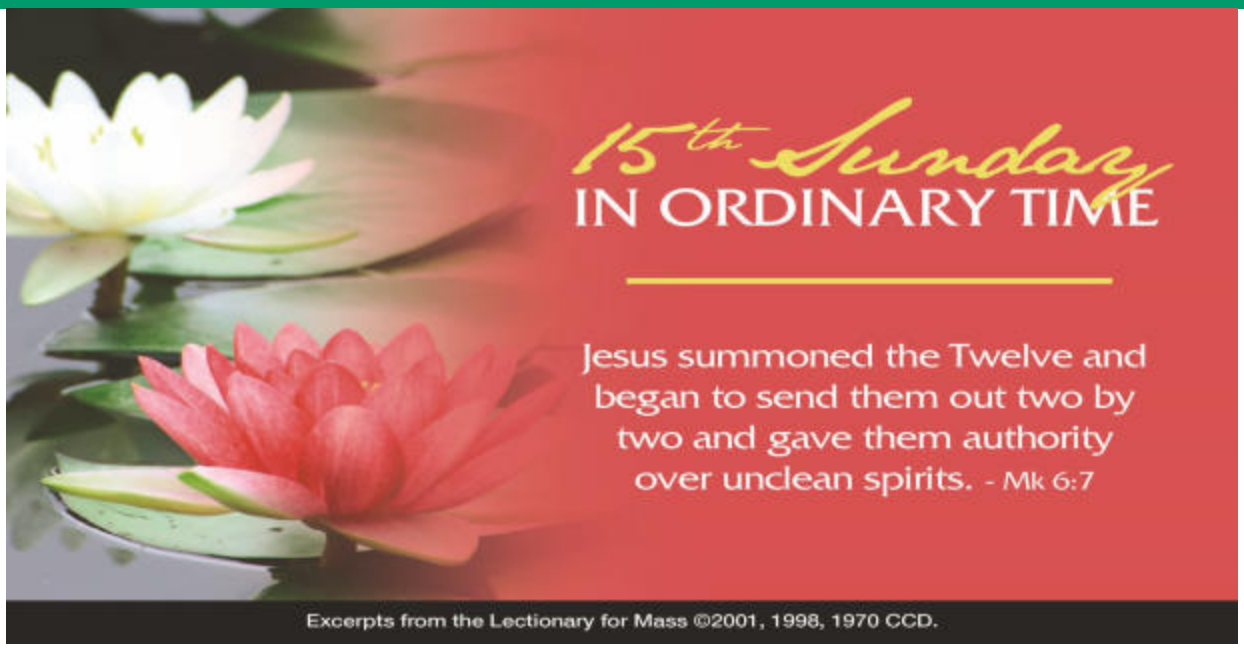
July 11, 2021



Sacred Heart Parish

Diocese of Crookston
200 3rd St. NW, East Grand Forks, MN 56721

Parish Office..... 218-773-0877
Office Hours ..... Monday - Friday 8:00 am - 4:30 pm

Newcomers: Contact the Parish Office to register or visit www.sacredheartegf.net/newcomer to submit the New Parishioner Registration form.

Eucharistic Liturgies
Saturday 5:00 pm, Sunday 8:00 & 10:00 am, Noon & 5:00 pm
Weekdays: Monday-Friday 7:15 am

Eucharistic Adoration Tuesday 7:45 am - 9:00 pm Contact Daniel Ewens 218-773-0877 for more information.

Reconciliation: Fridays 6:45 am, Weekends: 30 minutes before every Mass or by appointment.

Baptisms: Please visit www.sacredheartegf.net/baptism to submit the Pre-Baptismal Questionnaire form.

Marriages: Please contact one of the priests at least six months prior to the wedding.

Welcome to Sacred Heart Parish Community! We are so blessed to have you as part of our family of faith and hope you feel at home among us.

