



# GOOD SHEPHERD

## CATHOLIC CHURCH & SCHOOL

145 Jersey Avenue South • Golden Valley, MN 55426

### PARISH OFFICE

Phone (763) 544-0416  
Fax (763) 544-9896  
Email [info@goodshepherdgv.org](mailto:info@goodshepherdgv.org)  
Web [www.goodshepherdgv.org](http://www.goodshepherdgv.org)  
Hours Monday to Thursday: 8am to 4pm  
Fridays: 8am to 12pm

### PARISH STAFF

Father Luke Marquard, Pastor  
» ext. 812  
» [fathermarquard@goodshepherdgv.org](mailto:fathermarquard@goodshepherdgv.org)  
Deacon Eric Gunderson  
» [egunderson@epiphanymn.org](mailto:egunderson@epiphanymn.org)  
Renee Hamilton, Office Administrator  
» ext. 810  
» [reeneehamilton@goodshepherdgv.org](mailto:reeneehamilton@goodshepherdgv.org)  
Alex Schindler, Discipleship & Evangelization  
» ext. 857  
» [alexschindler@goodshepherdgv.org](mailto:alexschindler@goodshepherdgv.org)  
Josh Wang, Director of Music  
» ext. 853  
» [joshwang@goodshepherdgv.org](mailto:joshwang@goodshepherdgv.org)

### SCHOOL

Phone (763) 545-4285  
Mike McGinty, Principal  
» ext. 811 » [mikemcginty@gsgvschool.org](mailto:mikemcginty@gsgvschool.org)

### SACRAMENTS

**VISIT OUR WEBSITE FOR UPDATES TO OUR SCHEDULE DURING THIS TIME OF SUSPENDED PUBLIC LITURGIES**

Weekend Mass Schedule:

- » Saturday: 5:00 p.m.
- » Sunday: 8:30 & 10:30 a.m.

Weekday Mass Schedule:

- » Tuesday to Friday: 7:30 a.m.
- » Saturday: 8:00 a.m. (*ad orientem*)

Eucharistic Adoration (in the church):

- » Tuesday to Friday: 8:15 to 9:15 a.m.
- » Saturday: 8:45 to 10:00 a.m.

Confession:

- » Tuesday to Friday: 8:15 to 9:15 a.m.
- » Saturday: 8:45 to 9:45 a.m.
- » By appointment: Please call the pastor

Baptisms & Weddings

- » Please call the parish office

### GOOD SHEPHERD AND PHASE II

We have entered into Phase II of the archdiocesan directives for the celebration of public Mass during the pandemic. We are able to host Masses for up to 96 people. In order to ensure that we stay within the given limits, we will require registration for our Sunday Masses. Daily Masses, for the present, do not require registration. To register for a Sunday Mass, which you can do from the preceding Tuesday until two hours before the Mass, please call the parish office (telephone registrations will end at Noon on Friday) or visit our website ([www.goodshepherdgv.org](http://www.goodshepherdgv.org)) to find the appropriate registration link.

**SCHEDULE** The schedule moving forward, which is subject to change, will generally run as follows:

Sunday Mass

- Saturday at 5 p.m.
- Sunday at 8:30 and 10:30 a.m.

Weekday Mass, Confession, Adoration:

- 7:30 a.m. + Weekday Mass
- 8:15 to 9:15 a.m. + Confessions and Eucharistic Adoration

Saturday Morning Mass, Confession, Adoration:

- 8 a.m. + Daily Mass
- 8:45 to 10 a.m. + Confessions and Eucharistic Adoration

**GENERAL NOTES** The obligation to attend Sunday Mass and Holy Days of Obligation continues to be suspended as long as the pandemic continues. This means that you are not presently obligated to attend Mass. You should only come to Mass if you feel comfortable doing so. That said:

All COVID-19 positive persons, those who are symptomatic, and those living with them, must stay home.

Persons over age 65 and those with preexisting health conditions should continue to stay home during Phase II and avoid public gatherings, including in church.

