



GOOD SHEPHERD

CATHOLIC CHURCH & SCHOOL

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PARISH OFFICE

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Hours Monday to Thursday: 8am to 4pm
Fridays: 8am to 12pm

PARISH STAFF

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SCHOOL

Phone (763) 545-4285
Stevi Evans, Principal
» ext. 811 » stevievs@gsgvschool.org

SACRAMENTS

VISIT OUR WEBSITE FOR UPDATES TO OUR SCHEDULE

Weekend Mass Schedule:

- » Saturday: 5:00 p.m.
- » Sunday: 8:30 & 10:30 a.m.

Weekday Mass Schedule:

- » Monday to Wednesday & Friday: 7:30 a.m.
- » Saturday: 7:30 a.m. (*ad orientem*)

Eucharistic Adoration (in the church):

- » Monday to Wednesday & Friday:
8:15 to 9:00 a.m.
- » Saturday: 8:15 to 10:00 a.m.

Confession:

- » Monday to Wednesday & Friday:
8:15 to 9:00 a.m.
- » Saturday: 8:15 to 10:00 a.m.

Baptisms & Weddings

- » Please call the parish office

WEEKLY SCHEDULE

Monday, January 17

7:30 a.m. + Mass
Following Mass to 9:00 a.m. + Confession & Adoration

Tuesday, January 18

7:30 a.m. + Mass
Following Mass to 9:00 a.m. + Confession & Adoration
Following Mass + Hospitality in the Social Hall
5:45 p.m. + Good Shepherd Council Night

Wednesday, January 19

7:30 a.m. + Mass
Following Mass to 9:00 a.m. + Confession & Adoration
6:30 p.m. + Confirmation Youth & Parent Session

Thursday, January 20

No morning Mass, Confessions, or Adoration.

Friday, January 21

7:30 a.m. + Mass (Visiting Priest)
No morning Confessions or Adoration
6:30 p.m. + Vigil Service for the Protection of Unborn Children

Saturday, January 22

7:30 a.m. + Mass
Following Mass to 10:00 a.m. + Confession & Adoration
5:00 p.m. + Mass

Sunday, January 23

8:10 a.m. + Morning Prayer
8:30 a.m. + Mass
10:30 a.m. + Mass
Following Mass + Respect Life Committee Live Ultrasound

During weekdays, please allow a few minutes between Mass and Confessions for the upload of the recorded Mass to our YouTube channel.

The 8:30 a.m. Sunday Mass will be live streamed on our Facebook page.

COLLECT FOR THE SECOND SUNDAY OF ORDINARY TIME

Almighty ever-living God, who govern all things, both in heaven and on earth, mercifully hear the pleading of your people and bestow your peace on our times. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

DO YOU GET OUR EMAIL BLASTS?

To receive emails from Good Shepherd, which we send about once per week, please visit the parish website (www.goodshepherdgv.org) and subscribe. Email updates include information about schedule changes, events at the parish, opportunities for community, and more.

MEN: LET'S STRIVE TO BE BETTER

In last Sunday's second reading, we heard from the Letter of Saint Paul to Titus. The Apostle to the Nations reminded us what God has done for us in Christ Jesus:

"The grace of God has appeared, saving all and training us to reject godless ways and worldly desires and to live temperately, justly, and devoutly in this age, as we await the blessed hope, the appearance of the glory of our great God and savior Jesus Christ."

First, Saint Paul reminds us that God has saved us by his grace. Then, he tells us that the grace of God trains us to reject godless ways and worldly desires and to live the virtues of temperance, justice, and devotion.

That word "training" evokes an image of intentionality, regularity, and increasing intensity and capacity. Here, we might consider two athletes, or two teams, or two musicians. One who trains and the other who doesn't. Which one will reap greater rewards? Which one will have an expectation of success? Which one will be ready for more? The one who trains. The one who strives to be better.

The same line of thinking can be applied to our spiritual lives and our growth in virtue. Rejecting godless ways and worldly desires does not happen automatically. Nor does living temperately, justly, and devoutly. Being ready for the appearance of the glory of our great God and savior Jesus Christ requires intentionality and practice. It requires training.

