

February 28, 2021

heaven

2ND SUNDAY OF LENT

**"HOLY COMMUNION
IS THE SHORTEST AND
SAFEST WAY TO
HEAVEN."**

POPE PIUS X

HOLY SPIRIT CATHOLIC CHURCH

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Holy Spirit Catholic Community enkindles the fire of God's love in our lives
through worship, discipleship and service.

SECOND WEEK OF LENT

Feb. 28, 2nd Sunday of Lent

9 a.m. Patricia & Richard Dillont

Mar. 1

Mar. 2

7:30 a.m. David Reiland†

Mar. 3, St. Katharine Drexel, Virgin

7:30 a.m. COVID-19 victims

Mar. 4, St. Casimir

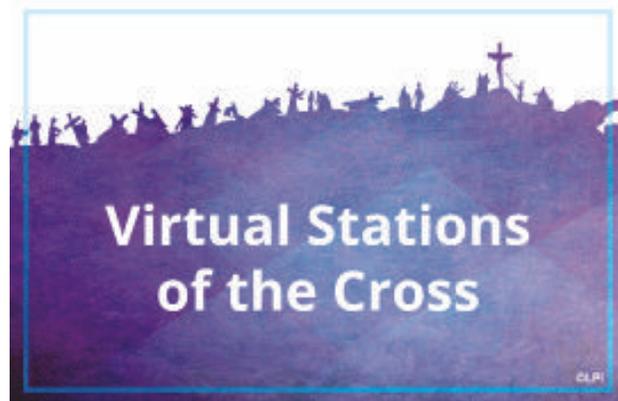
7:30 a.m. Archbishop Hebda

Mar. 5

7:30 a.m. Special intention

Mar. 6

4:30 p.m. Holy Spirit teachers



WATCH THE VIRTUAL
STATIONS OF THE CROSS ON OUR
WEBSITE, YOUTUBE, AND FACEBOOK
THROUGHOUT LENT.

Faithful Departed

Please remember in your prayers
the repose of the soul of

Carol Dittel

whose funeral was on Feb. 23.

†

MEAL IDEAS FOR LENT

Don't know what to cook
for dinner on Fridays?
Explore meatless recipes
from around the world
courtesy of CRS! Visit
crsricebowl.org/recipe
for more.



WORSHIP SCHEDULE

Tuesday–Friday | 7:30 a.m. Mass
Door opens at 7:15 a.m.

Saturday | 4:30 p.m. Mass
Door opens at 4 p.m.

Enter through south side door (nearest Howley Kitchen).

Sunday | 9 a.m. Mass
Door opens at 8:30 a.m.

CONTACT INFORMATION

Father Daniel Haugan, Pastor
haugand@holy-spirit.org

Office Hours

Mon.–Fri. 8 a.m.–3:30 p.m.

Donations and envelopes may either be dropped at the
office during hours or in the drop box by the gym entrance.



Photo by Dooshima Tsee/Catholic Relief Services

BETTER MEALS IN MADAGASCAR



In Madagascar, half of all children are undernourished. That means 50% of kids won't grow to reach their full potential. But communities are

changing this by focusing on improving health and nutrition. What role has food played in your life? How can you help those who lack access to enough nutritious food? Visit crsricebowl.org to learn more.

QUILTERS CONTINUE TO SPREAD WARMTH

While the pandemic has suspended in-person meetings for the group known as The Quilters, some avid quilters have continued to stay busy while at home. Julie Hally, Lorraine Schmitz, Florence Vogt, Adelaide Zack, and Renee Miller are making quilts that are donated to the VA Nursing Home and Hospital, Marvelous Mittens, Naomi Center, Joseph's Coat, Minneapolis homeless shelters, Minnesota School of Public Health, and 25 other organizations upon request. Each quilt is made with love and includes a card stating "Made especially for you by The Women of Holy Spirit." The group started keeping track of their efforts about 20 years ago and has donated around 4,000 quilts to those in need.

If you would like to support The Quilters, donations for purchasing material, thread, and batting are being accepted. Please send your donation to the parish office in an envelope marked "Quilters."

