

St. MARY OF NAZARETH

4600 Meredith Drive • Des Moines, Iowa 50310-0170
P: 515-276-4042 • F: 515-252-1995 • E: stmarys@stmarysdsdm.org



3RD SUNDAY IN ORDINARY TIME

CALLED

Then he called them.
So they left their father
Zebedee in the boat along
with the hired men and
followed him. - Mk 1:20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Rev. John Frost, Pastor
276-4042 (office)
Deacon Tom Bradley
491-7789

MASS SCHEDULE

Saturday: 5:00 pm

Sunday: 9:00 am and 11:00 am

Weekdays: Tuesday 8:00 am

Wednesday 8:00 am

Thursday 8:00 am

Friday 8:00 am

Holy Days of Obligation:

varies

Sacrament of Penance:

Saturday 3:30-4:30 pm or by request

Marriages:

At least six months notice, call 276-4042

Baptisms:

By appointment only, call 276-4042

Online giving available

Find it on the website at
www.stmarysdsdm.org.

Deadline for bulletin

Monday by noon. E-mail to
stmarys@stmarysdsdm.org

**Deadline for email blast and
gathering area TVs**

Tuesday by noon. E-mail to
stmarys@stmarysdsdm.org

www.STMARYSDSM.org

January 24, 2021 · *Third Sunday in Ordinary Time*

Thought for the Week

FORGIVE.....

YEAR END STATEMENTS

You should have received your 2020 annual giving statement in the mail. If you have not received it, please contact the parish office, 515-276-4042.

Welcome Recently Baptized...

Booker Ray Tingley

son of Blake and Olivia

Maeva Gianni Musselman

daughter of Gaby and Taylor



VOLUNTEERS NEEDED

St. Mary's is in need of volunteers for Masses.

At this time we have enough lectors. However, we have a real need for ushers and pew cleaners. If you have been wanting to do something to help St. Mary's but wasn't quite sure what you could do, this is a great opportunity. Those who are currently Eucharistic ministers might consider switching to one of these roles for the time being. A gift of your time is always appreciated. Please contact Bridget at 515-276-7589 or bridgetb@stmarydsm.org if you have questions or want more information.

Diocesan Newspaper

The Catholic Mirror will be available digitally in February. If you prefer to have the newspaper sent to you in this format, please send an email to communications@dmdiocese.org or go to dmdiocese.org and click on The Catholic Mirror to complete a form beginning Monday.

Respond
TO HIS CALL

SMART
St. Mary's Active Religious Teens

Wow! I can't believe we are rolling into the last week of January. As we close out this month, we're inviting all 9-12th graders to join us at Youth Group this Wednesday (7pm in the parish hall) for an "Open Mic Night"! Come share/showcase what brings you joy.

Do you enjoy playing the banjo? Pluck your favorite song for the group! Do you really love making pottery? Come share your favorite piece you've made. Can you sing Sea Shanties? BRING IT ON! God has created each of us with special gifts and talents and has given us different things that spark joy. Come see the beautiful talents and joys that are within your Church community!

*We have the ability to queue up songs and provide some things for your talents, but if you need specialty items (instruments, boards to break, hot air balloons, etc.) please bring them with you. Can't wait to see you all this Wednesday!

Instagram: [@stmary_ym](https://www.instagram.com/stmary_ym)

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Catholic Youth Camp

Registration for the best summer ever is open! Head to stmcenter.com to secure your spot for CYC 2021.

Catholic Charities Help

Catholic Charities food pantry in Des Moines needs volunteers on Tuesday and Wednesday afternoons. Personal protective equipment and safe working conditions are in place. If you can help, email Holly at hackermann@catholiccharitiesdm.org.

The Third Option

A marriage enrichment ministry for couples is still up and running in the diocese! This program is for all couples whether they are facing obstacles in their marriage or just trying to make a good thing better! The Third Option will meet **every 2nd and 4th Monday** on "Zoom" until conditions allow us to safely meet in person. The workshop is held from 7-9 pm and participants are welcome to join anytime.

If you have questions or would like to register, contact **Adam Storey** at 515-237-5056. You can also contact Barb Berenguel at barbberenguel@yahoo.com or 515-329-0535.

