



ST. THERESA CATHOLIC CHURCH

1230 Merle Hay Rd Des Moines IA 50322 sainttheresaiowa.org 515-279-4654



CELEBRATE
**CATHOLIC
SCHOOLS**
WEEK!



©LPI

January 29 & 30, 2022

PARISH STAFF

Pastor

Fr. Raphael Assamah.....279-4654 x301
Rectory.....279-4654 x501
Email.....rassamah@stsdsm.com

Weekend Assistant

Rev. Robert Chamberlain
Email.....bobbikecham@gmail.com

Pastoral Associate

Deacon David Schmidt..279-4654 x308
Email.....dschmidt@stsdsm.com

Deacons

Deacon Michael Huntsman...537-5382
michael.huntsman@hotmail.com
Deacon Rick Condon.....314-0108
rnjcondon@yahoo.com

Parish Manager

Mike Smith.....279-4654 x303
Email.....michaelsmith@stsdsm.com

Coordinator of Pre-K-5th Faith Formation

Jane Ann Becicka.....279-4654 x304
Email.....jbecicka@stsdsm.com

Director of Youth Ministry

Megs Howes.....279-4654 x306
Email.....mhowes@stsdsm.com

RCIA Director, Adult Faith Formation

Barb Woods.....515-210-6649
Email.....bwoods@stsdsm.com

Parish Accountant

John McMichael.....279-4654 x305
Email.....jmc michael@stsdsm.com

Communication Coordinator

Emily Melcher
Email.....emelcher1@stsdsm.com

St. Theresa School.....515-277-0178
Fax.....515-255-2415

Principal, Ellen Stemler....277-0178 x207
Email.....estemler@stsdsm.com

St. Theresa Child Care....277-3788 x401
Director, Maria Calhoun
Email.....mcalhoun@stsdsm.com

Office Hours: 8:00am - 4:30pm (M-F)

Parish Secretary

Tatia Eischeid.....279-4654 x300
Email.....teischeid@stsdsm.com
Sue Fitzpatrick.....279-4654 x300
Email.....sfitzpatrick@stsdsm.com

Food Pantry

Anita Holub.....515-216-0908
Food Pantry Hours - M - W - 10am-1:45pm

STEWARDSHIP GIFTS PRAY FAST GIVE

Week Ending January 9
\$31,739.50

Weekly January Budget
\$ 18,474.81

Difference
\$ 13,264.69

YTD Cumulative Difference
\$ 19,507.03

Weekly Contributors
182

TOGO - \$480.00

Building Fund - \$100.00

First Fruits - \$410.00

CISS Meals—\$1,060.00

St. Mary's Hamburg- to date
\$21,620.00

PARISH COMMITTEES

Finance Council

Judy Kendzora.....515-276-4139
Email.....tkendzora@mchsi.com

School Board

Laura Sarcone
Email.....lauracsarcone@gmail.com

Peace & Justice

Kathy O'Neill.....515-865-1590
Email.....don.kathy.oneill@gmail.com

St. Vincent de Paul

Barb Chicoine.....515-979-5172
Email.....barbchicoine@msn.com

Pro-Life

Rachel Egan.....515-822-4884

St. Theresa K of C Grand Knight

Aaron Friess.....620-755-1291
Email.....aaronfriess@gmail.com

St. Theresa Altar & Rosary (STARS)

Alisha Friess.....785-408-9452
Email.....stars@stsdsm.com

TOGO Committee

Kay Boisen.....515-720-0923
Susan Malloy515-321-5826

Baptism

Baptisms are scheduled for parishioners after the pre-baptism requirements are fulfilled. Baptism classes are held every other month. Call the church office to register.

Marriage

Please call the church office at least nine months prior to the desired wedding date.

WEEKEND MASS TIMES & RECONCILIATION

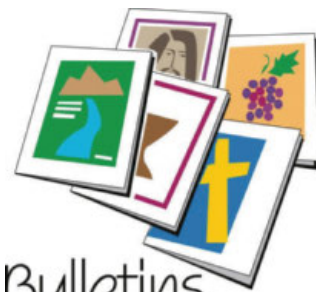
Reconciliation - Saturdays from 8:30am to 9:30am, by appointment or after any Mass

Saturday Mass - 4:30pm

Sunday Mass - 8:30am, 10:30am, 4:30pm

BULLETIN ARTICLES

Bulletin submissions should be sent to the parish office by Friday, the week before you want it in the bulletin. You will need to write your own copy. If you have any questions, please call Tatia Eischeid at 515-279-4654 x300. Please send submissions to stsmmedia@stsdsm.com.



