

*4<sup>th</sup> Sunday*  
IN ORDINARY TIME

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When the people in the synagogue heard this, they were all filled with fury. But Jesus passed through the midst of them and went away. - Lk 4:28, 30



*My Dear Good People,*

We want to congratulate all 43 students who had their **First Reconciliation** last weekend. The students did well and showed all of us God's love and mercy. Please pray for these students as they continue their faith journey. Confession is such an awesome sacrament!

We thank everyone who enjoyed the **Trivia Night** on January 26. It was a fun-filled evening. We thank all those people who worked behind the scenes to make that night so enjoyable—and we congratulate the Knights of Columbus for winning this fun competition.

Currently, we have a couple of adult faith programs. **Alpha** is a great program for exploring your faith in the Father, Son, and Holy Spirit. This exploration meets Sunday nights and is for those who have little faith background as well as those who have a deep faith. Please consider Alpha for yourself some time in the future. The **Wild Goose Scripture Study** on Monday nights is a work of the Holy Spirit, awakening in the hearts of all participants God's love and transforming power; a love that has been revealed to us by Jesus Christ and that leads us to our heavenly Father. It is my hope that these two programs will help the Holy Spirit descend upon St. Joseph Parish and School. We thank all who are going through these programs and those who are facilitating them.

*God bless,  
Fr. Joseph F. Pins*

**ST. JOSEPH CAMPUS NEWS & EVENTS**

**SCHOOL CALENDAR HIGHLIGHTS**

- Wednesday, February 6**  
Mass by Grades 2 & 6
- Saturday, February 9**  
Annual Father-Daughter Dance (see ad this page)
- Sunday, February 10**  
Home & School Association Meeting, 6:30pm
- Monday, February 11 & Tuesday, February 12**  
Parent-Teacher Conferences, 4-7pm
- Wednesday, February 13**  
Mass by Grades 3 & 5  
Valentine's Day Class Parties
- Thursday, February 14**  
No School  
Parent-Teacher Conferences, 9am-4pm
- Friday, February 15 & Monday, February 18**  
No School
- Thursday, February 21**  
PK-5 Cheer Clinic with Cheerleaders, 3:15pm



**ST. JOSEPH'S PARISH FAMILY JOURNAL**

In January, St. Joseph's Parish was blessed to have shared in several momentous events with our parish family members. Please join us in offering your prayers and encouragement.

**Our Recently Departed**  
Bernadette F. Wilcox

**Our Newest Parishioners**  
Raul Murillo, Magda Yaribel Ramirez Soto & Christopher Jim & Vickie Shepherd



St. Joseph's Music Ministry invites students in grades 7-12 to **join the Youth Choir!** It does not matter what school you attend or if you sing in choir—if you like to sing, this is the group for you! There's no need to sign up; just join us when you can.

Here's the current schedule:

**Sunday, February 3, 11:15am-noon**

Rehearsal in the St. Cecilia Room downstairs

**Sunday, February 10, 11:15am-noon**

Rehearsal in the St. Cecilia Room downstairs

**Friday, February 15**

Sing at 7pm Confirmation Mass

**Sunday, February 17**

Sing at 10am Mass (meet at 9:05am to warm up)  
**Questions? Contact Erin Lacey at 515-868-8024 or elacey24@gmail.com.**

**YOUTH FAITH FORMATION & FELLOWSHIP**

**SUNDAY SCHOOL (AGES 3-6)**

Meets the **first three Sundays of the month** during the 10am Mass. Contact Paulette Roche at 515-210-5399 or tjrdm@aol.com.

**GRADES 1-8**

Religious Education (RE) classes for **grades 1-8** meet 6:15pm-7:30pm on **Wednesdays** in the school. Grades 3-5 celebrate the Sacrament of Reconciliation during class this week. Contact Deb Ryan at dryan@stjosephdsm.org.

**HIGH SCHOOL YOUTH**

Teens meet with their respective Confirmation year group on **Wednesdays, 6-8pm**, in the Parish Center. Confirmation Year 1 students meet this week. Contact Tammie Dixon at tdixon@stjosephdsm.org.

