Blessed Sacrament CATHOLIC CHURCH



Divine Mercy Sunday

Peace be with You!

Let all pious men and all lovers of God rejoice in the splendor of this. With this salutation, our Lord greets his disciples after his resurrection. Many things are significant about this greeting, but I want to take a moment to reflect upon an aspect of peace from the perspective of Divine Mercy that we celebrate today.

Peace is the fruit of Christ's mercy and reconciliation established by his paschal mystery. His mercy has not only forgiven us our sins, but also restored us to a peaceful relationship with our Heavenly Father. Through Divine Mercy, the obstacles of sins that made us enemies with God and prevented any true relationship have been eradicated. Friendship has been renewed with its foundation built upon love and peace.

Therefore, on this Sunday of Divine Mercy, we are taught that peace is the fruit of mercy. We can recognize this fact at the conclusion of the Sacrament of Confession, when after receiving the mercy of God, we hear the priest say, "The Lord has freed you from your sins. Go in Peace."

We are called to be peacemakers through the beatitudes Christ taught us. It is not an option; rather it is our life as disciples of Christ. If we are to be true disciples and true peacemakers, it must begin with imitating the Divine Mercy of Christ.

At the conclusion of Mass, the Sacrifice of Mercy and Reconciliation, we are commanded by God to be sent out with the peace of Christ and to bring that peace to others. This peace begins with the mercy we give to others, imitating the mercy God has given to us. May we learn to let go and forgive our past hurts, such as the gossip and slander others have said, or the hurtful action of a friend or co-worker or even family member. May we learn to give mercy through a kind word, a warm smile, or a loving act of charity. For through forgiveness and acts of love, we imitate Christ's paschal mystery and help establish His peace which every human heart desires to receive and give.

May the "peace of Christ" be with you and keep you safe as we place our trust in Him!



April 24, 2022 Divine Mercy Sunday John 20:19-31

Fr. Andrew Heiman Pastor Fr. Matt Siegman Parochial Vicar

Mass Times

Monday - Friday 6:30am & 8am Thursday 5:30pm (Extraordinary Form) Saturday 6:30am & 4pm Sunday 6:30am, 9am (streamed), 11am, & 5:30pm

Confession

Monday - Friday 7:30-7:50am Saturday 3-3:50pm Sunday during Masses if a priest is available.

Parish Office

124 North Roosevelt Wichita, KS 67208

Office Hours: 8:30am - 5:00pm Monday-Friday Phone: 316.682.4557 Fax: 316.682.4558 Sacramental Emergency 316.512.2206

Rev. Andrew Heiman

Sacramental Information

Call the Parish Office for inquiries on all sacraments, 682.4557.
Baptism: Classes held on the first Tuesday of every month and are required for parents.
Confirmation: Classes required.
RCIA: Contact the Parish Office.
Holy Matrimony: Preparation begins at least nine months prior to the wedding.
Anointing of the Sick: Contact Parish Office.
Eucharist to Homebound: First Saturday of the month.

Parish Staff

Parish Life Coordinator Samantha Ridder Parish Office Manager Melinda Foley Stewardship Coordinators Becky Meyer, Erica Zurita, & Don Brinkman Bookkeeper Dana Howland Music Director Rachel Dugan