SELF-CARE: AN ACT OF LOVE & RENEWAL

Session 1: Feb 5th (7:00 to 9:00 pm)
Session 2: Feb 6th (9:00 to 11:30 am)
Presenter: Victoria Gloe

Both sessions will be held on Zoom. It is helpful to attend both sessions, as the second will build upon the first.

Self-care is an act of love, a way of entering into the invitation to love, not only God and others, but also ourselves. It is a way of living as the Beloved, and tenderly receiving that which is needed in order to continue serving others and the world.

Self-care does not need to be heroic or demanding but can be gently experienced through our simple, daily human needs and rhythms. Join us as we reflect on a few areas of life that can be received as opportunities for restorative and compassionate self-care and renewing God's love and life within.

For more information and to register, go to <https://www.theemmaushouse.org/>. Then look under upcoming events.

UPCOMING EVENTS

Monday, January 25

Stephen Ministers 6:30pm

Wednesday, January 27

Women's Bible Study 9:30am via Zoom

Thursday, January 28

Piecemakers 4:00pm

Knights of Columbus 6:45pm via Zoom

NEW TO THE PARISH?

Welcome!! Please fill out a registration form found in the white baskets as you enter the church or by downloading the form from our website. Once you have completed the form, return by mail or drop in the collection basket.

PASTORAL CARE

If you or a family member is in a care facility, homebound, or hospitalized and wish a visit or are in need of a meal, please contact Fr. John at 515-276-4599 or Deacon Tom at 515-491-7789.

PLEASE REMEMBER IN YOUR PRAYERS

Harlan & Louise Ziel, Steve Plew, Sid Carroll, Danny Roberts, Shad Dooly, Kevin Smith, Dick Heger, David Bahr, Yvonne Schuh, Larry Fettig, Rosemary Marshall, Deb Tranel, Sheila McMichael, and Catherine Roth



MASS SCHEDULE AND

INTENTIONS

Sunday, January 24

9:00am Pat O'Brien
11:00am For the Parish

Tuesday, January 26

8:00am Word & Communion

Wednesday, January 27

8:00am Emma Lehman

Thursday, January 28

8:00am Jim Kempenich

Friday, January 29

8:00am Reagan Lehman

Saturday, January 30

5:00pm Lucic Jgla

Sunday, January 31

9:00am For the Parish
11:00am Francis & Adeline Busch

PARISH STAFF


Rev. John Frost, *Pastor*.....Office 276-4042
Deacon Tom Bradley.....491-7789
TBD, *Adult Faith Formation*.....276-4042
Melinda Jarman, *Elementary Faith Formation*....276-7589
Bridget Brass, *Faith Formation Assistant*.....276-7589
Catherine Mares, *Youth Ministry*.....251-7568
Dawn Windschitl, *Secretary/Hall Manager*.....276-4042
Rhonda Brown, *Bookkeeper*.....276-4042
Ed Causevic, *Maintenance*.....276-4042

PARISH ORGANIZATION LEADERS

Finance Council: Mary Ann Van Dyke.....669-8022
Faith Form. Council: Ann Schoenauer.....371-5422
Women's Association: Michelle Roberts.....279-7483
Men's Club: Jim Cunningham.....491-1047
Knights of Columbus: Fredd Haas.....681-0234
stmarysknightsofcolumbus@gmail.com
Pro-Life Committee: Richard Heger.....278-0741
Vocations Committee: Richard Heger.....278-0741
Growing Our Faith: Jennifer Kruse.....402-8098
Stephen Ministry: Ann McGonagle.....313-6671
St. Vincent de Paul: Virginia Klemm.....289-2828
Pastoral Council: Steve House.....205-3935
shouse9385@aol.com



Facebook: St. Mary of Nazareth - DSM
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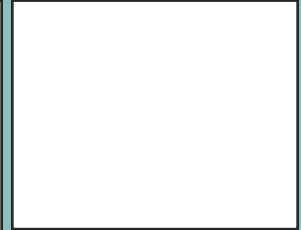
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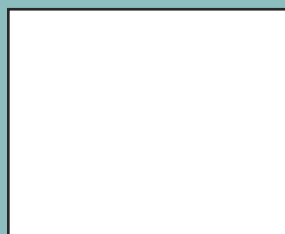


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