



# HOLY SPIRIT CATHOLIC CHURCH

**March 20, 2022**  
**3rd Sunday of Lent**

1420 7TH ST. N, FARGO, ND 58102 | 701.232.5900  
WWW.HOLYSPIRITFARGO.COM  
INFO@HOLYSPIRITFARGO.COM



## 3<sup>RD</sup> SUNDAY OF LENT

Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did!" - Lk 13:2-3

### PARISH INFORMATION

#### Weekend Mass Schedule

Saturday Vigil: 4pm  
Sunday: 7:30, 9 and 11am

#### Daily Mass Schedule

Monday-Wednesday: 5:30pm  
Tuesday-Saturday: 8:30am

#### Reconciliation

1/2 hour before ALL Masses.  
Saturday: 3-3:50pm  
In-person by appointment

#### Baptism

Call to register for Baptism prep, before or after the baby is born.

#### Marriage

Contact the parish office at least six months before the wedding date.

#### Confirmation/1st Eucharist

For Catholics older than 3rd grade, call for more info.

#### Exploring Catholicism/RCIA

Learn more about the faith, or want to become Catholic, call for more info.

#### New Parishioner Registration

Visit the website or call for more info.

#### Anointing of the Sick

Available any time. Contact a priest or call the parish office.

#### Adoration

Monday-Saturday: 6:45-8am

#### Homebound

Call the office to schedule a visit.

#### Prayer Chain

Call Patty Landman at 701-235-0185 or Mary Schmidt at 701-540-7146 to be added to the prayer list.

#### Office Hours

Monday: 1-5pm  
Tuesday: 9am-4pm  
Wednesday: 8am-5pm  
Thursday: 9am-4pm  
Friday: 8am-noon

**Pastor:** Fr. Ross Laframboise  
**Parochial Vicar:** Fr. Robert Keller  
**Deacon:** Rev. Mr. Paul Schneider

## MONTHLY SOCIAL TEACHING - The Dignity of Work and the Rights of Workers

The economy must serve people, not the other way around. Work is more than a way to make a living; it is a form of continuing participation in God's creation. If the dignity of work is to be protected, then the basic rights of workers must be respected - the right to productive work, to decent and fair wages, to the organization and joining of unions, to private property, and to economic initiative.

### WEEKLY VIRTUE: MAGNANIMITY

**KNOW IT:** Seeking with confidence to do great things in God; literally "having a large soul"

**LIVE IT:** Acknowledge the good in others when it is difficult; strive to do difficult tasks with God's grace

**PRAY IT:** Saint Paul Miki, you accepted martyrdom rather than abandon your faith. You chose to serve those closest to you rather than to flee. Inspire in us the same love of God and man so that we too can know, love, and serve God in the heroic fashion that made you so brave and composed in the face of intense suffering. Amen.

**ST. PAUL MIKI AND COMPANIONS** - Nagasaki, Japan, is familiar to Americans as the city on which the second atomic bomb was dropped, immediately killing over 37,000 people. Three and a half centuries before, 26 martyrs of Japan were crucified on a hill, now known as the Holy Mountain, overlooking Nagasaki. Among them were priests, brothers, and laymen, Franciscans, Jesuits, and members of the Secular Franciscan Order; there were catechists, doctors, simple artisans, and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.

Brother Paul Miki, a Jesuit and a native of Japan, has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

## Holy Spirit Andes Ski Trip 2022

Some of the 17 teens and 3 chaperones from Holy Spirit who attended the YD ski trip took time to pose for a photo. It was a group trip with other Catholic parishes from the F-M area.



