



HOLY SPIRIT CATHOLIC CHURCH

February 6, 2022
5th Sunday Ordinary Time

1420 7TH ST. N, FARGO, ND 58102 | 701.232.5900
WWW.HOLYSPIRITFARGO.COM
INFO@HOLYSPIRITFARGO.COM



5TH SUNDAY IN ORDINARY TIME

Jesus said to Simon, "Do not be afraid; from now on you will be catching men." When they brought their boats to the shore, they left everything and followed him. - Lk 5:10-11

PARISH INFORMATION

Weekend Mass Schedule

Saturday Vigil: 4pm
Sunday: 7:30, 9 and 11am

Daily Mass Schedule

Monday-Wednesday: 5:30pm
Tuesday-Saturday: 8:30am

Reconciliation

1/2 hour before ALL Masses.
Saturday: 3-3:50pm
In-person by appointment

Baptism

Call to register for Baptism prep, before or after the baby is born.

Marriage

Contact the parish office at least six months before the wedding date.

Confirmation/1st Eucharist

For Catholics older than 3rd grade, call for more info.

Exploring Catholicism/RCIA

Learn more about the faith, or want to become Catholic, call for more info.

New Parishioner Registration

Visit the website or call for more info.

Anointing of the Sick

Available any time. Contact a priest or call the parish office.

Adoration

Monday-Saturday: 6:45-8am

Homebound

Call the office to schedule a visit.

Prayer Chain

Call Patty Landman at 701-235-0185 or Mary Schmidt at 701-540-7146 to be added to the prayer list.

Office Hours

Monday: 1-5pm
Tuesday: 9am-4pm
Wednesday: 8am-5pm
Thursday: 9am-4pm
Friday: 8am-noon

Pastor: Fr. Ross Laframboise
Parochial Vicar: Fr. Robert Keller
Deacon: Rev. Mr. Paul Schneider

MONTHLY SOCIAL TEACHING - Call to Family, Community & Participation

The person is not only sacred but also social. How we organize our society - in economics and politics, in law and policy - directly affects human dignity and the capacity of individuals to grow in community. Marriage and the family are the central social institutions that must be supported and strengthened, not undermined. We believe people have a right and a duty to participate in society, seeking together the common good and well-being of all, especially the poor and vulnerable.

WEEKLY VIRTUE: Prayerfulness

KNOW IT: Being still, listening, and being willing to talk to God as a friend

LIVE IT: Cultivate a spirit of prayer and recollection; maintain the proper posture (kneeling, sitting still, etc.)

PRAY IT: Saint Damien, You ministered to those in despair and isolation. I call upon you to open my heart and mind, to care for the poor, the sick, the weary, and those forgotten. Bestow upon me the inner strength of faith, and unconditional compassion to be a disciple of Christ. Amen.

ST. DAMIEN OF MOLOKAI - Born Joseph de Veuster in Tremelo, Belgium, he quit school at 13 so he could work on the family farm. Feeling called for more, however, he entered the Congregation of the Sacred Hearts of Jesus and Mary six years later, where he took the name of a fourth-century physician and martyr. His brother, a priest from the same congregation, fell ill and was unable to go to his assigned location. Damien quickly volunteered in his place and found himself on the Hawaiian Islands in 1864. Two months after arriving, he was ordained a priest of Honolulu and assigned to the Island of Hawaii. In 1873, he visited the Hawaiian government's leper colony on the island of Moloka'i, where he petitioned to stay permanently to care for their physical, medical, and spiritual needs. After years of working to improve their location and those who lived there, he contracted Hansen's disease (leprosy) and died in 1889 at the age of 49 of its complications. St. Damien was canonized by Pope Benedict XVI on October 11, 2009.

**Seriously ill? Old age? Danger of death? Having surgery?
Then you should receive this sacrament!**

Anointing of the Sick

**Home Visit
Hospital Visit
At the Church**

**Call the parish
to make
arrangements:
701-232-5900**

STEWARDSHIP OF TREASURE

Weekend of Jan 29-30	YTD Budget	Fiscal YTD
Envelopes \$11,555.04	\$577,834.21	\$540,107.12
Children \$9.00	\$129.67	\$291.65
Cash Plate \$694.90	\$23,736.80	\$17,766.65
Total \$12,258.94	\$601,700.68	\$558,165.42
Monthly Total \$84,404.09		
Monthly Budget \$81,642.78	% of Budget	103.38%

