



HOLY SPIRIT CATHOLIC CHURCH

April 3, 2022
5th Sunday of Lent

1420 7TH ST. N, FARGO, ND 58102 | 701.232.5900
WWW.HOLYSPIRITFARGO.COM
INFO@HOLYSPIRITFARGO.COM



5TH SUNDAY OF LENT

Jesus bent down and began to write on the ground with his finger. But when they continued asking him, he straightened up and said to them, "Let the one among you who is without sin be the first to throw a stone at her." - Jn 8:6b-7

PARISH INFORMATION

Weekend Mass Schedule

Saturday Vigil: 4pm
Sunday: 7:30, 9 and 11am

Daily Mass Schedule

Monday-Wednesday: 5:30pm
Tuesday-Saturday: 8:30am

Reconciliation

1/2 hour before ALL Masses.
Saturday: 3-3:50pm
In-person by appointment

Baptism

Call to register for Baptism prep, before or after the baby is born.

Marriage

Contact the parish office at least six months before the wedding date.

Confirmation/1st Eucharist

For Catholics older than 3rd grade, call for more info.

Exploring Catholicism/RCIA

Learn more about the faith, or want to become Catholic, call for more info.

New Parishioner Registration

Visit the website or call for more info.

Anointing of the Sick

Available any time. Contact a priest or call the parish office.

Adoration

Monday-Saturday: 6:45-8am

Homebound

Call the office to schedule a visit.

Prayer Chain

Call Patty Landman at 701-235-0185 or Mary Schmidt at 701-540-7146 to be added to the prayer list.

Office Hours

Monday: 1-5pm
Tuesday: 9am-4pm
Wednesday: 8am-5pm
Thursday: 9am-4pm
Friday: 8am-noon

Pastor: Fr. Ross Laframboise
Parochial Vicar: Fr. Robert Keller
Deacon: Rev. Mr. Paul Schneider

MONTHLY SOCIAL TEACHING - Care for God's Creation

We show our respect for the Creator by our stewardship of creation. Care for the earth is not just an Earth Day slogan, it is a requirement of our faith. We are called to protect people and the planet, living our faith in relationship with all of God's creation. This environment challenge has fundamental moral and ethical dimensions that cannot be ignored.

WEEKLY VIRTUE: PATIENCE

KNOW IT:

Bearing present difficulties calmly

LIVE IT:

Listen to others; wait for one's turn; tolerate inconveniences and annoyances without complaining

PRAY IT: St. Alphonsus Liguori's Night Prayer-Jesus Christ, my God, I adore you and I thank you for the many favours you have bestowed on me this day. I offer you my sleep and all the moments of this night, and I pray that you preserve me from sin. Therefore, I place myself in your most sacred side, and under the mantle of our Blessed Lady, my Mother. May the holy Angels assist me and keep me in peace, and may your blessing be upon me. Amen.

ST. ALPHONSUS LIGUORI - is a doctor of the Church who is widely known for his contribution to moral theology and his great kindness. Born in 1696 in Naples, he was the oldest of 7 children. His father was a naval officer and his mother of Spanish descent. He was very intelligent and did not attend school; tutors at home taught him. He practiced the harpsichord for 3 hours a day at the heed of his father and became a virtuoso at the age of 13. For recreation, he was an equestrian, fencer, and card player. As a young man, he developed an inclination for opera. He was much more interested in listening to the music than watching the performance. St. Alphonsus would often take his glasses off, in order to merely listen. At the age of 16, he became a doctor of civil law. After studying for the bar, he practiced law at the age of 19. He resigned from a brilliant career 8 years later when he lost a case because he overlooked a small, but important, piece of evidence. He entered the seminary and was ordained 3 years later in 1726. He became a sought-after preacher and confessor in Naples. His sermons were simple and well organized and they appealed to all people. His time as a diocesan priest was short-lived: in 1732, founded the Redemptorists, a preaching order. He was a great moral theologian and his famous book, "Moral Theology", was published in 1748. Thirty years later, he was appointed bishop, and he retired in 1775. He died just over 10 years later in 1787, and was canonized in 1839.



