



Christ the King Parish / Paroquia de Cristo Rey

5711 SW 9th St, Des Moines, Iowa 50315-5006
christthekingparish.org (515) 285-2888
Parish Office Hours: Monday—Thursday 8:00AM—5:00PM,
Friday 8:00AM—Noon

Pastor: Fr. PJ McManus
Associate: Fr. George Komo
Hispanic Pastor: Fr. Jose Reynaldo

Sunday, August 1, 2021

Mass times: Monday—Friday 5:30PM, Saturday 5:30PM, Sunday 7:00AM, 9:00AM, 11:00AM and 3:15PM in Spanish.
Confession times: Monday—Friday 6:00PM--7:00PM, Saturday 4:30PM--5:30PM, Sunday 4:30PM--5:30PM

18TH SUNDAY IN ORDINARY TIME
SUNDAY AUGUST 1, 2021

BREAD

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— — — — —
— — — — —

“For the bread of God
is that which comes
down from heaven and
gives life to the world.”

JOHN 6:33



SCAN ME if you wish to donate to CTKI

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[Welcome to Christ the King Catholic Church](#)

[Christ the King Catholic Church Mission Statement](#)

Christ the King is a Catholic community centered on The Risen Lord Jesus, proclaiming His Word and celebrating His presence in the Eucharist. Our commitment to spiritual growth as individuals and families is enhanced by providing opportunities for lifelong spiritual and faith formation. We are committed to becoming good stewards by sharing our time, talent, and treasure in gratitude to God for His many gifts to us. If you are interested in joining Christ the King please pick up a newcomer packet in the back of the Church, or go to our website: www.christthekingparish.org

A Letter From Father P.J.

A Stark Reminder

While researching a paper on the Eucharist In Seminary, I came across a catechesis by Cardinal Jorge Bergoglio (now Pope Francis) given at the Eucharistic Congress in Quebec in 2008. In it he said:

“we ask for the grace of receiving Communion as Mary received the Word and letting it become flesh again in me; for the grace to receive the Eucharist from the hands of the Church, putting our hands out like a paten (meaning manger), feeling that it is our Lady who places the host there and entrusts it to us; for the grace to sing with Mary the Magnificat in that moment of silence that follows communion; the grace to look forward in the Eucharist all that will be in our day or week, with all the good and positive offered together with the bread, and all that is suffering and passion offered along with the wine; for the grace to believe and to put with love all our hope in that first fruit and pledge of salvation that we already have in each Eucharist, in order to then shape our life in the image of what we receive.”

How beautiful it was for me to read about this devotion to the Eucharist through our blessed mother shortly before I was to be ordained a deacon. I’ve heard it said many times that a good priest always has a deep devotion to the Blessed Mother, a deep desire for which I’ve been praying for years. As a man who is preparing to hold Jesus in my hands each and every day, realizing that it was Mary who held him first and gave him to the world leads me to a deeper love and amazement of the Mother of God.

Pope Francis, in this snippet of his catechesis, is inviting us to form ourselves to be a fundamentally Marian church. To remember that Mary, who both held Jesus in her womb and in her arms, eventually gave her son to the world. To remember not only this, but that the mother of Jesus (an image of the Church), who knew both suffering and sadness, joy and gladness, places her son into our hands so that we too can offer our own Joys and sufferings at each sacrifice of the mass and have it truly mean something.

We’re invited in each Eucharist to renew the effects of the incarnation in ourselves, to receive the Word of God and to allow Him to utterly change us. We are called to say yes, to carry the Word of God within us, to cultivate the fertile ground in our hearts so that we might bear fruit by being an image of what we receive. We need not look any further than Mary’s deep relationship with the Eucharist to guide us on our journey of faith and to receive the Eucharist each and every time we go to mass as the beautiful gift and seed of the Word that it was always meant to be. If we do this, we will never hunger and never thirst for the newness of life that comes from Jesus.

