

# Saint Ambrose Cathedral

Diocese of Des Moines | Most Reverend William M. Joensen, Bishop

January 23 & 30, 2022 | 3rd & 4th Sundays of Ordinary Time

607 High Street, Des Moines, IA 50309 | phone 515.288.7411 | SaintAmbroseCathedral.org



*Celebrating Mass & the Sacraments*

## MASS SCHEDULE

Saturday | 4:00pm

Sunday | 8:30am & 11:00am (Rosary at 8am in the chapel)

Monday-Friday | 12:10pm (Rosary at 11:45am in the church)

## SACRAMENTS

### Sacrament of Reconciliation

Wednesday | 11:00am—12:00pm (noon) & after 12:10pm Mass

Saturday | 2:30-3:30pm or by appointment

### Baptism

Please call the Parish Office for baptism arrangements. Other initiation sacraments (First Communion & Confirmation) are planned through our RCIA or Religious Education programs.

### Marriage

One party of the engaged couple must be a baptized Catholic. Please contact the parish office, at 515.288.7411, ext 200.

### Other Sacraments & Pastoral Care

Please contact the Parish Office to arrange other holy sacraments or pastoral care. Contact information for parish ministries, faith formation programs, committees, and offices can be found on page 4A.



*With joy and thanksgiving,  
our parish community recently  
welcomed James into the  
Catholic Church!*



## Parish Mission Statement

We St. Ambrose Cathedral parish of the Diocese of Des Moines are a diverse community of the rich and poor, disadvantaged and hungry, young and elderly, visitors, and those seeking refuge. We are a Eucharistic community of many cultures.

We strive for unity in our diversity expressing our love of God through prayer and worship, justice and service, the ministry of hospitality, and through catechesis, evangelization, and ecumenism. We pursue this mission faithfully by following the example of Jesus Christ, the power of the Holy Spirit, and the gifts and talents of our faith community.





### *We Are Not Alone*

Christmastide has ended and we are into the ordinary time of the Church. In the second reading of the third Ordinary Sunday, January 23, St. Paul described the church as one body, made up of different but not separate parts. This verse struck me, "When one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy".

From end of December, into the first two weeks of January, we bid our final farewells to five parishioners. Two were very young, from our South Sudanese community. They came to this country for a better life. Now God has granted them the best life - eternity with Him. But the families they left behind mourn the separation and loss. As one big family, we grieve with them in their sorrow and comfort them in faith. Our Eritrean community is also suffering anxiety as their families in Ethiopia live amidst the Tigray conflicts.

Here we see COVID cases rising and many among us are fighting life-threatening illnesses. But we are not alone, never. We are united in prayer and God our Father is always with us, till the end of time. Let us never cease in praying for every part of this mystical body.

PS: I will be away from the parish for two weeks in Florida visiting my sister and some friends. I will remember all of you in my prayers. God bless you and yours.

### *Parish Calendar Highlights*

#### **Sunday, January 23**

9:15am | Family Faith Formation (Pastoral Center)  
11:00am | Pre-K/K Classes (Parish Hall)  
12:00pm | Eritrean Community Bible Study (Parish Hall)

#### **Monday, January 24**

5:00pm | Holy Hour (Cathedral)

#### **Sunday, January 30**

11:00am | Pre-K/K Classes (Parish Hall)  
12:00pm | South Sudanese Choir Practice (Parish Hall)

#### **Monday, January 31**

5:00pm | Holy Hour (Cathedral)

#### **Tuesday, February 1**

10:00am | Connection Cafe (Parish Hall)  
5:00pm | St. Vincent de Paul meeting (Parish Hall)

#### **Wednesday, February 2**

12:10pm | Mass: Renewal of Religious Vows (Cathedral)

#### **Saturday, February 5**

7:30pm | Tri-College Concert (Cathedral)

#### **Sunday, February 6**

9:15am | Family Faith Formation (Pastoral Center)  
11:00am | Pre-K/K Classes (Hall)

#### **Monday, February 7**

5:00pm | Holy Hour (Cathedral)

#### **Tuesday, February 8**

6:30pm | Knights of Columbus meeting (Parish Hall)

#### **Friday, February 11**

7:00pm | Youth Adoration (Cathedral)

**\*\*\*Please note: Fr. Nivin is away January 24-February 7**

### *Fruits of Your Giving*

#### **CATHEDRAL TITHING SUPPORT**

Amount Needed for January—\$34,917  
Amount Received as of January 17—\$21,567

#### **SPECIAL COLLECTIONS—FALL FUNDRAISER UPDATE**

There has been generous support for our Fall Fundraiser. We have received \$24,335 of the \$40,000 goal. Thank you!

