



St. Joseph Church

507 Main St
Black River Falls, WI

Mass Intentions

- Sat., Mar. 4** 4:00pm – Mass
† Brad Bauer
- Sun., Mar. 5** 8:00am – Mass
† Joseph Gavelek
- Weds., Mar. 8** 8:00am – Mass
† Lillian Hofer
- Thurs., Mar. 9** 8:00am – Mass
† Poor Souls in Purgatory
- Fri., Mar. 10** 8:00am – Mass
† Joseph Streff
- Sat., Mar. 11** 4:00pm – Mass, Adoration
ADORATION until 6pm
† Jim Zeman
- Sun., Mar. 12** 8:00am – Mass
† Doug Myers

To request a Mass for the living or deceased, contact:
Bookkeeper@GuardianAngelsCathParish.org

GUARDIAN ANGELS

ROMAN CATHOLIC PARISH

March 4/5, 2023

2nd Sunday of Lent

Sunday Mass Times

St. Joseph - Saturday 4pm
Sunday 8am
St. Kevin - Sunday 10am

Confessions upon request and

St. Joseph, Sat. 3:30pm
St. Kevin, Sun. 9:40am

Sacraments of the Sick

Anyone who wants to receive the Sacrament of Reconciliation, the Anointing of the Sick, or for Viaticum may call Fr. Arivu to set up an appointment.

608-799-3831

St. Kevin Church

813 N Washington
Melrose, WI

Mass Intentions

- Sun., Mar. 5** 10:00am – Mass
† Don Lycke Sr.
- Tues., Mar. 7** 4:00pm – Adoration
NOTE TIME 5:00pm – Mass
Good Health for Garrett Benzing
- Sun., Mar. 12** 10:00am – Mass
† Vera Dwars



March 12

Spring Forward

Ministers at St. Kevin

Sun., Mar. 12, 10:00am

- Commentator: Volunteer
- Lector: Volunteer
- Servers: Volunteers
- Communion: Volunteers
- Sacristan: Rose Strait
- Ushers: Volunteers
- Cashiers: Doug Kirchner, Chris Radcliffe

March 5, 2023 — Second Sunday of Lent

Abram places trust in God's promise of making his name and descendants great on the earth. In Jesus' transfigured glory is revealed that life and immortality will rob death of its power.

Gn 12:1-4a Ps 33:4-5, 18-20, 22 2 Tm 1:8b-10 Mt 17:1-9

Ministers at St. Joseph

- | | | |
|------------------------------|-------------|-----------------------------------|
| Sat., Mar. 11, 4:00pm | | Sun., Mar. 12, 8:00am |
| Volunteer | Commentator | Volunteer |
| Volunteer | Lector | Volunteer |
| Volunteers | Servers | Volunteers |
| Volunteers | Communion | Volunteers |
| Knights of Columbus | Ushers | Knights of Columbus |
| | Cashiers. | Angela Fischer, Volunteers |



2ND SUNDAY OF LENT

"This is my beloved Son, with whom I am well pleased; listen to him." - Mt 17:5b



Father Arivu Mariappan

ThePastor@GuardianAngelsCathParish.org

608-799-3831

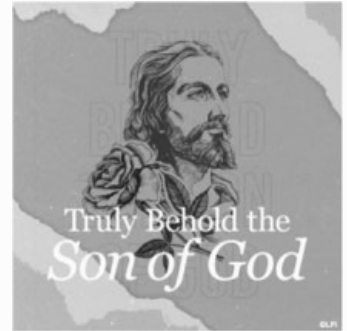


**This is my body.
This is my blood.**

This is my beloved Son... LISTEN TO HIM

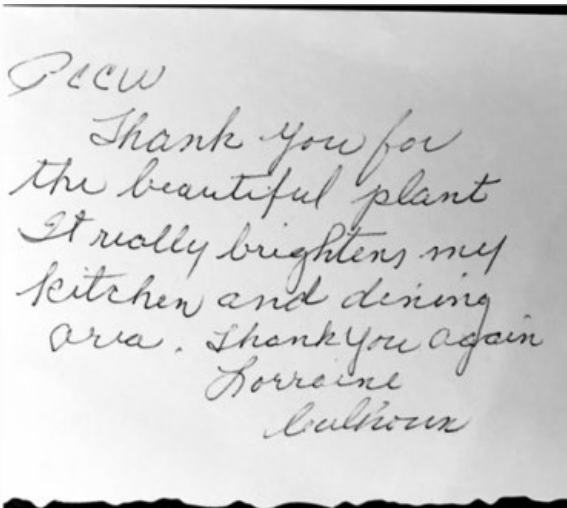
As a kid I remember looking at my sister and thinking, “No man is ever going to marry her. She is way too...my *sister!*” I couldn’t see her as anything except my goofy, emotional, cooties-laden sister. Years later, on her wedding day, I remember seeing how her husband looked at her, he was totally in love with her, his watery eyes full of overwhelmed joy, drinking in her beauty and grace. He was the one who actually saw her. Blinded by familiarity, I had not been able to see her until now. She was glorious. I finally saw how beautiful my sister really was.

