



March 6, 2022 1st Sunday of Lent

1420 7th St. N, Fargo, ND 58102 | 701.232.5900 www.holyspiritfargo.com info@holyspiritfargo.com



1ST SUNDAY OF LENT

010

The devil said to him, "All this will be yours, if you worship me."

Jesus said to him in reply, "It is written:

You shall worship the Lord, your God,

and him alone shall you serve."

- Lk 4:6a, 7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

PARISH INFORMATION

Weekend Mass Schedule

Saturday Vigil: 4pm Sunday: 7:30, 9 and 1 lam

Daily Mass Schedule

Monday-Wednesday: 5:30pm Tuesday-Saturday: 8:30am

Reconciliation

I/2 hour before ALL Masses.Saturday: 3-3:50pmIn-person by appointment

Baptism

Call to register for Baptism prep, before or after the baby is born.

Marriage

Contact the parish office at least six months before the wedding date.

Confirmation/Ist Eucharist

For Catholics older than 3rd grade, call for more info.

Exploring Catholicism/RCIA

Learn more about the faith, or want to become Catholic, call for more info.

New Parishioner Registration

Visit the website or call for more info.

Anointing of the Sick

Available any time. Contact a priest or call the parish office.

Adoration

Monday-Saturday: 6:45-8am

Homebound

Call the office to schedule a visit.

Prayer Chain

Call Patty Landman at 701-235-0185 or Mary Schmidt at 701-540-7146 to be added to the prayer list.

Office Hours

Monday: 1-5pm Tuesday: 9am-4pm Wednesday: 8am-5pm Thursday: 9am-4pm Friday: 8am-noon

Pastor: Fr. Ross Laframboise **Parochial Vicar:** Fr. Robert Keller **Deacon:** Rev. Mr. Paul Schneider

WINE & DINE RESULTS AND COMPARISON		2018	2019	2020	2022
No 2021 event due to Covid	guests present	134	89	96	100
	Income:	12478.07	11089.28	17909.78	20487.50
	dinner donations	5360.07	2400	1220	0
	dinner tickets		2845.28	5322.78	7660
silent auction		1943	1220	2236	2540
live auction		5175	2625	6650	7461
Beads/ corks/pics/coat check			1999	1381	2826.50
	Expenses:				
	Dinner	2867.44	2649.54	1515.20	3773
	Wine	544.38	434.39	0	1050.99
	Silent Auction/prizes	841.82	359.21	369.82	
	Decorating	150.84	100.55	721.96	
	Total Expenses	4404.48	3543.69	2606.98	4823.99
	Net Income	8073.59	7545.59	15302.80	15663.51

CONCERT & KEYNOTE

GOD'S LOVE IN REAL LIFE

Responding to God's call in our lives and vocations this Lent

Amanda Vernon

Recording Artist and Author

Families welcome!



Holy Spirit
Catholic Church
1420 7TH ST N, Fargo



STEWARDSHIP OF TREASURE

Weekend of Feb 26-27 Fiscal YTD YTD Budget \$661,331.28 Envelopes \$24,491.92 \$613,107.12 Children \$44.11 \$173.78 \$333.32 \$27,635.01 Cash Plate \$923.70 \$20,233.32 Total \$689,140.07 \$25,459.73 \$633,673.76 Monthly Total \$77,778.98 % of Budget 103.01% Monthly Budget \$75,508.34

Thank you for your generosity! Call Barb with questions.

Please consider Holy Spirit in your estate planning

Ask Barb about the Holy Spirit Legacy Society

Mass readings for the week of March 6

Sunday: Dt 26:4-10/Ps 91:1-2, 10-15/Rom 10:8-13/Lk 4:1-13 Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46 Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15 Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32 Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/ Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26 Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48 Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-9, 13-14/ Phil 3:17—4:1/Lk 9:28b-36



Our mission is to invite, form, and equip missionary disciples of Jesus Christ.

