



Our Lady of Mount Carmel

701 Fillmore Street NE • Minneapolis, MN 55413 • www.olmcmpls.org
Parochial Administrator, Father Michael Krenik

November 28th, 2021

TODAY'S MASS

First Sunday in Advent

READINGS

Jer 33:14-16

1 Thes 3:12—4:2

Ps 25:4-5, 8-9, 10, 14

Lk 21:25-28, 34-36

MASS INTENTIONS

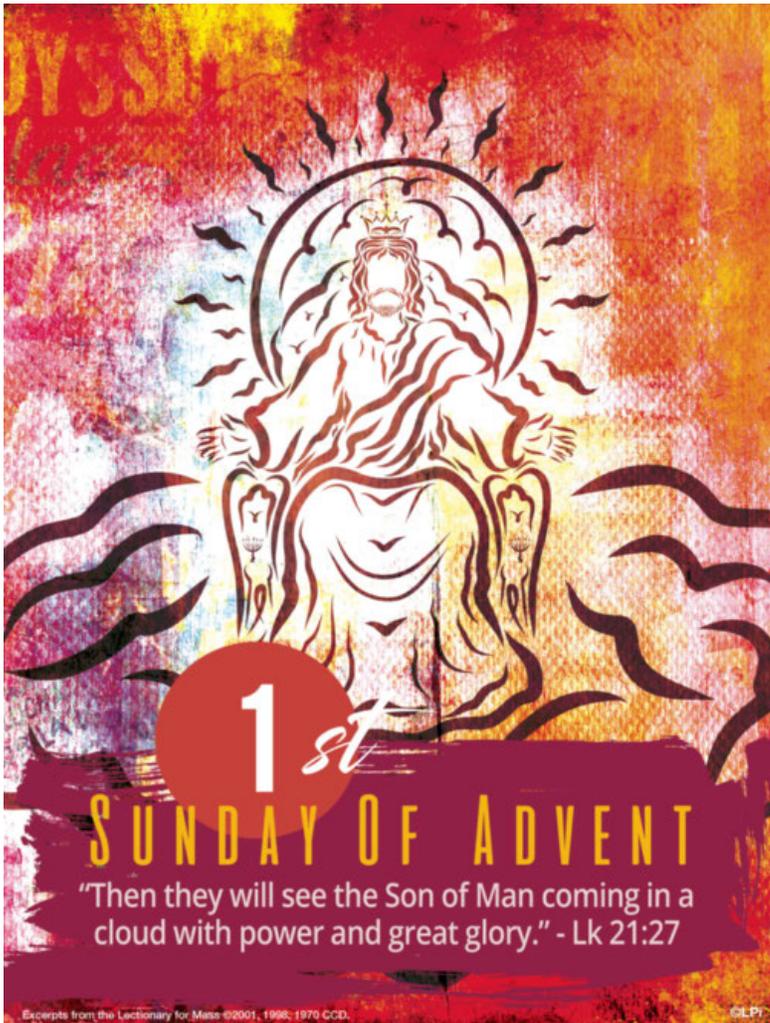
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MASS SCHEDULE

Mass at 10:30 AM Voiced & Signed

Daily Readings

<u>Monday</u>	<u>11/29</u>	<u>Thursday</u>	<u>12/2</u>
Is 2:1-5		Is 26:1-6	
Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9		Ps 118:1 & 8-9, 19-21, 25-27a	
Mt 8:5-11		Mt 7:21, 24-27	
<u>Tuesday</u>	<u>11/30</u>	<u>Friday</u>	<u>12/3</u>
Rom 10:9-18		Is 29:17-24	
Ps 19:8, 9, 10, 11		Ps 27:1, 4, 13-14	
Mt 4:18-22		Mt 9:27-31	
<u>Wednesday</u>	<u>12/1</u>	<u>Saturday</u>	<u>12/4</u>
Is 25:6-10a		Is 30:19-21, 23-26	
Ps 23:1-3a, 3b-4, 5, 6		Ps 147:1-2, 3-4, 5-6	
Mt 15:29-37		Mt 9:35—10:1, 5a, 6-8	



Our Lady of Mount Carmel parish was established in 1910 for Italian Catholics living in NE Minneapolis and moved into the present church in 1938. The Archdiocesan Office for the Deaf joined the parish in 1986, and today our 170 families include Italians, Deaf and Hard - of - Hearing Catholics and their families, and neighbors from NE Minneapolis and beyond. You are most welcome to join our intimate, lively community.