#### **ANNUAL DIOCESAN APPEAL (ADA)**

We are grateful for your fulfilled or additional offering as our Cathedral community continues to reach our \$119,537 goal. We are currently at \$96,926 of our total goal.

### *Faith Formation at St. Ambrose Cathedral*

**Sunday Family Faith Formation classes** will meet on January 23, and February 6. This includes the First Communion class, Parent class, Grades 3-5, Grades 6-8, and High School.

**Confirmation Classes** next meeting will be February 13 in the parish hall from 3 PM to 5 PM.

**Preschool / Kindergarten Classes** are offered on January 23, 30 and February 6. No class on Sunday February 13. Class meets in the parish hall during the 11:00 Mass. Children age 3-5 or enrolled in Kindergarten are welcome. Please come early to register.

All class calendars and registration information are found at [www.saintambrosecathedral.org/religious-education](http://www.saintambrosecathedral.org/religious-education)

**RCIA** classes are for adults preparing for Baptism, Eucharist, or Confirmation at the Easter Vigil Mass, or for those considering becoming Catholic. For classes in English, contact Vern Rash at [dsmrash@msn.com](mailto:dsmrash@msn.com). For classes in another language, contact Deacon Francis Chan at 515.210.4444.



#### **ST. AMBROSE HEALING SERVICES WITH TIM JAMESON**

All are invited to attend a monthly healing service here at the Cathedral, every third Wednesday at 7pm. Next service is February 16 at 7pm.



**HOLY FAMILY  
CATHOLIC SCHOOL**

### **CALENDAR HIGHLIGHTS FOR OUR SCHOOL FAMILIES**

#### **January 26**

2nd Round—2022-23 Registrations

#### **January 28**

\$1 Jeans Day

#### **January 30—February 5**

Catholic Schools Week

#### **February 2**

Early dismissal—12:00pm

#### **February 4**

Family Fun Night and Open House

#### **ENROLLMENT FOR PROSPECTIVE FAMILIES**

Holy Family Catholic School is a growing multicultural community, pre-K through 8th grade, that works and worships together. Discover the Catholic school difference! Visit [HFCSdm.org](http://HFCSdm.org) or call the School Office at 515-262-8025.



*“A good tree, that is, a good heart as well as a soul on fire with charity can do nothing but good and holy works.”*

—St. Angela Merici, Foundress of the Ursulines

**THE BISHOP WANTS TO HEAR FROM US**

Bishop William Joensen invites us to take part in a brief survey that will assist our visioning process for the Diocese of Des Moines. We want to hear of your joys and disappointments, your hopes and priorities for our diocesan future.

To complete the survey in English, go here: <https://forms.gle/1mp721t5b8TFcAid8> or click on the QR code (print the QR code image next to this note). The Bishop also invites us to pray that God will grace us with clear vision of His will for the way forward.



**THE GIFT OF FOOD & ESSENTIALS: ST. AMBROSE CATHEDRAL LAUNCHES FIRST SUNDAYS PANTRY COLLECTION**

During the first weekend Masses each month, the Cathedral community is invited to donate food and hygiene items to share with those in need. For this First Sundays Pantry Collection, look for the baskets on each side of the altar, where you may offer cash, food that does not need a refrigerator or freezer, or any items that keep bodies and homes clean (shampoo, toothpaste, laundry detergent, diapers, etc). The items we give will be distributed through the two St. Vincent de Paul food pantries in our city; learn about these pantries by visiting [SVdPdsm.org/social-services/](http://SVdPdsm.org/social-services/). Questions about this new monthly collection? Contact Anita at [anitaogara@gmail.com](mailto:anitaogara@gmail.com) or 515-249-4490.

*Notes From the Parish Office*

**Tithing Envelopes.** Some parishioners did not receive their most recent quarterly tithing packets in the mail. If you need to order temporary tithing envelopes, please call Justin at 515.288.7411 (ext. 200).

**Parking.** During Principal’s fall construction project, parking remains available in the Diocesan lot west of the rectory; in our parish lot directly behind the Cathedral; in metered spots on surrounding streets; and in the gated lot west of St. John’s Lutheran Church (entrances on 7th Street and Watson Powell Jr. Parkway). We appreciate your patience.

**Online Giving.** St. Ambrose Cathedral is offering online giving. This service will be offered through Faith Direct. A promotional mailing recently went out to all contributing parish households with information on how to sign-up. Parishioners can contribute in a safe, secure and convenient manner. We thank you for your continued support of the Cathedral. The following url will allow parishioners to sign up: <https://membership.faithdirect.net/ia1147>

**GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**

Human history reveals many periods where people lost a sense of God’s transcendence. It may even be argued that human beings have been wandering and lost more than they have been at home and focused. Human nature being what it is, we struggle with who God really is — the God of our salvation history or the “gods” of human constructs. Relying on our own designs and pursuits, we forget that we really are meant to listen to One upon whom the Spirit of the Lord rests, Jesus Christ, and not to ourselves. That same history that reveals our fickleness and infidelity also reveals God’s constancy and faithfulness. God always finds us.