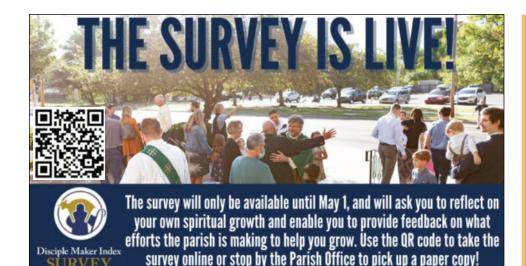
Liturgical Stewardship

Weekend Mass Schedule - April 30-May 1, 2022

	4:00pm	6:30am	9:00am	11:00am	5:30pm
Lectors	Jeremy Barr	Kim Walter	John Baldessari Steve Freach	Sean Wheeler Julie Zluticky	Bobby Johnson
МС	Andrew Meyer	Pete Gann	Sam Hong Jacob Timler	J. Centeno, C. Byrd, A. & B. Ruda, B. Weber, P. Olson	Konnor Bruening
Offertory	~*~	~*~	Ryan Kissling Family	~*~	~*~
ЕМНС	Don Brinkman Matt Burgardt	Mike Burrus	John & Cathy Hammans	Sara Farley Richard Suniga	Bruce Kouba
Ushers	Jason Knauff, Jeff & Ben Zluticky, Terry Jones, M. Meyerhoff, Kylie Real, Aiden & Tristan Lyons	Dan Brooks Chris Shank	Emily Kauffman, Davina Rues, Claire, Ethan, & Violet Kleinschnitz, John Hammans, Cris Padilla	Maia & Marisa Mitchell, Roy & Lexi Isern, Lauren Robinson, Braden & Ian Barr	Cesar Nolla, Will Schlotterback, Trey Alexander, Josie Brown
	April 16 8:30pm	April 17	April 17	April 17	April 17
Mass Count	343	303	559	535	No mass

Blessed Sacrament Catholic Church

Sunday, April 24 Sunday of Divine Mercy Acts 5:12-16 Rv 1:9-11a, 12-13, 17-19 Jn 20:19-31 3:00pm - Divine Mercy Holy Hour (Church) 7:00pm - Pickleball (Old Gym) Tuesday, April 26 7:00pm - Walking with Purpose (Bishops Hall) Wednesday, April 27 6:30pm - PSR (School) 6:30pm - RCIA (School Library) Thursday, April 28 7:00pm - Catholicism in the Modern World (Old Gym) 7:00pm - Respect Life Training Friday, April 29 3:15pm - Chaplet of Divine Mercy (Church) Saturday, April 30 5:30pm - Baron Benefit (Mark Arts) Sunday, May 1 Third Sunday of Easter Acts 5:27-32 Rv 5:11-14 Jn 21:1-19 1:00pm - First Holy Communion (Church) 5:00pm - Blessed Sacrament's Lord's Diner workday 7:00pm - Pickleball (Old Gym)



Over Flow Seating in Bishop Hall Discontinued

To preserve and celebrate our unity as one Body of Christ in the worship of our Lord at Mass, streaming to Bishops Hall will has been discontinued. We invite everyone into the main body of the church to join in the celebration of the Mass. The cry room remains open for those with crying children.



Our Gifts to God

Thank you for your support of Blessed Sacrament Catholic Church and its mission. YTD March 2022 2,400,999.87 Actual tithe 260,076.07 38,978.53 Other ordinary income 233,232.68 **Total Income** 2,634,232.55 299,054.60 **Expenses** 2,624,721.55 200.069.91

In Appreciation

Memorials





Memorials are special ways of honoring the people we love. The parish of Blessed Sacrament would like to thank the following families for establishing memorials to Blessed Sacrament Catholic Church: The Wise family in honor of Jacob Wise, the Knoff family in honor of Thelma Knoff, and the Gillenwater family in honor of James Gillenwater.

Join us in Prayer

Prayers for the Sick

Connie Heard, Duff Whisenhant, Dick Edgington, Richard Powell, Bob Collins, Devon Dionisi, Alan Brown, Robert Lang, Pauline Rittlinger, Lynn Channer, Karen Hurley, Bob Stenz.

In Memoriam

Thelma Knoff, Jacob Wise, Joyce Eastburn, James Gillenwater, Julia Wagle, Adrian Burgess Settle, Tyler Bauer, Mary Edgington, Aida Colon, Alan Weldon, Mary Lou Schutz, John Polson, Donald Aaron, John Ludlow, Amber Murry, Mike Dionisi, Frank Chambers, Bonnie Tenbrink, Logan Matzeder, Mary Dean Sander, Robert Knoff.

Praver Chain

If you have a prayer request, or wish to join the prayer chain, please call the parish office 682-4557 or email: prayer@blessedsacramentwichitcom