### STEWARDSHIP OF TREASURE

Weekend of	March 12-13	YTD Budget	Fiscal YTD
Envelopes	\$11,682.82	\$693,072.23	\$689,241.64
Children	\$1.00	\$181.78	\$374.99
Cash Plate	\$923.00	\$29,365.46	\$22,699.99
Total	\$12,606.82	\$722,619.47	\$712,316.62
Monthly Total	\$30,669.32		
Monthly Budget	\$78,642.86	% of Budget	39.00%

**Thank you for your generosity! Call Barb with questions. Please consider Holy Spirit in your estate planning Ask Barb about the Holy Spirit Legacy Society**

### Mass readings for the week of March 20

Sunday: Ex 3:1-8a, 13-15/Ps 103:1-4, 6-8, 11/  
I Cor 10:1-6, 10-12/Lk 13:1-9  
Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30  
Tuesday: Dn 3:25, 34-43/Ps 25: 4-5ab, 6, 7bc, 8-9/Mt 18:21-35  
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19  
Thursday: Jer 7:23-28/Ps 95:1-2, 6-9/Lk 11:14-23  
Friday: Is 7:10-14; 8:10/Ps 40:7-8a, 8b-11/Heb 10:4-10/  
Lk 1:26-38  
Saturday: Hos 6:1-6/Ps 51:3-4, 18-21ab/Lk 18:9-14  
Next Sunday: Jos 5:9a, 10-12/Ps 34:2-7/2 Cor 5:17-21/  
Lk 15:1-3, 11-32



Our mission is to invite, form, and equip missionary disciples of Jesus Christ.

## PRAYER

Prayer is the joy of the Christian life. Here are some basic steps to get there:

1. Start simply with 10 minutes each day in prayer or reading the Bible. It is so doable !
2. Transforming your relationship with God is next. The Prayer 101 experience is the concrete step.
3. The final step is complete commitment. This is achieved when we take a 1/2 hour of meditative/contemplative prayer each day to nurture our relationship with God.

## The EXAMEN PRAYER

This prayer provides a way to look back over your day and say thank you for the things which have gone well, and say sorry for the things which have not. By doing this each day you will become more aware of what God is doing in your life.

### BEGIN

Find stillness. Relax. Breathe in and out slowly. Do just the minimum it takes to be here. Close your eyes. Listen to the sounds around you.

### ENTER

What is the best thing that happened today? It may be big; it may be small. Remember that moment. See it again. Go back to it. See it; touch it; taste it; smell it; feel it; or hear it over again. Thank God for that moment.

Allow the feeling of thankfulness to spread to the whole of your day as you rewind your day beginning with the moment you woke up, to the present moment. Ask God for a gentle light so that you can see what God has been doing in your life. Look at each moment- the people you were with, the things you did, the places you visited. What amazed you? What disappointed you?

### GRATITUDE

Where you feel thankful, give thanks to God who gave you that moment.

### SORROW

Where you did not live up to everything you could be, tell God you are sorry.

### SPEAK

Now that you have reviewed your day, speak to God the same way you speak to one of your friends. Come as you are. Be totally honest with Him.

### CONCLUSION

What is the one thing you need to ask from God to strengthen you for tomorrow?



# PARISH PENANCE SERVICE

## Sunday, March 27 @ 4pm

SEVERAL PRIESTS WILL BE HERE TO LISTEN TO CONFESSIONS

# NEWS & EVENTS

## OUTSIDE OUR PARISH

### Little Deacons Assistant – Holy Spirit Elementary

St. John Paul II Catholic Schools is searching for a dynamic individual to assist in the Little Deacons 3-year-old program. Candidate will work under the direction of the Lead Teacher to provide support and help create a positive learning and socialization environment for the students to grow. Deadline for applying: Open Until Filled. To apply visit <https://www.jp2schools.org/careers/> and complete the general application or contact [Human.Resources@jp2schools.org](mailto:Human.Resources@jp2schools.org).

### Spring Authentic Italian Spaghetti Dinner

St. Elizabeth's in Dilworth, 207 Main St N, will be selling Sauce & Meatballs on Sunday, April 24, 2022. Call 287-2705 to **pre-order by March 20, 2022**. Curbside pickup by the north door 10am—2pm.

### Catholic Men's Night 1

Tuesday, March 22 at St. Benedict, 11743 38th St S, Horace, ND. 6-7pm Adoration & Confession; 7-8pm Talk with dinner, presenter: Fr. Miller.

### Catholic Men's Night 2

Thursday, March 24 at St. Leo's, 211 Langer Ave N, Casselton, ND. 6-7pm Adoration & Confession; 7-8pm Talk with dinner, presenter: Bishop Folda. Free-will offering.

