

The Cathedral of SAINT JOSEPH

521 North Duluth Avenue • Sioux Falls, South Dakota 57104
www.stjosephcathedral.net



DIOCESE OF SIOUX FALLS

Most Reverend Donald E. DeGrood, Bishop

LITURGY GUIDE—Third Sunday of Lent

Welcome to the Cathedral of St. Joseph and thank you for joining us for the celebration of Holy Mass today! Please silence your cell phones and refrain from eating, drinking or chewing gum in the Cathedral. Please help keep our Cathedral tidy by utilizing the waste baskets found near the main entrances. Also, please refrain from taking pictures once Mass has begun. You are welcome to take pictures after Mass has concluded.

INTROIT

(At 9:15 & 11AM, the Introit is sung by the choir during the entrance procession.)

Oculi mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respice in me et miserere mei, quoniam unicus et pauper sum ego. (Verse) Ad te Domine levavi animam meam: Deus meus, in te confido, non erubescam.

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor. (Verse) Unto you, O Lord, have I lifted up my soul; O my God, I trust in you, let me not be put to shame.

OPENING HYMN (4PM & 7:30AM) ERHALT UNS HERR 620 Lord Jesus, As We Turn from Sin

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (striking breast three times) through my fault, through my fault, through my most grievous fault; Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

THE LITURGY OF THE WORD

FIRST READING

Ex 3:1-8a, 13-15

Moses was tending the flock of his father-in-law Jethro, the priest of Midian. Leading the flock across the desert, he came to Horeb, the mountain of God. There an angel of the LORD appeared to Moses in fire flaming out of a bush. As he looked on, he was surprised to see that the bush, though on fire, was not consumed. So Moses decided, "I must go over to look at this remarkable sight, and see why the bush is not burned."

When the LORD saw him coming over to look at it more closely, God called out to him from the bush, "Moses! Moses!" He answered, "Here I am." God said, "Come no nearer! Remove the sandals from your feet, for the place where you stand is holy ground. I am the God of your fathers," he continued, "the God of Abraham, the God of Isaac, the God of Jacob." Moses hid his face, for he was afraid to look at God. But the LORD said, "I have witnessed the affliction of my people in Egypt and have heard their cry of complaint against their slave drivers, so I know well what they are suffering. Therefore I have come down to rescue them

from the hands of the Egyptians and lead them out of that land into a good and spacious land, a land flowing with milk

and honey."

Moses said to God, "But when I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' if they ask me, 'What is his name?' what am I to tell them?" God replied, "I am who am." Then he added, "This is what you shall tell the Israelites: I AM sent me to you."

God spoke further to Moses, "Thus shall you say to the Israelites: The LORD, the God of your fathers, the God of Abraham, the God of Isaac, the God of Jacob, has sent me to you. "This is my name forever; thus am I to be remembered through all generations."

RESPONSORIAL PSALM

Ps 103:1-4, 6-8, 11



Text: Refrain trans. Lectionary for Mass. © 1969, 1981, 1997, ICEL; verses, New American Bible, © 1970, Confratemity of Christian Doctrine Music Wichel Quincest © 1904, 1908, GLA Poblications, Inc.

(Refrain sung first by cantor, then congregation repeat)

Bless the Lord, O my soul, and all within me, his holy name. Bless the Lord, O my soul, and never forget all his benefits **R.**

It is the Lord who forgives all your sins, who heals every one of your ills, who redeems your life from the grave, who crowns you with mercy and compassion. **R.**

The Lord does just deeds, gives full justice to all who are oppressed. He made known his ways to Moses, and his deeds to the children of Israel. **R**.

The Lord is compassionate and gracious, slow to anger and rich in mercy. For as the heavens are high above the earth, so strong his mercy for those who fear him. **R.**

SECOND READING

1 Cor 10:1-6, 10-12

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud and all passed through the sea, and all of them were baptized into Moses in the cloud and in the sea. All ate the same spiritual food, and all drank the same spiritual drink, for they drank from a spiritual rock that followed them, and the rock was the Christ. Yet God was not pleased with most of them, for they were struck down in the desert.

