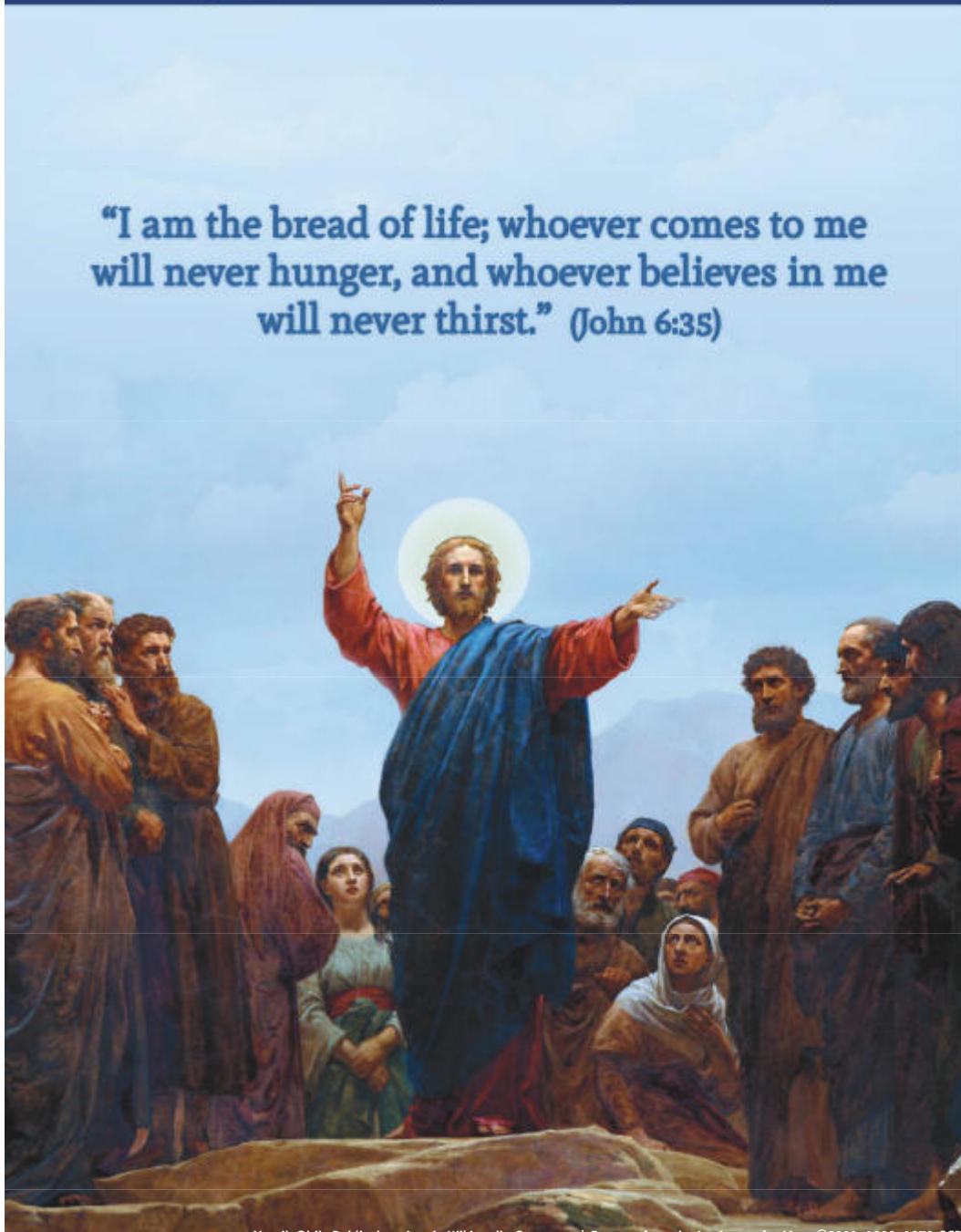




IMMACULATE CONCEPTION

– Catholic Church –

4030 Jackson Street NE | Columbia Heights, MN 55421 | 763-788-9062 | ICCSonline.org



Henrik Olrik, Public domain, via Wikimedia Commons | Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

