

Catholic Communities of

St. John & St. Benedict

AUGUST 1, 2021—EIGHTEENTH SUNDAY ORDINARY TIME



WEBSITES

St. John's..... www.saintjohnsduluth.org
 St. Benedict's..... stbendsduluth.org
 School..... www.stellamaris.academy

SACRAMENTS

Baptisms: Call the parish office.

Weddings: All weddings must be arranged at least 6 months prior to date.

Duluth, Minnesota

ST. JOHN'S CHURCH – WOODLAND

3 W. Chisholm St. • Duluth, MN 55803

Masses

Monday, Tuesday, Wednesday... 8:00am
 Saturday.....5:00 pm
 Sunday.....10:30am

Reconciliation

Monday-Wednesday.....7:30am
 Saturday.....4:00 pm

ST. BENEDICT'S CHURCH-KENWOOD

1419 St. Benedict Street, Duluth MN 55811

Masses

Thursday & Friday.....8:00 am
 Saturday.....8:30 am
 Sunday.....8:30 am
 Sunday (Extraordinary Form).....1:00 pm

Reconciliation

Thursday, Friday, Sunday.....7:30am

PARISH STAFF

Pastor

Rev. Seth Gogolin.....724-6332
 Email.....fr.seth.gogolin@duluthcatholic.org

Deacons

Walter Beier.....724-0361
 E-mail.....walterpb@charter.net

John Weiske.....724-4828
 E-mail.....dcn.john.weiske@duluthcatholic.org

John Specht.....724-4828
 E-mail.....dcn.john.specht@duluthcatholic.org

Kyle Eller.....724-4828
 E-mail.....dcn.kyle.eller@duluthcatholic.org

Parish Secretary/Bookkeeper

Anny Goeb.....724-6332
 E-mail.....agoeb05@msn.com

Music Director/Liturgical Assistant

Michelle Kessler.....724-6332
 E-mail.....liturgy.stjohns@gmail.com

Faith Formation Director East End Parishes

Sonya Morris.....724-6332
 Email.....sonya.morris@duluthcatholic.org

School Principal

Jesse Murray.....724-9392
 Email...jesse.murray@stellamaris.academy

TELEPHONE NUMBERS

St. John's Parish Office.....724-6332
 St. Benedict's Parish Office.....724-4828
 School Office/Church hall.....724-9392

OFFICE HOURS

Monday-Friday.....8:30-4:30pm

From Our Seminarian Jacob

As Father Seth explained in his homily last week, the next few weeks we read from the 6th Chapter in the Gospel of John. It contains what is known as “The Bread of Life Discourse.” This is one of the most illuminating sections in the scriptures that explains who Jesus is and how we encounter him in the Eucharist today.

My encouragement is that as we move through these weeks you will take some time to be with our Eucharistic Lord and reflect on the greatness of this sacrament. To aid your reflection I would suggest praying through the Catechism of the Catholic Church (CCC)1413, and then the hymn “Adoro te Devote” written by St. Thomas Aquinas for the occasion of the feast of Corpus Christi.

CCC 1413 By the consecration the transubstantiation of the bread and wine into the Body and Blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner: his Body and his Blood, with his soul and his divinity (cf. Council of Trent: DS 1640; 1651).

Lafranc of Canterbury was one of the earliest writers to explain the process later called transubstantiation. That is to say how the bread and wine are changed into the Body and Blood of our Lord Jesus, he writes, “We believe, therefore, that the earthly substances, which on the table of the Lord are divinely sanctified by the priestly ministry, are ineffably, incomprehensibly, miraculously converted by the workings of heavenly power into the essence of the Lord’s Body. The species and whatever other certain qualities of the earthly substances themselves, however, are perceived, so that those who see it may not be horrified at the sight of flesh and blood.” There have been particular instances where a visible change happens, these are known as the Eucharistic miracles.

In many of these situations the bread will become flesh and bleed when the priest prays the words of consecration. In one case, there was a priest near Orvieto in Italy who doubted that Jesus was truly present in the Eucharist. Soon after he said the words of consecration, the host became flesh and began to bleed. The priest, being embarrassed, tried to contain the blood that poured from the host but was unable to do so. He ran to the Pope who was residing in Orvieto at the time and asked for forgiveness for doubting the real presence of Jesus in the Eucharist.

