

ST. THOMAS AQUINAS

CHURCH & CATHOLIC STUDENT CENTER

SISTER PARISH OF DULCE NOMBRE DE MARIA, HONDURAS

@ IOWA STATE UNIVERSITY



I AM
the BREAD
of LIFE

Sunday Mass

Saturday: 4:45pm (*live streamed: YouTube*)

Sunday: 8:30am & 10:30am

7:00pm resumes August 22

Daily Mass

Tuesday through Friday: NOON

Reconciliation

Saturday: 3-4pm
or by appointment

Adoration

Thursday: 6-9pm

Evening Prayer

Mondays: 5:30pm
Blessed Sacrament Chapel

Building OPEN

7-Days a Week
8am *to* 10pm

Parish Office OPEN

Monday thru Friday
8am *to* 5pm



AT SAINT THOMAS AQUINAS CHURCH AND CATHOLIC STUDENT CENTER, WE ARE:
GATHERED IN THE HOLY SPIRIT, A DIVERSE AND VIBRANT COMMUNITY

TRANSFORMED BY JESUS CHRIST IN THE CATHOLIC TRADITION, AND

SENT TO BE THE PRESENCE OF GOD IN AMES, IOWA STATE UNIVERSITY, AND THE WORLD.

Most of us join a wondrous procession to the altar each Sunday. We accept the bread and affirm it as the body of Christ. Drink from the cup and affirm it as blood of Christ. It is not the only procession we need. We need a second communion procession out the door, into the streets and neighborhoods of Ames, into workplaces and onto campus, becoming flesh and blood incarnations of the living bread for which the world hungers through sacrificial living for which we were baptized. In the words of St. Theresa, “Christ has no body now but yours...” But ours. Let us, as St. Augustine urged us, become what we eat, and do so through the power of the Gospel through Christ our Lord.



Welcome Guests & New Parishioners

Whether you're a first time guest, occasional visitor, thinking of becoming a registered parishioner or already a member of this community, we're glad you're here! Let us know how we can help you? If you would like more information about our parish community, please talk with one of our staff members, 515-292-3810, and check out our website at staparish.net. Thanks for celebrating with us; your presence is both gift and grace. WELCOME!

If you are interested in registering in our parish, please contact the parish office for information and instructions for our online registration.



**8:00am to 5:00pm
Monday - Friday**

**Building still closes at 10:00pm
on August 22 changes to 11:00pm**

2210 LINCOLN WAY
AMES, IOWA 50014

515-292-3810

WWW.STAPARISH.NET



Our Parish Registration is...



**Being the church doesn't just happen at Sunday Mass.
Realm helps us serve you better and strengthens the parish community between Sundays.**

WHAT IS REALM?

Realm is an online ministry tool designed for real-time connection. It helps our church connect with you and you connect with us. If you consider yourself part of this church community, you'll love it. Realm allows you to manage your personal information and who is allowed to see it, control your giving, view and print your giving record, register, make payments for events, and keep in touch with the groups that matter to you.

REALM OFFERS

- Online **Membership Directory**
- Online **Community**
- Online **Giving**
- Online **Parish Registration** *
- Online **Event Registration and payments**
- Discover & Select **Ministry Opportunities**

* **Realm IS our parish registration record - there is no other listing, database or information in the parish files with parishioners who are part of the parish community.**

ADVANTAGES

- **Register in the parish** once and update as needed
- Upload a new picture of yourself or your family
- Update your contact information and specify how you prefer to be contacted
- Search for parishioner contact information – address, email, and phone numbers
- Manage your privacy preferences and visibility settings
- Give to STA and view your giving history and current pledge progress

WHAT ABOUT MY PRIVACY?

Your privacy is one of our greatest concerns. Realm is only made up of the people in your church, it's not like a social network that's open to everyone. Realm keeps your data safe and gives you control over what information you share and who can see it.

- You have complete control over who can see your contact and personal information.
- Contact information is never public or searchable on the Internet. Any information you elect to make visible to your parish family is always protected behind a login. Authorized staff will always have access to your profile information.

Register Today!

You must register from an invite from the parish (*one of our security steps*). If you would like to setup your profile in Realm, email realm@STAparish.net. Please include a **phone number** or **birthdate** for authentication. You will be emailed an invite with instructions (invite expires after 72hours)

The St Thomas Aquinas parish community is made up of people just like me. I help make it what it is. It will be friendly, if I am. It will be holy, if I am. Its pews will be filled, if I help fill them. It will carry out effective ministry, if I am involved and share my time. It will be prayerful, if I pray. It will be a generous parish, if I am a generous giver. It will bring others to the Lord, if I invite and bring them. It will be a parish of love and faith, of compassion and mercy, if I am filled with these same virtues. Therefore, with the help of God, I dedicate myself to the pursuit of being all things that I want St Thomas Aquinas to be.