God, on his part, provides the grace to live in this way — to prepare for his coming. We, on our part, must cooperate with this grace. We must receive it and live it. We will be better men if we do. Better husbands, better fathers, better sons, better brothers.

Exodus 90 aims to help us train. It aims to help us reject godless ways and worldly desires. It aims to help us live temperately, justly, and devoutly in this life so we are ready for the next.

So, what is Exodus 90?

In case you've missed it until now, Exodus 90 is a ninety-day spiritual exercise for men based on three pillars: prayer, asceticism, and fraternity. All three of these pillars are essential aspects of the Christian life.

Prayer: You will journey with the Israelites through the Book of Exodus. Each morning you'll have a passage from the Bible and a reflection to guide your silent prayer.

Asceticism: We can't say "yes" to God until we have said "no" to the world and its comforts. You'll return to the Church's ancient, and largely forgotten, tradition of asceticism — a fancy word that means "acts of self denial."

Fraternity: You will meet each week with your fraternity and follow a simple structure for prayer, encouragement, and accountability. One of the men from your fraternity will be your anchor, and you will check in with him each day.

What is Exodus 90 NOT?

Exodus 90 is not a magic bullet. It is not a guarantee of a better life. It is not the one and only necessary thing for growth in the spiritual life or virtue. And it's not for everyone.

But it is pretty darn good. And it might be good for you.

I am hopeful that you will consider it. But you must act quickly, as it starts January 17 (that's tomorrow for most of you who are reading this). Some fraternities have already formed. Some have room for another man or two. You might want to join one of them. Or, you might want to talk three or four of your friends into giving this a go.

To learn more or register, visit www.exodus90.com.

To let me know that you need a fraternity, or to let me know that you have a fraternity (if you have one, do let me know), please email me: fathermarquard@goodshepherdgv.org.

HUMAN BABY AT ELEVEN WEEKS



Length = About 1.61 inches
Weight = About .25 ounces

The Good Shepherd Respect Life Committee will host a **live ultrasound** after the 10:30 a.m. Mass on Sunday, January 23. This event will be presented by the Robbinsdale Women's Center. **The Respect Life Committee is looking for volunteers to help make this happen.** If you are pregnant and willing to volunteer, or know someone who is, please contact Anne Taylor, Respect Life Committee Chair @ 612-807-6356.

VIGIL SERVICE FOR THE PROTECTION OF UNBORN CHILDREN

FRIDAY, JANUARY 21, FROM 7:00 TO 8:00 PM

Join us for an hour of prayer, Sacred Scripture, and Eucharistic Adoration as we ask the Lord to strengthen and renew our defense of human life, grant that all unborn children be protected in law and welcomed in love, and end the tragic practice of abortion.

Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering. Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living. Grant us the humility to accept help when we are in need, and teach us to be merciful to all. Through our words and actions, may others encounter the outstretched hands of Your mercy. We ask this through Christ, our Lord. Amen.



CONFESSIONS 90

Men, have you read Saint Augustine's *Confessions*? *Confessions* tells the story of Saint Augustine's life and eventual conversion to the Christian faith. While it does discuss theology, it's much more about Saint Augustine's personal experience of God's grace. Some regard *Confessions* as a must-read for Christians. However, because Augustine's *Confessions* is jam-packed with practical spiritual insights, it's best to read through it with others.

This year we have a group of men reading through *Confessions* at the same time as Exodus 90 (you can join us whether you're doing Exodus 90 or not). If you're doing Exodus 90, the readings are a perfect devotional for your holy hour (only ~20 pages per week). If you're not doing Exodus 90, this will be a great opportunity to connect with other men in the parish. We'll meet on Wednesday evenings at 8pm to pray and discuss the readings (Thomas Williams translation recommended). Contact Trevor Knapp at trevorjknapp@gmail.com if you're interested.

PRISM FOOD DRIVE

The January PRISM Food Drive is scheduled for the weekend of **January 29/30**. Items needed are: Salt, Pepper, Sugar, Oil, Shortening, Flour, Baking Soda, Baking Powder and Spices.

HOW CAN WE BETTER SERVE YOU?

