ST. THOMAS MORE NEWMAN CENTER

NEWMAN NEWS

1st Sunday of Advent | November 28, 2021 | www.comonewman.org

SATURDAY MASS TIME
5 p.m.

SUNDAY MASS TIMES
8:30 a.m.
11 a.m. (livestreamed)
5 p.m.
8 p.m. (Student Mass)

WEEKDAY MASSES (M-F)
Noon (livestreamed)

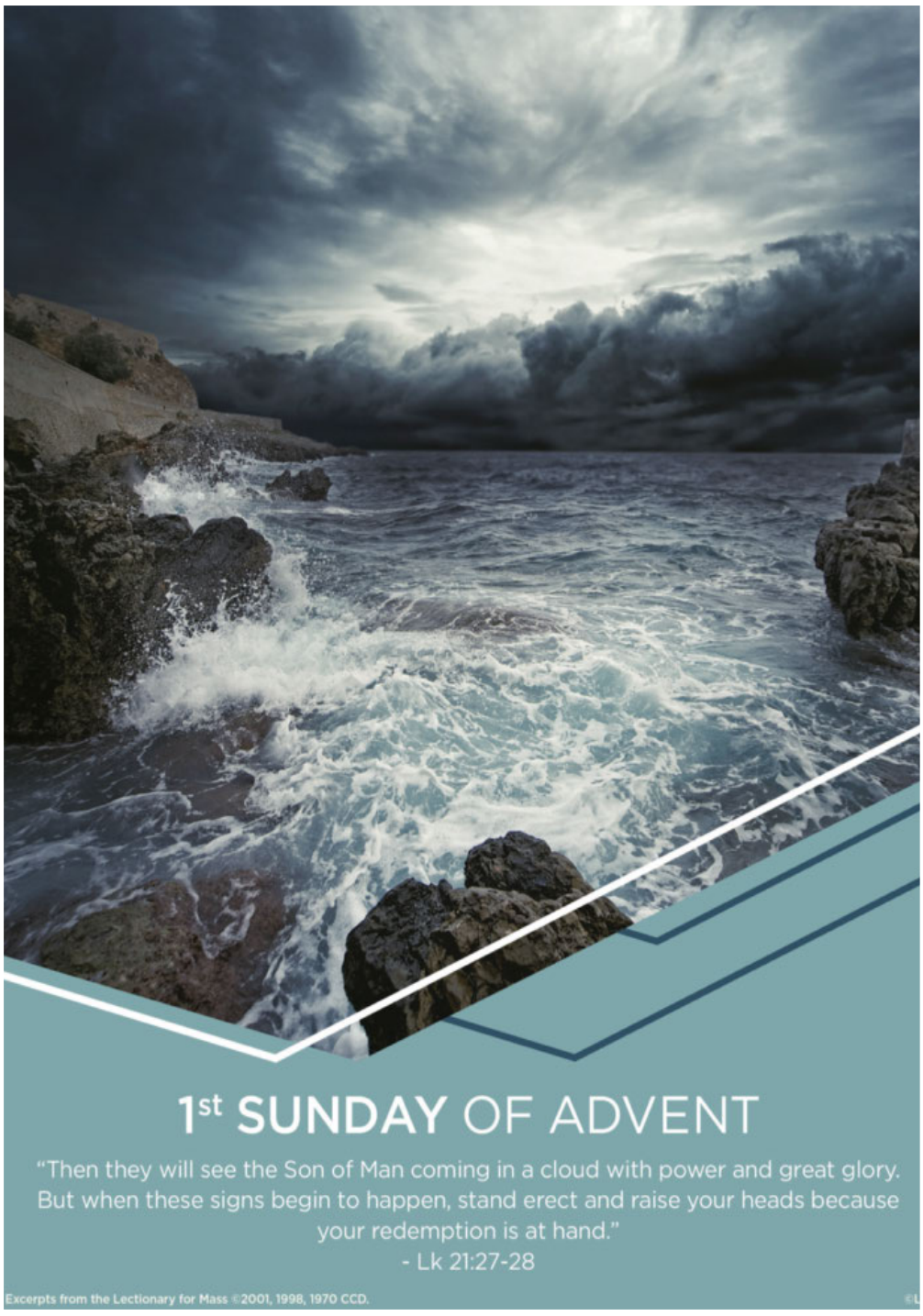
ADORATION
Tu, Th, F: 8:30 - 9:30 a.m.
Wednesdays: 12:30 - 1:30 p.m.
(Confession also offered)