Fr. Nick Stark

A Letter From Father Reynaldo

MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTEN-
DIMIENTO MÁS PROFUNDO DE LA ESCRITURA

1 de agosto 2021

18° Domingo del Tiempo Ordinario

Estamos en momentos difíciles de la historia. Mucha gente murmura y se pregunta: ¿Cuándo terminará la pesadilla de la pandemia? ¿Dónde está Dios en todo esto que estamos viviendo? Vivió algo similar el pueblo de Israel que caminaba en el desierto, también sentía la angustia de saber dónde estaría Dios en su experiencia de jornada, después de su salida de Egipto. Ellos basaban su realidad en el hambre, pues recordaban las ollas de carne y de comer pan hasta saciarse. Con todo esto, Dios dijo a Moisés: *“He oído las quejas de mi pueblo. Diles: por la tarde comerán carne y por la mañana se saciarán de pan; así sabrán que yo soy Yavé, el Dios de ustedes”* (Éxodo 16:11-12).

El maná que cae del cielo es un alimento que la misericordia de Dios da al pueblo de Israel. Pero, debía ser recogido todos los días, es decir, alimento para cada día que obliga a la gente a confiar en Dios y a darse cuenta que este maná es un alimento para el camino por el desierto. En el Evangelio de hoy, Jesús dice a la gente que lo buscaba: *“En verdad les digo: Ustedes me buscan, no porque han visto a través de los signos sino porque han comido pan hasta saciarse”* (Juan 6:26-27). Cuando participo en la Eucaristía, ¿busco a Jesús como alimento de vida, o lo busco para saciar mis caprichos? ¿Veo la Eucaristía como alimento de vida que me acerca a Jesús? Recordemos que Jesús es el Pan de vida y el que acude a él con sinceridad de corazón nunca tendrá hambre, y el que cree en él nunca tendrá sed. Pidamos, en la Eucaristía que seamos cristianos que orientamos nuestra vida a ejemplo de Jesús.

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Reliquias sagradas de los santos Tesoros de la Iglesia

La Parroquia de Cristo Rey presenta una enseñanza y exposición de Reliquias Sagradas el lunes 2 de agosto a las 6:30pm - con Misa a las 5:30pm.

El padre Carlos Martins de los “Companions of the Cross” estará aquí con una extraordinaria colección del Vaticano de más de 150 reliquias, algunas de hasta 2000 años de antigüedad.

Entre los tesoros se encuentran las reliquias de San José, Santa María Goretti, Santa Teresa de Lisieux (la “Pequeña Flor”), San Francisco de Asís, San Antonio de Padua, Santo Tomás de Aquino y Santa Faustina. Kowalska.

También habrá una porción del Velo de Nuestra Señora y una de las piezas restantes más grandes de la Verdadera Cruz en el mundo.

Los asistentes podrán examinar y venerar cada reliquia. A lo largo de la historia, se han realizado muchas curaciones en presencia de reliquias; y miles han ocurrido a través de este ministerio.

No te pierdas esta oportunidad. Se le anima a traer sus artículos de devoción (como rosarios, tarjetas sagradas, etc.) y fotografías de amigos / familiares enfermos, que podrá tocar en los relicarios como un medio de intercesión.

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Si ya tiene una cuenta, ingrese su dirección de correo electrónico, espere a que se envíe el enlace a su correo electrónico, haga clic en el enlace y ¡entrará! ¡No más contraseñas para recordar!

Si es nuevo en Formed, hará clic en Registrarse. Seleccione “Pertenezco a una parroquia u organización”. Puede encontrar su parroquia por nombre, código postal o código parroquial. Ingrese su correo electrónico y ya está!

Going On In Our Parish

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If you already have an account enter your email address, wait for the link to be sent to your email, click on the link and you will be in! No more passwords to remember!

If you are new to Formed you will Click Sign Up. Select “I belong to a parish or organization”. You can find your Parish by name, zip code, or Parish code. Enter your email and you are in!

FORMED

PICK OF THE WEEK

August 1, 2021

WATCH

COMPANIONS IN SHIPWRECK

Good relationships are a vital part of human well-being. In fact, studies show that those with the healthiest relationships live the longest! But where can we see these friendships lived out? Look no further than the life of famed author J.R.R. Tolkien. The relationships he exhibited are a wonderful example for all of us to follow, especially with those we may disagree with. As Tolkien described marriage, it's all about being “companions in shipwreck.”