Congratulations to our 2022 Confirmation recipients!

**Rory Bergseth
Ryker**

**Buckmiller
Abaigeal Corr
Bailey Curtis
Bryнна Curtis
Rayna Dalton**

**Greta Gates
Isabella
Gutierrez
Haven
Hatzenbeller**

**Hannah
Hodgson**

**Hayden Holman
Tanner Holman
Henry Jaeger
Benjamin
Kalbrener**

**Emma Kaldor
Briggs Landis
James
Lauerma
Lydia
Lauerman**

**Claire
Malakowski
Ella Malakowski
Nora Mann
Theodore Mertes
Emma Nelson
Arianna Reinpold
James Shih
Laura Swan
Andrew Wald
Savannah
Wohlers**

STEWARDSHIP OF TREASURE

Weekend of	March 26-27	YTD Budget	Fiscal YTD
Envelopes	\$12,520.04	\$726,590.65	\$689,241.64
Children	\$1.00	\$193.89	\$374.99
Cash Plate	\$1,023.00	\$31,464.71	\$22,699.99
Total	\$13,544.04	\$758,249.25	\$712,316.62
Monthly Total	\$66,299.10		
Monthly Budget	\$78,642.86	% of Budget	84.30%

**Thank you for your generosity! Call Barb with questions.
Please consider Holy Spirit in your estate planning
Ask Barb about the Holy Spirit Legacy Society**

Mass readings for the week of April 3

Sunday: Is 43:16-21/Ps 126/Phil 3:8-14/Jn 8:1-11
Monday: Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23/
Jn 8:12-20
Tuesday: Nm 21:4-9/Ps 102/Jn 8:21-30
Wednesday: Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/
Jn 8:31-42
Thursday: Gn 17:3-9/Ps 105/Jn 8:51-59
Friday: Jer 20:10-13/Ps 18/Jn 10:31-42
Saturday: Ez 37:21-28/Jer 31:10, 11-12abcd, 13/Jn 11:45-56
Next Sunday: Lk 19:28-40/Is 50:4-7/Ps 22/Phil 2:6-11/
Lk 22:14—23:56



Our mission is to invite, form, and equip missionary disciples of Jesus Christ.

PRAYER

Prayer is the joy of the Christian life. Here are some basic steps to get there:

1. Start simply with 10 minutes each day in prayer or reading the Bible. It is so doable!
2. Transforming your relationship with God is next. The Prayer 101 experience is the concrete step.
3. The final step is complete commitment. This is achieved when we take a 1/2 hour of meditative/contemplative prayer each day to nurture our relationship with God.

DISCERNMENT OF SPIRITS

Human beings are moved by a dense complex of motives, both in the things we do from day to day and in our big decisions. What drives a young woman to become a doctor or a young man to be an engineer? Many things contribute: success, altruism, interest. Or what drives a woman who has smoked for years to quit or an obese man to get thin? Again, many things contribute: fear of death, desire for health, concern of family. But they all interact in a kind of movement that eventually drives the person to act. Master Ignatius learned to think about those dense complexes of motives—images, ideas, attractions, revulsions—as “spirits.”

We can all name many spirits. There is school spirit, in which everyone cheers together for the football team. There is fear, which can depress an entire city, and exultation, which can cause a whole nation to rise up. But spirits are not only secular. A thrill of devotion fills St. Peter’s Square when a saint is canonized. A spirit of prayer drives people to make retreats. Christians under atheistic despotisms are moved to remain faithful.

CONSOLATION AND DESOLATION

Master Ignatius noted that these dense complexes of motives and energies take on two configurations, which he identified with consolation and desolation. He discovered that both consolation and desolation can move you toward God or pull you away from God. Then he noted that sometimes consolation comes from a good spirit and sometimes from a bad spirit, and he noted the same thing about desolation.

Ignatian spirituality applies this to interpreting major decisions and daily experience as well. The movement of spirits, obviously, involves a set of complex variables: consolation and desolation, good and evil spirits, movements to and away from God.