RECONCILIATION
Tuesdays: 5 - 5:30 p.m.
Saturdays: 4 - 4:30 p.m.

BUILDING HOURS
Open Daily 8 a.m. - 10 p.m.

OFFICE HOURS:
Monday - Friday: 8 a.m. - 11:30 a.m.
and 12:30 p.m. - 4 p.m.

KEMPER-JAMES LIBRARY:
Open daily (self-service)
Reference section open
Tuesday, Wednesday and Thursday
from 10-12 a.m.



COME, FOLLOW ME

.com/CoMoNewman

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Hearts of Love and Humility

Staying awake can often be a challenge, especially when we are exhausted. Life's demands have a way of zapping every last bit of energy out of us. When we are tired it affects us not only physically, but psychologically and spiritually as well. All of our senses are dulled and diminished. We can overlook details, become disinterested, lethargic and apathetic, and detached. Getting sufficient physical rest only helps so much. We need to be rejuvenated, refreshed, and reenergized in other ways. If we are psychologically exhausted, we need to understand what is draining our emotions and taxing our relationships. If we are spiritually tired, we need to find the necessary "shot in the arm" to put us back in touch with God. Unfortunately, exhaustion is seldom limited to just one part of who we are. When we lack energy and zeal it is usually the case that everything suffers. We not only are affected physically, but psychologically and spiritually as well. In short, when we run out of gas the engine stops.

And yet, our Lord's directive is clear, "Be vigilant at all times." Even Jesus knew what "the anxieties of daily life" can do to us. One day pours into another and time quickly flies by. Any one of us can take a moment and reflect on how many wonderful, creative opportunities we miss because there is always so much "stuff" to do and so little time to do it. Usually these are missed moments of love, and if we are missing love encounters we are also missing God. Sleepwalking through life, we check the boxes next to our list of "must and have to dos" and justify it all by convincing ourselves that tomorrow is another day and there'll be more time. It may surprise us, but tomorrow is here, and time is running out. While we may like to believe that we have an "eternity" of time to do all those things that require the focus, energy, and desire we do not currently have, we don't. We're on a limited ride and time is short.

Jesus is also clear on another point. "That day [will] catch you by surprise like a trap." If we are going to be judged on love and so easily justify not having all that much time to do so, then it seems we must shift focus a bit. St. Teresa of Calcutta tells us, "We desire to be able to welcome Jesus at Christmas-time, not in a cold manger of our heart, but in a heart full of love and humility, a heart so pure, so immaculate, so warm with love for one another." Getting to this place doesn't "just happen." It requires vigilance and discipline both with a knowledge of what is really of importance and what really needs to be the focus of our energy and time. Pray, starting now and not tomorrow, that we can stay alert, be strengthened in our faith, and prepared for whatever will come. Don't miss another opportunity to love.

