TODAY’S MUSIC

Prelude
Voluntary in A Minor ~ John Robinson (1682-1762)

Processional Hymn
Sing Praise to God Who Reigns Above [Worship 617]

Introit
O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

~ Deus in auditorium meum (Psalm 70:2, 6)

Gloria: A New Mass for Congregations [Worship 320]

Readings of the Day
Worship 1162

Psalm 90: “If today you hear his voice, harden not your hearts.”

If to-day you hear his voice, hard-en not your hearts.

Music: © 2017 Cristiano Rizzotto

Gospel Acclamation: Alleluia [Worship 326]

Offertory Hymn
I Heard the Voice of Jesus Say [Worship 707]

Eucharistic Acclamations: Mass XVIII [Worship 304, 215, 311]

Communion Antiphon
You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

~ Panem de cælo (Wisdom 16:20)

Communion Hymn
I am the Bread of Life [Gather 597]

Marian Anthem
Salve Regina [Worship 882]

Recessional Hymn
Joyful, Joyful We Adore You [Worship 611]

Postlude
Trumpet Tune for a Festive Day ~ David Lasky (b. 1957)

PRAY THE ROSARY DAILY!

“Never will anyone who says his Rosary every day be led astray. This is a statement that I would gladly sign with my blood. ~ Saint Louis de Montfort

“The Rosary is the most beautiful and the most rich in graces of all prayers; it is the prayer that touches most the Heart of the Mother of God … and if you wish peace to reign in your homes, recite the family Rosary.”

~ Pope Saint Pius X
RULES FOR DISCERNMENT

On July 31, the Church celebrated the Memorial of Saint Ignatius of Loyola, the founder of the Jesuits and one of the spiritual giants of the Church. The following Rules for Discernment come from his Spiritual Exercises. They are rules for becoming aware of, and understanding to some extent, the different movements which are caused in the soul, the good, to receive them, and the bad to reject them. Especially important are the first two rules, which explain how the good spirit (from God) and the evil spirit (from the enemy) operate differently in two types of people: those who are engaged in a life of sin and those who are engaged in a life of purification. Please, God, we might all be numbered among those who are being further and further purified in our service of God.

Rules for the Discernment of Spirits

The first rule: In persons who are going from mortal sin to mortal sin, the enemy is ordinarily accustomed to propose apparent pleasures to them, leading them to imagine sensual delights and pleasures in order to hold them more and make them grow in their vices and sins. In these persons the good spirit uses a contrary method, stinging and biting their thoughts that come from consolation are contrary to the thoughts that come from desolation.

The fifth: In time of desolation never make a change, but be firm and constant in the proposals and determination in which one was the day preceding such desolation, or in the determination in which one was in the preceding consolation. Because, as in consolation the good spirit guides and counsels us more, so in desolation the bad spirit, with whose counsels we cannot find the way to a right decision.

The sixth: Although in desolation we should not change our first proposals, it is very advantageous to change ourselves intensely against the desolation itself, as by insisting more upon prayer, meditation, upon much examination, and upon extending ourselves in some suitable way of doing penance.

The seventh: Let one who is in desolation consider how the Lord has left him in trial in his natural powers, so that he may resist the various agitations and temptations of the enemy; since he can resist with the divine help, which always remains with him, though he does not clearly feel it; for the Lord has taken away from him his great fervor, abundant love and intense grace, leaving him, however, sufficient grace for eternal salvation.

The eighth: Let one who is in desolation work to be in patience, which is contrary to the vexations which come to him, and let him think that he will soon be consoled, diligently using the means against such desolation, as is said in the sixth rule.

The ninth: There are three principal causes for which we find ourselves desolate. The first is because we are tepid, slothful or negligent in our spiritual exercises, and so through our faults spiritual consolation withdraws from us. The second, to try us and see how much we are and how much we extend ourselves in His service and praise without so much payment of consolations and increased graces. The third, to give us true recognition and understanding so that we may interiorly feel that it is not ours to attain or maintain increased devotion, intense love, tears or any other spiritual consolation, but that all is the gift and grace of God our Lord, and so that we may not build a nest in something belonging to another, raising our mind in some pride or vainglory, attributing to ourselves the devotion or the other parts of the spiritual consolation.

The tenth: Let one who is in consolation think how he will conduct himself in the desolation which will come after, taking new strength for that time.

The eleventh: Let one who is consoled seek to humble himself and lower himself as much as he can, thinking of how little he is capable in the time of desolation without such grace or consolation. On the contrary, let one who is in desolation think that he can do much with God’s sufficient grace to resist all his enemies, taking strength in his Creator and Lord.
CONFIRMATION & RELIGIOUS EDUCATION

FALL REGISTRATION
Registration for Religious Education (Grades 1 to 7) and Confirmation Classes (Grades 8 and Up) will open soon. To receive registration materials, contact the parish office at 763-544.0416, ext. 810. Classes and sacramental preparation are open to parish youth who are regular in their practice of faith.

MEET THE RECTOR
The Serra Club invites you to Our Lady of Grace to meet the New Rector of the Saint Paul Seminary, Father Joseph Taphorn, Friday, August 9, 2019. Father Taphorn will celebrate Mass and share about the seminary. 11:30 Mass will be followed by a lunch and talk. Please RSVP: jcozzens@msn.com or call/text 612-875-4567.

