



Christ the King Parish / *Paroquia de Cristo Rey*

5711 SW 9th St, Des Moines, Iowa 50315-5006

christthekingparish.org (515) 285-2888

Parish Office Hours: Monday—Thursday 8:00AM—5:00PM,

Friday 8:00AM—Noon

Pastor: Fr. PJ McManus

Associate: Fr. George Komo

Hispanic Pastor: Fr. Jose Reynaldo

Sunday, June 6, 2021

Mass times: Monday—Friday 5:30PM, Saturday 5:30PM, Sunday 7:00AM, 9:00AM, 11:00AM and 3:15PM in Spanish.

Confession times: Monday—Friday 6:00PM--7:00PM, Saturday 4:30PM--5:30PM, Sunday 4:30PM--5:30PM

THE MOST HOLY BODY AND BLOOD OF CHRIST
SUNDAY JUNE 6, 2021

AFRAID

“Do not be afraid;
just have faith.”
MARK 5:36

SCAN ME if you wish to donate to CTK!

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

[Welcome to Christ the King Catholic Church](#)

[Christ the King Catholic Church Mission Statement](#)

Christ the King is a Catholic community centered on The Risen Lord Jesus, proclaiming His Word and celebrating His presence in the Eucharist. Our commitment to spiritual growth as individuals and families is enhanced by providing opportunities for lifelong spiritual and faith formation. We are committed to becoming good stewards by sharing our time, talent, and treasure in gratitude to God for His many gifts to us. If you are interested in joining Christ the King please pick up a newcomer packet in the back of the Church, or go to our website: www.christthekingparish.org

A Letter From Father P.J.

The red book that the priest reads from at Mass is called *The Missal* or *Mass Book*. The small, often disposable ones the faithful use in the pews is called a *Missalette* or *Mini-Mass Book*. In one of the earliest *Missals* we have the words ***The Most Dangerous Prayer*** are inscribed above the following:

Take and eat from this all of you, for this is my Body.

And,

Take and drink from this all of you, for this is the Chalice of my Blood, of the new and eternal testament: the mystery of faith: which is shed for you and for many unto the remission of sins.

I want you to think about this for a moment. Apart from the *Our Father*, the *Hail Mary*, and the *Glory Be*, these are almost certainly the words of prayer you have heard most often your whole life long. Every Mass throughout the world, almost every funeral, wedding, and the rest, in every church, every day of every week (apart from Good Friday); these words are repeated again and again and again.

The Most Dangerous Prayer

It's funny, isn't it? Because strictly speaking, these words aren't written as a prayer. Prayers are said to God by people, but these are God's words to us—and directly—not in the sense that all of the scriptures are "God's word to us," but immediately. Jesus, who is God the Son, speaks these words directly to His disciples. And at every celebration of the Eucharist since the priest, who stands in place of Christ, says the same.

The Most Dangerous Prayer

When a couple first begins to date, if they are wise, they wait a while before saying, "I love you." You've got to be sure first, you've got to really mean those words, and you don't want to be proven a liar because you got caught in the heat of the moment. These words are like that; they effect what they mean. When the priest says, "This is my body," it is; not his, not P.J.'s or George's or Reynaldo's, but **HIS**. And if you're going to say it you have to make sure you mean it.

The Most Dangerous Prayer

Since the custom of celebrating Mass facing the people has become so common, many priests have taken to inserting a gesture not foreseen by the rubrics. When they say this prayer they hold the host out towards the people, or they tip the chalice in the direction of the assembly. I think this is a great mistake because the Mass isn't actually directed at the people, but I understand why they do it—they have rightly intuited what makes this prayer so dangerous.

The Most Dangerous Prayer

The Mass **is** a prayer of ours directed to God, and we repeat His words (lots of them actually), back to Him in Thanksgiving. But what we're remembering, what we're thanking Him for, the reason we can be confident in our contrition and sincere in our praise is this: His first prayer to us. The life, death, and resurrection of Jesus are God's prayer, God's promise, and God's love song to us.

And nothing could be more dangerous than that.

