first-time parents in the Waterloo parishes who are planning to baptize an infant or young child in the near future. Parents should be registered members of a parish.

- Register online at <https://waterloocatholics.org/baptism-registration>
- Learn more about baptizing infants and children at: bit.do/infant-baptism



Please call the rectory if you or a loved one is hospitalized and would like a visit from Fr. Paul

HOSPITALIZED please leave your name, hospital, and room number with the parish rectory. We are not always able to obtain this information from the hospitals due to privacy laws. We cannot publish names in the bulletin sick list without your permission.

New Address or Phone Number?? Have you recently changed your address or disconnected your land line phone? Do you have a cell phone number that we can have for our records? Please call the Rectory, at 234-4996, to report any changes so we can keep our records up to date. Thank You!

This Week

Tues. 6:30pm Finance Mtg. - O.H.
 Wed. 6:15pm RE Class - School
 Thurs. 7:00pm KC's Mtg. - O.H.

Worship Schedule 

January 15 - 23, 2022

Sat. 4:00pm Gerald Britt
 5:30pm Barbara McGreevy Davis
 Sun. 8:15am William Wiedner
 10:45am People of the Parish
 (*Burmese language*)
 Mon. 8:00am No Mass
 Tues. 8:00am Jistin
 Wed. 8:00am Rebecca
 Thurs. 8:00am People of the Parish
 Fri. 8:00am Gerald Britt
 Sat. 4:00pm Ed & Marie Seifried
 5:30pm The Davis and McGreevy
 Families
 Sun. 8:15am Virgil Armstrong
 10:45am People of the Parish
 (*Burmese language*)

Schedule of Liturgical Ministers

January 22/23

4:00pm	5:30pm	8:15am	10:45am
<u>Usher</u>			
J. Beckman	C. Hildebrand	C. Patava	
B. Sweeney	D. Wilberding	J. Webb	
<u>Lector</u>			
D. Wille	S. Schmitt	D. Wille	
<u>Eucharistic Ministers</u>			
S. Sabic	R. Kraus	J. Waychoff	
<u>Servers</u>			
Christina	Matha Moe	Victoria Reh	Isabella
Rosy Chery Lay	Maria Ko	Sophia	Julia

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Hagarty Waychoff Grarup
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West Ridgeway (319) 233-3393
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