These things happened as examples for us, so that we might not desire evil things, as they did. Do not grumble as some of them did, and suffered death by the destroyer. These things happened to them as an example, and they have been written down as a warning to us, upon whom the end of the ages has come. Therefore, whoever thinks he is standing secure should take care not to fall.

GOSPEL ACCLAMATION

Please Stand



(Sung first by cantor, then congregation repeat)

Repent, says the Lord; the kingdom of heaven is at hand. R.

GOSPEL Luke 13:1-9

Some people told Jesus about the Galileans whose blood Pilate had mingled with the blood of their sacrifices. Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did! Or those eighteen people who were killed when the tower at Siloam fell on them—do you think they were more guilty than everyone else who lived in Jerusalem? By no means! But I tell you, if you do not repent, you will all perish as they did!"

And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. Why should it exhaust the soil?' He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not you can cut it down."'

PROFESSION OF FAITH

Please Stand

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (bow here) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND GIFTS

OFFERTORY HYMN (4PM & 7:30AM) KINGSFOLD 572 I Heard the Voice of Jesus Say

OFFERTORY ANTIPHON (9:15AM)

Justitiae Domini rectae, laetificantes corda, et dulci ora super mel et favum: nam et servus tuus sustodiet ea. The ordinances of the Lord are right, bringing joy to all hearts, sweeter than honey or the honeycomb. Therefore your servant will observe them.

OFFERTORY MOTET (11AM)

JOHN GOSS (1800-1880)

O Savior of the World

Thee, O Lord. Amen

O Savior of the World, who by thy cross and precious blood hast redeemed us. Save us and help us, we humbly beseech

Celebrant: Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

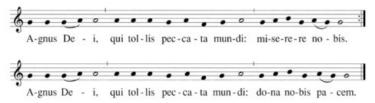
SANCTUS



We proclaim your Death, O Lord, and profess your Re-sur-rec - tion un-til you come a-gain.

3

AGNUS DEI



ECCE AGNUS DEI

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

HOLY COMMUNION

All Catholics who have prepared themselves to receive Holy Communion are invited to come forward. Our brothers and sisters of other faiths are invited to approach with arms crossed over the chest to signal their desire to receive a blessing.

COMMUNION ANTIPHON (4PM, 7:30AM)



COMMUNION ANTIPHON (9:15AM, 11AM)

Passer invenit sibi domum, et turtur nidum, ubi reponat pullos suos: altaria tua Domine virtutum, rex meus, et Deus meus: beati qui habitant in domo tua, in saeculum saeculi laudabunt te. The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

COMMUNION MEDITATION (11AM)

Lord, Make Me to Know Thy Ways (1540-1623) Lord, make me to know thy ways, O Lord. O Lord, teach me thy paths. O lead me in thy truth, and teach me, for thou art the God of my salvation.

HYMN OF THANKSGIVINGSWEET SACRAMENT
Jesus, My Lord, My God, My All

CLOSING HYMN

680

INNSBRUCK O Sacred Heart All Holy

CLOSING HYMN (9:15AM)

Ave Regina Caelorum

William Byrd

Ave, Regina Caelorum, Ave, Domina Angelorum: Salve, radix, salve, porta Ex qua mundo lux est orta:

Gaude, Virgo gloriosa, Super omnes speciosa, Vale, o valde decora, Et pro nobis Christum exora.

Hail, O Queen of Heaven.
Hail, O Lady of Angels Hail!
thou root, hail! thou gate
From whom unto the world, a
light has arisen:
Rejoice, O glorious Virgin,
Lovely beyond all others,
Farewell, most beautiful
maiden, And pray for us to
Christ.