**Thank you for your generosity! Call Barb with questions.
Please consider Holy Spirit in your estate planning
Ask Barb about the Holy Spirit Legacy Society**

Mass readings for the week of February 6

Sunday: Is 6:1-2a, 3-8/Ps 138:1-5, 7-8/I Cor 15:1-11/Lk 5:1-11
Monday: I Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56
Tuesday: I Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13
Wednesday: I Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23
Thursday: I Kgs 11:4-13/Ps 106:3-4, 35-36, 37, 40/Mk 7:24-30
Friday: I Kgs 11:29-32; 12:19/Ps 81:10-11 ab, 12-15/Mk 7:31-37
Saturday: I Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-22/
Mk 8:1-10
Next Sunday: Jer 17:5-8/Ps 1:1-4, 6/I Cor 15:12, 16-20/
Lk 6:17, 20-26



Our mission is to invite, form, and equip missionary disciples of Jesus Christ.

CHARISMS

We find fulfillment in loving others. Charisms are those special gifts given to us at Baptism to build up the Body of Christ. Here is how it works:

1. You are invited to get involved. Charisms are graces that come when we serve others.
2. The discernment begins by taking a Charism workshop. You are taught how to see God working through you. The goal is to have each person discover & use 1 charism
3. Then you're ready to enjoy & can help others discern theirs.

YES TO REAL SEX

by Alison Blanchet

Lest you be mistaken, God, the Catholic Church, myself, and everyone at LifeTeen.com isn't trying to say 'NO, NO, NO!' to sex. We're just all about saying 'yes' to real sex . . . sex as God intends it to be — within the Sacrament of Marriage. But we live in a world that doesn't really get that. A world where people sing songs about how they're perfectly good at being 'bad' and radio edits of songs switch 'love' in for the 'f' word like there's no difference. Society has taken something sacred, designed by God to unite couples in the Sacrament of Marriage and cooperate in bringing new life into the world and categorized it as just another extracurricular activity.

What is Real Sex?

God intended that sex be about two things: procreation and unity. When you look at the nature of sex — at what sex is and does — you'll see it is procreative (babies) and unitive (it unites and bonds the couple). When one aspect is removed — that's not real sex; that's not what God made it for. And is sex outside of marriage a big deal? Only if lying is a big deal to you. Sex is like the language of the body and it says, 'I give you all of myself, forever.' You can't truthfully and fearlessly say this until you're committed for life to someone inside the Sacrament of Marriage.

What Do You Want?

Consider what you want for your life. Don't you want the real thing when it comes to love and sex? Because we've had so many examples of love and marriages that have failed, when I think of what I want, I think of Bill and Joan. Bill and Joan are a couple who after decades of being married are still obviously in love. They stopped by our youth group and the teens present were so impressed and said to me, 'he looks at her like she's the most amazing person he's ever seen!'

When I asked Joan what the secret to their happiness and love was, she explained to me, 'It's respect. The more you really love someone, the more you respect them and want what's best for them. And the more you respect someone, the more you love. Be sure you marry someone that you don't just find attractive, but whom you really respect.'

R-E-S-P-E-C-T

As a single gal, I'm convinced that in a relationship, that begins by respecting God's plan for sex and marriage. This can be backed up with years of dating experience in which I've learned the following:

Saving sex for marriage brings clarity to your life.

Dating is a time of discernment. In high school and

college this means learning what qualities you appreciate in the opposite sex. Sex was created by God to bond a husband and a wife spiritually, emotionally and physically. This bond is great for marriage, but inconvenient the morning after the prom. Not having sex allows you to see the gifts and faults of the other with clarity, without the bond of a sexual union blurring your judgment.

Saving sex for marriage keeps you grounded in the reality.

Based on my observations, within the sacrament of marriage, there are hours and even days when sexual intercourse is not happening. In between 'celebrating the sacrament' there are jobs to work, bills to pay, floors to vacuum, dinners to cook, and a million other things in life. However, when you look at couples who truly love each other, it's obvious that while it may not always be easy, they find joy in tackling life with their beloved.

Saving sex for marriage brings creativity to dating.

It encourages you to always be thinking of new ways to show love and respect. Anyone can give a kiss goodnight, but it takes creativity and respect to write an old-fashioned love-letter, figure out how someone takes their coffee, or special-order their favorite color of M&M's. I've observed that while a couple will have sex hoping to bring more romance to a relationship, often the opposite happens. Instead of feeling confident and respected, the guy or girl will feel frantic that now that they've shared the deepest part of themselves they'll be rejected.

