15TH SUNDAY IN ORDINARY TIME (YEAR C) • JULY 14, 2019

TODAY’S MUSIC

Prelude
Postludium mātes piemiņai ~ Aivars Kalējs (b. 1951)

Processional Hymn
All Creatures of Our God and King [Worship 607]

Introit
As for me, in justice I shall behold your face; I shall be filled with the vision of your glory. ~ Ego autem cum iustitia (see Psalm 17:15)

Gloria: A New Mass for Congregations [Worship 320]

Readings of the Day
Worship 1153

Psalm 69: “Turn to the Lord in your need, and you will live.”

Gospel Acclamation: Alleluia [Worship 326]

Offertory Hymn
The Living God My Shepherd Is [Worship 709]

Eucharistic Acclamations: Mass XVIII [Worship 304, 215, 311]

Communion Antiphon
The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

Communion Hymn
I Heard the Voice of Jesus Say [Worship 707]

Marian Anthem
Salve Regina [Worship 882]

Recessional Hymn
Now Thank We All Our God [Worship 637]

Postlude
Kāzu Maršs: Himna dzimtenei ~ Aivars Kalējs (b. 1951)
FROM THE SAINTS: SAINT BENEDICT

On July 11, the Church celebrated the Memorial of Saint Benedict, a man who at a young age decided to dedicate his life entirely to Christ. He is known as the Father of Western Monasticism, having founded 13 monasteries and composed the Rule of Saint Benedict, a simple yet comprehensive set of instructions on how to be a good monk. The following excerpt comes from the Rule of Saint Benedict. And though it was originally intended for monks, there’s plenty in it that’s good for all of us. I especially appreciate how he begins this section, reminding us to ask God to bring our efforts to fulfillment, and how he ends it, challenging us to honor and defer to one another with overflowing love.

Put Christ before everything

“No matter how you begin any good work you should first of all make a most pressing appeal to Christ our Lord to bring it to perfection; that he, who has honored us by counting us among his children, may never be grieved by our evil deeds. For we must always serve him with the good things he has given us in such a way that he may never—as an angry father disinherit his sons or even like a master who inspires fear—grow impatient with our sins and consign us to everlasting punishment, like wicked servants who would not follow him to glory.

“So we should at long last rouse ourselves, prompted by the words of Scripture: Now is the time for us to rise from sleep. Our eyes should be open to the God-given light, and we should listen in wonderment to the message of the divine voice as it daily cries out: Today, if you shall hear his voice, harden not your hearts; and again: If anyone has ears to hear, let him listen to what the Spirit is saying to the churches. And what does the Spirit say? Come my sons, listen to me; I will teach you the fear of the Lord, Hurry, while you have the light of life, so that death’s darkness may not overtake you.

“And the Lord as he seeks the one who will do his work among the throng of people to whom he makes that appeal, says again: Which of you wants to live to the full; who loves long life and the enjoyment of prosperity? And, if you hear this you say, I do, God says to you: If you desire true and everlasting life, keep your tongue from evil and your lips from deceit, turn away from evil and do good; seek peace and pursue it. And when you have done these things my eyes will be upon you and before you call upon my name I shall say to you: Behold, I am here. What could be more delightful, dearest brothers, than the voice of our Lord’s invitation to us? In his loving kindness he reveals to us the way of life.

“And so, girded with faith and the performance of good works, let us follow in his paths by the guidance of the Gospel; then we shall deserve to see him who has called us into his kingdom. If we wish to attain a dwelling-place in his kingdom we shall not reach it unless we hasten there by our good deeds.

“Just as there exists an evil fervor, a bitter spirit, which divides us from God and leads us to hell, so there is a good fervor which sets us apart from evil inclinations and leads us toward God and eternal life. Monks should put this fervor into practice with an overflowing love: that is, they should surpass each other in mutual esteem, accept their weaknesses, either of body or of behavior, with the utmost patience; and vie with each other in acceding to requests. No one should follow what he considers to be good for himself, but rather what seems good for another. They should display brotherly love in a chaste manner; fear God in a spirit of love; revere their abbot with a genuine and submissive affection. Let them put Christ before all else; and may he lead us all to everlasting life.”

CATHOLIC VOCAB

RULE “A principle or regular mode of action, prescribed by one in authority, for the well-being of those who are members of a society. It is in this sense that the organized methods of living the evangelical counsels are called rules, as the Rule of Saint Augustine or Saint Benedict. A rule may also be a customary standard that is not necessarily prescribed by authority, but voluntarily undertaken in order to regulate one’s conduct for more effective moral living or more effective service of others” (Modern Catholic Dictionary).

During my seminary days, our spiritual director often said: “Keep the rule, and the rule will keep you.” He was referring to a personal rule – something meant to keep us fixed in Christ. The idea is that it is good for us to have something concrete to govern our actions, especially our actions in times of temptation; to build up our discipline; and to establish and foster order in our lives. A rule of life is meant to help us grow in virtue and holiness, avoid vice and sin, and stay physically and spiritually healthy.

