

SACRED HEART PARISH

6 2 7 W E S T 4 T H S T R E E T
W A T E R L O O , I O W A 5 0 7 0 2



The Spirit of the Lord is upon me... He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free.

Lk 4:18

Mass Times

Weekend: Sat. - 4:00 & 5:30pm, Sun. - 8:15 & 10:45am
Weekdays: Tues. - Fri. 8am

Sacrament of Reconciliation

Saturday at 3:30 - 3:50pm & 5 - 5:25pm, Sunday at 7:30 - 8:00am & 10:15 - 10:30am and any time by appointment.

Sacrament of the Sick

If you are planning to be hospitalized, or if you are home-bound, please arrange with the parish priest for the Anointing of the Sick.

Parish Staff

Pastor - Rev. Paul Htai Naw (319-427-0237)
(dbq209ap@dbqarch.org)

Deacon - Deacon Dan Rigel (dbq209D2@dbqarch.org)

Administrative Assistance - Doug Miller

Religious Education

Gen Wandro (dbqwcf@dbqarch.org)

Sacramental Prep

Julie Niemeyer (dbqwcfs@dbqarch.org)

Adult Ministry

Dave Cushing (dbqwcaf@dbqarch.org)

Coordinator of Adult Faith Formation/Marriage Prep

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MS/HS Youth Ministry

Annie Zeets (dbqwcym@dbqarch.org)

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Becky McElroy (beckymcelroyff@gmail.com)

Columbus Catholic H.S. - (319-233-3358)

Blessed Maria Middle School - (319-232-6592)

CVCS Elementary School - (319-233-6202)

Office Manager- Judy Hinkle(dbq209bm@dbqarch.org)

Office Secretary -Vicci Metcalf(dbq209sec@dbqarch.org)

Parish Leadership Chairs:

Pastoral Council - Brian Dolan

Faith Formation Commission Reps - Vicki Cutsforth & Dale Patnode

Finance Committee - Don Johnston

Liturgy Committee - Maureen Beckman & Barb Wille

Social Concerns Committee - Ron and Maureen Kraus & Laura Schmadeke

Parish Life Committee - Pattie Magee

CVCS Representative - Mark Sinnwell

Knights of Columbus - Ed Hau (319-939-5758)

Ministry Coordinator:

Prayer Hot Line - Maggie Hemmer (319-266-3799)

Wedding Hospitality Ministers - Breatta Schmadeke and Rosy Wei for the Burmese Community

Funeral Dinners - Pat Sears

Funeral Coordinator - Nancy Rigel

Fall Festival - Diane Waychoff & Brian Dolan

Parish Telephones

Office 234-4996

Faith Formation Office 233-0498

Church Dining Room 233-5642

Parish Website - www.sacredheartwloo.org

Look for us on Facebook

Visit formed.org, access code: V9JDQC

MISSION STATEMENT

We the faith community of Sacred Heart Parish, are a beacon of hope, reaching out and welcoming people of all ages and cultures. We worship and minister in the heart of Waterloo, offering our gifts of acceptance, care, and formation in the Catholic Faith.

From Fr. Paul's Desk: This text is being fulfilled today even while you are listening. Lk 4:21

The Catholic Church has understood the Sacred Tradition of the Church as the Divine truth not expressed in the Holy Scripture alone, but orally transmitted. The Sacred Tradition precedes the Scriptures. That's why today's Gospel begins with, "Seeing that many others have undertaken to draw up accounts of the events that have reached their fulfillment among us, as these were handed down to us by those who from the outset were eyewitnesses and ministers of the Word." We also hear Jesus Himself reading a prophecy from the Old Testament prophesied by Prophet Isaiah saying, "Today this Scripture has been fulfilled." It is called the Gospel of the Old Testament, because it tells the life of Christ hundreds of years before Christ was born. Jesus reads out the purpose of His coming into the world. In the second reading, St. Paul reminds us that each of us is a different part of Christ's Body and each has a share, as God's instruments, in bringing the freeing and saving mission of Christ to our world in our times. We need to work together like the different parts of a body, offering our time, talents and treasures to each other as well as to all we encounter in our lives in fulfillment of our Baptismal calling and promises. The focus of Jesus' ministry is the poor. He walks into the house of a man who considers himself unworthy to have Jesus under his roof; He touches those who are untouchable and to be touched; He eats and drinks with those who have no status in society. He not only heals and feeds but also gives dignity to human beings. We all need Christ to set us free from our sinfulness and our evil habits. Let us receive Christ's freedom, live it and pass it on to others as members of Christ's Mystical Body.