Saving sex for marriage is the holy and virtuous way to live.

In no way is scripture ambiguous about our bodies and sex plainly stating that we are not to commit adultery or covet our neighbor's wives (Ex 20:14, 17). However, we are also encouraged by St. Paul to remember that we have been purchased at a price and to, therefore, 'glorify God in your body' (1 Cor 6:20). Is not having sex before marriage an easy decision to live out day to day? No. I made the commitment to save sex for marriage at a summer conference on June 22, 1997 and believe me, there have been times when I've felt left out or passed over for a girl that was perceived as an 'easier' date. But at the same time, I can look back at those fifteen years without any regrets knowing that I've met some good guys and not so good guys in my search for 'Mr. Right' and know that in my search for love, I've always found respect.

For other LifeTeen blogs from the Catholic perspective, visit: <https://lifeteen.com/blog/category/relationships/sex-chastity/gods-plan-for-sex/>

The best Catholic content. All in one place.

Holy Spirit Parish
Code: 2N2THY

It's EASY and FREE to Register!

1. Go to <https://holyspirtchurchfargo.formed.org>
2. Click "Register" and enter your name, email address, and desired password
3. You're all ready to access the inspiring and engaging content on FORMED! We recommend you start with **Symbolon: Knowing the Faith**

Learn more at formed.org

FORMED® THE CATHOLIC FAITH ON DEMAND.



NEWS & EVENTS

OUTSIDE OUR PARISH

INSIDE OUR PARISH

Praise and Worship

Sts. Anne and Joachim, Fargo. 7 pm on Sunday, Feb. 6. Join us!

Marian Eucharistic Retreat for Women

St. Boniface Catholic Church in Lidgerwood, Sat, Feb 26 from 8:30am to 8pm. Day features, Mass, Adoration, 7 talks, Confession, meals & healing service. Cost: free will offering. Call or text 701-640-6050 to register.

Life in the Spirit Retreat

February 25-27, 2022 (registration 6pm, retreat begins 7pm on Friday and ends at 3pm Sunday) St. Cecilia's, Harvey, ND. Cost: free will offering. Pre-register by Feb. 21 at raxtman@gondtc.com or call 701-324-2706 or the parish office stcecilia@gondtc.com or 701-324-2144 during business hours. No cost housing available in Social Center. Contact Rosalie prior to the weekend using the email or phone numbers listed above.

Real Presence Radio annual Banquet

The annual fundraising banquet in Fargo, Monday, February 7 at the Delta Hotels by Marriott. Keynote speaker is Dr. Stacy Trasancos. For more info, 877-795-0122 or email jessica@realpresenceradio.com.

SEARCH Retreat at Maryvale Convent in Valley City, ND

SEARCH is a peer-to-peer ministry, allowing youth (ages 16 and 17) and young adults (ages 18 and older) to minister to other youth and young adults. Cost \$75.00, scholarships available for those in need. Weekends subject to change due to Covid-19. If a retreat is canceled, you will receive a full refund. • March 4-6, 2022 Deadline for application: Feb 14th For more info or to register, visit <https://fargodiocese.net/search-registration> or call Dori at 952-210-2219

End of Life Planning from a Catholic Perspective

Feb 8, St. Anthony's, Fargo. Two sessions: 8:30am and 6:30pm. Contact the office at 701-237-6063 or Philip Zubrod: 701-840-8560 or pzubrod@catholicunited.org

Catholic Daughters meet at St. Anthony's

Court St. Ann #261 will meet Tuesday, February 8 at St. Anthony's. Mass at 5:15 PM, meal to follow, and meeting at 6:30 PM. Members are invited to bring non-perishable food pantry donations. If interested in CDA, please join us at our meeting. Questions, email regentctstann@gmail.com.

Catechesis Family Night this Wed., Feb. 9

This Wednesday families from the catechesis program are asked to join for Family Night Catechesis from 6:30-7:30 beginning in the social hall. There will be sessions on praying with and blessing your children. This will replace class for the evening. Please do not drop off your children without a parent or guardian to attend with them. Families are invited to Mass at 5:30, dinner at 6:00, and if you have any questions contact Ashley Njaa at ashley@holyspiritfargo.com.