Bulletins



SUNDAY REFLECTION



Sunday, January 30, 2022
Fourth Sunday in Ordinary Time
by The Faithful Disciple

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

GROW: Wait, what? One moment the people of Nazareth embrace Jesus, but as soon as he challenges them the crowd turns on a dime, and moves toward throwing him off a cliff. The Son of God, also the son of a carpenter, goes from hometown hero to *persona non grata* just like that, prefiguring his death on the cross and giving credence to his admonition that “no prophet is accepted in his own native place.” From the earliest moments of his public ministry as recorded in Luke, Jesus’ love for us is prominent. He never faltered. He never wavered. He moved forward to continue his mission of fulfilling God’s will for him, and be a sacrifice once and for all for our sins. Perhaps we have had a similar experience of being the “hero” for someone, only to somehow end up the goat. It is not easy to remain steadfast in our daily mission to love as Jesus loved. Today’s readings assure us that God will give us the grace to do so.

GO EVANGELIZE | PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

GO: It can be challenging to square Paul’s eulogy of love with the reality of day-to-day living with a spouse, family members, and friends. Love is patient ... *except when I’m late getting out to the car for church again.* Love is kind ... *except between crabby siblings who want to watch different shows on Netflix.* It is not quick-tempered ... *unless you thoughtlessly back into my car in the driveway.* It occurs to me that perhaps Paul’s words aren’t entirely about us, but about the perfect love of God. It’s pretty amazing to think that God loves us in all the ways Paul describes. As we open our hearts to God’s love and deepen our relationship with Jesus through prayer, we may find that love spilling over into our daily interactions. For when we are kind, we love; when we are patient, we love; when we are not quick-tempered, we love.

PRAY: Although our love for one another is imperfect, we must strive to love as Jesus loved each day, and there is no better place to start than prayer. Ask a friend or family member this week if they have any concerns you can include in your prayers. Or request a Mass for someone who is going through a tough time or who has recently died.

GOD IS GOOD SLOGAN

GOD IS GOOD – ALL THE TIME
ALL THE TIME – GOD IS GOOD
AND THAT IS HIS NATURE



CATHOLIC SCHOOL



CELEBRATE CATHOLIC SCHOOLS WEEK!

This week is Celebrate Catholic Schools Week, a national celebration of Catholic education designed to connect Catholic schools with the broader community. This year's theme is "Catholic Schools: Faith. Excellence. Service." As part of this national celebration, we invite all parishioners to learn more about our Diocese of Des Moines Catholic schools at www.dmdiocese.org/catholic-schools and like us on Facebook @dmdioceseschools.

Congratulations to the following teachers for their years of service to Catholic education:

- Denise Clark - 35 years
- Ronda McCarthy - 15 years
- Sarah Mohrfeld - 15 years
- Ron O'Connor - 5 years
- Katie White - 5 years

We hope you enjoy the bell chimes before the 8:30 and 10:30 Mass on Sunday, January 30.

Please join us for Open House on Sunday, January 30, from 10-11:30am. You can enter the school from the south side. We have cancelled the Pancake Breakfast but we would still love to show you all of the great learning and service being done in our school!

Registration for the 2022-2023 school year begins on Sunday, January 30. All registrations are done online at www.sainttheresaiaowa.org. If you would like to tour the school please call us at 515-277-0178 to schedule a time. We are so proud!

School will dismiss at noon on Wednesday, February 2.

St. Theresa Catholic School had a very special visit on January 21, from U.S. Navy Commander Quintin James, of the USS Iowa submarine. Learn more about his visit at <https://bit.ly/3KwGRkA>.



It's not too late!

Sign up now for your child to begin parish religious education.

St. Theresa Parish offers welcoming classes that teach authentic Catholic faith education for children kindergarten through high school. To learn more contact Jane Ann Becicka or Megs Howes in the parish office.