We saw the star in the East, and we came to worship Him. Mt. 2:2 is the theme for Christian unity in 2022. It is the highlighting of God's invitation to all of humanity to a new covenant in the Incarnation of Christ. Let us offer our special prayers for Christian unity that there will be only one flock, one Shepherd. (Jn. 10:16)



Ministry of Praise for January: For all who suffer from the cold, especially the homeless, and those who are displaced from their homes. That in this new year we may be deepened in our resolve to be peace makers in our families, our parish, our city and the world.

Perpetual Adoration - "It is He, Jesus Christ, the true Life, who gives hope and purpose to our earthly existence." (St. John Paul II) Find hope. Find purpose. Find Jesus. Visit the Perpetual Adoration Chapel at Columbus HS. Drop-ins and committed adorers needed. Specific needs are Wednesdays at midnight, 2 AM (once a month), and 3 AM, Thursdays at midnight, 9 AM (once a month) and 3 PM, and Fridays at midnight and 2 AM. If interested call Maria Pranger at (319)429-4920 or email cvadoration@gmail.com.

FEBRUARY 3RD IS THE FEAST OF ST. BLAISE. Blessing of the throats will take place at 8 am Mass on that day. The candles that will be used will be blessed on February 2 at the 8 am Mass celebrating the Presentation of our Lord.