As people wander and fumble to find their way, God is there bringing them back to holiness and giving them the assurance of His presence. We have to allow God’s Word, God’s life, to touch us and change us. It can make us more flexible and attentive to the sacred in all facets of life so that every day is one that is holy. Every day is a time when fulfillment is possible for one’s soul. Jesus stood before those gathered in the synagogue as the fulfillment of words of promise that were echoed long ago. God doesn’t forget. He always comes for us.

Now it is time to remember to go to God. Sometimes our lives are so confused and tangled that it is difficult to see the Word and hand of God. But when we realize, deep within, the depth of friendship God offers to us it really has the power to turn sadness to joy. The promise is fulfilled. Going frequently to God’s Word, allowing ourselves to be enriched and rejuvenated, and pondering the certainty of God’s fidelity and promise permanently transforms us. We will be more aware of the sacred and the holy and less invested in things that pull us away.



*Mass Intentions & Observances*

To have your deceased loved one(s) remembered during a scheduled Mass, please contact the Parish Office.

- Saturday, January 22**  
4:00pm Jim Hampton
- Sunday, January 23**  
8:30am Special Intention  
11:00am For the People
- Monday, January 24**  
St. Francis de Sales  
12:10pm Frank Beard
- Tuesday, January 25**  
12:10pm Clyde Smith
- Wednesday, January 26**  
Ss. Timothy & Titus  
12:10pm Ed Reveiz
- Thursday, January 27**  
St. Angela Merici  
12:10pm Roy & Lillian Havel
- Friday, January 28**  
St. Thomas Aquinas  
12:10pm Fred Malleau
- Saturday, January 29**  
4:00pm Solomon Hernandez
- Sunday, January 30**  
8:30am For the People  
11:00am Richard Stone
- Monday, January 31**  
St. John Bosco  
12:10pm Linda Bisignano
- Tuesday, February 1**  
12:10pm Howie & Gloria Bjorkland
- Wednesday, February 2**  
12:10pm Victor Wiesen
- Thursday, February 3**  
St. Blaise  
12:10pm Theodore Wieland
- Friday, February 4**  
12:10pm Diane Stone
- Saturday, February 5**  
St. Agatha  
4:00pm Elizabeth & Richard Merten
- Sunday, February 6**  
8:30am For the People  
11:00am Lisa Kuznacki

*Pastoral Offices & Ministry Contacts*

*Parish Office Hours | Weekdays, 8:30am-4:30pm*

**Pastor | Bishop of the Diocese of Des Moines**

Most Reverend Bishop William M. Joensen, Ph.D. | 515.243.7653

**Rector**

Rev. Nipin Thakidipurathu Scaria | 515.288.7411, ext 205

**Associate Pastor**

Rev. Ambrose Ladu Daniel | 515.288.7411, ext 204

**Deacons**

Deacon Francis Chan, Deacon Jim Obradovich, Deacon Chris Rohwer,

Deacon Ly Pao Yang

**Administrative Staff**

Justin Carrick, *Business Manager* | 515.288.7411, ext 200

Megan Mary Cook, *Administrative Assistant* | 515.288.7411, ext 201

**Maintenance Engineer**

Bud Kephart | 515.229.9558

**Refugee Ministry**

Fr. Ambrose Ladu Daniel | 515.288.7411, ext 204

Deacon Francis Chan, *National Advisor for American Sudanese*

*Catholics* | 515.210.4444

**Wedding Director**

Debbie Rohrer | 515.288.7411, ext 200

**Music Director/Organist**

Ben Hoskins | 515.288.7411, ext 300

**Vicar of Youth Faith Formation (Interim)**

Fr. Ambrose Ladu Daniel | 515.288.7411, ext 204

**Youth Faith Formation Associates**

Anita O'Gara | 515.249.4490 | anitaogara@gmail.com

Catherine Swoboda | 515.943.9398

**RCIA Director**

Vern Rash | dsrash@msn.com

**Ministry to the Homebound/Prayer Chain Ministry**

John Martin | 515.491.7171 | prayerchainstambrose@gmail.com

**Holy Family School**

Marty Flaherty, *Principal* | 515-262-8025

Fr. John O. Bertogli, *Canonical Administrator*

Rob Ferguson, David Powell, Martin Nawl, *Board of Education Members*

**Dowling High School Liaison**

Vern Rash | dsrash@msn.com

*Parish Councils & Committees*

**Finance Council**

Doug Sharp, *Chair*; Chris Stern; Dr. Teri Wahlig, *Parish Trustee*;