HOW SPIRITS WORK

Some basic patterns are easy to grasp. For instance, as you would anticipate, the good spirit usually brings love, joy, peace, and the like; the evil spirit characteristically brings confusion, doubt, disgust, and the like. Another pattern: when you are leading a seriously sinful life, a good spirit will visit you with desolation to turn you around; an evil spirit will keep you content so that you will keep sinning. Another clear pattern is the opposite of this: when you are seriously serving God, the spirits change roles. The evil spirit clouds your day with desolation to lead you away from God, while the good spirit fills your day with trust and love of God. And a final, easily grasped pattern: a spirit that works in light and openness is good, while a spirit cloaked in secrecy and deception is evil.

WHAT TO DO ABOUT FEELINGS

Some basic practices are also easy to figure out. When you have made a good decision to serve God better and after awhile go into desolation, you should not change the decision; it’s hardly a good spirit moving you. When you are feeling down, you would do well to pray a little more and increase the help you give to others. When, without warning or any preparatory activity, you are consoled with the love of God above all things, you can trust that it is a good spirit (particularly if it comes with tears). But when you are thinking or praying and grow consoled or disconsolate—well, test those movements. They could come from either spirit, as we have seen.

There is a good deal more to Ignatian discernment, and it gets no simpler. It is not, however, a merely human discipline. “Now instead of the spirit of the world, we have received the Spirit that comes from God, to teach us to understand the gifts that he has given us” (1 Corinthians 2:12). Serious disciples cherish this gift and put it to good use.

By Joseph A. Tetlow, SJ
Excerpt from *Making Choices in Christ*

You're invited!

PINOCHLE PARTY

Sunday, April 10, 2022
1:30pm
Holy Spirit Social Hall

You may bring a snack to share if you desire.
Bring a friend!

NEWS & EVENTS

OUTSIDE OUR PARISH

INSIDE OUR PARISH

Our Lady of Guadalupe Adoration Chapel

Please consider giving an hour of your time in adoration. Call Cindy Petrich (701-552-1675) or Marilyn Loegering (701-261-5051) Times Open: Tuesday- 2-3am; Wednesday 4-5am; Friday-2-3am, 8-9am; Sunday 4-5am, 11-12noon

Stations of the Cross with Bishop Folda on Good Friday

At the Fargo abortion clinic (Red River Women's Clinic at 521 1st Ave. N. in Fargo) at 10 AM on Good Friday, April 15. Booklets will be provided. Please stay on the sidewalk and not block access to any driveways, store fronts or pedestrians.

SEARCH for Christian Maturity

has a retreat coming up April 29 to May 1 at Maryvale Convent in Valley City. Youth and young adults, 16 and older are invited to attend. Details and application at <https://www.fargodiocese.org/search4cm> or call Dori at 952-210-2219. Applications are due no later than Monday, April 11th.

Teams of our Lady spring information sessions

St. Anthony of Padua Church upstairs. Info Session #1 Sunday, April 24 at 4pm, Info Session #2 Thursday, April 28 at 7pm. All couples (BOTH husband and wife) wishing to join TEAMS are required to attend one of these two meetings. Mark your calendar as these will be the only two information sessions this year! Contact Lorine Bernhardt at 701-781-2249 or fargosectorinformation@gmail.com. Visit teamsofourlady.org

Holy Cross in West Fargo hosting 1st Annual Spring Concert

Saturday April 23rd, from 7 - 8:30pm. Members of Holy Cross Catholic Church, the Thursday @ Sunset band and special guest AMANDA VERNON will showcase their musical talents at the concert. Everyone welcome!

Men's Group Fish Fry dinner at St. Benedict's of Wild Rice

Followed by Stations of the Cross on Friday, April 8. Dinner begins at 5:30pm and includes pike or perch fish, baked mac & cheese, coleslaw, dinner roll, dessert, coffee, lemonade. Free will offering.

Praise and Worship at Sts. Anne and Joachim: April 10 at 7 pm

Invitation to Stations of the Cross and Meal

The Stations of the Cross is a special form of devotion done with a series of images depicting the specific events that occurred during Jesus' last day on earth. Every Wednesday at 9am or Friday at 5:30pm, during Lent, we invite you to take a "spiritual pilgrimage" to the scenes of Christ's suffering and death to draw you further into the mystery of the season. A simple supper following the prayer is offered in the social hall on Fridays.