CHARISMS

We find fulfilment in loving others.
Charisms are those special gifts given to us at Baptism to build up the Body of Christ.
Here is how it works:

- I. You are invited to get involved. Charisms are graces that come when we serve others.
- 2. The discernment begins by taking a Charism workshop. You are taught how to see God working through you. The goal is to have each person discover & use I charism
- 3. Then you're ready to enjoy & can help others discern theirs.

JOURNALING: AN AID TO OUR RESPONSE IN PRAYER

God speaks to us when we spend time in prayer. In order to hear Him we must be attentive. Journaling can be an aid in helping us learn to distinguish God's voice from the many other voices in our lives, and to dialogue effectively with Him; it helps draw our attention to the moments when God speaks to us. Journaling heightens our awareness of His presence and voice.

Simple guidelines for journaling

- Do not worry about spelling, punctuation, grammar, or even the content of what you are writing. Dismiss the fear of someone finding and reading your journal. Be totally honest even bold in expressing your deepest fears, anxieties, joys, disappointments, longings, etc.
- It is best to write in your journal following your prayer experience, not during it.
- Do NOT analyze! State simply what you experience
- Resist the temptation to allow yourself to become distracted with other reading materials or prayers, conversations, or duties.
- Reviewing your journal entries may be a path to deeper understanding or consolation as well.

Sample journal entry

Date March 5
Scripture Psalm 139
What caught my attention
"your hand shall lead me"

My thoughts Saw myself on a wooded path and God's hand reached out for mine.

These words gave me comfort but for some reason I hesitated to place my hand in His

7 Corporal Works of Mercy

FOCUSING ON FEED THE HUNGRY

What are the 7?

- · To feed the hungry.
- To give water to the thirsty.
- To clothe the naked.
- To shelter the homeless.
- · To visit the sick.
- To visit the imprisoned.
- To bury the dead.

Food is a fundamental and basic human need. Food is what nourishes us in order to be able to simply live. Feeding the hungry means providing nourishment through charity and hospitality. You can do this by:

- · volunteer at a soup kitchen
- make sandwiches and hand them out to homeless people
- · bring a meal to a family with a new baby or having a difficult time
- make dinner for your family
- · don't throw a dinner party and donate the money you would have spent
- eat beans and rice for a week and donate your grocery money



News & Events

OUTSIDE OUR PARISH

INSIDE OUR PARISH

Young Adult Women's Group

Young women in their 20s trying to find community and striving for holiness are invited to this new group at Sts Anne & Joachim. Meets every other Thursday from 7-9pm. Upcoming dates: March 17, 31, and April 14, 28. Contact Beth Kensok at 701-318-5025 for more information.

Worldwide Marriage Encounter

In-person retreat on March 18-20, 2022. Live your best life in love! For more info, call Rob & Angie at (701) 347-1998 or apply at ndwwme.org.

Spring Authentic Italian Spaghetti Dinner

St. Elizabeth's in Dilworth, 207 Main St N, will be selling Sauce & Meatballs on Sunday, April 24, 2022. Call 287-2705 to **pre-order by March 20,** 2022. Curbside pickup by the north door 10am—2pm.

2022 Women's Cursillo Retreat

At the St. Francis Retreat Center in Hankinson. Starts on Thursday evening and goes through Sunday mid-afternoon. All food, refreshments, and accommodations are included in your registration fee. The cost of the weekend is \$125 with a \$25 fee due with application.

Women's Cursillo Retreat: March 10-13, 2022

For more info or an application contact: Gloria Jones 701-368-8292

Catholic Men's Night I

Tuesday, March 22 at St. Benedict, 11743 38th St S, Horace, ND. 6-7pm Adoration & Confession; 7-8pm Talk with dinner, presenter: Fr. Miller. Free-will offering.

Catholic Men's Night 2

Thursday, March 24 at St. Leo's, 211 Langer Ave N, Casselton, ND. 6-7pm Adoration & Confession; 7-8pm Talk with dinner, presenter: Bishop Folda. Free-will offering.

