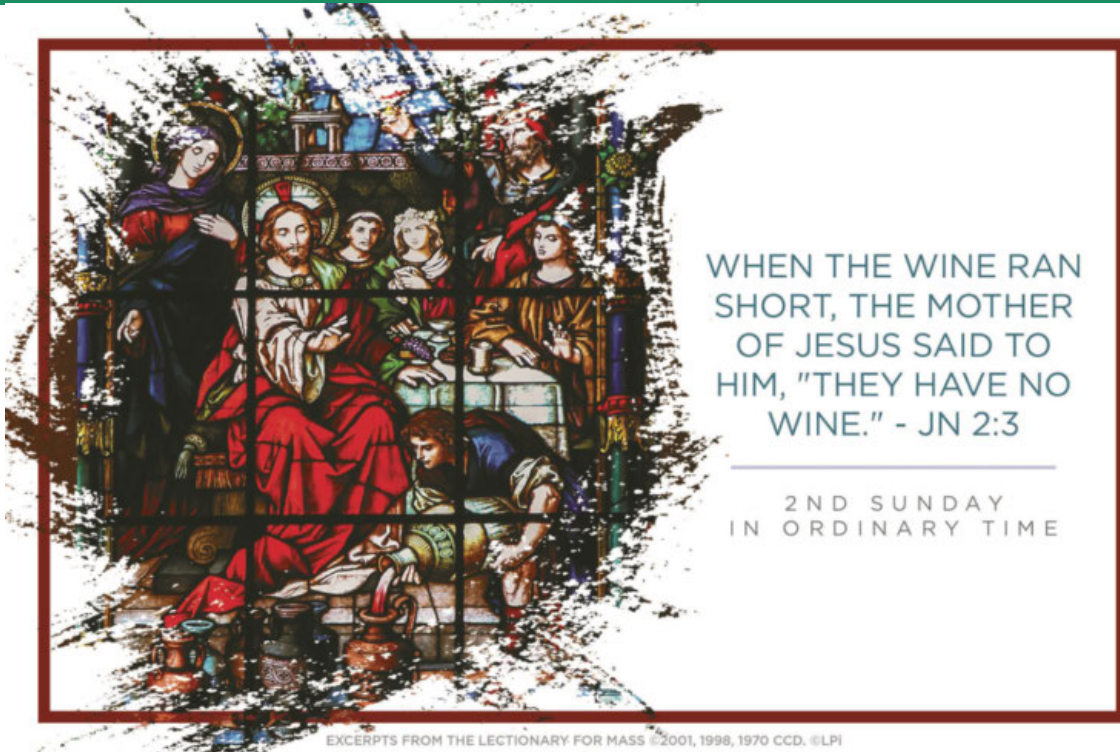


January 16, 2022



Sacred Heart Parish

Diocese of Crookston
200 3rd St. NW, East Grand Forks, MN 56721

Parish Office..... 218-773-0877

Office Hours Monday - Friday 8:00 am - 4:30 pm & Sunday 9:00 am - 11:30 am

Newcomers: Contact the Parish Office to register or visit www.sacredheartegf.net/newcomer to submit the New Parishioner Registration form.

Eucharistic Liturgies

Saturday 5:00 pm, Sunday 8:00 & 10:00 am, & 5:00 pm

Weekdays: Monday-Friday 7:15 am

Eucharistic Adoration Tuesday 7:45 am - 9:00 pm Contact Daniel Ewens 218-773-0877 for more information.

Reconciliation: Fridays 6:45 am, Weekends: 30 minutes before every Mass or by appointment.

Baptisms: Please visit www.sacredheartegf.net/baptism to submit the Pre-Baptismal Questionnaire form.

Marriages: Please contact one of the priests at least six months prior to the wedding.

www.sacredheartegf.net



Welcome to Sacred Heart Parish Community! We are so blessed to have you as part of our family of faith and hope you feel at home among us.

