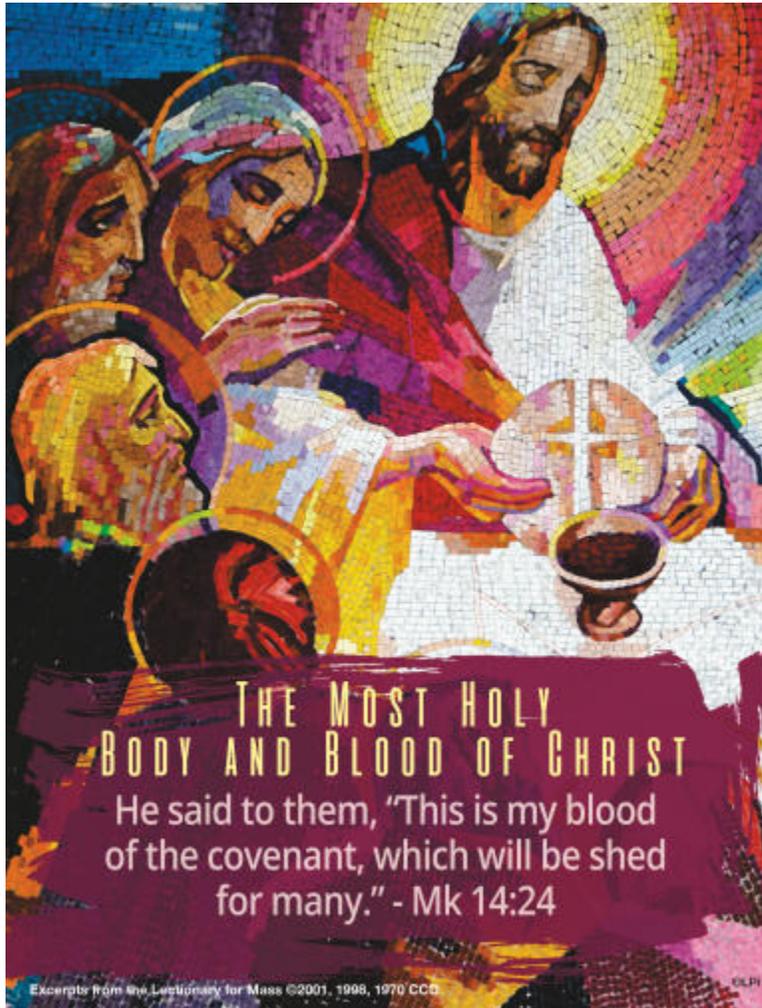




# Our Lady of Mount Carmel

701 Fillmore Street NE • Minneapolis, MN 55413 • [www.olmcmpls.org](http://www.olmcmpls.org)  
Fr. Paul Moudry, Pastor



**May 30th, 2021**  
**TODAY'S MASS**  
**The Body and Blood of Christ**

**READINGS**  
Ex 24:3-8  
Ps 116:12-13, 15016, 17-18  
Heb 9:11-15  
Mk 14:12-16, 22-26

**MASS INTENTIONS**  
Del Gene Claymore

**Bulletin available online:** [www.olmcmpls.org](http://www.olmcmpls.org)

**MASS SCHEDULE**  
Mass at 9 AM  
Word & Communion Service 11 AM

**Daily Readings**

<b>Monday</b> _____ <b>5/31</b>	<b>Thursday</b> _____ <b>6/3</b>
2 Cor 1:1-7	2 Cor 3:15—4:1, 3-6
Ps 34:2-3, 4-5, 6-7, 8-9,	Ps 85:9ab & 10, 11-12, 13-14
Mt 5:1-12	Mt 5:20-26
<b>Tuesday</b> _____ <b>6/1</b>	<b>Friday</b> _____ <b>6/4</b>
2 Cor 1:18-22	Hos 11:1, 3-4, 8c-9
Ps 119:129, 130, 131, 132, 133,	Is 12:2-3, 4, 5-6
135	Eph 3:8-12, 14-19
Mt 5:13-16	Jn 19:31-37
<b>Wednesday</b> _____ <b>6/2</b>	<b>Saturday</b> _____ <b>6/5</b>
2 Cor 3:4-11	2 Cor 5:14-21
Ps 99:5, 6, 7, 8, 9	Ps 103:1-2, 3-4, 9-10,
Mt 5:17-19	

Our Lady of Mount Carmel parish was established in 1910 for Italian Catholics living in NE Minneapolis and moved into the present church in 1938. The Archdiocesan Office for the Deaf joined the parish in 1986, and today our 170 families include Italians, Deaf and Hard - of - Hearing Catholics and their families, and neighbors from NE Minneapolis and beyond. You are most welcome to join our intimate, lively community.

**Our Mission**  
The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim year acceptable to the Lord.  
*Luke 4:18-19*

**Festival: July 18th, 2021**

**OFFICE:**

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**STAFF****Pastor:**

Fr. Paul Moudry

**Parish Business Administrator:**

Willard Miller

**Liturgical Ministry Coordinator:**

Cathy Miske

**Musicians:**

Jennifer Villella

**Maintenance:**

Richard Koranda

**Boiler Operator:**

Greg Graf

**PARISH INTERPRETER**

Susan Sweezo

**Lector for Sunday, May 30th**

Marie Ulstad

**Lector for Sunday, June 6th**

Justin McDevitt

June 6, 2021

**The Most Holy Body and Blood of Christ**

As our world faces so much turmoil and change, it is now more important than ever to remember who God is, who we are and where we are going. It is easy to get distracted and lose focus, especially when we are being pulled in so many directions. We can not only lose sight of God but one another. Maintaining our well developed and mature relationships with



God and one another is essential to continuing to live, healthy, happy, and focused lives. In a message to young people, Pope Benedict XVI said, "the happiness you are seeking, the happiness you have a right to enjoy has a name and a face: it is Jesus of Nazareth, hidden in the Eucharist." What is true for those who are younger is even truer for those who are older. Regardless of how the particulars of life change over time, human beings are still hard-wired to seek the fullness of life and happiness. How we embark on this journey and what we choose along the way will indicate whether we meet success.