St Francis Thrift Store needs Volunteers

Can you spare 1 or 2 hours a week to sort and hang clothes? By volunteering, you will help the needy of our community. We receive and pick up donations of items, and accept monetary contributions. St Francis Thrift Store 1425 1st Ave S Fargo 710-235-5944 or just visit and ask for the manager.

PARISH EVENTS FOR WEEK OF SUNDAY, MARCH 6

Sunday, March 6

Mass: 7:30am, 9am, 11am

Amanda Vernon Special Event: 3pm in Church

Monday, March 7
Daily Mass: 5:30pm

SVdP Meeting: 6:30pm in St Therese Room

Boy Scouts: 7pm in Social Hall

Prayer 101: 7pm in JP2 Conference Room

Tuesday, March 8

Daily Mass: 8:30am and 5:30pm

Bible Study, Gospel of John: following 8:30am Mass, Social Hall

Book Club: 10:45am in St Therese Room Praise & Worship: 6:30pm in church

Wednesday, March 9

Daily Masses: 7 am, 8:30am & 5:30pm Food & Fellowship: 5:45pm in Social Hall

Catechesis Classes Grades 1-5

Thursday, March 10
Daily Mass: 8:30am

AHG Meeting: Grades K-3 in Social Hall

Friday, March 11 Daily Mass: 8:30am

St. Monica Prayer Group: 3:45pm in church Stations of the Cross: 5:30pm in Church Simple Supper: 6pm in Social Hall

Saturday, March 12 Mass: 8:30am, 4pm

Sat 4 pm Choir Rehearsal: 2:45 pm in School Music Room Catholic Young Adults Group: 7pm in church & Social Hall

REMEMBER THERE ARE CONFESSIONS 1/2 HOUR BEFORE MASS!

Amanda Vernon in Concert at Holy Spirit - TODAY

You and your family are invited to see internationally-known recording artist Amanda Vernon in concert on Sunday March 6 @ 3pm at Holy Spirit. She will share her original music and give the faith-filled stories behind the songs. For more info, visit amandavernon.com.

Invitation to Stations of the Cross and Meal

The Stations of the Cross is a special form of devotion done with a series of images depicting the specific events that occurred during Jesus' last day on earth. Every Wednesday at 9am or Friday at 5:30pm, during Lent, we invite you to take a "spiritual pilgrimage" to the scenes of Christ's suffering and death to draw you further into the mystery of the season. A simple supper following the prayer is offered in the social hall on Fridays.

New camp for Middle School students this summer

Camp Summit for all youth entering grades 7, 8, & 9. Youth will engage in prayer, worship, fellowship, leadership formation, recreation, and fun. This five-day experience is designed to encourage and equip the youth for discipleship to their family, friends, and communities. Hosted at Red Willow Bible Camp in Binford, ND, July 10-14, 2022. Cost is \$325.00/camper or \$300.00/camper with two or more from the same family. Visit: https://www.fargodiocese.org/campsummit Holy Spirit will cover \$200 towards the cost of registration per camper for our parishioners. Contact Ashley at ashley@holyspiritfargo.com for more info.

Lenten Day of Recollection - March 19

Fr. Keller will lead a day of retreat at Holy Spirit on March 19 from 9am-3pm. Take this opportunity to dive deeper into the Parish Lenten Retreat. Lunch is included, so please sign up ahead of time at the Welcome Desk or call the office.

God's Gift Appeal

Last weekend was our parish Commitment Weekend for the 2022 God's Gift Appeal. If you have not yet completed your card, please prayerfully make your pledge and return it to the church office. We would like 100% participation in sharing Christ's mission in the Diocese of Fargo.

Prayer 101 Class

Learn some basic tools that will allow us to talk to God and more importantly listen. Starts Monday, March 7 from 7-8:15pm, in the JPII Conference room. Continues each Monday of Lent. Please sign up at the Welcome Desk or call the office.

