



Saint Patrick

CATHOLIC CHURCH

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Parish Phone Number

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Office Hours

Hours..... Mon-Fri 9:00 am-4:00 pm

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Prayer Line

Phone..... (319) 365-2364
..... (319) 396-0761

Divine Mercy Gifts

Phone..... (319) 200-4591

Metro Catholic Outreach

..... (319) 739-5490
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6TH SUNDAY IN ORDINARY TIME

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them." The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. - Mk 1:44-45b

BINGO

**Come play bingo with us!
In the St. Patrick Parish Hall
Every Monday night.
Doors open at 4:30 pm.
First number called at 6pm.**

How Can We Feed The Poor This Lent?



***\$21.00 feeds a child for a year with
Mary's Meals.***

Mary's Meals is a global movement that sets up school feeding projects in some of the world's poorest communities where hunger and poverty stop children from going to school and gaining an education.

www.marysmealusa.org

Donations to Mary's Meals can be dropped off in collection basket or at the parish office.

Please make checks out to:
Mary's Meals

You can also donate online at:

<https://www.marysmealusa.org/en/fundraising/project/geralyn-ward/st-patricks-religious-education-lenten-service-project?pl=US>

Please pray for our second graders who will be making their First Reconciliation on March 13 and their First Holy Communion on March 14 at the noon Mass.



HELP NEEDED FOR BINGO: Our Monday Bingo Nights have become a very successful source of revenue to support our Parish financial health. While we have some dedicated helpers, we are in need of additional help and back up crews to support the 5PM to 9PM time on Monday evenings. I am asking for all individuals (young adults and older) to work one Monday a month for four hours to support this worthwhile endeavor. Bingo makes three to five times the amount of money that we ever generate from our important fish fries, and helps complement our weekly collections. Please be generous with your time and call Cindy at the Parish Office to volunteer your services to the parish. Thank you!

Fr. Ivan Nienhaus

8 February 2021

On 5 February 2021, the Governor decreed that the State of Iowa is still in a public health disaster emergency, to continue at least until 7 March 2021.

The same decree recognizes that the risk of COVID-19 transmission is substantially reduced by taking appropriate public health safety measures.

In fact, the Governor still strongly encourages that these reasonable measures be taken throughout the State of Iowa, even though there is no mandate.

Moreover, in some places, in spite of the Governor's decree, these public health safety measures are still mandated by City or County ordinance.

With regard to Church-sponsored activities (Mass and meetings, school and RE, just to name a few), the public health safety measures will continue to be observed until the COVID-19 vaccine is available to all who are able to receive it, and the CDC announces that the pandemic is under control:

- Stay home if you are sick, frail from age or illness, or vulnerable.
- Wash your hands.
- Wear a mask.
- Avoid physical contact as much as possible.
- Keep a safe (social) distance from people outside your household.
- Sanitize commonly-touched surfaces.
- In church, holy water fonts should be emptied,
- and reusable materials should be removed from pews.
- At Holy Mass, singing should be kept to a minimum,
- liturgical ministers should be kept to a few, or none,
- And only the Host is distributed for Communion, and in the hand.

The COVID is a very contagious and life-threatening virus. For the love of God and neighbor, wear a mask even if it isn't mandated, and get vaccinated when it becomes available to you.

Archbishop Michael Jackels

The Holy Family Gala's direct mail campaign is halfway complete. A big thank you to all of the individuals and businesses who have contributed to the cause! With your help, the goal of \$25,000 will be reached and tuition assistance will be available for many families. So far, over \$7000 has been raised – again, thank you! Please prayerfully consider joining our efforts to make Catholic education attainable for all families who desire to send their children to Holy Family School. Contributions can be made online through the Holy Family Gala's website, <https://tinyurl.com/HolyFamilyGala>, or by sending cash or a check in the envelope provided in the mailing. For additional information, please visit our website or email crhfgala@gmail.com with specific questions. On behalf of Holy Family students, thank you for your support!



Catholics are hungry to stay connected to Christ and his Gospel, especially during the major liturgical seasons. Bishop Robert Barron offers us his special daily Lenten reflections.

During Lent and Advent each year, over 450,000 people receive daily reflections from the Bishop Barron, and for the past 3 years, having these reflections printed in a convenient book has proven to be very popular.



This year's Lenten Gospel Reflection books contain brand new reflections from Bishop Barron, the full Gospel reading for each day, questions for reflection, journal pages, and Stations of the Cross reflections. It's short, simple, but extremely powerful. It's like getting a mini-homily each morning from Bishop Barron!