August 1, 2021

18th SUNDAY
IN ORDINARY TIME

Mass Schedule

| | |
|-----------|--------------------|
| Tuesday | 7:30 am |
| Wednesday | 7:30 am |
| Thursday | 7:30 am |
| Friday | 7:30 am |
| Saturday | 5:00 pm |
| Sunday | 8:00 am |
| | 10:00 am |
| | (Spanish) 11:30 am |

Reconciliation

Saturday 3:00 - 4:45 pm

San Damiano Chapel

Weekdays beginning at 7:00 am



Our Mission

The Mission of The Church of the Immaculate Conception is to proclaim and celebrate our Lord Jesus Christ. We fulfill our mission as Christian disciples by intentionally responding to God's call to grow in holiness.

From the Pastor's Desk

A New You

Within the Second Reading at Mass for Sunday we will hear the words, “be renewed in the spirit of your minds, and put on the new self, created in God’s way in righteousness and holiness of truth” (Ephesians 4:23-24). Saint Paul originally intended his message to be received by the Christian community of believers at Ephesus in what is now modern-day Turkey. However, by the power of the Holy Spirit and the courageous witness of faith-filled men and women, these inspired words are with us here today in a completely different part of the world, nearly two thousand years later.



Our encounter with the Living Word of God is meant to challenge us, correct us, guide us, sustain us, encourage us, and help us on our earthly journey. The words of The Apostle (as St. Paul is oftentimes known) in his Letter to the Ephesians reminds us that we are called to a renewal of what we think, speak, and do. In another one of his letters St. Paul wrote that, “whoever is in Christ is a new creation: the old things have passed away; behold, new things have come” (2 Corinthians 5:17).

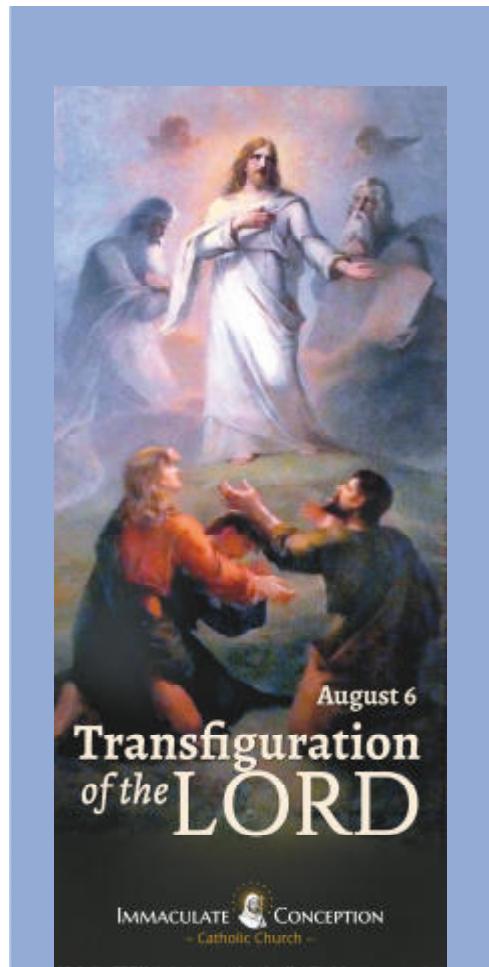
We are made in the image and likeness of God who is Truth, Beauty, Goodness, Unity, and Love and our calling to “righteousness and truth” are reflective of our incredible identity. More than merely creatures of a caring creator we are beloved sons and daughters of our Heavenly Father by virtue of our baptism. May the grace of Christ Jesus and the outpouring of the Holy Spirit help us to live out our existence with joyful perseverance now and unto eternity.

Hope with Christ,
Fr. James

“

... be renewed in the spirit of your minds,
and put on the new self, created in God’s
way in righteousness and holiness of truth.

