



# Northern Exposure

## Helping Seniors Thrive

Northland Shepherd's Center

Jan/Feb 2022

Northland Shepherd's Center serves the community with these

### Services:

- Care Call
- Community Aging Specialists
- Friendly Visitor
- Market Bus
- Meals On Wheels
- Personal Grocery Shopper
- Senior Information Center
- Call Check
- Medicare Help
- Minor Home Repair
- Transportation

### Life Enrichment:

- Aging With Excellence
  - Classes for Adults
  - LIFT, PEPPi &
  - Matter of Balance
- Break Time Club
- Caregiver Support
- Just For Fun Tours
- Learning & Laughter
- Lucky Ladies Support
- NSC Tech Connect

### Volume 31 No. 1

Available on our Website  
[www.northlandsc.org](http://www.northlandsc.org)  
 Visit facebook & YouTube

**Northland  
 Shepherd's Center**

5601 NE Antioch Rd, Ste. 12  
 Gladstone, MO 64119

Hours: Mon-Fri, 9:00-3:00  
 Phone: 816-452-4536  
 Fax: 816-452-5326



Happy New Year!!

Did you know Northland Shepherd's Center has a power source other than Evergy or Sprie. -One that is more reliable and never experiences outages or downed power lines and never runs out of gas....

These past 2 years —(and honestly since our beginnings) with the craziness that has ensued since covid —NSC has actually thrived. Why??? Well you could applaud a

terrific staff.. Because they are an extraordinary group. First of all with Rebecca Gordon's leadership, we secured grants and funding to help out and lessen our stress. Then there is the rest of the staff, who are innovative, dedicated and filled with a genuine desire to serve older adults in our community. They put in extra hours, looking for new ways too assist people even if it means standing outside in the cold or heat to hand out food from programs that did not exist at NSC in the months before covid.... or spend hours beyond their paid hours helping people with Medicare Open Enrollment and every other kind of need. We have a new "**Jazzy Little Book Club**" that meets virtually and a plethora of new classes that foster health, physical activity, and challenge the brain. Then, of course, there is the new technology lab that is dedicated to teach us not only just how to use our technological devices but how to use them in new ways...for music, art and connecting with all kinds of other people in smart and in an informed and safe manner. And did you attend the First Friday Art Show? (don't miss the pictures on page11) It was fabulous! Thirty artists participated and there was definitely talent in the house!! We have zoomed, met outside and thrown our fundraisers virtually. It has been mind boggling the ingenuity and creativity that has been at work here in the Board of Directors, the Staff and our volunteers.

Since Christmas is just a few days past my thoughts are still there. You know, the Shepherd's on the hillside were amazed by the angels proclamation of the Savior's birth. Shepherd's...*ordinary people let in on the best news ever!* And after they rubbed their eyes, stared at each other for a moment or two- they ran to see for themselves this Christ child lying in the manger and then on to spread the news in Bethlehem and beyond. While the staff here doesn't tend sheep literally, they do tend God's sheep! Just ordinary people empowered by the Holy Spirit to do His work in His time, in this place. A lot of prayer goes on here and all of it, we have found, is answered in some way— by volunteers, a new thought, new energy or new gifts brought to the table. It has been such a blessing to watch it all unfold these 22 years that I have been here. Without a doubt we are God inspired and God powered! Ordinary people doing Extraordinary things under & in the power and faithfulness of God! We're looking forward to see what He has in store for 2022!

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## Northern Exposure

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& our YouTube channel

### \*\*\*Our Policy On

### Inclement Weather Is \*\*\*

If NKC Schools (or Liberty Schools are also closed)-

Our programs will be closed.

There may be other times we feel it is in the best interest to not have programs or to close early due to threatening weather conditions.

The safety of our clients and volunteers is our top priority when making these decisions.