**CHILDREN'S RESOURCE TABLE**

We welcome children of all ages to be present in the church during Mass at St. Joseph's. Please visit the children's resource table in our front gathering space as well as the bookcase in the chapel for a selection of age-appropriate books and other faith resources.

**ST. JOSEPH SCHOOL'S ANNUAL FATHER-DAUGHTER DANCE**

Fathers and daughters (PK-8th) of St. Joseph Parish and School are invited to the annual **Mad Hatter's Ball** on **Saturday, February 9, 6:30pm**. Presented by the Home & School Association, the event features music, dancing, refreshments, and custom photography. Admission is \$20 per family. For further details and registration, please call the School Office at 515-266-3433 or email [homeandschool@stjosephdsm.org](mailto:homeandschool@stjosephdsm.org).

**3 REASONS TO GO TO CONFESSION**

In a July 2016 article on Aleteia.org, Sr. Theresa Aletheia Noble wrote, "Sometimes we convince ourselves that our sins



are just between us and God, that there is no need...we put it off and make excuses that it just doesn't matter that much anymore." If you find yourself thinking this way, consider Noble's reasons to get thee to the confessional ASAP:

1. **Jesus is waiting for us.** *The graces of this sacrament come from the hands of Jesus and are administered through the human hands of priests, on their good days and bad days.*
2. **Increase of grace.** *We don't always know exactly how badly we have severed our relationship with God...even if we have not fallen into mortal sin.*
3. **Source of spiritual healing.** *I know that the Lord has heard me and is walking with me. He knows my needs and will help me to grow closer to him and has provided me with specific graces to help me overcome my sin.*

You can find our parish's Sacrament of Reconciliation hours on page 4B. For sacrament times at other parishes, please visit the parish links at [www.dmdiocese.org](http://www.dmdiocese.org).

**DIOCESAN NEWS & EVENTS**

**CHRISTIAN LOVE IN MARRIAGE & SINGLENESS**

February's Theology on Tap features **Dr. Sheryl Overmyer**, Associate Professor of Catholic Studies at DePaul University, on how "Charity Changes Everything: How Christian Love Takes



Shape in Marriage and Singleness." This diocesan enrichment event will be held Friday, February 8, at the Sherwood Forest Event Center in Windsor Heights. Doors

open at 6:30pm for the 7pm presentation. Drinks will be available, and you may RSVP for childcare by contacting **Adam Storey** at 515-237-5056 or [astorey@dmdiocese.org](mailto:astorey@dmdiocese.org).

**TO SEE WITH NEW EYES: AN EMMAUS HOUSE RETREAT**

God saw all that he created and saw that it was good; and St. Ignatius saw all as a gift from God. How do you see things? Using Dewitt Jones's TED talk about his mission to "Celebrate What's Right with the World" as a National Geographic photographer, **Fr. Dan Krettek** leads this morning of prayer to help us ask for the grace to see our "same old, same old" with new eyes. The event will be held **Saturday, February 9, 9am-1pm**. Register online at [www.theemmaushouse.org](http://www.theemmaushouse.org) or by calling 515-282-4839.

**A MORNING OF REFLECTION WITH BISHOP BARRON**

The Knights of Columbus at Ss. John & Paul Parish in Altoona offer a morning of inspiration, discussion, and reflection with



Bishop Robert Barron's "The Mass" video series. Learn how to fully, consciously, and actively participate in the source and summit of Christian life. The

event will be held 9am-12pm on **Saturday, February 16**. Contact Deacon Tom Maly at 515-957-0185.