New camp for Middle School students this summer

For youth entering grades 7, 8, & 9. Youth will engage in prayer, worship, fellowship, leadership formation, recreation, and fun. This five-day experience is designed to encourage and equip youth for discipleship. Hosted at Red Willow Bible Camp in Binford, ND, July 10-14, 2022. Cost is \$325.00/camper or \$300.00/camper with two or more from the same family. Visit: <https://www.fargodiocese.org/campsummit> Holy Spirit will cover \$200 towards the cost of registration per camper for our parishioners. For more info: Ashley at ashley@holyspiritfargo.com

God's Gift Appeal

Thanks to all our parishioners who made their gift to the 2022 God's Gift Appeal. Holy Spirit is 82.6% towards our goal of \$128,710. If you have not yet participated, please fill out a commitment card located at the Welcome Desk. Please participate and support our diocesan church.

2022 JP2 Tuition Raffle & SCRIP Cards

Your child, grandchild, or child of your choice could receive 1 year of FREE JP2 Catholic School Tuition! Raffle tickets are \$20. Pick up a Raffle Ticket order form at the Welcome Desk. Drawing will be at the 2022 Deacon Dinner Auction & Gala on April 30. Scrip Cards will also be for sale at the Welcome Desk following the 9am Mass!

Easter Flower Envelopes

Making a contribution in support of Easter flowers is a wonderful way to honor and remember your loved ones. You can find donation envelopes at the Welcome Desk or within your packet of giving envelopes. Individuals honored/remembered will be listed in the bulletin.

Paid Pianists for Mass Needed

Holy Spirit is seeking pianists to play for Mass on a regular or semi-regular basis, beginning in May. Our greatest need is at the 4pm Saturday vigil Mass 1 to 4 times per month, or at the 7:30am Sunday Mass 1 to 2 times per month. Substitutes for all Mass times welcome. Pianists receive a stipend for Mass and for choir rehearsals (applicable on Saturdays before 4pm Mass). Contact Emma: emma@holyspiritfargo.com.

Catholic Summer Fun at Trinity Youth Camp

Summer will soon be here and so will Trinity Youth Camp. "I will call upon the Lord" is this year's theme. Kids entering 4th through 8th grade are invited to join in a fun, faith-filled camping experience at one of three sites. For more info and registration for this great camping experience, visit trinityyouthcampnd.com. Register early, camp spots fill up fast!

Altar Server Training for Triduum

Holy Thursday: 6pm, stay for Mass at 7pm
Good Friday: 2pm, stay for Service at 3pm
Easter Vigil: 11am, Mass at 8:30pm

Pinochle Party

Sunday April 10, at 1:30pm in the Social Hall. Bring a snack to share if you desire. Bring a friend!

Holy Spirit Adoration

We have Adoration Monday through Saturday from 6:30 to 8am. Confession follows Tuesday to Saturday before the morning daily Mass.

Not getting Father's Vlogs?

If you are not getting Father Laframboise's video messages and you want to, please send us your email and we will include you in the email group. Father shares educational info as well as happenings at Holy Spirit.

PARISH EVENTS FOR WEEK OF SUNDAY, APRIL 3

Sunday, April 3

Mass: 7:30am, 9am, 11am

Monday, April 4

Daily Mass: 5:30pm

SVdP Meeting: 6:30pm in St Therese Room

Boy Scouts: 7pm in Social Hall

Prayer 101: 7pm in NW Conference Room

Tuesday, April 5

Daily Mass: 8:30am and 5:30pm

Bible Study, Gospel of John: following 8:30am Mass, Social Hall

KC Meeting: 6:30pm Officers, 7pm all members, in Social Hall

Wednesday, April 6

Daily Masses: 8:30am & 5:30pm

Stations of the Cross: 9am in church

Food & Fellowship: 5:45pm in Social Hall

Catechesis Classes Grades 1-5

Half-hour Lenten Adoration: 6:45pm in Church

Thursday, April 7

Daily Mass: 8:30am

AHG Meeting: Grades K-3 on Social Hall

Friday, April 8

Daily Mass: 8:30am

St. Monica Prayer Group: 3:45pm in church

Stations of the Cross: 5:30pm in Church

Simple Supper: 6pm in Social Hall

Saturday, April 9

Mass: 8:30am, 4pm

CGS Seminar: 9:30am in Social Hall

Sat 4 pm Choir Rehearsal: 2:45 pm in St Therese Room

REMEMBER THERE ARE CONFESSIONS 1/2 HOUR BEFORE MASS!