There is so much brokenness and pain in our world. Many people are lost, feeling lonely, anxious, marginalized, victimized, isolated, oppressed, and abused. Every time we receive the Body of Christ, we have an opportunity to become what we eat. The power and presence of Christ in the Eucharist becomes present in us and effects change in ourselves and in the lives of those we meet. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go. Our faith community is ignited with the fire of God's love and stands out as a beacon of hope in a world that is lost. This is the only way we can discover peace-filled resolutions to violence and create innovative solutions to what is fueling its need in the first place. True happiness, for the young and old alike, becomes an obtainable goal.

St. John Maria Vianney says it so well. "There is nothing so great as the Eucharist. If God had something more precious, he would have given it to us." Only the Eucharist has the ability to connect, sustain, strengthen, and properly orient us, not only on the road of this life but the road to life eternal. Knowing this, when life gets challenging, unsettling, and difficult, we can rely on and cling to this gift we have in the Real Presence of Christ. This actual encounter with God celebrates God's unconditional love for us and grounds us to the truth of who we are in a way nothing else is able to do. Because through the Eucharist we really do become the Body of Christ, we are also bonded together in a most perfect way to one another as that Body. Nourished, united, and strengthened by the Eucharist, let us individually and collectively, bring this wonderful gift to all we meet, especially the poor with whom we have a special connection.



At OLMC each May we pray the rosary. Here are the prayers & the order to pray the rosary at home.

Start by making the sign of the Cross:  
 In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Pray the Apostle's Creed

Pray the Our Father (1 time)

Pray the Hail Mary (3 times)

Pray the Glory Be (1 time)

Pray the Fatima Prayer (1 time)

Pray the 5 mysteries of the rosary

For each mystery you:

Announce the Mystery

Pray the Our Father

Pray the Hail Mary 10 times

Pray the Glory Be

Pray the Fatima Prayer

Pray Hail Holy Queen

Pray the Rosary Prayer

Pray the St Michael Prayer

Pray: Sacred Heart of Jesus have mercy on us (3 times)

**The Joyful Mysteries** (Monday's and Saturday's)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

**The Sorrowful Mysteries** (Tuesday's and Friday's):

1. The Agony in the Garden
2. The Scouring at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

**The Glorious Mysteries** (Wednesday's and Sunday's):

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

**The Luminous Mysteries** (Thursday's):

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the



**Pray the Rosary at OLMC in the Month of May** Immediately following the 9am mass, This is the last Sunday to Pray the Rosary as a community until October.

**Abria Life is Wonderful Event May 9- June 20**

Support Abria's life-affirming work by donating or participating in our 6th annual Life is Wonderful 6-week long virtual event from Mother's Day, May 9th through Father's Day, June 20th, 2021. You can contribute to Abria without participating by donating at [supporters.abria.org](http://supporters.abria.org) or mailing in your contribution to Abria, 2200 University Ave. W. #160, St. Paul, MN 55114. Or tie up your laces, set your personal step goals, and gather pledges from sponsors to turn your steps into dollars. Any kind of movement counts. Outside or inside, covert steps from individual or group activities like walking, running, dancing, biking, or other physical endeavors. Complete individually or form your own team. Virtual race registration on [supporters.abria.org](http://supporters.abria.org) opens April 17th. God bless you and thank you for stepping up for life!



If you have Graduates in your family you'd wish to celebrate, please let Cathy Miske know **today** to be honored a the reception next Sunday.

*PRAY everyday*

**Will you pray for a priest, deacon or religious everyday?**

Sunday	Fr. Paul Moudry
Monday	Fr. Bill Kenney
Tuesday	Fr. John Powers
Wednesday	Deacon Mike Powers
Thursday	Fr. John Tigatiga
Friday	Archbishop Bernard Hebda
Saturday	Fr. Tom Margevicius

**Please pray for God's healing mercy for:**

Fr. Bill Kenney, Dan Krolkowski, Anonymous Parishioner, Ursala Scolfield, Jack Graff, Roland Brown, Hattie Gansemer Andy Uzougbo, Barb Nell, Michael Guadagnoli, Mike Zappa, Russell Berg, Barb D'Augustino, Jenny Mertes, Jody Hoppe, Rick Koranda, Mary Jo Miske & Judy Patricelli



Congratulations to Rick Koranda, OLMC's long time resident handy man, he's retiring after 35 years of service at OLMC. **Below are some pictures of Rick's reception & blessing!**



**A Prayer For Veterans By Joanna Fuchs**

Dear Lord,

Today we honor our veterans, worthy men and women who gave their best when they were called upon to serve and protect their country. We pray that you will bless them for their unselfish service in the continual struggle to preserve our freedoms, our safety, and our country's heritage, for all of us.

Bless them abundantly for the hardships they faced, for the sacrifices they made for their many different contributions to America's victories over tyranny and oppression.

We respect them, we thank them, we honor them, we are proud of them. We pray that you will watch over these special people and bless them with peace and happiness. Amen.

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