We will continue to broadcast Mass online.

All the faithful should continue to follow hygienic practices at home: wash hands often, avoid touching the face, cover coughs and sneezes, etc. It is also recommended to use the restroom at home before coming to church.

Face masks are strongly urged for all those who come for Mass, Confession, and Adoration.

If you are able to do so, please bring your own hand sanitizer for use within the church.

In order to accommodate as many people as possible, please only sign up for one Sunday Mass. You will need to sign up each member of your household so that we can have an accurate count. If you do not sign up for a Sunday Mass, you might not be able to get in. If demand necessitates adding Sunday Masses, we will do so and inform you of the addition.

**THE MOST HOLY TRINITY AND OUR PRESENT SUFFERING**

On Tuesday afternoon, my housemates and I participated in a Clergy March in solidarity with those who are peacefully protesting the treatment received by the late George Floyd. We joined the archbishop, some other Catholic priests, and hundreds of ministers from other denominations and faiths. We marched in silent prayer and gathered in shared prayer.

The sight all those people coming together to beseech the Lord for mercy, to reign down justice on our land, and to soften the hearts of our brothers and sisters stirred me. So, too, did the sight of destruction and the armed national guard. Though I had been shaken from a distance and by lights and sirens on our street and helicopters overhead, and though most of the storefronts in our neighborhood have been boarded up, this was my first experience close to the burned down buildings, the graffiti expressing anger and frustration, the reinforcements sent to restore order, and the people who are hurting so much. And they are hurting. I could see it in their weary faces and hear it in their pleading prayers.

I know that many of you are hurting as well. Twelve weeks of staying at home and social distancing have taken their toll. News of the continued illness, hospitals beginning to fill, and uncertainty about when we might return to something resembling normalcy has made us weary. We were already suffering from frustration and sadness before May 25 and the brutal and senseless killing of George Floyd.

And then we learned about that death – saw it captured on video – and began to witness both up close and from afar the eruption of so many emotions. The frustration and anger of so many of our brothers and sisters whose experiences are filled with humiliation, indignity, and unequal opportunity manifested in many ways – some peaceful, some far from it.

In the midst of all of this comes The Solemnity of the Most Holy Trinity, a celebration of the central mystery of our faith and life – the mystery of God in himself. The Most Holy Trinity is the mystery that God, who is one in his substance – in his nature, in his *what-ness* – is three distinct persons: the Father, the Son, and the Holy Spirit. We could say that God is one “what” existing in three “whos.” Everything we hold and believe in faith flows from this mystery.

Without irreverence or disrespect, we may want to ask, “What does all of that mean for me? What difference does it make that God exists as Father, Son, and Holy Spirit?”

Those are important questions. We should wonder what the divine mysteries of our faith have to do with us. How they speak to our hearts. Whether or not they matter in our lives.

They do matter. Who God is matters greatly in our relationship with him. And who God is can help us relate to him based on what we are experiencing in life.

Do you ever feel unloved or unlovable? Or that you are merely tolerated but not desired? Or that you must earn love?

Do you ever feel alone? Or as if nobody understands you? Burdened by what you are suffering?

Do you ever feel helpless or weak? Unable to love as Christ calls us to love, or to forgive as he calls us to forgive?

Who God is – that he exists as Father, Son, and Holy Spirit – speaks directly into our human condition. Who God is and everything that follows from who he is provides an answer and remedy to the most difficult questions and trials of the human experience.

Depending on the condition of our heart – what we are experiencing in our deepest being – we can find rest and even great joy in the Trinity.

There are times in our lives when we simply long to be loved. Perhaps we don't feel loved by the people around us. Or we've done something that we think makes us unlovable. Here, we might approach God the Father.

When we are able to recognize that we are beloved children of the Heavenly Father, we open ourselves to the truth that we are loved, really and always. God the Father, the creator of all things visible and invisible, loves us. Delights in us. The Father holds us in his loving embrace. We don't have to earn his love. All we have to do is let him love us. Approaching God the Father helps us know and experience that we are always loved.

