

May 2, 2021

Speak

5TH SUNDAY OF EASTER

**"ACTIONS SPEAK LOUDER
THAN WORDS: LET YOUR
WORDS TEACH AND YOUR
ACTIONS SPEAK."**

ST. ANTHONY OF PADUA

HOLY SPIRIT CATHOLIC CHURCH

515 South Albert Street Saint Paul, MN 55116 | (651) 698-3353 | holy-spirit.org

Holy Spirit Catholic Community enkindles the fire of God's love in our lives through worship, discipleship and service.

Tuesday-Friday 7:30 a.m. Mass • Saturday 3-4 p.m. Penance & 4:30 p.m. Mass • Sunday 9 a.m. Mass

Fr. Daniel Haugan, Pastor

MASS INTENTIONS

May 2, 5th Sunday of Easter

9 a.m. Pope Francis
Kathleen Ryan Huyent

May 3, Sts. Phillip and James

May 4

7:30 a.m. Kathleen Ryan Huyent

May 5

7:30 a.m. Gefre family
Kathleen Ryan Huyent

May 6, National Day of Prayer

7:30 a.m. Poor souls in purgatory
Kathleen Ryan Huyent

May 7

7:30 a.m. Special intention
Kathleen Ryan Huyent

May 8

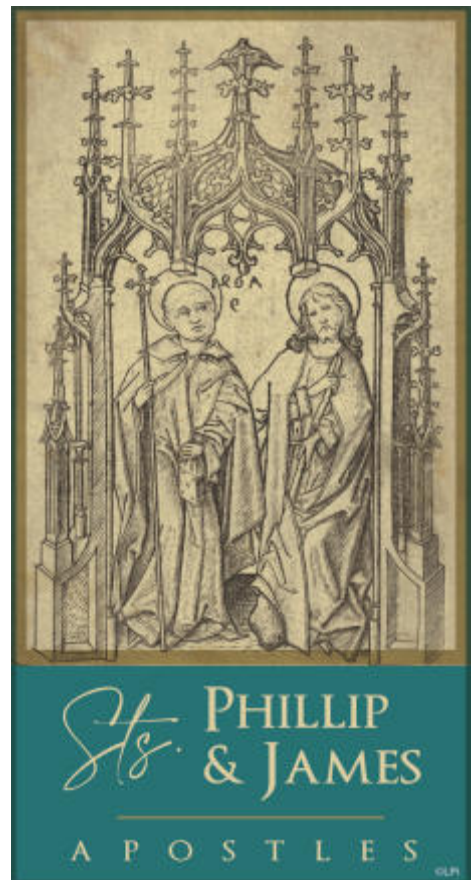
4:30 p.m. Rick & Andrea Shomion - recent 35th anniversary



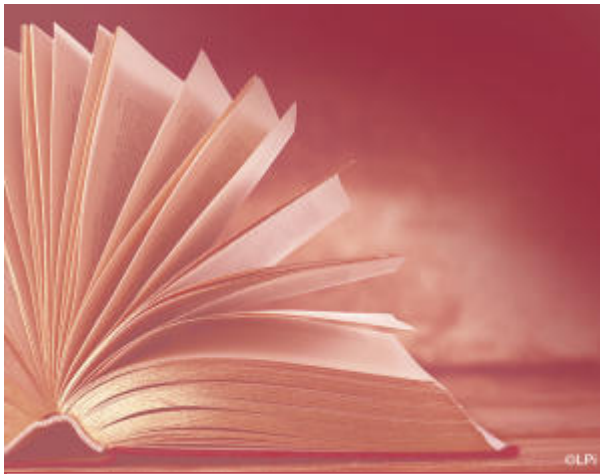
Photo by Roger Rich

Wish Dr. Adrian a happy retirement!

Record a video message or leave a written message for her at holyspiritschoolstp.org/adrian-retirement.php.



Middle school science teacher, **Kris Stetter**, will retire at the end of this school year. Kris has served Holy Spirit for 20 years. Her career has been devoted to Catholic Education. During this time, she has opened the world of science to hundreds of students and inspired many to pursue a career in the field. We are grateful for her service! Stay tuned for more information about how you can wish her well before she leaves Holy Spirit.



FIRST READING

When Saul arrived in Jerusalem he tried to join the disciples, but they were all afraid of him, not believing that he was a disciple. (Acts 9:26)

PSALM

I will praise you, Lord, in the assembly of your people. (Ps 22)
Or Alleluia.