The Pope then sent legates to investigate the miracle, soon after Pope Urban IV commissioned St. Thomas Aquinas to write the liturgy for a new feast in commemoration of the miracle. The altar cloth and corporal that was stained by the miracle are still on display today in the Cathedral in Orvieto, Italy. The fruit of this miracle is the Feast of Corpus Christi (The Body of Christ). We celebrate it every year in the Church, and we sing the Hymn, “Adoro te Devote”. The hymn itself combines humble piety with sound catechesis, while encouraging loving devotion to the Eucharist.

I encourage you to pray through this hymn and as you receive our Eucharistic Lord be filled with His manifold graces.

God Bless—Jacob

+++++

Ministry Schedule

for the Week of August 7 & 8, 2021

ST. JOHN’S Readers

5:00 pm Laurie Athmann
10:30 am Natasha Deneau

Stewardship

for the Week of July 25, 2021

St. John’s	\$1800.00
Donations thru Auto Draw	\$ 820.00
Weekly Total	\$2620.00
Weekly Budget	\$8076.00

Event at St. Benedict's

Games, Races, and More! St. Ben's version of the Olympics.

Join us on Monday, August 9th at the St. Benedict's parking lot. You are invited to an evening of family fun. We will break into teams of adults and children that will face different challenges for an opportunity to win medals. Old fashioned Olympic style scoring will be used by the judges (when they used to hold up number score cards).

Pizza will be served at 5:30pm and games start at 6:00pm. Come join in for great family fun! If you don't want to compete, come to cheer the teams on.

Community

THEOLOGY UNTAPPED RETURNS

After Life: Heaven / Hell / Purgatory. Thursday, September 23rd. Doors open at 5:30 PM, program begins at 6:30 PM. Grace Lutheran Church, 5454 Miller Trunk Hwy., Hermantown. Registration opens August 1st. Please do NOT call the church to register or drop off payments. If paying by check, all payments must be mailed to: Theology Uncapped, PO Box 3183, Duluth, MN. 55803. All payments, \$25 per person, must be received by September 13th and any unpaid registrations will be cancelled. Register online at www.theologyuncapped.org.

JOB OPPORTUNITY

The Diocese of Duluth's Pastoral Center is filling their building maintenance position. The role is casual and you will assist in maintaining and monitoring building operations, equipment and grounds. Contact Mary Rasch at mary.rasch@duluthcatholic.org.

SEVEN SISTERS APOSTOLATE

The Seven Sisters of St. Benedict and St. John will meet on August 11th at 7:00pm in the Gathering Space at St. John's. For those unfamiliar with this group, the Seven Sister's Apostolate is a group of women who each commit to praying a holy hour, on a distinct day of the week, for their pastor. If you are a woman interested in learning about this apostolate, please join us.

Here I Am; Send Me (From the Laity)

Spiritual Stretches

We have all heard of the word, "convert." There are countless anecdotal "conversion stories," where people relate their experiences which brought them to Christ. While these stories are great and often inspiring, they seem to play it off as a one-and-done situation, as if after their conversion, life is rosy and sweet. As many of you know, life is not always a walk in the park after a conversion experience. In fact, it's probably more difficult. This is because as Catholics, we are called to a life of constant conversion. We are called to put God over our own wants and needs on a daily basis. We are basically called to go against the grain of society, which promotes and encourages self-indulgence. We are made for more than this world offers. As Pope Benedict XVI wrote in his encyclical *Spe Salvi*, "Man was created for greatness—for God himself; he was created to be filled by God. But his heart is too small for the greatness to which it is destined. It must be stretched." What better way to increase our capacity for greatness than practicing daily conversion? This in a sense stretches our hearts, much like stretching a muscle. The more we intentionally give our lives to God, the greater our capacity to receive Him into our lives.

Feedback? Ideas? Want to contribute? Contact Dr. Althaus at janyne@earthlink.net

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible.

1 Corinthians 9:19

Faith Formation

In today's Gospel, the crowd asks Jesus for a sign so that they can believe that he has come from God. This is a curious request, because Jesus has just fed more than 5000 people with just five barley loaves and two fish. How quickly the people seem to have forgotten the wonderful thing that Jesus has done for them.