©LPi

Newman News

FORMED PICKS FOR THE WEEK

Adults: Daily Advent ReflectionsL sign-up at daily.formed.org
Kids: Brother Francis: The Days of Advent (daily Advent videos)

See the parish website to get your account set up or contact emily.shull@comonewman.org

59 YEARS AND STILL GROWING: AN EXPLORATION OF VATICAN II

Ever wonder about Vatican II, why it came about, what it hoped to accomplish and where we are at with doing that? Join Dr. Kevin Myers for a class that explores these questions and more, December 2nd and 9th from 6:30 to 7:30 pm. To sign up, contact rebecca@comonewman.org

THE GIVING TREE RETURNS

The Giving Tree is back at Newman this Advent! Through the Giving Tree, 15 families plus guests of St. Francis House will be able to celebrate Christmas with a gift. Here are the ways you can help:

The Usual Way- Please take a tag off of the tree and return your unwrapped gift next to the tree in the Gathering Space (with tag attached) by Sunday, December 5th.

Donations- Online giving was well received last year and so it will continue to be an option this year. Visit www.comonewman.org and click "Give"

Direct To Church Delivery- If you are ordering gifts for the Giving Tree online, you may have them delivered directly to The Newman Center at 602 Turner Ave, Columbia, MO, 65201. To assist with assigning the gift to the correct person, please use the Message option available for most online orders to note the family number/name on the gift tag. All gifts, no matter the method you give, must be at The Newman Center by Sunday, December 5th. Thank you!

CHRISTMAS RESALE NEXT WEEKEND!

Shop gently used holiday decorations at garage sale prices! Due to space constraints, donations will only be accepted Thursday and Friday, December 2 & 3.

On Thursday, bring donations to the Conference Room (first floor). On Friday, bring donations directly to the multipurpose room. Early donations will NOT be accepted.

Help set up on Friday or work the sale on Saturday/Sunday and you can pre-shop! To sign up for a shift, or for questions, contact joanncshull@gmail.com.

Como Life Teen: High School Ministry

LIFE NIGHTS RESUME THIS SUNDAY!

Join us for Life Night tonight (11/28)! We hope you enjoyed your Thanksgiving - we're so grateful for each of our teens, their families, and the parishes who support us in so many ways. Tonight will continue our Mood series with a talk on sadness and what it means and how we can express it and deal with it. We're so excited for community, prayer and games! As always, we'll be starting the night with dinner. We meet at the Activity Building at Sacred Heart most Sundays from 6:45-8:30 p.m. All high school students are welcome. Next week (12/5) will be the last night of our Mood series, so don't miss out!

FALL SCHEDULE AND EVENTS

Check out our social media for our fall schedule and more info! Our spring schedule will be released soon. You can find us on Facebook and Instagram at @comolifeteenIf you're looking to join our email list or GroupMe, email Renee

Contact - Renee Molner
renee.molner@comonewman.org

College Ministry

CM EVENTS RESUME SUNDAY NOVEMBER 28TH

Our normal college ministry scheduling resumes this week!

BACCALAUREATE MASS - DECEMBER 4

Join us for a special Mass celebrating our students graduating this December! The Mass will be on December 4 at 9:30 a.m.

GIVING TUESDAY STUDENT INVOLVEMENT

#GivingTuesday is the biggest philanthropic day of the year! We really want to make a big impact by reaching Newman's two goals - funding SEEK @ Newman and funding the social justice endowment. As a student, you can help by making calls to people you know and/or Newman donors asking them to give on this special giving day.

Contact - Angelle Hall
angelle.hall@comonewman.org

CEP & EDGE

NO CEP, EDGE OR CHILDREN'S LITURGY NOV 28

We're off next week for the Thanksgiving Holiday, but excited to see you again in December.

DECEMBER SCHEDULE FOR CEP, EDGE & CHILDREN'S LITURGY

Wednesday CEP is finished December 1st due to the celebration of the Immaculate Conception. CEP & EDGE will finish up December 12th. Children's Liturgy will continue through December 19th.

NEXT CONFIRMATION SESSION DEC 12

We will meet one more time in 2021 for Confirmation 2:30-4:30pm. Both groups should plan to meet in the Gathering Space and we'll get started in the Church. We'll be talking through the Mass, but this session does NOT include a full Mass!