Parish Staff:
Msgr. Mike Foltz, Pastor/Superintendent
Fr. Matt Schmitz, Associate Pastor
Bishop Emeritus Victor Balke, In Residence
Deacon Steve Thomas, RCIA
Deacon Mark LeTexier, Pastoral Associate
Daniel Ewens, Liturgy & Music Coordinator
Mollie Bye, DRE/Youth & Young Adult Ministry
Shelley Johnson, Parish Administrator
Jessica Guzman, Office Manager
Joan Enright, Stewardship Coordinator
Sarah Effhauser, Social Media Manager
John Lunski, Facility Manager
Bill Kuznia, Maintenance Manager

Staff Emails:
www.sacredheartegf.net/parishstaff

School Offices and Staff:

High School Office	773-0230
Elementary School Office	773-1579

Carl Adolphson, School President
Joanne Wilson, Principal (K-6)
Blake Karas, Principal (7-12) / AD
Courtney Scheving, Donations & Events Coord.
Jen Koller, Marketing/Admissions
Tim Brooke, Campus Ministry

Staff Emails:
www.sacredheartegf.net/schoolstaff

Victim Assistance: If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to a law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential number).

From the Pastors

Dear Brothers and Sisters in Christ,

Summer is well underway and so are our youth camps. Last month, I served as the Spiritual Director for the first annual St. Teresa of Calcutta (TOC) camp for incoming freshmen and sophomores. The theme of the camp was "Do ordinary things with extraordinary love". It was Mother Teresa's mantra. Ordinary, simple tasks, done with love, become extraordinary.

The week at camp with our youth was extraordinary. On the first day, I asked many of them, "Why are you here?" The answer that I most often heard: "I need to deepen my relationship with Jesus." This was a sharp difference from what I hear at the St. John Paul II (JPII) camp for the middle school students. The difference is that many of the youth at the TOC camp had already attended the JPII camp in prior years. The goal of the JPII camp is to give our teens an encounter with Christ. The goal of the TOC camp was to build up their faith, assuming they had already encountered Christ. Our freshmen and sophomores were able to point to where they saw Jesus throughout the week: in Adoration, in those they served, in specific staff members, and in each other. It was beautiful to see them name grace, and to do so very specifically rather than generally. On Wednesday and Thursday, some campers voluntarily joined the seminarians and me for a silent Holy Hour in front of the Blessed Sacrament from 5:45 – 6:45 am. Even thought they had brought a Bible with them, they spent much of the time listening for the voice of God in silence. I was inspired by them.

As I write this, I am making the final preparations for our annual Esto Vir ("Be a Man") vocation camp. This camp is for young men open to the possibility of priesthood. Our two newest seminarians attended this camp last year, learned to listen for God's voice, and now are entering the seminary. While the camp is geared toward learning more about the priesthood, it is primarily about learning how to discern – to sift through – the movements of the heart to hear the voice of God. Three years ago, a young man discerned his decision to marry his girlfriend at this camp. They were married two years later.

Mollie Bye and her team have been leading the *Blaze* program for young women from our parish, teaching them about their true worth as beloved daughters of our Heavenly Father.

If you have not sent your children to summer camps in the past, I encourage you to consider doing so next year. Summer is a great opportunity to grow in faith, and faith grows rapidly at camps, in community with others who are fully alive in Christ. Be on the watch for OND coverage of our camps this summer and consider encouraging your child to attend next year.

Blessings,

Fr. Matt

The Parish Extends Its Sympathy
to the Family & Friends of
Alejandro Ramirez
May He Have Eternal Peace

Stewardship - A Way of Life

Sunday Offertory
Sunday, July 4, 2021

Adult	$4,906
Plate	$203
Youth	$1
WeShare	$6,035
Weekly Offertory Total	$11,145

Other collections

Peter's Pence	$50
Building Fund	$75
Charitable Needs	$662

Scrip 6/28/2021 to 7/4/2021

Scrip Sales	$7,495
Scrip Profit	$313

From Sue Shirek, Executive Director at Northlands Rescue Mission

Northlands Rescue Mission
WHERE HOPE BEGINS

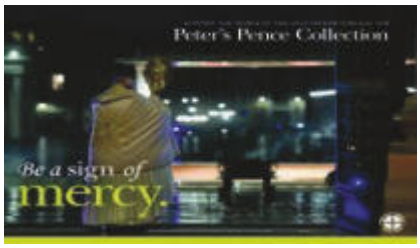
Dear Friends at Sacred Heart,

Thank you so much for the beautiful partnership between the Church and the Mission. We are so blessed to know you and work alongside the members of your parish.