As families it's important to stop and count our blessings, because we too can easily miss recognizing all of the wonderful things that God does for us and sometimes, we simply forget and ask for further evidence of his love and care. Take a moment to recall the wonderful gifts that God has given you and some of the remarkable deeds that God has accomplished in your lives. Those blessings and gifts help us with all the different needs in our lives.

As our children continue to grow, they continue to develop emotionally and spiritually as well as physically. They have learned that physical needs must be met if they are to stay healthy. It is up to us to teach them the importance of also attending to their spiritual needs.

Jesus satisfied a basic physical need of the people by feeding them with five loaves of bread and two fish. But more importantly he tells the people that God will provide an even greater gift to them that will satisfy an even more important need, a spiritual need. Jesus says that he will give them the gift of himself, that he is the Bread of Life. This is the gift that Jesus has given to us in the Eucharist. This is how we feed our spiritual needs and the spiritual needs of our family.

When we celebrate the Eucharist at Mass, we are offering God our thanks for all the wonderful blessing in our lives. When we celebrate the Eucharist at Mass, we offer God our thanks because God provides for all of our needs, physically and spiritually. When we celebrate the Eucharist at Mass, we give thanks to God for giving us the greatest gift of all, eternal life with him in Heaven.

God Bless,
Sonya

MASS INTENTIONS

Monday, August 2		
8:00am	Mass	James Wisocki
Tuesday, August 3		
8:00 am	Mass	Mary Lemon
Wednesday, August 4		
8:00am	Mass	Bosco Family
Thursday, August 5		
8:00 am	Mass	at St. Benedict
Friday, August 6		
8:00 am	Mass	at St. Benedict
Saturday, August 7		
8:30am	Mass	at St. Benedict
5:00pm	Mass	Lydia Makowski
Sunday, August 8		
8:30am	Mass	at St. Benedict
10:30am	Mass	Marie Arseneau
1:00pm	Mass	Extraordinary Form at St. Benedict

Readings

- Sunday: Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35
- Monday: Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13-21
- Tuesday: Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a]/Mt 14:22-36 or Mt 15:1-2, 10-14
- Wednesday: Nm 13:1-2, 25-14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28
- Thursday: Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23
- Friday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10
- Saturday: Dn 6:4-13/Ps 18: 28, 3-4. 47 and 51/Mk 17:14-20
- Next Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]/Eph 4:30-5:2/Jn 6:41-51

+++++

Prayer Chain & Hospital Visits—please call the parish office 724-6332 if you have a special prayer request or someone at home or in the hospital that would like a visit and someone to pray with.

 <p>NORTH SHORE BANK BANK WITH INTEGRITY WWW.NORTHSHORE.BANK</p>	 <p>Greg Kunst Construction, Inc. • DRIVEWAYS • BOBAC • DOZING • EXCAVATING • SEPTIC SYSTEMS • SAND & GRAVEL DELIVERY • SNOWPLOWING & REMOVAL 3339 Oak Street Duluth 525-4301 Greg Kunst, Parishioner</p>	<p>Lakehead Trucking & Excavators Since 1950 EXCAVATING • BACKHOE • BULLDOZING • SEPTIC SYSTEMS • WATER & SEWER • BASEMENT DIGGING • SAND & GRAVEL • LANDSCAPING • TOPSOIL 6035 LaVaque Rd. • Duluth Parishioner 721-3521</p>	 <p>Big Lake CONTRACTING llc Duluth, MN 218-591-6723 www.biglakecontractingllc.com</p> <ul style="list-style-type: none"> • Concrete • Excavating • Septic Systems • Driveways 	 <p>TWIN PORTS PAPER & SUPPLY, inc. Locally Owned On-Line Ordering Available 722-6547 www.twinportspaper.com</p>
<p>Airport Auto Sales "The Best Place To Land A Deal!" Don & Grace Chesney Parishioner www.airportautos.com 5294 Rice Lk. Rd. 727-CARS (2277)</p>	<p>Woodland MARKETPLACE Foods Best Food Best Prices 4020 Woodland Ave 218-724-4745</p>	 <p>DULUTH ELECTRICAL CONTRACTING INC. Cell: 218-390-2819 Office: 218-724-5566 John Stephen, Parishioner Residential • Commercial • Industrial 5051 Miller Trunk Hwy., Duluth, MN 55811 john@duluthelctrical.com</p>	 <p>CONTRACT TILE AND CARPET, LLC COMMERCIAL FLOORING SPECIALISTS Commercial & Industrial Carpeting, Resilient Flooring & Ceramic Tile Robert Pasek, Owner 537 Garfield Ave. • Duluth, MN 55802 218-723-4056 • Fax: 218-723-4058 pasek@contractilleduluth.com www.contracttileandcarpet.com</p>	 <p>NBP Northern Business Products, Inc. 218-726-0167 www.nbpoffice.com</p>
<p>MOBILE HOUSING & RV'S TODD LAWLOR President 4859 Miller Trunk Hwy Duluth, MN 55811 218/722-0871 Fax: 218/722-0873 mobilehsgnr@yahoo.com Full Service Dealer ID# 0009153 www.mobilehousingandRV.com</p>	<p>Lake Superior Life Care Center 4931 E. Superior Street Duluth, MN 55804 218-727-3399</p>		 <p>Denny's Lawn & Garden POWER EQUIPMENT 218-728-1854 4122 Woodland Ave., Duluth www.dennyslawn.com</p>	<p>ST. JOHN'S SCHOOL Where Faith & Knowledge Meet</p>

