

# St. MARY OF NAZARETH

4600 Meredith Drive • Des Moines, Iowa 50310-0170  
P: 515-276-4042 • F: 515-252-1995 • E: stmarys@stmarysdsm.org



**Rev. John Frost, Pastor**  
276-4042 (office)  
**Deacon Tom Bradley**  
491-7789

#### **MASS SCHEDULE**

**Saturday:** 5:00 pm

**Sunday:** 9:00 am and 11:00 am

**Weekdays:** Tuesday 8:00 am  
Wednesday 8:00 am  
Thursday 8:00 am  
Friday 8:00 am

**Holy Days of Obligation:**  
varies

#### **Sacrament of Penance:**

Saturday 3:30-4:30 pm or by request

#### **Marriages:**

At least six months notice, call 276-4042

#### **Baptisms:**

By appointment only, call 276-4042

#### **Online giving available**

Find it on the website at  
[www.stmarysdsm.org](http://www.stmarysdsm.org).

#### **Deadline for bulletin**

Monday by noon. E-mail to  
[stmarys@stmarysdsm.org](mailto:stmarys@stmarysdsm.org)

#### **Deadline for email blast and gathering area TVs**

Tuesday by noon. E-mail to  
[stmarys@stmarysdsm.org](mailto:stmarys@stmarysdsm.org)

[www.STMARYSDSM.org](http://www.STMARYSDSM.org)

November 22, 2020 · *Our Lord Jesus Christ, King of the Universe*

## Thought for the Week

**Take a deep breath.  
It calms the mind.**

### **Thanksgiving Mass**

Please join us for Mass on Thanksgiving Day  
at 9:00am in the church.

*Parish offices will be closed November 26 & 27.*

### **Thanksgiving Gift Card Reminder**

**HyVee, Price Chopper, and Fareway** grocery cards are still available for purchase from the Men's Club this holiday season. Contact the parish office, 276-4042, to purchase cards during business hours before you go shopping to prepare your Thanksgiving feast. Cards can be picked up in the office, or we will arrange to mail or drop them off. The Church receives 3% of each card sold, and you still have the full card value to load up on groceries for your Thanksgiving dinner. Proceeds support the church youth group and several other church and local charitable projects.



### **Little Yellow Book**

You are invited to grow in your faith through a 30 day meditation during Advent called, "Little Yellow Book", which is a daily email that will help us rediscover the presence of Jesus in the Eucharist. The "Little Yellow Book" is based on the short video, The Veil Removed, which can be viewed on YouTube.

Please sign up for the email link with Bridget at [bridgetb@stmarydsm.org](mailto:bridgetb@stmarydsm.org) by November 22.

You will receive your first email on November 28.

If you don't have email but would like to participate, you can get a copy of the book. If you have any questions, contact Diane Klopfenstein at 515-865-7037.

### **WINTER CLOTHING DRIVES**

The Women's Association is collecting **children's hats, mittens, and scarves** during the **month of November**.

These items may be new or gently used.

The Knights of Columbus is collecting winter wear for **all ages — coats, hats, gloves/mittens, and boots** and anything else you feel may be beneficial from

**November 14 through December 11.**

Delivery of items will take place December 12.

*Collection boxes can be found in the gathering area of the church and some are in the parish hall.*



There will be no Youth Group this Wed., Nov. 25<sup>th</sup>. Know of my prayers for all of you over this Thanksgiving holiday. What a true blessing it is that we have an entire day dedicated to pausing and counting the ways that we have been blessed by God. I have had to remind myself that through all of the "2020 is the worst year" jokes, God is still in control! He is good, and He calls us to live in a spirit of hope! Hope is a virtue that helps us push forward and persevere through life's trials. Hope helps us be people of thanksgiving.

How do we cultivate a spirit of hope and thanksgiving? Perhaps we could recall specific examples throughout the year! Your family could plant a jar in an area of the house that has a lot of traffic (maybe even under one of your household crucifixes) and place two different colored sheets of paper and a pen next to the jar. Once a week, challenge yourselves to write down one thing that gives you hope (one color) and one thing that you're thankful for (other color)! After a week has gone by, your family could pause for a small moment at the dinner table and read what was put into the jar.

*"I plead with you – never, ever give up on hope, never doubt, never tire and never become discouraged. Be not afraid." – Pope St. John Paul II*

**Instagram:** @stmary\_ym

**Twitter:** @stmarydsm\_ym

**Facebook:** @stmarydsmym

Pax Christi,  
Catherine Mares  
[Catherinem@stmarydsm.org](mailto:Catherinem@stmarydsm.org)

### **DIOCESAN NEWS...**

#### **Catholic Youth Group**

Registration for Catholic Youth Camp opens this Sunday, Nov. 15 at noon. Check out all the changes at camp and increased number of staff for enhanced safety precautions. We're planning for the most amazing summer ever! Register at [stmcenter.com](http://stmcenter.com).