Holy Spirit School Open House Today! 10am to Noon

Come meet the teachers and see the classrooms at our awesome school! Bring any questions you may have especially if you are considering enrolling your child in the best school in North Fargo!

Employment Opportunity

Part-Time Grounds Keeper for Holy Cross Cemetery, Fargo, 20-30 hours per week, year-round. Duties including mowing and trimming grass, shrubs and trees; opening and closing graves, plus other duties as assigned. May include snow removal. Must have a current driver's license with a clean driving record, and be able to operate equipment including tractor and pickup trucks. For additional info or to apply contact: Robert (Bob) Reichel, Superintendent, Holy Cross Cemeteries, 701-237-6671

SVdP first time Giving Hearts Day participant

St Vincent de Paul (SVdP) is fortunate to be participating in Giving Hearts Day 2022 on Feb 10th this year. You can designate your donation to a specific conference, which directly assists the poor within their parish boundaries, or to the SVdP Thrift Store or the SVdP District Council of Fargo. Please consider supporting SVdP's mission to serve "those in need" in our midst. SVdP serves several locations in the Diocese of Fargo. Copy and paste the Giving Hearts Day link to SVdP into your browser: <https://app.givingheartsday.org/#!/charity/1652>

February 11 is World Day of the Sick

Introduced by Pope John Paul II as a way for believers to offer prayers for those suffering from illnesses. The day coincides with the commemoration of Our Lady of Lourdes and is an important opportunity for those who serve in Catholic health ministry to reflect on caring for those who are sick as well as those who provide care to them. Also it is a great time to do a Corporal Work of Mercy: Visit the Sick.

Anointing of the Sick

Seriously ill? Old age? Danger of death? Having surgery? You should receive this sacrament! Call the office to make arrangements; receive at the Church, at a home visit, at the hospital, etc. 701-232-5900

KC wives Bake Sale

The Holy Spirit KC Wives are hosting their annual Bake Sale after ALL Masses on Super Bowl Sunday, Feb 13, in conjunction with the KC Breakfast. Donations of any and all baked goods, including Gluten-free items, and cash, will be much appreciated! Baked goods may be brought to the Bridal Room between 9am & 2pm on Saturday, Feb 12. Proceeds go to refurbishing equipment/supplies for the Social Hall & Kitchen. Items provided by previous bake sales include coffee carafes, ice maker, salt & pepper shakers, dishware, new freezer, Social Hall TV, etc. Those who wish to help may call Jennie at 701-361-8923 or Cheryl at 701-866-9113.

New camp for Middle School students this summer.

Camp Summit is for all youth entering grades 7, 8, & 9 who have a desire to deepen their relationship with Jesus and to share it with others they encounter. Throughout camp, youth will engage in prayer, worship, fellowship, leadership formation, recreation, and fun. This five-day experience is designed to encourage and equip the youth for discipleship to their family, friends, and communities. Camp Summit will take place at Red Willow Bible Camp in Binford, ND, July 10-14, 2022. The cost is \$325.00/camper or \$300.00/camper with two or more from the same family. Visit: <https://www.fargodiocese.org/campsummit> or contact Brady Borslien at brady.borslien@fargodiocese.org.

PARISH EVENTS FOR WEEK OF SUNDAY, FEBRUARY 6

Sunday, February 6 - Cinnamon Rolls after all Masses

Mass: 7:30am, 9am, 11am

Pinochle Party: 1:30pm in Social Hall

Monday, February 7

Daily Mass: 5:30pm

Boy Scouts: 7pm in Social Hall

Tuesday, February 8

Daily Mass: 8:30am and 5:30pm

Bible Study, Gospel of John: following 8:30am Mass, Social Hall

Book Club: 10:45am in St Therese Room

Praise & Worship: 6:30pm in church

School PTO Meeting: 7pm in NW Conference Room

Wednesday, February 9

Daily Masses: 8:30am & 5:30pm

Ave Maria Bible Study: 9:15am in NW Conference Room

Food & Fellowship: 5:45pm in Social Hall

Family Night Catechesis Classes Grades 1-5

Spirit Choir Rehearsal: 6:30pm School Music Room

Thursday, February 10

Daily Mass: 8:30am

Friday, February 11

Daily Mass: 8:30am

St. Monica Prayer Group: 3:45pm in church

Saturday, February 12

Mass: 8:30am, 4pm

Sat 4 pm Choir Rehearsal: 2:45 pm in church

Wine & Dine: 5pm in Social Hall

REMEMBER THERE ARE CONFESSIONS 1/2 HOUR BEFORE MASS!