Jesus is transfigured before Peter, James, and John. His face shone like the sun and his clothes dazzle with heavenly light. If it’s a miracle, it is so related to the apostles’ perception of the glory of Jesus. The physical spectacle reveals how the Father perceives the Son, so to speak: “**This is my beloved Son, with whom I am well-pleased; listen to him.**” The Son is *always* bathed in the Father’s love. It’s only just now that they finally perceive it.



Who could possibly give his or her heart totally to Jesus? If we perceive him to be just another teacher, symbol, or moral example, we can’t. But if the Holy Spirit gives us eyes to see that he is the Beloved Son of God, who makes our humanity not just pleasing to God but filled with glory ... then who can resist him? Perhaps only the lovers are the ones who properly see.

— *Father John Muir* ©LPi



Lenten Regulations

The season of Lent begins on Ash Wednesday, February 22, 2023. Lenten regulations are as follows:

1. Catholics who have celebrated their 14th birthday are to abstain from meat on Ash Wednesday, all Fridays in Lent, and Good Friday.
2. In addition to abstaining from meat, Catholics who have celebrated their 18th birthday, until they celebrate their 59th birthday, are to fast on Ash Wednesday and Good Friday. Those who are bound to this regulation may eat only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.

DIOCESE OF LA CROSSE GUIDELINES FOR REPORTING INSTANCES OF CHILD ABUSE - The Diocese of La Crosse, through its policies and procedures, seeks to provide a prompt, appropriate and compassionate response to reporters of sexual abuse of a child by any diocesan agent (bishop, priest, deacon, employee, religious, vendor or volunteer). Anyone wishing to make a report of an allegation of sexual abuse should send that report to Mrs. Teresa Brown, Complaint Intake Agent, at the Diocese of La Crosse, P.O. Box 4004, La Crosse, WI 54602-4004. Alternately, you can contact Mrs. Brown at 608.791.0179 or intakeagent@diolc.org. The reporting form is available through the Diocese of La Crosse Office of Safe Environment or on the diocesan website at: diolc.org/safeenvironment/reporting. Individuals are also encouraged to take their reports directly to civil authorities. Copies of the diocesan policy are available through your local Parish and on the diocesan website. If you have any questions about the Diocese of La Crosse and the implementation of the Charter for the Protection of Children and Young People, please contact Teresa Brown, Diocese of La Crosse, at 608.791.2679 or tbrown@diolc.org.

GUARDIAN ANGELS PARISH

Business Office Hours

St. Joseph Church
507 Main Street
Black River Falls, WI 54615
715-284-5613

St. Joseph — 10am-4pm — Tues, Wed, Thurs
St. Kevin — 2pm-5pm — Friday
Website: GuardianAngelsCathParish.org
MyParishApp.com

St. Kevin Church
813 North Washington Street
Melrose, WI 54642
608-488-3001

Email: ParishOffice@GuardianAngelsCathParish.org

Online Bulletin: Parishesonline.com/organization/guardian-angels-parish-brf

**GUARDIAN ANGELS PARISH
 RELIGIOUS EDUCATION PROGRAM
 OPEN REGISTRATION**

2023-24 School Year

Guardian Angels Parish is now accepting registration forms for the 2023-24 school year. Any student age 4 years or above must be registered in order to attend any of the religious education classes. Early registration is being encouraged as this helps with logistics. Parents can register their student by logging onto the Parish Website

www.guardianangelscathparish.org

SECOND SEMESTER CHECKPOINT

Parents, please continue to help your child stay on track for completing the online component of their grade level requirements. All lessons are to be completed by the end of the current school year. Contact your child's respective Catechist if you have any questions.

**HELP STUDENTS PREPARE FOR MAKING
 A GOOD CONFESSION**

EXAMINATION OF CONSCIENCE: GUIDE TO CONFESSION

A downloadable Guide to Confession is available.

Visit diolc.org/catechesis/catechetical-leaders-info

Examination of Conscience

Grades 2 – 3 Guide to Confession

Grades 4 – 5 Guide to Confession

Grades 6 – 9 Guide to Confession

Grades 10 – 12 Guide to Confession

A Minute with Jesus:

We need God's help to believe.

The Eucharist is beyond our ability to grasp fully. The Eucharist is a mystery, which means we would not know this is His Body and Blood without the Lord specifically saying these words to us in Scripture. We can understand this mystery to an extent, but not fully because this mystery is of God, Who is infinite.

Let's pray this right now and every day this week:

Jesus, please open my heart to believe that You are truly present in the Holy Eucharist.