ဘုန်းတော်ကြီး ပေါလ်ထံမှ သတင်းစကား ယခုသင်တို့ကြားရသော ကျမ်းစကားသည် ယနေ့ပင်ပြည်စုံခြင်းသို့ရောက်လေပြီ။ ရှင်လုကာ ၄:၂၁
လူသားတိုင်း၌ မျိုးရိုး၊ ဓလေ့ထုံးစံအစဉ်အလာ အမွေအနှစ်များရှိကြသည် တန်ဖိုးထားကြသောကြောင့် မျိုးရိုးနာမည်ကိုပင် ယူကြသည်။ ကက်သလစ်သာသနာတော်သည် ရှေ့အစဉ်အလာ သွန်သင်ချက်များကို အစဉ်အမြဲတန်ဖိုးထားသည်။ လိုက်နာကြသည်။ လက်ဆင့်ကမ်း နေကြသည်။ ကျင့်သုံးနေကြသည်။ သမ္မာကျမ်းစာတော်၌ ဖော်ပြထားသော အရာများစွာ လိုက်နာ ကျင့်ကြံကြသည်။ အဘယ်ကြောင့် ဆိုသော် သမ္မာကျမ်းစာတော်မြတ်၌ပင် ကျမ်းရေးသူ ရှင်ယောဟန်က သခင်ယေရှုပြုလုပ်ခဲ့သော အခြားအရာ များစွာ ရှိသေး၏ ထိုအမှုအရာတစ်ခုစီကို ရေးသားမှတ်တမ်းတင်ရမည်ဆိုလျှင် ရေးသားရမည် စာစောင်များကို ထားရှိရန် ဤကမ္ဘာမြေတွင် နေရာရှိတော့မည် မဟုတ်။ ရှင်ယောဟန် ၂၁:၂၅ တွင် ဖော်ပြထားပါသည်။ ထို့ကြောင့် ဤသတင်းပတ် စံဝေလီကျမ်းစာတော်မြတ်တွင် ရှင်လုကာက လည်း များစွာသောလူတို့သည် ဝါတို့အကြားတွင် ပြီးမြောက်ခဲ့သော အကြောင်းအရာတို့ကို မှတ်တမ်းတင်ရန်အားထုတ်ခဲ့ကြ၏။ မျက်မြင် သက်သေများက ဝါတို့အားလက်ဆင့်ကမ်းဟောပြောခဲ့သည် ဟူ၍ သူ၏ကျမ်းစာတော်မြတ်တွင် အစချီ ရေးသားထားသည်ကို တွေ့ရှိရပါသည်။ ဤအကြောင်းအရာများကို ဖော်ပြပေးရခြင်းမှာ ဤရက်သတ္တပတ် သည် ခရစ်ယာန်များ တစ်လုံးတစ်ဝတ်ည်း အတွက် အထူးဆုတောင်းရသော ရက်သတ္တပတ်ဖြစ်သည်။ ရှေ့ဖေရာမက်များတို့၏ ဟောထားချက်များသည် သခင်ယေရှု ပြည်စုံခြင်းသို့ရောက် သည့်အကြောင်း ကိုလည်း ကြားနာရပါသည်။ သခင်ယေရှု၏ တရား၊ ကယ်တင်တော်မူခြင်းသည် ကျွန်ုပ်တို့အားလုံးအတွက် အလွန် ဝမ်းမြောက်စရာ သတင်းကောင်းပင်ဖြစ်သည်။ သို့ရာတွင် တချို့လူသားတို့၏ အတ္တမာန များကြောင်း မလိုအပ်သော ကွဲပြားခြင်းများ အတိုက်အခံများဖြစ်ပေါ်နေရသည်။ ဘုရားတစ်ဆူတည်းကို ယုံကြည်ပါသည်။ သခင်တစ်ပါးတည်းကို ဝန်ခံပါသည် ဟုဆိုကြသော်လည်း တစ်ဆူတည်းသော ဘုရားကို မသိသူ သခင်တစ်ပါးတည်းကို မဝန်ခံသောသူများကို မဟောမပြောဘဲ ယုံကြည်နေသူ ဝန်ခံနေသူများကို ကွဲပြားအောင်လှုပ်ဆော်ခြင်းသည် သခင်ဘုရား၏ ဝမ်းမြောက်စရာသတင်းကောင်းကို မျက်စိနေသော သူများသာဖြစ်သည်။ တမန်တော်ကြီး တို့မှ ဆင်းသက်လာသော ကက်သလစ်သာသနာတော်ကို ဝန်ခံကြ ရမည်။ သက်သေခံကြရမည်ဖြစ်သည်။ ဧနုဝါရီလ ၁၈ ရက်မှ ၂၅ နေ့အထိသည် တစ်ကမ္ဘာလုံးက ခရစ်ယာန်များ တစ်လုံးတစ်ဝတ်ည်း အတွက် အထူးဆုတောင်းရသော ရက်သတ္တပတ်အဖြစ်သတ်မှတ် ထားပေးသည်။ ယခုနှစ်အတွက် ရည်ညွှန်းချက်ကျမ်းပိုဒ်မှာ ရှင်မာတေးဦး ၂:၂ ဝါတို့သည် သူ၏ကြယ်ကို အရှေ့ပြည်၌ မြင်ကြရသည်ဖြစ်၍ သူ့အားဖူးမြော်ပူဇော်ရန် ရောက်ရှိလာကြခြင်းဖြစ်သည်။ သို့ဖြစ်တစ်ခု သို့ထိန်းတစ်ပါးတည်း၏ အစေခံခြင်းသို့ နိမ့်ချစွာပြန်ဝင်ကြပါရန် သာသနာတော်က တံခါးအစဉ်ဖွင့်လှစ် ထားပေးသောကြောင့် အချိန်မနှောင်းခင် တစ်လုံးတစ်ဝတ်ည်း ရှင်သန်နေထိုင်ရန်အတွက် အထူး ဆုတောင်းပေးကြပါစို့-----



On September 29, 2019, in response to real needs, and after broad consultation, Archbishop Jackels announced the start of a special appeal, called **ArchdioceseOne**, to help the poor and to support the mission of the Church. In March of 2020, the Covid-19 pandemic forced us to pause active fundraising for ArchdioceseOne. In mid-February, we'll be restarting our fundraising efforts for this special appeal. You likely received a letter in the mail recently regarding this subject, but if not, **Archbishop has made a video for you about this important effort he'd like you to see. It will only take about 5 minutes of your time to watch.** Simply scan this QR code with your smartphone camera. Then click the link that pops up on your phone's screen. This will take you to his video. ****If you don't have a QR enabled smartphone, type the following link into your internet browser: Archbishop Jackels Video. Thank you!**