**Cancellations will be announced on our answering machine by calling 816.452.4536 or by tuning into the local TV channels**

## AN \* IMPORTANT \* S.O.S. \* ANSWERED

An SOS is a call for help or rescue and that's exactly what the **Assistance League of Kansas City Senior Outreach Service Team** does.

Throughout the year they have been able to provide hundreds of our participants with much needed items such as paper goods, soap, laundry detergent, tooth paste, tooth brushes, trash bags and more! Most recently the ALKC SOS team put together Blizzard Bags for 200 Meals on Wheels clients to help get them through those blustery days that aren't safe for our volunteers and also a Christmas meal to prepare at home to share with their loved ones. Northland Shepherd's Center loves our community partnerships and feel blessed by all the helping hands we meet throughout the year. Our 'Thank you' is heartfelt!



### Another WORD OF "THANKS"

The holiday season is a time when we find ourselves gathering around the table to enjoy a meal with friends and family, however, for some that can be a struggle. It warms our hearts to know that because of groups like

the **Kansas City Northland Elks Lodge #2376**, the 2021 Thanksgiving was something to remember. This group blessed **30 of our seniors** with a bountiful load of not only a Thanksgiving meal with all its trimmings, but also boxes of personal care items and things for around the home. A true showing of how the Elks "promote and practice the four cardinal virtues of *Charity, Justice, Brotherly Love, and Fidelity.*"



Thank you to Chandler Baptist Church for serving a great traditional Thanksgiving Day hot meal to 52 homebound seniors on Thanksgiving Day. Such a wonderful way to demonstrate God's love to our older adult community.

Thank you and God Bless!

### **A Big Thank You to Northland Professionals in Aging**

who announced and gave checks supporting their 2021 Award Recipients: Northland Living Well Collaborative, **Northland Shepherd's Center** and Tri County Mental Health Services We appreciate the recognition and support!

### **CAREGIVER SUPPORT IN CLAY COUNTY**

Are you a primary caregiver in Clay County Missouri? Are you caring for someone who is 60 years of age or older? Do you live in the home with the recipient? If so, would you like to be reimbursed as a respite care worker? Caregiver Directed Respite Program provides reimbursement funds to families to assist in obtaining respite care for a family member. **Income of care recipient cannot exceed \$3014 a month for individuals or \$4058 a month for a couple.** If you are interested in receiving reimbursement to hire a respite care provider for 6 hours a week and you meet the requirements above please contact Kelley Creek at Northland Shepherd's Center via phone: (816) 844-3964 or email: [kelley@northlandsc.org](mailto:kelley@northlandsc.org) \*Acceptance is based on meeting all qualifications and approval by social services through Northland Shepherd's Center\*

Thank you to our advertisers shown below and on pages 7 and 9 for their support. They make the publishing of this newsletter possible! Whenever you are able, support their businesses as well!

## **Our Lady of Mercy Country Home**

For more than 70 years, the Mercedarian Sisters have provided "Care with Dignity" and affordable housing to seniors of all faiths.

*At Our Lady of Mercy Country Home, residents enjoy independent living in apartments and assisted living in our Residential Care Facility.*



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**Call for a tour today! 816.781.5711**

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2115 Maturana Drive Liberty, MO 64068 • [www.ourladyofmercy.net](http://www.ourladyofmercy.net)



# Caregiver Support Offerings @ or thru NSC



## Together We Care Caregiver *Virtual* Support Meetings

Together We Care Support Group meeting at Woodneath Library in Liberty:  
First Thursday, January, 6<sup>th</sup> from 10-11:30.  
First Thursday, February 3 from 10-11:30



**Caring Café:** A program for Caregivers & their loved ones to attend together or separately.

Are you a caregiver for a senior looking for something to do with your loved one?  
Come to the **Together We Care Caring Café** for face to face fun.

Our next meetings are the Third Wednesday, **January 19<sup>th</sup>** at NSC 2:00-4:00pm. We will be doing Chair Yoga with Amy Vance of Amy Vance Yoga and Wellness.