Stewardship of Treasure				
July - December 2021		Year to Date	Budget Year to Date	Previous Dec YTD
Sunday Giving		\$517,566.58	\$476,522.64	\$469,278.46
Other Income		\$122,961.22	\$134,123.34	\$145,214.11
Total Month		\$640,527.80	\$610,645.98	\$614,492.57
Expenses				
Administration		\$235,976.63	\$281,816.94	\$181,581.67
Liturgy		\$17,404.78	\$19,124.98	\$13,152.98
Facilities		\$71,211.18	\$72,141.75	\$89,974.92
Education		\$200,913.46	\$202,877.53	\$202,387.03
Total Expenses		\$525,506.05	\$575,961.20	\$487,096.60
Income - Expenses		\$115,021.75		

Fiscal Year to date income has exceed last year at this time by 4%.

Expenses are 8% higher than last year at this time due to additional staff.

Any questions, please contact Barb in the office. Thank you for your generosity!

Thank you for all who donate electronically via our website <https://www.holyspiritfargo.com>.

Also, thank you for all who contribute with cash every Sunday.

IT'S A SUPER DAY TO HAVE A SUPER BREAKFAST!!

KNIGHTS OF COLUMBUS SUPER BOWL BREAKFAST



FEBRUARY 13!! AFTER ALL MASSES



Bake Sale Too!



You're invited to a

PINOCHLE PARTY

Sunday, February 6, 2022
1:30pm
Holy Spirit Social Hall

Bring a deck of Pinochle cards if you have one, or a snack to share if you desire. Bring a friend!

REDEEMED WOMEN'S CONFERENCE 2022

TRUSTED SISTER

blessed to be a blessing ... growing in faith & friendship

Friday · March 4 · Evening Saturday · March 5 · All Day
 Delta by Marriot
 1635 42 St. S. FARGO

Music · Adoration · Mass · Confession

Friday's Schedule	Saturday's Schedule
5:30 Registration/Check In	7:30 Registration/Check In
6:45 Welcome/Opening Prayer	8:30 Mass with Bishop Folda
7:00 Music/Witness/Eucharistic Adoration with the Vigil Project	9:30 Light Breakfast
9:00 Benediction/Closing Announcements	10:15 Keynote: Dr. Helen Alvare
	11:45 Lunch/Vendors
	1:15 Keynote: Dr. Kenneth Flanagan
	2:30 Break
	2:50 Keynote: Marcie Stokman
	4:00 Follow-up Initiatives
	4:15 Closing Remarks & Final Blessing
	4:30 Social Hour

CEUS AVAILABLE
 Nurses · Counselors · Social Workers

DISCOUNTED ROOMS
 REQUEST "WOMEN'S CONFERENCE BLOCK"
 DELTA BY MARRIOTT 701-277-9000
 EXPRESSWAY INN 701-239-4303

Register Online or Complete Form Below

fargodiocese.org/RedeemedWomen
 \$50: Includes meal & refreshments - \$75 after Feb. 14

Registration Information

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Parish Name _____
 Parish City _____

Location (select one):

- Fargo, In Person \$50 (after Feb. 14: \$75)
 Satellite Location \$35 (after Feb. 14: \$60)

Circle satellite location:

Carrington · Grafton · Jamestown · New Rockford · Rugby

Send completed form, along with check to:

Diocese of Fargo, "Redeemed Conference"
 5201 Bishops Blvd. S., Suite A Fargo, ND 58104-7605

Diocese of Fargo 701-356-7300

BE THE Light

Giving Hearts Day
 Help someone.

Setting up a Catholic Health Care Directive

Guidance for Catholic funerals, cremation and final expense plans

Managing estate tax exposure and protecting assets

Understanding how probate will affect your family and estate

Catholic United Financial Every step, every journey, we're there for life®

End of Life Decisions from a Catholic Perspective

A FREE workshop for everyone sponsored by Catholic United Financial

Feb. 8th at 8:30 a.m. & 6:30 p.m.

St. Anthony of Padua Parish, Fargo

Join us in the Mother Cabrini Room

To RSVP:



Scan this code

RSVP by phone at 701-237-6063
 Online at www.catholicunited.org/workshop-signup

SPEAKERS

Father Gerard Braun

will address end-of-life questions during this workshop, and will provide advice for putting together a Catholic Health Care Directive and a Catholic funeral.

