

August 1 & 8, 2021

Heart



18TH SUNDAY IN ORDINARY TIME

**"JESUS CHRIST, LORD
OF ALL THINGS! YOU SEE
MY HEART, YOU KNOW
MY DESIRES."**

ST. AGATHA

HOLY SPIRIT CATHOLIC CHURCH

515 South Albert Street Saint Paul, MN 55116 | (651) 698-3353 | holy-spirit.org

Holy Spirit Catholic Community enkindles the fire of God's love in our lives through worship, discipleship and service.

Tues.-Fri. 7:30 a.m. Mass • Sat. 3-4 p.m. Penance & 4:30 p.m. Mass • Sunday 8:30 & 10:30 a.m. Mass

Fr. Daniel Haugan, Pastor

MASS INTENTIONS

August 1, 18th Sunday in Ordinary Time

8:30 a.m. Nancy Schmitz†

10:30 a.m. Holy Spirit parish

August 2, St. Eusebius & St. Peter Julian Eymard

August 3

7:30 a.m. Dr. Clifford Bowe

August 4, St. John Vianney

7:30 a.m. Special intention

August 5, The Dedication of the Basilica of St. Mary Major

7:30 a.m. Holy Spirit

August 6, The Transfiguration of the Lord

7:30 a.m. Olympians

August 7, Pope St. Sixtus II and Companions & St. Cajetan

4:30 p.m. Holy Spirit parish

August 8, 19th Sunday in Ordinary Time

8:30 a.m. Francis Schneider†

10:30 a.m. Teachers & educators

August 9, St. Teresa Benedicta of the Cross

August 10, St. Lawrence

7:30 a.m. Herb Sattler†

Matthew Andrade†

August 11, St. Clare

7:30 a.m. Herb Sattler†

Matthew Andrade†

August 12, St. Jane Frances de Chantal

7:30 a.m. Special intention

August 13, Pope St. Pontian and St. Hippolytus

7:30 a.m. Holy Spirit

August 14, St. Maximilian Kolbe

4:30 p.m. Newlyweds

August 15, The Assumption of the Blessed Virgin Mary

8:30 a.m. Holy Spirit parish

10:30 a.m. Married couples



Holy Spirit preschoolers and kindergartners are invited to meet their teachers and classmates and enjoy a night of bubbles, music, and dancing!

*Monday, Aug. 9 | 6-7 p.m.
Little Playground*

GETTING READY FOR THE 2021-2022 SCHOOL YEAR

The 21-22 school calendar and supply lists are available at holyspiritschoolstp.org!

Back to School Night will be on **Wednesday, Sept. 1** from **4-6 p.m.** We hope to see you there!

FAITHFUL DEPARTED

Please remember in your prayers the repose of the soul of

John M. Mistelske
whose memorial Mass was on July 29

THANK YOU, HOLY SPIRIT!

Holy Spirit was able to donate \$500 to Every Third Saturday, an organization dedicated to helping veterans find purpose after leaving military service.

HABITAT FOR HUMANITY



Holy Spirit volunteers spent two weeks building alongside other faith communities for Habitat for Humanity. Despite the heat, work progressed on the 4-bedroom, accessible home located on Maryland Avenue.

AUG. 8 | LIVE THE LITURGY

Are we willing to be taught by God? If we are, then we will begin to see things and make judgments using a Divine



lens. Often, we perceive things with purely human eyes and reference points. When we do this, reality can lose its Divine spark and we miss what God is trying to say. When using human eyes exclusively, Jesus is at best perceived simply as a prophet who has some wise things to say. The human element has a difficult time seeing Jesus' divinity and recognizing him as the Bread of Life that comes down from heaven. We can easily get stuck on Jesus' human associations and overlook the marvelous wonders God wants us to see. If we really allow ourselves to be taught by God, we will then come to see the truth about Jesus and the abundant everlasting life God offers. Jesus becomes the key that unlocks all of our relationships: with God, others, ourselves, and creation. He, as the true and lasting bread from heaven, shows us the gifts of faith, hope, and love that God bestows on us. Through this divine lens we see that all life sparkles and glows with God's love.

AUG. 1 | GOSPEL MEDITATION

"You cannot see the forest for the trees" is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don't like, want, and don't want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don't move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy.

We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the "now" times of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.



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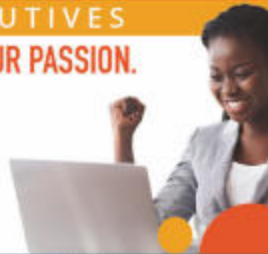
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