February's Meeting at NSC is on the Third Wednesday, **February 16<sup>th</sup>** from 2:00-4:00pm. Our Activity is TBA.



## Aging Mastery Program<sup>®</sup>

National Council on Aging

**12 week Caregiver AMP held Tuesdays Jan 11 thru March 12 from 1-2:30 This AMP program focuses on creating a Caregiver Bill of Rights and Caregiver Strategy using the Core Curriculum.**

**10-week Core AMP 2022**  
Fridays, January 21 thru March 25  
10:00 till 11:30 am

**Thursday, January 13<sup>th</sup> from 10-11:30 AMP elective class "Intergenerational Connections" is also being offered.**

**Classes are FREE for age 60+!**  
**(a \$250 value).**

Under age 60: cost is \$39

Classes will be offered both in person and virtually via Zoom. A 30-minute Zoom support session will be offered before the course begins to help you navigate the virtual platform. Registration is required for either mode of attendance contact Dianna Englander at 816-256-8096 for details.

For More information: Call Dianna Englander, Community Aging Specialist at Northland Shepherd's Center at 816.256.8096 or email [Dianna@northlandsc.org](mailto:Dianna@northlandsc.org)

Funding for the Aging Mastery Program is provided by the George H. Nettleton Foundation

### Core Curriculum classes

*Navigating Longer Lives:*  
*The Basics of Aging Mastery*  
Introduction to the program.

*Exercise and You* —  
Importance of exercising both the mind and the body.

*Sleep* — Simple strategies to improve sleep.

*Healthy Eating & Hydration* — Review of nutrition as it relates to aging.

*Financial Fitness* — How to remain economically secure in an era of longevity.

*Advance Planning* — How to make decisions while maintaining personal values.

*Healthy Relationships* — The benefits of being socially active.

*Medication Management* — How to take & keep track of medications.

*Falls Prevention* — Learn strategies to prevent falling.

*Community Engagement* —  
Realize the value of continuing involvement.

**Graduation celebration!**



# BreakTime Club

## Jan & Feb BreakTime Club

Crafts, Entertainment,  
Exercise, Lunch, Bingo & More!

### Dates:

Tuesday, January 11

Tuesday, January 25

Tuesday, February 8

Tuesday, February 22

Time: 10:00 am to 1:00 PM



Location: 5601 NE Antioch Rd.,  
Gladstone, MO 64119

Participants must pre-register  
by calling Cindy at 816.721.0142

We will be following CDC recommendations and practice social distancing, wearing a mask.

# Learning & Laughter

## Jan & Feb Learning & Laughter

Wednesday, January 12, 2022

Bingo, exercise & a presentation on "Low Vision"  
Lunch- Chili & dessert

Wednesday, January 26, 2022-

Crafts with Pam, exercise  
Lunch- Hot Beef, Green Beans & dessert



Wednesday, February 9, 2022

Valentine Day Party, Bingo, exercise  
Lunch Spaghetti & Meat balls, Salad, Garlic Bread & dessert

Wednesday, February 23, 2022

Crafts with Pam, exercise and BINGO  
Lunch- Meatloaf, Scallop Potatoes, Corn & dessert

We will be following CDC recommendations and practice social distancing, wearing a mask when in close contact with others & limited occupancy.

For more information on the Learning & Laughter schedule, please call Tammy Miller, L & L Coordinator at 816.580.7455.

## Missouri Property Tax Credits (MOPTC)

Are not only for homeowners, some renters are included too! Feb. 1st is the first day you can apply. For more information contact Dianna Englander at 816-256-8096.

If you rent from a facility that pays taxes, and you are 65 as of 12/31/21, disabled as a result of military service or 100% disabled otherwise, were 60 years of age or older as of December 31, 2020 and receiving surviving spouse social security benefits. **AND** have maximum income for renters who meet the above criteria is \$27,000 for a single person, combined household income \$29,200. **NOTE:** if 100% service connected disability – do not include VA payments. Maximum income for a single person household is \$30,000 and combined income \$34,000..