Mass Intentions

	Saturday, April 23			
6:30am	Int/Joe & Vicki Wright			
	Family			
4:00pm	Int/The Keeny-Moon			
	Family			
	Sunday, April 24			
6:30am	+BeBe Skolich			
9:00am	+Darlene Mason			
11:00am	People of the Parish			
Ad Orientem				
5:30pm	+Gary Ranallo			
Monday, April 25				
6:30am	+Verna McGlinn			
8:00 am	Int/Bill & Carol Dwyer			
	Tuesday, April 26			
6:30am	Int/Colleen & Michael			
	Baer			
8:00am	Int/Gloria Rico			
Wednesday, April 27				
6:30am	+Shirley Stadler			
8:00am	Int/Heather Holovach			
	Thursday, April 28			
6:30am	Int/Kathy Fischer			
8:00am	+Gerald Brazil			
Ad Orientem				
5:30pm	+Joseph Alcala			
	Friday, April 29			
6:30am	Int/Ann & Scott			
	Sibbernsen			
8:00am	+Elizabeth Hess			
	Saturday, April 30			
6:30am	Int/Shelly & Kevin Burrus			
4:00pm	+Jeanine & Bill Lienhard			
	Sunday, May 1			
6:30am	+Lambert Kern			
9:00am	Int/Danny Davis			
11:00am	Int/Marilyn Alcala			
Ad Orientem				
5:30pm	People of the Parish			



Ministry Updates St. Vincent de Paul



Thanks very much for the donations of snacks and hygiene items from the Mom's Group! These items were distributed on Easter at the homeless luncheon, and the recipients were very appreciative!

Respect Life Ministry

It's all hands on deck to pass the Value Them Both Amendment Amendment this August- the lives of thousands depend on it.

Please join the Respect Life Committee for a training on door to door canvassing and phone banking this upcoming Thursday, April 28 at 7pm in Bishop's Hall.

This is your chance to get involved in the boots on the ground work that will be so vital to passing this legislation. See you there!

Encore at the Cathedral

On Thursday May 12th we will attend the Rosary, Mass, and lunch with Bishop Kemme starting at 9:30am until approximately 1:00pm at the Cathedral. Perhaps we can spend some time following the lunch to discuss how Encore can help the Respect Life Committee in reaching out to voting YES for the Value them Both amendment on August 2, 2022 Please RSVP by May 1st with your \$5.00 check payable to: Office of Marriage & Family Life 424 N. Broadway Wichita KS 67202 Any questions? Contact Bruce Kouba: 316-734-9807 or brucekouba@ att.net

Called & Gifted

Called & Gifted is designed to help Christians discern the presence of charisms in their lives. What is a charism? Whom is it for? Join us on an exciting journey of discovery this summer as we learn how to welcome and grow in the work of the Holy Spirit, Wednesday evenings at the parish. Register online by May 15.

You're Invited BINGO for Truth

You are invited! Pure & Simple Truth for Youth, Inc. will be hosting their first-annual Bingo for Truth fundraiser on:

Saturday, April 30th 6:30 to 8:30 pm at Village Travel located at 4255 N. Ridge Road

Heavy appetizers and adult beverages will be served while playing 5 fun games of Bingo! Tickets can be purchased for \$50 each at www. pst4y.org/bingonight22. Prizes will be awarded to the winners!

Kapaun's Men Group

The Kapaun's Men Group at Blessed Sacrament will be offering an exciting program- Chris Stefanick's "Living Joy" starting April 20th in Bishops Hall Wednesday mornings at 5:25 a.m.

This is an excellent way to go into the Eastertime season and continue together transforming into the men we are called to be. Please invite other men to join us. If you are interested in attending, please contact Glen Fondaw at glfondaw1@yahoo. com for additional information.

Blessed Sacrament School

125 North Quentin, Wichita Office Hours 7:30am-4pm Phone: 316.684.3752 Fax: 316.687.1082

School Staff

Principal Joel Arnold Assistant Principal Barry Newell Office Manager Michelle Hittner Athletic Director Pat Harter Building Maintenance Matt Gann

Don't Miss this Event!



April 30, 2022 at Mark Arts. Advance tickets are \$75.00 /\$100. at the door. For more information, check our website, baronbenefit.org

We would like to do a wine and bourbon pull but are having a difficult time with donations due to supply shortages. Would you consider donating a bottle of either? This will be a lot of fun with a little help from our friends! *All donations need to be dropped off in the parish office.*

Thank you!

Wheelchair Needed

The school is in need of a wheelchair to have in case of emergency. If you have a used one you could donate, please contact the school office. Lunchroom Stewards Needed

We are in need of lunchroom stewards on Mondays and Fridays. The shifts are from 10:45 a.m. - 1:00 p.m. If you are only able to help do a portion of that time period, that is still very helpful for us! Please email Erin Fulghum at erinmlynn@aol.com if you are interested in helping and are Virtus trained. Thank you! Page 4

You're Invited



What is my identity? Who defines me? What does the Church teach about identity? Am I really beloved?