-Ephesians 4:23-24



This Week's Readings and Observances

Sunday, August 1, 18th Sunday in Ordinary Time

Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35

Monday, August 2, St. Eusebius of Vercelli, Bishop; St. Peter Julian Eymard, Priest
Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13-21

Tuesday, August 3

Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a]/Mt 14:22-36 or Mt 15:1-2, 10-14

Wednesday, August 4, St. John Vianney, Priest

Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28

Thursday, August 5, The Dedication of the Basilica of St. Mary Major

Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23

Friday, August 6, The Transfiguration of the Lord

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10

**Saturday, August 7, St. Sixtus II, Pope, and Companions, Martyrs;
St. Cajetan, Priest; BVM**

Dn 6:4-13/Ps 18: 28, 3-4, 47 and 51/Mk 17:14-20

Sunday, August 8, 19th Sunday in Ordinary Time

1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 [9a]/Eph 4:30—5:2/Jn 6:41-51

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Archdiocesan Synod



Join the Journey this Fall!

Here we are in the heart of summer enjoying those long-awaited gatherings we missed last year and looking forward to squeezing all we can out the season. We give little thought to anything beyond the next event, let alone anything beyond Labor Day! But should your mind venture ahead a little, consider joining us this fall to help shape the future of our local Church through the ongoing Archdiocesan Synod process. Archbishop Hebda needs your input in how to best form:

- Parishes that are in the service of evangelization.
- Missionary disciples who know Jesus's love and respond to his call; and
- Youth and young adults in and for a Church that is always young

In the meantime, pray that the Holy Spirit will continue to guide and inspire His people. "Come Holy Spirit, Come!"



"It is not to remain in a golden ciborium that He comes down each day from Heaven, but to find another Heaven, the Heaven of our soul in which He takes delight."

- St. Therese of Lisieux

Eucharistic Adoration

"One does not live on bread alone, but on every word that comes forth from the mouth of God."
(Matthew 4:4b)

One of the things adorers do during their hour of adoration is read the Bible. The quietness and peacefulness of our chapel is perfect for reading and reflecting on what God is saying in the Bible. It often seems the meaning of words on the pages being read, become clearer and can then be interpreted as personally affecting each reader – as if God is speaking directly to the reader/adorer. Come and join this prayer-filled ministry.

Our chapel is open Monday through Friday beginning at 7:00 am. We are looking for volunteers to cover Thursdays at 6:00 pm and Fridays at 10:00 am. Visitors are also welcome; however, they will need the door code to enter the chapel. If you would like to schedule an adoration hour, are unable to attend your scheduled adoration hour or if you would like to visit our chapel, please call Sandy at 763-789-3246.

Note: The chapel will be closing early on Thursday and Friday, August 5 and 6. It will close at 5:00 pm on each of those days.

School

School News

Our 8th grade students are given an assignment near the end of the year to share their own ICS Story and offer advice to the upcoming 8th graders. The students' essays are inspirational. I often use many quotes from their written word to put together a talk delivered at the graduation Mass. Please enjoy these thoughtful quotes from our graduates who are now beginning high school! Thank you to their fine teacher, Megan Toninato, for instructing them in language arts and religion. Continued blessings to our graduates of 2021!

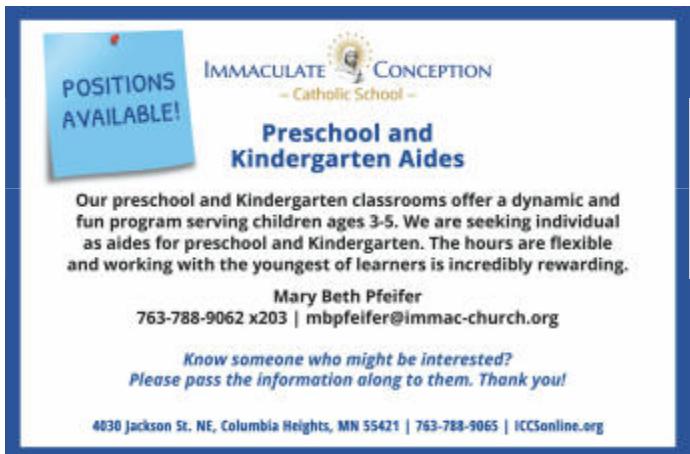
"For all the future 8th grade classes I have a few tips to help them out. First of all, do your homework on time, stay ahead of the due dates, have a planner that tells you what you need to get done, and talk to your teachers about what is due and when it is due. Next, you need to have good friends that you can trust, this one is very important because having friends that you trust can help you in so many ways. They can help you with your problems (by talking about them or helping), you can talk to them and maybe they make you laugh and now your day is much better. It can just be little things like that. Having good friends is very important to having a good mindset and good mental health." — Jack