SECOND READING

And his commandment is this: we should believe in the name of his Son, Jesus Christ, and love one another just as he commanded us. (1 Jn 3:23)

GOSPEL

"I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing." (Jn 15:5)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



Question: Is gossip a mortal sin?

Answer: To really ask this question, we must consider the Eighth Commandment: "You shall not bear false witness."

In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing "false witness" means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word "gossip" isn't used by the Catechism. Instead, we find the words "detraction" and "calumny," which are actually two forms that gossip can take, and both can be quite serious.

First, detraction is the of revealing "another's faults and failings to persons who did not know them," without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it "harms the reputation of others and gives occasion for false judgements" (see no. 2477).

In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479).

Gossip can, in fact, prove to be a very serious sin. After all, the Catechism reminds us: "No one is bound to reveal the truth to someone who does not have the right to know it" (no. 2489). When we have gossiped, especially if we are aware we have damaged another person's good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.



AROUND THE ARCHDIOCESE

Cor Jesu

May 7 | 8 p.m. | Virtual Event

Join us to adore the Lord and be together in prayer, praise, and worship at [facebook.com/ASPMVocations](https://www.facebook.com/ASPMVocations). Send prayer requests to stpaulvocations@10000vocations.org or call the Office of Vocations at (651) 962-6890.

Sacred Relics Of The Saints: Treasures Of The Church

May 12 | 7-10 p.m. | Church of the Epiphany, Coon Rapids

May 15 | 6 p.m. | Church of St. Dominic, Northfield

The Church of the Epiphany and the Church of St. Dominic will each present a teaching and exposition of Sacred Relics. Father Martins of the Companions of the Cross will be there with an extraordinary Vatican collection of over 150 relics, some as old as 2000 years. Those in attendance will be able to examine and venerate each relic. You are encouraged to bring your articles of devotion which you will be able to touch to the reliquaries.

Visit epiphanymn.org and churchofstdominic.org for details.

Archdiocesan Marriage Day

June 5 | 10 a.m. | Cathedral of Saint Paul

The celebration includes Mass, renewal of vows, and a short reception. Couples celebrating their silver and golden anniversaries will be honored in a special way. Families and friends of couples are welcome! In-person registration is required by contacting (651) 291-4488. Social distancing will be observed. Couples married one year or more may request a commemorative certificate signed by Archbishop Hebda. To request a certificate, please contact the Office of Marriage, Family & Life by May 30 at (651) 291-4488 or mfl@archspm.org.

Archbishop Flynn Catechetical Institute

Mondays, 7-9 p.m.

Transfiguration, Oakdale and other satellite sites

Ever wonder what God has planned for your life? This fall, the Archbishop Flynn Catechetical Institute will offer the two-year *Pillars Program* in-person at Transfiguration Catholic Church in Oakdale and at various CI Satellite Sites, where students will participate in the small group dynamic and gather to watch lectures via livestream.

Taught by some of the best instructors in the Twin Cities, such as Bishop Cozzens, Jeff Cavins, Deacon Joe Michalak, Deacon Dan Gannon, Fr. John Klockeman, Dr. Todd Flanders, Christina Smith, Liz Kelly, and more, the *CI: Pillars Program* follows the four pillars of the Catechism of the Catholic Church and will make sense of all things Catholic, deepen your faith, and lay out the road map to heaven. Applications are now being accepted for the Class of St. Joseph. For more details, visit semssp.org/ci or call (651) 962-5072.

BRANCHING OUT ISN'T ALWAYS WHAT IT'S CRACKED UP TO BE

"That's a really beautiful tree branch. Man, would you look at the bark on that thing? The others are real duds, but that low-hanging branch has really got it all together."

I've never heard anyone say this. Maybe I just need to hang out with more arborists, but I can't recall ever hearing someone admire the particular beauty of a single branch. When someone comments on a tree, it's usually the whole tree—perhaps a visual element of it, like the color of the leaves or its height. But people don't usually zero in on one branch.

Maybe that's because usually, if one branch is looking a little weak, chances are every other branch is, too.