We are getting ready to plot out our calendar for July 2022 to June 2023. Part of our aim is to help you grow in your knowledge and love of God and our faith. With that in mind, we would like to know how we could be of better service. What are the topics you would like to explore, the questions you would like to answer, the teachings you would like to unpack, the documents you would like to study, the practices you would like to develop, the methods of prayer you would like to learn? What interests you? Where do you feel stuck? What leaves you confused? What has been powerful in your spiritual life that you would like others to experience? If you have some ideas, please let us know by calling Katie or emailing her with the subject: Ideas for Next Year. You can reach her at katieschaitberger@goodshepherdgv.org or 763.544.0416, extension 856.

MASS INTENTIONS FOR THE WEEK

Sun. 1/16	8:30 am	† Rosie Borgen
	10:30 am	All Parishioners
Mon. 1/17	7:30 am	Mark Kostick
Tues. 1/18	7:30 am	† Veronica Byrne
Wed. 1/19	7:30 am	† Mike & LaVera Schramel
Fri. 1/21	7:30 am	† Dick Kostick
Sat. 1/22	5:00 pm	† Clarence & Helen Glynn
	8:30 am	All Parishioners
Sun. 1/23	8:30 am	All Parishioners
	10:30 am	† Bill Schindler

SUMMER CAMPS: GOING FAST

We are excited to announce that we have 26 slots reserved for Damascus Catholic Youth Summer Camp – Northwoods. We're even more excited that **we're almost out of space**. So, if you would like to join youth from Good Shepherd at this awesome summer camp, the time to register is now. This camp is open to youth currently in grades 5 to 8. Please visit our web site for more information and a link to register:

www.goodshepherdgv.org/youthcamp

There is also a camp open for youth in grades 9 to 12. You can find out more about that at our web site as well.

YOU ARE PRETTY GREAT

Please take a look at the financial information below. We had a phenomenal December thanks to you. We are blessed to be supported by many of our parishioners and visitors who give so generously. Thank you!

READINGS FOR THE WEEK OF JANUARY 16, 2022

Sunday:	Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/Jn 2:1-11
Monday:	1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23/Mk 2:18-22
Tuesday:	1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/Mk 2:23-28
Wednesday:	1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6
Thursday:	1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13/Mk 3:7-12
Friday:	1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/Mk 3:13-19
Saturday:	2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21
Next Sunday:	Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

ADDITIONAL CONTACTS

Prayer Chain	612.599.5739
PRISM	763.529.1350
Southwest Options for Women	
Pregnant? Need Help?	952.938.4496
Befrienders	763.544.0416
Archdiocese's Victim Assistance Program	651.291.4497

2021 Collections	December 2021	December 2020	Year over Year	Fiscal Year to Date	Prior Year through December	Year over Year
Envelopes	\$137,387	\$129,269	\$8,118	\$422,900	\$412,845	\$10,055
Plate	\$788	\$427	\$361	\$3,548	\$2,015	\$1,534
Total	\$138,176	\$129,696	\$8,479	\$426,449	\$414,860	\$11,589

Sunday giving keeps the lights on, pays for repairs, supports the parish's investment in the school, and funds all ministries and operations. Thank you for your continued generosity to our parish community.

9 DAYS FOR LIFE

PRAY TO PROTECT
HUMAN LIFE!

JANUARY 19-27, 2022

9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life.

Join today at www.9daysforlife.com!

DATE NIGHT

FOR MARRIED AND ENGAGED COUPLES

SATURDAY, FEBRUARY 12

5:00 pm Mass with a blessing for married couples, followed by dinner and a presentation from Dr. Michael and Teresa Naughton.

Dinner menu: raspberry salad, beef tips, smoked gouda chicken, mashed potatoes, roasted vegetables, and chocolate torte.

Free childcare will be available.

\$60 per couple - includes dinner and drinks

RSVP: GOODSHEPHERDGV.ORG/DATENIGHT



GOOD SHEPHERD

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Our First Graders celebrated the Epiphany of the Lord by drawing the Star of Bethlehem that the three magi followed! We want to be like these wise men and follow God's light this new year!



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