"I am now trying to finish the year off strong and I am finally using those tools of success and I am making myself successful through my own hard work. My hard work was not entirely my own. It was through the help of God that I was able to succeed and through His help I have reached this point in my life. He has helped me through thick and thin. Thanks to Him and hard work I have turned my life around for the better. I will continue to better myself for years to come. I am going for a strong end for my career at I.C.S and I pray this is part of the path God has made for me. I am going to DeLaSalle, am going to play football and be in the theater program as well as a whole bunch of other fun activities." — Roman

Classroom Substitute Training

The Catholic Schools Center of Excellence (CSCOE) is hosting Catholic Schools Classroom Substitute training on August 16-17 from 8:30 am to 2:30 pm at Nativity of Our Lord Catholic School in St. Paul. There are a limited number of seats, and the registration deadline is August 9. A college degree is required.

Please contact Principal Jane Bona if you are interested and she can give you information about the training at jbona@immac-church.org or 763-788-9065.



POSITIONS AVAILABLE!

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— Catholic School —

Preschool and Kindergarten Aides

Our preschool and Kindergarten classrooms offer a dynamic and fun program serving children ages 3-5. We are seeking individual as aides for preschool and Kindergarten. The hours are flexible and working with the youngest of learners is incredibly rewarding.

Mary Beth Pfeifer
763-788-9062 x203 | mbpfeifer@immac-church.org

*Know someone who might be interested?
Please pass the information along to them. Thank you!*

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Anointing of the Sick

Individual Anointing of the Sick is available by request — call the parish office at 763-788-9062.

In Need of Prayer? Please Call Us.

To add a name to the Mass petitions or the bulletin, please call 763-788-9062. For private prayer (eight individuals offer confidential prayer for requested needs) call Larene at 763-789-4246.

Pray for Our Loved Ones Who Have Died

Especially *Thomas Duffy, Art Harris, Edward Gable*, all who have died from Covid-19 and all who have died as a result of violence. May God grant them everlasting peace and joy in the kingdom of heaven.

Pray for All the Sick—Especially:

Bea Alain, Paul Bona , Robin Crisp, Mary Fredenburg, Stacey Drews Kochmann, Linda Kosloski, Gerald Krawiecki, Jeff LaFontaine, Steven Lauinger, Tom Leight Sr., Dennis Lind, Janet Mihalik, Teddy Miller, Gina McMartin, Shawn Moulzolf, Katie Oftedahl, Diane Redmann, Greg Sery, Martha Stwora, Elaine Thunstrom, Sandra Tabor, Lois Weyers, Germaine Wolsfeld, and all those on our prayer chain

If your name was removed and you would like to continue to be on the prayer list please call 763-788-9062 x 212.

Dear Visitor

Welcome, we are glad to see you today! Please do not hesitate to contact us if you have any questions. Know that we are here for you and that we welcome new members! For more information about ICC or to become a member contact Vicki 763-788-9062 x 212.

Discipleship

Practicing Graciousness in the Desert

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment.

Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more.

Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings.

—Tracy Earl Welliver, MTS | ©LPi



August 1, 2021

Companions in Shipwreck

Good relationships are a vital part of human well-being. In fact, studies show that those with the healthiest relationships live the longest! But where can we see these friendships lived out? Look no further than the life of famed author J.R.R. Tolkien. The relationships he exhibited are a wonderful example for all of us to follow, especially with those we may disagree with. As Tolkien described marriage, it's all about being "companions in shipwreck."

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WATCH

Social Justice

Coins for Social Justice

July 25 weekend collection was \$193.82. Thank you for your generosity!