At other times in life, we might feel heavily burdened. Perhaps we even feel crushed by our suffering. Alone in it. Here, we might approach God the Son. The Son who took on our humanity and suffered in it. The Son who in his Passion, experienced every human suffering. The Son who is with us in our suffering.

When we are able to recognize that the Son is with us, and understands us better than we understand ourselves, and desires to help shoulder our burdens, we can experience the reality that we are never alone. And then, we can better endure life's challenges. We can recognize that not only are we not alone in trial, but that we are actually more closely united to Jesus. He also shows us how to suffer well, without bitterness or resentment or hostility. Approaching God the Son helps us know and experience that we are never alone and teaches us how to suffer with grace.

At other times, we may be well aware that the Father loves us and the Son is with us, but we still struggle to live the Christian life well. We still fall under our own weakness and sin. We still fall short in holiness and virtue and love. Here, we might approach God the Holy Spirit. The Holy Spirit is our helper and guide. He strengthens us in holiness and virtue.

When we are able to recognize that the Holy Spirit is sent to help us, then we can call upon him more willingly and readily. When we are tempted, we can pray, “Come, Holy Spirit.” When we feel accused by the enemy or by the world, we can summon him to plead our case and thwart the accuser. When we need help loving and forgiving and standing firmly in Christ, we can ask him to build us up in his gifts and virtues. Approaching God the Holy Spirit helps us know and experience that we are helped in every way.

Approaching God in three persons helps us know and experience that we are always loved, that we are never alone, and that we are helped in every way. And knowing and experiencing these three realities is important for us, perhaps now more than ever. Let us together approach the Three Persons of the One God, confident that he can help us endure our present sufferings in his peace and joy.

## CONGRATULATIONS TO OUR 2020 GOOD SHEPHERD SCHOOL 6TH GRADE GRADUATES!

Dorothy Benham	James Mueller
Vivian Brandt	Maddie Olson
Milo Dungan	Lilly Perron
Ava Edwards	Ella Mae Peters
Charlotte Feller	Kennedy Peterson
Mateo Figueroa	Alice Piper
Maura Frana	Carolyn Robert
Ayden Frenz	Dylan Robert
Rainier Gilliss	Zackary Sarvie
Ben Holicky	Ari Sellers
Miya Hudson	Anya Seppala
Anna Jaeger	Robert Shull
Sophie Johnson	Cole Smith
Alex Knodel	Mateo Sotro
Brad Knodel	Patrick Speltz
Kaylin Konkoly-Thege	Victoria Sweeney
Cameron Lee	Otis Trachsel
Elaina Lepley	Charlotte Wanzek
Frank Mausser	Darby Waters
Miles McMoore	Griffin Wendt
Elizabeth Mitlyng	Xavier Wendt

## CONGRATULATIONS TO OUR HIGH SCHOOL & COLLEGE GRADUATES!

May God's grace be with you as you step ahead towards your dreams. Happy Graduation!

## GIVING IN A TIME OF NEED

The uncertainty of this pandemic, the volatility in the markets, the furloughs and unemployment many people are facing, our inability to gather as a worshipping community, feelings of sadness and distress — all of these factors and others might put continuing your contributions to Good Shepherd low on your list of priorities. And yet we dare to ask you to be generous with your giving. Please consider continuing your regular contributions to Good Shepherd, which is first and foremost a sign of gratitude to the Lord for his many blessings — giving back to God a small portion of what he has given us.

To give using your envelopes, please mail them or drop them at the parish office. If the office is closed, you can put them in the mail slot.

You might also use this opportunity to switch to electronic giving. We have two ways to do this: automated giving and online giving.

**Automated giving** uses your checking or savings account to make monthly or semi-monthly payments. To set up automated giving from your checking and savings, please visit our website to download and print a paper form that you can submit to us.

**Online giving** uses your credit or debit card and can be set up for one-time or recurring donations. To set up online giving, please visit our website and click on the green "Give Online" button.