USE THE QR CODE TO SUBMIT YOUR QUESTIONS AND REGISTER FOR FREE BABYSITTING!





Men's Club bus trips are back! Blessed Sacrament Men's Club is sponsoring a bus trip to the Kansas City Royals vs. Oakland Athletics game on Sunday, June 26th for anyone in the parish who would like to attend. Oakland Athletics vs. Kansas City Royals (Kauffman Stadium)

Date: Sunday June 26 th 2022 Time: 8:00 AM – 7:30 PM (Game is at 1:10 PM) Cost: \$125 for adults, \$100 for children 18 and under, \$75 for ticket and tailgate only in Kansas City

The trip includes a ride to and from the game on a charter bus with Wi-Fi, your ticket to the game (Outfield Plaza 209), Jack Stack BBQ tailgate before the game, sandwich bar after the game, and beverages throughout the trip. If family or friends in the Kansas City area would like to meet us for the tailgate and game, the cost is \$75.

Please RSVP to Dustin Kuhn at dustin.l.kuhn@gmail.com or 316-393-0647. There are only 40 spots available and this trip will sell out fast so please RSVP as soon as possible.



Fr. Drew and Fr. Matt invite you to continue celebrating the Year of the Eucharist with Brant Pitre's book, Jesus and the Jewish Roots of the Eucharist. By focusing on the Jewish context of Jesus' teachings, all of his words not only begin to make sense; they come alive in a way that is exciting and powerful! We hope you enjoy this FREE Easter gift as you continue to discover the Eucharist in new ways!

To help you get the most out of the book, check out our website for weekly videos. Fr. Drew will be discussing different aspects of each chapter with various parishioners. You will also be able to submit any questions you have concerning the book for Fr. Drew and Fr. Matt to answer.

Chapter One: The Mystery of the Last Supper with Larry Mitnaul Chapter Two: What were the Jewish People Waiting For with John Hammans Chapter Three: Video Coming April 26, 2022! With another special guest!



Larry Mitnaul and Fr. Andrew Heimar

Ch 1: The Mystery of the Last Supper

We hope you enjoy Jesus and the Jewish Roots of the Eucharist!



Holy Land Pilgrimage November 3-14, 2022

Join fellow Blessed Sacrament parishioners for a Holy Land pilgrimage. Tekton Ministries has been leading Catholic pilgrimages to the Holy Land for more than 20 years. Working closely with your priest to create thoughtfully planned itineraries, we help make the Catholic faith more tangible to your daily life by taking you where the seeds of Catholicism were first planted to be spread across the world. Although we visit more than 50 sites in this holy and historic region, daily Mass and time for prayerful reflection are important parts of each day's experience.

Estimated Total Cost - \$4,038.33

Basic rate includes: daily Mass at Holy sites, roundtrip economy airfare from Wichita on American Airlines, 10 nights' accommodation, porterage of one piece of luggage at airports and hotels, and more!

For more information visit tektonministries. org or email Jody Elson: jodyelson33@gmail.com

www.blessedsacramentwichita.com

PRESCHOOL/KINDERGARTEN Mon., June 20 - Fri., June 24 9am-Noon

I I I STILLS



GRADES 1ST-6TH Mon., June 20 -Fri., June 24 9am-3pm

REGISTRATION FEES

\$25 per child or \$75 max per family

after June 1st \$40 per child or \$100 max per family

GRADES 7TH-12TH Sun., June 19 -Thur., June 23 7:30pm-9:30pm



Registration available at the Parish Office or online at www.blessedsacramentwichita.com

STEWARDS NEEDED!

If you would like to help at anytime during the week of Totus Tuus, please mark it on your registration form or email totustuus@blessedsacramentwichita.com

Congratulations Congratulations and welcome to those who came into the Catholic Church on Saturday, April 16th at

into the Catholic Church on Saturday. April 16th at the Easter Vigil Mass! Please continue to keep them in your prayers as they grow in faith!

Myrna Craig Jaylyn Duvall Tristan Holmberg Amy Jones

Happy Easter! ALLELUIA!



Skye Milleson Callie Payton Lylee Payton Trista Donaho Payton Peter Jonathan Reimers Amy Sharp Ryan Sharp Katie Tieu Kimmy Tieu Rachel Tieu Ricky Tieu Ronald Tieu





Thank you, Many Thanks to those who helped make our Easter Celebration so beautiful! There are too many to name, but thanks to Marleen Valliere and all the Liturgical Environment stewards, Rachel Dugan, Patrick Harms, and all the Music Ministry stewards, and the many Liturgical Stewards! Thank you for all the beauty you added to our Liturgy!