Cory Millmier; Ramona Peterson; Angela Burke Boston; Sol Rosenbaum

**Pastoral Visioning Council**

Antonio Bañuelos, Angela Burke Boston, George Brucks,

Deacon Francis Chan, Dr. Barbara Decker, Chao Ly,

Chris Rohwer, Samol Thlang, Martin Nawl, Margaret Niang Mang,

Michael Lian, Vaida Gadum, Nasir Kemi, Paul Saybehson

**St. Vincent de Paul Society**

Anita O'Gara | 515.249.4490 | anitaogara@gmail.com

**Knights of Columbus**

Vincent Chukwuemeka, *Grand Knight*

For information on joining our parish Knights of Columbus Council

15336, please contact Vincent at 319-493-2507, or visit our council

website at: [sites.google.com/site/kc15336/home](https://sites.google.com/site/kc15336/home)



### Volunteer Job Opportunity

Mary's Helping Hands is a newly approved 501c3 nonprofit, founded in February 2021 to support women and babies in need of basic necessities. We have grown rapidly and are in need of an Accountant/CPA with nonprofit experience. We are specifically looking for someone to work with our treasurer and assist us with tax accounting, in kind gifts tracking and monthly budgeting. This role can be 100% remote and would be less than 5-10 hrs per week.

Please email us @ [maryshelpinghandssh@gmail.com](mailto:maryshelpinghandssh@gmail.com) if you feel prayerfully called to help.

## Immaculate Conception

### Question:

*I've heard people call Jesus' conception by the Holy Spirit being "immaculately conceived." Is that what the Immaculate Conception is?*

### Answer:

While these two events are often confused, they are not the same thing. We celebrated the conception of Jesus on March 25th, the feast of the Annunciation. While that was surely miraculous, it isn't what we refer to as the "immaculate conception." The Immaculate Conception is Mary's conception, and we typically celebrate it on December 8th. If the 8th happens to be a Sunday, the Church moves the feast to December 9th. It is a holy day of obligation. Why does the Church consider it so important to celebrate?

Mary's conception is immaculate because she was conceived without original sin. The angel Gabriel acknowledges this when he hails Mary as "full of grace" (Luke 1:28). Scripture scholars identify several theological ideas that confirm this. In the Old Testament, the sacred, pristine Ark of the Covenant held the presence of God. The presence of God is now held within a new "arc" — the womb of Mary. Genesis 3 also prophesies of a woman who would oppose the devil and whose child would crush the devil's head. Christ is the "New Adam." This passage sets up Mary, then, as the "New Eve." Jesus and Mary are the beginnings of a new creation, one we all can participate in through the grace of our baptism. After all, God's love is more "original" than our sin!

## New Parish Staff emails...

Please note that staff members have new email addresses, listed below.

**Fr. Nivin Scaria**—[fr.nipin@saintambrosecathedral.org](mailto:fr.nipin@saintambrosecathedral.org)

**Fr. Ambrose Ladu**—[fr.ambrose@saintambrosecathedral.org](mailto:fr.ambrose@saintambrosecathedral.org)

**Justin Carrick** (Business Manager) - [jcarrick@saintambrosecathedral.org](mailto:jcarrick@saintambrosecathedral.org)

**Megan Mary** (Admin Assistant) - [mmary@saintambrosecathedral.org](mailto:mmary@saintambrosecathedral.org)

**Ben Hoskins** (Music Director) - [bhoskins@saintambrosecathedral.org](mailto:bhoskins@saintambrosecathedral.org)

**Debbie Rohrer** (Wedding Director) - please use [rohrerdebbie2@gmail.com](mailto:rohrerdebbie2@gmail.com)



### *Welcome to St. Ambrose Cathedral!*

We are blessed by all parishioners, guests, and visitors who gather here for prayer, Mass, and the sacraments. **Registered parishioners** are asked to ensure that the Parish Office always has your current contact information on file. **Visitors** who

would like to join our parish are asked to complete a registration form and visit the Parish Office during weekday business hours, 8:30am-4:30pm. Thank you for being with us!



**Patrick M. Carpenter**  
Attorney

Workers Comp.  
Personal Injury

◆◆◆  
**515-244-9907**

pat@carpenterlawfirm.com

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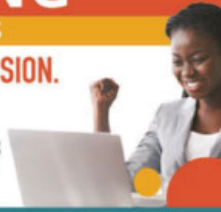
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[terry.taylor;jxdh@statefarm.com](mailto:terry.taylor;jxdh@statefarm.com)

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