Our Mission

The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim year acceptable to the Lord.

Luke 4:18-19

Festival: July 10th, 2022

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Willard Miller

Liturgical Ministry Coordinator:

Cathy Miske

Boiler Operator:

Greg Graf

PARISH INTERPRETER

Susan Sweezo

Lector for Sunday, November 28th

Vicky Iacarella

Lector for Sunday, December 5th

Joan Farrell

══════ SAINT OF THE WEEK ══════

from: [https://](https://www.franciscanmedia.org)

www.franciscanmedia.org

Saint Clement's Story

Clement of Rome was the third successor of Saint Peter, reigning as pope during the last decade of the first century. He's known as one of the Church's five "Apostolic Fathers," those who provided a direct link between the Apostles and later generations of Church Fathers.

Clement's *First Epistle to the Corinthians* was preserved and widely read in the early Church. This letter from the bishop of Rome to the Church in Corinth concerns a split that alienated a large number of the laity from the clergy. Deploring the unauthorized and unjustifiable division in the Corinthian community, Clement urged charity to heal the rift.

Reflection

Today many in the Church experience polarization regarding worship, how we speak of God, and other issues. We'd do well to take to heart the exhortation from Clement's *Epistle*:

"Charity unites us to God. It knows no schism, does not rebel, does all things in concord. In charity all the elect of God have been made perfect." Rome's Basilica of St. Clement, one of the city's earliest parish churches, is probably built on the site of Clement's home. History tells us that Pope Clement was martyred either in the year 99 or in 101. His liturgical feast is celebrated on November 23.

Saint Clement is the Patron Saint of: Marble Workers, Mariners, and Tanners



November 28, 2021

1st Sunday of Advent

Staying awake can often be a challenge, especially when we are exhausted. Life's demands have a way of zapping every last bit of energy out of us. When we are tired it affects us not only physically, but

psychologically and spiritually as well. All of our senses are dulled and diminished. We can overlook details, become disinterested, lethargic and apathetic, and detached. Getting sufficient physical rest only helps so much. We need to be rejuvenated, refreshed, and reenergized in other ways. If we are psychologically exhausted, we need to understand what is draining our emotions and taxing our relationships. If we are spiritually tired, we need to find the necessary "shot in the arm" to put us back in touch with God. Unfortunately, exhaustion is seldom limited to just one part of who we are. When we lack energy and zeal it is usually the case that everything suffers. We not only are affected physically, but psychologically and spiritually as well. In short, when we run out of gas the engine stops.

And yet, our Lord's directive is clear, "Be vigilant at all times." Even Jesus knew what "the anxieties of daily life" can do to us. One day pours into another and time quickly flies by. Any one of us can take a moment and reflect on how many wonderful, creative opportunities we miss because there is always so much "stuff" to do and so little time to do it. Usually these are missed moments of love, and if we are missing love encounters we are also missing God. Sleepwalking through life, we check the boxes next to our list of "must and have to dos" and justify it all by convincing ourselves that tomorrow is another day and there'll be more time. It may surprise us, but tomorrow is here, and time is running out. While we may like to believe that we have an "eternity" of time to do all those things that require the focus, energy, and desire we do not currently have, we don't. We're on a limited ride and time is short.