**Text-to-Give** allows you to give by mobile phone. Text the dollar amount you wish to contribute to: 833.793.0575. You'll receive a link to complete your contribution.

**Thank you for your continued support of Good Shepherd!**

## PRISM NEEDS REMAIN HIGH

Numbers continue to stay high since the spread of COVID-19. More than 375 families visited PRISM the week of May 22. Current Needs are: Kid Friendly Snacks, Chicken Noodle Soup, Toilet Paper, Pancake Mix. Financial gifts help PRISM purchase much needed perishables! Mail donations or drop off at: 1220 Zane Ave N, Golden Valley, MN 55422.

## MASS INTENTIONS FOR THE WEEK

Father Marquard will celebrate Masses for these intentions even though we can not celebrate together at this time.

<b>Sun. 6/7</b>	8:30 am	† Jill Korman
	10:30 am	All Parishioners
<b>Tues. 6/9</b>	7:30 am	† Ray, Jackie & Rick Bendel
<b>Wed. 6/10</b>	8:30 am	Karen & † Norbert Winter's Wedding Anniversary
<b>Thurs. 6/11</b>	7:30 am	† Emilio Piazza
<b>Fri. 6/12</b>	7:30 am	† John Edward Keefe
<b>Sat. 6/13</b>	5:00 pm	† Roger Ost
<b>Sun. 6/14</b>	8:30 am	All Parishioners
	10:30 am	† Barb Thraen

## SCHEDULE THIS WEEK (JUNE 7-14)

**Tuesday, June 9 — No Mass or Confessions**

**Wednesday, June 10, to Friday, June 12**

7:30 a.m. — Mass

8:15 to 9:15 a.m. — Confessions

**Saturday, June 13**

8:00 a.m. — Mass

8:45 to 10:00 a.m. — Confessions

5:00 p.m. — Mass (registration required)

**Sunday, June 14**

8:30 a.m. — Mass (registration required)

10:30 a.m. — Mass (registration required)

## READINGS FOR THE WEEK OF JUNE 7, 2020

Sunday:	Ex 34:4b-6, 8-9 / Dn 3:52, 53, 54, 55, 56 [52b] / 2 Cor 13:11-13 / Jn 3:16-18
Monday:	1 Kgs 17:1-6 / Ps 121:1bc-2, 3-4, 5-6, 7-8 [cf. 2] / Mt 5:1-12
Tuesday:	1 Kgs 17:7-16 / Ps 4:2-3, 4-5, 7b-8 [7a] / Mt 5:13-16
Wednesday:	1 Kgs 18:20-39 / Ps 16:1b-2ab, 4, 5ab and 8, 11 [1b] / Mt 5:17-19
Thursday:	Acts 11:21b-26; 13:1-3 / Ps 65:10, 11, 12-13 [2a] / Mt 5:20-26
Friday:	1 Kgs 19:9a, 11-16 / Ps 27:7-8a, 8b-9abc, 13-14 [8b] / Mt 5:27-32
Saturday:	1 Kgs 19:19-21 / Ps 16:1b-2a and 5, 7-8, 9-10 [cf. 5a] / Mt 5:33-37
Next Sunday:	Dt 8:2-3, 14b-16a / Ps 147:12-13, 14-15, 19-20 [12] / 1 Cor 10:16-17 / Jn 6:51-58

## ADDITIONAL CONTACTS

Prayer Chain .....	612.599.5739
PRISM .....	763.529.1350
Southwest Options for Women	
Pregnant? Need Help? .....	952.938.4496
Befrienders .....	763.544.0416
Archdiocese's Victim Assistance Program .....	651.291.4497

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Funeral Chapels, Cemeteries and Cremation Services

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<b>SWANSON CHAPEL</b>	1600 Lowry Ave N	612.529.9691
<b>ROBBINSDALE CHAPEL</b>	4239 W Broadway	763.537.2333

**Market In The Valley**  
Indoor Winter Market  
February 9  
March 8  
10 am - 1 pm  
316 Brookview Parkway  
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