LEARN

A BIBLE STUDY ON THE LUMINOUS MYSTERIES: THE TRANSFIGURATION



This week we celebrate the feast of the Transfiguration, the mountaintop manifestation of Christ's glory that we read about in the Gospel. As we recall this wondrous event, however, many questions might come to mind. Why did Moses and Elijah appear? Why did Jesus only bring Peter, James, and John? Hear the answers to these questions and more in this episode of

LISTEN

LUMINOUS MYSTERIES

The Transfiguration is part of the Luminous Mysteries, which were introduced to the Church in 2002 by St. John Paul II. These mysteries recall events that demonstrate the light of Christ during his public ministry. On this feast day, let us ponder this miraculous episode of Jesus' life by praying along with this recording of the Rosary.



Our parish has a FORMED subscription.

To set up your free account visit formed.org/signup and select our parish.

Mass Intentions

Saturday July 31st

5:30pm– Gary Runge+

Sunday August 1st

7am– Kenny Rodine+, **9am**– Grace Mauro, **11am**– Our Parish

Monday August 2nd

5:30pm– Claudette Wagner+

Tuesday August 3rd

5:30pm– Dan Maldonado+

Wednesday August 4th

5:30pm– Michael & Ruth Zawistowski+

Thursday August 5th

5:30pm– David T & Teresa Gardella+

Friday August 6th

5:30pm– Louis & Alice Lose+

Saturday August 7th

5:30pm– Becky Burrows+

Sunday August 8th

7am– Colleen Black+, **9am**– Florence Bair, **11am**– Our Parish



Additional Mass Intentions for the week:

Our Clergy, Rae Cabrera+, Joe Palmer+, Geraldine Stefani+, John & Joan Lose+, Bruce Johnston+, Lena Mason+

Going On In Our Parish

Volunteer Opportunities



Just scan the QR Code to sign up, it's that easy!

Thank you to all who have signed up in person, turned in a form at Church or an online form.

You have not gone unnoticed!

Once more things open in the Church you will be receiving emails for the appropriate volunteer positions you have signed up for. Thank you again for wanting to help Christ the King as a parish grow in community.

Mass Intentions

If you have someone you would like to have a Mass said for please contact **Julie Lang** at **515-285-2580**. She will get you put on the schedule for a Mass to be said for your loved one.

Prayer Chain

For prayer requests, please call one of the Prayer Chain Leaders listed below. We are always praying for you and for each other, God Bless.

Julie Bruner: 515-256-0216

Mara Camacho: 515-865-8093

Darlene Hiatt: 515-244-9205

Evelyn Shaw: 515-201-0280

Have you ever looked at the Divine Mercy picture and wondered? Why are Jesus's feet not together? Or why his hand is held up? Let me tell you what I see. Jesus is always walking towards us, that is why his foot is in front of the other. His hand is positioned to continue to bless us always with His love and grace. His other hand at his chest opens the blood and water of forgiveness and mercy. Let us all take a closer look at Jesus in the Divine Mercy picture and ponder what it means to you.

First Friday Healing Mass

The first Friday of each month at 7pm, all are welcome to attend the healing Mass.

Magnificat

It is time to renew your subscription or start a new one!

Only 26.00 dollars for a whole year if you subscribe or renew through Christ the King. Please make your check payable to Christ the King, write in the memo Magnificat.

September is the last issue for this current year subscription!

Sacred Relics of the Saints

Treasures of the Church

Christ the King Parish presents a teaching and exposition of Sacred Relics!

Monday, August 2nd, Mass at 5:30pm followed by the Relics at 6:30pm

Father Carlos Martins of the Companions of the Cross will be here with an extraordinary Vatican collection of over 150 relics, some as old as 2000 years.

Among the treasures will be relics of St. Joseph, St. Maria Goretti, St. Therese of Lisieux (the "Little Flower"), St. Francis of Assisi, St. Anthony of Padua, St. Thomas Aquinas, and St. Faustina Kowalska.

There will also be a portion of the Veil of Our Lady and one of the largest remaining pieces of the True Cross in the world.

Those in attendance will be able to examine and venerate each relic. Throughout history, many healings have been worked in the presence of relics; and thousands have occurred through this ministry.