Depending on your income, you could get a tax credit of up to \$1100 by filing for the Missouri Property Tax Credit. Documents needed to file in February, 2022: Social Security 1099's (also any other income statements for 2021) Rent paid (if you rent from a company that pays taxes) or home property taxes paid for 2021.

Contact Dianna Englander, 816-256-8096 for details.



REMEMBER NORTHLAND SHEPHERD'S CENTER AS YOU SHOP for bargains after Christmas and for Valentine's Day!!

Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "Northland Shepherd's Center" as your charity and activate AmazonSmile in the app. They'll donate a portion of your eligible mobile app purchases to NSC.

### How it works:

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Northland Shepherd's Center" as your charity
4. Follow the on-screen instructions to activate Amazon

If You are not using the app GO TO: [smile.amazon.com](https://smile.amazon.com) & Choose NSC as your charity *then* Begin shopping, a percentage your purchase will be gifted to NSC!! (place your order & Amazon will donate 0.5% of your purchase back to Northland Shepherd's Center) A great reason to do some shopping & bless NSC.

Thank you for thinking of us!



Tech Talk Tips!



Visit the Technology Resources page on our northlandsc.org website to read more about updating to Windows 11.

Dale Grosbach is one of our volunteer tech assistants. There has been a lot of news about Windows 11 recently. Dale breaks down some of our questions. This is the link to Dale Grosbach's write up about Windows 11.

<https://northlandsc.org/index.php/2021/12/08/updating-to-windows-11/>

\*\*\*\*\*

**Classes for January / February  
Tips for Selling on Facebook Marketplace -Beginners**

In this class you will learn what you need to do to sell on Facebook marketplace. This is a Beginners Class or one where you might already be selling but could use some tips.

1. Selling 2. Safety 3. Marketing your items.

RSVP for this class 816-452-4536

\*\*\*\*\*

**Learn to Zoom Class for Beginners**

January 25, 2022. February 22, 2022 at 1pm to 2:30 pm  
Bring your Laptop, phone or tablet. Now is the time to learn to use Facetime, or another video program to take classes, join a school reunion, or see your family! So many ways we use Zoom and more being added. Learn to add the Zoom App, create a profile, attend a zoom call and the controls. Tips on Zoom etiquette too!

RSVP to Christina 816-452-4536 due to limited seating.

\*\*\*\*\*

**Using your iPad or Android Tablet to Paint or Draw Class**

<https://northlandsc.org/index.php/events/part-i-using-apps-to-paint-and-draw/>

**January 20, 2022** Did you know that your tablet can help you draw or paint? It has capabilities to help you if you are an artist or if you just like to doodle.

TO GET MORE INFORMATION OR TO RSVP FOR THIS CLASS,  
CALL CHRISTINA 816-452-4536. LIMITED CLASS SIZE SO  
CALL EARLY!

\*\*\*\*\*

Visit our [Technology Page](#) for tips and information or visit our [website](#) for other offerings we offer here at Northland Shepherd's Center.

[Donations](#) are always accepted

\*\*Classes may be cancelled due to low attendance or

due to weather issues\*\* (See page 2 for more information)

**Winter Scam Alert Tip:**

Remote Tech Support Scams are purported by scammers all year. They have devised a plan to separate you from your money, information, or your identity. You might have responded to a message or email that says your computer might be vulnerable, or your computer was compromised, and they can help you fix the problem, (that probably never existed anyway). Sometimes they charge for this service.

How to spot the scammers: They often claim to be from a big name company like Apple or Microsoft, Norton, etc.. They claim to know about a problem with your computer. (You have never reported one.)

**BIG CAUTION FLAGS:**

- They will,
- want you to allow them to remotely access your computer.
- ask for a large amount of money for services
- say you may have won money but they need to access your computer.
- say the offer will cost more later or try to rush you into a decision, always say you need to consult your tech adviser first, and ask for their return phone number.
- ask for payment via gift cards or direct access to your bank account.