What is An Annulment?

It's better to describe an annulment as a Declaration of Invalidity. It does not deny that a real relationship existed, nor does it imply that the parties entered the relationship with ill will or moral fault. The Church is saying that the relationship fell short of at least one element necessary to bring about what the Catholic Church understands as a true marriage. For questions or more info, contact the pastor or call the Diocese of Fargo Tribunal office at 701-356-7900.

Coffee & Rolls Host needed after 9am Mass

For more info or to sign-up as hosts, please email Anne Schneider at aseeba@msn.com or Sarah Gates at sarah@holyspiritfargo.com

2022 JP2 Tuition Raffle

Your child, grandchild, or child of your choice could receive I year of FREE JP2 Catholic School Tuition! Raffle tickets are \$20. Pick up a Raffle Ticket order from at the Welcome Desk. Drawing will be at the 2022 Deacon Dinner Auction & Gala on April 30, 2022

St. William's in Argusville hosts Lenten Mission

Everyone welcome! Special Teen mission Saturday, March 19: 11:30am to 4pm. Lunch and refreshments provided. Adult mission Sunday, March 20: 10am Mass, 11am brunch, program until 5pm. Brunch is for everyone. Refreshments provided. Childcare available Sunday during the adult program for ages 4 and older. Snacks provided. Help us plan by registering via our online form: https://forms.gle/TKLhaUXzj2acXkP38

At Home with Jesus: Parish Lenten Retreat

More ways to Participate...

Attend **Holy Half-Hour** on Wednesdays 6:40-7:20 pm for Adoration + intro to a passage

Attend day of recollection Saturday March 19 led by Fr. Keller (pre-register, please).

Attend **Prayer 101 class** on Mondays at 7 pm.

Sign up for prayer check-in/ spiritual direction with a priest.

Write about your Lectio experiences in your journal (start a prayer journal).

Engage in discussion with others using provided takehome questions

Watch **videos** on the Holy Spirit Fargo YouTube channel Levels of Participation

As we set out on this Lenten journey, inviting Jesus into our homes, everyone is encouraged to participate at some level.

This chart has examples of various levels of participation.

Please feel free to move from level to level as you listen to
God speak His desires to you.

ENRICHED

Commit to 30 minutes of prayer each day with the readings. Participate in the other activities as you are able.

Read and pray Lectio with the Scripture passages published in the weekly bulletins

Write about the experience in your journal.

Read retreat info in the bulletin each week

Sign up for weekly emails or texts for encouragement and tips

ENGAGE

Participate in readings and activities as you are able

Read and pray Lectio with the Scripture passages published in the weekly bulletins

Read retreat info in the bulletin each week

Sign up for weekly emails or texts for encouragement and tips

FIRST STEPS

Commit to praying 10 minutes each day with any of a variety of forms of prayer (i.e. Scripture, Rosary, etc.)

Sign up for weekly emails or texts for encouragement and tips

Scripture Meditations: Week One God's Creative Unconditional Love



MARCH 6-12

Psalm 131 (child in his mothers' arms)
Ephesians 1:3-11 (chosen in Jesus)
John 1:35-39 (what do you seek)

Isaiah 43: 1-7 (precious in God's eyes)

Grace to ask for at the beginning of each prayer period this week:

Help me to be able to receive a new taste of knowing your intimate love for me.

As we begin praying with scripture through At Home with Jesus, you will notice that each passage speaks to us of God's deep and unconditional love for us. It is a love that is individual. It was His intention, from all time, to create each one of us. His desire is that we know that and that we each claim our true identity as His beloved child. Let your heart absorb the affection He has for you as you meditate on His word. He is crazy about you!

Repeat 3 passages (After having prayed with each passage from this week's list, choose 3 of the passages to return to in prayer. Your choice should be determined by a deep experience in prayer, or a dryness in prayer indicating you need more time in order to hear what God is speaking to you.)