Do not miss this opportunity. You are encouraged to bring your articles of devotion (such as rosaries, holy cards, etc.) and pictures of ill friends/family members, which you will be able to touch to the reliquaries as a means of intercession.

Going On In Our Parish

St. Vincent de Paul Chip in for Charity

St. Vincent de Paul fight food insecurity Golf Fundraiser
18 Hole Best Shot!

Friday September 17th, 2021

Copper Creek Golf Club:

Located at 4825 Copper Creek Dr Pleasant Hill, IA

Registration is at 8:30am and a shotgun start at 10:00am.

Registration includes hosted food and beverages, sponsor levels PAR and above receive a tee sign, website/ social media, and printed recognition.

Online Registration Preferred www.svdpsdm.org or mail with your payment to:

St. Vincent de Paul: ATTN Randi Radosevich 1426 6th Ave
Des Moines, IA 50314

Adoration Witness

By: Mark Mattiussi

My time spent in the Adoration Chapel has been a blessing. I had initially signed up for the one hour a week time slot out of a sense of obligation, but as time went on, it became a much needed mid week respite. The hour I spend in the chapel allows me to unplug from the secular world and connect with God on a more personal level. I feel a deep sense of calm and tranquility that can only come when you are in the presence of the Almighty. The time has given me the chance to read more about the Saints, and our Faith. I would recommend it to anyone who needs to get away from the madness of the secular world and enjoy the peace that comes with getting closer to God.



St. Vincent de Paul Reflection

In today's Gospel the disciples ask for a sign like the bread Moses had received in the desert.

Jesus tells them that He is the true Bread of Life.

Through your gift to the Society of St. Vincent de Paul you enable the members of the Society to bring bread to the hungry as a sign of God's love.

Have you considered answering the call to "help the poor find forgiveness and healing in their life" by joining Christ the King/ St. Vincent de Paul.

For more information

Contact Kathy kahiatt67@gmail.com

Adoration News

I Thirst For You!

"I want you to know that each time you invite Me, I do come always, without fail. Silent and invisible I come, yet with a power and a love most infinite, bringing the many gifts of My Spirit. I come with My mercy, with My desire to forgive and heal you, with a love for you that goes beyond your comprehension." (excerpt from a Letter from Mother Teresa).

Consider scheduling an hour to visit our Lord before the Blessed Sacrament in the Adoration Chapel. Sign up cards are in the pews. Completed cards can be placed in the collection basket.

Questions?

Carol Jefferies 515-285-2608

or

Mara Camacho 515-865-8093



SUNDAY'S READINGS

FIRST READING:

Then the LORD said to Moses,
"I will now rain down bread from heaven for you.
Each day the people are to go out and gather their
daily portion;
thus I will test them,
to see whether they follow my instructions or not."
(Ex 16:4)

PSALM:

The Lord gave them bread from heaven. (Ps 78)

SECOND READING:

... be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.
(Eph 4:23-24)

GOSPEL:

"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst." (Jn 6:35)

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OBSERVANCES FOR THE WEEK OF AUGUST 1, 2021

- Sunday: 18th Sunday in Ordinary Time
- Monday: St. Eusebius of Vercelli, Bishop;
St. Peter Julian Eymard, Priest
- Wednesday: St. John Vianney, Priest
- Thursday: The Dedication of the Basilica of St. Mary Major
- Friday: The Transfiguration of the Lord
- Saturday: St. Sixtus II, Pope, and Companions,
Martyrs; St. Cajetan, Priest; BVM
- Next Sunday: 19th Sunday in Ordinary Time



REFLECT

FIRST READING

Early in their Exodus journey, the Israelites expressed fear and frustration to Moses. God heard and responded to their "grumbling" by sending bread from heaven. When you have you experienced God answering your plea for help?

SECOND READING

Paul told the Ephesians that as believers in Christ you should "put away" the bad parts of "your former way of life." How have you done this in your life as a believer in Christ?

GOSPEL READING

We hear today the introduction of Jesus' extended "bread of life" discourse. In referring back to the ancient Israelites who ate "manna" (bread) in the desert, Jesus tells the crowds: "I am the bread of life." How would you explain to someone how Jesus sustains you?

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