SUPPORT OUR ADVERTISERS!

 <p>MountRoyal DENTAL SmileDuluth.com • (218) 464-5222</p>	 <p>A.W. KUETTEL INC Siding • Roofing • Plumbing Industrial & Commercial (218) 722-3901</p>	 <p>Chesney AUTO SALVAGE www.chesneyautosalvage.com (218) 721-4874</p>	<p>PROTECTING SENIORS NATIONWIDE MEDICAL ALERT SYSTEM \$29.95/MO PLUS SPECIAL OFFER BILLED QUARTERLY CALL NOW! 1.877.801.7772 WWW.24-7MEDALARM.COM</p>	
 <p>Owned & Operated by Mike & Denise Archer Fair, Honest & Professional Auto Repair Open: 7:30am-5pm Weekdays 722-8082 531 East 5th Street</p>	 <p>CALVARY CEMETERY Serving the Diocese of Duluth for over 100 years Traditional and Cremation Burial Options 218-724-3376 www.calvarycemeteryduluth.com</p>	 <p>M. PERRAULT Construction Additions • Remodeling ROOFING • INSULATION SIDING • CHIMNEY WORK (218) 525-1293</p>	<p>In the Benedictine tradition, YOUR HEALTH IS OUR CALLING.</p> 	
<p>LPI is Hiring Ad Sales Executives</p> <div style="border: 1px solid black; padding: 5px;"> <p>BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.</p> </div> <ul style="list-style-type: none"> • Full-Time with Benefits • Paid Training • Expense Reimbursement • Travel Required <p>Contact us at: careers@4lpi.com www.4lpi.com/careers</p>	 <p>mount royal fine foods • DELICIOUS FULL LINE BAKERY • FRESH SEAFOODS & MEATS • BEAUTIFUL PRODUCE OPEN 6 AM - 11 PM 7 Days A Week 1600 Woodland 728-3665</p>	<p>FREE AD DESIGN WITH PURCHASE OF THIS SPACE CALL 800.950.9952</p>	 <p>ADT-Monitored Home Security Get 24-Hour Protection From a Name You Can Trust</p> <ul style="list-style-type: none"> • Burglary • Fire Safety • Flood Detection • Carbon Monoxide <p>Authorized Provider SafeStreets 1-855-225-4251</p>	 <p>Charters • Motor Coaches 3941 E. Calvary Rd. (218) 724-1707 www.voyageurbus.com</p>

AVAILABLE FOR A LIMITED TIME!
ADVERTISE HERE NOW!

Contact **Jim Byrne** to place an ad today!
jbyrne@4LPi.com or
(800) 950-9952 x2596

HAILEY SAULT

Mike Seyfer 394 S. Lake Ave., Ste. 800
TEL: 218 728 3651 • EXT. 128 Duluth, MN 55802
www.htkmarketing.com

Have Medicare questions? I have answers.
Todd Maidl
Licensed Sales Representative
Serving Northern MN
612-483-7921, TTY 711
UHCMedicareSolutions.com UnitedHealthcare

We've Missed You!
Welcome Back to Mass



Stay connected to our faith community no matter where you are by signing up to get our bulletin delivered straight to your email!

www.ParishesOnline.com