Contact - Emily Shull
emily.shull@comonewman.org

Kids Corner

For Kids: In this season of Advent we ask God to come to us in a deeper way at Christmas. Decide today how your family will prepare.

For Parents: In a season of business, Advent is an invitation to find God in the small quiet moments. Turn the lights down, light the first candle of your wreath together and remember that there is no darkness where God's beautiful light cannot shine through.

Service and Justice

FOOD PANTRY COLLECTION
We are collecting non-perishable items for our local Food Bank of Central & Northeast Missouri! You can drop off your donations in the tall bin in the church entryway of our parish. Last month, 136 pounds of food were taken over. Thank you for your generosity!

HOMEBOUND MINISTRY VOLUNTEERS NEEDED
Do you have a desire to serve, but don't have a lot of time to dedicate to ministry? Do you want to bring Jesus (literally!) to those who can't come to him? We are looking for new ministers who would be willing to visit and bring communion to the homebound. Your mission, should you choose to accept, would involve visiting one (or as many as you feel called to serve) homebound individual. These parishioners may be in their homes or in a nursing home and unable to attend Mass, either permanently or temporarily, due to things such as recent surgery. If you are interested, please reach out to rebecca@comonewman.org for more information.

AFGHAN REFUGEE SPONSORSHIP GIVING TREE
Newman has answered the call for help to sponsor Afghan refugees. This sponsorship includes financial responsibility for food, housing, furnishings, clothing, personal effects and transportation. One way we have opted to collect funds for this sponsorship is via gift cards and cash donations. The volunteer group will receive notice of assignment approximately 48 hours prior to the family's arrival. Here are the ways you can help:

- Take an envelope from the tree labeled Afghan Refugee Sponsorship Giving Tree. Purchase the gift card noted on the envelope and return it to the mailbox next to the tree.
- Give online at www.comonewman.org (click "Give" and select "Afghan Refugee Fund"

Given the short time between notice of arrival and arrival, we ask you to consider assisting as quickly as possible.

PRAYER VIGIL REGARDING SCOTUS HEARING
The Supreme Court is set to hear oral arguments on Dec. 1 in Dobbs v. Jackson Women's Health Organization, a case directly challenging Roe v. Wade. Mike and Kathy Forck are organizing a prayer event on Nov. 30 from 8 am to 5 pm on the sidewalk in front of the Missouri Supreme Court, 207 W High St. in Jefferson City. For more information, contact Mrs. Forck at kathythebo@hotmail.com.

SERVICE AND JUSTICE MAILING LIST
There is an email list for Service and Justice opportunities through Newman. If you are interested in doing more service or learning about opportunities, please contact Emily at nvc@comonewman.org

Contact - Emily Niehaus
nvc@comonewman.org

In The Diocese / Around Town

KNIGHTS OF COLUMBUS ADVENT SALE
The Knights of Columbus will be selling Advent Wreaths, Candles, and Calendars in the Gathering Space after all Masses on the weekends of Nov 20/21 and 27/28. There is an assortment of real and electric candles and wreaths available. All proceeds benefit the council's charitable activities.

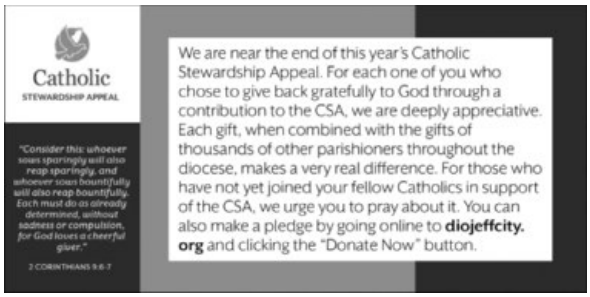
JOB OPENINGS AT FR. TOLTON CATHOLIC HIGH SCHOOL
Fr. Tolton Catholic High School currently has openings for the following positions:

- Accounting Assistant - Part-time
- Custodian - Part-time (evenings and weekends)
- Substitute Teachers

For more detailed job descriptions, please visit: https://toltoncatholic.org/job-openings.