Children's Faith Formation (WFF) K-5th Grades at the school 6:30-7:30pm

Feb 2 Social Justice Week, meet in classrooms

Feb 9 Class as usual

Feb 16 Class as usual with burying Alleluia & palm burning at 7:10pm, meet in school, **parents invited**

Feb 23 Class as usual

Mar 2 Ash Wednesday Mass @ 6:00pm, no class



**First Eucharist Parent-Child Learning Centers
April 20, 3:30-7:30pm in parish hall**

First Eucharist Masses April 30 & May 1



YOUTH MINISTRY



Megs Howes, Youth Minister

Cell 515-720-4060

mhoves@sainttheresaiaowa.org Website: www.sainttheresaiaowa.org/ (Under Faith Formation Tab)

Edge meets from 6:30-7:30 p.m. in the Community Center in the school.

February 2, 9, 23

Lifeteen meets from 6-8 p.m. in the Parish Hall.

February 2, 23

CONFIRMATION MEETING: All 8th grade students and high school students who have not been confirmed, should come with their parents:

Wednesday, February 2nd, 6-7:30 p.m. or Sunday, February 27th, 11:30 a.m. - 1 p.m.

Parish Hall

C1 & C2 Confirmation Retreat:

Saturday, February 5, 2022

9 a.m. - 11:30 a.m. in St. Theresa Parish Hall

The sponsor or a proxy will need to attend this retreat with the candidate. Let Megs know by Saturday, January 29, who will be attending.

Confirmation Prep Sessions for C1 (9th grade) and C2 (10th grade) will be Wed. February 9, 6-8 p.m. in the parish hall. Contact Megs if you have questions. Check out the Youth Ministry website for more information.

Service Opportunities:

Helping at the C1/C2 Confirmation Retreat

Date: Saturday, February 5

Location: Parish Hall

We are needing help with the following areas from adults, middle school and confirmed high school students: clean-up, set, running activities and taking pictures. Check the youth ministry website for more information and let Megs know if you can help.

HS Service Opportunity: HS Spring Break FIA

Date: March 13-16, 2022

Drop off/pick up location: Our Lady Immaculate Heart 510 East First Street, Ankeny, IA 50021

We will be staying at Our Lady's Immaculate Heart Church in Ankeny and carpooling (with adult drivers) to and from our work sites in the Des Moines metro area. Cost for the Faith In Action experience is \$100 (checks made payable to St. Theresa). Half of the fee is due with the application and the other half can be paid anytime after. Applications must be received by Megs no later than February 9, 2022. Space is limited so please get your application in on time. Check the youth ministry website for more information.

Fleece Donation Needed Youth Ministry Service Project:

We are in need of fleece that is three yards in length. Please contact Megs if interested in donating.

Church Photo Directory



St. Theresa Parish 2022 Parish Directory

Online Scheduling Available!

St. Theresa Parish will be scheduling appointments for the new Parish Directory after each Mass for February 8, 10, 11 & 12. For your convenience, online scheduling is available as well. To schedule your photography appointment online, simply go to www.ucdir.com, click on photography appointment scheduling login on the right side, enter **ia161** in the Church Code field and enter **photos** in the Church Password field. Follow the prompts to schedule your family's appointment time. If you have 6 or more in your family please use 2 consecutive time slots. **The online scheduling option is available Monday through Friday. Appointments fill up quickly, so schedule as soon as possible to secure your preferred date and time.**



ADULT FAITH FORMATION



R - C - I - A... we're going to R - C - I - A...

RCIA is in the Catechumenate phase where we talk about the main beliefs of the Church. Time is going fast and is quite enjoyable.



Liturgical Ministers: Don't forget to go into Ministry Pro to sign up for the weekends between now and March 27. We need your presence. If you forgot your password, let me know and I will send the link to change it.

We will restart the ministry of sacristan by the end of January. This ministry sets up and cleans up the items necessary for Mass as well as opens/closes doors, turns on/off lights and returns things to their proper places. If you are willing to help out or have questions, please let Barb Woods know (515-210-6649 or bwoods@stsdsm.com).



Lunch & Learn has been canceled for the month of February due to weather and Covid.