#### **Time for Healing**

Be part of the effort to heal the divisions we see in our country. Check out Civilize It Iowa, a diocesan campaign that invites all of us to pray, fast, and give alms for the sake of charity in our own hearts and in our country. Visit [CivilizeItIowa.com](http://CivilizeItIowa.com).

#### **Double Your Donation**

A gift from new donors to CTO, the Catholic Tuition Organization, will double thanks to matching funds from the Reichardt Family Foundation. Give at [CTOIowa.org](http://CTOIowa.org) and know that your help with tuition assistance for families is greatly appreciated.

### Prayer for Coronavirus

O God our Healer, show your compassion for the human family that is in turmoil and burdened with illness and fear.

Come to our aid, heal those who are sick, and protect their families and friends.

Grant us your spirit of love and self-discipline so that we respect one another.

Make us vigilant, attentive, and proactive in the eradication of all diseases.

Heal our self-centeredness and indifference that makes us worry only when the virus threatens us; help us not to ignore our neighbor.

Strengthen and encourage those in public health services and in the medical profession who commit themselves to caring for the sick and their families.

Inspire, give insight and hope to all researchers focused on developing a successful, safe vaccine.

Sustain all workers and business owners who suffer loss of livelihood.

Heal our world, heal our bodies, strengthen our hearts and our minds, and in the midst of turmoil, give us hope and peace.

Hold in your gentle embrace all who have died and who will die this day. Comfort their loved ones in their despair.

Hear our cry, O God. Listen to our prayer. Amen.

~ Adapted from Dirk Lang, Lutheran World Federation

### UPCOMING EVENTS

#### Monday, November 23

Stephen Ministers 6:30pm

#### Thursday, November 26

Thanksgiving Mass 9:00am

### NEW TO THE PARISH?

Welcome!! Please fill out a registration form found in the white baskets as you enter the church or by downloading the form from our website. Once you have completed the form, return by mail or drop in the collection basket.

### PASTORAL CARE

If you or a family member is in a care facility, homebound, or hospitalized and wish a visit or are in need of a meal, please contact Fr. John at 515-276-4599 or Deacon Tom at 515-491-7789.

### PLEASE REMEMBER IN YOUR PRAYERS

Steve Plew, Sid Carroll, Danny Roberts, Craig Nelson, Shad Dooly, Kevin Smith, Dick Heger, Kathryn Schuster, Viola Dubay, Al Kolis, David Bahr, Yvonne Schuh, Larry Fettig, Cathy Palmer, Jack & Rosemary Marshall, Deb Tranel, Sheila McMichael, and Catherine Roth



### MASS SCHEDULE AND

#### INTENTIONS

#### Sunday, November 22

9:00am Jim Kempenich

11:00am For the Parish

#### Tuesday, November 24

8:00am Teresa Heger

#### Wednesday, November 25

8:00am Sheila Williamson

#### Thursday, November 26

9:00am Bill & RoseMary Egan

#### Friday, November 27

8:00am no Mass today

#### Saturday, November 28

5:00pm Vicki Smith

#### Sunday, November 29

9:00am LaVonne Fettkether

11:00am For the Parish

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### PARISH STAFF

Rev. John Frost, *Pastor*.....Office 276-4042  
Deacon Tom Bradley.....491-7789  
TBD, *Adult Faith Formation*.....276-4042  
Melinda Jarman, *Elementary Faith Formation*....276-7589  
Bridget Brass, *Faith Formation Assistant*.....276-7589  
Catherine Mares, *Youth Ministry*.....251-7568  
Dawn Windschitl, *Secretary/Hall Manager*.....276-4042  
Rhonda Brown, *Bookkeeper*.....276-4042  
Ed Causevic, *Maintenance*.....276-4042

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### PARISH ORGANIZATION LEADERS

**Finance Council:** Mary Ann Van Dyke.....669-8022  
**Faith Form. Council:** Ann Schoenauer.....371-5422  
**Women's Association:** Michelle Roberts.....279-7483  
**Men's Club:** Jim Cunningham.....491-1047  
**Knights of Columbus:** Fredd Haas.....681-0234  
stmarysknightsofcolumbus@gmail.com  
**Pro-Life Committee:** Richard Heger.....278-0741  
**Vocations Committee:** Richard Heger.....278-0741  
**Growing Our Faith:** Jennifer Kruse.....402-8098  
**Stephen Ministry:** Ann McGonagle.....313-6671  
**St. Vincent de Paul:** Virginia Klemm.....289-2828  
**Pastoral Council:** Steve House.....205-3935  
shouse9385@aol.com



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