CLOSING RALLY AND DINNER FOR 40 DAYS FOR LIFE
Saturday, Dec, 4 at St Andrew, 400 St Andrew Dr,, Holts Summit. Doors open at 6 pm with Silent Auction items and fellowship. Dinner of fried chicken prepared by Knights Council 8400 at 7 pm. Speaker Amanda Durbin, founder of Ray of Hope Pregnancy Help. All invited. RSVP for dinner count to Kathy Forck at 573-821-5130.

CSA PARISH UPDATE
The For the Catholic Stewardship Appeal, our Parish Goal is $70,380. As of this past Sunday we have received $38,220.62! Thank you for your continued generosity as we make progress towards our parish goal. If you have any questions about CSA, contact Fr. Dan!



Sacred Heart Church
Christmas Bazaar
Parish Activity Building
Corner Locust and Waugh, Columbia
Friday, Dec. 3, 3-7 pm
Saturday, Dec. 4, 8 am to 3 pm
Handmade Arts & Crafts,
Homemade Peanut Brittle,
Book Room: DVDs, CDs, Puzzles,
Jewelry, Silent Auction, Raffle,
Bake Sale,

Mass Intentions

Monday, November 29	Noon	Special intention for Alana
Tuesday, November 30	Noon	Bear Dang
Wednesday, December 1	Noon	Everett Jenkins
Thursday, December 2	Noon	† Robert & Emma Tribble
Friday, December 3	Noon	† Alfredo Matias
Saturday, December 4	5 p.m.	Special intention for Alana
Sunday, December 5	8:30 a.m.	Everett Jenkins
Sunday, December 5	11 a.m.	All Parishioners
Sunday, December 5	5 p.m.	Cecilia Otto
Sunday, December 5	8 p.m.	Everett Jenkins

Please call the Parish Office at (573) 449-5424 to request a Mass intention.

We Pray

"It is a holy and wholesome thing to pray for the living and the dead." 2 Maccabees 12:46

Pope Francis' December Prayer Intention: Let us pray for the catechists, summoned to announce the Word of God: may they be its witnesses, with courage and creativity and in the power of the Holy Spirit.

Bishop McKnight's December Prayer Intention: For our children and youth: that the example of parents and other adults of the parish may foster a sense of openness to the Holy Spirit in their lives.

Submit a prayer request by filling out a prayer card (found at the entrances to the church) and placing it in the offertory basket or going to our website and click the button under "Needing Prayers?" near the bottom of our home page.

HOSPITALIZED OR IN NEED OF PRAYER?

If you or a loved one becomes hospitalized, please notify the Parish Office to inqure about possible services. Due to HIPAA regulations, hospitals cannot provide information for patients. A Catholic hospital chaplain is also available by request at our local hospitals.

Prayer requests have the option of being listed in the bulletin for two weeks, or you may choose to be shared only with the prayer ministry group. You may also indicate if you want the request to be part of the prayers of the church at Mass.

If you desire to be part of the Newman Prayer Ministry Group, please email Sandy Dirks at sandydirks@gmail.com to be added to the group.

A Look at Next Sunday

Tithing Report October 2021

As a "tithing parish," the Newman Center contributes 5 percent of the offertory each month to nonprofit organizations. You can read more about the organizations we tithe to at:
www.comonewman.org/tithing

$322.31	Columbia Meals on Wheels
$214.87	Coyote Hill Children's Home
$161.16	Daydreams Foundation
$268.59	Food Bank of Central/NE MO
$107.44	Girls on the Run
$214.87	Habitat for Humanity
$214.87	Life Network of Central Missouri
$268.59	Love Columbia
$376.03	St Francis House
$214.87	St Vincent de Paul Society
$214.87	True North
$322.31	Vitae Foundation
$268.59	Voluntary Action
$161.16	Welcome Home
$214.87	Women & Infant Relief Fund

Campaign for Human Development: $4,886.78

Helpful Links

VIEW THE LIVESTREAM MASS

Visit *www.comonewman.org/view-newmans-livestream-mass* (or click the "Livestream Mass" button on our website) to watch our livestream Masses.