Scripture Meditations: Week Three— Jesus' Passion and Death



This week we witness Jesus' entry into Jerusalem where He knows fully what will happen to Him there. He begins a journey that ends in giving His life for us, totally and completely, so that we, although we sin, might one day share in eternal happiness. *Love* is willing the good of the other for the other's sake. Jesus is the model of perfect love. Agape love—total gift of self.

APRIL 3-9

JOHN 12: 1-8 JESUS' ANOINTING

MATTHEW 21:1-11 ENTRY TO JERUSALEM

JOHN 13:1-10 LAST SUPPER

LUKE 22: 40-46 AGONY IN THE GARDEN

THREE LEVELS OF HUMILITY

Repeat 3 passages After having prayed with each passage from this week's list, choose 3 of the passages to return to in prayer. Your choice may be determined by a deep experience in prayer, or a dryness in prayer indicating you need more time in order to hear what God is speaking to you.

Grace to ask for at beginning of each prayer period this week: **To love with a purity of intention and to unite my sufferings with Jesus' passion, for the salvation of souls.**

RECORDING YOUR THOUGHTS, INSPIRATIONS, OR FRUSTRATIONS IN YOUR PRAYER JOURNAL WILL BE HELPFUL.

One Family's Experience while praying with Scripture

As I have grown in my understanding of my place in the family as spiritual leader (husband and father) I have realized the responsibility I have to help my family get to Heaven. So, when Father Laframboise introduced the parish Lenten retreat using Lectio Divina, as a means to enter more fully into the spirit of Lent, I proposed to my family that we do this together. Our kids are in school and in a number of activities, so finding the time to pray together is a challenge. The parish retreat provided the motivation to sit down as a family and pray together.

Having tried Lectio previously, I was excited to try it again. My kids have done Lectio in school and were familiar with it. The concept of praying Lectio as a family sounded exciting.

We gather every evening, get comfortable, remove all distractions and sit quietly. We take turns having one person guide us through the process and read the passages. The kids get excited to lead. Everyone enjoys sharing what we each have experienced in prayer. For example, my son said he pictured Jesus sitting in a hammock resting on the seventh day, when we prayed with the Creation story.

Being able to do Lectio as a family has helped us to make time to pray, read Scriptures and role model for our kids so that, hopefully, they will Lectio with their own kids some day.



MEDITATION ON 3 DEGREES OF HUMILITY

by St. Ignatius

Begin the prayer recognizing that you are in God's presence, the object of His loving gaze.



Considering three levels of humility.

FIRST HUMILITY The first manner of humility is necessary for eternal salvation. It is to lower and so humble one's self, that in everything, the law of God is obeyed. Even if one were made lord of all created things, or at the cost of one's own temporal life, he would, without a moment of hesitation or deliberation, choose the good in order to avoid committing mortal sin.

SECOND HUMILITY The second is more perfect humility than the first. This is the stage that when given the opportunity to choose riches rather than poverty; honor rather than dishonor; long life rather than short life; that the service of God and the salvation of one's soul being equal, and so for nothing in the world, would unhesitatingly choose the good rather than to commit even a venial sin.

THIRD HUMILITY The third is most perfect Humility. In order to imitate and be more actually like Christ our Lord, one desires and chooses poverty with Christ, rather than riches; public humiliation with Christ rather than honors; and to desire to be rated as worthless and a fool for Christ, rather than to be thought wise or prudent in this world.