The Week Ahead

Tuesday, August 3

Summer School 8:00 am - 3:00 pm
Charismatic Prayer Group 7:00 pm - 8:30 pm

Wednesday, August 4

Summer School 8:00 am - 3:00 pm

Thursday, August 5

Summer School 8:00 am - 3:00 pm
Funeral Mass for Edward Gabel 11:00 am - 12:00 pm
IC Summer Jam 4:00 pm - 10:00 pm

Friday, August 6

IC Summer Jam 4:00 pm - 10:30 pm

Saturday, August 7

IC Summer Jam 4:00 am - 10:30 pm

Sunday, August 8

IC Summer Jam 1:00 pm - 4:00 pm

Note: On Saturday, August 7 Mass will be at 4:00 pm.
Reconciliation will begin at 2:30 pm.

Reflections

Why Do We Do That?—Catholic Life Explained

Question: What can I do to help our family practice our faith each day?

Answer: Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God's people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God's presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God's people.

Live the Liturgy—Inspiration for the Week

When we lose our ability to trust, we become afraid. When we are afraid, we may begin to grumble and question whether where we are is where we need to be. For us who have faith, we even question whether God is who God says He is. Trust is so important to our success on our journey. Often, the road of our lives can become a bit treacherous. We may find ourselves feeling more unsettled than comfortable and less fulfilled than we would like to be. As much as we try, the pieces of our puzzle don't quite fit together as they ought. We wonder if we will ever experience happiness again. Then, something reminds us that God is very much present in this mess we call life. God is still bringing hope out of despair and life out of death. After all, God is the true bread that comes down from heaven to give life. All that is necessary is for us to trust in this truth, even when we may be lacking in some of life's essentials. The God who gives life is the same God who sustains it. He is also the same God who assures us that we will not perish.

Word of Life

"We thank you, heroic mothers, for your invincible love! We thank you for your intrepid trust in God and in his love. We thank you for the sacrifice of your life" (EV 86).

—Pope Saint John Paul II, *Evangelium vitae* © 1995, Libreria Editrice Vaticana
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Mass Intentions

Sunday, August 1

- 8:00 am +Jerome Ocel
10:00 am +Sheila Prokott
11:30 pm IC Parish

Wednesday, August 4

- 7:30 am Steve Lauinger

Thursday, August 5

- 7:30 am +Veronica Commers

Friday, August 6

- 7:30 am +John Godava

Saturday, August 7

- 4:00 pm +Fr. Thomas Kunnel, TOR

Sunday, August 8

- 10:00 am +Randal and Betty Lou Wilcox
11:30 pm IC Parish

+Deceased

Church Directory

Emergency (Death or Anointing).... 763-788-9062 (#9)

PARISH

| | |
|---|--------------|
| Parish Office | 763-788-9062 |
| (Open Monday - Thursday, 8 am - 4 pm, Friday, 8 am - 12 pm) | |
| Parish Fax | 763-788-0202 |
| Pastor, Fr. James Peterson | x 215 |
| Accounting Specialist, Julie Mack | x 204 |
| Communications Coordinator, Sue Ashmore | x 205 |
| Director of Music and Liturgy, Ray Bannon | x 214 |
| Maintenance Supervisor, Doug Olson | x 218 |
| Parish Office Coordinator, Ximena Bunay | x 201 |
| Pastoral Minister, Vicki Bazille | x 212 |
| Records Coordinator, Terri Glaeser | x 227 |
| Special Event Coordinator, Jami Bridgeman | x 221 |
| Wedding Coordinator, Barb Hartwick | x 204 |

FAITH FORMATION

| | |
|---|-------|
| Director of Faith Formation, Mary Nawrocki | x 210 |
| Administrative Assistant, Mary Scott | x 208 |

SCHOOL

| | |
|--|--------------|
| School Office | 763-788-9065 |
| School Fax | 763-788-9066 |
| Principal, Jane Bona (jbona@immac-church.org) | x 220 |
| Director of Admissions | |
| <i>Meghan Sackmaster</i> | x 207 |
| Director of Advancement/School Business Manager, | |
| <i>Mary Beth Pfeifer</i> | x 203 |
| Administrative Assistant, Sherri Macko | x 219 |

PARISH PASTORAL COUNCIL MEMBERS

*Norma Coto Tom Herschbach
Marcus Paulson Stacy McVary

Fr. James Peterson (Pastor)
Jane Bona (School Principal)
Steve Smith (Parish Trustee)*

Copies of the Parish Council meeting minutes are available in the pamphlet racks at the entrance to the church.