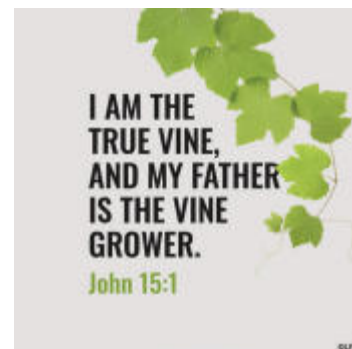
The Bible tells us that when we bear fruit as good

everyday stewards, it is for the Father's glory. We are the branch on His magnificent tree. What we have is from Him, and what we do likewise points back to Him. We also tend to reflect how well the other branches around us are incorporating the nutrients coming their way. That's all fine and good in theory. In practice, it can be an arduous exercise in humility.

When I do something virtuous or charitable or kind, there is a part of me that wants to stand out for it. I think that's true for all of us. We've given of ourselves in some way or overcome some human temptation to accomplish a little bit of good in this world, and even though we know God sees us, we'd really love for everyone else to see it, too.

It's a struggle, for sure. But we need to remember that our fruit belongs to the whole tree.

—Tracy Earl Welliver, MTS

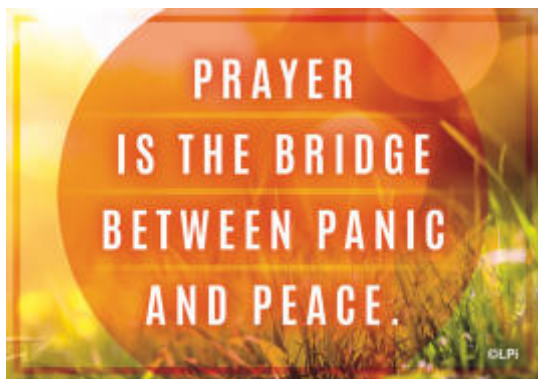




Holy Spirit Catholic School has been open since Aug. 24. We have managed a small number of COVID-19 cases while providing in-person learning to more than 275 students daily.

While we are thrilled to welcome students in multiple grades, we are especially looking for students entering [kindergarten](#), [first grade](#), [second grade](#), [third grade](#), and [fifth grade](#). Please send any interested families our way! We want to share our fabulous school with as many people as we can!

If you have questions, contact the school office at (651) 698-3353 to speak with Dr. Adrian or Dr. Krieger.



GOSPEL MEDITATION

“Spiraling out of control,” is a phrase that can easily describe the current display of human existence. In addition to the violence, unrest, uneasiness and turmoil that are common elements of our daily news, other essential pieces are misplaced or missing. Many lack an objective center around which to order and structure their lives or a clear set of definable goals or mores to act as guideposts and life directives. It appears that “feelings” have become a “new god” and traditional structures and ideals set aside. It is almost as if history only shows that we got this whole thing wrong and many are determined to finally set things right. The real truth, however, is that while wrongs and errors are certainly a part of our often-checked past, it is hardly the case that all was wrong. It is not our task to rewrite the history of our lives, but to learn from mistakes that were made, and preserve the perennial wisdom at the root of our successes. Learning is an essential part of being human.

The question becomes, however, from whom do we learn? Some have such a hard time placing God in that position, but that is precisely where God needs to be. God is the Master Teacher from whom all of humanity learns and gets its cues. It is in and through this relationship with the Gardener of Life that we are fashioned and pruned into the people we are intended to be and can be. It is only in God that we are able to find our best selves. Sadly, many think that religion too, as well as history in general, has also gotten all this wrong. Yet, our resurrection faith tells us differently. We are reminded, today especially, that we are meant to remain in Christ as Christ remains in us. We are also reminded that Jesus, the Incarnate God, is the vine upon which we grow, the branches that flow from the source of God’s life.

Giving up our will to God’s can be a painful endeavor. It is not easy to set our own desires and wants aside and allow God to step in and direct and guide our growth. But this is the only way to prevent deadly weeds from overtaking us and bringing us to a place of self-destruction. God’s commandments are the very guideposts and benchmarks we need, yet many seek to remove them from all public view because they appear to limit self-expression and suppress what is considered by many to be “human freedom.” They are the only way we can find freedom, however. And, until we learn this fundamental lesson, we will continue to spiral out of control, never really knowing who we are, what our potential can be or how life really can be lived. We will not know peace.