Jesus is also clear on another point. "That day [will] catch you by surprise like a trap." If we are going to be judged on love and so easily justify not having all that much time to do so, then it seems we must shift focus a bit. St. Teresa of Calcutta tells us, "We desire to be able to welcome Jesus at Christmas-time, not in a cold manger of our heart, but in a heart full of love and humility, a heart so pure, so immaculate, so warm with love for one another." Getting to this place doesn't "just happen." It requires vigilance and discipline both with a knowledge of what is really of importance and what really needs to be the focus of our energy and time. Pray, starting now and not tomorrow, that we can stay alert, be strengthened in our faith, and prepared for whatever will come. Don't miss another opportunity to love.



ADVENT



HOPE. LOVE. JOY. PEACE.

UPCOMING EVENTS

OLMC's Advent Schedule
For our extended holiday schedule, please see the lavender half sheets near each entrance.

Sunday, November 28th: First Sunday in Advent

Mass at 10:30

Advent Wreath Blessing

Sunday, December 5th: Second Sunday in Advent

Mass at 10:30

Stocking Stuffing

Wednesday, Dec. 8th: Feast of Immaculate Conception

Mass at 6:30

OLMC is hosting St. Frances Cabrini for Mass and a dessert reception to follow

Saturday, Dec. 11th: Communal Penance Service

Mass at 10:00

The Communal Penance Service will be a form 2 Service

Sunday, December 12th: Third Sunday in Advent

Mass at 10:30

Sunday, December 19th: Forth Sunday in Advent

Mass at 10:30

Christmas decorating will start following Mass

TODAY: First Sunday in Advent
Advent Wreath Blessing
Women's Guild Meeting

What's the story behind the Advent wreath?

Each season in the liturgical calendar comes with its own local and regional rituals. During the Advent season, wreathes adorn church sanctuaries and family dining room tables. You may have said Advent wreath prayers in childhood or taken a turn lighting the candles. The Advent wreath is full of symbolism about Christ and his coming at Christmas. The wreath is made of evergreen boughs, reminding us that the life of grace doesn't falter with the changing seasons. It always remains fresh and new. Similarly, a circular wreath reminds us of the eternal, never-ending nature of God's love.

Candles remind us that Christ is the light of the world, the One who "shines in the darkness, and the darkness has not overcome it." We use four candles to represent each week of Advent. Traditionally they come in the liturgical colors of the season. Purple has historically represented penance and sacrifice. We see the same color for the season of Lent. On the third Sunday of Advent, however, we light a rose color. The priest will wear rose vestments at Mass. This is Gaudete Sunday. Gaudete means "rejoice" in Latin. On the third Sunday of Advent, we're roughly halfway through the season. The Church chooses the midpoint to remind us to celebrate in the midst of our anticipation! Whatever the color and whatever the day, the Advent wreath is a beautiful practice to focus our attention on Christ's coming at Christmas.

Will you pray for a priest, deacon or religious everyday?

Sunday	Fr. Paul Moudry
Monday	Fr. Bill Kenney
Tuesday	Fr. John Powers
Wednesday	Deacon Mike Powers
Thursday	Fr. Mike Krenik
Friday	Archbishop Bernard Hebda
Saturday	Fr. Tom Margevicius

Please pray for God's healing mercy for:

Fr. Bill Kenney, Dan Krolikowski, Anonymous Parishioner, Roland Brown, Barb Nell, Michael Guadagnoli, Jenny Mertes, Jody Hoppe, Mary Jo Miske, John D'Agostino, Jack Graff, Mariam Groettum, Dave Meath, Harvey Hoffman, Kathy & Robert Haider, Dave Krenik, Belinda Krenik, Derick Travis

Women's Guild: LOVE IN ACTION

Fall is a busy time for OLMC's Women's Guild as they work on two projects simultaneously!



Today is the last day to bring you donations for "Hats & Mittens" an all-volunteer nonprofit organization with the goal of ensuring that the children of our community have the access to warm hats and mittens during the Minnesota cold winters



Women's Guild is also collecting items for stocking stuffing: personal hygiene items (toothbrushes & toothpaste, travel sized deodorant, shampoo & soap) pens, large print activity books, small flashlights, & candies. This year, the stockings will be donated to Little Brothers of the Poor, friends of the Elderly and Lyngblomsten Nursing Home. Stocking stuffing will

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