Tune in on Friday, July 30 at 9:00am to *Making It Personal with Bishop Joensen*. On his radio program, Bishop William Joensen of Des Moines will talk to STA parishioners Bob and Nannet Horton about their book, *Missionary Parenting: Cultivating the 6 Key Relationships Essential to Your Domestic Church*. (www.missionaryparenting.com)

**On Iowa Catholic Radio
1150 AM or 88.5 FM**

www.christiannetcast.com/listen/player.asp?station=kwky-am

READINGS THIS WEEK

The Church encourages us to prepare for Mass by praying with the Mass readings throughout the week, so that God's Word might grow and live within us more deeply – thus enabling us to know his voice and hear Him more clearly at Mass and in our daily lives.

- Sunday:** Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35
- Monday:** Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13-21
- Tuesday:** Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a]/Mt 14:22-36 or Mt 15:1-2, 10-14
- Wednesday:** Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28
- Thursday:** Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23
- Friday:** Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10
- Saturday:** Dn 6:4-13/Ps 18: 28, 3-4, 47 and 51/Mk 17:14-20
- Sunday:** 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]/Eph 4:30—5:2/Jn 6:41-51

<http://uscgb.org/bible/>

What is Catechesis of the Good Shepherd?

Catechesis of the Good Shepherd is a hands-on approach to religious education for children 3-12 years old based on the Montessori Method. Recognizing that children have a unique and beautiful relationship with God, the aim of this method is to foster this relationship while helping children grow in an understanding of scripture and liturgy, thus allowing them to participate more fully in the center of the Church's life – the Mass. STA families are invited to choose either Catechesis of the Good Shepherd (CGS) or Wednesday night Faith Formation for their children.

This year, Catechesis of the Good Shepherd sessions will be held at St. Cecilia Parish:

Tuesday: 4:30 - 6:00 pm Level I (3-6 yrs. old)
Level II (6-9 yrs. old)
Wednesday: 3:30 - 5:30 pm Level I (3-6 yrs. old)
Level II (6-9 yrs. old)
Level III (9-12 yrs. old)

LEARN MORE HERE:

www.youtube.com/watch?v=3F3jP0cf0nA

We Bow Before You

How do we show reverence and love for Christ when we enter and leave the church? First, we greet each other as we would greet Christ. (*Where two or three of you gather, there I am.*) Then, we bow to the altar.



Why? On this altar we place our bread and wine that becomes Christ's body and blood: This is the place of sacrifice. At this altar we sit with God to dine in eternity: This is Easter's banquet table.

The altar of the Most High is this table in our midst and the table of every grace and blessing! And more. The Rite of Dedication of an Altar says, "Because it is at the altar that the memorial of the Lord is celebrated and his body and blood given to the people, the church's writers see in the altar a sign of Christ himself and hence they affirm: The altar is Christ."

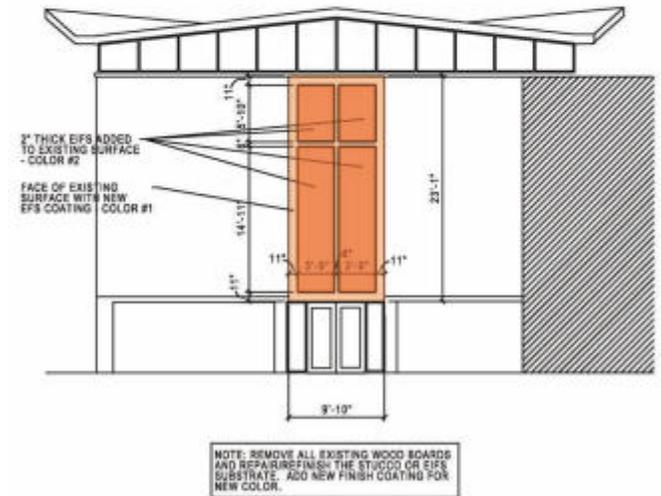
Christ is the Anointed One, baptized, anointed with the Holy Spirit and robed in light. We are Christians, anointed ones, baptized, anointed with chrism and robed in white. Just like Christ, just like us, our altar was washed, anointed and robed. On its dedication day, it was sprinkled with holy water. The bishop rubbed holy chrism into its top, and it was robed in a white cloth.

So let's bow to Christ at the altar before taking our places. And let's bow again when we depart. Christ the offering. Christ the meal. Christ the altar of sacrifice. Christ the paschal banquet table. Holy Christ, we bow before you!



For everyone's safety, ease of traffic flow and for code required emergency & fire lanes...