What does a personal rule look like? It will look different for all of us (provided we’re not in a monastery or convent). A personal rule should work to address particular areas of difficulty or challenges to holiness in my life, introducing disciplines that can help me overcome these things.

A rule can start with some pretty basic daily items, like wakeup time, bedtime, and prayer time. And then, it can include some ongoing disciplines. Here are some examples:

- I will only have two drinks per sitting; one if I am driving.
- I will not use the Internet after 8 p.m.
- I will not eat dessert except on special occasions.
- I will not use the snooze button.
- I will use accountability software on all of my devices.
- I will make my bed every morning.
- I will not eat dessert except on special occasions.
- If I am tempted to sin, I will first move physically from my current location, second call a trusted friend to talk about it, third pray a decade of the Rosary.
- Before I turn on the car radio, I will spend two minutes in prayer; if my drive will be longer than 15 minutes, I will first pray the Rosary (on the first trip of the day).
- If others are engaging in gossip or detraction, I will suggest praying for the person being talked about.

Again, a personal rule is meant to bring order and discipline into our lives so that we can more readily grow in holiness. None of the things listed above is necessary or sufficient for holiness. But when we cobble them together, especially if we do so attentive to our own weaknesses, they can work to keep us on the narrow path.
CROSS CATHOLIC OUTREACH
Please welcome Father Steve LaCanne, who will speak at all of our weekend Masses on behalf of Cross Catholic Outreach, an organization founded to create a meaningful link between parishes in the United States and the priests and nuns working in the Church overseas in the Caribbean, Africa, Asia, and Central and South America. Please be generous in your response to Father LaCanne’s appeal. More information will be provided if you wish to support this worthy Catholic ministry.

INTERNATIONAL CONCERT SERIES
Join us for the International Concert Series, which brings us good and beautiful music performed by artists from around the world right here at Good Shepherd. Saturdays at 6:15 pm. Free admission. Followed by reception.

- **Tuesday, July 23:**
  Angelika Podwojska & Mateusz Rzewuski (Poland), soprano and organ

We are looking for volunteers to help with the reception and ushering on concert days. If you would like to help, please contact Dr. Rizzotto after Mass or via e-mail.

REMEMBERING GOOD SHEPHERD
Please remember Good Shepherd as you update (or create) your wills and estate plans. Including the parish helps you to continue your generosity even after death. Your inclusion of Good Shepherd will help us navigate our financial future with more confidence. For more information or to set up a plan for future giving, please contact Lisa at the parish office.

EUCARISTIC ADORATION
Work lunch hour opportunity. If you happen to work near Good Shepherd on Fridays, the 12 noon to 1 p.m. hour is open for one more person to come and adore Our Lord. “May the risen Lord breathe on our minds and open our eyes that we may know Him in the breaking of the Bread, and follow Him in His Risen Life.” Liturgy of the Hours. Please call Bunny Fox to sign up, 763-546-1652. Thank You.

PRISM SCHOOL SUPPLY DRIVE
There are 7,000+ students in our service area who cannot afford school supplies. Help us help them.

When you are out shopping, please pick up a few items and drop them off in the gathering space on **July 20 & 21**.

**Items in need are:**
- Backpacks
- Sandwich Size Ziplock Bags
- Crayola Crayons
- Quart Size Ziplock Bags
- Crayola Markers
- Gallon Size Ziplock Bags
- Crayola Colored Pencils
- Clipboards
- Glue Sticks
- Post-it Notes
- Composition Notebooks
- Index Cards
- Spiral Notebooks
- Rulers that do not bend or fold
- Pocket Folders
- Clorox Disinfecting Wipes
- Blunt Scissors
- Activity Books
- Child’s Pointed Scissors
- Coloring Books
- #2 Pencils
- Calculators
- Dry Erase Markers & Erasers
- Highlighters
- Kleenix Box Tissues

SAVE THE DATE: SUNDAY, AUGUST 25, 2019
Following the 10:30 Mass at Good Shepherd, the Twin Cities Guild of the Catholic Medical Association will sponsor a talk given by Barb Kletschka on the life of her illustrious late brother and former Good Shepherd parishioner, Harold D. Kletschka, M.D. his Devotion to the Most Holy Trinity and initiating a cause for his canonization.

Helping people bridge the gap between faith and everyday life through informative, entertaining, and interactive programming twenty-four hours per day, seven days per week.

Relevant Radio 1330AM.

Reminder: Please make the front pews available for those who may have difficulty walking up to communion during the Mass. Also, please note that our family room (crying room) is located to the side of the sanctuary on the Marian side of the church (right side when looking at the altar). The entry is through the doorway into the school.