WHEN SACRIFICE BECOMES MUNDANE

It seems to happen every year, like clockwork: we drag a bit, as we enter into the second week of Lent. On Ash Wednesday, we feel a bit like soldiers banging our shields, rushing into battle. "We're ready, God!" our hearts cry out. "Transform us through sacrifice! Your will be done!"

But by now, these Lenten resolutions are no longer novelties—they've joined the ranks of everyday inconveniences, which somehow are the hardest to bear. Because transformation, in real life, happens in inches, just as a battle is won slowly in the crash of one sword against another. It's not always a dramatic thing, to the naked eye. It's the perseverance in prayer despite weariness, or the continual denial of some pleasure even though there's that nagging voice in our minds saying: go ahead, God doesn't really mind.

It's a week when we all need a shock to the system—and wouldn't you know it, this Sunday God gives us a double-whammy of dramatic sacrificial scenes. We picture Abraham, who also cried "Ready!" when God called, never imagining what He would ask: the surrender of his long-awaited son. We see Christ himself transfigured, as God shows us what He is ready to give up for love of us.

We must remain committed, persevering daily in acknowledging that everything belongs to God. What we sacrifice, we simply give back to Him.

If God is for us, who can be against us? Can we still reply, "Ready!" when we hear the call of God?

—Tracy Earl Welliver, MTS

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FIRST READING

God put Abraham to the test (Gn 22:1)

PSALM

I will walk before the Lord, in the land of the living
(Ps 116)

SECOND READING

If God is for us, who can be against us? (Rom 8:31)

GOSPEL

"This is my beloved Son. Listen to him." (Mk 9:7)

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AROUND THE ARCHDIOCESE

NET Virtual Retreat

Mar. 11 | 6-9 p.m. | Virtual Event

Open to teens in grades 8-12 from around the country, this retreat will focus on the person of Jesus. The event is meant for teens preparing for Confirmation and for confirmed teens who are interested in the experience. Each attendee will need their own device and will receive an event link via email. Register at netusa.org/confirmation. The retreat is 3 hours and costs \$17 per person.

National Catholic Women's Conference:

My Peace I Give You

Mar. 12-14 | Virtual Event

Discover women just like you sharing similar struggles, and learn how they're finding freedom in faith. Learn how prayer enhances your vocation as a mother, spouse, professional, and friend. Experience how God multiplies our time and energy when we make prayer a priority. Learn how to stop wasting time and energy on guilt, comparison, and resentment to become fully alive. Register today at go.virtualcatholicconference.com/NCWC2021.

Exultemus!

Mar. 13, Apr. 10, and May 8 | 7-8 p.m.

St. John the Baptist, Excelsior and Via Livestream

Join us for adoration, praise and worship, a reflection, and confession! The event is open to all. Join the livestream at tinyurl.com/sjbyoutube.

Heart to Heart: Exploring Women's Vocations with Archbishop Hebda

Mar. 16 | 6:30 p.m. | Virtual Event

Archbishop Hebda, Bishop Cozzens and Father Blume, Director of Vocations, invite women, ages 16-35, who are discerning consecrated life to join us! Join us for an evening of prayer and conversation with women who will share their testimonies and tips on discernment. Register at 10000vocations.org or call the Office of Vocations at (651) 962-6890.

Investing from the Start: How do we ensure all children have access to critical brain development opportunities during their early childhood years?

Mar. 16 | 7 p.m. | Virtual event

Join the Catholic Community Foundation of Minnesota as it presents a panel discussion on early childhood education. Panelists are from Northside Achievement Zone (NAZ); HealthPartners; Securian Financial; and Ascension Catholic School. Registration is free, but required. Register at ccf-mn.org/forums.

WHY DO WE DO THAT?

Question: Why do we use incense at Mass?