Gregory Gall, FIC, LUTCF

Regional Manager for Catholic United Financial and president of the National Association of Fraternal Insurance Counselors (NAFIC), will speak about the financial aspects of end of life decisions, including final expenses, estate plans, power of attorney and more.

Your workshop host is:



Sales Representative
Philip Zubrod, FIC
 Call or Text: (701) 840-8560
 pzubrod@catholicunited.org
catholicunitedfinancial.org/rep-philip-zubrod

Catholic United Financial

We financially protect and connect members in faith and joyful service at every step of life's journey.



Donate to JPPII online at: givingheartday.org or scan the code.



Stewardship Moment

"Then I heard the voice of the Lord saying, 'Whom shall I send? Who will go for us?' 'Here I am,' I said, 'send me!'"
- Isaiah 6:8

Every day, in little ways and in big ways, God asks, "Whom shall I send?" Whether it is someone to take on a new ministry, to give a friendly smile to a stranger or to say a word of encouragement to a friend, God constantly provides opportunities to help someone in need. God is always talking to us; we just need to pay more attention. When you hear God calling have the courage to walk through the door and say "Here I am, Lord."



St. Vincent de Paul Society Holy Spirit Fargo Conference

Meetings @ 6:30 p.m. 1st & 3rd Mondays
SVDP Helpline 701-638-3800

visit www.holyspiritfargo.com to make an online donation

In the Gospel today, the disciples decide to leave everything to follow Jesus. We are also called to follow Jesus, who tells us that "whatever you do to the least of mine, you do for me."

Reach out in Love! Consider that "the least of mine" may be your neighbor, a co-worker, a family member, the person at the other end of your pew at church. Your smile or greeting can bring the love and peace of Jesus to others who are carrying burdens.

MASS INTENTIONS

Monday, 2-7

5:30pm: +Mary Lempe

Tuesday, 2-8

8:30am: Tim & Judy Zimmer

5:30pm: +Barb Grossman

Wednesday, 2-9

8:30am: +Tony & +Jean Kram

5:30pm: +Walt Seeba Sr.

Thursday, 2-10

8:30am: +Albert E. Larson

Thursday, 2-10, cont.

11 am St Catherine:

+Pete Neisen

Friday, 2-11

8:30am: Mary Beth Traynor

Saturday, 2-12

8:30am: +Verna Hanish

4pm: +Jim Lantz

Sunday, 2-13

7:30am: +Isaiah Johnson

9am: +Rose Simon

11am: Parishioners



KC Corner Council #10982

We are men who lead, serve, protect and defend.

Next Meeting: Tuesday, March 1, 2022

Officers meet at 6:30pm Members meet at 7pm

Super Bowl Sunday Breakfast & Bake Sale is February 13!

We need help...in the kitchen and the social hall.

December Awards: Knight of the Month: Jack Gaa

Family of the Month: Jason & Sarah Gates

Server of the Month: Elizabeth Magelky

Remember it is never too late to be a Knight!

Please call Jack Gaa at 701-320-1975 for more information.



Ross Wilhelm, Pharm. D., R.Ph.
1605 S. University Drive 2802 N. Broadway
Fargo, ND 58103 Fargo, ND 58102
701-293-3060 701-293-0221
Fax 701-293-3061 Fax 701-241-7944
The Pharmacy That's All About Your Health®

DAN HEDRICK
C: 701.306.0719



PARKCOMPANY.COM



Premier Electric
Service Inc.
701-318-0878

Serving the FM & Surrounding Communities
Pete Shaw
pete@premierelectricservice.com



Accepting New Patients
Dental Care For All Ages
Fargo & Barnesville Locations

Jonathan Dahl, DDS | Bob Mack, DDS | Courtney Gieseke, DDS

(701) 237-5616 | DahlAndMackDentalFM.com

Are you turning 65 or New to Medicare?

Turn to Humana for your medical and prescription drug coverage in one Medicare Advantage plan.

Humana.



Call a licensed sales agent

Louis "Joe" Courneya

701-809-8014

Monday-Friday, 8 a.m.-5p.m.

humana.com/jcourneya

Y0040_GHHJ7PEN_20_C

WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION.

WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com
www.4lpi.com/careers

Season's Greetings!