RECESSIONAL (11AM)

SERGEI RACHMANINOFF (1873-1943)

Ave Maria

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PRAYER FOR THE SYNOD

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path nor partiality influence our actions.

COMMUNITY NEWS

Job Openings in the Diocese

The following positions can be found at ogknights.org

- After School Teacher Assistants: PT/Seasonal (2:45-6pm) for St. Michael and Holy Spirit.
- Summer Care Program at Holy Spirit Elementary: Hiring teachers and aides.

There are also many positions available with The Lourdes Center, Chancery Office, and Catholic Foundation Office with information available at sfcatholic.org

3rd Annual Aquinas Lecture

The Deposit of Faith - Why 2,000 Years of Art, Architecture and Thought Matter will take place at the Cathedral Parish Hall on Wednesday, March 23rd with a Mount Marty social at 6pm and public lecture at 7pm. Featuring Dr. Joseph Bottum, Director of the Classics Institute at Dakota State University

Gift of Hope

The Cathedral parish, through its Outreach Ministry, is excited to offer Cathedral parishioners a volunteer opportunity during Lent on Saturday, March 26th at 10am. We will be unloading the *Unspoken* band trucks for the Gift of Hope benefit concert to support Catholic Family Services (now known as The Lourdes Center). The trucks will be located at the O'Gorman Performing Arts Center. Volunteers will need to be able to lift 25 pounds and be ready to spend a couple of hours preparing the concert. If you are able to share your time, please contact John and Barbara Lockwood via email: lockwoodjsl@gmail.com

Peace: Keeping your calm in the storm and relying on your faith to get you through these times is a common struggle. The Catholic Professional League (CWPL) group has been discussing this topic for the last three months. Come join us on Thursday, April 14th as we give an overview of all we have learned. 6:45 am: Mass at the Sacred Heart Chapel of the Cathedral and 7:15 am: Meeting & fellowship in the old Teachers' Lounge of St. Joseph School. You will walk out with pointers and ways to handle those stressful times. If you would like more information, follow us on Facebook at CWPLSF or contact us via email: cwplsf@gmail.com.

Cathedral Representative for "Brothers in Christ"

The Holy Spirit Men's Group is looking for a Cathedral representative to serve with reps from 35 other parishes planning and promoting two yearly, Saturday retreats for men (May & September). The reps would meet four times a year. If you are interested in serving the parish in this capacity, please contact Fr. Morgan

5 RD SUNDAY OF LENT





Liturgical Roles

Daily Mass Reader-March 23-26

6:45 am Dick Ellenbecker 12:00 pm As Scheduled



March 26/27

Extraordinary Ministers of Holy Communion

4:00 pm Lyle Behrends, John Moneke

Sandy Fitzgibbons & Barbara Lockwood 7:30 am 9:15 am Ruth Bordewyk, Nancy Ann Kadinger,

Abigale Muller

11:00 am Susan Albers, Veronica Duffy,

Thomas Stombaugh

4:00 pm Ministers as Scheduled

Lectors

Mary Gayle Rogers & Denise Rotert 4:00 pm

7:30 am Michael Fitzgibbons

9:15 am Alea Hardie & Nancy Ann Kadinger

11:00 am Susan Albers & Bob Lux Readers as Scheduled 4:00 pm

Altar Servers

4:00 pm Pontifical Servers 7:30 am Servers Needed

9:15 am Carter Benson, James & Joseph Plorde

11:00 am Rory, Keira, & Finnegan McManus

4:00 pm Servers as Scheduled

Mini-Bus Driver

4:00 pm Tom Meyer

Dow Rummel Barbara & John Lockwood Good Sam Nancy Ann Kadinger

Readings for the week of March 13, 2022

Sunday: Ex 3:1-8a, 13-15/Ps 103:1-4, 6-8, 11/ 1 Cor 10:1-6, 10-12/Lk 13:1-9

Monday: 2 Kgs 5:1-15ab/Ps 42:2-3; 43:3-4/Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-9/Mt 18:21-35 Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/

Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-9/Lk 11:14-23

Friday: Is 7:10-14; 8:10/Ps 40:7-11/Heb 10:4-10/

Lk 1:26-38

Saturday: Hos 6:1-6/Ps 51:3-4, 18-21ab/Lk 18:9-14

Next Sunday: Jos 5:9a, 10-12/Ps 34:2-7 [9a]/ 2 Cor 5:17-21/Lk 15:1-3, 11-32

CONGRATULATIONS

The 500 Club

Congratulations to Sandy Auch our third winner this month of the 500 club! He has received a check for \$99. Anyone interested in joining will find applications at the doors of the church or at the office. They must be received by March 28th to be in the April 2022 drawings. For more information, call Verlyn Curley at 334-2305

Mass Intentions

Wed, March 23 · St Turibius of Mogrovejo, Bishop

Thurs, March 24 • St. Oscar Romero, Bishop and Martyr

6:45 am Major Charles Abela 12:00 pm ♥ Joe & Connie Lehnertz Fri, March 25 • The Annunciation of the Lord

7:30 am Mother Amata Veritas, OP

4:00 pm Pro Populo

Sanctuary Candles

This week the five sanctuary candles in the Eucharistic Chapel have been requested for the following intentions:

- **1.)** Myron Truex
- 2.) Rhonda Boyum
- 3.) Jack Murphy
- 4.) Diocese of Sioux Falls Seminarians
- **5.)** Couples Experiencing Infertility/Loss

Cathedral Events Calendar

Sunday, March 20

Family Program, following 9:15am Mass Vespers, 6pm

Parish Mission, 7pm

Monday, March 21

Parish Mission, 7pm

Tuesday, March 22

Women's Group, 10am Parish Mission, 7pm

Wednesday, March 23

Aquinas Lecture, 6pm

Thursday, March 24

Adoration & Confessions, 7pm

Friday, March 25

Stations of the Cross, 7pm

PARISH ANNOUNCEMENTS

Parish Job Opening - Office Manager/Receptionist

The Cathedral is seeking an Office Manager/Receptionist! This position is responsible for the general operations and functions of the Cathedral Parish Office (including the bulletin and maintaining sacramental records), is the point of contact for parishioners and the public, offers administrative and clerical support to the Rector and other office staff. Please contact Fr Morgan with inquiries.

Lenten Mission

Mary's Role in Salvation History, the Healing Presence of Christ in the Confessional, and the Healing Power of the Eucharist. The Cathedral Lenten Mission will be held the evenings of March 20th-22nd at 7pm in the Cathedral with Father John Anthony Boughton, CFR of the Franciscan Friars of the Renewal presenting.

Parish Breakfasts

This weekend is the last parish breakfast of the season! Stop by the parish hall after Sunday morning Masses!

Save the Date! - Thursday April 7th 6:15pm

Please mark your calendars for our upcoming Sacred Arts Concert, in which we will "kick off" our new organ project! Music, fun and food! More details to come! We have produced two videos regarding Cathedral Music and our initial explorations into obtaining a new organ. Videos available at: stjosephcathedral.net/cathedral-organ-project

CSFA 2022

Thank you for returning your CFSA 2022 pledge cards! Each gift is important—financial and prayerful. We are almost half way to our goal of \$110,000!

Additional Collection

Don't forget to return your envelope for the additional collection for the Knights of Columbus Ukraine Solidarity Fund to deliver needed humanitarian aid through its Councils located in Ukraine and Poland.