SPIRITUAL ADOPTION PROGRAM

MONTH 5 -- Developing Baby -- "Mommy felt me kick today!"

Your spiritually adopted baby weighs over one pound now, and his mother can feel his movement. Before this time he was too small for her to feel. Although he swam with ease in the watery world, he needed to be big and strong enough to kick hard against the outside wall and dent it - - the inside wall of the uterus has little feeling. We are midway through the pregnancy now. Your prayers have helped your baby's mother continue with her pregnancy and seek the help she needs.



KC Council Pancake Breakfast

Join us on Sunday, February 13, 2022, for another great KC Council Pancake Breakfast and help us to support the work of Pulse Life Advocates (formerly Iowans for Life). Proceeds from the freewill offering will support the work of this pro-life organization. The meal will include pancakes, sausage, egg casserole and fruit, along with coffee, juice and milk. Breakfast will be served after the morning Masses until noon.

2021 Tax Statements

Tax statements for parishioners who have an envelope number will be available by January 31, 2022. If you would like a copy of your statement emailed please send a note to Mike Smith at michaelsmith@stsdsm.com or call the Parish Office at 515-279-4654 otherwise statements will be mailed out by the end of the month. If you have recently changed your mailing or email addresses please ensure that they have been updated by calling Tatia Eischeid at the Parish Office.

Job Openings – Sacred Heart School Kitchen:

Due to retirements, the Sacred Heart School Kitchen (West Des Moines) will have the following Job Openings: Food Service Director and Utility Person. For more information and job descriptions, please contact: Julie.katich@sacredheartwdm.org or Deanna.konkol@sacredheartwdm.org

Man-Up West, February 2022: Join Us for Our 2022 Kickoff!

Matt Willkom, Iowa Catholic Radio's Executive Director will join us to launch our 4th year of Man Up West Power Lunch. A Lunch from Chick-fil-A will be available for a free-will offering.

Program: High Noon, February 11th

St. Francis of Assisi Catholic Church- 7075 Ashworth Rd, West Des Moines, IA 50266

Weather Cancellation Policy: If inclement weather causes St. Francis of Assisi Parish to be closed on this day, the Man Up Event will also be cancelled.

Register for this event at <https://www.iowacatholicradio.com/events>

Mass Intentions



Monday, 6:30 am	January 31 Communion Service
Tuesday, 6:30 am	February 1 † Carolyn Sequeria † Karen Hanten
Wednesday, 6:30 am	February 2 † Mike Sadler † Joe Schissel
Thursday, 6:30 am	February 3 † Joe Timmins † Tim Caton
Friday, 6:30 am 8:35 am	February 4 † Frank & Anna Healy † Art & Benny Peters
Saturday 4:30 pm 4:30 pm	February 5 † Annabelle Kelleher † Joel P. Muoio
Sunday, 8:30 am 8:30 am 10:30 am 10:30 am 4:30 pm	February 6 † Catharine Portz † Jimmy DePhillips † Don Green † Living & Deceased Members of the Jim Lavia Family † People of the Parish



COUNSELING AVAILABLE

Catholic Charities has licensed, professional therapists working with clients of all faiths and backgrounds who are addressing depression, anxiety, stress, marital issues, relationship problems, child behavior problems, trauma, abuse and more. Therapy is available in Council Bluffs, Des Moines, and Ankeny. Set up an appointment by emailing sfister@catholiccharitiesdm.org or calling 515-237-5045 or 712-328-3086.



Fourth Sunday in Ordinary time

In the Gospel today, Jesus shows us that we are called to place gospel values before any other values and to be willing to put our lives on the line for them. Taking care of God's poor is indeed living gospel values.

Is God is calling you to join the Society of St. Vincent de Paul? Please pray about it and join us for our next meeting. We meet the 4th Tuesday of the month at 5:30 in the West meeting room.



Readings for the week of January 30, 2022

Sunday:	Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30
Monday:	2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1-20
Tuesday:	2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43
Wednesday:	Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32
Thursday:	1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
Friday:	Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29
Saturday:	1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
Next Sunday:	Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11



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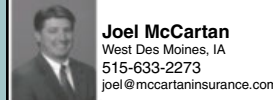
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