Colloquy (Conversation):

FIRST Speak to Our Lady, that she may obtain for you the grace from Her Son and Lord that you may be received under His standard; that you be first in the highest spiritual poverty, and, if He would be served and would want to choose and receive you—also in actual poverty.

ALSO Ask her to obtain from her son the grace, that in suffering insults and injuries, you might imitate Him more, but without sin or displeasure of His Divine Majesty. Pray a Hail Mary.

SECOND Ask the same of the Son, that He may obtain it for you from the Father; and with that say the *Soul of Christ*.

THIRD Ask the same of the Father, that He may grant it to you, and say an Our Father.

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from Christ's side, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated
from You
From the malicious enemy
defend me
In the hour of my death call me
And bid me come unto You
That I may praise You with Your
saints and with Your angels
Forever and ever. Amen.

Stewardship Moment

"...For his sake I have accepted the loss of all things and I consider them so much rubbish, that I may gain Christ..."
- Philippians 3:8

The first commandment says that we should not put other gods before the Lord. Sharing all of our gifts - our time in prayer, our talent in charitable works and our treasure to support the Church helps us keep God first in everything. It helps us from putting other gods before God. It helps us from becoming a slave to our possessions. It helps us to use our gifts for the glory of God and not for the glory of ourselves.



St. Vincent de Paul Society Holy Spirit Fargo Conference

Meetings @ 6:30 p.m. 1st & 3rd Mondays
SVDP Helpline 701-638-3800

visit www.holyspiritfargo.com to make an online donation

In today's Gospel, Jesus is the model of compassion and kindness. He shows us how to be merciful and nonjudgmental.

When we give to the poor, God indeed pours his love, peace, and mercy into our hearts and into the hearts of those suffering in poverty. Can you give your greeting or smile to others you see?

Stop in and Shop at the
St. Vincent de Paul Thrift Store!
2796 5th Avenue S., Suite B, Fargo

Store Hours:
T-F 10 a.m. - 5 p.m.
Sat. 10 a.m. - 3 p.m.

MASS INTENTIONS

Monday, 4-4

5:30pm: +Clayton Simon

Tuesday, 4-5

8:30am: Mark Hebert & Kay Selvig
5:30pm: +John Fornes

Wednesday, 4-6

8:30am: +Keith Davis
5:30pm: +Anthony Gerou

Thursday, 4-7

8:30am: +Tony & +Jean Kram

Thursday, 4-7, cont.

11 am St Catherine:
+Barbara Grossman

Friday, 4-8

8:30am: +Marion Johnson

Saturday, 4-9

8:30am: +Jessica Reule
4pm: +Lou Ann Donabauer

Sunday, 4-10

7:30am: +Betty Fischer
9am: +Ryan Spiess
11am: Parishioners



KC Corner Council #10982

We are men who lead, serve, protect and defend.

Next Meeting: Tuesday, April 5, 2022

Officers meet at 6:30pm All Members meet at 7pm

February Awards:

Knights of the Month: Scott Seltveit & Rich Schmit

Family of the Month: Wade & Donna Wolf

Server of the Month: Alex Paul

Remember it is never too late to be a Knight!

Please call Jack Gaa at 701-320-1975 for more information.



Ross Wilhelm, Pharm. D., R.Ph.
1605 S. University Drive 2802 N. Broadway
Fargo, ND 58103 Fargo, ND 58102
701-293-3060 701-293-0221
Fax 701-293-3061 Fax 701-241-7944
The Pharmacy That's All About Your Health®

DAN HEDRICK
C: 701.306.0719



PARKCOMPANY.COM



Premier Electric
Service Inc.
701-318-0878

Serving the FM & Surrounding Communities
Pete Shaw
pete@premierelectricservice.com



Accepting New Patients
Dental Care For All Ages
Fargo & Barnesville Locations

Jonathan Dahl, DDS | Bob Mack, DDS | Courtney Gieseke, DDS

(701) 237-5616 | DahlAndMackDentalFM.com

Are you turning 65 or New to Medicare?

Turn to Humana for your medical and prescription drug coverage in one Medicare Advantage plan.

Humana.