WEEKLY OFFERING

March 13th	Envelopes	\$ 9,139.00
	Online/EFT	\$ 2,181.24
	Visitors/Loose Cash	\$ 3,351.00
	Total	\$ 14.671.24

CATHEDRAL INFORMATION

Parish Office: 605-336-7390

Parish Office Email: cathedral@sfcatholic.org

Office Hours: 8:30am-5pm M-Th, 8:30am-3pm Friday

Cathedral Church Hours: 8am-5pm Monday-Saturday 7am-Noon & 3:30-5:00 Sunday

Weekend Mass Schedule

Saturday 4:00pm

Sunday 7:30am, 9:15am, 11:00am,

& 4:00pm (St. J. Bakhita)

Weekday Masses

Wednesday - Friday 6:45am & Monday - Friday 12 Noon Saturday 9:00am in Cathedral

Confessions

Thursday 7:00pm

Saturday 12 Noon & 3:00-3:30pm in Cathedral

(Chapel if a Wedding is scheduled)

Adoration

Thursdays 7pm-8pm

First Friday of the month at 11am

in Cathedral

Self Guided Tours

1:00pm Monday-Friday (except Holy Days)

Parish Staff

Rector, Very Rev. James P. Morgan

Assistant to the Rector, Rev. Jeff Norfolk

Deacon, William Radio

Deacon, Tim Dickes (Prison Ministry)

Administrative Assistant, Vacant

Director of Operations & Finance, Heidi Solem

Director of Liturgical Music, Dr. Jared Ostermann

Director of Faith Formation, Abigail Budan

Counseling Services

The Lourdes Center (Previously Catholic Family Services) Counseling 988-3775

Retrouvaille Help for hurting marriages 988-3755

Birthright 977-4781

Sacraments

Baptism The sacrament of Baptism is celebrated for our parishioners on Sundays after the 11AM Mass. Parents must attend a Baptism preparation meeting. To schedule preparation, contact the parish office.

Matrimony Six months preparation required. Registered parishioners, please contact parish office. All others, contact the pastor of your home church. For wedding information, go to www.stjosephcathedral.net, under Sacraments.

Anointing of the Sick

Please call the parish office to request the Sacrament if you have been diagnosed with an illness, in preparation for surgery, or in case of serious illness.

Catholic Burial—St. Michael's Cemetery, (605) 338-3376

CLERGY REFLECTION

The question has come up why liturgies in Lent seem like one, long "Good Friday." It's a good question. So we start with the underlying theological principle of the nature of our redemption: Jesus chose to suffer and die to win the crown of glory. The Resurrection was just the reward, albeit the ultimate one.

During the Winter Olympics, I was checking on the medal count when I came across this story: Athletes who win the gold, and then come back in subsequent Olympics to compete again, find that it's more difficult to compete a second or third time. It takes more self-motivation and mental astuteness to harness the energy needed to prepare a second or third time. As one athlete put it, "once you've been to the top, you wonder why you would want to put yourself through all the pain and suffering to prepare for it again." Most of them found that preparing a second time was more difficult than the first, the third time more difficult from the second, and so on. Yet, the satisfaction of winning increased with each subsequent medal.

It's no different than the nature of grace at work in the complexities of our life. When we are in the midst of trial and temptation, it's difficult to see the Lord through the lens of our testing; but once the trial is over, we see the victory due to God's overflowing grace. And then, when another trial happens again, it usually returns with a vengeance, but the satisfaction of getting back up again and confronting it with what we have learned makes it all worthwhile. We've grown from the experience and we know that we can depend upon the grace of God that much more.

We win the gold, so to speak, when we see God's hand in the trial and end up better for it. The Resurrection story is analogous to this: To appreciate it and internalize it, we relive the trials and tragedy that got us here – the Passion and Death of Our Lord. It's not fun. It's not supposed to be fun. It's supposed to be reflective, introspective, prayerful, penitential. Every liturgy in Lent is supposed to feel like "Good Friday" because we want to be intimately connected with what brings us everlasting life. It's our fallen human nature which would rather skip the meat and vegetables and go right to the dessert. We can prefer the "warmth of the womb," then, rather than the "adventure of rebirth." And that is what Lent is all about...the arduous task of preparing ourselves for "rebirth."

Fr. James Morgan





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