THE VERY OF THE BUCHARIST BUCHARISTIC MIRACLES The Angel of Peace, Portugal 1916 An angel appeared three to the shepherds of Fatima to prepare them for the future apparitions of Our Lady and elevate them to a supernatural state with Holy Communion. During the third apparition, the

angel gave Lucia a Host from which drops of Blood were falling into the chalice. Francisco and Jacinta, not having yet made their First Holy Communion, were given the contents of the chalice. In this apparition the angel said to them: "Eat and drink the Body and Blood of Jesus Christ, horribly outraged by ungrateful men. Offer reparation for their sins and console your God."



First Apparition of the Angel

"We began to see, in the distance, a light whiter than snow in the form of a young man, quite transparent, and as brilliant as crystal in the rays of the sun. As he came near we were able to see his features: a young man about 14 or 15 years old and very beautiful. We were surprised and quite taken aback. We did not say a word. He reached us and said: "Do not be afraid. I am the angel of peace. Pray with me.' He knelt, bending his forehead to the ground. With a supernatural impulse we did the same, repeating the words we heard him say: 'My God, I believe, I adore, I hope, and I love You. I ask pardon for those who do not believe, do not adore, do not hope, and do not love You.'

"Then arising, he said, 'Pray in this way. The hearts of Jesus and Mary are attentive to your prayers.' And he disappeared. The supernatural atmosphere that he left us in was so intense we were for a long time unaware of our own existence..."

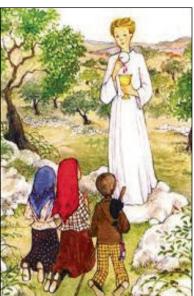
Second Apparition of the Angel

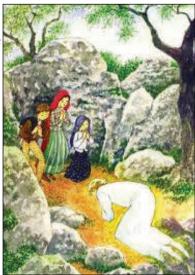
"The angel said to us: 'What are you doing? You must pray! Pray very much! The hearts of Jesus and Mary have merciful designs on you. You must constantly offer your prayers and sacrifices to God, the Most High.' "How are we to make sacrifices?' I asked

"In every possible way, offer sacrifice to God in reparation for the sins by which He is offended, and in supplication for the conversation of sinners. In this way you will bring peace to your country. I am the Guardian Angel of Portugal. Above all, bear and accept with submission the sufferings God will send you.' And he disappeared... These words of the angel cut into our spirits like a light, making us understand who God is, how He loves us, and how He wants us to love Him; the value of sacrifice and how it pleases Him; and how sacrifice can convert sinners."

Third Apparition of the Angel

"We saw the angel holding in his left hand a chalice, and suspended in the air above it was a Host from which drops of Blood fell into the chalice. Leaving the chalice and the Host suspended in the air, he prostrated himself near us and repeated three times the prayer: 'Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the Most Precious Body, Blood, Sould and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. And by the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg the conversion of poor sinners.' After that he rose and took again in his hands the chalice and the Host. The Host he gave to me, and the contents of the chalice he gave to Jacinta and Francisco, saying at the same time, 'Take and drink the Body and Blood of Jesus Christ, terribly outraged by the ingratitude of men. Offer reparation for their offenses and console your God'....Then he disappeared."