LOW GLUTEN HOSTS

Low gluten hosts (.002 gluten) are available. Come to the Sacristy before Mass to request one.

Gospel Meditation



Eighteenth Sunday in Ordinary Time

“You cannot see the forest for the trees” is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don’t like, want, and don’t want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don’t move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disoriented, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the “now” time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.

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Parish Support

Received Through July 25

| | |
|-------------------------------|--------------------|
| Sunday Envelopes..... | \$ 3,438.00 |
| Plate | 1,722.00 |
| WeShare Online Giving..... | <u>1,137.50</u> |
| Total Collection | \$ 6,297.50 |

Thank you!

Rain or Shine!

August 5-8

FEATURED ENTERTAINMENT and EVENTS



Thursday, August 5 - Tribute Fest! (4-10 pm)

- 4 pm Gates Open (\$20 ticket at the door)
4-10 pm Beer and Wine, Pull Tabs, Wine Toss, Raffle, Info Booth,
IC Online Silent Auction Booth

Hosted by Lisa Miller from 92 KQRS:

- 5 pm "Starlette's Web" Tribute to Women in Pop, Rock, Country & Groove
7³-10 pm "Free Fallin" A Tribute to Tom Petty

Friday, August 6 - Tribute Fest! (4-10³ pm)

- 4 pm Gates Open (\$20 ticket at the door)
4-10³ pm Beer and Wine, Pull Tabs, Wine Toss, Raffle, Information Booth,
IC Online Silent Auction Booth

Hosted by Lisa Miller from 92 KQRS:

- 5 pm "Transit Authority" Tribute to the Music of Chicago
7³-10³ pm "Xpedition" Tribute to Journey • Foreigner • Kansas • Styx

Saturday, August 7 - Tribute Fest! (4-10³ pm)

- 4 pm Mass (in the church)
4 pm Gates Open (\$20 ticket at the door)
4-10³ pm Beer and Wine, Pull Tabs, Wine Toss, Raffle, Information Booth,
IC Online Silent Auction Booth

Hosted by Candace Wheeler from the KQRS Morning Show

- 5 pm "Rubber Soul" Beatles Tribute Band
8³-10³ pm "The Crown Jewels" Tribute to Queen

Sunday, August 8 - Family Day! (1-4 pm)

Free Admission

- 8 am Mass (in the church)
10 am Mass (in the church)
12 pm Car Show Registration
1 pm Kid games and Bottlemania, Bingo with Catholic Trivia - 30 games
with \$20 pots, \$100 overall, Parish Booth, Raffle, Info Booth,
IC Online Silent Auction Booth
1-3 pm Car Show
2 pm Online Silent Auction closes/Pick up begins
4 pm Raffle Drawing

Delicious Food!

Thursday

Hamburgers, Hot Dogs,
Corn Dogs, French Fries,
Onion Chips, Pop and Water

Friday

Italian American Favorites,
Hot Dogs, Pop and Water

Saturday

Our Lady of Guadelupe Favorites,
Pop and Water

Sunday

IC Pulled-Pork Sandwiches
Polish Sausage & Sauerkraut
Hot Dogs, Onion Chips,
French Fries, Ice Cream,
CCW Best Maid Cookies,
Popcorn, Pop



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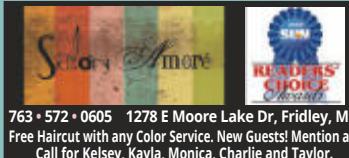
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Debbie Doty, Parishioner



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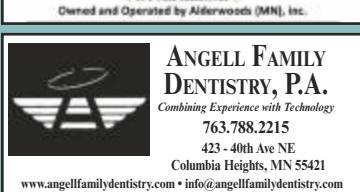
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