



ST. THERESA CATHOLIC

FAITH • SERVICE • COMMUNITY • EDUCATION

1230 Merle Hay Rd., Des Moines, IA 50311

515-279-4654

January 22 & 23, 2022



3rd Sunday
IN ORDINARY TIME

*“The Spirit of the Lord is upon me,
because he has anointed me
to bring glad tidings to the poor.”*

- Lk 4:18a

PARISH STAFF

Pastor

Fr. Raphael Assamah.....279-4654 x301
Rectory.....279-4654 x501
Email.....rassamah@stsdsm.com

Weekend Assistant

Rev. Robert Chamberlain
Email.....bobbikecham@gmail.com

Pastoral Associate

Deacon David Schmidt..279-4654 x308
Email.....dschmidt@stsdsm.com

Deacons

Deacon Michael Huntsman...537-5382
michael.huntsman@hotmail.com
Deacon Rick Condon.....314-0108
rnjcondon@yahoo.com

Parish Manager

Mike Smith.....279-4654 x303
Email.....michaelsmith@stsdsm.com

Coordinator of Pre-K-5th Faith Formation

Jane Ann Becicka.....279-4654 x304
Email.....jbecicka@stsdsm.com

Director of Youth Ministry

Megs Howes.....279-4654 x306
Email.....mhowes@stsdsm.com

RCIA Director, Adult Faith Formation

Barb Woods.....515-210-6649
Email.....bwoods@stsdsm.com

Parish Accountant

John McMichael.....279-4654 x305
Email.....jmc michael@stsdsm.com

Communication Coordinator

Emily Melcher
Email.....emelcher1@stsdsm.com

St. Theresa School.....515-277-0178
Fax.....515-255-2415

Principal, Ellen Stemler....277-0178 x207
Email.....estemler@stsdsm.com

St. Theresa Child Care....277-3788 x401
Director, Maria Calhoun
Email.....mcalhoun@stsdsm.com

Office Hours: 8:00am - 4:30pm (M-F)

Parish Secretary

Tatia Eischeid.....279-4654 x300
Email.....teischeid@stsdsm.com
Sue Fitzpatrick.....279-4654 x300
Email.....sfitzpatrick@stsdsm.com

Food Pantry

Anita Holub.....515-216-0908
Food Pantry Hours - M - W - 10am-1:45pm

STEWARDSHIP GIFTS PRAY FAST GIVE

Week Ending January 2
\$21,819

Weekly January Budget
\$ 18,474.81

Difference
\$ 3,344.19

YTD Cumulative Difference
\$ 6,242.34

Weekly Contributors
115

Christmas - \$465.00
TOGO - \$745.00
Building Fund - \$450.00
First Fruits - \$735.00

St. Mary's Hamburg- to date
\$21,4.00

PARISH COMMITTEES

Finance Council

Judy Kendzora.....515-276-4139
Email.....tkendzora@mchsi.com

School Board

Laura Sarcone
Email.....lauracsarcone@gmail.com

Peace & Justice

Kathy O'Neill.....515-865-1590
Email.....don.kathy.oneill@gmail.com

St. Vincent de Paul

Barb Chicoine.....515-979-5172
Email.....barbchicoine@msn.com

Pro-Life

Rachel Egan.....515-822-4884

St. Theresa K of C Grand Knight

Aaron Friess.....620-755-1291
Email.....aaronkfriess@gmail.com

St. Theresa Altar & Rosary (STARS)

Alisha Friess.....785-408-9452
Email.....stars@stsdsm.com

TOGO Committee

Kay Boisen.....515-720-0923
Susan Malloy515-321-5826

Baptism

Baptisms are scheduled for parishioners after the pre-baptism requirements are fulfilled. Baptism classes are held every other month. Call the church office to register.

Marriage

Please call the church office at least nine months prior to the desired wedding date.

WEEKEND MASS TIMES & RECONCILIATION

Reconciliation - Saturdays from 8:30am to 9:30am, by appointment or after any Mass

Saturday Mass - 4:30pm

Sunday Mass - 8:30am, 10:30am, 4:30pm

BULLETIN ARTICLES

Bulletin submissions should be sent to the parish office by Friday, the week before you want it in the bulletin. You will need to write your own copy. If you have any questions, please call Tatia Eischeid at 515-279-4654 x300. Please send submissions to stsmmedia@stsdsm.com.