Call a licensed sales agent

Louis "Joe" Courneya

701-809-8014

Monday-Friday, 8 a.m.-5p.m.

humana.com/jcourneya

Y0040_GHHJ7PEN_20_C

WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION.

WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com
www.4lpi.com/careers

Season's Greetings!

SPEND \$200 OR MORE AND GET ONE FREE HOUR OF HOME MAINTENANCE. CALL US TODAY AT 701-365-8350

NOW IS THE PERFECT TIME TO SCHEDULE YOUR HOLIDAY CLEANING SERVICES. CALL US AT 701-365-8350 FOR YOUR FREE QUOTE TODAY!

merry maids



2585 23rd Ave. S, Suite C, Fargo
(701) 356-1280
www.drdenmengedoth.com



LARRY GEFFRE, CRL
Owner

THE LOCKSHOP

CARS OPENED • CARD ACCESS • MASTER KEYING
24 HOUR EMERGENCY SERVICE

Prompt Service (701) 235-6645
Bison Center 1404 33rd St. SW
Fargo, ND 58103
Bonded Fax (701) 235-0692



Call Toll Free: 877-239-4303

4303 17th Ave South
Fargo, ND 58103
ExpresswaySuitesFargo.com

- Free Mini Water Park
- Free Hot Breakfast
- Free Manager's Social
- Free Wireless Internet
- A Block From West Acres Mall

SUPPORT OUR ADVERTISERS!

JAMES BERG



STEEN & BERG COMPANY
Complete Auto Body Repair
Serving the F - M Area Since 1916

810 20th St. N
Fargo, ND 58102
701-235-8474

Derek Christopherson Agency Inc.



Providing Insurance and Financial Services
www.2322222.com
(701) 232-2222

Thank you for 16 years of support!
All eyes on Him!



HILLMER EYE CLINIC

Pioneer Plaza
101 N 10th St, Ste 120, Fargo

239-9771

Jed D. Hillmer, OD
Parishioner
HillmerEyeClinic.com



Rose Management

Beautiful & affordable apartments
Most desirable amenities in the FM area

CALL TODAY!

701-371-1030 | 701-237-6840



For ad info. call 1-800-950-9952 • www.4lpi.com

Holy Spirit Church, Fargo, ND

B 4C 02-0340



A Catholic Health Care Ministry providing skilled nursing care & rehabilitation for short or long term stays.

SMP Health-St. Catherine North
(701) 277-7999
1351 Broadway N. - Fargo
smphealth.org/stcatherinenorth

SMP Health-St. Catherine South
(701) 293-7750
3102 S. University Dr. - Fargo
smphealth.org/stcatherinesouth

Go Ye and Bank Locally!
Bell Bank
bellbanks.com | Member FDIC

SWEENEY CONTROLS COMPANY
Designing • Building • Integrating
• Maintaining Control Systems
www.sweeneycontrols.com

Lasik Consults 20/20 Red Eye VISION EXPRESS Problems
John L. Mar, O.D. Jordan D. Mar, O.D. AJ Miskew, O.D.
THE AREA'S BEST SELECTION OF FRAMES
1300 Gateway Dr S.
Fargo, ND 58103
701-235-0280
info@2020visionexpress.com

TRICORNE AUDIO, INC.
417 Main Ave.
Fargo
701-239-4623

New Name, Same Faces.
www.pinnacle.clinic
Pinnacle
LASER CENTER

GROW YOUR BUSINESS BY PLACING AN AD HERE!
Contact Michael Wilde to place an ad today! mwilde@4LPi.com or (800) 950-9952 x2248

Boulger FUNERAL HOME
Larry Boulger
Owner
Licensed Funeral Director
"Please call or stop by to receive a free guide to Funeral Pre-Planning"
237-6441
1-800-393-6441
123 - 10th Street South
www.boulgerfuneralhome.com

Open Enrollment Or Retiring And Seeking Solutions?
Need Medicare & Part D Help?
Turn to your North Dakota/Minnesota Trusted Senior Advisor!
Sharon A Martinson

Luther Family
Buick • GMC
3202 36th Street S
Fargo, ND
701-356-7100
www.LutherFamilyBuickGMC.com

Robert Hillstrom, Realtor®
701.566.2643
robert.hillstrom@rogenrealty.com
ROGEN REALTY GROUP

- Medicare & Part D Plans
- Dental, Vision, Hearing
- Life, Long Term Care, Final Expenses

Schedule Your NO COST, NO OBLIGATION Appointment Today!