Readings for the week of July 14, 2019
Sunday: Dt 30:10-14/Ps 69:14, 17, 30-31, 33-34, 36, 37 [cf. 33] or PS 19:8, 9, 10, 11 [9a]/Col 1:15-20/Lk 10:25-27
Monday: Ex 1:8-14, 22/Ps 124:1b-3, 4-6, 7-8 [8a]/Mt 10:34--11:1
Tuesday: Ex 3:1-15a/Ps 69:3, 14, 30-31, 33-34 [cf. 33]/Mt 11:20-24
Wednesday: Ex 3:1-6, 9-12/Ps 103:1b-2, 3-4, 6-7 [8a]/Mt 11:25-27
Thursday: Ex 3:13-20/Ps 105:1 and 5, 8-9, 24-25, 26-27 [8a]/Mt 11:28-30
Friday: Ex 11:10--12:14/Ps 116:12-13, 15 and 16bc, 17-18 [13]/Mt 12:1-8
Saturday: Ex 12:37-42/Ps 136:1 and 23-24, 10-12, 13-15/Mt 12:14-21
Next Sunday: Gn 18:1-10a/Ps 15:2-3, 3-4, 5 [1a]/Col 1:24-28/Lk 10:38-42
Mass Intentions for the Week

Sun. 7/14 8:30 am † Paul & Noreen Stratman
10:30 am All Parishioners

Tues. 7/16 7:30 am † JoAnne Torborg

Wed. 7/17 8:30 am † George & Bonnie Vos

Thurs. 7/18 7:30 am † Amy MacMillan

Fri. 7/19 7:30 am † Joe & Hattie Winter

Sat. 7/20 8:00 am Private Intention
5:00 pm † Judy Vogen

Sun. 7/21 8:30 am All Parishioners
10:30 am Sick of the Parish

Event Calendar

Tuesday, July 16
8:00 am Hospitality

Wednesday, July 17
6:30 pm Alcoholics Anonymous Meeting

Friday, July 19
8:00 am Church Cleaning
8:15 am Eucharistic Adoration (until 9:00 pm)

Saturday, July 20
8:00 am Mass
9:00 am Confessions (until 10 am)
3:30 pm Confessions (until 4:30 pm)
5:00 pm Mass
PRISM School Supply Drive

Weekend Ministry Schedule

Saturday, July 20 - Sunday, July 21, 2019

Altar Servers
5:00pm Grace Reilly, Liam Schons, Victoria Sweeney
8:30am Katie Berthoud, Emily Walsh, Charlotte Wanzek
10:30am Erica Lee, Alexis Murphy, Dorothy Benham

Lectors
5:00pm Kevin Smith
8:30am George Landis
10:30am Mae Held

Ushers
5:00pm Kim & Tom Werner, Jim Handzel, Carol Kapphahn
8:30am Karen Winter, Gary Grenzer, Janel Carr, Dag Von Ruden
10:30am Andrew Peschong, Margaret Peterson, Joe Binish, Open

EMHC
5:00pm Amanda Virnig, Bill Schultz,
Jan Schultz, TG
8:30am Sharon Ingalls, Bob Fussy,
Joanne Neis, Kathy Prenevost
10:30am James Norkosky, Kathy Joyce, Kim Johnson

ADDITIONAL CONTACTS

Prayer Chain.................................................................612.599.5739
PRISM.................................................................763.529.1350
Southwest Options for Women
Pregnant? Need Help?........................................952.938.4496
Befrienders.................................................................763.544.0416
Archdiocese’s Victim Assistance Program... 651-291-4497

15th Sunday in Ordinary Time
PRAYER OF THANKSGIVING AFTER MASS
SAINT BONAVENTURE

Most sweet Lord Jesus, pierce my inmost heart with the most dear and most bracing wound of your love. Pierce it with true, serene, apostolic, and most holy charity, that my soul may ever yearn and melt with love for you and the desire to possess you. May my soul be drawn toward you and overwhelmed with the hope of entering your courts. May it long to be dissolved and to be with you. Grant that my soul may hunger for you, the Bread of Angels and the food of holy souls, our supersubstantial Bread, having in itself every sweetness and good taste, having the delightfulness of all that charms my heart. May my heart always long for you, and find its nourishment in you, on whom the angels long to gaze, and may my inmost heart be filled with the sweetness of your savor. May my heart thirst for you, the fountain of life and of wisdom and of knowledge and of eternal life, the torrent of pleasure, and the richness of the house of God. May my heart always draw near to you, seek you, catch sight of you, be drawn to you, and arrive at your presence. May my heart think of you, speak of you, and do all things that it does for the glory of your name, with humility and care and affection and delight, with eagerness and with deep feeling, and with perseverance to the end. Thus may you alone always be my hope, all my confidence, my joy, my rest and my tranquility, my peace, all that charms me; my fragrance, my sweetness, my food, my nourishment, my refuge, my help, my wisdom, my portion, my possession, my treasure. In you may my mind and my heart be fixed and secure and rooted forever without any change. Amen.

Extraordinary!

Extraordinary!

The Transfiguration
Tuesday, August 6, 2019 + 7:00 p.m.

Good Shepherd Catholic Church
145 Jersey Avenue S. + Golden Valley, Minnesota