Parish Staff Listing:

Msgr. Mike Foltz, Pastor/Superintendent
Fr. Matt Schmitz, Associate Pastor
Fr. Joshy Mathew, Associate Pastor
Bishop Emeritus Victor Balke, In Residence
Deacon Steve Thomas, RCIA
Deacon Mark LeTexier, Pastoral Associate
Daniel Ewens, Liturgy & Music Coordinator
Shelley Johnson, Parish Administrator
Jessica Guzman, Office Manager
Joan Enright, Stewardship Coordinator
Sarah Effhauser, Social Media Manager
John Lunski, Facility Manager
Bill Kuznia, Maintenance Manager

Staff Emails:

www.sacredheartegf.net/parishstaff

Sacred Heart School Offices and Staff:

High School Office 773-0230
Elementary School Office 773-1579
Carl Adolphson, School President
Joanne Wilson, Principal (K-6)
Blake Karas, Principal (7-12) / AD
Courtney Scheving, Donations & Events Coord.
Jen Koller, Marketing/Admissions
Tim Brooke, Campus Ministry

Staff Emails:

www.sacredheartegf.net/schoolstaff

Victim Assistance: If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to a law enforcement. In addition, please contact Cindy Hulst, LSW, the Victim Assistance Coordinator at 218-281-7895.

Mental Health: If you or someone you know is struggling with depression, anxiety or thoughts of suicide contact the Suicide prevention line at 1-800-273-8255 or the Crisis Text line at 741741. For mental health resources go to www.sacredheartegf.net/ or contact your health care provider.

From the Pastors

Dear Brothers and Sisters in Christ,

January can be an icebox month. Below zero temperatures and bitter windchills. Instead of Christmas greetings in the mail we are getting our credit card bills. There's not even the Vikings to watch after a dismal season. But as Christians we are never without hope!

The Gospel for this Sunday tells of a story to thaw our January hearts and give us hope. We don't know who the couple was at whose wedding Jesus turned water into wine. It's estimated that the new wine added up to 180 gallons; that's a lot of wine. Here is **Pope Francis' take on the wedding at Cana:** "at a certain point, there was no more wine, and the celebration seemed to be ruined. Imagine drinking tea at the end of a celebration! No, it's not good! There is no party without wine! At Mary's suggestion, in that moment Jesus reveals himself for the first time and gives a sign: He transforms water into wine, thus saving the wedding feast. What happened 2000 years ago happens today at every wedding celebration: that which makes your wedding full and profoundly true will be the presence of the Lord who reveals himself and gives his grace. It is his presence that offers the 'good wine'; he is the secret to full joy, that which truly warms the heart."

Jesus is the cause of our joy and our hope. Let us make sure we stay close to him in this new year of grace! As individuals, as families, as a community, as a nation, let us believe in the 'good wine' that Jesus still pours out for us. We follow a Lord who changes things: water into wine, bread into His Body, old ways into new ways, January into hope!

I hope you are making headway in the book Sacred heart gave you for Christmas: LIVING JOY: 9 RULES TO HELP YOU REDISCOVER AND LIVE JOY EVERY DAY. I invite you to check out pages 167-170. If you didn't receive your copy, there are more available at the Church.

Please come on Saturday, January 22nd for a day of prayer for the legal protection of the unborn. We will begin with Mass at 9 a.m. followed by Eucharistic Adoration, the Rosary and ending with the Divine Chaplet by Noon. We believe in respecting all human life from the moment of conception to the moment of natural death.

Your brother in Christ,

Msgr. Mike





MASS Intentions

Monday January 17 Martin Luther King Day - No School
 5:00 pm Cleaners for Christ Church
 6:15 pm Rosary with Dcn Mark & Ruth LeTexier Church
 6:00 pm Women's Cursillo Grouping Parish Room 2

Tuesday January 18
 7:45 am - 9 pm Adoration of the Blessed Sacrament Church
 8:00 am High School Science Fair Grades 7-10
 6:30 pm RCIA St. Raphael Conf Rm

Wednesday January 19
 6:15 am Men's Cursillo Grouping St. Raphael Conf Rm
 6:30 pm Parent Mtg - First Communion Social Hall
 6:30 pm Religious Education Classes 1-10 Various Rooms
 7:30 pm Adult Choir Practice Church

Thursday January 20
 10:30 am Parish Staff Volunteer North Country Food Bank
 1:00 pm Men's Cursillo Grouping Church
 6:30 pm Life & Justice Mtg St. Raphael Conf Rm

Friday January 21
 6:45 am Confessions Church
 8:30 am Spelling Bee Auditorium
 10:00 am DAC Church Cleaning Church

Saturday January 22
 8:00 am Snowflake Basketball Grades 3-6 Both Gyms
 4:30 pm Confessions Church