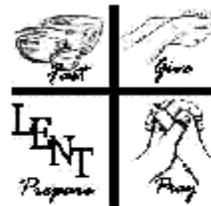
The Lent Reflection booklets by Bishop Robert Barron are available in St. Patrick Church and next to the Divine Mercy Chapel. Tony and Sue May will be offering daily sessions via FACEBOOK as St. Patrick Parish here in Cedar Rapids will utilize this special tool in preparation for the great Feast of Easter.

Mass Intentions

- Saturday, February 13
4:00 PM Cheryl Case
- Sunday, February 14
8:00 AM Andrew & Dorothy Heffernen
10:00 AM For the People
12noon Kathleen "Kathie" Faine
- Tuesday, February 9
8:30 AM Mary Sweeney McCauley
- Wednesday, February 10—Ash Wednesday
8:30 AM Rose & Herbert Kendall
Jeff Herberholz
12:05 PM Ken Schneiderman
5:30 PM Jon Weaver
7:30 PM John McInerney
- Thursday, February 11
8:30 AM Ed McIlhon
- Friday, February 12
8:30 AM Rita Marie Chadwick
- Saturday, February 13
4:00 PM Victor and Emma Kriz Family
- Sunday, February 14
8:00 AM Elaine Corrigan
10:00 AM For the People
12noon Timothy Garrity

MARK YOUR CALENDARS FOR OUR LENTEN SCHEDULE AT ST. PATRICK

MASS TIMES ON ASH WEDNESDAY—FEBRUARY 17



- 8:30 AM in the Church
- 12:05 PM in the Church
- 5:30 PM in the Church
- 7:30 PM in the Church

STATIONS OF THE CROSS ALL FRIDAYS IN LENT 5:30 PM in the Church



WE ADORE CHRIST IN THIS PARISH.
Please call the Parish Office to schedule
an hour with our Lord in
EUCCHARISTIC ADORATION.

CHANGING OUR HEARTS THROUGH

PENANCE

Lent summons the Church, the people of God, to a journey of conversion. To help us in this conversion process, the Church calls us to prayer, fasting, and almsgiving (good works).

PRAYER

Prayer is at the heart of our fasting and almsgiving. In prayer we open ourselves to hear the call of conversion. Prayer is necessary if we are to change the direction of our lives.

- * Set aside quiet time in the morning or evening for prayer.
- * Use the daily Scripture readings for prayer.
- * Pray together at mealtime.
- * Participate in the daily celebration of Eucharist.
- * Pray the Stations of the Cross

FASTING

Fasting is letting go of the things that fill us, to make room for God and others in our lives. We need to empty ourselves in order to be open to hear God's Word. Through our fasting we can discover what we truly need. Besides fasting from food, we can do without activities that keep us from spending time with God and those who need our love.

- * Fast from watching TV.
- * Fast from food between meals.
- * Fast from violent words or actions.
- * Fast from wasteful use of materials.
- * Fast from complaining and judging others.
- * Fast from addictions.

ALMSGIVING

Almsgiving or works of charity is the third penitential practice encouraged by the Church. Lent is "a time for doing for others". We can share with others what we have and who we are. Almsgiving is being open to the needs of people around us.

- * Visit a sick neighbor or family member.
- * Give food to the collection for those-in-need.
- * Write a letter to a lonely person
- * Volunteer in the Parish or the community.
- * Visit an inactive member of the Parish.
- * Eat a simple meal and give a donation to the poor or the Rice Bowl.

At Baptism, Christians take on three lifelong disciplines. These are prayer, fasting and almsgiving. They help us remain faithful to our Baptismal Promises. Each of these disciplines can take many forms. Prayer is communication with God. Fasting is self-denial, self-control, simple living. Almsgiving is giving to those in need. We share our goods, our money, our talents, and time.

These three disciplines function best when they are done together. They balance each other. The word itself, "discipline," reminds us that we are "disciples" of Christ. Another word for prayer, fasting and almsgiving is "exercise." Exercise does little good unless it's done according to a schedule that we stick to. If we make excuses not to exercise or if we cheat on the program, then we won't get results.

The same can be said for prayer, fasting, and almsgiving. Lent is the season to renew good ways to practice these three kinds of activity. Most Christians find that, in time, these three exercises transform their way of life.

This is a season to give the earth and ourselves a spring cleaning; this is the season to turn away from our wanderings and to travel home to God.

LENTEN FAST AND ABSTINENCE

All members of the Catholic Church are called to do works of penance, prayer and almsgiving, especially during the Lenten season.

FASTING-eating only one full meal a day & not eating between meals.

- * Is for those 18 years old and not yet 59 years old.
- * Is required on Ash Wednesday and all Fridays of Lent, including Good Friday.
- * Is recommended on all weekdays of Lent.

ABSTINENCE – not eating meat:

- * Is for all 14 years or older.
- * Is required on Ash Wednesday and all Fridays of Lent, including Good Friday.
- * Is especially recommended on all Fridays of the year

WHY DO WE FAST?