SPEND \$200 OR MORE AND GET ONE FREE HOUR OF HOME MAINTENANCE. CALL US TODAY AT 701-365-8350

HOW IS THE PERFECT TIME TO SCHEDULE YOUR HOLIDAY CLEANING SERVICES? CALL US AT 701-365-8350 FOR YOUR FREE QUOTE TODAY!

merry maids



2585 23rd Ave. S, Suite C, Fargo
(701) 356-1280
www.drdranmengedoth.com



LARRY GEFFRE, CRL
Owner

THE LOCKSHOP

CARS OPENED • CARD ACCESS • MASTER KEYING
24 HOUR EMERGENCY SERVICE

Prompt Service (701) 235-6645
Bison Center 1404 33rd St. SW
Fargo, ND 58103
Fax (701) 235-0692 Bonded



Free Mini Water Park
Free Hot Breakfast
Free Manager's Social
Call Toll Free: 877-239-4303
4303 17th Ave South
Fargo, ND 58103
ExpresswaySuitesFargo.com

- Free Mini Water Park
- Free Hot Breakfast
- Free Manager's Social
- Free Wireless Internet
- A Block From West Acres Mall

Hauck & Buchholz Drywall, Inc.

Commercial & Residential

701-232-0628

h_bdrywall@hotmail.com

JAMES BERG



STEEN & BERG COMPANY

Complete Auto Body Repair

Serving the F - M Area Since 1916

810 20th St. N
Fargo, ND 58102

701-235-8474

Derek Christopherson Agency Inc.



Providing Insurance and Financial Services

www.2322222.com
(701) 232-2222

Thank you for 16 years of support!
All eyes on Him!



HILLMER EYE CLINIC

Pioneer Plaza
101 N 10th St, Ste 120, Fargo

239-9771

Jed D. Hillmer, OD
Parishioner

HillmerEyeClinic.com



Rose Management

Beautiful & affordable apartments
Most desirable amenities in the FM area

CALL TODAY!

701-371-1030 | 701-237-6840



For ad info. call 1-800-950-9952 • www.4lpi.com

Holy Spirit Church, Fargo, ND

B 4C 02-0340



SMP Health

St. Catherine

A Catholic Health Care Ministry providing skilled nursing care & rehabilitation for short or long term stays.

SMP Health-St. Catherine North
(701) 277-7999
1351 Broadway N. - Fargo
smphealth.org/stcatherinenorth

SMP Health-St. Catherine South
(701) 293-7750
3102 S. University Dr. - Fargo
smphealth.org/stcatherinesouth

Go Ye and Bank Locally!



bellbanks.com | Member FDIC

SWEENEY CONTROLS COMPANY

Designing • Building • Integrating
• Maintaining Control Systems
www.sweeneycontrols.com

Lask Consults **20/20** Red Eye
VISION EXPRESS Problems
John L. Mari, O.D. Jordan D. Mari, O.D. AJ Miskew, O.D.
THE AREA'S BEST SELECTION OF FRAMES
1300 Gateway Dr S.
Fargo, ND 58103
701-235-0280
info@2020visionexpress.com



TRICORNE AUDIO, INC.
417 Main Ave.
Fargo
701-239-4623

New Name, Same Faces.
www.pinnacle.clinic



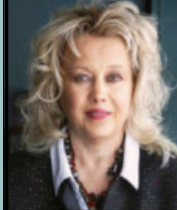
AVAILABLE FOR A LIMITED TIME!
ADVERTISE HERE NOW!

Contact **Steve Swenson** to place an ad today!
sswenson@4LPi.com or (800) 950-9952 x5815



Boulger FUNERAL HOME
Larry Boulger
Owner
Licensed Funeral Director

"Please call or stop by to receive a free guide to Funeral Pre-Planning"
237-6441
1-800-393-6441
123 - 10th Street South
www.boulgerfuneralhome.com



Open Enrollment Or Retiring And Seeking Solutions?