Sunday January 23
 Confessions 30 minutes before Masses

Monday January 17 St. Anthony
 7:15 am † Mick Enright

Tuesday January 18
 7:15 am † Sherry Dunn
 10:00 am † Ray Buschette Good Sam

Wednesday January 19
 7:15 am † Cecila Kovar
 8:30 am † Souls in Purgatory HS Mass

Thursday January 20 St. Fabian & St. Sebastian
 7:15 am † Raymond Schmultz
 8:30 am † PJ Schiller Elem Mass

Friday January 21 St. Agnes
 7:15 am † Ron Osowski

Saturday January 22 Day of Prayer for the Legal Protection of Unborn Children
 5:00 pm † Louise Kallock
 5:00 pm † Tim Parkin Fisher

Sunday January 23 Third Sunday in Ordinary Time
 8:00 am † Loria Kelly
 10:00 am † Peter Trentin
 10:00 am † Michael Edgar Tabor
 5:00 pm For our Parish Family



My Immaculate
Heart Will Be
Your Refuge and
the Way that Will
Lead You to God.
Our Lady of Fatima

Do You Want to Make a Difference in the World?

Come and Pray the Rosary With Us!

After Morning Mass Each
Monday, Wednesday,
Thursday & Friday

Before Weekend Mass
Saturday 5 pm, Sunday
8 am & 10 am

Monday Evenings
6:15 pm in Person
6:30 pm Livestream

January 22/23	SAT 5:00 PM	SUN 8:00 AM	SUN 10:00 AM	SUN 5:00 PM
Ministry Captain	Punky Beauchamp	Brian Breidenbach	Joe Martin	VOLUNTEER
Sacristan	Beverly LeTexier	Michael Marek	Jennifer Martin	Natasha Tomkinson
Altar Server - student	Norah Kaiser Koby Kaiser VOLUNTEER	Alexander Cariveau Madison Cariveau Lilliana Paintner	Cullen Rohrich Dawson Rohrich Lola Rohrich Kaven Rohrich	Alexis Lawrence Bella Tomkinson VOLUNTEER
Lector	Beverly LeTexier Roger Pieper Michelle Senger	Cristina Campos Robert Horken Blake Karas	Jessica Guzman Joel Myerchin Phillip Vanyo	Bob Suszka VOLUNTEER VOLUNTEER
Minister of Hospitality	Laurie Jung Robert Jung Dean M Knutson Diane Krejci	Tami L. Cariveau Lee Cariveau Leonard Vonasek Pam Zimbelman	Joel Downs Heather A Downs Corey Rohrich Pauline Rohrich	Samantha Allard David Allard
Extraordinary Minister of Holy Communion	Roberta Beauchamp Ronald LaMoine Shannon Smidt	Brian Breidenbach Dawn Garritson Carol Kuznia	Craig Johnson Wayne Pietruszewski Jim Remer	Donald Hoeger

Stewardship - A Way of Life

Sunday Offertory

Sunday, January 09, 2021

Adult.....	\$3,776
Plate.....	\$418
Youth	\$0
WeShare.....	\$4,523
Weekly Offertory Total	\$8,717

Other collections

Charitable Needs \$140

Scrip 01/03/20221 to 01/09/2022

Scrip Sales	\$7,135
Scrip Profit.....	\$451

This weekend we take up our collection to support the Solidarity Fund for the Church in Africa. The people of Africa are joyous and faith-filled, but as the Church in Africa grows, the pastoral needs of the people also increase. From the formation of clergy to communications programs that bring the Gospel to remote territories to youth ministries that engage the next generation of disciples, the Church's needs are wide-ranging. The Solidarity Fund is an opportunity for our parish to stand with the people of Africa. Our contributions help them face these challenges, and we support them as they build lasting foundations of missionary discipleship. Please be generous. To learn more, visit www.usccb.org/africa. You can make your donation online at www.sacredheartegf.net/give or www.usccb.org/africa.



Sacred Heart Parish is looking for 3-4 retired adults who would be willing to bring Holy Eucharist to our Parishioners who are Homebound and those in Nursing Homes. You do not have to be an Extra Ordinary Minister of Holy Communion for Mass. Joan will train you and get you commission. In the wintertime we have more elderly that are unable to make it to Mass to receive. If you are willing to help, call the Parish Office (218-773-0877) and ask to speak to Joan.

Eight more People are needed for Tuesday, January 18th Parish Volunteer Day at North Country Food

North Country Food Bank Packing Days!

January 18

February 15

March 15

April 12

May 10

Join us monthly on Tuesdays, 5-6 pm, as we pack boxes for those in need in our community!