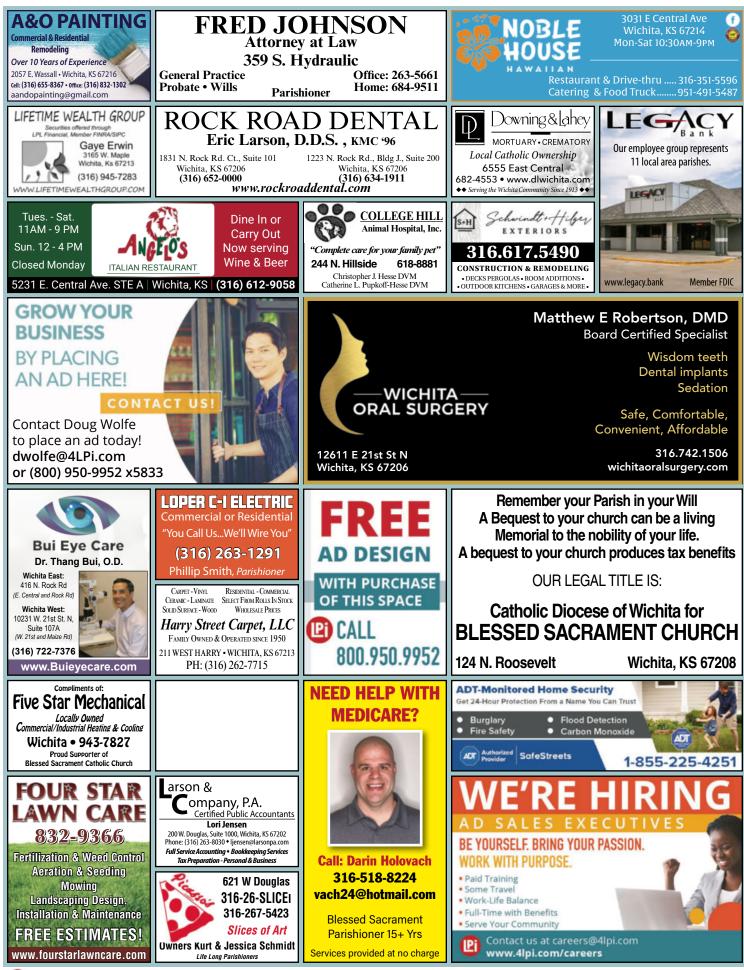
EASTER FLOWER MEMORIALS

John Reals Ir. Patricia Hansen lack and Irene Rahm Nicolas R. Altamira Esperanza Altamira Antonio Maldonado Antonia Maldonado J. Francis and Jean Hesse Elizabeth B. Hess Elizabeth V. Cord Al DeCillis Linda Gross Joann Mango Msgr. John P. Gilesan The Mike Dionisi Family Melinda Foley **Richard and Sue Foley** Irene Nedbalek Katherina Stasiewicz Robert and Patricia Maxton **RCIA Catechetical Team** H.E. (Gene) Jones

THE EASTER FLOWER MEMORIAL MASS WAS OFFERED EASTER SUNDAY AT THE 9AM MASS.

John and Valeria Kronkowski Fr. Leonard Kronkowski Frances Joseph Kronkowski **Robert Youngers** Mary Vin Zant Teresa Harris Alice and Louis Youngers Donna Cotter lean Bauer **Richard and Shirly Huls** Kerry O. Rygg Samuel Evan Spiess **Janis** Danders Jean Lesh Ann Patton Kenneth Gebhart Kludt Family Tyler Bauer Lisa F. Dave O'Donnell **Dorothy Crook** John and Betty Allred Schmidt and Weigel Families Myron Rittlinger **Baby Girl Rittlinger** C. Douglas Walter Leo and Margaret Walter Dr. Carlos and Marjorie Bingesser leff and Ida Schenk **Robertson and Funke Families** Ted and Margaret Brooks Frank and Phyllis Cretkovich Harold McHugh Edith Mae McHugh Hoan Nguyen Thanh Nguyen Tien Nguyen Long Vu Angela Burger David T. Ziegert **Constance and William Ziegert** Julaine and William Ziegert Viginia and Zygfred Uzarski Robert Uzarski Zygfred Uzarski I **Dianne Richmond** Fr. Andrew Hieman Fr. Matt Siegman

Walter Pierce Katherine Pierce **Ross Fritz** Don Trippel Jr. Kerry Rygg Mark U. Mann James and Rita Boyer Steven C. Boyer Nadia Wagle Julia Wagle Eugene and Janet Crist I.C. Vestring Alan Weldon Aurora Carreno Alcala Joseph G. Alcala Joseph Calabro **Bill Sanders** Don Bebak **Timothy Howell** Gerald Howell Suzana Zaragosa Dr. Robert G. and Lucille Waddill Family Ralph and Margaret Jobe Family Wayne Ignowski Ralph and Jean Ignowski Frank Blasi All Souls Don Gonzalez Barbara A. Lyle Eric L. Swedlund Les Rogers Dan Bebak **Gladys Fox** Thelma, Bernard, and Ronnie Koke **Diane** Dixon **Chuck Tucker** Frank Sevart James A. Musgrave **Ed Sommers Finan Ancestors Brown Ancestors** Nathan and Caleb Brown Aren and Lorene Schortz Michael Schartz **Julius Burger Family**



For ad info. call 1-800-950-9952 • www.4lpi.com

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Blessed Sacrament, Wichita, KS



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Blessed Sacrament, Wichita, KS

JOIN US FOR ADORATION AT 3PM

THE MORE YOU TRUST IN ME COMPLETELY. THE STRONGER IS MY MERCY. THE MORE I CAN FORGIVE. MY MERCY IS SO POWERFUL. THAT IS CAN WIPE OUT THE SINS OF ALL MANKIND.