### St Francis Thrift Store needs Volunteers

Can you spare 1 or 2 hours a week to sort and hang clothes? By volunteering, you will help the needy of our community. We receive and pick up donations of items, and accept monetary contributions. St Francis Thrift Store 1425 1st Ave S Fargo 710-235-5944. Talk to the manager.

### Our Lady of Guadalupe Adoration Chapel

Please consider giving an hour of your time in adoration. Call Cindy Petrich (701-552-1675) or Marilyn Loegering (701-261-5051) for more information. Times Open: Tuesday- 2-3am; Wednesday 4-5am; Friday-2-3am, 8-9am; Sunday 4-5am, 11-12noon

## INSIDE OUR PARISH

### Special Collection to aid Ukraine March 19/20

Bishop Folda has requested us to take up a special collection to assist with humanitarian and other efforts in Ukraine. Many people in our Diocese have ties to the Ukraine. Make checks payable to Holy Spirit and we will send all proceeds to the Diocesan Finance Office by the end of March to be remitted to the national/international Catholic entities engaged in assisting those in need. Please be generous. Thank you.

### Confirmation/First Communion Next Sunday

Please pray for our 3rd graders who will be receiving Confirmation and First Communion next Sunday, March 27th at the 11am Mass.

### Invitation to Stations of the Cross and Meal

The Stations of the Cross is a special form of devotion done with a series of images depicting the specific events that occurred during Jesus' last day on earth. Every Wednesday at 9am or Friday at 5:30pm, during Lent, we invite you to take a "spiritual pilgrimage" to the scenes of Christ's suffering and death to draw you further into the mystery of the season. A simple supper following the prayer is offered in the social hall on Fridays.

### New camp for Middle School students this summer

Camp Summit for all youth entering grades 7, 8, & 9. Youth will engage in prayer, worship, fellowship, leadership formation, recreation, and fun. This five-day experience is designed to encourage and equip the youth for discipleship to their family, friends, and communities. Hosted at Red Willow Bible Camp in Binford, ND, July 10-14, 2022. Cost is \$325.00/camper or \$300.00/camper with two or more from the same family. Visit: <https://www.fargodiocese.org/campsummit> Holy Spirit will cover \$200 towards the cost of registration per camper for our parishioners. Contact Ashley at [ashley@holyspiritfargo.com](mailto:ashley@holyspiritfargo.com) for more info.

### God's Gift Appeal

Thanks to all our parishioners who made their gift to the 2022 God's Gift Appeal. Holy Spirit is 62.6% towards our goal of \$128,710. If you have not yet participated, please fill out a commitment card located at the Welcome Desk. Please participate and support our diocesan church.

### 2022 JP2 Tuition Raffle

Your child, grandchild, or child of your choice could receive 1 year of FREE JP2 Catholic School Tuition! Raffle tickets are \$20. Pick up a Raffle Ticket order form at the Welcome Desk. Drawing will be at the 2022 Deacon Dinner Auction & Gala on April 30, 2022

### KC Food Drive

This weekend starts the Holy Spirit Knights of Columbus annual Food Drive for the Emergency Food Pantry. Bags, with a suggested list of items needed, are by the doors of the Church. Please pick up a bag, fill it up, and return it no later than March 27. The KC's and our hungry friends in need thank you!

### Easter Flower Envelopes

Making a contribution in support of Easter flowers is a wonderful way to honor and remember your loved ones. You can find donation envelopes in the pews, at the Welcome Desk or within your packet of giving envelopes. Those individuals honored/remembered will be listed in a future bulletin during the Easter season.

### *Vitae Memoriam*

We extend our prayers & sympathies to:

Shawn & Mike Hagstrom and family on the death  
of Shawn's father, +Wally Lamb  
and  
Nancy & Tim Kelly and family on the death of  
Nancy's mother, +Dorothy Magelky