**EVENT PREVIEWS**

*St. Joseph Campus events listed below will be detailed in future issues. Events hosted by other organizations will be detailed only as bulletin space allows; for your convenience, basic contact information is provided for non-parish events.*

- February 9** | Dowling Catholic High School's Bash on Buffalo (DCHS, 515-222-1029)
- February 14** | St. Valentine's Day Lunch (Catholic Widows & Widowers, 515-988-7791)
- March 1-3** | Radix Retreat for High School Seniors (Diocese of Des Moines, 515-243-7653)
- March 3** | Iowa Catholic Men's Conference (Iowa Catholic Radio, 515-223-1150)
- March 6** | Ash Wednesday
- April 2-6 & April 30-May 4** | Parish Directory Photo Sessions

**READINGS & OBSERVANCES**

**READINGS FOR THE WEEK OF FEBRUARY 3, 2019**

- Sunday:** Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/ 1 Cor 12:31-13:13 or 13:4-13/Lk 4:21-30
- Monday:** Heb 11:32-40/Ps 31:20, 21, 23, 24 [25]/Mk 5:1-20
- Tuesday:** Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32 [cf. 27b]/ Mk 5:21-43
- Wednesday:** Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/ Mk 6:1-6
- Thursday:** Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13
- Friday:** Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29
- Saturday:** Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/ Mk 6:30-34
- Next Sunday:** Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/ 1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11

**OBSERVANCES FOR THE WEEK OF FEBRUARY 3, 2019**

- Sunday:** 4th Sunday in Ordinary Time
- Tuesday:** St. Agatha, Virgin & Martyr
- Wednesday:** St. Paul Miki & Companions, Martyrs
- Friday:** St. Josephine Bakhita, Virgin; St. Jerome Emiliani
- Next Sunday:** 5th Sunday in Ordinary Time; World Marriage Day



*The best thing for us is not what we consider best, but what the Lord wants of us.*  
—St. Josephine Bakhita

**BULLETIN SUBMISSION GUIDELINES**

Submit to the Parish Office in writing by Friday at 9:00am, one week in advance of the date you wish to have your item featured. Email your submission to Lani at [lmcdonald@stjosephdsm.org](mailto:lmcdonald@stjosephdsm.org).

## THIS WEEK AT THE PARISH & SCHOOL GYM

### Sunday, February 3

Sunday School during 10am Mass (ages 3-6) St. Joseph Room  
 1:00pm 5/0 Club Parish Center  
 2:45pm Softball Practice School Gym  
 3:30pm Rosary & Benediction Church  
 6:00pm Women's Prayer Group St. Joseph Room

### Monday, February 4

6:30pm Boy Scouts School Gym  
 6:30pm Scripture Study Parish Center

### Tuesday, February 5

6:00pm Financial Peace University St. Joseph Room  
 6:30pm Cheer Practice School Gym

### Wednesday, February 6

9:00am Scripture Study Parish Center  
 6:00pm HS Ministry—Confirmation Year 1 Parish Center  
 6:15pm Religious Education (Grades 1-8) School

### Thursday, February 7

5:00pm Softball Practice School Gym  
 6:00pm Board of Education Parish Center  
 8:45pm Thursday Men's Group Parish Center

### Friday, February 8

6:30pm Cheer Practice School Gym

### Saturday, February 9

7:30am Men's Prayer Group St. Joseph Room  
 8:00am Finance Council Parish Center

### Sunday, February 10

Sunday School during 10am Mass (ages 3-6) St. Joseph Room  
 2:45pm Softball Practice School Gym  
 6:00pm Alpha—Topic 3 Parish Center  
 6:00pm Women's Prayer Group Parish Center  
 6:30pm Home & School Association School Gym

## MASS INTENTIONS

### Saturday, February 2

5:00pm Wain Main

### Sunday, February 3

8:00am Parishioners  
 10:00am Marlene Berg

### Monday, February 4

Communion Service

### Tuesday, February 5

7:00am Donald Schmitz

### Wednesday, February 6

8:30am Natalie Marie Baker-  
 Huddleson

### Thursday, February 7

7:00am Lisa St. Arnold

### Friday, February 8

7:00am Betty Wheeler

### Saturday, February 9

5:00pm James & Donna  
 Nichols

### Sunday, February 10

8:00am Parishioners  
 10:00am Paul & Theresa  
 Dietrich



*To have a Mass intention for a departed loved one, please contact the Parish Office. Per Canon Law, we can only offer intentions within 12 months of the current date. Your loved one's name may or may not be specifically mentioned at Mass.*