PRAIRIE ROSE Painting & Roofing
Residential • Commercial • Farm • Cabin Interior • Exterior • Deck • Fence
Nic Rintoul, Parishioner
701-630-4321
prprnd@gmail.com • www.prprnd.com

Serenity Within
Nancy Berger
Licensed Massage Therapist
(701) 353-5432
3550 38th Ave S, Fargo, ND
serenitywithmassage@gmail.com

ROOTER'S BAR
JOHN "ROOTER" KREIN
701-235-4082

MARTINSON INSURANCE AGENCY, LLC
Regus Building
3523 45th Street South • Fargo, ND 58104
Sharon1129@hotmail.com
701.240.2340

FM Handyman Services
218-280-9431
www.thefmhandyman.com

YOUR LOCAL MORTGAGE EXPERT.
First Class MORTGAGE
701-356-9898
FIRSTCLASSMORTGAGE.COM
DAN VAN WINKLE NMLS 6495

SCHMIT BROTHERS CONSTRUCTION, INC.
232-1979 (Office)
219-0101 (Cell)
232-6887 (Home)
232-7438 (Fax)
Rich Schmit
2515 - 12th St. N.
Fargo, ND
58102-1375
New Construction - Additions - Remodeling
Custom Cabinets - Shingling - Commercial - Etc.

INSIGHT DENTAL DR. LUCAS SANDMAN DR. CASEY MCLACHLAN
Located just north of the Fargo dome
701-237-3517 | office@insightdentalfargo.com
www.insightdentalfm.com

Total Balance Physical Therapy & Fitness
Full Service Gym & Doctors of Physical Therapy on Staff
Proudly Serving North Fargo
(701) 293-6037
www.tbargo.com
In-Network With All Insurances
Just 2 Blocks East of Holy Spirit

701-282-4400 www.robertgibb.com
Gibb
PLUMBING • HEATING • COOLING • ELECTRICAL
Easy, Quick, Solutions.
Residential • Commercial • Industrial

Official Fertilizing Company of the FM Red Hawks
For The Greenest Lawn, Call The Complete Lawn Care Professionals!
Residential & Commercial • Certified Specialists
Free Estimates & Lawn Analysis
7% Discount on Seasonal Contracts
CUSTOM LAWN CARE FARGO • 793-2325
Mitch Hanson - Owner

MILANEY'S
Plumbing - Heating - Air Conditioning
Electrical - Water Treatment - Duct Cleaning
Residential & Commercial Service
Remodel - New Construction!
237-0543
NEVER an Overtime Charge!

Call today for a FREE Hearing test!
Miracle-Ear
277-1478 FREE
819 E CENTURY AVE BISMARCK, ND 58053 45-DAY TRIAL!

gehrtz | **ZB ZERR-BERG**
GehrtzConstructionServices.com
ZerrBergArchitects.com

We've Missed You!
Welcome Back to Mass
Stay connected to our faith community no matter where you are by signing up to get our bulletin delivered straight to your email!
www.ParishesOnline.com

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust
• Burglary • Flood Detection
• Fire Safety • Carbon Monoxide
ADT Authorized Provider SafeStreets
1-855-225-4251

God Bless Our Friends "INDEED"
WOLF STEEL CONSTRUCTION, INC.
1408 2nd Ave. North • Fargo, ND 58102
701-239-6968
www.wolfsteel.com
JPH DEACON PARTNER

Ethos
Bethany • Eventide • Knute Nelson
701.356.3803

Dr. Susan Mathisson, MD
Pediatric ENT • Otoplasty • Blepharoplasty
ENT • Sleep • Functional Medicine Specialist
Catalyst MEDICAL CENTER & CLINICAL SPA
701-365-8700
CatalystMedicalCenter.com