**MAY THEY REST IN ETERNAL PEACE.**

### PARISH EVENTS FOR WEEK OF SUNDAY, MARCH 20

*Sunday, March 20*

Mass: 7:30am, 9am, 11am

*Monday, March 21*

Daily Mass: 5:30pm

SVdP Meeting: 6:30pm in St Therese Room

Boy Scouts: 7pm in Social Hall

Prayer 101: 7pm in NW Conference Room

*Tuesday, March 22*

Daily Mass: 8:30am and 5:30pm

Bible Study, Gospel of John: following 8:30am Mass, Social Hall

Book Club: 10:45am in St Therese Room

Praise & Worship: 6:30pm in Church

*Wednesday, March 23*

Daily Masses: 8:30am & 5:30pm

Stations of the Cross: 9am in church

Ave Maria Bible Study: 9:15am in NW Conference Room

Food & Fellowship: 5:45pm in Social Hall

Catechesis Classes Grades 1-5

Half-hour Lenten Adoration: 6:45pm in Church

*Thursday, March 24*

Daily Mass: 8:30am

*Friday, March 25*

Daily Mass: 8:30am

St. Monica Prayer Group: 3:45pm in church

Stations of the Cross: 5:30pm in Church

Simple Supper: 6pm in Social Hall

*Saturday, March 26*

Mass: 8:30am, 4pm

Sat 4 pm Choir Rehearsal: 2:45 pm in St Therese Room

Confirmation Rehearsal: 6:30pm

**REMEMBER THERE ARE CONFESSIONS 1/2 HOUR BEFORE MASS!**

## Scripture Meditations: Week Two- The Incarnation-Jesus' Public Life



As we enter into Week Two we are invited to consider the mystery that God became man so that we might become like God. This invitation to enter into the Mystery through Sacred Scripture serves to facilitate an encounter with Our Lady and her Infant Son, as well as takes us to the place where we might stand on the shores of the Jordan River and encounter the Blessed Trinity-the Communion of Love.

As you pray with each passage and respond to the *Call of the King*, keep in mind that His call, His love, and His mission has everything to do with you.

### MARCH 20-26

#### LUKE 1: 26-38 ANNUNCIATION

#### CALL OF THE KING\*

#### LUKE 2: 1-7 BIRTH OF JESUS

#### MATTHEW 3: 13-17 BAPTISM OF JESUS

**Repeat 3 passages** After having prayed with each passage from this week's list, choose 3 of the passages to return to in prayer. Your choice may be determined by a deep experience in prayer, or a dryness in prayer indicating you need more time in order to hear what God is speaking to you.

\*Found in bulletin insert.

**Grace** to ask for at beginning of each prayer period this week: **A deeper trust that God is calling me, as an individual, to the happiness that comes from living as one of His subjects, and to whole-heartedly enthrone Him in my heart.**

RECORDING YOUR THOUGHTS, INSPIRATIONS, OR FRUSTRATIONS IN YOUR PRAYER JOURNAL WILL BE HELPFUL.

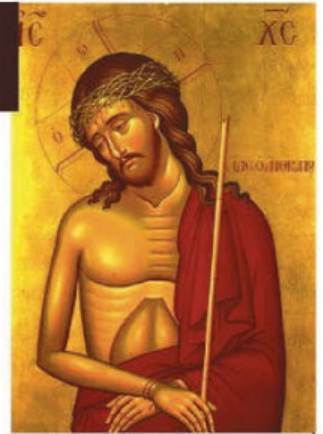
### One Person's Experience While Praying with Scripture



Each week we begin RCIA with an experience of praying with Sacred Scripture (Lectio Divina). The particular week that I am calling to mind involved the Gospel in which Jesus reveals to us the heart of the Ten Commandments. (You have heard it said, You shall not commit adultery, but I tell you....). As we concluded the prayer, an invitation to share the graces of the meditation was given. One candidate explained her experience in this way: *As the Gospel was being read I didn't have a word or phrase catch my attention, but I was drawn to an image. Everything was dark. As each commandment was read, a light appeared. I felt that I was being shown ways in which I have sinned in my past and invited to let them go. It was very peaceful. Not at all condemning.*

# CALL OF THE KING\*

Begin the prayer recognizing that you are in God's presence, the object of His loving gaze.



## PART I

Imagine the synagogues, villages and towns through which Christ our Lord preached. After a little while, ask for the grace from our Lord that you may not be deaf to His call, but ready and diligent to fulfill His most Holy Will.

Then consider these points:

**FIRST POINT** put before you a human king chosen by God our Lord, whom all Christian princes and men reverence and obey.