## MASS & EUCHARISTIC ADORATION SCHEDULE

### PARISH MASS TIMES

#### Weekends

Saturday, 5:00pm | Sunday, 8:00am & 10:00am

#### Weekdays

Monday, Tuesday, Thursday & Friday, 7:00am

Wednesday, 8:30am

#### Holy Days

9:00am & 6:30pm (subject to change)

### EUCHARISTIC ADORATION HOURS

**Weekdays, 10:00am-10:00pm, in the Chapel**

Come to pray, reflect, or simply rest in Our Lord's presence in the Blessed Sacrament.

## ST. JOSEPH CAMPUS INFORMATION

### PASTORAL TEAM

Rev. Joseph Pins, Pastor  
Rev. Mr. Marvin Brewer, Deacon  
Rev. Mr. Randy Lynch, Deacon  
Rev. Mr. Bill Hare, Deacon  
Paula Fastenau, Business Manager  
Ervin Rowlands, School Principal  
Deb Ryan, Religious Education  
Tammie Dixon, High School Youth Ministry  
Debbie Muse, Bookkeeper  
Lani McDonald, Parish Secretary  
Krystelle Cortes-Ryan, School Secretary  
Barb Pytel, Music Ministry  
Ken Dales & Ray Noble, Maintenance

### PARISH & SCHOOL OFFICES

Parish Office (Mon-Fri, 8:30am-3:30pm) | (515) 266-2226  
Religious Education Office (515) 266-2449  
School Office (Mon-Fri, 7:30am-4:00pm) | (515) 266-3433

### SACRAMENTS

#### Anointing of the Sick

If you or a loved one desires this healing sacrament, please contact the Parish Office to arrange a pastoral visit at the place of care. *Also, while hospitals strive to notify us when a parishioner is admitted, we depend on parish members to keep us fully informed.*

#### Baptism

The family must be registered at this parish. If this is the family's first baptism, classes are required. Please call the Parish Office.

#### First Communion

Children of the diocese prepare for this sacrament in the second grade. For information and registration, please contact Deb Ryan in the Parish Office.

#### Confirmation

Youth of the diocese prepare for this sacrament through a two-year program and are confirmed in their sophomore year of high school. Please contact Tammie Dixon at the Parish Office.

#### Matrimony

One member of the couple must be registered at this parish. Please contact the Parish Office at least 6 months in advance of the proposed wedding date; diocesan guidelines do not permit setting a definite date for the wedding until part of the Marriage Preparation Program has been completed.

#### Penance (Reconciliation)

Saturday, 3:45pm-4:30pm | Sunday, 7:00-7:45am & 9:15-9:45am

#### Priesthood & Religious Life Information

Please visit [www.vocationsonline.com](http://www.vocationsonline.com).

### NEWCOMERS OR THOSE INTERESTED IN BECOMING CATHOLIC

Welcome to St. Joseph Parish! We are so happy that you are here, and we look forward to meeting you. *If you would like to join our parish*, please pick up a registration form in the main church entry. You may return the form by mail, or in person to the Parish Office. *If you are curious about the Catholic faith and open to becoming a Catholic Christian*, please contact the Parish Office to learn more.

### PRAYER CHAIN MINISTRY

Please contact the Parish Office with your prayer needs.

### PARISH COMMITTEE MEETINGS

#### Pastoral Council | Sharon Vail, Chair

Meets monthly on the third Saturday at 8:00am in the Parish Center.

#### Finance Council | Dave Wingert, Chair

Meets on the second Saturday at 8:00am in the Parish Center.

#### Board of Education | Will Utter, Chair

Meets monthly on the first Thursday at 6:00pm in the Parish Center.

#### Building & Grounds Committee | Brett Tigges, Chair


Meets quarterly in the Parish Center.

#### Worship Committee | Lisa Black & Mary Slater, Co-Chairs

Meets monthly on the fourth Thursday at 7:00pm in the Parish Center.

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