This week, read how St. Paul speaks of this mystery of the Eucharist in 1 Corinthians 11:23-26.



**Servant of God
 Thea Bowman**

Servant of God Sister Thea Bowman was a second generation free Black American born Bertha Bowman in Yazoo City, Mississippi in 1937. She later took the name Sister

Thea when joining the Franciscan Sisters of Perpetual Adoration. Being the only black woman in her order, Sister Thea committed her life to serving Black Catholics and their unique spirituality. When asked what it meant to be a black Catholic, she said —

“It means that I come to my church fully functioning. I bring myself, my black self, all that I am, all that I have, all that I hope to become. I bring my whole history, my traditions, my experience, my culture, my African-American song and dance and gesture and movement and teaching and preaching and healing and responsibility as gift to the Church.”

She held a Ph.D. in English from the Catholic University of America where she also taught, committing herself to educating others. Additionally, over the course of her life, she taught at Xavier University in New Orleans, Viterbo College in La Crosse, an elementary school in Wisconsin, and a high school in Mississippi.

Sister Thea Bowman helped shape Black Catholic identity in countless ways. She was instrumental in the 1987 publication of the first Black Catholic hymnal, *Lead Me, Guide Me: The African American Catholic Hymnal*, making sure the hymnal properly showcased black spirituality and culture. She sang and recorded 25 spirituals and worship songs that were recently remastered and released on most music streaming platforms as recently as 2020!

She traveled and spoke around the world, captivating audiences with her ministry of joy. Sister Thea taught those she ministered to about celebrating each culture's unique differences and lifting those differences up in each culture's distinctive expression of the Christian faith. When confronted with the fact that women were not allowed to preach in the Catholic church, she noted in one speech she gave that this rule could not stop her from preaching everywhere else!

Dying of cancer on March 30, 1990, at the age of 52, Sister Thea's legacy lives on in the more than 18 institutions named after her, her music, numerous works she authored, and countless students who received a college education thanks to the Sister Thea Bowman Black Catholic Educational Foundation. The U.S. bishops endorsed her cause for sainthood on Nov. 14, 2018.

If it be your Will, O God, glorify our beloved Sister Thea, by granting the favor I now request through her intercession (mention your request), so that all may know of her goodness and holiness and may imitate her love for You and Your Church. We ask this through Your Son and our Savior, Jesus Christ. Amen.

Calendar of Events – Updates

MARCH

- 4 **Confessions and Adoration**, following 4pm Mass until 6pm at St. Joseph
- 4/5 **Second Sunday of Lent**
- 5 **St. Joseph, Mass 8am**, RE Class 9-10am, **Student Confessions**
- 5 **Pancake Breakfast**, St. Joseph, after 8am Mass
- 5 **St. Kevin**, RE Class 9-10am, **Student Confessions, Mass 10am**
- 7 **Confessions and Adoration**, 4-5pm, Mass 5pm at St. Kevin
- 8 **Bible Study**, Parish Center Rm 7, 9:30am
- 8 **Combined Parish Councils Meeting**, Parish Center, 5pm
- 10 **Stations of the Cross**, St. Joseph 4pm, St. Kevin 6pm
- 11 **Confessions and Adoration**, following 4pm Mass until 6pm at St. Joseph
- 11/12 **Third Sunday of Lent** (Daylight Savings Time begins)
- 12 **Anniversary of the opening of the cause of Servant of God, Father Joe Walijewski**, Cathedral of St. Joseph, 10:30.
- 12 **St. Joseph, Mass 8am**, RE Class 9-10am, **Students Confessions**
- 12 **St. Kevin**, RE Class 9-10am, **Student Confessions, Mass 10am**
- 14 **Confessions and Adoration**, 4-5pm, Mass 5pm at St. Kevin
- 15 **Bible Study**, Parish Center Rm 7, 9:30am
- 17 **Stations of the Cross**, St. Joseph 4pm, St. Kevin 6pm
- 18 **Confessions and Adoration**, following 4pm Mass until 6pm at St. Joseph
- 18/19 **Fourth Sunday of Lent**
- 19 **St. Joseph, Mass 8am**, RE Class 9-10am, **Students Confessions**
- 19 **St. Kevin**, RE Class 9-10am, **Student Confessions, Mass 10am**
- 21 **Confessions and Adoration**, 4-5pm, Mass 5pm at St. Kevin
- 22 **Bible Study**, Parish Center Rm 7, 9:30am
- 24 **Stations of the Cross**, St. Joseph 4pm, St. Kevin 6pm
- 25 **Confessions and Adoration**, following 4pm Mass until 6pm at St. Joseph
- 25/26 **Fifth Sunday of Lent**
- 26 **St. Joseph All Youth Mass 8am**, RE Class 9-10am
- 26 **St. Kevin**, RE Class 9-10am, **All Youth Mass 10am**
- 28 **Confessions and Adoration**, 4-5pm, Mass 5pm at St. Kevin
- 29 **Bible Study**, Parish Center Rm 7, 9:30am
- 31 **Stations of the Cross**, St. Joseph 4pm, St. Kevin 6pm

Bulletin deadline is Monday noon.