PRAYER RESOURCES

Visit *www.comonewman.org/prayer-resources* for links to daily Masses, readings, and other prayer opportunities.

Prayer for a Communion of Desire

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, renew my heart now with the power of Your Spirit. I embrace You and unite myself wholly to You. Unite me more closely to Your Body, the Church. And never permit me to be separated from You.
Amen.

Continuing your Sunday Tithe

In the Bishop's instructions to the faithful of the diocese, he has asked us to continue our Sunday offertory tithe by postal mail or electronic means. If you are already giving through EFT (electronic funds transfer) or through your credit/debit card online, your gift will continue as you have previously set it up. Thank you for your commitment to the parish through this giving option. If you are accustomed to giving to the offertory through cash or your envelopes, please consider continuing your gift in one of the following ways:

- Electronic Funds Transfer (EFT)
- Credit/Debit Card or Bank Account through online giving
- Venmo — a PayPal app
- Mail Your Gift through USPS

You can learn more about these options or set up an electronic way of giving on our website at **www.comonewman.org/parish/support/offertory.** If you have any questions, please contact Angie Claas at **angie@comonewman.org.**

Parish Finances November13/14

Offertory*		$13,354.12
Month-to-Date		$62,884.06
Budget for month		$96,000.00
Variance	-	$33,115.94

The November 20/21 finance report will be published in next weekend's bulletin

**This includes EFT giving, mailed envelopes, and online donations through credit/debit cards and Venmo. Thank you for your continued support of the parish!*

Contact Information

602 Turner Avenue | Columbia, MO 65201 | (573) 449-5424
www.comonewman.org | All emails end in: ***@comonewman.org***

Pastoral Staff

Pastor | Fr. Dan Merz, SLD| ***frdan***
Associate Pastor | Fr. Paul Clark | ***frclark***
Deacon | Frank Ruggiero | ***frank.ruggiero***
Director of Pastoral Counseling | Rebecca Sloan | ***rebecca***

Campus Ministry

Director | Angelle Hall | ***angelle.hall***
Assistant Director | Yvonne Chamberlain | ***yvonne***
Resident Campus Minister | Ryan Schnitker | ***ryan***
Director of Development | Lori Benson | ***lori***

Worship

Director | Kevin Myers, DWS | ***kevin.myers***
Assistant Director | Joe Kouba | ***joe.kouba***

Faith Formation

Director of Religious Education | Emily Shull | ***emily.shull***
Director of Youth Ministry | Renee Molner | ***renee.molner***
RCIA Coordinator | Lisa Rose | ***lisa.rose***

Office

Receptionist | Mary Malone | ***reception***
Accounts Manager | Angie Claas | ***angie***
Director of Communications | Troy D'Souza | ***troy***

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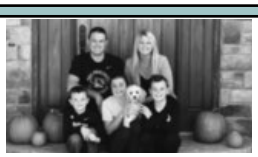

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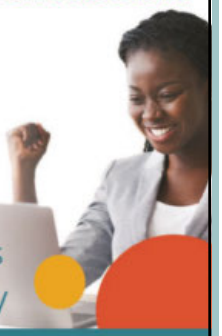

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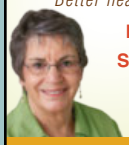

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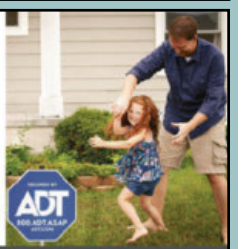