LIVE THE LITURGY

Anyone familiar with gardening knows that proper and timely pruning is essential. The health of the plant depends upon it. An unpruned tree can quickly produce suckers that zap many of the essential nutrients from its body. Pruning requires patience and vision. Studies reveal that plants often respond defensively to being pruned, displaying reactions that are similar to hurt or discomfort. Pruning is not easy but necessary. A hard lesson for us to learn is that we also need to be pruned. We become far healthier when we allow God to stretch, refine, and form us into the best version of ourselves. The fruit that then comes from our vines will be more abundant, nutritious, and robust. Left to our own devices we can easily find ourselves running amuck and spiraling out of control. Without a proper vision and trust in the Master Pruner, we will never find the contentment we desperately desire. Nor will the work of the Gospel stand a chance of succeeding.



Housing for homeless pregnant women.
Volunteers needed.
651-373-1205
PhilomenaHouse.org



Roofing • Chimneys • Gutters • Siding
Sheet Metal • Storm Restoration
612-722-7129 www.garlock-french.com

NOW OPEN



HOME COOKING • 7 DAYS A WEEK
COFFEE CUP
on Randolph
— FAMILY RESTAURANT —
1333 Randolph Ave
651-330-0920
Open 6am-3pm

John Griep, CLU
Agent **State Farm**
651-698-0703
Snelling & Randolph
"Neighborhood Agent"



Bank Local. Bank Premier.
Roseville Office
651.633.8880
www.premierbanks.com



651.698.4347
492 S. Hamline



Ran Ham Bowling Center
490-1/2 Hamline Ave S. in St. Paul
Randolph & Hamline • 651.698.0252



995 7th St. • 651.228.9925
crshamrocks.com for more info

NEVER MISS A BULLETIN !

Sign up to have our weekly parish bulletin
emailed to you at www.parishesonline.com



**ST. PAUL
LINOLEUM & CARPET CO.**

Commercial & Institutional
Contractor Since 1938
2956 Center Ct. • Eagan
(651) 686-7770

St. Paul Automotive

Complete Domestic & Foreign Auto
Service & Repair

Urgently Seeking Compassionate Volunteers
3 hour shifts -
day, evening or Saturday
651-646-7033
www.Birthright.org/StPaul

**WE'RE HIRING
AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT
careers@4LPi.com • www.4LPi.com/careers

CARBONE'S PIZZA

Open For Noon Lunches
Soups • Sands • Salads
Full Spaghetti Dinner
Daily Lunch Specials

1698 Randolph 651-698-0721

**AVAILABLE FOR A LIMITED TIME
ADVERTISE YOUR BUSINESS HERE**

Contact **Jim Byrne** to place an ad today!
jbyrne@4LPi.com or (800) 950-9952 x2596



Park Dental
Grand Avenue

General dental care.
Certified Invisalign® provider.

651-221-1902 | parkdental.com



Scan here with a smartphone to start an estimate!

Lifetime Warranty
Free Estimates
6 East Metro Locations
Family Owned & Operated since 1956
St. Paul [Midway] : 651-646-8615
www.HeppnersAutoBody.com



(651) 207-5396
• LAWN AND LANDSCAPING •



UNIVERSITY CLUB

\$199 Family memberships.
Priceless memories.

Bring in this ad for 50% off your application fee.

420 Summit Avenue, Saint Paul, Minnesota 55102
651-222-1751 | UniversityClubofSaintPaul.com

Clair's Automotive

American & Foreign Cars • Towing
Complete Auto Care
651-698-5632
1341 St. Clair Ave. • St. Paul, MN 55105

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

Authorized Provider
SafeStreets

1-855-225-4251

Too Sick for Mass?

SUPPORT OUR PARISH NO MATTER WHERE YOU ARE!

Sign-up to get your bulletin delivered
right to your inbox!

www.parishesonline.com



SPREAD THE WORD
A Thriving, Vibrant Community Matters

SUPPORT OUR ADVERTISERS

**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**

\$29.95/MO

BILLED QUARTERLY

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM



Doran-King

Complete Repairing
Domestic & Import Cars
Light Trucks & Vans
1521 Randolph 651-690-2050

O'Halloran & Murphy Cremation
& Funeral Services

Our Family Serving Yours with Care
651-698-0796
ohalloranmurphy.com
575 South Snelling Ave. • St. Paul



For ad info. call 1-800-950-9952 • www.4lp.com

Holy Spirit, St. Paul, MN

A 4C 02-0439