If you have encountered any of these scammers, let us know here at the Technology Center. If you have questions about something you have entered into and cant get out of, we can help. Believe me, these scammers are deceptive and know how to say things that may convince you to believe them. If you have questions, call us at Northland Shepherd's Center 816-452-4536



# HEAR ALL OF THE HOLIDAY FESTIVITIES WITH MIRACLE-EAR!



Get your **Free CaptionCall Phone\*\***, when you complete our complimentary\* hearing test, courtesy of your local Miracle-Ear office.



## FREE CHARGER!

- HURRY! OFFER ENDS DEC. 31, 2021 -



## BATTERY CHARGE LASTS ALL DAY!

Special offer applies only with the purchase of rechargeable Levels 3, 4 or 5 Solutions. Valid only at participating Miracle-Ear locations. One coupon per offer period. Offer not valid on previous sales. Cannot be combined with any other offers. Offer expires 12/31/2021.

## GET ONE TODAY

- HURRY! OFFER ENDS DEC. 31, 2021 -

GET ONE TODAY  
FOR THE LOW PRICE OF

# \$895



Valid only at participating Miracle-Ear locations. One coupon per offer period. Offer not valid on previous sales. Cannot be combined with any other offers. Offer expires 12/31/2021.

**CALL 913-391-8231 TO SCHEDULE YOUR APPOINTMENT OR VISIT MIRACLE-EAR.COM**

\*Hearing test is always free. Not a medical exam. Audiometric test to determine proper amplification needs only. This is not a medical exam or diagnosis, nor is it intended to replace a physician's care. If you suspect a medical problem, please seek treatment from your doctor. Valid at participating Miracle-Ear locations only. Not valid with any other offer. Does not apply to prior purchases. \*\*Must be at least 65 years of age and complete a hearing test to receive a Closed Captioned Phone. Offer good only at participating locations. Quantities limited. Offer expires 12/31/2021.

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Northland Shepherd's Center, Kansas City, MO

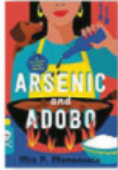
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# A Jazzy Little Book Club

## January



**When No One Is Watching** by Alyssa Cole  
January 7th @ 1:00pm

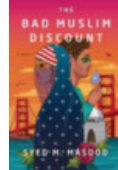


**Arsenic and Adobo** by Mia Manansala  
January 21st @ 1:00pm

## February



**As Bright As Heaven** by Susan Meissner  
February 4th @ 1:00pm



**The Bad Muslim Discount** by Syed Masood  
February 18th @ 1:00pm



To register for the book club please call the NSC office at 816.452.4536 and ask for T.J. We will contact you with the meeting number and password. Then, on the day of the discussion just dial in a few minutes early, use the meeting # and password and you are good to go. There is space available at this time. Curbside pickup of your book is available by calling the Mid Continent Antioch branch at 816.454.1306 and telling them you are with the Jazzy Little Book Club at NSC. Please call 20 minutes before you plan to pick up the book. Address is Mid -Continent Library – Antioch Branch, 6060 N Chestnut, Gladstone, Mo 64119. We would love to have you join us~



NSC wishes to express our condolences to the families and friend of Beth Hoffman, Betty Gray (a Meals on Wheels client), Martha Uhl a client who attended L&L (Her SCN Friendly Visitor was Jana Childers) and dear friend & long time volunteer & Board member, Ina May Fakhoury.

## Some Helpful Information to Know for Friends and Loved Ones Dealing With Grief

- Grief Share is offered at several local churches and is on an ongoing basis. On the Grief Share website, you can search by zip code to find classes currently being offered:
- <https://www.griefshare.org/>
- Liberty Community Center also offers a daytime grief support group on an ongoing basis. The group meets on the 2nd and 4th Thursday of each month from 12:30PM -2:00PM <https://www.libertymissouri.gov/2182/Grief-Support-Group>





## Volunteers Needed!

Learn about Medicare and help others understand their benefits. Call CLAIM or visit our website to learn more!