PLEASE PARK IN DESIGNATED PARKING SPACES ONLY



Because of the condition of the wood and finish over the south exit into the prayer garden, the parish Buildings & Grounds committee is looking at removing the existing boards, fixing the holes in the wall behind those boards, re-coating the existing wall with a fresh, new color, and attaching EIFS panels (a lightweight material that has the appearance of stucco, very much like the exterior wall to the Reconciliation chapel) in four quadrants. Notice that the resulting placement and colors is a cross which we feel is simple & subtle, yet attractive and appropriate for the location. Colors and the relocation/replacement of a flood light are still under consideration. The cost would be \$4,500.

Again we are thankful to Accord Architecture for helping us to envision possible changes with drawing they provided at no cost to the parish.



CATHOLIC
MUTUAL
GROUP

CMG Connect Online Training Archdiocese of Dubuque Safe Environment

Are you in a parish ministry in which minors are involved?

If you were required to complete a background check and complete Virtus training in the past (*the archdiocese is no longer using Virtus*) the archdiocese is requiring all those who have had the background check and completed Virtus to **RE-TRAIN**.

— CURRENT Volunteers —

Those volunteering for an average of 1 hour per week with contact with minors are required to be "retrained" by completing the Safe Environment online video through CMG (Catholic Mutual Group).

You can download the re-training information flyer at:

staparish.net → RESOURCES → SAFE ENVIRONMENT: Child Protection
or pick one up in the parish office.

Username: firstname.lastname.aod (ex: joe.smith.aod)

Password: 1234 (suggest resetting on first login)

Go to <https://dubuque.cmgconnect.org> to complete the retraining.

Time Required: about 85 minutes

If you plan to continue in a ministry with minors, please complete this re-training ASAP.

This is NOT optional!

— NEW Volunteers —

Those who have never completed a background check or Child Protection training through STA.

Talk to the staff member working with your ministry if you volunteer for an average of 1 hour per week with unsupervised contact with minors. You **MUST** complete a background check and online training before engaging in parish ministry.

There is information about the training and background check at:

staparish.net → RESOURCES → SAFE ENVIRONMENT: Child Protection

If you have any questions about Safe Environment requirements, please contact the parish office.

MINISTRY STAFF

staparish.net/about/directory

Parish Office Phone: 515-292-3810

Pastor, Fr. Kyle Digmann.....x113
frkyle@staparish.net

Deacon, Frank Montabon
DBQ004D@dbqarch.org.....(c) 515-203-9751

Business Manager, Bobby LeBlanc.....x122
bobby@staparish.net.....(c) 515-708-2861

Director of Worship, Michael Steimel.....x117
michael@staparish.net.....(c) 816-500-6131

Director of Campus Ministry, Emily Klaus.....x114
emily@staparish.net.....(c) 563-920-6672

Campus Ministry, Logan Davis.....x115
logan@staparish.net

**Director of Evangelization
and Faith Formation, Phil Stone**.....x116
phil@staparish.net

Marriage Preparation/RCIA, Brenda Neppel.....x125
brenda@staparish.net

Development, Sue Winer.....x123
sue@staparish.net

Youth Ministry (office at St. Cecilia: 515-233-3092)
Director of Youth Ministry
Kayla Greiner..... kgreiner@stceciliaparish.org
Coordinator of Middle School Youth Ministry
Zeke Mientkiewicz.....zmientk@stceciliaparish.org

Elizabeth Engelken, **Administrative Assistant**...x110
elizabeth@staparish.net

Net Larson, **Financial Secretary**.....x122
net@staparish.net

Bruce Dittmer.....Maintenance
Monica Kwat.....Custodial



Weekday Church Visitor Parking

To help with the monitoring of our parking areas:

- ⇒ parking at STA is **only for those inside the building** or those who have a weekday permit.
- ⇒ if you are in the building and have a car parked between 8am and 5pm (Mon – Fri) we ask that you **sign-in at the parish office**.
- ⇒ those attending Noon Mass do not have to sign-in, unless you are here past 12:45pm.
- ⇒ If you come to STA daily or several times a week, please see Bobby LeBlanc so you won't have the hassle of signing-in every time.
- ⇒ while the sign-in system is for **weekdays only**, Saturday, Sunday and evening parking at STA is only for those **IN** the building or with permission.

e-BULLETIN

Our primary parish communication tool.

If you don't already receive the parish email each week you can **VIEW** the current e-bulletin OR **SUBSCRIBE** on the homepage at staparish.net



Masses @ St. Cecilia

Saturday at 5:00pm (livestreamed)
Sunday at 8:30am and 10:30am
Misa en Espanol el domingo a las 5:00pm

Weekday Masses at St. Cecilia

Monday: 5:30pm
Tuesday, Thursday, Friday: 7:30am
Wednesday: 6:30pm

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Shawn Smith, Attorney At Law, PLLC
Attorney & Counselor At Law
Ames General Practice Attorney
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