Need Medicare & Part D Help?
Turn to your North Dakota/Minnesota
Trusted Senior Advisor!
Sharon A Martinson

- Medicare & Part D Plans
 - Dental, Vision, Hearing
 - Life, Long Term Care, Final Expenses
- Schedule Your NO COST, NO OBLIGATION Appointment Today!**

Luther Family
Buick • GMC
3202 36th Street S
Fargo, ND
701-356-7100
www.LutherFamilyBuickGMC.com

Robert Hillstrom, Realtor®
701.566.2643
robert.hillstrom@rogenrealty.com
ROGEN REALTY GROUP

Villa Maria
SMP Health System
"We are a Catholic healthcare ministry providing skilled nursing & rehabilitation services."
Ph: 701-293-7750
3102 S. University, Fargo, ND
www.villamariafargo.com

Serenity Within
Nancy Berger
Licensed Massage Therapist
(701) 353-5432
3550 38th Ave S, Fargo, ND
serenitywithinmassage@gmail.com

ROOTER'S BAR
JOHN "ROOTER" KREIN
701-235-4082

MARTINSON INSURANCE AGENCY, LLC
Regus Building
3523 45th Street South • Fargo, ND 58104
Sharon1129@hotmail.com
701.240.2340

YOUR LOCAL MORTGAGE EXPERT.
First Class MORTGAGE
701-356-9898
FIRSTCLASSMORTGAGE.COM
DAN VAN WINKLE

SCHMIT BROTHERS CONSTRUCTION, INC.
Rich Schmit
2515 - 12th St. N.
Fargo, ND
58102-1375
New Construction - Additions - Remodeling
Custom Cabinets - Shingling - Commercial - Etc.

INSIGHT DENTAL DR. LUCAS SANDMAN
DR. CASEY MCLACHLAN
Located just north of the Fargodome
701-237-3517 | office@insightdental.fargo.com
www.insightdental.fargo.com

FM Handyman Services
218-280-9431
www.thefmhandyman.com

701-282-4400 www.robertgibb.com
Bob Gibb
PLUMBING HEATING COOLING ELECTRICAL
Easy, Quick, Solutions.
Residential • Commercial • Industrial

PRAIRIE ROSE Painting & Roofing
Residential • Commercial • Farm • Cabin
Interior • Exterior • Deck • Fence
Nic Rintoul, Parishioner
701-630-4321
prprnd@gmail.com • www.prprnd.com

Official Fertilizing Company of the FM Red Hawks
For The Greenest Lawn,
Call The Complete Lawn Care Professionals!
Residential & Commercial • Certified Specialists
Free Estimates & Lawn Analysis
7% Discount on Seasonal Contracts
CUSTOM LAWN CARE FARGO • 793-2325
Mitch Hanson - Owner

MILANEY'S
Plumbing - Heating - Air Conditioning
Electrical - Water Treatment - Duct Cleaning
Residential & Commercial Service
Remodel - New Construction!
237-0543
NEVER an Overtime Charge!

LUMEN VISION
DR. RYAN CAPOUCH
Pediatric Eye Care
Adult Eye Exams
Vision Therapy
Contact Lenses
Unique Frames
Medical Optometry
Myopia Control
Located in South Fargo:
5120 Prosperity Way S, #114, Fargo
(701) 404-9096
Book your appointment online:
www.lumen.vision

Call today for a FREE Hearing test!
Miracle-Ear
277-1478 FREE
819 E CENTURY AVE BISMARCK, ND 58053 45-DAY TRIAL!

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust
• Burglary • Flood Detection
• Fire Safety • Carbon Monoxide
ADT Authorized Provider SafeStreets
1-855-225-4251

gehrtz | **ZB ZERR-BERG**
GehrtzConstructionServices.com
ZerrBergArchitects.com

We've Missed You!
Welcome Back to Mass
Stay connected to our faith community no matter where you are by signing up to get our bulletin delivered straight to your email!
www.ParishesOnline.com

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust
• Burglary • Flood Detection
• Fire Safety • Carbon Monoxide
ADT Authorized Provider SafeStreets
1-855-225-4251

Ethos
Bethany • Eventide • Knute Nelson
701.356.3803

Dr. Susan Mathisson, MD
Pediatric ENT • Otoplasty • Blepharoplasty
ENT • Sleep • Functional
Medicine Specialist
Catalyst
MEDICAL CENTER & CLINICAL SPA
701-365-8700
CatalystMedicalCenter.com

God Bless Our Friends "INDEED"
WOLF STEEL CONSTRUCTION, INC.
1408 2nd Ave. North • Fargo, ND 58102
701-239-6968
www.wolfsteel.com
JPH DEACON PARTNER



For ad info. call 1-800-950-9952 • www.4lpi.com

Holy Spirit Church, Fargo, ND

A 4C 02-0340