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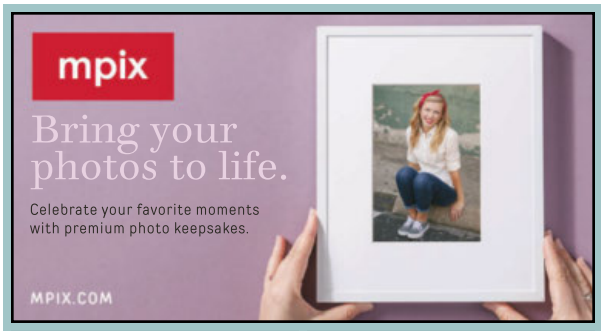

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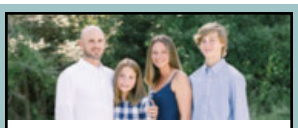
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"HER TREATMENTS ARE LIFE CHANGING"

Finally! A local acupuncturist is helping cancer survivors live their lives free from the constant pain and suffering associated with **Peripheral Neuropathy!**

Robert L. of Columbia, Missouri survived testicular cancer only to be living life in constant pain. He felt as though he was walking on pins and needles, becoming weaker and weaker every day. "I was beginning to worry that one day I would be wheelchair-bound."

Nearly half of patients who undergo chemotherapy will develop Chemotherapy-Induced Peripheral Neuropathy or CIPN.

Chemo meds travel throughout the body and attack cancer cells; sadly they can also cause severe damage to healthy nerves. When asked how CIPN was affecting his quality of life, he responded, "It was difficult to even walk up and downstairs and do other things I usually took for granted."

The most common symptoms include:

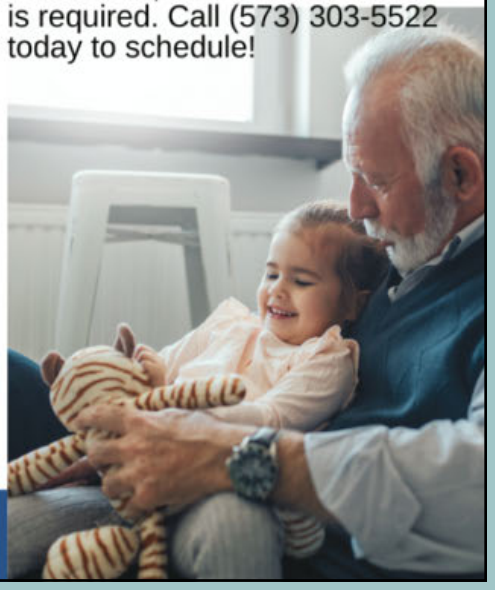
- **pain, tingling, burning, weakness, or numbness in arms, hands, legs or feet**
- **loss of touch sensation**
- **clumsiness and trouble using hands to pick up objects or fasten clothing**
- **loss of balance and falling**

Fortunately for Robert, acupuncturist Gina Butler, at Acupuncture of Columbia is using the time-tested science of Acupuncture and technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease. After a series of treatments, Robert was taking stairs with stride!

"We have a lake house and it's two stories. This morning I walked right down the stairs and got in the car," Robert shared. "I remember thinking, that's become mighty easy for me. I didn't have to hold on to the handrail or anything! It's life-changing to have this mobility back!"

For over 17 years, Gina has been reversing the effects of CIPN and other varieties of Peripheral Neuropathy, including neuropathy caused by diabetes without invasive surgeries and medications that come with uncomfortable side effects.

PERIPHERAL NEUROPATHY?
Call (573) 303-5522

If you've recently beat cancer only to find that you're living a life in constant pain and discomfort or you're struggling with the same symptoms as a result of either Idiopathic Neuropathy or Diabetic Peripheral Neuropathy, acupuncturist Gina and the incredible team at Acupuncture of Columbia can help!

Gina is now accepting new patients but only for a limited time. To determine whether or not you are a good candidate for her personalized and comprehensive treatments, an initial consultation is required. Call (573) 303-5522 today to schedule!