PRISM FOOD DRIVE
The August PRISM Food Drive is scheduled for the weekend of August 17/18. Our items for August are: Juice Boxes, Fruit Cups, Peanut Butter, Jam/Jelly, Mac & Cheese, Canned Tuna, Canned Chicken and Personal Hygiene Items: Bar Soap, Shampoo, Deodorant, Toothpaste, Toothbrushes.

SAVE THE DATE: SUNDAY, AUGUST 25, 2019
Following the 10:30 Mass at Good Shepherd, the Twin Cities Guild of the Catholic Medical Association will sponsor a talk given by Barb Kletschka on the life of her illustrious late brother and former Good Shepherd parishioner, Harold D. Kletschka, M.D. his Devotion to the Most Holy Trinity and initiating a cause for his canonization.

SANCTIFY YOUR DRIVE TIME
“Talk Radio for Catholic Life.” Relevant Radio creates a community of hope. Through this personal and intimate forum of communications, hope is rekindled, marriages are saved, souls draw closer to Christ and His Church, and the Truth sets many free.

Relevant Radio 1330AM.

Readings for the week of August 4, 2019
Sunday: Eccl 1:2; 2:21-23/Ps 90:3-4, 5-6, 12-13, 14, 17 [1]/Col 3:1-5, 9-11/Lk 12:13-21
Monday: Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13-21
Tuesday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Lk 9:28b-36
Wednesday: Nm 13:1-2, 25-14:1, 26a-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28
Thursday: Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23
Friday: Dt 4:32-40/Ps 77:12-13, 14-15, 16 and 21 [12a]/Mt 16:24-28
Saturday: 2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9 [5]/Jn 12:24-26
Next Sunday: Wis 18:6-9/Ps 33:1, 12, 18-19, 20-22 [12b]/Heb 11:1-2, 8-19 or 11:1-2, 8-12/Lk 12:32-48 or 12:35-40
Mass Intentions for the Week
Sun. 8/4  8:30 am † Loretta Stephens
         10:30 am All Parishioners
Tues. 8/6  7:30 am † JoAnne Torborg
         7:00 pm All Parishioners
Wed. 8/7  8:30 am Richard & Joanne Poulit’s
         65th Wedding Anniversary
Thurs. 8/8  7:30 am † Al Houle
Fri. 8/9  7:30 am † Christopher Doran
Sat. 8/10  8:00 am Private Intention
         5:00 pm † John Weiman
Sun. 8/11  8:30 am All Parishioners
         10:30 am † George & Bonnie Vos

Event Calendar
Monday, August 5
5:30 pm  Prayer Shawl Ministry

Tuesday, August 6
8:00 am  Hospitality
7:00 pm  Transfiguration Mass - Extraordinary Form

Wednesday, August 7
6:30 pm  Alcoholics Anonymous Meeting

Friday, August 9
8:00 am  Church Cleaning
8:15 am  Eucharistic Adoration (until 9:00 pm)

Saturday, August 10
8:00 am  Mass
9:00 am  Confessions (until 10 am)
3:30 pm  Confessions (until 4:30 pm)
5:00 pm  Mass

Weekend Ministry Schedule
Saturday, August 10 - Sunday, August 11, 2019

Altar Servers
5:00pm  Charlie & Henry Harper, Dylan Robert
8:30am  Drew Boyum, Miles & James Mueller
10:30am  Aaron & Sylvie Latterell, Cameron Lee

Lectors
5:00pm  Vanessa Virnig
8:30am  John Krenn
10:30am  Kat Reller

Ushers
5:00pm  Kim & Tom Werner, Jim Handzel, Carol Kaschahn
8:30am  Caroline & Jim Tumini, Deb Bruder, Bob McKnight
10:30am  Andrew Peschong, Margaret Peterson, Joe Binish, Open

EMHC
5:00pm  Nancy Schmelzle, Kevin Koopmeiners, Neil McLaughlin, Barb Thraen
8:30am  Julie Grenzer, Diane or Tim Keefe, Mary or Phil Zinn, Jeanne or James McManus, Mark Helgager
10:30am  Greg Wanzek, Mary Ann Tellers, Dave Sauer, James & Minnie Jezierski

ADDITIONAL CONTACTS
Prayer Chain........................................612.599.5739
PRISM..................................................763.529.1350
Southwest Options for Women
Pregnant? Need Help?.................................952.938.4496
Befrienders...........................................763.544.0416
Archdiocese's Victim Assistance Program...651-291-4497
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Extraordinary!
Liturgy Mass in the Extraordinary Form

THE TRANSFIGURATION
Tuesday, August 6, 2019 + 7:00 p.m.
Good Shepherd Catholic Church
145 Jersey Avenue S. + Golden Valley, Minnesota

PLEASE JOIN US FOR OUR ANNUAL
PARISH PICNIC
SUNDAY, SEPTEMBER 15, 2019
11:30AM TO 2:30PM • BROOKVIEW PARK • GOLDEN VALLEY

BUFFET LUNCH SERVED UNTIL 1:30PM
KNIGHTS OF COLUMBUS SPONSORED
GAMES FOR CHILDREN & AMAZING RACE FOR TEENS

PLEASE RSVP BY SEPTEMBER 9
763.544.0416, 810 • RENEEHAMILTON@GOODSHEPHERDGV.ORG
WWW.GOODSHEPHERDGV.ORG/PICNIC