Bulletins



SUNDAY REFLECTION



Sunday, January 23, 2022
Third Sunday in Ordinary Time
by The Faithful Disciple

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

GROW: Do you ever find yourself feeling like you are at the cusp of something remarkable? Like you are witnessing an incredible, historic, athletic, or aeronautical feat? I wonder if that's what it was like for the followers of Jesus when he began his public ministry: "News of him spread throughout the whole region. He taught in their synagogues and was praised by all." In today's Gospel, Jesus reads the words of the prophet Isaiah that are effectively a "job description" of his mission: glad tidings to the poor, liberty of captives, sight to the blind, freedom for the oppressed. What Isaiah prophesied, Jesus claims to fulfill. He thus inaugurates his public ministry with a claim that is straightforward, bold, true, and of great consequence. Today, by virtue of our baptism, we are part of the body of Christ and share in that mission. Whatever our backgrounds, abilities, or talents, we each have something to contribute to building up one another and the Church. And with the help of the Holy Spirit, we, too, can be bold in our own proclamation of Jesus Christ as Lord.

GO EVANGELIZE | PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

GO: We've heard the phrase "Don't sell yourself short." Social media aside, many of us tend to focus on our shortcomings: We may wish we could run faster, be better at our jobs, have a cleaner home, in general, "get it together!" Truth is, we're all works in progress. That's what I love about Paul's Letter to the Corinthians. He reminds us that each one of us – whatever our strengths or weaknesses – is part of the body of Christ. God loves us with our imperfections, not in spite of them. As such, each of us has indispensable value and much to contribute to the mission of the Church. As we move into the week ahead, today's readings invite us to place ourselves at the service of the Church and one another. Beyond that, we can invite others to join us by recognizing that God values the talents – and foibles – that each of us brings to his service.

PRAYER: Yesterday on the liturgical calendar was the Day of Prayer for the Legal Protection of Unborn Children. As members of the body of Christ, let us join our voices with the universal Church and pray a Pro-Life Rosary each night this week. The USCCB Prayers and Devotions page is a good resource.

GOD IS GOOD SLOGAN

**GOD IS GOOD – ALL THE TIME
ALL THE TIME – GOD IS GOOD
AND THAT IS HIS NATURE**



CATHOLIC SCHOOL



Social Justice Week begins Sunday, January 30.

Students will be participating in different ministries at Mass this weekend. The Pancake Breakfast is scheduled from 9:30-12:00 on Sunday, January 30, in the gym. Open House for the school and Childcare will be from 10-11:30 with guided tours beginning in the gym.

Our theme for Social Justice Week this year is The Story of Us. We are going to look at how the parish, the school and our families live our faith and serve others. Students will learn about the different parish committees, their purpose and their accomplishments. There is so much to be proud of and to share! STCS celebrates 70 years of ministry in September, 2022. It is important for students and families to know our roots, their own roots and how faith and service impacts all of this. How do we make a difference?

Do you like to work with children? We are looking for qualified substitute teachers for St. Theresa Catholic School. Learn more and apply at <https://bit.ly/3FheUcT>.

Are you creative? Do you love kids? Our middle school art position is available for a qualified applicant. This is a one day per week assignment working with our amazing 6th - 8th grade students. Please call our parish school office for more information.

OPPORTUNITY AWAITS!

100 percent of Diocese of Des Moines Catholic school students graduate high school and 96 percent go on to attend college. Plus, our 2021 graduating class earned more than \$11.7 million in college scholarships! Catholic schools are an investment in your child's future. Expect more. Explore Catholic education. Learn more at dmdiocese.org/catholic-schools.

AN INVESTMENT IN THEIR FUTURE!

An education at St. Theresa Catholic School is an investment in your child's future. Our students consistently demonstrate high-achievement academically, socially and spiritually. Additionally, we make every effort to ensure our school is accessible to all families who desire a Catholic education for their child. No family is turned away for inability to pay full tuition. Expect more. Explore Catholic education at St. Theresa Catholic School. Visit www.sainttheresaiaowa.org or call 515-277-0178 for more information.



***It's not too late!
Sign up now for your child to begin parish religious education.***

St. Theresa Parish offers welcoming classes that teach authentic Catholic faith education for children kindergarten through high school. To learn more contact Jane Ann Becicka or Megs Howes in the parish office.

LEARNING CENTERS

The Learning Centers will be April 20th and May 1st. First Eucharist Masses are April 30th and May 1st.