This month, 8 more clients are moving from the Mission into their own apartments. Thank you for being a part of this work.

God is good!

To volunteer or to find out more about volunteer opportunities please contact Sue Shirek at 701-772-6609



Peter's Pence Collection Today

Today is the Peter's Pence Collection, a worldwide collection that supports the work of the Universal Church, including the work of the Holy See and the charitable works of Pope Francis. Take this opportunity to join with Pope Francis and be a sign of mercy to our suffering brothers and sisters. Please be generous today. For more information, visit www.peterspence.va/en.html.

www.sacredheartegf.net/weshare

Parish and School

Prayer Shawls
The Threads of Love have Prayer Shawls they have made. They are available to anyone who would like one. Give one to someone you know who is sick. Please stop by the parish office if you would like one or know someone in need of one.

Mental Health Resources
Did you know the impacts of COVID-19 are leaving 70% of our teens reporting that they are struggling with their mental health in some way? With over 50% feeling more anxious and 43% experiencing depressive symptoms? If you or someone you know is struggling with depression, anxiety, or thoughts of suicide, contact the Suicide Prevention Line at 1-800-273-8255 or the Crisis Text Line at 741741. For more national and local resources visit www.sacredheartegf.net/mentalhealth.

BACK-THE-SCHOOL Golf Scramble
Registration is now open! Support SH by signing up to golf at the Grand Forks Country Club on September 2nd, lunch and dinner are included. For more information and to register online please visit www.sacredheartegf.net/golf.

School Advisory Council
Sacred Heart School is looking for a parent who is interested in joining the School Advisory Council. The Advisory Council meets monthly and works to develop, review, and modify policies and procedures for the school. If you are interested in learning more about this opportunity, please contact Carl Adolphson at (218) 773-0877 or cadolphson@sacredheartegf.net.

Sacred Heart Employment
Sacred Heart Church & School is seeking the following positions:

Elementary Teachers (grades 3 & 5)	High School Science Teacher	High School English Teacher
Junior High Volleyball Coach	Part-time Custodian	

Application information at sacredheartegf.net/employment.

Diocese of Crookston and Local Churches

An Introduction to Natural Family Planning for Engaged and Married Couples
This session, meant for both married as well as engaged couples, will introduce you to God's natural options for family planning. Sponsored by the Diocese of Crookston, Laura Golden, R.N., a trained Natural Family Planning educator, will present an initial session on how to prepare to use NFP. This will be a zoom session and so no need to travel – just sign up through the link found below. The session will be held on July 20th at 8:00 p.m. for one hour. There is no charge for couples from the Diocese of Crookston or those getting married in the diocese. To register please go to https://bit.ly/3vmdOaZ .

Diocese of Crookston Job Opening
The Diocese of Crookston has an opening for a full-time clerical support specialist. The person who fills this position will provide clerical support to various offices at the diocese; duties include assisting with organizing and planning events, creating online registration forms, tracking registrations and payments, and formatting pamphlets, brochures, and worship aids. We are looking for a motivated team player who is friendly and organized and has lots of initiative. Expertise with Microsoft Office is required. The position is 40 hours a week. Compensation includes a competitive benefit plan with health and dental insurance, life insurance and long-term disability, paid leave and pension.
To apply, e-mail a resume and cover letter to Chad Ryan at cryan@crookston.org.

Fall Cursillo Weekends
Would you like to deepen your faith and let Jesus become more involved in your life? Let the Spirit lead you on a Cursillo weekend. The Diocese of Crookston is offering a Women's Cursillo on the weekend of September 23-26, 2021 and a Men's weekend October 28-31, 2021 at Sand Hill Lake Bible Camp south of Fosston. Applications are at crookstoncursillo.weebly.com. Please contact Bobbi Mercil at 701-866-5706 or bmercil@holyrosarycc.org for more information.