Fr. PJ

A Letter From Father Reynaldo

MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTEN-
DIMIENTO MÁS PROFUNDO DE LA ESCRITURA

6 de junio de 2021

El Cuerpo y la Sangre de Cristo

Hablar del Cuerpo y la Sangre de Cristo es hablar de la Eucaristía. Al recibir el Cuerpo y la Sangre de Cristo nos unimos al mismo Cristo y a su vida de entrega generosa. La Eucaristía nos une en la unidad de la Iglesia porque, todos recibimos el mismo pan. Dice el Concilio Vaticano II: *“La unidad de los fieles que constituyen un solo cuerpo en Cristo, está representada y se realiza por el sacramento del pan eucarístico” (Lumen Gentium 3)*. Y el Santo Papa San Juan Pablo II dijo: *“Una espiritualidad verdaderamente eucarística es siempre una espiritualidad de la comunión” (Novo Milenio Ineunte 43)*. Toda la comunidad de creyentes reunida en la Asamblea Litúrgica comulga el mismo Pan.

“Durante la comida Jesús tomó pan, y después de pronunciar la bendición, lo partió y se lo dio diciendo. *“Tomen, esto es mi cuerpo. Tomó luego una copa, y después de dar gracias, se la entregó; y todos bebieron de ella” (Marcos 14:22-23)*. Al recibir la Santa Comunión, estamos llamados a convertirnos en pan para los demás. Somos otro Cristo para el que sufre. Por esa razón, la Eucaristía forma a la Iglesia y la hace santa. Cada vez que recibimos la Santa Eucaristía, debemos de abrirnos a servir a los hermanos y hermanas, especialmente los que sufren y los necesitados. Después de comulgar, no podemos seguir siendo iguales. El Beato Carlo Acutis, llamado el ciber apóstol de la Eucaristía, decía convencido: *“La Eucaristía es mi autopista hacia el cielo”*. Vivir en Jesús, para Jesús. ¡Es decir, ser Eucaristía!

©LPi



Mientras cenaban, Jesús tomó un pan, pronunció la bendición, lo partió y se lo dio a sus discípulos, diciendo: “Tomen: esto es mi cuerpo”. Y tomando en sus manos una copa de vino, pronunció la acción de gracias, se la dio, todos bebieron y les dijo: “Esta es mi sangre, sangre de la alianza, que se derrama por todos”. — Mc 14, 22-24

Leccionario II © 1981 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.



Going On In Our Parish

Library News

Can You Help?

The good news is the parish library is preparing to reopen. The not-so-good news is that we will not be able to reopen without help. Can you volunteer 2 hours a month (before or after Sunday Mass) to assist parishioners in checking out books and movies? It is an enjoyable way to give to the parish, and you will receive all the training you need to feel comfortable. Questions? **Call Betty McGehe at 515-240-2751 or email library@christthekingparish.org.** We would love to have you!

FORMED®

PICK OF THE WEEK

June 6, 2021

WATCH

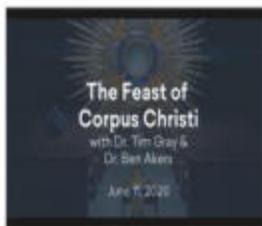
THE SEARCH: EPISODE 5 - WHO IS JESUS?

A beautiful part of our faith is that we can know God's love personally through Jesus. But how did this seemingly insignificant carpenter become the most pivotal figure in all of history? As we celebrate the Solemnity of the Sacred Heart, we invite you to become more familiar with Christ in this episode of The Search.



LEARN

FORMED NOW - THE FEAST OF CORPUS CHRISTI

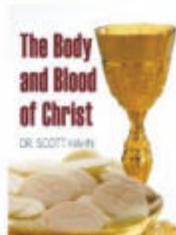


Along with the Solemnity of the Sacred Heart, we also celebrate Corpus Christi this week. Join Dr. Tim Gray and Dr. Ben Akers for a conversation on the great Feast of Corpus Christi and the centrality of the Most Holy Eucharist in our lives.

LISTEN

THE BODY AND BLOOD OF CHRIST BY DR. SCOTT HAHN

In this presentation, Dr. Scott Hahn, a former Presbyterian minister, provides the Biblical basis for the Real Presence of Christ in the Eucharist and the significance of the Feast of Corpus Christi. This talk also gives us a greater understanding of our vocation to be the living presence of Christ in the world.*



Mass Intentions

Saturday June 5th

5:30pm– Bill Beck+

Sunday June 6th

7am– Colleen Black+, **9am**– Sanita & Catherine Mancuso+,
11am– Our Parish

Monday June 7th

5:30pm– Joan Hughes+

Tuesday June 8th

5:30pm– Inez Long+

Wednesday June 9th

5:30pm– Our Deceased Sisters+

Thursday June 10th

5:30pm– Colleen Black+

Friday June 11th

7:00pm– David T. & Tresa Gardella+

Saturday June 12th

5:30pm– Gary Runge+

Sunday June 13th

7am– Dick Ahlberg+, **9am**– Our Parish, **11am**– Rose Mary Egan+



Additional Mass Intentions for the week:

Our Parish Staff, Ray Cabrera+, Claudette Wagner+,
Our Deceased Priests+, Our Parish School,
Michael & Ruth Zawistowski+, Ray & Mary Ceretti+.