CHILDREN'S FAITH FORMATION SCHEDULE

Jan 26 All-family Mass
Feb 2 Social Justice Week

CATHOLIC CHARITIES

Remember our smallest clients. Catholic Charities is always in need of diapers (size 3-6) and baby wipes at the Outreach Center. Donations can be dropped off between Monday-Friday between 8:30 a.m. and 4:15 p.m. at 1815 Hubbell Ave. in Des Moines. Financial gifts can be made online at CatholicCharitiesDM.org. Call 515-262-7290 if you have questions.



YOUTH MINISTRY



Megs Howes, Youth Minister

Cell 515-720-4060

mhowes@sainttheresaiowa.org Website: www.sainttheresaiowa.org/ (Under Faith Formation Tab)

Edge meets from 6:30-7:30 in the Community Center in the school.

January 26

February 2, 9, 23

Lifeteen meets from 6-8pm in the Parish Hall.

January 26

February 2, 23

CONFIRMATION MEETING: All 8th grade students and high school students who have not been confirmed, should come with their parents:

Wednesday, February 2, 2022

6-7:30 p.m.

Parish Hall

C1 & C2 Confirmation Retreat:

Saturday, February 5, 2022

9 a.m. - 11:30 a.m. in St. Theresa Parish Hall

The sponsor or a proxy will need to attend this retreat with the candidate. Let Megs know by Saturday, January 29, who will be attending.

Confirmation Prep Sessions for C1 (9th grade) and C2 (10th grade) will be Wed. February 9, 6:00-8:00pm in the parish hall. Contact Megs if you have questions. Check out the Youth Ministry website for more Information.

Service Opportunities:

Helping at the C1/C2 Confirmation Retreat

Date: Saturday, February 5

Location: Parish Hall

We are needing help with the following areas from adults, middle school and confirmed high school students: clean-up, set, running activities and taking pictures. Check the youth ministry website for more information and let Megs know if you can help.

HS Service Opportunity: HS Spring Break FIA

Date: March 13-16 2022

Drop off/pick up location: Our Lady Immaculate Heart 510 East First Street, Ankeny, IA 50021

We will be staying at Our Lady's Immaculate Heart Church in Ankeny and carpooling (with adult drivers) to and from our work sites in the Des Moines metro area. Cost for the Faith In Action experience is \$100 (checks made payable to St. Theresa). Half of the fee is due with the application and the other half can be paid anytime after. Applications must be received by Megs no later than February 9, 2022. Space is limited so please get your application in on time. Check the youth ministry website for more information.

Fleece Donation Needed Youth Ministry Service Project:

We are in need of fleece that is three yards in length. Please contact Megs if interested in donating.



St. Theresa St. Vincent de Paul Conference is continuing the 5th Sunday care collection. We will be donating the personal care items you bring on the 5th Sunday to our pantry right here at St. Theresa and to the SVdP pantry on 6th Ave. in Des Moines. Please bring your items next weekend and place them on the steps in front of the altar. The item list and shopping bags are at each entrance.

THE BISHOP WANTS TO HEAR FROM US

Bishop William Joensen invites us to take part in a brief survey that will assist our visioning process for the Diocese of Des Moines. We want to hear of your joys and disappointments, your hopes and priorities for our diocesan future. To complete the survey in English, go here: <https://forms.gle/1mp721t5b8TFcAid8>. The Bishop also invites us to pray that God will grace us with clear vision of His will for the way forward.



ADULT FAITH FORMATION



R - C - I - A... we're going to R - C - I - A...

RCIA is in the Catechumenate phase where we talk about the main beliefs of the Church. Time is going fast and is quite enjoyable.



This is a parish event. Therefore, we are in need of two sponsors for Terin and Aubrianna to walk the rest of the journey with them. We are also in need of hosts to bring a treat on Sunday morning after the 8:30 Mass. If you can help us out, call Barb in the Parish Office.

Liturgical Ministers: Don't forget to go into Ministry Pro to sign up for the weekends between now and March 27. We need your presence. If you forgot your password, let me know and I will send the link to change it.

We will restart the ministry of sacristan by the end of January. This ministry sets up and cleans up the items necessary for Mass as well as opens/closes doors, turns on/off lights and returns things to their proper places. If you are willing to help out or have questions, please let Barb Woods know (515-210-6649 or bwoods@stdsm.com).