July

Monday **July 12**
5:00 pm Cleaners for Christ Church
6:15 pm Rosary with Dcn Mark & Ruth LeTexier Church
6:00 pm Women's Cursillo Grouping Parish Room 2

Tuesday **July 13**
7:45 am - 9 pm Adoration of the Blessed Sacrament Church
10:00 am Blaze Middle School Girls Meeting Social Hall
6:30 pm Men's Bible Study Library

Wednesday **July 14**
6:15 am Men's Cursillo Grouping St. Raphael Conf Rm
11:00 am Youth Service North Country Food Bank
1:00 pm Youth Volleyball Bringewatt Park
7:30 pm Youth Bonfire Sacred Heart Parking Lot
7:30 pm Pastoral Council Meeting St. Raphael Conf Rm

Thursday **July 15**
10:00 am Blaze Middle School Girls Meeting Social Hall
10:30 am Parish Staff Volunteer North Country Food Bank
1:00 pm Men's Cursillo Grouping Church
6:00 pm Welcome Evt - Parents of New Students Social Hall

Friday **July 16**
6:45 am Confessions Church
8:30 am School Leadership Meeting St. Raphael Conf Rm

Saturday **July 17**
4:30 pm Confessions Church

Sunday **July 18**
Confessions 30 minutes before Masses

MASS Intentions

Monday **July 12**
7:15 am † Denise Cariveau

Tuesday **July 13 St. Henry**
7:15 am † John Vanyo
10:00 am † Nancy Gray Good Sam

Wednesday **July 14 St. Kateri Tekakwitha**
7:15 am † Joseph & Delores Horwath

Thursday **July 15 St. Bonaventure**
7:15 am † Jack & Verda Driscoll

Friday **July 16 Our Lady of Mount Carmel**
7:15 am † Melvin & Elsie Marek

Saturday **July 17**
5:00 pm † Marion Enright

Sunday **July 18 Sixteenth Sunday in Ordinary Time**
8:00 am † William & Lucille Robertson
8:00 am † Michael Conneran Sr. Fisher
10:00 am † Irene Gasperlin
10:00 am † Denise Cariveau Tabor
12:00 pm † Phil Birkelo
5:00 pm For our Parish Family

July 17/18	SAT 5:00 PM	SUN 8:00 AM	SUN 10:00 AM	SUN 12:00 PM	SUN 5:00 PM
Sacristan	Mike Brundin	VOLUNTEER	Mary Ann Laxen	Natasha Tomkinson	Bob Suszka
Altar Server - student	VOLUNTEER VOLUNTEER VOLUNTEER	Blaine Johnson Brock Johnson VOLUNTEER	VOLUNTEER VOLUNTEER VOLUNTEER	Bella Tomkinson VOLUNTEER VOLUNTEER	VOLUNTEER VOLUNTEER VOLUNTEER
Lector	Laurie Jung Robert Jung Roger Pieper	Janelle Gergen Ruth LeTexier Brad Werner	Mary Ann Laxen Jim Remer Robert Stocker	VOLUNTEER VOLUNTEER VOLUNTEER	Bob Suszka VOLUNTEER VOLUNTEER
Gift Bearers	VOLUNTEER	Heather Werner	VOLUNTEER		Desilee Brekke
Minister of Hospitality	Dean M Knutson VOLUNTEER	Joan Enright VOLUNTEER	VOLUNTEER VOLUNTEER	Rita Halvorson	Karlene Dieken Mike Dieken Danielle Dieken
Extraordinary Minister of Holy Communion	Judith Neppel Shannon Smidt VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER	VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER	Jessica Guzman Wayne Pietruszewski Elaine Werness VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER	Natasha Tomkinson VOLUNTEER VOLUNTEER	Steve Brekke VOLUNTEER

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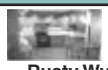
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