Answer: The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

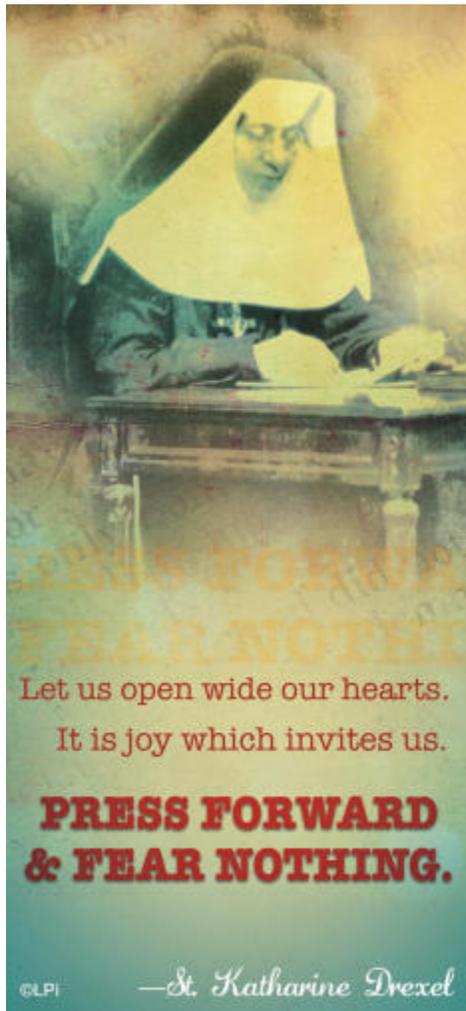
The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, "Let my prayer be incense before you; my uplifted hands an evening offering" (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

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LIVE THE LITURGY

How is your Lent going so far? In changing the circumstances and order of our lives a bit, perhaps we can hear God's voice more clearly and drink more deeply of graced moments we experience. Having God as a friend always involves several things. First, there is God's call. We become attuned to the echo of God's voice in the depth of our souls calling and beckoning us to listen. Second, there is a request. We begin to see that God asks us to do certain things, to order our lives a particular way, and become more intentional in the choices we make. Third, there is trust. Do we trust this call and request? Trust commits us to the relationship and makes a claim on who we are. Finally, we are asked to act. We find ourselves acting, not in the way we used to, but in a transformed, more enlightened way. Things seem clearer and all that is around us shines with the brilliance of God's presence. God's call came through a cloud, "This is my beloved Son. Listen to him," This is the call and the request. Can we give God our trust and do as God asks?

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FEB. 28 GOSPEL MEDITATION

A pregnant woman was walking in the store and met an old friend. Her friend exclaimed, "You are absolutely beaming!" The new life God placed in her womb radiated throughout her body. It was brightly visible on her face and in her eyes. Transformation and change usually happen from the inside out. It is very rare that simply imposing structure from the outside does any good. Yes, it is true that routines and habits can change when things are done differently. But, for this change to last there has to be an interior renewal and metamorphosis as well. Simply regulating behavior and bringing someone into conformity with accepted protocols doesn't mean their heart and soul come with them.

Peter was a homeless man who lived in a very remote and rudimentary tent community. He was happy to make his daily trip to McDonald's and always welcomed a gift card or two so that he could buy some coffee and something to eat. A generous advocate worked to secure him an apartment in hopes of moving Peter out of his makeshift housing and into something safer. Peter finally got the grand tour of his new "digs," received his own key, remarked how wonderful the place was, closed the door behind him when they left and never returned. He preferred his tent. No matter how much things changed on the outside, Peter was happy where he was. A poignant lesson was learned that day.

How is your Lent going? By now you ought to have a sense of whether you're really "into it" this year and something transformational is happening. For many, it's only the stuff on the outside that changes for a few weeks and then they return to business as usual. For others, there are some real inner changes happening that are deepening their relationships with God, others, self, and creation. If we are serious about moving to a new place and radiating with the presence of new life and joy, then we have to clear the way to listen for God's call. Then, there is God's request to change things up a bit and order our lives differently. After realizing we have been called and given a mission, we have to trust that this is where we need to be. And then, after all of this hard work we are asked to act. The fruit that is revealed will indicate whether our journey is authentic. The brilliance of conversion will begin to shine on our faces as we contemplate the One to whom we are asked to listen.

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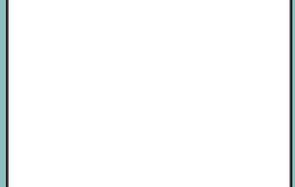
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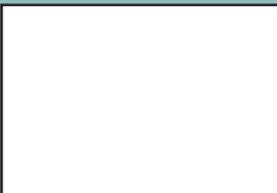
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