BulletinEditor@GuardianAngelsCathParish.org

Christmas Flower In Memory of Gisela Hermann
by Orv and Sherry Semke

WEEKLY STEWARDSHIP
GUARDIAN ANGELS PARISH

2022

Weekend of Jan. 28-29

To be published

CATHOLIC TRIVIA – JUST FOR FUN

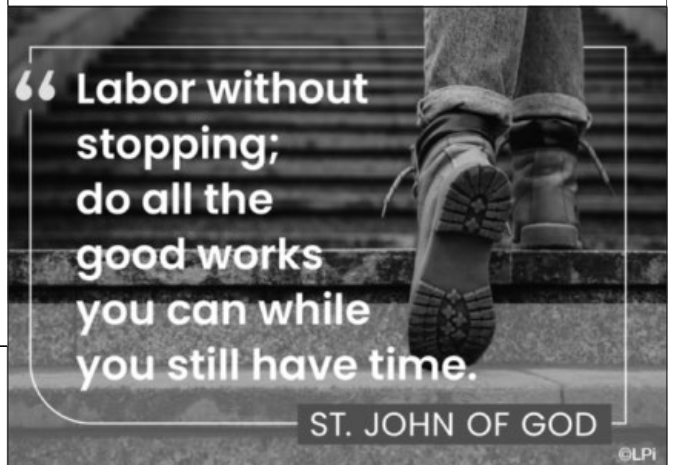
Question: What is burnt to make the ashes that are used for Ash Wednesday?

Answer: The palms used during Palm Sunday Mass

Lent always seems to help me renew my relationship with God and strengthen my religious practice. How do I achieve that the rest of the year?

The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape!



Guardian Angels Parish prayer network has been active for over 25 years. If you have prayer requests, please call Connie Gates at 715-299-4957.

Pregnant and in distress?

Confidential help is available, visit

diolc.org/pregnancy-resources or 123GiveLife.com

Pancake Breakfast - After 8am Mass

Sunday March 5 - St. Joseph Church Hall

Sponsored by Knights of Columbus Council 4697

All are welcome.

Combined Parish Councils Meeting

Wednesday, March 8, 5pm

Parish Center, Rooms 5 and 6

Let Fr. Arivu know if you are unable to attend.

STATIONS OF THE CROSS

FRIDAYS : St. Joseph, 4pm

St. Kevin, 6pm



Lenten Confessions and Eucharistic Adoration

Saturdays following 4pm Mass at St. Joseph until 6pm

Saturdays through April 1

Tuesdays, 4-5pm, at St. Kevin with Mass at 5pm

Tuesdays through March 28

ST. PATRICK'S DAY DINNER

March 12, 11am - 2pm

Oven-roasted Turkey
with all the fixings, pie and beverage

Dine-in or Carry-out \$15

10:00 MASS

St. Bridget's

22638 Washington St., Ettrick

Knights of Columbus Scholarship Application

Knights of Columbus Council 4697 has scholarship applications available for graduating Catholic seniors from the parishes of Guardian Angels of Black River Falls and Melrose, Immaculate Conception of Alma Center and St. Joseph of Fairview. Applications can be picked up from your designated parish office.

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Lent is like a long "retreat" during which we can turn back into ourselves and listen to the voice of God, in order to defeat the temptations of the Evil One. It is a period of spiritual "combat" which we must experience alongside Jesus, not with pride and presumption, but using the arms of faith: prayer, listening to the word of God and penance. In this way we will be able to celebrate Easter in truth, ready to renew the promises of our Baptism.

POPE BENEDICT XVI



The Shroud of Turin

A presentation by an expert on the Shroud of Turin will take place at St. Matthew's Parish in Wausau on Friday, March 10 at 6:30pm; Saturday, March 11 at 5:30pm and Sunday, March 12 at 1pm.

The Shroud of Turin is a centuries old linen cloth that bears the image of a beaten and crucified man. A man that millions believe to be Jesus of Nazareth. Modern science has completed hundreds of thousands of hours of intense research on the Shroud. It is, in fact, the single most studied artifact in human history. We now know more about it than ever before.

www.ANF.org



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 7 days a week

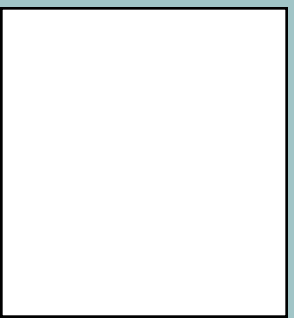
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