Going On In Our Parish

Volunteer Opportunities



Simply scan the QR Code next to this message with your smart phone's camera or QR Code reader App to get to the online copy of the form. You can download a QR Code reader in the Goggle Play Store or the Apple App Store.

Please prayerfully consider assisting our parish in any of the many ministries we have.

Mass Intentions

If you have someone you would like to have a Mass said for please contact Julie Lang at **515-285-2580**. She will get you put on the schedule for a Mass to be said for your loved one.

Prayer Chain

For prayer requests, please call one of the Prayer Chain Leaders listed below. We are always praying for you and for each other, God Bless.

Julie Bruner: 515-256-0216

Mara Camacho: 515-865-8093

Darlene Hiatt: 515-244-9205

Evelyn Shaw: 515-201-0280

O' precious Body and Blood of Christ, You who gave everything even death on a tree, You gave for us, to free us from the darkness of death, to forgive our sins, so that we may live with you in the light of Heaven. Each time we go to Mass and receive the Eucharist we receive the most precious gift that anyone could ever give to us. Jesus, You who loved us above all things, even being tortured and dying for us. This moment at the consecration You come down from Heaven, that we also may have a glance of what you want us to be, You are now apart of us for a brief moment and how blessed we are to be a part of You! Amen.

Vacation Bible School

Save the date:

Monday August 2nd — Friday August 6th from 1pm–4pm.
Registration is open

www.christthekingparish.org

Cenacle of Mary

Starting Sunday June 27th from 5:30pm– 6pm.

The Marion Movement of Priests will start again on Sunday June 27th. Mary calls upon the faithful to gather together with her in prayer and love, and to draw upon the Holy Spirit.

For more information or to join our group please call Darlene Hiatt at 515-244-9205

Night Fire Concerts

A Night of Praise & Worship

Nine-Time Grammy Nominee Matt Maher, Featuring Matt Baird, JMMJ and The First Encounter, **Presented By Night Fire Concerts.**

Enjoy a night under the stars, listening to contemporary Christian musicians share their faith in God and Hope in Jesus with you. You are invited to join in prayer and praise, to lift your voice to give glory to God asking Him to heal our community and our world.

Join us on Saturday, June 12, 2021 at 6:00pm - 10:00pm, at the Jamie Hurd Amphitheater 4100 Mills Civic Parkway, West Des Moines, IA. **Bring lawn or camp chairs, but no blankets.** Food Trucks: Roadside Taco and Totally Rolled Ice Cream will be onsite. **Small soft-sided or backpack coolers are allowed, but wheeled or hard-sided coolers are not.** The Concert is free, but you still need a ticket.

Get your tickets and all the information you need to know about the Concert at www.nightfireconcerts.org

Don't miss this opportunity to be a part of this faith-filled evening featuring inspired songs and incredibly talented musicians and song-writers.

Going On In Our Parish

St. Vincent de Paul Reflection

Today as we celebrate the gift of the Body and Blood of Christ let us pray for those who are hungry, malnourished, and starving.

Is there a family you know who needs assistance? Please call the society of St. Vincent de Paul so that together we can help those who are hungry.

Have you considered answering the call to "help the poor find forgiveness and healing in their life" by joining Christ the King/ St. Vincent de Paul.

Contact Kathy at kahiatt67@gmail.com for more information.



Separated or Divorced Classes

Divorced or separated and wondering what your next step is?

Join us Tuesdays at 6pm at Christ the King Pastoral Center in the Blessed Virgin Mary Room. We'll help untangle the knots from a Catholic perspective in our 12 week program. \$35 for the materials.

Call Deacon Tony Valdez at 515-979-2301 or the church office to register 515-285-2888.



From The Diocese

Part time Internal Control Specialist.