SPECIAL ACCOMMODATIONS: Our

mission is to keep all parishioners actively involved in parish life regardless of type, severity or age of onset of a disability. If you have needs that require special accommodations to participate fully in the liturgy of the Mass and/or parish activities, please contact the parish office at 316.682.4557 or parish@blessedsacramentwichita.com. SOCIAL MEDIA: If you have any exciting parish news/photos, please send to: socialmedia@blessedsacramentwichita.com THE BULLETIN DEADLINE is Monday at Noon; please send information to: mfoley@blessedsacramentwichita.com Information will be printed as space allows. VIRTUS learn more at virtus.org **Diocesan Child Abuse Report** Information Line: 316.440.1757

PERPETUAL ADORATION: Please prayerfully consider spending an hour with our Lord.

Adorers Needed:

Sun. 2-3am, 4-5am, 7-8am, & 1-2pm Mon.3-4am, 5-6am, 12-1pm, 1-2pm Tues. 2-3am, 3-4am, 9-10pm Wed. 2-3am, 3-4am, 7-8am Thur.1-2pm, 2-3pm Fri. 4-5am, 9-10pm, 10-11pm Sat. 7-8am, 9-10am, 1-2pm, 8-9pm

Questions?Please contact Kathy Burrus at 316.393.6765 or **adoration@bless-**

edsacramentwichita.com

Sunday: John Hammans, 209-7588 Monday: Beth Hogan, 680-7212 Tuesday: Amy Rishell, 390-1700 Wednesday: Steve Freach, 619-7486 Thursday: Renee Riter, 683-8539 Friday: Peggy Suniga, 737-3618 Saturday: Pat Harter, 633-0546

Prayer Fully Alive: Lectio Divina Aid

Gospel Reading: John 20:19-31

first movement EVANGELIZATION to encounter

Evangelization is an encounter with the living God. In fact, it is through the Divine encounter that we become fully alive. "The ultimate goal is not health or wellness, but the encounter with Jesus ... He alone frees us from evil and heals our hearts. Only an encounter with him can save, can make life full and beautiful" (Pope Francis, Homily on the Occasion of the Canonization of St. John Henry Newman, 13 October 2019).

Questions to assist your encounter with the Lord

- The disciples were gathered together but Thomas was elsewhere. Imagine for a moment where Thomas could've been and what this time after the death of Jesus was like for him.
- Why do you think Jesus' glorified body contained the nail marks from his crucifixion and the stab wound in his side?

second movement DISCIPLESHIP to follow

In Discipleship we respond, fiat, to his challenging yet loving invitation. St. John Paul II wrote " ...Mary as Mother became the first 'disciple' of her Son, the first to whom he seemed to say: 'Follow me..."

Questions to assist your encounter with the Lord

- Like Thomas, we all have areas of doubt in our lives. How are you struggling to trust the Lord? Can you share this area of doubt with Him?
- The disciples gathered together in the upper room out of fear of the Jews. How can you relate to this feeling of fear? Where do you need to hear the Lord say to you, "Peace be with you?"

third movement STEWARDSHIP to respond

Stewardship is the grateful response of a Christian disciple who recognizes and receives God's gifts and shares these gifts in love of God and neighbor. "We do well also to remember that the process of lectio divina is not concluded until it arrives at action (actio), which moves the believer to makehis or her life a gift for others in charity" (Pope Benedict XVI).

Questions to assist your encounter with the Lord

- "Receive the Holy Spirit." In baptism and in confirmation we receive the gift of the Holy Spirit. What is your relationship like with Him? How have you experienced the Holy Spirit working in and through you?
- "As the Father has sent me, so I send you." Are there any areas of your life in which you have said yes but the Lord hasn't necessarily sent you there?

Where is the Lord sending you?