1-800-390-3330 | [www.missouriclaim.org](http://www.missouriclaim.org)






This material has been created or produced by CLAIM with financial assistance, in whole or part, through a grant from the Administration for Community Living. Funding is administered through the Missouri Department of Commerce & Insurance and service is provided by Missouri Connections for Health, a non-profit organization.





# Harvesters & Tasty Totes

**FOOD DISTRIBUTIONS** Thanks to some generous donors at our **Uncorked! A Wine Tasting**, the **Tasty Totes produce program** will be able to continue into 2022!! A bag full of fruits and vegetable gets distributed on the second Thursday of each month (January 13<sup>th</sup> and February 10<sup>th</sup>) beginning at 9:30am. No registration required.



Our Harvesters food distribution is the fourth Thursday of each month at 9:30am so mark your calendars for Thursday, January 27<sup>th</sup> and Thursday, February 24<sup>th</sup> as the Harvesters Mobile Food Pantry and Commodity Supplemental Food Program (CSFP) distribution. If you would like more information about the CSFP and to see if you qualify, call Kelley at 816.844.3964.



Tasty Totes and the Mobile Food Pantry are offered on a first-come-first-served basis. We continue to offer these as drive-through programs and ask that participants remain in their vehicle. Please enter the parking lot at the south entrance on NE 56<sup>th</sup> Street and pull up to the front of our building where our volunteers will load up your items.

“Hunger is a serious threat facing millions of seniors in the United States. In Missouri, as many as one in eight seniors are struggling from day to day to have a sufficient food supply. The percentage of older adults facing the threat of hunger is also known as the rate of senior food insecurity. The Missouri Department of Health and Senior Services (DHSS) released its 2018 Senior Food Insecurity Report. The first of its kind in the nation, this report is an in-depth state level study and analysis of the factors contributing to senior hunger. The Senior Food Insecurity Report illuminates the prevalence of senior food insecurity in the state and encourages community members, health professionals, public officials and decision makers at all levels to come together and take a deeper look at the causes of senior hunger by highlighting potential solutions to address the growing prevalence of senior food insecurity. Approx. 170,000 MO seniors are food insecure.” MO Dept of Health & Senior Services **Northland Shepherd’s Center is proud to be a part of the working solution to this problem.**

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# Aging With Excellence

## How to Age with Excellence

Is a new class where we have experts in our community come speak about hot topics related to aging. Dr. Burroughs will be our first speaker. Dr. Burroughs recently transitioned from 20 years of Family Practice to hospice medical director. **Dementia** will be the first topic that he will cover on January 4th at 1:00pm. At the end, there will be time for questions. February 1st at 1:00pm Dr. Burroughs will discuss the latest update on COVID and where we go from here.



**CHAIR YOGA** can help to increase your mobility, balance and help to decrease your stress and anxiety. This class is for all fitness levels and modifications will be given. Class is held every Monday and Friday at 9:30am. We also offer a **Chair Stretching and Meditation** class that is similar to Chair Yoga. Our Chair Stretching and Meditation is offered Thursdays at 10:30. *\*Please note the new time for Chair Stretching.*

WALK WITH EASE  
a program for better living



## The Walking with Ease

program is developed by the Arthritis Foundation and is proven to reduce the pain of arthritis and improve your overall health. We will walk inside at Northland Shepherd's Center on Wednesdays at 9:30.

## LIFT and PEPPI

are exercise classes that have been very popular at Northland Shepherd's Center. Life Improving Fitness Training (LIFT) is designed to increase strength by using weights. In our Peer Exercise Program Promotes Independence (PEPPI) class we use resistance bands. Both programs are offered standing or seated and help to improve activities of daily living. LIFT is offered every Monday and Friday at 10:45 and PEPPI is on Wednesdays at 10:30.