Sign Up at

www.sacredheartegf.net/volunteer



Sacred Heart Parish and School has a close partnership with North Country Food Bank. Our Life and Justice Committee has set up opportunities for the Parishioners to volunteer their time at North Country. Our first opportunity will be on January 18th and there are **8 open spots**. There needs to be a minimum of 12 people at each volunteer day or the event will need to cancel. You can sign up on line at www.sacredheartegf.net/volunteer or call the parish office and we will sign you up. This volunteer opportunity is a great event for all ages over the age of 8. It is not hard packing boxes. Each volunteer stands by a couple of food items. As the box (which is on a manual conveyer belt) comes to you; you place your items into the box and then push the box to the next person. The food boxes are giving to local and neighboring families. This is a great corporal work of mercy.

www.sacredheartegf.net/give

Parish

Day of Prayer for the Legal Protection of Unborn Children

Saturday, January 22nd

9 am | Holy Mass

Rosary & Eucharistic Adoration to Follow

11:30 am | Divine Mercy Chaplet



Knights of Columbus PANCAKE BREAKFAST

supporting

Catholic Schools



Sunday, January 30th
after 8 & 10 am Masses



KNIGHTS OF COLUMBUS
CHRIST THE KING COUNCIL 5341

FREE THROW CONTEST

FOR AGES 9-14

JANUARY 30TH
REGISTER AT 11:15 AM
SHOOTING STARTS 11:30 AM

Diocese of Crookston and Local Churches

PRAY TO PROTECT
HUMAN LIFE!

9DAYS FOR
LIFE
JANUARY 19 - 27, 2022



9DAYSFORLIFE.COM

9 Days for Life: January 19 – 27, 2022

Join thousands of Catholics nationwide in the annual Respect Life novena, 9 Days for Life, Wednesday, January 19 – Thursday, January 27. Get daily intentions, brief reflections, and more. Sign up at 9daysforlife.com!

First Communion

Parent Meeting

Wednesday, January 19th

6:30 pm | Social Hall

One parent is required to attend



Save the Date



Diocese of
CROOKSTON

FOR UPCOMING #DOC EVENTS

HIGH SCHOOL YOUTH RALLY | SUNDAY, MARCH 27TH

SAINT TERESA OF CALCUTTA CAMP
(9TH & 10TH GRADE) | JUNE 19TH - 23RD

SAINT JP II CAMP (7TH & 8TH) | JULY 17TH - 21ST

Sacred Heart School News

1st Annual Sacred Heart Christmas Tournament was a major success. The Roseau Rams were the champions of the girls division and the Sacred Heart Eagles were champions in the boys division. Teams participated from Climax/Fisher, Roseau, Hillcrest Lutheran Academy, Clearbrook Gonvick, and Stephen Argyle Central. The Sacred Heart boys basketball team had two all-tournament team selections in Sam Gapp and Kobe Tomkinson. Tomkinson also was awarded tournament MVP in the boys division.



Sacred Heart hockey players saw plenty of action in December through the school's co-op with Crookston. Good luck Landon Walker and Isaac Telle!



Walk-In Wednesdays

TOUR CAMPUS | PICK UP INFORMATION
GET YOUR QUESTIONS ANSWERED

Every WEDNESDAY in JANUARY & FEBRUARY
12:30-2:30 p.m. (walk-in door #1, 200 3rd St NW, EGF)

Curious about enrollment?



PRE-SCHOOL
LITTLE ANGELS
& LITTLE SAINTS



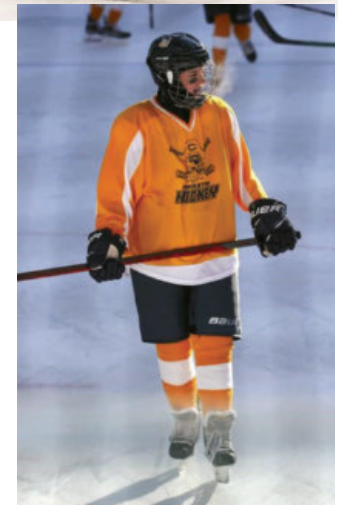
ELEMENTARY
K-6



HIGH SCHOOL
7-12

Enrollment for 2022-2023
opens February 1st!

YOURCHILDMATTERS.ORG



SACRED HEART
SCHOOL

Child Care | Preschool | Elementary | High School
YourChildMatters.org