THANK YOU TO ALL OUR MINISTERS. We couldn't do it without you! Looking forward to the Spring Ministry schedule (March, April and May) if there are any dates that you are NOT available to minister at please contact Laura Schmadeke by Friday January 28th. Phone: 319-230-3629 or Email: lauralas@me.com

EUCCHARISTIC MINISTER TRAINING/RENEWAL WILL TAKE PLACE JANUARY 29 AT 2:30. If you were unable to attend training/renewal last October, please attend now. All Eucharistic Ministers need to be renewed and re-commissioned.

SACRISTAN TRAINING will take place Saturday, January 29 at 2:00. We will review duties and will work on a schedule for ministers.



DATES WATERLOO PARISHES WERE FOUNDED AND THEIR 1ST PASTOR

1854 -- First known Mass celebrated in Waterloo

1861 – St. Joseph Parish founded as a mission of St. Mary Parish, Waverly

1869 -- Fr. Nicholas F. Scallan appointed first resident pastor of St. Joseph Parish

1898 – St. Mary Parish founded
-- Fr. H.J. Hemesath appointed pastor of St. Mary Parish

1909 – Sacred Heart Parish founded
-- Fr. John J. Hanley appointed first pastor of Sacred Heart Parish

1923 – St. John Parish founded
-- Fr. Nicholas J. Lenz appointed first pastor of St. John Parish

1940 -- Sept. 8. Dedication of St. Peter Claver Church at 1112 Mobile St

1945 – St. Edward Parish founded.
-- Msgr. John M. Fischer appointed first pastor of St. Edward Parish

1947 – Blessed Sacrament Parish founded.
-- Fr. Louis Putz appointed first pastor of Blessed Sacrament Parish

1951 -- St. Nicholas Parish founded
-- Fr. Alvan Heuring appointed first pastor of St. Nicholas Parish

ADULT FORMATION AND ENRICHMENT

ADULT CONFIRMATION -- If you are an active adult Catholic who has not celebrated the Sacrament of Confirmation, the Catholic Parishes in Waterloo invite you to celebrate this sacrament during the coming year. Information at 319-233-0498 and online at <https://waterloocatholics.org/adult-confirmation>

WINTER MINI-RETREAT -- Sunday, January 23. 1:30-4:00pm. Live Video Discussion. The Gospel of St. Luke is the source of the Sunday readings during Ordinary Time this year. In this online discussion, Professor John Waldmeier will discuss the major themes of Luke's gospel. Learn more here: waterloocatholics.org/winter-mini-retreats Register to participate in the discussion here: <https://bit.ly/winter-mini-retreat>

WINTER FORUM/2 -- Thursday, January 27. 6:30-8:00pm. Live Video Discussion. In this week's presentation, Fr. Dale Launderville, professor of theology at St. John School of Theology and Seminary, discusses the challenges of telling the truth in an age of dis-belief. Learn more at: waterloocatholics.org/winter-forum Use this link to join the discussion: meet.google.com/etf-xtsx-bbp

WINTER FORUM/3 -- Thursday, February 3. 6:30-8:00pm. Live Video Discussion. In this week's presentation, Nancy Gordon, an expert on the spirituality of disabled persons, discusses how to understand the spiritual needs of people living with dementia. Learn more at: waterloocatholics.org/winter-forum Use this link to join the discussion: meet.google.com/etf-xtsx-bbp

ALPHA FOR CATHOLICS -- Monday Evenings starting February 7. 6:00-7:30pm. Live Video Discussion. Alpha is an exciting and engaging enrichment series for adults and young adults who want to explore or renew their relationship to Jesus Christ and the Christian faith. Each Alpha program includes a video and discussion. Alpha is free and is open to the public. Learn more online at <https://waterloocatholics.org/alpha> Register for the Alpha winter series at: <https://bit.ly/alpha-winter-22>

ONLINE OPPORTUNITIES FOR PRAYER

- **Lectio Divina** -- Thursday evenings at 7:00pm. For registration and more information email pfiffnercarolyn@gmail.com.
- **Centering Prayer** -- These 30 and 20-minute sessions are led by members of Contemplative Outreach of Northeast Iowa Monday nights at 6:00pm; Tuesday and Thursday mornings at 8:30am and Sunday afternoons at 3:30pm. For information contact Julie Rowell at julirowell@mchsi.com

- **Find a guide to formation and enrichment programs at:** <https://waterloocatholics.org/adult-formation-guide>

- **Indicate opportunities you're interested in at:** <https://bit.ly/Learn-to-Grow>

RECEIVE TRENDING TODAY, our summary of what's happening in the world and the church, by email: send a request to: dbqwcfa@dbqarch.org.