The Diocese of Des Moines is looking for an individual with auditing, accounting, finance, or CPA background that is willing to use their business and internal control knowledge to benefit the Catholic Church in Southwest Iowa.

For more information, please visit our website at ,
<https://www.dmdiocese.org/about-us/employment>

Knights of Columbus

Will be collecting worn and frayed American Flags.

The collection bin will be on the information desk in the Parish Hall, please donate the worn and frayed flags by June 13th at the latest, for them to be retired.

Flag Retirement will be on June 14th at 8pm at the school playground, all are welcomed to come witness.

A Message from the School

Now Hiring!

We are looking for a Pre-Kindergarten Associate to work approximately four hours per day in the mornings.

We are also looking for an Art teacher to work at Christ the King and St. Anthony.

Please spread the word, so we can find the best teachers for our students!

God bless,
Daniel Thole.



SUNDAY'S READINGS

FIRST READING:

"This is the blood of the covenant that the LORD has made with you in accordance with all these words of his." (Ex 24:8)

PSALM:

I will take the cup of salvation, and call on the name of the Lord. (Ps 116) Or Alleluia.

SECOND READING:

How much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God. (Heb 9:14)

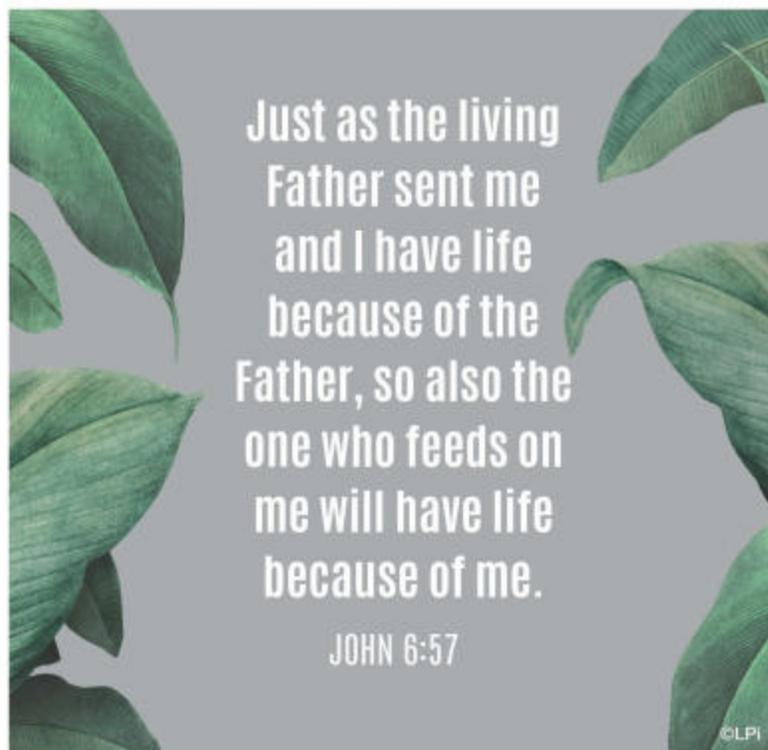
GOSPEL:

He said to them, "This is my blood of the covenant, which will be shed for many." (Mk 14:24)

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OBSERVANCES FOR THE WEEK OF JUNE 6, 2021

- Sunday: The Most Holy Body and Blood of Christ
- Wednesday: St. Ephrem, Deacon and Doctor of the Church
- Friday: The Most Sacred Heart of Jesus
- Saturday: The Immaculate Heart of the Blessed Virgin Mary
- Next Sunday: 11th Sunday in Ordinary Time



REFLECT

FIRST READING

Moses and the ancient Israelites ratified the covenant God established with them at Mount Sinai with the blood of a sacrificed animal. The sacrificed animal affirmed Israel's commitment: "We will do everything the Lord has told us." Why do you think Israel tied sacrificed blood to their verbal commitment?

SECOND READING

The author of Hebrews teaches us that the sacrificed blood of Christ sanctifies us and offers us eternal redemption. How do you see this connected to ancient Israel's practice of sacrificing animals for their blood?

GOSPEL READING

Mark's account of the institution of the Eucharist is linked to the Jewish Feast of Unleavened Bread when a Passover lamb was sacrificed. What do you think Mark is teaching us in making this connection?

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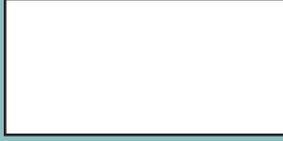
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