Fasting is a traditional form of penance and helps us to develop willpower and temperance. Limiting the quantity of food or drink is sometimes recommended as a way of cleansing the body and, when penitential, helps cleanse our souls. By creating hunger and a desire for that which is denied, we are reminded of the reason why we are fasting. We also fast to sympathize with those who are hungry or poor. Fasting helps to make us more loving and compassionate.





INTRODUCTORY RITES

Entrance Antiphon

Be my protector, O God, a mighty stronghold to save me.

For you are my rock, my stronghold!

Lead me, guide me, for the sake of your name.

Greeting

Penitential Act

ALL: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Gloria

Fr. Ivan: Glory to God in the highest,

ALL: and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

LITURGY OF THE WORD

First Reading

A reading from the Book of Leviticus

The LORD said to Moses and Aaron, "If someone has on his skin a scab or pustule or blotch which appears to be the sore of leprosy, he shall be brought to Aaron, the priest, or to one of the priests among his descendants. If the man is leprous and unclean, the priest shall declare him unclean by reason of the sore on his head.

"The one who bears the sore of leprosy shall keep his garments rent and his head bare, and shall muffle his beard; he shall cry out, 'Unclean, unclean!' As long as the sore is on him he shall declare himself unclean, since he is in fact unclean. He shall dwell apart, making his abode outside the camp."

The word of the Lord. **Thanks be to God.**

Responsorial Psalm:

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Blessed is he whose fault is taken away, whose sin is covered.

Blessed the man to whom the LORD imputes not guilt, in whose spirit there is no guile.

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Then I acknowledged my sin to you, my guilt I covered not.

I said, "I confess my faults to the LORD," and you took away the guilt of my sin.

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Be glad in the LORD and rejoice, you just; exult, all you upright of heart.

R. I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

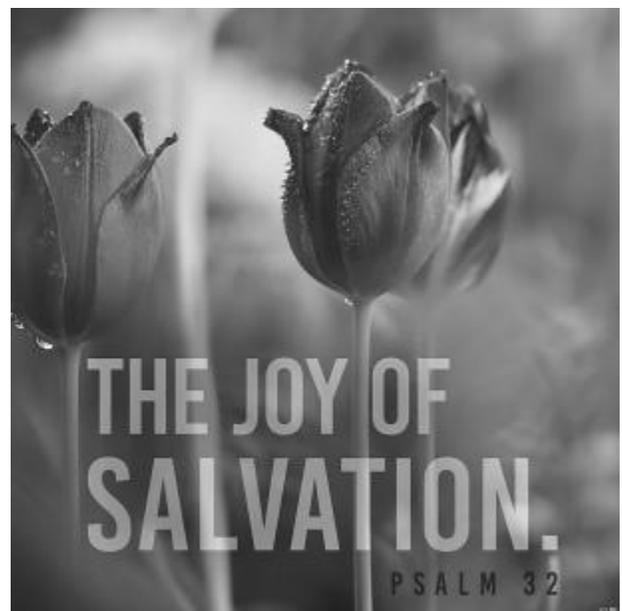
Second Reading

A reading from the first Letter of Saint Paul to the Corinthians

Brothers and sisters,

Whether you eat or drink, or whatever you do, do everything for the glory of God. Avoid giving offense, whether to the Jews or Greeks or the church of God, just as I try to please everyone in every way, not seeking my own benefit but that of the many, that they may be saved. Be imitators of me, as I am of Christ.

The word of the Lord. **Thanks be to God.**



Gospel Acclamation

Alleluia

Gospel: The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to Mark

A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." The leprosy left him immediately, and he was made clean. Then, warning him sternly, he dismissed him at once.

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them."

The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. He remained outside in deserted places, and people kept coming to him from everywhere. The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



Homily

Profession of Faith

ALL: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages, God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one holy catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the Faithful

Let us pray to the Lord . . .

Lord, hear our prayer.



LITURGY OF THE EUCHARIST

Presentation of the Gifts and Preparation of the Altar

ALL: Blessed be God for ever.

ALL: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

Eucharistic Prayer

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right**

and just.

Holy, Holy, Holy

ALL: Holy, Holy, Holy Lord God of hosts,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Eucharistic Prayer

Mystery of Faith

The Communion Rite

The Lord's Prayer

Sign of Peace

Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

Communion

Behold the Lamb of God,

Behold him who takes away the sins of the world,

Blessed are those called to the supper of the Lamb.

ALL: Lord, I am not worthy

that you should enter under my roof,

but only say the word

and my soul shall be healed.

Prayer after Communion



CONCLUDING RITES

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Distribution of Communion

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