**Tai Chi** is an ancient Chinese movement practice that significantly improves balance, cognitive function, strength and mobility. The controlled movements are very gentle and slow. No experience is needed. Tai Chi is offered every Tuesday and Thursday at 9:30.

## CALENDAR At A GLANCE FOR AGING WITH EXCELLENCE

### MONDAYS

Chair Yoga 9:30  
LIFT 10:45

### TUESDAYS

Tai Chi 9:30

### WEDNESDAYS

Walking with Ease 9:30  
PEPPI 10:30

### THURSDAYS

Tai Chi 9:30am  
Chair Yoga 10:30

### FRIDAYS

LIFT 10:45



## Aging with Excellence Is Happy to Bring Back By Popular Demand

### Storytelling—Chocolate for the Brain Part 2

Friday, February 11, 2020  
11:30-2:00pm

Cost \$10.00 for lunch (reservation required)

Reserve your spot today by calling 816.452.4536 or email  
rdesk@northlandsc.org Check us out on Facebook too!



Spark your spontaneity and ignite your imagination. Life review and reminiscences come to life in storytelling. The class is designed to improve memory and invigorate your mind. Storytelling is like chocolate for the brain! Come "reminisce" with us as Mary takes her closet on the road. She uses her lifelong passion for clothes to bring to life her personal stories and encourages participants to share OUR stories using a variety of things as inspiration.

Mary Schmidt is a teaching artist for the Arts and AGEing KC. In Kansas City and beyond, Arts & AGEing is brings people together around the common languages of visual & performance arts and music. Join us as we embark on the journey of artful aging! Invite your friends and family to attend this event that includes, sweets, treats & fashion and enjoy learning new things about each other!

Aging With Excellence Info continued on the next page



## First, First Friday Art & Car Show



**If you missed the November 5th Northland Shepherd's Center's First Friday Art Show you really missed something special.** Thirty artists brought their talents to share and to purchase! And it was spectacular! Thank you to the committee that planned and executed this wonderful event for older adult artists who have much to share! (Christina Allen, Patty Monaco, Terry Tipton and a host of volunteers that were involved in planning, setup, and clean up—who were very appreciated!) If you did miss this show watch for a Spring Art and Craft Fair coming ...you guessed it... in the Spring on a first Friday!

1st Place Show Favorite: Dale Grosbsch

2nd Place Show Favorite: Virginia Holle

3rd Place Show Favorite: Rachel Davis

### Artist and Craft Participants:

William Burk, Mary Billiard, Rebecca Brown, William Burk, Edith Caray, Caitlin Creek, Rachel Davis, Pam George, Dale Grosbach, James Haas, Dale Hill, Charmaine Hirsh, Jeanie (Virginia) Holle, Pamela Hughes, Del Inskeep, Vicki Jones, Sallie Keller, Patricia Kirk, Marie Kissinger, Barbara Knuth, Katherine Menefee, Robert Mesa, Sandy Scooter, Elaine Silvius, Mike Souder, Susie Castro Souder, Jeanette Weaver & Kathy Wilson.



Also thank you to Northlander's Car Group who came with some outstanding cars for us to enjoy! It truly was a wonderful event. Can't wait till spring and the next show!





**Northland Shepherd's Center**  
**5601 NE Antioch Road, Suite 12**  
**Gladstone, MO 64119**

Non-Profit  
 Standard  
 U.S. Postage  
**PAID**  
 Kansas City, MO  
 Permit No.6813



**Or Current Resident**



**Save The Date for**

**A Benefit for Northland Shepherd's Center**

**APRIL 30, 2022**

5:30pm- Cocktails,  
 Silent Auction  
 Dinner and Vocal Auction

**ARGOSY CASINO,  
 HOTEL & SPA**

777 Northwest Argosy Casino  
 Parkway, Riverside, MO 64150

**IT'LL BE GREAT TO SEE YOU  
 IN PERSON!**

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