Lectio Divina - Script

This Script could be read word for word or modified as you see is appropriate.

I. Introductory Prayer

Let us start. In the name of the Father and of the Son and of the Holy Spirit.

Let us place ourselves in God's presence. Close your eyes and imagine Jesus looking at you with love. Holy Spirit, we ask you to guide us through this meditation.

Lead us to encounter Jesus in our prayer. {Pause}



II. Instructions for the prayer - OPTIONAL

We will read the scripture passage 3 times. You may choose to imagine yourself in the scene. Focus on the details and let yourself be taken up in the story as it unfolds.

Take time to notice your surroundings- What do you see, hear, feel, smell?... When a word or phrase "jumps out at you" ponder it and talk to God about what you are perceiving.

III. Relaxing stage - OPTIONAL

Get comfortable ... Take a deep breath. Breath in God's infinite love for you, ... (pause for length of deep breath) ... Breath out all worry and anxiety.

Imagine Jesus standing in front of you holding a large basket. Give Him everything that is occupying your mind at the present time as you prepare to receive what He desires to give you.

IV. Reading of scripture

Read the passage slowly and deliberately. Pause for a minute or two and say the name of the next person who is to read. Do the same for the last reading of the scripture.

V. Prayer time

Allow if possible the prayer to go for a good 20 to 30 minutes. 5 minutes before the end of the prayer, invite participants as follows. At this time, let us allow the Father to speak to us and say anything we might want to say to Him. (after 1-2 min.), now ask Jesus if He has anything He would like to say to you or tell Him anything on your heart. (after 1-2 min.), And now the same with Mary. (pause for another 1-2 min.)

VI. Sharing of graces

Now let us share some of the prayer. (Pause for a while and then ask people individually to share. Share yourself)
You are encouraged to record your thoughts and experiences in your prayer journal after each prayer time.
Some good questions to consider:

How did you sense God's presence as you where praying? Did any imagine themselves in the scene? What did you imagine? What things "jumped out at you"? What feelings did you have during the prayer?

VII. Closing prayer

Let us close with the Glory Be. Glory be



Stewardship Moment

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me."

- Deuteronomy 26:10

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer, or do you give from what you have leftover? Second, do you realize that everything you have and that everything you are has been given to you by God? Ask God for a grateful and generous heart, every day, in all circumstances.



St. Vincent de Paul Society **Holy Spirit Fargo Conference**

Meetings @ 6:30 p.m. 1st & 3rd Mondays SVDP Helpline 701-638-3800 visit www.holyspiritfargo.com to make an online donation

In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting and almsgiving.

Please pray for our parish's ministry to the poor through our St Vincent de Paul conference. Could you say a Hail Mary after your meal blessing for the poor/needy in F/M area? Also, pray for our Vincentians serving those in need.

MASS INTENTIONS

Monday, 3-7

5:30pm: +Robert Muscha

Tuesday, 3-8

8:30am: +Keith Davis 5:30pm: +Duane Jeffrey

Wednesday, 3-9

8:30am: +Paul Nilles 5:30pm: +Ryan Spiess

Thursday, 3-10

8:30am: Mark Hebert

& Kay Selvig

Thursday, 3-10, cont. II am St Catherine:

+John Moraghan

Friday, 3-11

8:30am: +Mary Hebert

Saturday, 3-12

8:30am: Max Stenberg +Peter Griffin 4_{Dm}:

Sunday, 3-13

7:30am: +Pete Neisen 9am: Tom & Jean Picard

Ham: **Parishioners**



KC Corner Council #10982

We are men who lead, serve, protect and defend.

Next Meeting: Tuesday, April 5, 2022

Officers meet at 6:30pm Members meet at 7pm

Our next breakfast (and the last for this year) will be March 13!! That is next weekend.

As always, we need help with cooking, set-up and clean-up. Please mark your calendars to help for this last spring breakfast

Remember it is never too late to be a Knight! Please call Jack Gaa at 701-320-1975 for more information.



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