**SECOND POINT** look how this king speaks to all his people, saying: "It is my will to conquer all the land of unbelievers. Therefore, whoever would like to come with me is to be content to eat as I, and also to drink and dress, and live, as I: likewise he is to labor like me in the day, and watch in the night, so afterwards he may have part with me in the victory, as he has had it in the labors."

**THIRD POINT** consider what the good subjects ought to answer to a King so generous and so kind, and consequently, if any one did not accept the invitation of such a king, how deserving he would be of being rejected by all the world, and held for a mean-spirited knight.



## PART II

Apply the above parable of the temporal King, to Christ our Lord, using the following three Points .

**FIRST POINT** If we consider such a call of the temporal King to his subjects, how much more worthy of consideration is it to see Christ our Lord and eternal King, and before Him the entire world as a whole, and each person in particular, as He calls, and says: "It is My will to conquer all the world and all enemies and enter into the glory of My Father; therefore, whoever would like to come with Me is to labor with Me, that following Me in the pain, he may also follow Me in the glory."

**SECOND POINT** Consider that all those who have right judgment and reason will offer their entire selves to the labor.

**THIRD POINT** those who will want to be more devoted in all service of their Eternal King and universal Lord, will offer themselves to the labor, and even, acting against their own worldly love, will make offerings of greater value and greater importance, saying: "Eternal Lord of all things, I make my offering with your favor and help, in the presence of Your infinite Goodness and in the presence of Your glorious Mother and of all the Saints of the heavenly Court; that I want and desire, and it is my deliberate determination, if only it be Your greater service and praise, to imitate You in bearing all injuries and all abuse and all poverty of spirit, and actual poverty, too, if Your most Holy Majesty wants to choose and receive me to such a state and life."

*\*Text is mostly from St. Ignatius' exercises with some adaptations in the explanations as to how to enter into the prayer.*

## Stewardship Moment

"...He said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none.'  
- Luke 13:7

**We can all be like the barren fig tree at times. Do you cling to what you have or do you generously share with others? How will you respond when God asks you what you have done with all the gifts He has given you? Remember, not only are we called to be generous, we are called to develop and nurture our gifts, and return them with increase. Remember, we are called to be generous with all of gifts, especially the one that means the most to you.**



### St. Vincent de Paul Society Holy Spirit Fargo Conference

Meetings @ 6:30 p.m. 1st & 3rd Mondays  
SVDP Helpline 701-638-3800

visit [www.holyspiritfargo.com](http://www.holyspiritfargo.com) to make an online donation

In today's Gospel Jesus is quite clear in his message: "bear fruit or be cut down." This Lent we are called to cultivate and fertilize our spiritual lives through prayer, fasting and almsgiving.

**Through your almsgiving you are performing a good work; far greater than you think. Know that your donations of money and in-kind goods for the pantry are blessing others and meeting many needs!**

## MASS INTENTIONS

### Monday, 3-21

5:30pm: +Barbara Grossman

### Tuesday, 3-22

8:30am: +Margaret Olson

5:30pm: +Christopher Stroue

### Wednesday, 3-23

8:30am: +Joan Mulkern

5:30pm: +Brenden Donnelly

### Thursday, 3-24

8:30am: +Linda Rheault

Thursday, 3-24, cont.

11 am St Catherine:

+Mary Lempe

### Friday, 3-25

8:30am: Jeanne & Dale Radke

### Saturday, 3-26

8:30am: +Kenneth Senn

4pm: +Jim Lantz

### Sunday, 3-27

7:30am: +Marcella Braun

9am: +Clayton & +Rose

Simon

11am: Parishioners



## KC Corner Council #10982

We are men who lead, serve, protect and defend.

### Next Meeting: Tuesday, April 5, 2022

Officers meet at 6:30pm All Members meet at 7pm

**KC Food Drive return your filled bags by March 27.**

**Spread the word so we can make our goal!**

### February Awards:

Knights of the Month: Scott Seltveit & Rich Schmit

Family of the Month: Wade & Donna Wolf

Server of the Month: Alex Paul

**Remember it is never too late to be a Knight!**

Please call Jack Gaa at 701-320-1975 for more information.



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