Pray for the Sick!

Matthew Fordyce, Dave Hoth, Fr. Louis Jaeger, Domingo Jaramillo, Rose Krier, Mary Dwyer, Kim Reiter, Ron Babinat, Joan Nielson, Mavis Armstrong, Joyce Sweeney, Mary Kay Fischbach, Roberta Gray, John Lazum, Ashley Ubbelohde, Bill Zuck, Jill Yuska, Dick Fischels, Marilyn McElligott, Peggy Cunningham, Craig Cunningham, Jack Berry, Kurt Klosterman, Marie Nitzschke and Anita Nitzschke.

STEWARDSHIP REPORT

RECOGNIZING OUR NEED TO BE GIVERS

**JANUARY 15/16 BUDGET ENVELOPES AND
OFFERTORY RECEIVED: \$15,102.00**

WEEKLY BUDGETED AMOUNT: \$11,873.08

Stewardship: The US bishop's pastoral on stewardship reinforces today's reading from I Corinthians: "Because its individual members do collectively make up the Body of Christ, that body's health and well-being are the responsibility of the members - the personal responsibility of each one of us. We all are stewards of the Church."



BAPTISM PREPARATION - Monday, February

14, 6:30pm-8:30pm. Live Video Discussion.

This preparation program is for first-time parents in the Waterloo parishes who are planning to baptize an infant or young child in the near future. Parents should be registered members of a parish.

- Register online at <https://waterloocatholics.org/baptism-registration>
- Learn more about baptizing infants and children at: bit.do/infant-baptism



Please call the rectory if you or a loved one is hospitalized and would like a visit from Fr. Paul

HOSPITALIZED please leave your name, hospital, and room number with the parish rectory. We are not always able to obtain this information from the hospitals due to privacy laws. We cannot publish names in the bulletin sick list without your permission.

New Address or Phone Number?? Have you recently changed your address or disconnected your land line phone? Do you have a cell phone number that we can have for our records? Please call the Rectory, at 234-4996, to report any changes so we can keep our records up to date. Thank You!

This Week

Wed. 6:15pm RE Class - School
 Sat. 9:00am Sacramento Prep Class for
 Grades 3-8 - School
 Sun. 3:00pm 1st Comm. Parent Mtg. for
 Burmese - O.H.

Worship Schedule 

January 22 - 30, 2022

Sat. 4:00pm Ed & Marie Seifried
 5:30pm The Davis and McGreevy
 Families
 Sun. 8:15am Virgil Armstrong
 10:45am People of the Parish
 (*Burmese language*)
 Mon. 8:00am No Mass
 Tues. 8:00am Garry Snyder
 Wed. 8:00am Dorothy Guynn
 Thurs. 8:00am Jistin
 Fri. 8:00am Rebecca
 Sat. 4:00pm Gerald Britt
 5:30pm Walter & Mildred Coughlin
 Sun. 8:15am William Wiedner
 10:45am People of the Parish
 (*Burmese language*)

Schedule of Liturgical Ministers

January 29/30

4:00pm	5:30pm	8:15am	10:45am
<u>Usher</u>			
E. Hau	G. Gebel	C. Patava	
B. Sweeney	M. Russell	J. Webb	
<u>Lector</u>			
J. Beckman	J. Niemeyer	P. Spooner	
<u>Eucharistic Ministers</u>			
D. Rigel	A. Goddard	K. Dunakey	
M. Seliger	D. Rigel	D. Rigel	
<u>Servers</u>			
Dae Meh	Micheal Hmng	Christina Hoih	Victoria Reh
Snow Oo	April Oo	Rosy Par	

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