SPIRITUAL ADOPTION PROGRAM

MONTH 5 -- Developing Baby -- "Mommy felt me kick today!"

Your spiritually adopted baby weighs over one pound now, and his mother can feel his movement. Before this time he was too small for her to feel. Although he swam with ease in the watery world, he needed to be big and strong enough to kick hard against the outside wall and dent it - - the inside wall of the uterus has little feeling. We are midway through the pregnancy now. Your prayers have helped your baby's mother continue with her pregnancy and seek the help she needs.

Young Catholic Network

All young adult professionals in their 20s and 30s are invited to join the Young Catholic Network Speaker Series on Tuesday, January 25th! Join us at 6 PM for an evening of networking and fellowship at the Catholic Pastoral Center in downtown Des Moines. Enjoy complimentary drinks and appetizers while meeting other young Catholics committed to professional and spiritual growth. Sharon Krause of Krause Group (parent company of Kum & Go) and Dalla Terra Ranch will be our featured speaker. She will talk about the alignment of one's personal and faith-based mission in the workplace and beyond! Free childcare is provided if you register by Jan 17. Register today at www.dmdiocese.org/ycn!

YCDM Catholic Singles Group

It's all fun and games at board game night! Bring one of your favorite card or board games to share and enjoy a winter's night in with friends. Pizza dinner, beer, and other drinks provided.

For Catholic singles in their 20s and 30s.

Friday, January 28, 2022

6:30 pm to 9:30 pm

St. Augustin Parish Hall

545 42nd St, Des Moines, IA 50312

For details, please email YCDMCatholicSingles@gmail.com.

BISHOP JOENSEN ON THE RADIO

Hear Bishop William Joensen's weekly radio show on Fridays at 9 a.m. on Iowa Catholic Radio and the Spirit Catholic Radio Network. Tune in to hear "Making it Personal With Bishop Joensen ."

JOB OPENING

Internal Control Specialist – The Diocese of Des Moines has an immediate opening in our Finance Department working with parishes and schools. More information can be found on the Employment page of our website under Diocesan openings. www.dmdiocese.org

Mass Intentions



Monday, 6:30 am	January 24 Communion Service
Tuesday, 6:30 am	January 25 † Mary Oberreuter † Frank & Anna Healy
Wednesday, 6:30 am	January 26 † Robert James
Thursday, 6:30 am	January 27 † Dee Pagliai † Matt Meyer
Friday, 6:30 am	January 28 † Tim Hughes † Deceased Members of the Tigges & Gladfelder Families
8:35 am	† Bob Miethke
Saturday 4:30 pm	January 29 † Judy Chase & Ted Woods
4:30 pm	† Maria Hanlan
Sunday, 8:30 am	January 30 † Billy Stodgel
8:30 am	† Stacy Underwood
10:30 am	† Jimmy DePhillips
10:30 am	† Souls of all US Service Men & Women Living and Deceased
4:30 pm	† People of the Parish



COUNSELING AVAILABLE

Catholic Charities has licensed, professional therapists working with clients of all faiths and backgrounds who are addressing depression, anxiety, stress, marital issues, relationship problems, child behavior problems, trauma, abuse and more. Therapy is available in Council Bluffs, Des Moines, and Ankeny. Set up an appointment by emailing sfister@catholiccharitiesdm.org or calling 515-237-5045 or 712-328-3086.



Third Sunday in Ordinary time

In this Sunday's Gospel, Jesus reads the words of scripture: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor."

In the month of January, through your gifts, the Society of St. Vincent de Paul was able to assist an immigrant family find work and legal aid.



Readings for the week of January 23, 2022

Sunday:	Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/ Lk 1:1-4; 4:14-21
Monday:	2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/Mk 3:22-30
Tuesday:	Acts 22:3-16 or Acts 9:1-22/Ps 117: 1bc, 2/Mk 16:15-18
Wednesday:	2 Tm 1:1-8 or Ti 1:1-5/Ps 89:4-5, 27-28, 29-30/Mk 4:1-20
Thursday:	2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25
Friday:	2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5- 6a, 6bcd-7, 10-11/Mk 4:26-34
Saturday:	2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/Mk 4:35-41
Next Sunday:	Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15- 17 [cf. 15ab]/ 1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30



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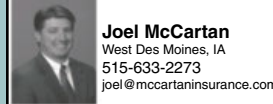
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